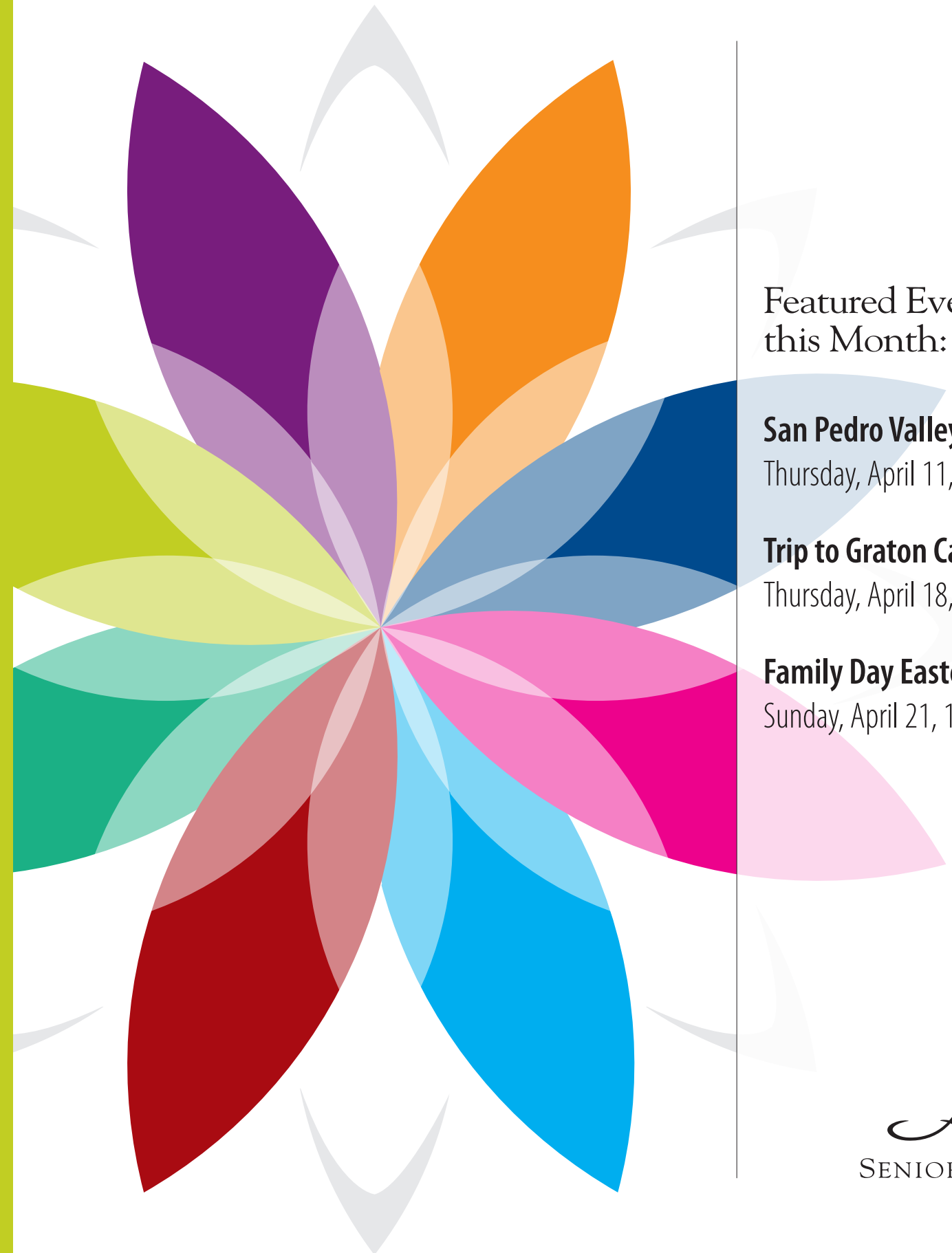


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

San Pedro Valley Park Picnic

Thursday, April 11, 11:00 AM

Trip to Graton Casino

Thursday, April 18, 9:15 AM

Family Day Easter Egg Hunt

Sunday, April 21, 1:15 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>9:30 Banking Trip (L)</p> <p>10:15 HF Movement and Balance (AR)</p> <p>10:45 Shopping at Grocery Outlet (L)</p> <p>11:00 Pokerkeno (AR)</p> <p>1:15 Horse Racing (AR)</p> <p>1:30 Scenic Drive (L)</p> <p>2:00 LL iPad®-Crossword</p> <p>3:00 Poker Keno</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>1</p> <p>9:30 Banking Trip (L)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>10:45 Shopping at Marshalls (L)</p> <p>11:00 EF Game of 20 Questions (AR)</p> <p>1:15 LL iPad® Hour- Riddle Me This</p> <p>1:30 Scenic Drive (L)</p> <p>2:00 C Tea Party Social (AR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>2</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>11:00 Morning Bingo (AR)</p> <p>1:15 IS Bible Study with Pastor Steve (PR)</p> <p>2:15 CE Sundae Memory Lane</p> <p>4:15 HF Afternoon Fitness Walk (L)</p> <p>6:15 C Director's Night (AR)</p>	<p>3</p> <p>9:30 Shopping at Walgreens (L)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>12:00 C Ambassador Luncheon Meeting (PDR)</p> <p>1:00 Poker and Blackjack with Rene (PR)</p> <p>2:00 EF This Time in History and Trivia (AR)</p> <p>3:00 CV Crochet and Knit for Red Scarf Project (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 HF This Time in History and Trivia (AR)</p>	<p>4</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>10:45 Scenic Drive (L)</p> <p>11:30 EF Chef's Table (DR)</p> <p>1:30 C EL Planning Meeting & Food For Thought (DR)</p> <p>1:30 Shopping at Dollar Tree (L)</p> <p>2:00 Bingo</p> <p>3:00 IS Guided Meditation (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 Line Dancing</p>	<p>5</p> <p>9:30 C Love on a Leash - Visit From Scudo! (AR)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>10:45 Shopping at CVS Pharmacy (L)</p> <p>11:00 IS Catholic Communion (AR)</p> <p>1:00 LL Book Club (FL)</p> <p>2:00 LL Music Appreciation (PR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 EF Wii® Jeopardy!® (AR)</p> <p>7:00 Atria Movie Showcase (AR)</p>	<p>6</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 LL TED talk and discussion (AR)</p> <p>1:15 CE Arts and Crafts (AR)</p> <p>2:00 IS The Holy Rosary (PR)</p> <p>3:00 EF Happy Hour Birthday Celebration (DR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>
<p>7</p> <p>9:15 St. Veronica's Catholic Services (L)</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 HF Engage Your Brain - Group Crossword (AR)</p> <p>1:30 EF \$1 Bingo (AR)</p> <p>3:00 IS Christian Services (PR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:45 Atria Movie Showcase (AR)</p>	<p>8</p> <p>9:30 Banking Trip (L)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>10:45 Shopping at Marshalls (L)</p> <p>11:00 EF Game of 20 Questions (AR)</p> <p>1:15 LL iPad® Hour- Riddle Me This</p> <p>1:30 Scenic Drive (L)</p> <p>2:00 C Tea Party Social (AR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>9</p> <p>7:00 Game of UNO®</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>11:00 Morning Bingo (AR)</p> <p>1:15 HF This Time in History & Trivia (AR)</p> <p>3:15 CE Wise Women in History (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 C Director's Night (AR)</p>	<p>10</p> <p>9:30 Shopping at CVS Pharmacy (L)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>11:00 EF Game of UNO® (AR)</p> <p>1:00 EF Poker and Blackjack With Rene (PR)</p> <p>3:00 CV Crochet and Knit for Red Scarf Project (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 Poker Keno (AR)</p>	<p>11</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 IS San Pedro Valley Park Picnic Spiritcare with Rev. Nibbe (PR)</p> <p>11:30 EF Chef's Table (DR)</p> <p>1:15 LL Book Club (L)</p> <p>1:30 Shopping at Target (L)</p> <p>2:15 C Town Hall Meeting</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 HF Ballet Fitness</p>	<p>12</p> <p>9:30 C Love on a Leash - Visit From Scudo! (AR)</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>10:45 Shopping at Burlington Coat Factory (L)</p> <p>11:00 IS Catholic Communion (AR)</p> <p>2:30 EF Game of Add a Letter (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 EF Wii® Jeopardy!® (AR)</p> <p>7:00 Atria Movie Showcase</p>	<p>13</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 Poker Keno (AR)</p> <p>1:15 CE Ceramics Class</p> <p>2:00 IS The Holy Rosary (PR)</p> <p>3:00 EF Happy Hour (DR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>
<p>14</p> <p>9:15 St. Veronica's Catholic Services (L)</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:15 EF Horse Racing (AR)</p> <p>1:30 Game Day! (AR)</p> <p>2:30 \$1 Bingo! (AR)</p> <p>3:00 IS Christian Services (PR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>15</p> <p>9:30 Banking Trip (L)</p> <p>10:15 HF Movement and Balance Exercise (AR)</p> <p>10:45 Shopping at Salvation Army (L)</p> <p>11:00 EF Bowling (AR)</p> <p>1:00 LL iPad® Hour - 4 Pics 1 Word (AR)</p> <p>1:30 Scenic Drive (L)</p> <p>3:00 HF Game of What's in a Word (AR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>16</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>11:00 Morning Bingo (AR)</p> <p>1:00 LL Lets Learn ASL (AR)</p> <p>1:15 IS Bible Study with Pastor Steve (PR)</p> <p>2:00 C Tea and Relaxation (AR)</p> <p>3:00 CE Art Class (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 C Director's Night (AR)</p>	<p>17</p> <p>9:30 Shopping at Target (L)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>11:00 PA Blanket Making for SPCA (AR)</p> <p>1:00 EF Poker and Blackjack With Rene (PR)</p> <p>2:00 EF Game of Monopoly (AR)</p> <p>3:00 CV Crochet and Knit for Red Scarf Project (AR)</p> <p>4:15 HF Fitness Walking (L)</p>	<p>18</p> <p>9:15 Trip To Graton Casino</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 EF Wii® Bowling (AR)</p> <p>11:30 EF Chef's Table (DR)</p> <p>2:30 Bingo (AR)</p> <p>3:00 IS Guided Meditation (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 Game of Jeopardy!® (AR)</p>	<p>19</p> <p>9:30 C Love on a Leash - Visit From Scudo! (AR)</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>10:45 Shopping at TJ Maxx (L)</p> <p>11:00 IS Catholic Communion (AR)</p> <p>2:00 LL Music Appreciation (PR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 EF Wii® Jeopardy!® (AR)</p> <p>7:00 Atria Movie Showcase (AR)</p>	<p>20</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 Poker Keno (AR)</p> <p>1:15 CE Ceramics Class (AR)</p> <p>2:00 IS The Holy Rosary (PR)</p> <p>2:30 PA New Resident Get Together (DR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>
<p>21</p> <p>9:15 St. Veronica's Catholic Services (L)</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 EF \$1 Bingo (AR)</p> <p>1:15 C Family Day Easter Egg Hunt (AR)</p> <p>3:00 IS Christian Services (PR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>22</p> <p>9:30 Banking Trip (L)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>10:45 Shopping at Sprouts (L)</p> <p>11:00 EF Game of Giant Scrabble® (AR)</p> <p>1:00 LL iPad® Hour - Riddle Me This (AR)</p> <p>1:30 Scenic Drive (L)</p> <p>3:00 HF This Time in History and Trivia (AR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>23</p> <p>7:00 EF Wii®- Bowling</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>11:00 Morning Bingo (AR)</p> <p>1:15 LL Let's Learn ASL (AR)</p> <p>2:15 Game of UNO®</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 C Director's Night (AR)</p>	<p>24</p> <p>9:30 Shopping at Trader Joe's (L)</p> <p>10:15 HF Movement and Balance - Exercise (AR)</p> <p>11:00 EF Game of Mexican Train Dominoes (AR)</p> <p>1:00 EF Poker and Blackjack With Rene (PR)</p> <p>1:15 CE Game of UNO® (AR)</p> <p>3:00 CV Crochet and Knit for Red Scarf Project (FL)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 Poker Keno (AR)</p>	<p>25</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>10:45 Scenic Drive (L)</p> <p>11:00 IS Spiritcare with Rev. Nibbe (PR)</p> <p>11:30 EF Chef's Table (DR)</p> <p>1:00 LL Book Club (L)</p> <p>1:30 Shopping at Tj Maxx</p> <p>3:00 IS Guided Meditation (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 HF Ballet Fitness Class (AR)</p>	<p>26</p> <p>9:30 C Love on a Leash - Visit From Scudo! (AR)</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>10:45 Shopping at Trader Joe's (L)</p> <p>11:00 IS Catholic Communion (AR)</p> <p>1:15 LL Book Club</p> <p>2:30 EF Group Crossword (AR)</p> <p>4:15 HF Fitness Walking (L)</p> <p>6:15 EF Wii® Jeopardy!® (AR)</p> <p>7:00 Atria Movie Showcase (AR)</p>	<p>27</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 Poker Keno (AR)</p> <p>2:00 IS The Holy Rosary (PR)</p> <p>3:00 EF Happy Hour (DR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>
<p>28</p> <p>9:15 St. Veronica's Catholic Services (L)</p> <p>10:15 HF Muscle Strengthening Exercise (AR)</p> <p>11:00 HF Group Crossword (AR)</p> <p>1:30 EF \$1 Bingo (AR)</p> <p>2:45 CE Jewelry Making (AR)</p> <p>3:00 IS Christian Services (PR)</p> <p>4:00 HF Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>29</p> <p>9:30 Banking Trip (L)</p> <p>10:15 HF Movement and Balance (AR)</p> <p>10:45 Shopping at Sprouts (L)</p> <p>11:00 Poker Keno (AR)</p> <p>1:00 LL iPad® Hour-4 Pics 1 Word (AR)</p> <p>1:30 Scenic Drive</p> <p>3:00 HF Game of What's in a Word (AR)</p> <p>4:00 Fitness Walking (L)</p> <p>6:15 Atria Movie Showcase (AR)</p>	<p>30</p> <p>10:15 HF Stretch and Flexibility Exercises (AR)</p> <p>11:00 EF Morning Bingo (AR)</p> <p>1:15 HF This Time in History in Trivia (AR)</p> <p>2:15 CE Crafts and Wood Art (AR)</p> <p>3:15 LL TED Talk and Discussion</p> <p>4:15 HF Walking for Fitness (AR)</p> <p>6:15 C Director's Night (AR)</p>	<p>PA Personal Achievement</p> <p>HF Health & Fitness</p> <p>EF Entertainment & Fun</p> <p>CV Civic Engagement</p> <p>LL Lifelong Learning</p> <p>CE Creative Expression</p> <p>IS Inspiration & Spirituality</p> <p>C Connection</p> <p>AS Atria StoryWise</p>	<p>ROOM LOCATION KEY:</p> <p>Lobby L</p> <p>Activity Room AR</p> <p>Dining Room DR</p> <p>Piano Room PR</p> <p>Front Lounge FL</p> <p>Private Dining Room PDR</p>		