

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Vegas City Opera
Performs La Bohème**
Sunday, March 8, 6:00 PM

**StoryWise: Atria
Resident Fashion Show**
Saturday, March 14, 2:00 PM

**Ambassador-Hosted
BYOB Decor Party**
Wednesday, March 25, 2:15 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
 10:00 **IS** Catholic Service (FR)
 10:30 **HF** Strength and Balance Program (GR)
 1:00 **C** Student-Led Bingo (GR)
 2:00 **C** Blackjack Tournament (AC)
 3:00 **CV** Girl Scout Cookie Sale (L)
 3:00 **LL** Women's History Event: Rosie the Riveter (LR)
 3:30 **HF** Cardio Walk (L) (API)
 6:00 **EF** Jazzy Instrumental Entertainment (LR) (ENT)

2
 10:30 **HF** Strength and Balance Program (GR) (ELD)
 1:00 **B** Bingo (GR)
 2:00 **C** Blackjack Tournament (AC)
 3:00 **LL** SmartTech: Technology for Everyone (GR)
 4:00 **LL** Ron's Tips to Learning Poker (GR)
 5:30 **C** Moms & Minis Visit (LR)
 6:00 **IS** Complimentary Professional Massage (RR) (PRO)
 6:00 **HF** Conductorise® w/ the Kids (LR) (API)
 6:45 **C** Comedy Series (ER) (API)

3
 9:00 **CV** Letter Writing to our SEAS PenPals (GR)
 10:30 **HF** Strength and Balance Program (GR) (ELD)
 1:00 **CV** Resident Council Meeting (GR)
 2:00 **CV** Pet Therapy w/ McGee (LR)
 2:30 **HF** Walk a Therapy Dog (L)
 3:00 **B** Bingo (GR)
 5:30 **C** Penny Cards w/ Volunteer (FR) (VOL)
 6:00 **EF** Bunco Buddies (LR) (API)
 6:30 **IS** Leukemia Lymphoma Mtg. (GR) (VOL)

4 Celebrate Our Birthdays & Anniversaries
 10:30 **HF** Strength & Balance Program (GR)
 11:00 **HF** Nutrition, Diet & Health Program (GR)
 1:00 **B** Bingo (GR) (API)
 2:00 **PA** Birthday & Anniversary Celebration (GR)
 2:30 **PA** Players Club: Card, Tile & Board Games (GR) (RES)
 3:00 **CE** Pro-Led Studio Painting Class (AC)
 3:30 **HF** Polynesian Music & Dance Class (FC)
 6:15 **LL** Meet the Local Author (GR) (PRO)

5
 10:00 **IS** Catholic Mass w/ SEAS (ER)
 10:30 **HF** Strength and Balance Program (GR)
 1:00 **B** Bingo (GR)
 2:00 **CV** Culinary Meeting w/ Chef Hercules (GR)
 3:00 **EF** A Favorite Live Entertainer! (LR)
 3:30 **HF** Dance with the Best! (LR)
 6:00 **IS** Explore the Bible's Literature of Faith (AC) (VOL)
 6:00 **CE** Mary Poppins Music & Sing-Along (ER) (ENT)

6
 9:15 **CVS**, Walgreens & Bank Runs (BUS)
 11:00 **HF** Strength and Balance Program (GR)
 12:00 **C** The Bridge Club (GR)
 12:30 **HF** Pro-Led Tai Chi Movement to Music (LR)
 1:00 **B** La Boheme Opera on DVD (ER) (API)
 1:00 **EF** Rampart & Suncoast Casino Run (BUS)
 1:15 **EF** Penny Cards (FR)
 2:45 **PA** Ice Cream w/ New Folks & Ambassadors (LR)
 3:45 **EF** Readings from The Best Lawyer Jokes Ever (BIS)
 6:00 **B** High Stakes Bingo (GR) (API)

7
 9:15 **Smiths & 99 Cent Store/Sprouts** (BUS)
 11:00 **HF** Strength and Balance Program (GR)
 1:00 **EF** Bellagio Conservatory Chinese NY Exhibit (BUS)
 1:00 **B** Bingo (GR)
 2:00 **C** Blackjack (ER)
 3:00 **EF** Powerful Vocalist Concert (LR) (ENT)
 4:00 **HF** Walking Tour of our Community (LR)
 6:00 **EF** Pre-Show Reception (ER) (API)
 6:30 **C** Calendar Girls Film Viewing (ER) (API)

8 Daylight Savings Begins
 10:00 **IS** Catholic Service (FR)
 10:30 **HF** Strength and Balance Exercise (GR)
 1:00 **C** Student-Led Bingo (GR)
 2:00 **CV** Intergenerat'l Tea Time Welcome Social (LR)
 2:00 **EF** Scirocco Flute Practice (FR)
 3:00 **C** Blackjack Tournament (GR)
 3:15 **HF** Musical Yoga Stretch & Strength (LR)
 6:00 **EF** Vegas City Opera Performs La Bohème (LR) (PRO)

9
 10:00 **HF** Audiology Visit for Residents (AC) (PRO)
 10:30 **HF** Strength & Balance Program (GR)
 1:00 **B** Bingo (GR)
 2:00 **EF** Blackjack Tournament (AC)
 3:15 **LL** SmartTech TV: Travel (GR) (API)
 5:30 **C** Texas Hold 'Em Poker Game (GR)
 6:00 **HF** Gentle Yoga for Seniors (LR) (PRO)
 6:00 **PA** Players Club: Card, Tile & Board Games (GR) (RES)
 6:45 **C** Comedy Series (ER) (API)

10
 10:30 **HF** Strength & Balance Program (GR) (ELD)
 1:00 **CV** Town Hall (GR)
 1:15 **CE** Needlework, Quilting Bee & Loom (AC) (RES)
 1:30 **HF** Weights, Barre & Cycle Light Aerobics (FC) (API)
 2:00 **B** Bingo (GR)
 3:00 **EF** Tea Talks w/ Tea Connoisseur (GR)
 5:30 **C** Penny Cards w/ Volunteer (FR) (VOL)
 6:00 **LL** World Cultures Travel Talks & Treats (ER) (API)
 6:45 **LL** Travel Film (ER) (API)

11
 9:00 **CV** Lettering Writing to our SEAS Pen Pals (GR)
 10:30 **HF** Strength & Balance Program (GR) (ELD)
 11:00 **HF** Nutrition, Diet & Health Program (GR)
 1:00 **B** Bingo (GR) (API)
 2:00 **CE** Storytelling with Sandy (FR)
 3:00 **CE** Pro-Led Studio Painting Class (AC)
 3:15 **PA** New Resident Housewarming Welcome (BIS)
 4:00 **HF** Karaoke & Dance w/ Eduardo (GR)
 6:00 **C** Family Feud™ Game (GR) (API)

12
 9:30 **EF** Volunteer Pianist (LR) (VOL)
 10:00 **IS** Rosary w/ St Elizabeth Ann Seton (ER)
 10:30 **HF** Strength and Balance Program (GR)
 1:00 **B** Bingo (GR)
 2:00 **CV** Ray's Maintenance & Safety Meeting (GR)
 3:00 **EF** Cowboy Country Music Concert (LR)
 5:45 **HF** Evening Cardio Walk (GR) (API)
 6:00 **IS** Explore the Bible's Literature of Faith (AC) (VOL)
 6:15 **B** Mrs Miniver, Best Film Collection (ER) (API)

13
 9:15 **Banks, CVS & Walgreens** (BUS)
 11:00 **HF** Strength and Balance Program (GR)
 12:00 **C** The Bridge Club (GR)
 12:30 **HF** Pro-Led Tai Chi Movement to Music (LR)
 1:00 **B** Netflix® Flick (ER)
 1:00 **EF** Rampart & Suncoast Casino Run (BUS)
 1:15 **EF** Penny Cards (FR)
 2:45 **PA** Ice Cream Sundae Social (LR)
 3:00 **HF** Name That Tune w/ the Accordion! (LR)
 4:00 **IS** Sabbath Service (ER)
 6:00 **B** High Stakes Bingo (GR) (API)

14 Exploring Fashion with Our Families
 9:15 **Smiths & Best of the West** (BUS)
 11:00 **HF** Strength and Balance Program (GR)
 1:00 **PA** Resident Model Makeup Artist Session (RR)
 1:00 **A** Afternoon Walmart Shopping (BUS)
 1:00 **B** Bingo (GR)
 2:00 **StoryWise™**: Atria Resident Fashion Show (L)
 2:30 **PA** Fashion Show Reception & Mary Kay Sale (LR)
 3:00 **D** Doolittle Band Celebration (LR)
 3:30 **HF** Dancing w/ the Doolittles (LR)
 6:45 **The Devil Wears Prada: Fashion Movie** (ER) (API)

15
 10:00 **IS** Catholic Service (FR)
 10:30 **HF** Musical Yoga Stretch & Strength (LR)
 1:00 **C** Student-Led Bingo (GR)
 2:00 **C** Blackjack Tournament (AC)
 3:00 **IS** Spiritual Songs w/ a Pinch of Jazz (LR) (PRO)
 3:00 **HF** Strength & Balance Exercise (GR)
 3:30 **PA** Smart Tech: Decades of the 70's (GR)
 6:00 **EF** Brighten Your Night w/ Live Entertainment (LR) (PRO)

16
 10:00 **HF** Shepherd Eye Vision Visit for Residents (AC) (PRO)
 10:30 **HF** Strength & Balance Program (GR) (ELD)
 1:00 **B** Bingo (GR)
 2:00 **C** Blackjack Tournament (AC)
 3:00 **PA** Learn and Play Poker with Ron (GR)
 3:45 **HF** Exercycle & Weights Fitness (FC)
 6:00 **IS** Religion with the Rabbi (GR) (VOL)
 6:45 **PA** History of St Patricks Day DVD (ER) (RES)

17 Happy St Patrick's Day
 10:30 **HF** Strength & Balance Program (GR) (ELD)
 11:00 **EF** SBC Scenic Brew Co Restaurant Outing (BUS)
 1:00 **L** Lucky Bingo w/ Raffle Prizes (GR)
 2:00 **PA** Players Club: Card, Tile & Board Games (GR) (RES)
 2:00 **LL** Book Club Meeting (FR)
 3:00 **HF** Warm Up with Irish Jig Exercise (LR) (API)
 3:30 **EF** St. Pats Popcorn Tasting & Lucky Games (LR)
 4:00 **EF** Irish Feast & Celtic Music (DR)
 5:30 **C** Penny Cards w/ Volunteer (FR) (VOL)
 6:00 **LL** March 17 Chronology History Challenge (LR) (API)

18
 9:30 **CV** DVD Organizing Club (LIB)
 10:30 **HF** Strength and Balance Program (GR) (ELD)
 11:00 **HF** Nutrition, Diet & Health Program (GR)
 1:00 **B** Bingo (GR)
 1:00 **CV** Toys4Kids Volunteer Craftsmanship (AC)
 2:00 **CE** Needlework, Quilting Bee & Loom (AC) (RES)
 2:00 **PA** Players Club: Card, Tile & Board Games (GR)
 3:00 **PA** Hear from our Jewelry Maker, Bernyce! (AC)
 4:00 **HF** Music & Movement Exercise (LR)
 6:00 **LL** You Be The Judge Discussion (GR) (API)

19 Celebrate Spring & Nutrition
 10:00 **IS** Rosary w/ St Elizabeth Ann Seton (ER)
 10:30 **HF** Strength and Balance Program (GR)
 1:00 **B** Bingo (GR)
 2:00 **LL** Rick Steve's Travels to Ireland DVD (GR)
 3:00 **EF** Spring & Strings Violin Performance (LR)
 4:00 **HF** Feast on Spring Nutritious & Delicious (DR)
 6:00 **IS** Explore the Bible's Literature of Faith (AC) (VOL)
 6:00 **CE** Mary Poppins Music Sing-Along (LR) (PRO)

20
 11:00 **HF** Strength and Balance Program (GR)
 12:00 **C** The Bridge Club (GR)
 12:30 **HF** Pro-Led Tai Chi Movements to Music (LR)
 1:00 **B** Netflix® (ER)
 1:15 **EF** Penny Cards (FR)
 1:30 **CVS**, Walgreens & Bank Runs (BUS)
 2:45 **CV** Ice Cream Social w/ Resident Council (LR)
 3:45 **HF** Word in a Word Game: MARCH MADNESS (LR)
 5:45 **EF** Guys & Dolls Show Outing at BGHS (BUS)
 6:00 **B** High Stakes Bingo (GR) (API)

21
 9:15 **Smiths & Target** (BUS)
 11:00 **HF** Strength and Balance Program (GR)
 1:00 **EF** Pinball Museum Outing (BUS)
 1:00 **B** Bingo (GR)
 2:00 **C** Blackjack (GR)
 3:00 **EF** Hot Flash Dancers Performance (LR) (ENT)
 4:00 **HF** Walking Tour of our Community (L) (API)
 6:00 **EF** Pre-Show Reception (ER) (API)
 6:30 **I** Indiana Jones & Raiders of Lost Ark DVD (ER)

22
 10:00 **IS** Catholic Service (FR)
 10:30 **HF** Strength and Balance Exercise (GR)
 1:00 **IS** The Greatest Generation Film Viewing (ER)
 1:15 **C** Student-Led Bingo (GR)
 2:15 **C** Blackjack (AC)
 3:15 **HF** Musical Yoga Stretch & Strength (LR)
 3:15 **LL** SmartTech: Advice for your Device (GR)
 6:00 **EF** Saxy Entertainment from the Pro (LR) (ENT)

23
 10:30 **HF** Strength and Balance Program (GR) (ELD)
 1:00 **B** Bingo (GR)
 2:00 **C** Blackjack Tournament (AC)
 3:15 **CE** SmartTech: Alexa! What time is it? (GR)
 3:45 **HF** Exercycle & Weights Fitness (FC) (API)
 6:00 **IS** Complimentary Professional Massage (RR) (PRO)
 6:00 **EF** Springtime Student Recital (LR) (VOL)

24
 9:00 **CV** Letter Writing to our SEAS Pen Pals (GR)
 10:30 **HF** Strength & Balance Program (GR) (ELD)
 11:00 **EF** El Grotto Restaurant Lunch Outing (BUS) (ELD)
 1:00 **HF** Hoop It Up for March Madness (LR) (VOL)
 2:00 **PA** Players Club: Card, Tile & Board Games (GR) (RES)
 3:00 **B** Bingo (GR)
 5:30 **C** Penny Cards w/ Volunteer (FR) (VOL)
 6:00 **LL** I Should Know That! Challenge (GR) (API)

25
 9:30 **CV** DVD Organizing Club (LIB)
 10:30 **HF** Strength & Balance Program (GR) (ELD)
 11:00 **HF** Nutrition, Diet & Health Program (GR)
 1:00 **B** Bingo (GR)
 2:15 **CE** Ambassador-Hosted BYOB Decor Party (AC)
 2:15 **EF** Wine Down Wednesday (AC)
 3:15 **PA** Ambassador Meeting w/ Jill (AC)
 3:30 **C** Katz ES Choir Performance (LR)
 3:45 **HF** Lifelong Wellness Exercise Program (FC)
 6:00 **LL** Get Your Giant Crossword Game On! (GR) (API)

26
 10:00 **IS** Rosary w/ St Elizabeth Ann Seton (ER)
 10:30 **HF** Strength and Balance Program (GR)
 1:00 **B** Bingo (GR)
 2:00 **CV** Engage Life® Planning Mtg w/ Jill (AC) (ELD)
 3:00 **EF** Upbeat, Uplifting Pop Concert (LR)
 5:45 **HF** Evening Cardio Walk (GR) (API)
 6:00 **IS** Explore the Bible's Literature of Faith (AC) (VOL)
 6:15 **The Best Years of Our Lives: Best Films** (ER) (RES)

27
 9:15 **CVS**, Walgreens & Bank Runs (BUS)
 11:00 **HF** Strength and Balance Program (GR)
 12:00 **C** The Bridge Club (GR)
 12:30 **HF** Pro-Led Tai Chi Movements to Music (LR)
 1:00 **B** Netflix® (ER)
 1:00 **EF** Rampart & Suncoast Casino Run (BUS)
 1:15 **EF** Penny Cards (FR)
 2:45 **CV** Ice Cream Social w/ our Veterans (LR)
 3:45 **EF** Dear Ann Landers Discussions (LR) (API)
 4:00 **IS** Sabbath Service (ER)
 6:00 **B** High Stakes Bingo (GR) (API)

28
 9:15 **Smiths** (BUS)
 11:00 **HF** Strength and Balance Program (GR)
 11:00 **EF** Boulder City Lunch & Tour Outing (BUS)
 12:30 **HF** NuStep Exercycle Machine Training (FC)
 1:00 **B** Bingo (GR)
 2:00 **EF** America RWB Variety Show & Veteran Honor (LR) (ENT)
 3:00 **EF** Ice Cream Social w/ Tony (LR)
 3:45 **C** Blackjack (GR)
 6:15 **EF** Pre-Show Reception (ER) (API)
 6:45 **I** Indiana Jones & Temple of Doom DVD (ER) (API)

29
 10:00 **IS** SEAS Catholic Service (FR)
 10:30 **HF** Strength and Balance Program (GR) (ELD)
 1:00 **C** Student-Led Bingo (GR)
 2:00 **C** Blackjack Tournament (AC)
 3:00 **EF** Pool Party! Shoot Pool. Win a Prize. (FR)
 3:45 **HF** Walking Club (L) (PRO)
 6:00 **EF** Entertainment with a Rose (LR) (ENT)

30 National Doctor's Day
 9:00 **IS** Sign a Dr Appreciation Card (GR)
 10:30 **HF** Strength and Balance Program (GR)
 1:00 **B** Bingo (GR)
 2:00 **LL** The Country Doctor & Dionne Quintuplets (ER)
 2:15 **C** Blackjack Tournament Winner (AC)
 3:15 **LL** SmartTech: Alexa! What the temp? (GR)
 4:00 **HF** Cardio Walk (L)
 6:00 **IS** Wheelz Inspirational Speaker Presents (LR) (PRO)

31
 9:30 **CV** DVD Organizing Club (LIB) (RES)
 10:30 **HF** Strength and Balance Program (GR) (ELD)
 11:00 **EF** Cheesecake Lunch Outing (BUS)
 1:30 **EF** Cruising w/ our Executive Director (ER)
 3:00 **B** Bingo (GR)
 4:00 **HF** Weights, Barre & Cycle Light Aerobics (FC)
 5:30 **C** Penny Cards w/ Volunteers (FR)
 6:00 **EF** Want To Be A Millionaire? Game (GR) (API)



ROOM LOCATION KEY:
 Fitness Center FC
 Rejuvenation Room RR
 Arts & Crafts Room AC
 Bus BUS
 Bus (d/o+p/u) BUS
 Corner Family Room FR
 Dining Room DR
 Entertainment Room ER
 Game/Bingo Room GR
 Grand Living Room LR
 The Bistro BIS
 The Lobby L
 The Upstairs Library LIB

STAFF KEY:
 Engage Life Director ELD
 Entertainer ENT
 Volunteer VOL
 Professional PRO
 Atria Program Instructor API
 Resident Led RES

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
StoryWise Atria StoryWise