

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Don't Worry Be Frappé
Coffee "Bar"**

Wednesday, October 7, 1:00 PM

History Guy

Monday, October 19, 1:00 PM

Halloween Happy Hour

Wednesday, October 28, 1:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

OCTOBER 2020

ATRIA ENCINITAS NORTH

engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

- ROOM LOCATION KEY:**
- Living Room LR
 - Dining Room D
 - Lobby L
 - 2nd Floor 2FL
 - North Outdoor Patio NP
 - Delivery Service DS
 - In-Room IR
 - Garage Outdoor Patio GP
 - Hallway HW

- STAFF KEY:**
- Brian Wilson B
 - Ryan Aniciete R
 - Suki Juchno S

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Wheel of Fortune® is a registered trademark of Calton Productions, Inc. All Rights Reserved.
Wii® is a trademark of Nintendo of America, Inc.

<p>4</p> <p>8:30 IS TV Catholic Mass (LR) 10:00 HF Low-Impact Aerobic (2FL) 10:45 PA Colorology w/ Res. Jan W. (2FL) 1:00 AS StoryWise™ Social (2FL) 2:00 Ice Cream Cart (DS) 3:00 CV Note Cards for Aviara (LR) 3:45 HF Walking Club (L) 6:00 In-house Sunday Cinema (LR)</p>	<p>5</p> <p>10:00 HF Cardio Fitness (2FL) 10:45 LL Brain Teasers (LR) 1:00 CE DIY Fall Wreaths (2FL) 2:00 Smoothie Cart (NP) 3:00 HF Sit and Stretch (2FL) 3:45 IS Healthy Living (2FL) 6:00 In-house Monday Cinema (LR)</p>	<p>6</p> <p>10:00 HF Upper Body Strength (2FL) 10:45 Wii® Crossword (LR) 1:00 Tailgate Toss (2FL) 2:00 Root Beer Floats (DS) 3:00 HF Stretch & Deep Breathing (2FL) 3:45 LL Oktoberfest (2FL) 5:15 M Musicians that Shaped the Century (LR) (B)</p>	<p>7</p> <p>10:00 HF Lower Body Strength (2FL) 10:30 C The Friendly Bean (D) 1:00 EF Don't Worry Be Frappé Coffee "Bar" (DS) 2:00 Brain Challenges (IR) 3:00 HF Balance & Mobility Training (2FL) 3:45 LL Quizoid (iPad®) (2FL) 5:15 LL The Novel Bunch (2FL) (S)</p>	<p>8</p> <p>9:30 HF Sit and Stretch (2FL) 10:15 Wii® Wheel of Fortune® (LR) 1:00 C Live Outdoor Entertainment (L) 2:15 Bingo (2FL) 3:30 HF Tai Chi (2FL) 5:15 LL Today in History (LR) (R)</p>	<p>9</p> <p>10:15 HF Low-Impact Aerobics (2FL) 11:00 LL History Fun Facts (LR) 1:00 Bingo (2FL) 2:00 C TGIF Happy Hour Cart (DS) 3:00 HF Cardio Fitness (2FL) 3:45 Current Events (LR) 6:00 In-house Friday Cinema (LR)</p>	<p>10</p> <p>10:00 HF Strength and Balance Training (2FL) 10:45 AS StoryWise™ Social (L) 1:00 200 Word Challenge (L) 2:00 Lemonade Cart (L) 3:00 Would you Rather? (L) 3:45 HF Walking Club (HW) 6:00 In-house Saturday Cinema (LR)</p>
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 - Dining Room D
 - Living Room LR
 - Lobby L
 - Courtyard CY
 - Delivery Service DS
 - In-Room IR

- STAFF KEY:**
- Brian Wilson B
 - Ryan Aniciete R
 - Suki Juchno S

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