

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Civic Engagement Project Launch

Friday, December 3, 2:30 PM

Maynard's 100th Celebration!

Friday, December 17, 2:30 PM

Creating Winter Snow Globes

Wednesday, December 29, 10:30 AM



DECEMBER 2021

ATRIA BAY SPRING VILLAGE engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

ROOM LOCATION KEY:

- Dining Room DR
- Activity Room 2AR
- Cafe 1CF
- Card Room 1CR
- Chapel 3CH
- Living Room 1LR
- Meet in lobby ML
- Multipurpose Room 2MP
- Lobby LO
- Front Desk FD
- Card Room & Environs C+
- Newsletter NL

STAFF KEY:

- Resident Led
- RL

Pictionary™ is a trademark of Hasbro, Inc.
Pokeno® is a registered trademark of US Playing Card Company.
Rummikub® is a registered trademark of Rummikub.
Scrabble® is a registered trademark of Hasbro, Inc.

<p>9:30 HPF Tai Chi: Balance & Posture (2AR) 5</p> <p>10:00 RSF Online Religious Services (2MP)</p> <p>10:30 CPI Civic Engagement Working Session (2AR)</p> <p>1:30 HPF Flow Yoga (2AR)</p> <p>2:00 CPI Knitters Circle (1LR)</p> <p>2:30 SCE Pokeno® (2AR)</p> <p>6:30 Sunday Documentary (2MP)</p>	<p>ST. NICHOLAS DAY LAST DAY OF HANUKKAH 6</p> <p>9:00 RSF Newsletter Highlight: St. Nicholas Day</p> <p>9:30 HPF Lower Body Conditioning (2AR)</p> <p>10:30 CPI Ambassador Club Meeting (2MP)</p> <p>1:30 HPF Moving For Memory: Walking Challenge (2AR)</p> <p>2:00 SCE Scrabble® & Rummikub (1CR)</p> <p>2:30 Kristine Langello Entertains (1LR)</p> <p>4:00 RSF Hanukkah Celebration Series (ML)</p> <p>6:30 A Favorite Series (2MP)</p>	<p>NATIONAL PEARL HARBOR DAY OF REMEMBRANCE 7</p> <p>9:00 LIS Newsletter: Pearl Harbor Remembrance</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Flow Yoga (2AR)</p> <p>10:30 LIS ODU: Date of Dec.7 Will Live in Infamy (2MP)</p> <p>1:30 HPF Dance & Movement: Cowboy Charleston (2MP)</p> <p>2:30 SCE Wordscapes (2MP)</p> <p>4:00 SCE Boozy Tuesday (1CF)</p> <p>6:15 SCE Card Night (C+) (RL)</p>	<p>FEAST OF THE IMMACULATE CONCEPTION 8</p> <p>9:00 RSF Newsletter: Immaculate Conception Feast</p> <p>9:30 HPF Upper Body Conditioning (2AR)</p> <p>10:30 CEA A Deeper Look at Art & Artists (2MP)</p> <p>11:30 Country Store Open</p> <p>1:30 HPF Tai Chi: Balance & Posture (2AR)</p> <p>2:15 SCE Left-Right-Center (2AR)</p> <p>3:45 SCE Winter Wonderland Happy Hour (1CF)</p> <p>6:30 Movie Night (2MP)</p>	<p>9</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Total Body Conditioning - Beginner (2AR)</p> <p>10:30 LIS Playing & Scoring Hockey (2MP)</p> <p>1:30 HPF Dance & Movement: Cupid Shuffle (2AR)</p> <p>2:30 SCE Swiffer Shuffleboard (2AR)</p> <p>4:00 HPF Holiday Hustle Series (2MP)</p>	<p>10</p> <p>9:00 SCE Holiday Brain Challenge</p> <p>9:30 HPF Total Body Conditioning - Advanced (2AR)</p> <p>10:30 RSF Bible Study Series: Part II (2MP)</p> <p>1:30 HPF Moving For Memory: Walking Challenge (2AR)</p> <p>2:00 SCE Bridge (1CR)</p> <p>2:30 CEA The Bling Hour (2MP)</p> <p>4:00 SCE Holiday Celebration Series (1LR)</p> <p>6:15 SCE After-Dinner Wind Down (1LR)</p>	<p>11</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Cardio Drumming Circle (2AR)</p> <p>10:30 CEA BJK Journaling Series (2MP)</p> <p>1:30 Bingo (2MP)</p> <p>3:00 SCE Popcorn Cart (FD)</p> <p>4:00 HPF Posture and Stretch Fitness Class (2AR)</p> <p>6:30 Saturday Movie (2MP)</p>
<p>NATIONAL POINSETTIA DAY 12</p> <p>9:00 RSF Newsletter: The Christmas Flower</p> <p>9:30 HPF Tai Chi: Balance & Posture (2AR)</p> <p>10:00 RSF Online Religious Services (2MP)</p> <p>1:30 HPF Flow Yoga (2AR)</p> <p>2:00 CPI Knitters Circle (1LR)</p> <p>2:30 SCE Pokeno® (2AR)</p> <p>6:30 Sunday Documentary (2MP)</p>	<p>U.S. NATIONAL GUARD BIRTHDAY 13</p> <p>9:00 LIS Newsletter: U.S. National Guard Birthday</p> <p>9:30 HPF Moving For Memory: Walking Challenge (2AR)</p> <p>10:30 SCE Trivia on the Big Screen (2MP)</p> <p>1:30 HPF Lower Body Conditioning (2AR)</p> <p>2:00 SCE Scrabble® & Rummikub (1CR)</p> <p>2:30 SCE Indoor Bocce (2AR)</p> <p>6:30 A Favorite Series (2MP)</p>	<p>14</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Flow Yoga (2AR)</p> <p>10:30 CPI Engage Life® Planning Meeting (2MP)</p> <p>1:30 RSF Barrington Congregational (3CH)</p> <p>1:30 HPF Dance & Movement: Cupid Shuffle (2AR)</p> <p>2:30 CEA Scentsory Art (2AR)</p> <p>4:00 SCE Boozy Tuesday (1CF)</p> <p>4:15 SCE Holiday Celebration Series (1CF)</p>	<p>15</p> <p>9:30 HPF Upper Body Conditioning (2AR)</p> <p>10:30 LIS Holiday Language Learning (2AR)</p> <p>1:30 HPF Tai Chi: Balance & Posture (2AR)</p> <p>1:30 CPI Food For Thought - Culinary Led (2MP)</p> <p>2:15 SCE Pictionary™ (2AR)</p> <p>3:45 SCE Candy Lane Happy Hour (1CF)</p> <p>6:30 Movie Night (2MP)</p>	<p>16</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Total Body Conditioning - Beginner (2AR)</p> <p>10:30 SCE Left-Right-Center (2AR)</p> <p>1:30 HPF Dance & Movement: Electric Slide (2AR)</p> <p>2:30 LIS ODU: Christmas in America (2MP)</p> <p>4:00 HPF Holiday Hustle Series (2MP)</p>	<p>17</p> <p>NATIONAL MAPLE SYRUP DAY</p> <p>9:00 LIS Newsletter: National Maple Syrup Day</p> <p>9:30 HPF Total Body Conditioning - Advanced (2AR)</p> <p>10:30 RSF Bible Study Series: Part III (2MP)</p> <p>1:30 HPF Moving For Memory: Walking Challenge (2AR)</p> <p>2:00 SCE Bridge (1CR)</p> <p>2:30 SCE Maynard's 100th Celebration! (2MP)</p> <p>6:15 SCE After-Dinner Wind Down (1LR)</p>	<p>18</p> <p>NATIONAL WREATHS ACROSS AMERICA DAY</p> <p>9:00 LIS Newsletter: National Wreaths Day</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Cardio Drumming Circle (2AR)</p> <p>10:30 CEA BJK Journaling Series (2MP)</p> <p>1:30 Bingo (2MP)</p> <p>3:00 SCE Popcorn Cart (FD)</p> <p>4:00 HPF Posture and Stretch Fitness Class (2AR)</p>
<p>19</p> <p>9:30 HPF Tai Chi: Balance & Posture (2AR)</p> <p>10:00 RSF Online Religious Services (2MP)</p> <p>1:30 HPF Flow Yoga (2AR)</p> <p>2:00 CPI Knitters Circle (1LR)</p> <p>2:30 SCE Pokeno® (2AR)</p> <p>3:00 CPI Civic Engagement Delivery</p> <p>6:30 Sunday Documentary (2MP)</p>	<p>20</p> <p>9:30 HPF Moving For Memory: Walking Challenge (2AR)</p> <p>10:30 CEA Music History: Christmas Carols, Part I (2MP)</p> <p>10:45 CPI Fire Safety Meeting (1LR)</p> <p>1:30 HPF Lower Body Conditioning (2AR)</p> <p>2:00 SCE Scrabble® & Rummikub (C+)</p> <p>3:00 CEA Painting with John Irwin (2AR)</p> <p>3:30 Country Store Open</p> <p>6:30 A Favorite Series (2MP)</p>	<p>21</p> <p>WINTER SOLSTICE</p> <p>9:00 LIS Newsletter Highlight: Winter Solstice</p> <p>9:30 HPF Flow Yoga (2AR)</p> <p>10:30 LIS ODU: When Weather Changed History (2MP)</p> <p>1:30 Kalifornia Karl Entertains (DR)</p> <p>2:45 HPF Dance & Movement: Electric Slide (2AR)</p> <p>4:00 SCE Boozy Tuesday (1CF)</p> <p>6:15 SCE Card Night (1CR) (RL)</p>	<p>22</p> <p>9:30 HPF Upper Body Conditioning (2AR)</p> <p>10:30 CPI Resident Council Meeting (DR)</p> <p>1:30 HPF Tai Chi: Balance & Posture (2AR)</p> <p>2:15 SCE A Game of Carols (2MP)</p> <p>3:45 SCE Christmas Cheer(s) Happy Hour (1CF)</p> <p>6:30 Movie Night (2MP)</p>	<p>23</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Total Body Conditioning - Beginner (2AR)</p> <p>10:30 CEA Music History: Christmas Carols, Part II (2MP)</p> <p>1:30 HPF Dance & Movement: The Hustle (2AR)</p> <p>3:00 SCE Resident Yankee Swap (2MP)</p> <p>4:00 HPF Holiday Hustle Series (2MP)</p>	<p>24</p> <p>CHRISTMAS EVE</p> <p>9:30 HPF Total Body Conditioning - Advanced (2AR)</p> <p>10:30 RSF Bible Study Series: Part IV (2MP)</p> <p>1:30 HPF Moving For Memory: Walking Challenge (2AR)</p> <p>2:00 SCE Bridge (1CR)</p> <p>2:30 RSF Meaning & Tradition of Christmas Part I (2MP)</p> <p>6:15 SCE After-Dinner Wind Down (1LR)</p>	<p>25</p> <p>CHRISTMAS DAY</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Cardio Drumming Circle (2AR)</p> <p>10:30 CEA BJK Journaling Series (2MP)</p> <p>1:30 Bingo (2MP)</p> <p>3:30 RSF Meaning & Tradition of Christmas Part II (1LR)</p> <p>4:00 HPF Posture and Stretch Fitness Class (2AR)</p> <p>6:30 Saturday Movie (2MP)</p>
<p>26</p> <p>BOXING DAY</p> <p>9:00 LIS Newsletter Highlight: Boxing Day</p> <p>9:30 HPF Tai Chi: Balance & Posture (2AR)</p> <p>10:00 RSF Online Religious Services (2MP)</p> <p>1:30 HPF Flow Yoga (2AR)</p> <p>2:00 CPI Knitters Circle (1LR)</p> <p>2:30 SCE Pokeno® (2AR)</p> <p>6:30 Sunday Documentary (2MP)</p>	<p>27</p> <p>9:00 LIS Zodiac & Horoscope of December (NL)</p> <p>9:30 HPF Moving For Memory: Walking Challenge (2AR)</p> <p>10:30 SCE Putting Practice (2AR)</p> <p>1:30 HPF Lower Body Conditioning (2AR)</p> <p>2:00 SCE Rummikub & Scrabble® (1CR)</p> <p>2:30 LIS What's the Good Word? (2MP)</p> <p>3:30 Country Store Open</p> <p>6:30 A Favorite Series (2MP)</p>	<p>28</p> <p>CALL A FRIEND DAY</p> <p>9:00 SCE Newsletter Highlight: Call a Friend Day</p> <p>9:30 RSF Rosary (3CH)</p> <p>9:30 HPF Flow Yoga (2AR)</p> <p>1:30 HPF Dance & Movement: The Hustle (2AR)</p> <p>2:30 LIS You Be the Judge (2MP)</p> <p>6:15 SCE Card Night (C+) (RL)</p>	<p>29</p> <p>9:30 HPF Upper Body Conditioning (2AR)</p> <p>10:30 CEA Creating Winter Snow Globes (2AR)</p> <p>1:30 HPF Tai Chi: Balance & Posture (2AR)</p> <p>2:30 SCE Rolling Out the Red Carpet (2MP)</p> <p>6:30 Movie Night (2MP)</p>	<p>30</p> <p>9:30 HPF Total Body Conditioning - Beginner (2AR)</p> <p>10:30 LIS The History & Origins of New Year's Eve (2AR)</p> <p>1:30 HPF Dance & Movement: The Hustle (2AR)</p> <p>2:30 SCE Indoor Bocce (2AR)</p> <p>4:00 HPF Holiday Hustle Awards Ceremony (2MP)</p>	<p>31</p> <p>NEW YEAR'S EVE</p> <p>9:30 HPF Total Body Conditioning - Advanced (2AR)</p> <p>10:30 SCE Blackjack (2AR)</p> <p>1:30 HPF Moving For Memory Recognition Ceremony (2AR)</p> <p>2:00 SCE Bridge (1CR)</p> <p>3:45 SCE Happy New Year Happy Hour (1CF)</p>	<ul style="list-style-type: none"> ■ HEALTH AND PHYSICAL FITNESS ■ LIFELONG LEARNING AND INTELLECTUAL STIMULATION ■ CREATIVE EXPRESSION AND THE ARTS ■ SOCIAL CONNECTION AND ENTERTAINMENT ■ CIVIC AND PROFESSIONAL INVOLVEMENT ■ RELIGIOUS AND SPIRITUAL FELLOWSHIP

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



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Civic Engagement Project Launch

Friday, December 3, 2:00 PM

Cardio Drumming Circle

Friday, December 17, 3:00 PM

Creating Winter Snow Globes

Tuesday, December 28, 2:00 PM



DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

<p>HOLIDAY TRADITIONS WEEK 5</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music: Do They Know It's Christmas 2:00 CPI Civic Engagement Working Session 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>LAST DAY OF HANUKKAH 6 ST. NICHOLAS DAY</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music Appreciation: Saint Nicholas Day 1:30 RSF Meaning & Tradition of Christmas: Part I 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>NATIONAL PEARL HARBOR DAY OF REMEMBRANCE 7</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Eagles 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Language Learning: Happy Holidays</p>	<p>FEAST OF IMMACULATE CONCEPTION 8</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Noel by Josh Groban 1:30 SCE Express Yourself: December Holidays 2:00 SCE Winter Wonderland Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 2</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning 1:00 CEA Music Appreciation: Songs About December 2:00 LIS Zodiac and Horoscope for December 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>Today's Events & Newsletter 3</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: 6th Day of Hanukkah 2:00 CPI Civic Engagement Project Launch 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>Today's Events & Newsletter 4</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 11:30 RSF Hanukkah Celebration Series 1:00 CEA Music Appreciation: Top 30 Holiday Songs 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Find The Pairs: Holiday Edition</p>
<p>CAROLING WEEK 12 NATIONAL POINSETTIA DAY</p> <p>9:00 RSF Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Frank Sinatra 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>U.S. NATIONAL GUARD BIRTHDAY 13</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music: The Perfect Christmas Song 1:30 LIS The Game of Carols 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 14</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Gayla Peevey 1:30 LIS Word Wonders: Animals 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 15</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Peace For Christmas 1:30 CEA Music History: The Beatles 2:00 SCE Candy Land Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 16</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 1:00 CEA Music Appreciation: Jingle Bells 1:30 CEA Music History: Origins of Carols, Pt. I 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NATIONAL MAPLE SYRUP DAY 17 NATIONAL UGLY SWEATER DAY</p> <p>9:00 LIS Newsletter: National Maple Syrup Day 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Quirky Holiday Songs 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>NATIONAL WREATHS ACROSS AMERICA DAY 18</p> <p>9:00 LIS Newsletter: National Wreaths Day 10:30 HPF Flow Yoga 1:00 CEA Today's Music: Fairytale in New York 1:30 CEA Sing Across America: New York 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Find The Pairs: Holiday Edition</p>
<p>CHRISTMAS WEEK 19</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: "A Christmas Carol" 3:00 CPI Civic Engagement Delivery 4:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>Today's Events & Newsletter 20</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Today's Music: It's A Wonderful Life 2:00 CEA Scentsory Art 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>FIRST DAY OF WINTER 21</p> <p>10:00 LIS Newsletter: Winter Solstice 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: The Winter Solstice 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Language Learning: Merry Christmas</p>	<p>Today's Events & Newsletter 22</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: The Chipmunk Song 2:00 SCE Christmas Cheer(s) Happy Hour 3:00 HPF Tai Chi: Posture & Balance</p>	<p>Today's Events & Newsletter 23</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 1:00 CEA Music: Twas The Night Before Christmas 1:30 CEA Music History: Origins of Carols, Pt. II 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>CHRISTMAS EVE 24</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Silent Night 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>CHRISTMAS DAY 25</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Meaning of Christmas 1:30 RSF Meaning of Christmas, Part II 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Sensory Stimulation: iSpy the Holidays</p>
<p>BOXING DAY 26 NEW YEAR'S WEEK</p> <p>10:00 CPI Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Good King Wenceslas 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>Today's Events & Newsletter 27</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music Venues: Radio City Music Hall 1:30 CEA Music History: Iconic Music Venues, II 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 28</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Shirley Temple 2:00 CEA Creating Winter Snow Globes 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 29</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Beethoven The Great 1:30 CEA Music History: Classical 2:00 SCE Happy New Year Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 30</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning 1:00 CEA Music Appreciation: Neil Young 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NEW YEAR'S EVE 31</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Auld Lang Syne 1:30 LIS History of New Year's Eve 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>HEALTH AND PHYSICAL FITNESS LIFELONG LEARNING AND INTELLECTUAL STIMULATION CREATIVE EXPRESSION AND THE ARTS SOCIAL CONNECTION AND ENTERTAINMENT CIVIC AND PROFESSIONAL INVOLVEMENT RELIGIOUS AND SPIRITUAL FELLOWSHIP</p>