

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Country Western Show -
With Gene Walder**
Tuesday, June 4, 1:30 PM

**Atria Del Rey Car
Show and Family BBQ!**
Sunday, June 9, 11:00 AM

**Learning About the
Flags of the World!**
Friday, June 14, 1:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Happy Birthday Charles! **30**

9:30 **HF** Sunday Morning Walking Club (LR)

9:30 **IS** Bible Study (AC)

10:00 **HF** Basketball Challenge (T)

10:45 **HF** Trivia Time! (LR)

1:30 **IS** Bingo! (AC)

3:00 **C** Blackjack Club

4:00 **HF** Strength and Balance Exercise (LR)

6:00 **LL** Crossword Challenge!



ROOM LOCATION KEY:

Theater T
Living Room LR
Front Lobby FL
Anytime Cafe AC
Terrace Green TG

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
StoryWise Atria StoryWise

1

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Golfing on the Green (TG)

10:45 **HF** Trivia Challenge (LR)

1:30 **IS** StoryWise™ Social (T)

3:00 **CE** Art Class: Drawing your favorite things (AC)

4:00 **HF** Strength and Stretch Exercise (LR)

6:00 **EF** Darryl Reed Performs! (T)

2

9:30 **IS** Bible Study (AC)

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Bowling Tournament! (LR)

10:45 **HF** Trivia Challenge! (LR)

1:30 **EF** Bingo! (AC)

3:00 **C** Card Games (AC)

4:00 **HF** Band Exercises with Matthew (LR)

6:00 **LL** Crossword Puzzle Challenge (AC)

3

9:30 **HF** Walking Club Half Mile Challenge! (LR)

9:30 **IS** Morning Communion (AC)

10:00 **EF** Bean Bag Toss Tournament (T)

10:45 **HF** Trivia w/ Matthew (LR)

1:30 **SH** SHOPPING: Walmart (FL)

1:30 **EF** Games with Aaron from Caremore (AC)

3:00 **HF** Blackjack Tournament (AC)

4:00 **HF** Exercises With Matthew (LR)

6:00 **CE** The Great Word Guesser Game! (AC)

4 **COUNTRY WESTERN DAY!**

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Chair Volleyball Challenge (T)

10:45 **HF** Trivia Group Challenge (LR)

1:30 **EF** Country Western Show - With Gene Walder (T)

3:00 **C** UNO® Club w/ Jon (AC)

4:00 **HF** Stay Fit Exercise (LR)

6:00 **IS** Meditation Class With Rose (AC)

5

9:30 **HF** Good Morning Walking Club (LR)

10:00 **PA** Basketball Challenge (T)

10:00 **OUT** OUTING: Nixon Library Apollo 11 Exhibit (FL)

10:45 **LL** Engage Your Brain Trivia (LR)

1:30 **IS** Instrumental Journey (AC)

2:00 **WF** Wednesday Dog Day (TG)

4:00 **HF** Tone Up Exercises (LR)

5:30 **MF** Midweek Movie Night! (T)

6:00 **LL** Bingo with C (AC)

6

9:30 **HF** Good Morning Walking Club (LR)

10:00 **C** Tennis Champions (T)

10:45 **LL** Wake Your Brain Trivia (LR)

1:30 **CE** Craft Making: Summer Bracelets (AC)

3:00 **EF** Jenga! (AC)

4:00 **HF** Body Movement Exercise (LR)

6:00 **AN** An Evening of Cards (AC)

7

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Bean Bag Toss (T)

10:00 **PA** Bible Discovery (AC)

10:45 **LL** You Be The Judge (LR)

1:30 **EF** What's in a Word? (AC)

3:00 **C** Week's End Mocktail Hour (T)

4:00 **HF** Walk for Wellness with a Stretch (LR)

6:00 **IS** Bingo! for Fun! (AC)

8

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Golfing on the Green (TG)

10:45 **HF** Trivia Challenge (LR)

1:30 **IS** StoryWise™ Social (LR)

3:00 **CE** Del Rey Drama Club (AC)

4:00 **HF** Chair Aerobics (LR)

6:00 **EF** Weekend Movie Night! (T)

9

9:30 **IS** Bible Study (AC)

9:30 **HF** Good Morning Walking Club (LR)

10:00 **PA** Basketball Challenge (T)

11:00 **EF** Atria Del Rey Car Show and Family BBQ! (LR)

1:30 **IS** Bingo! for Fun (AC)

3:00 **PA** Card Game Challenge! (AC)

4:00 **HF** Fitness Exercises Program (LR)

6:00 **LL** Crossword Tournament (AC)

10

9:30 **HF** Good Morning Walking Club (LR)

9:30 **IS** Morning Communion (AC)

10:00 **EF** Bean Bag Toss Challenge (LR)

10:45 **HF** Matthew's Catch Phrase Trivia Fun (LR)

1:30 **SH** SHOPPING: \$.99 Cent Store (FL)

1:30 **LL** Blackjack w/ Matt (AC)

3:00 **LL** TECH: Learning Social Media (AC)

4:00 **HF** Balance Exercises (LR)

6:00 **PA** Name That Person! (AC)

11

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Chair Volleyball Challenge (T)

10:30 **IS** Special Performance by the Mellowdears! (LR)

1:30 **C** UNO® Club w/ Jon (AC)

1:30 **CV** Food for the Firefighters (FL)

3:00 **LL** What's in a word Challenge! (AC)

4:00 **HF** Exercise With Mary! (LR)

6:00 **PA** The Great Word Guesser Challenge! (AC)

12

9:30 **HF** Good Morning Walking Club (LR)

9:30 **OUT** OUTING: Huell Howser Archives (FL)

10:00 **EF** Basketball for Fun! (T)

10:30 **HF** Hearing Aid Specialist Services (AC)

1:30 **PA** Jeopardy!™ Trivia Challenge (LR)

3:00 **LL** Are You Smarter Than A 5th Grader? (AC)

4:00 **HF** Band Exercises (LR)

6:00 **LL** Bingo with C! (AC)

13

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Chair Volleyball Challenge (T)

10:45 **LL** You Be the Judge! (LR)

2:00 **FO** FOOD-4-THOUGHT (T)

2:30 **PA** RESIDENT COUNCIL (T)

4:00 **HF** Strength and Balance Program (LR)

6:00 **EF** An Evening of Cards with Jon (AC)

14 **Flags of the World Day!**

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Tennis Quest (T)

10:00 **PA** Bible Discovery (AC)

10:45 **HF** Trivia Tournament (LR)

1:30 **EF** Learning about the Flags of the World! (LR)

3:00 **C** March Happy Hour (T)

4:00 **HF** Walk for Wellness (LR)

6:00 **PA** Bingo with C! (AC)

15 **Happy Birthday Patricia!**

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Golfing on the Green (TG)

10:45 **HF** Engage Your Brain Trivia (LR)

1:30 **IS** StoryWise™ Social (T)

3:00 **CE** Del Rey Drama Club (AC)

4:00 **HF** Strength & Stretch Exercise (LR)

6:00 **EF** Popcorn and a Movie! (LR)

16 **Happy Father's Day!**

9:30 **IS** Bible Study (AC)

9:30 **HF** Fit Walking Club (FL)

10:00 **EF** Chair Volleyball Challenge (T)

10:45 **HF** DAD Jokes & Trivia (LR)

1:30 **IS** Fantastic Father's! StoryWise™ Social (T)

3:00 **C** Bingo for Fun! (AC)

4:00 **HF** Band Exercises (LR)

6:00 **LL** Crossword Puzzle Challenge! (AC)

17

9:30 **HF** Walking Club (FL)

9:30 **IS** Morning Communion (AC)

10:00 **EF** Bean Bag Toss Tournament (T)

10:45 **HF** Trivia w/ Matthew (LR)

1:30 **SH** SHOPPING: Marshalls \$ (FL)

1:30 **LL** EL Programming Discussion w/ ELD (AC)

3:00 **PA** TECHNOLOGY: Modern Advertising (LR)

4:00 **HF** Exercises with Matthew! (LR)

6:00 **EF** Pictionary™! (AC)

18

9:30 **HF** Good Morning Walking Club (LR)

10:00 **HF** Chair Volleyball! (T)

10:45 **LL** Brain Challenge Trivia (LR)

1:30 **IS** Taboo® for the Mind (AC)

3:00 **CE** Cranium® Crunches (AC)

4:00 **HF** Light Weightlifting (LR)

6:00 **EF** JENGA Tournament (AC)

19

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Basketball Tournament (T)

10:00 **OUT** Outing: Planes of Fame in Chino (FL)

10:45 **LL** Wild Guess Trivia (LR)

1:30 **CG** Card game challenge! (AC)

3:00 **CE** Art Class: Painting a Summerset (AC)

5:30 **EF** Wednesday Night Movie (T)

6:00 **LL** Bingo with C (AC)

20

9:30 **HF** Good Morning Walking Club (LR)

10:00 **EF** Bowling Tournament (LR)

10:45 **LL** You Be the Judge! (LR)

1:30 **LL** JENGA! (T)

3:00 **W** What's in a Word? (AC)

4:00 **HF** Low-Impact Aerobic Exercises (LR)

6:00 **EF** An Evening of Cards (AC)

21

9:30 **HF** Good Morning Walking Club (LR)

10:00 **HF** Balloon Tennis (LR)

10:00 **PA** Bible Discovery (AC)

10:45 **HF** Trivia Challenge (LR)

1:30 **LL** Current Event Discussion (LR)

3:00 **C** Week's End Mocktail Hour (T)

4:00 **HF** Walk for Wellness (LR)

6:00 **IS** Bingo! with Cirenio (AC)

22 **Happy Birthday James B!**

9:30 **HF** Walking Club - Partner Up (FL)

10:00 **EF** Golfing on the Green (TG)

10:45 **HF** Engage Your Brain Trivia (TG)

1:30 **IS** StoryWise™ (T)

3:00 **LL** Boggle™ Game Play (LR)

4:00 **HF** Arthritis Exercise Class (LR)

6:00 **EF** Saturday Night Movie! (T)

23

9:30 **HF** Walking Club-Partner Up (FL)

9:30 **IS** Bible Study (AC)

10:00 **CE** Tennis Match (LR)

10:45 **HF** Trivia Challenge (LR)

1:30 **IS** Bingo! (AC)

3:00 **C** Blackjack Club (AC)

4:00 **HF** Toning Up with Exercise (LR)

6:00 **LL** Puzzle Discovery! (AC)

24

9:30 **HF** Walking Club (FL)

9:30 **IS** Morning Communion (AC)

10:00 **EF** Bean Bag Toss Tournament (T)

10:45 **HF** Matthew's Trivia and Pun's! (LR)

1:30 **EF** Scattergories® (AC)

1:30 **SH** SHOPPING: Hobby Lobby (FL)

4:00 **HF** Exercises with Matthew! (LR)

5:30 **PA** Engage your mind Games (AC)

6:00 **LL** Puzzling Puzzles- Summer Time (AC)

25

9:30 **HF** Fit Bit Walking Club (FL)

10:00 **EF** Bowling Challenge (LR)

10:45 **HF** Facts & Fun Trivia (LR)

1:30 **C** UNO® Club w/ Jon (AC)

1:30 **PA** Ambassador Meeting w/ ELD (T)

3:00 **LL** Jenga for Fun! (T)

4:00 **HF** Light Weightlifting (LR)

6:00 **HINK** HINK PINK! (LR)

26

9:30 **HF** Walking Club (FL)

10:00 **EF** Basketball Tournament (T)

10:45 **HF** Brain Quest Trivia (LR)

1:30 **EF** Finish the Line (AC)

3:00 **CE** Name That Tune In Five Clues (LR)

4:00 **HF** Band Exercises (LR)

5:30 **EF** Comedy Movie Night (T)

6:00 **LL** Bingo with C (AC)

27

9:30 **HF** Walking Club (FL)

10:00 **EF** Bean Bag Toss Challenge (T)

10:45 **LL** Trivia Challenge (LR)

1:30 **PA** Jenga! (T)

3:00 **CE** Mix and Match Art Class

4:00 **HF** Low-Impact Aerobic Chair Exercises (LR)

6:00 **EF** An Evening of Cards (AC)

28

9:30 **HF** Be Fit Walking Club (FL)

10:00 **HF** Tennis Championship (T)

10:00 **PA** Bible Discovery (AC)

10:45 **LL** Trivia Pursuit Challenge (LR)

1:30 **IS** Taboo® for Fun (AC)

3:00 **C** Crooning and Cocktails (T)

4:00 **HF** Stretch & Walk (LR)

5:30 **C** Funny Evening Movie (T)

6:00 **PA** Bingo with Cirenio (AC)

29 **Happy Birthday James D!**

9:30 **HF** Partner Up Walking Club! (LR)

10:00 **EF** Golfing on the Green (TG)

10:45 **HF** Engage Your Brain Trivia (LR)

1:30 **IS** StoryWise™ Social (T)

3:00 **EF** Blackjack w/ Jon

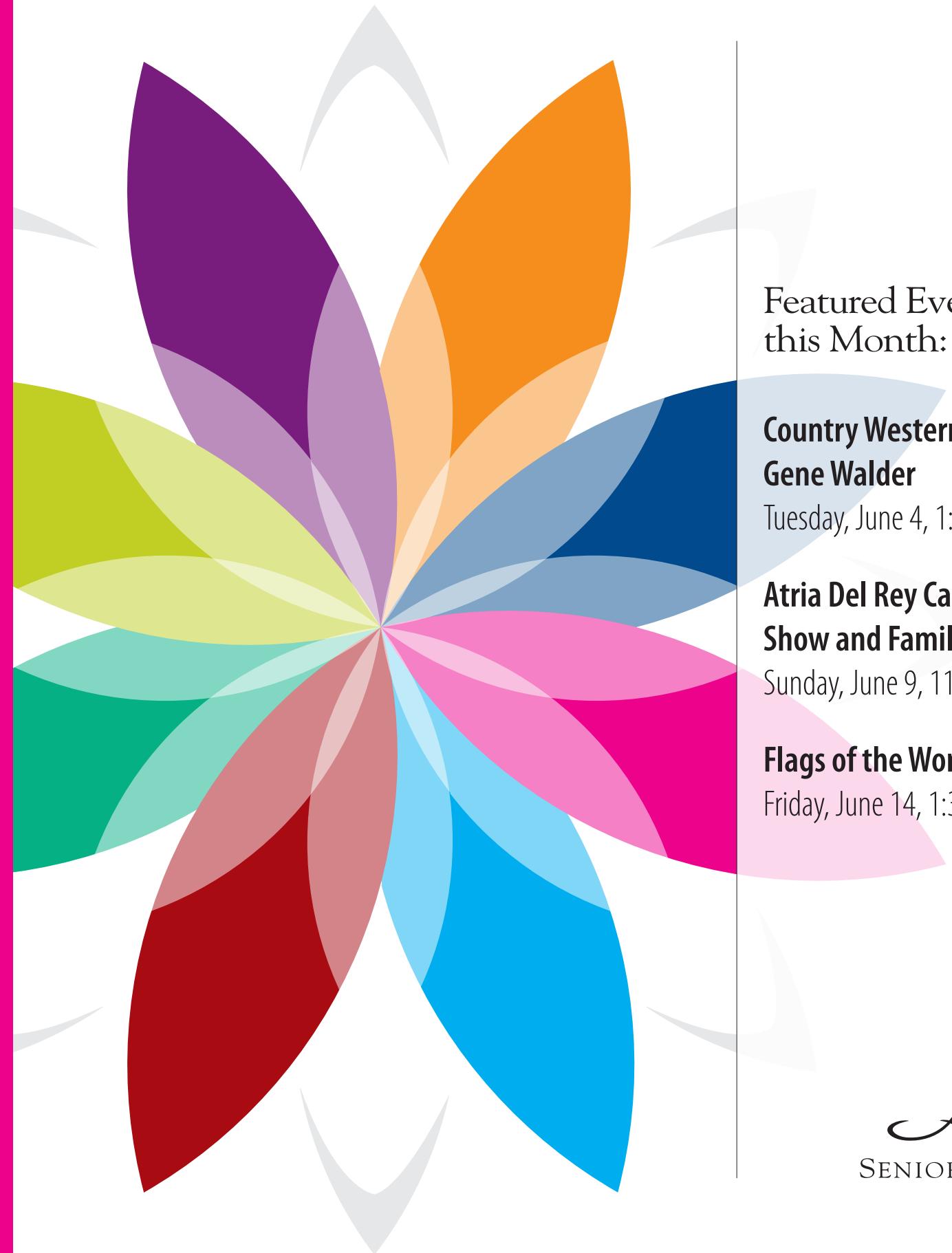
4:00 **HF** Stretch and Move Fitness Class (LR)

6:00 **EF** The Jacqi Bowe Variety Show! (T)

Boggle™ is a trademark of Parker Brothers.
Cranium™ is a trademark of Hasbro, Inc.
Jeopardy™ is a registered trademark of Jeopardy! Productions, Inc. All rights reserved.
Pictionary™ is a trademark of Hasbro, Inc.
Scattergories™ is a registered trademark of Hasbro, Inc.
Taboo™ is a registered trademark of Hasbro, Inc.
UNO™ is a registered trademark of Mattel, Inc.

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Country Western Day-
Gene Walder**
Tuesday, June 4, 1:30 PM

**Atria Del Rey Car
Show and Family BBQ!**
Sunday, June 9, 11:00 AM

Flags of the World
Friday, June 14, 1:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

- 9:00 **IS** Praise and Worship
- 9:30 **LL** Today's Top Stories
- 10:00 **HF** Dancing Chair Exercise
- 11:00 **IS** Sunday Spiritual Side
- 1:00 Beauty Session
- 2:00 **HF** Waling Club With Friends
- 3:00 **C** You Be Judge
- 3:30 **CE** Art Class Blowhole Pen Holder
- 5:30 **IS** Classical Musical In the Courtyard



ROOM LOCATION KEY:
Living Room LR
Theater T

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
Atria StoryWise

1

- 9:30 **LL** News and Views
- 10:00 **HF** Legato: Movin and Groovin Exercise
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **LL** Beauty Session
- 2:00 **HF** Walking Club for health
- 3:00 **UNO** Card Game
- 3:30 **IS** Legato: Dance to the Beat
- 4:00 **EF** Blackjack with Danielle G.
- 6:00 **IS** Aromatherapy hand massages

2

- 9:00 **IS** Praise and Worship
- 9:30 **LL** Daily Chronicle
- 10:00 **HF** Legato: Body Moving Fitness
- 11:00 **IS** Sundays Spiritual Side
- 1:30 **CE** Art Class Residents Choice
- 2:00 **EF** Balloon Volleyball Challenge
- 3:30 **EF** Legato: Gospel Singing
- 4:00 **HF** Band Exercise
- 6:00 **EF** Movie Night with friends

3

- 9:30 **LL** Today's Top Stories
- 10:00 **IS** Communion
- 10:00 **HF** Legato: Stand Up & Be Fit
- 10:30 **EF** Scenic Drive
- 11:00 **IS** Conversational Ball Toss
- 1:00 **LL** Poetry hour
- 2:00 **HF** Sit and Get Fit
- 2:30 **C** Green Tea Lemonade Social
- 3:00 **HF** Walk & Talk
- 4:00 **PA** Bowling Challenge
- 6:00 **IS** Relax with a hand Massage

4

- 9:30 **LL** Early Morning News
- 10:00 **HF** Legato: Tone it Up Tuesday
- 11:00 **LL** Engage Your Brain Trivia
- 11:00 **HF** Walking Club with Danielle. G
- 1:30 **EF** Country Western Day- Gene Walder
- 2:00 **HF** Legato: Stretch and Flex
- 3:00 **PA** Finish the Line...
- 3:30 **LL** What's In A Word?
- 4:00 **CE** Gardening with Danielle G.
- 6:00 **EF** Movie Night- Homeward Bound

5

- 9:30 **LL** News and Views
- 10:00 **HF** Legato: Morning Stretches and Balance
- 11:00 **LL** Puzzles & Trivia
- 1:00 **C** Meet and Greet with Furry Friends
- 2:00 **HF** Colorful Weights
- 3:00 **CV** Creating Cards for the Troops
- 3:30 **LL** Can You Name 5?
- 4:00 **LL** Bingo with Friends
- 6:00 **IS** Legato: Relax to Classical Music

6

- 9:30 **LL** Daily Chronicle
- 10:00 **HF** Legato: Balance & Stretch
- 11:00 **LL** Dominoes Challenge
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **EF** Legato: Rhonda & Beth's Harmony
- 2:00 **HF** Yoga Moves for Well Being
- 3:00 **HF** Walk and Talk
- 3:30 **EF** Legato: 40'S Dance Party
- 3:30 **CV** Residents Deliver Dinner to the Fireman
- 6:00 **IS** Reminiscing and hot cocoa

7

- 9:30 **LL** Current Events
- 10:00 **HF** Legato: Friday fun and fitness
- 11:00 **LL** Parachuting Balance Wave
- 1:00 **CE** Twin Pop Door Décor
- 2:00 **HF** Legato: Dance Class
- 2:30 **EF** Musical With Matt Stoneman
- 3:00 **EF** Bowling Challenge Fun!
- 3:30 **J** Legato Concert Featuring Dean Martin
- 4:00 **LL** Technology Class: World Culture
- 6:00 **EF** Friday Funnies at the Movies

8

- 9:30 **LL** News and Coffee with Danielle
- 10:00 **HF** Legato: Rise and Shine Workout
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **C** StoryWise™ Social
- 1:30 Pretty Nails with Danielle G.
- 2:00 **PA** Parachuting and Balance Wave
- 3:00 **HF** A Walk Around the Neighborhood
- 3:30 **CE** Clipping Coupons
- 6:00 **IS** Chamomile Tea & Reminiscing

9

- 9:00 **IS** Praise and Worship
- 9:30 **LL** Daily Chronicle
- 10:00 **LL** Flag Replacement
- 11:00 **IS** Spiritual Sunday-Inspiring Stories
- 11:00 **C** Atria Del Rey Car Show and Family BBQ!
- 1:00 **CE** Sates Solving Puzzle
- 2:00 **EF** Balloon Volleyball Tournament
- 2:30 **C** Ice cream social hour
- 3:00 **CE** Mermaid Message In A Bottle
- 3:30 **EF** Legato: Karaoke
- 5:30 **LL** Bingo with George R.

10

- 9:30 **LL** Mondays News Flash
- 10:00 **IS** Communion
- 10:00 **HF** Legato: Getting Fit Exercises
- 10:30 **EF** Scenic Drive
- 1:30 Bean Bag Toss (T)
- 2:00 **HF** Fun with Fitness
- 2:30 **C** Pink Lemonade Social
- 3:00 **EF** Legato: Christopher Cross-Sailing
- 4:00 **PA** Frisbee Challenge
- 6:00 **IS** Legato: Deep Breathing & A Stretch

11

- 9:30 **LL** News and Views
- 10:00 **HF** Legato: Tone It Up Tuesday
- 11:00 **HF** Walking Club with Danielle. G
- 1:30 **PA** Golf on The Terrace with Matthew
- 2:00 **HF** Chair Aerobics
- 3:00 **HF** Garden Walk
- 3:30 **EF** Legato: All Shook Up
- 4:00 Poker Fun with Danielle G.
- 5:30 **LL** Blackjack with George R.
- 6:00 **IS** Movie Night - Teachers Pet

12

- 9:30 **LL** Early Morning News
- 10:00 **HF** Legato: Wake Up Stretches
- 11:00 **LL** Tongue Twisters Trivia
- 1:00 **PA** Balloon Tennis
- 1:30 **CE** German Chocolate Bites with Chef
- 2:00 **HF** Colorful Weights
- 3:00 **PA** How Does Your Garden Grow Club?
- 3:00 **HF** Walking Club with Danielle. G
- 3:30 **EF** Bingo for chocolate
- 4:00 **PA** Residents Choice Board game
- 6:00 **IS** Warm Towels and Hot tea to Relax

13

- 9:30 **LL** Daily Chronicle
- 10:00 **HF** Legato: Early Morning Workout
- 11:00 **HF** Walking Club with Danielle. G
- 11:00 **C** Sharing Stories with Friends
- 1:00 **EF** Penny Ante
- 2:00 **HF** Legato: Dance to the beat
- 3:00 **HF** Fitbit® walking club
- 3:30 **LL** What's In A Word?
- 4:00 **EF** Balloons and Noodles Challenge
- 5:30 **EF** Residents' choice board game
- 6:00 **IS** Aromatherapy Hand Massages

Flag Day

- 9:30 **LL** Current Events
- 10:00 **HF** Chair Aerobics
- 11:00 **CE** Legato: Patriotic Marching Songs
- 1:30 **CV** Flags Of The World
- 2:00 **HF** Legato: Dance Class
- 2:30 **C** Legato: Karaoke Happy Hour
- 3:00 **EF** Legato: Songs of the 60s (T)
- 3:30 **LL** States Puzzle solving
- 5:30 **LL** Checkers tournament
- 6:00 **EF** Movie & Popcorn: The African Queen

15

- 9:30 **LL** Weekend News Events
- 10:00 **HF** Rise & Shine Ready to Move
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **CV** Creating Cards for the Troops
- 2:00 **HF** Chair Yoga
- 3:00 **EF** Bowling Challenge
- 4:00 **EF** Legato: Classic Country
- 6:00 **IS** Relaxation Music and Peppermint Tea

Father's Day

16

- 9:00 **IS** Praise and Worship
- 9:30 **LL** Sunday Morning Newsflash
- 10:00 **HF** Conductorcise®-A Sound Body Workout
- 11:00 **IS** Spiritual Sunday-Thoughtfulness
- 1:00 **PA** Jeopardy!® Challenge
- 1:30 **C** Fantastic Fathers StoryWise™
- 2:00 **EF** Balloon Volleyball Challenge
- 3:00 **EF** Musical Hour With Tony Lopez
- 6:00 **C** Movie Night : How to Steal a Million

17

- 9:30 **LL** Neighborhood News
- 10:00 **IS** Communion
- 10:00 **HF** Muscle Monday's
- 10:30 **LL** Surprise Scenic Drive
- 11:00 **EF** Battling a Balloon
- 1:00 **LL** BINGO! for Chocolate
- 2:00 **HF** Weight lifting Exercise
- 3:00 **EF** Legato: Sing Along Del Rey
- 4:00 **PA** Bean Bag Toss
- 5:30 **LL** Trivia and Talk with Doristene
- 6:00 **EF** Comedy Movie Night

18

- 9:30 **LL** Hot off the Newsstand
- 10:00 **HF** Tuesday Morning workout
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **CE** Balloon Tennis
- 2:00 **HF** Boxing and Stretching Exercises
- 3:00 **CE** Paint Class
- 3:30 **EF** Legato: Jazz Music for Flare
- 4:00 Poker For fun With Danielle G.
- 6:00 **PA** Travel Movie and Popcorn

Happy Birthday Conrad A.

19

- 9:30 **LL** New Flash Stories
- 10:00 **HF** Legato: Commit to Be Fit
- 11:00 **LL** Puzzles and board games
- 1:00 **IS** Aromatherapy Hand Massage
- 2:00 **HF** Band Stretches
- 2:30 **PA** Birthday Celebration
- 3:00 **PA** Legato- Drum circle
- 4:00 **EF** Conversational Ball Toss
- 5:30 **LL** Puzzle Mania
- 6:00 **IS** Deep Breathing & A Stretch

20

- 9:30 **LL** Daily Chronicle
- 10:00 **HF** Legato: Dance for Fitness
- 11:00 **PA** Dominoes
- 11:00 **HF** Walking Club with Danielle. G
- 1:30 **EF** Legato: Sing w/ Rhonda & Beth
- 2:00 **HF** Legato: Yoga Stretching
- 3:00 **UNO** Card Game
- 3:30 **CV** Creative Writing- Write Encouraging Words
- 5:30 **PA** Trivia with Doris B.
- 6:00 **IS** Travel Movie with Area Food

Happy Birthday Anne W.

21

- 9:30 **LL** News Information from the Headlines
- 10:00 **HF** Friday Morning Exercise
- 1:00 **C** Bingo for Chocolates (T)
- 2:00 **HF** Legato: Dance Class
- 2:30 **PA** Birthday Celebration
- 3:00 **CE** Art Class: Drawing the famous mouse
- 3:30 **EF** Legato: Mouseketeers Theme songs
- 5:30 **C** UNO® Card game with Mary B
- 6:00 **IS** Movie Night & Hot Cocoa Residents Choice

22

- 9:30 **LL** Today's Top Stories
- 10:00 **HF** Saturday's Early Workout
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **LL** UNO® Card Game
- 1:30 **LL** Cooking Easy Chocolate Pudding
- 2:00 **HF** Walk to the Country Store
- 3:00 **PA** Last Word Game
- 3:30 **C** Legato: Good Tunes
- 4:00 **EF** Bean Bag Toss Tournament
- 6:00 **IS** Relax and remember

23

- 9:00 **IS** Praise and Worship
- 9:30 **LL** Headline News
- 10:00 **HF** Be Fit Exercises
- 11:00 **IS** Sunday's Spiritual Study-Inspiration
- 1:00 **LL** United States Challenge
- 2:00 **EF** Balloon Volleyball Tournament
- 2:30 **PA** Birthday Celebration
- 3:00 **HF** Take a Walk with Me
- 3:30 **EF** Legato: Bing Crosby
- 6:00 **C** Spa and Nail Night

Happy Birthday Olga G.

24

- 9:30 **LL** It's News Time
- 10:00 **IS** Communion
- 10:00 **HF** Flex and Stretch Exercise
- 10:30 **EF** Out & About Scenic Drive
- 11:00 **LL** Fun with Words
- 1:00 **CE** Art Class Residents Choice
- 2:00 **HF** Body Stretches
- 2:30 **PA** Birthday Celebration
- 3:00 **EF** Frisbee Toss Challenge
- 4:00 **IS** Legato-Sing Along Lawrence Welk
- 6:00 **IS** Warm Towels & Hand Massage

25

- 9:30 **LL** News and Views
- 10:00 **HF** Total Body Workout
- 11:00 **LL** Bingo! for Fun
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **C** Penny Ante
- 2:00 **HF** Legato: Flex & Stretch
- 3:00 **HF** Garden Walk
- 3:30 **EF** Parachuting Balanced Wave
- 5:30 **LL** Jenga Challenge
- 6:00 **EF** Hot Popcorn and A Travel Movie

26

- 9:30 **LL** Today in News
- 10:00 **HF** Early Morning Fitness
- 10:30 **EF** Outing Amies Fram
- 11:00 **HF** Trivia and Puzzles
- 1:00 **EF** Horseshoe Challenge On the terrace
- 2:00 **HF** Weight lifting class
- 3:00 **EF** Batting a Balloon (LR)
- 3:30 **PA** Legato: SINGING PARTY Mary W. & Doris B.
- 6:00 **IS** Relaxing Hand Massages

27

- 9:30 **LL** Daily Chronicle
- 10:00 **HF** Legato: Dancing Chair Exercises
- 11:00 **HF** Walking Club with Danielle. G
- 1:00 **HF** Legato: Moving and Grooving
- 2:00 **UNO** Card Game with Irene
- 3:00 **PA** Welcome to the Neighborhood
- 3:30 **CE** Poetry Reading
- 4:00 **EF** Kickball on the Terrace
- 6:00 **IS** Aromatherapy-Lavender Hand Massage

28

- 9:30 **LL** Today's Newsflash
- 10:00 **HF** Friday Morning Workout
- 11:00 **C** Explorers Club
- 1:00 **EF** Legato: Friday 50's Dance Party
- 2:00 **HF** Legato: Dance Class
- 2:30 **C** Legato: Karaoke Happy hour
- 3:00 **CV** Creative Writing: Write A Love Note
- 3:30 **PA** No Mess Abstract Painting
- 6:00 **EF** Movie- Around the World in 80 days

29

- 9:30 **LL** Del Rey Daily Chronicle
- 10:00 **HF** Legato Morning Exercise on the Terrace
- 11:00 Bingo For Fun!
- 1:30 **PA** Shooting Hoops
- 2:00 **HF** Partner Up Walking Club
- 3:00 **CE** Art Class Dandelion Print
- 4:00 Poker For Fun With Danielle G.
- 5:30 **IS** Winding The Day Down