

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Entertainment by Tony Lopez

Friday, September 3, 6:00 PM

Traditions of Rosh

Hashanah: Honey

Sunday, September 5, 3:30 PM

Pioneer Town & Pappy & Harriet's

Wednesday, September 29, 10:00 AM



SEPTEMBER 2021

ATRIA HACIENDA engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

| | | | | | | | |
|--|--|---|--|--|--|---|--|
| <p>9:00 RSF St. Francis Church/La Quinta (LBY) 5</p> <p>9:00 RSF Sacred Heart Church/Palm Desert (LBY)</p> <p>10:00 HPF Tai Chi: Balance & Posture</p> <p>10:00 SCE Movie (pending selection) (MT)</p> <p>11:00 SCE Labor Day Brain Challenge Handout (CR)</p> <p>1:00 CPI Hand & Foot Game w/ Beth (CF)</p> <p>1:30 W We Love Bingo Sunday Bingo w/ Claudia (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Goal Setting Fitness Challenge (LBY)</p> <p>3:30 RSF Traditions of Rosh Hashanah: Honey (ACT)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>LABOR DAY 6</p> <p>9:00 W Wal*Mart Shopping (LBY)</p> <p>10:30 HPF Lower Body Conditioning w/ Steve (CR)</p> <p>11:00 HPF Working on Well-being (CR)</p> <p>1:00 SCE Mexican Train Dominoes (CF)</p> <p>1:30 W What's in a Word? (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 RSF History & Celebration of Rosh Hashanah</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 CPI Page Turner's Book Club w/ Cheryl (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>9:00 W Walgreens Sr. Day 20% Off (LBY) 7</p> <p>10:00 HPF Posture and Stretch Fitness Class (CR)</p> <p>1:30 CEA Floral Arranging w/ Claudia (ACT)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CPI First Responder Project (ACT)</p> <p>3:30 CEA Floral Arranging w/ Life Guidance® (C)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>INTERNATIONAL LITERACY DAY 8</p> <p>10:30 HPF Upper Body Conditioning (CR)</p> <p>11:00 RSF Bible Study Series w/ Jenni (L)</p> <p>11:15 LIS ODU: Reinventing English (CR)</p> <p>11:30 SCE Palm Desert High School Field Trip (LBY)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:00 SCE Resident Association Mtg (CR)</p> <p>2:30 HPF Walking Challenge: Moving for Memory (LBY)</p> <p>3:30 SCE Reminiscing: A Day at Work (CR)</p> <p>4:00 SCE Sips and Dips Happy Hour (CL)</p> <p>6:15 W Wednesday Night Bingo (CR)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>1</p> <p>10:30 HPF Upper Body Conditioning (CR)</p> <p>11:00 RSF Bible Study Series w/ Jenni (L)</p> <p>11:00 SCE Lunch/Shopping Old Towne La Quinta (LBY)</p> <p>1:30 SCE Coming Together Project Launch (C)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>4:00 HPF Tai Chi: Balance & Posture</p> <p>4:00 SCE Gin and Jazz Happy Hour (CL)</p> <p>6:15 W Wednesday Night Bingo (CR)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>2</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 HPF Dance & Movement: Cowboy Charleston (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CPI Work Wisdom Part I (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>3</p> <p>9:30 HPF Aqua Exercise w/ Rita (resident) (POL)</p> <p>10:30 HPF Total Body Conditioning - Advanced (CR)</p> <p>1:00 CPI Hand and Foot Game w/ Beth (ACT)</p> <p>1:00 RSF Shabbat Services w/ Rabbi Zionts (L)</p> <p>1:30 SCE Mexican Bingo (Loteria) w/ Jose (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:00 CPI Resident Council Meeting (CL)</p> <p>2:30 HPF Walking Challenge: Moving For Memory (LBY)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 SCE Entertainment by Tony Lopez (CR)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>4</p> <p>8:00 SCE PG Putters on the Greens (PG)</p> <p>9:00 SCE 99 Cents Store/Rite Aide (LBY)</p> <p>10:00 SCE Movie (pending selection) (MT)</p> <p>10:30 HPF Yoga Flow with Chelsea (CR)</p> <p>1:00 CPI Mahjong Club w/ Sydney (CF)</p> <p>1:30 W We Love Bingo w/ Theresa (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 SCE Wii® w/ Me (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> |
| <p>GRANDPARENTS DAY 12</p> <p>9:00 RSF St. Francis Church/La Quinta (LBY)</p> <p>9:00 RSF Sacred Heart Church/Palm Desert (LBY)</p> <p>10:00 SCE Movie (pending selection) (MT)</p> <p>10:00 HPF Tai Chi: Balance & Posture</p> <p>1:00 CPI Hand & Foot Game w/ Beth (CF)</p> <p>1:30 W We Love Sunday Bingo w/ Claudia (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 LIS ODU: The Universe & You (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>13</p> <p>10:00 CPI Palaver with the Prez! (CL)</p> <p>10:30 HPF Lower Body Conditioning w/ Steve (CR)</p> <p>1:00 SCE Mexican Train Dominoes (CF)</p> <p>1:30 W What's in a Word? (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving for Memory (LBY)</p> <p>3:30 LIS Zodiac & Horoscope of September (ACT)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 CPI Page Turner's Book Club w/ Cheryl (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>14</p> <p>10:00 HPF Posture and Stretch Fitness Class (CR)</p> <p>1:30 CEA Floral Arranging w/ Claudia (ACT)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CEA Creating Water Globes (ACT)</p> <p>3:30 CEA Floral Arranging w/ Life Guidance® (C)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>YOM KIPPUR 15</p> <p>9:30 SCE Riley's Farm (Beaumont) (LBY)</p> <p>10:30 HPF Upper Body Conditioning</p> <p>11:00 RSF Bible Study Series w/ Jenni (L)</p> <p>11:15 HPF Working on Well-being (CR)</p> <p>1:30 SCE Skip Bo Card Game w/ Claudia (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>4:00 SCE Oktoberfest Happy Hour (CL)</p> <p>6:15 W Wednesday Night Bingo (CR)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>9</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 HPF Dance & Movement: Cupid Shuffle (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CEA Music History: Country (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>10</p> <p>9:00 SCE Coffee Chat w/ ED (CL)</p> <p>9:30 HPF Aqua Exercise w/ Rita (resident) (POL)</p> <p>10:30 HPF Total Body Conditioning - Advanced (CR)</p> <p>1:00 CPI Hand and Foot Game w/ Beth (ACT)</p> <p>1:00 RSF Shabbat Services w/ Rabbi Zionts (L)</p> <p>1:30 SCE Mexican Bingo (Loteria) w/ Jose (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving For Memory (LBY)</p> <p>3:30 CPI Honoring First Responders (ACT)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>PATRIOT DAY 11</p> <p>8:00 SCE PG Putters on the Greens (PG)</p> <p>9:00 SCE Movie (pending selection) (MT)</p> <p>10:30 HPF Yoga Flow with Chelsea (CR)</p> <p>1:00 CPI Mahjong Club w/ Sydney (CF)</p> <p>1:30 W We Love Bingo w/ Theresa (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 SCE Wii® w/ Me (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | |
| <p>19</p> <p>9:00 RSF St. Francis Church/La Quinta (LBY)</p> <p>9:00 RSF Sacred Heart Church/Palm Desert (LBY)</p> <p>10:00 SCE Movie (pending selection) (MT)</p> <p>10:00 HPF Tai Chi: Balance & Posture</p> <p>1:00 CPI Hand & Foot Game w/ Beth (CF)</p> <p>1:30 W We Love Sunday Bingo w/ Claudia (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 SCE Oktoberfest Traditions Around the Globe (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>20</p> <p>10:30 HPF Lower Body Conditioning w/ Steve (CR)</p> <p>1:00 SCE Mexican Train Dominoes (CF)</p> <p>1:30 W What's in a Word? (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving For Memory (LBY)</p> <p>3:30 LIS ODU: The Musical Genius of Mozart (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 CPI Page Turner's Book Club w/ Cheryl (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>WORLD GRATITUDE DAY 21</p> <p>10:00 HPF Posture and Stretch Fitness Class (CR)</p> <p>11:00 SCE PositivTea: Gratitude (CR)</p> <p>1:30 CEA Floral Arranging Class w/ Claudia (ACT)</p> <p>2:00 CPI Food For Thought - Culinary Led (CL)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CEA Floral Arranging w/ Life Guidance® (C)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 SCE Entertainment by Pianist Kristen Spath (CR)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>AUTUMN EQUINOX (FALL BEGINS) 22</p> <p>10:00 SCE Picnic @ White Water Preserve (LBY)</p> <p>10:30 HPF Upper Body Conditioning (CR)</p> <p>11:00 RSF Bible Study Series w/ Jenni (L)</p> <p>1:30 CEA Floral Arranging w/ Claudia (ACT)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving for Memory (LBY)</p> <p>3:30 LIS Senior Tech Hour w/ Claudia (CPU)</p> <p>4:00 SCE PositivTea: Happy Hour (CL)</p> <p>6:15 W Wednesday Night Bingo (CR)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>16</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 HPF Dance & Movement: Papa Loves Mambo (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 LIS Senior Tech Hour w/ Claudia (CPU)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>CONSTITUTION DAY 17</p> <p>9:30 HPF Aqua Exercise w/ Rita (resident) (POL)</p> <p>10:30 HPF Total Body Conditioning - Advanced (CR)</p> <p>1:00 CPI Hand and Foot Game w/ Beth (ACT)</p> <p>1:00 RSF Shabbat Services w/ Rabbi Zionts (L)</p> <p>1:30 SCE Mexican Bingo (Loteria) w/ Jose (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving for Memory (LBY)</p> <p>3:30 LIS Crossword Puzzle w/ Theresa (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>Octoberfest Begins in Germany 18</p> <p>8:00 SCE PG Putters on the Greens (PG)</p> <p>9:00 SCE Movie (pending selection) (MT)</p> <p>10:30 HPF Yoga Flow with Chelsea (CR)</p> <p>1:00 CPI Mahjong Club w/ Sydney (CF)</p> <p>1:30 W We Love Bingo w/ Theresa (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 LIS History & Origins of Oktoberfest (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | |
| <p>26</p> <p>9:00 RSF Sacred Heart Church/Palm Desert (LBY)</p> <p>9:00 RSF St. Francis Church/La Quinta (LBY)</p> <p>10:00 HPF Tai Chi: Balance & Posture</p> <p>10:00 SCE Movie (pending selection) (MT)</p> <p>1:00 CPI Hand & Foot Game w/ Beth (CF)</p> <p>1:30 W We Love Sunday Bingo w/ Claudia (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CEA UV-Sun Paper Project (ACT)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>27</p> <p>10:30 HPF Lower Body Conditioning (CR)</p> <p>1:00 SCE Mexican Train Dominoes (CF)</p> <p>1:30 W What's in a Word? (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving for Memory (LBY)</p> <p>3:30 SCE Coming Together Project Presentation (ACT)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 CPI Page Turner's Book Club w/ Cheryl (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>28</p> <p>10:00 HPF Posture and Stretch Fitness Class (CR)</p> <p>1:30 SCE Skip Bo Card Game w/ Claudia (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CEA Floral Arranging w/ Life Guidance® (C)</p> <p>3:30 CEA Musical Journaling Club (ACT)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>29</p> <p>10:00 SCE Pioneer Town & Pappy & Harriet's (LBY)</p> <p>10:30 HPF Upper Body Conditioning (CR)</p> <p>11:00 RSF Bible Study Series w/ Jenni (L)</p> <p>1:30 CEA Floral Arranging w/ Claudia (ACT)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving for Memory (LBY)</p> <p>3:30 LIS Senior Tech Hour w/ Claudia (CPU)</p> <p>4:00 SCE Ice Cream "Bar" Happy Hour (CL)</p> <p>6:15 W Wednesday Night Bingo (CR)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>23</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 CPI Refinishing Furniture (ACT)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CPI Engage Life® Planning Meeting (CR)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>24</p> <p>9:00 SCE Coffee Chat w/ ED (CL)</p> <p>9:30 HPF Aqua Exercise w/ Rita (resident) (POL)</p> <p>10:30 HPF Total Body Conditioning - Advanced (CR)</p> <p>1:00 CPI Hand and Foot Game w/ Beth (ACT)</p> <p>1:00 RSF Shabbat Services w/ Rabbi Zionts (L)</p> <p>1:30 SCE Mexican Bingo (Loteria) w/ Jose (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Moving for Memory (LBY)</p> <p>3:30 LIS Crossword Puzzle w/ Theresa (ACT)</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>25</p> <p>8:00 SCE PG Putters on the Greens (PG)</p> <p>9:00 SCE Movie (pending selection) (MT)</p> <p>10:30 HPF Yoga Flow with Chelsea (CR)</p> <p>1:00 CPI Mahjong Club w/ Sydney (CF)</p> <p>1:30 SCE Entertainment with Ken Green (CR)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>2:30 HPF Walking Challenge: Walking for Memory (LBY)</p> <p>3:30 CEA Creating Art from the Scents We Smell</p> <p>4:00 SCE Cocktail Social Hour (CL)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | |
| <p>30</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 CPI Block Party Show & Tell (LBY)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 CPI Ambassador Club Meeting (CR)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>ROOM LOCATION KEY:</p> <p>Movie Theatre MT</p> <p>Community Room CR</p> <p>Lobby LBY</p> <p>Library L</p> <p>Activity Room ACT</p> <p>Cocktail Lounge CL</p> <p>Computer Room CPU</p> <p>Life Guidance Courtyard C</p> <p>Putting Green PG</p> <p>Cognitive Fitness CF</p> <p>Pool POL</p> | <p>30</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 CPI Block Party Show & Tell (LBY)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 CPI Ambassador Club Meeting (CR)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>30</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 CPI Block Party Show & Tell (LBY)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 CPI Ambassador Club Meeting (CR)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>30</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 CPI Block Party Show & Tell (LBY)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 CPI Ambassador Club Meeting (CR)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>30</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 CPI Block Party Show & Tell (LBY)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 CPI Ambassador Club Meeting (CR)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | <p>30</p> <p>10:00 HPF Total Body Conditioning - Beginner</p> <p>11:15 SCE Left, Center, Right Dice Game (CR)</p> <p>1:30 CPI Block Party Show & Tell (LBY)</p> <p>2:00 SCE Movie (pending selection) (MT)</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 CPI Ambassador Club Meeting (CR)</p> <p>6:00 LIS Page Turners Book Club (L)</p> <p>6:30 SCE Movie (pending selection) (MT)</p> | |

Wii® is a trademark of Nintendo of America, Inc.

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Labor Day Celebration
Monday, September 6, 2:30 PM

Oktoberfest Happy Hour
Wednesday, September 15, 3:15 PM

Ice Cream "Bar" Happy Hour
Wednesday, September 29, 3:15 PM



SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

| | | | | | | |
|--|---|--|---|--|--|---|
| <p>5</p> <p>9:30 RSF Songs of Praise Sing Along (LR)</p> <p>10:00 RSF Virtual Catholic Mass (LR)</p> <p>10:45 HPF Tai Chi: Balance & Posture (C)</p> <p>11:30 LIS Welcome to September Day</p> <p>1:15 SCE Beach Blanket Music: Annette Funicello</p> <p>2:00 SCE Sunday Movie Matinee Day (LR)</p> <p>3:45 CEA Universal Yums Program (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 LIS Documentary Film</p> | <p>6</p> <p>10:00 HPF Let's Get Moving Bingo! (C)</p> <p>11:30 SCE StoryWise™ Cards (LR)</p> <p>1:15 CEA Music Reminiscing: A Day at Work</p> <p>2:00 HPF Just Kick It (Soccer) (C)</p> <p>2:30 SCE Labor Day Celebration</p> <p>3:00 LIS TRIVIA (LR)</p> <p>3:00 CEA Flower Arranging (PC)</p> <p>4:00 HPF Name That Tune (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 SCE Evening Movie</p> | <p>7</p> <p>10:00 LIS History Program (LR)</p> <p>10:45 HPF Music & Cardio with Mary (LR)</p> <p>11:15 HPF Finishing Lines (LR)</p> <p>1:15 CEA 1964 Music: Dancing in the Streets</p> <p>2:00 SCE An Afternoon with the Beach Boys</p> <p>3:00 HPF Heads Up!</p> <p>3:15 HPF Bean Bag Toss (C)</p> <p>3:45 LIS TED TALKS (LR)</p> <p>4:30 HPF Walking Club (C)</p> | <p>8</p> <p>10:00 HPF News and Views</p> <p>10:45 HPF Hatha Flow Yoga with Serena (LR)</p> <p>11:00 HPF Bob Millspaugh</p> <p>1:15 CEA Country Music: Patsy Cline</p> <p>2:00 HPF Mini Golf</p> <p>3:15 SCE Sips and Dips Happy Hour</p> <p>3:45 LIS National Geographic Lifelong Learning (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>9</p> <p>10:00 LIS Daily Inspirations Newsletter</p> <p>11:30 HPF Music Camp Songs</p> <p>1:30 HPF Tune up Hand Weights</p> <p>2:00 CEA Beautiful Bead Work</p> <p>3:00 SCE Garden Club</p> <p>4:00 LIS Music Reminiscing: The Power of Love</p> <p>4:00 CPI Atria Spotlight: Africa</p> <p>6:00 SCE Movie and Popcorn</p> | <p>10</p> <p>10:00 LIS Media Buzz</p> <p>10:45 HPF Rise & Thrive Exercise Class (LR)</p> <p>11:30 HPF Jokes and Laughter</p> <p>1:00 HPF Stretch and Balance</p> <p>2:00 HPF Pictionary™</p> <p>3:30 LIS Musical Debate: Hit Songs</p> <p>3:30 HPF Boxing for Balance</p> <p>4:30 SCE Mocktail Hour</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>4</p> <p>10:00 HPF Drumming Exercise Class (LR)</p> <p>10:45 LIS Honoring Purple Heart Recipients (LR)</p> <p>11:30 HPF National Joke Day (LR)</p> <p>1:15 SCE Dance Movement: The Hustle</p> <p>2:00 HPF Bowling (C)</p> <p>2:30 SCE Ice Cream Social (C)</p> <p>3:00 HPF Bingo!</p> <p>3:45 CEA Beach Sensations Sand Art (PC)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> |
| <p>12</p> <p>9:30 RSF Songs of Praise Sing Along (LR)</p> <p>10:00 RSF Virtual Catholic Service (LR)</p> <p>10:45 HPF Tai Chi: Balance & Posture (C)</p> <p>11:30 LIS Health Habits of Olympic Champions (LR)</p> <p>1:15 CEA Music Trivia: Frank Sinatra</p> <p>2:00 SCE Sunday Movie Matinee Day (LR)</p> <p>2:30 SCE Fried Chicken & Waffles Social (C)</p> <p>3:45 LIS Greek Mythology</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 LIS Documentary Film (LR)</p> | <p>13</p> <p>10:00 HPF Let's Get Moving Bingo (C)</p> <p>10:45 LIS Book Lovers Day (LR)</p> <p>11:30 SCE Literary Appreciation: Short Stories (LR)</p> <p>1:15 CEA Music Composer: Gabriel Charpentier</p> <p>2:00 HPF Just Kick It (Soccer) (C)</p> <p>3:00 LIS Eight Books That Changed the World (LR)</p> <p>3:00 CEA Flower Arranging (PC)</p> <p>4:00 HPF Name That Tune (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>14</p> <p>10:00 LIS History Program (LR)</p> <p>10:45 HPF Music & Cardio with Mary (C)</p> <p>11:15 LIS Founding of the Smithsonian Institution (TH)</p> <p>1:15 CEA Patriotic Music: Star Spangled Banner</p> <p>2:00 HPF Bean Bag Toss (C)</p> <p>3:00 SCE Drama Club (LR)</p> <p>4:00 HPF Heads Up (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>15</p> <p>10:00 HPF News and Views</p> <p>10:45 HPF Hatha Flow Yoga with Serena (C)</p> <p>11:15 HPF Community Crossword Puzzles (C)</p> <p>1:15 CEA Music Playlist: John Fogerty</p> <p>2:00 HPF Mini Golf (LR)</p> <p>3:15 SCE Oktoberfest Happy Hour</p> <p>3:45 LIS Fall Into September</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Moving (LR)</p> | <p>16</p> <p>10:00 LIS Scenic Drive</p> <p>11:30 HPF Spin to Win! (LR)</p> <p>1:15 CEA Blues Music: B.B. King</p> <p>2:15 HPF Zumba® Gold with Kathy (LR)</p> <p>3:00 SCE Reminiscing: Air Travel (C)</p> <p>4:00 CPI Atria Spotlight (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>17</p> <p>10:00 HPF Rise & Thrive Exercise Class (LR)</p> <p>10:45 LIS River Dancing Day (LR)</p> <p>11:30 CPI Random Acts of Kindness (LR)</p> <p>1:15 CEA International Country Music</p> <p>2:00 HPF Knock it out of the Park (Baseball) (C)</p> <p>2:30 CEA Chef Demo: Cake Pops</p> <p>3:30 RSF Animal Lovers Program (LR)</p> <p>3:30 LIS Enrichment Speak Rick Deutsch (TH)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>18</p> <p>10:00 HPF Drumming Exercise Class (LR)</p> <p>10:45 LIS National Senior Citizens Day (LR)</p> <p>11:30 CEA Sensory Program (LR)</p> <p>1:15 CEA Dance Movement: Papa Loves Mambo</p> <p>2:00 HPF Bowling (C)</p> <p>2:30 SCE Ice Cream Social (C)</p> <p>2:45 HPF Bingo!</p> <p>3:45 LIS ODU Lecture: The Art of Aging (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> |
| <p>19</p> <p>9:30 RSF Songs of Praise Sing Along (LR)</p> <p>10:00 RSF Virtual Catholic Mass (LR)</p> <p>10:45 SCE Conversation Cards (C)</p> <p>10:45 HPF Tai Chi: Balance & Posture (C)</p> <p>11:30 LIS Woodstock Anniversary (LR)</p> <p>1:15 CEA Music Reminiscing: School Days</p> <p>2:00 SCE Sunday Movie Matinee Day (LR)</p> <p>3:45 LIS Brain Teasers (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 LIS Documentary Film (LR)</p> | <p>20</p> <p>10:00 HPF Let's Get Moving! Bingo (C)</p> <p>10:45 LIS The Philosophy of Humor (LR)</p> <p>11:30 SCE Express Yourself: Sign Language</p> <p>1:15 CEA Cartoon Music History: The Archies</p> <p>2:00 HPF Laughter Therapy (C)</p> <p>3:00 LIS Famous Faces: Greta Garbo</p> <p>3:00 CEA Flower Arranging (PC)</p> <p>4:00 HPF Name That Tune (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>21</p> <p>10:00 LIS History Program (LR)</p> <p>10:45 HPF Music & Cardio with Mary (LR)</p> <p>11:15 HPF Finishing Lines (LR)</p> <p>1:15 CEA Country Music Hall of Fame</p> <p>2:00 SCE An Afternoon with the California Girls (LR)</p> <p>3:00 HPF Bean Bag Toss (LR)</p> <p>3:45 LIS TED TALKS (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>22</p> <p>10:00 HPF News and Views</p> <p>10:45 HPF Hatha Flow Yoga with Serena (C)</p> <p>11:00 HPF Bob Millspaugh</p> <p>1:15 CEA Music Playlist: Season of Autumn</p> <p>2:00 HPF Mini Golf (C)</p> <p>3:15 SCE Positivitea Happy Hour</p> <p>4:00 LIS Language of Roses</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie</p> | <p>23</p> <p>10:00 LIS Scenic Drive</p> <p>11:30 HPF Getting to Know You: Life Stories</p> <p>1:15 CEA Defining Music Genres: Classical Music</p> <p>2:15 HPF Zumba® Gold with Kathy (LR)</p> <p>3:30 SCE Reminiscing: Summer Vacations (LR)</p> <p>4:00 CPI Atria Spotlight (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>24</p> <p>10:00 HPF Balance & Mobility Game Board (C)</p> <p>10:45 LIS Around the World in 80 Days</p> <p>11:30 HPF Spin to Win! (LR)</p> <p>1:15 CEA Sing Across Canada: Gordon Lightfoot</p> <p>2:30 SCE Mad Hatter Tea Party</p> <p>3:30 RSF Animal Lovers Program (LR)</p> <p>3:30 LIS Enrichment Speak Rick Deutsch (TH)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>25</p> <p>10:00 HPF Drumming Exercise Class (LR)</p> <p>10:45 LIS I Have A Dream Day (LR)</p> <p>11:30 CEA Library Appreciation: Short Stories (LR)</p> <p>1:15 CEA Music: The Porter Wagoner Show</p> <p>2:00 HPF Basketball Shoots (C)</p> <p>2:30 SCE Ice Cream Social (C)</p> <p>2:45 HPF Bingo!</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> |
| <p>26</p> <p>9:30 RSF Songs of Praise Sing Along (LR)</p> <p>10:00 RSF Virtual Catholic Service (LR)</p> <p>10:00 SCE Conversation Cards (C)</p> <p>10:45 HPF Tai Chi: Balance & Posture (C)</p> <p>11:30 LIS Famous Composers (LR)</p> <p>1:15 CEA Music Advertisement</p> <p>2:00 SCE Sunday Movie Matinee Day (LR)</p> <p>3:30 CEA Sunflower Paintings (PC)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 LIS Documentary Film (LR)</p> | <p>27</p> <p>10:00 HPF Let's Dance Music: The Hustle (C)</p> <p>10:45 LIS Famous Faces: Gene Kelly (LR)</p> <p>11:30 SCE StoryWise™ Cards (LR)</p> <p>1:15 CEA Music Journaling Program: John Denver</p> <p>2:00 HPF Just Kick It (Soccer) (C)</p> <p>3:00 LIS TRIVIA (LR)</p> <p>3:00 CEA Flower Arranging (PC)</p> <p>4:00 HPF Name That Tune (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>28</p> <p>10:00 LIS History Program (LR)</p> <p>10:45 HPF Music & Cardio with Mary (LR)</p> <p>11:15 HPF Finishing Lines (LR)</p> <p>1:15 CEA Defining Music Genres: The Beatles</p> <p>2:00 HPF Bean Bag Toss (C)</p> <p>2:30 SCE World Renowned Pasta Dishes</p> <p>3:00 LIS TED Talks (LR)</p> <p>3:00 CEA Creative Expressions (PC)</p> <p>3:45 SCE Drama Club (LR)</p> <p>4:30 HPF Walking Club (C)</p> <p>6:15 HPF Evening Movie (LR)</p> | <p>29</p> <p>10:00 HPF News and Views</p> <p>10:45 HPF Hatha Flow Yoga with Serena</p> <p>11:15 HPF Community Crossword Puzzles</p> <p>1:30 CEA Spotlight: California Missions</p> <p>2:00 HPF Mini Golf</p> <p>3:15 SCE Ice Cream "Bar" Happy Hour</p> <p>4:00 HPF Bowling</p> <p>4:30 CEA Reminiscing: Bing Crosby & Dixie Lee</p> <p>6:00 SCE Movies and Popcorn</p> | <p>30</p> <p>10:00 LIS Scenic Drive</p> <p>11:30 SCE Family Feud™</p> <p>1:30 HPF Fencing for Fitness</p> <p>2:00 CEA Beautiful Bead Work</p> <p>2:30 SCE Storytelling Circle</p> <p>3:30 HPF Go For a Group Walk</p> <p>4:30 CEA Broadway Music: Julie Andrews</p> <p>6:00 SCE Movie and Popcorn</p> | <p>ROOM LOCATION KEY:</p> <p>Courtyard C</p> <p>Living Room LR</p> <p>Program Corner PC</p> <p>Theater TH</p> | |

Family Feud™ is a trademark of FremantleMedia Operations BV.
Pictionary™ is a trademark of Hasbro, Inc.
Scrabble™ is a registered trademark of Hasbro, Inc.
Zumba® is a registered trademark of Zumba Fitness, LLC