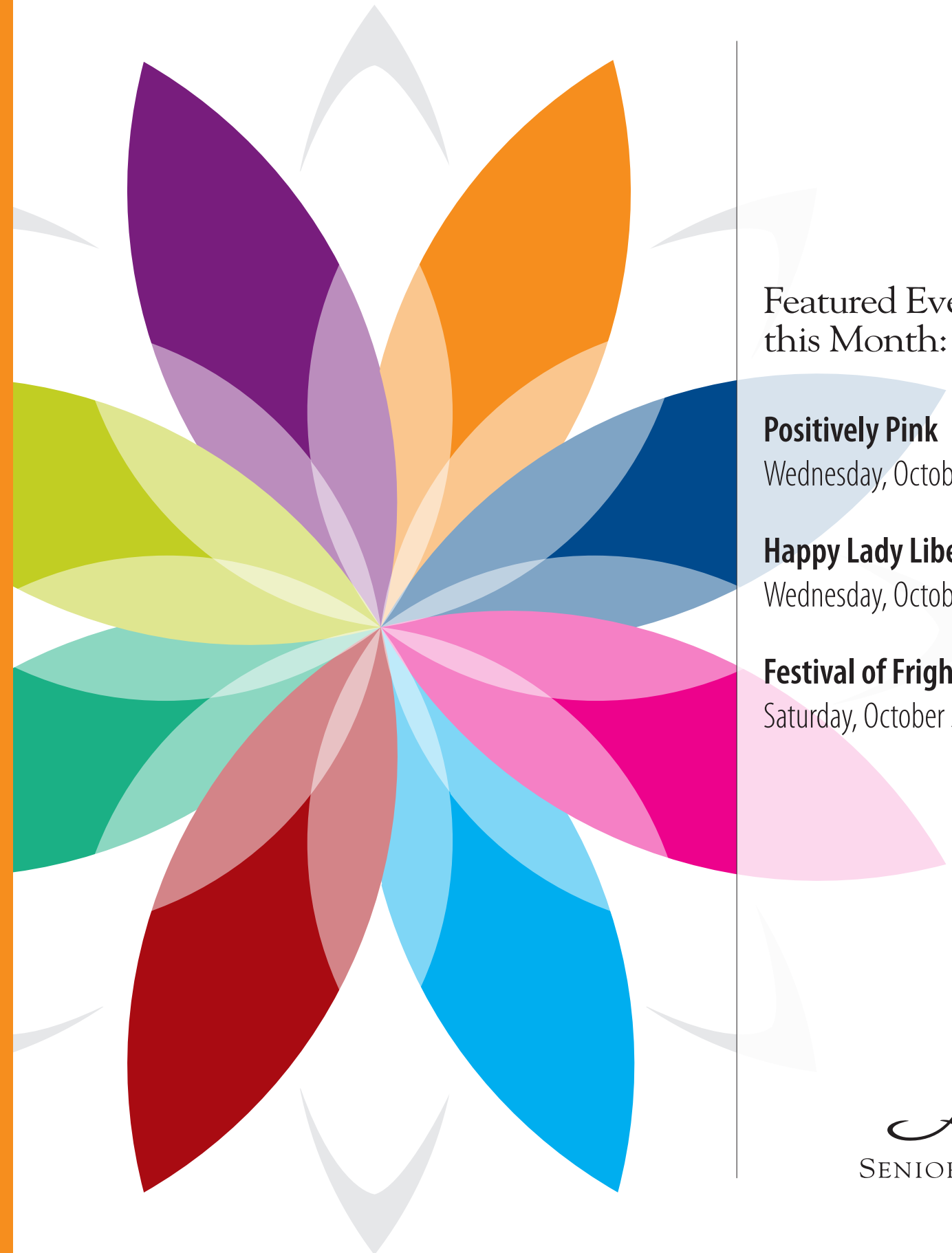


# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Positively Pink**  
Wednesday, October 14, 1:30 PM

**Happy Lady Liberty Day!**  
Wednesday, October 28, 1:30 PM

**Festival of Fright**  
Saturday, October 31, 1:30 PM

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

# OCTOBER 2020

# ATRIA PARK OF BAYPOINT VILLAGE

engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

**ROOM LOCATION KEY:**

- Lobby LOB
- Dining Room DR
- Library LIB
- At Your Door AYD
- Dial In DI
- Balcony/Window Programs BWP
- Conference Line CL
- Delivery Service DS
- Parking Lot PL

**STAFF KEY:**

- Instructor Led IL
- Candy Can
- Resident Led RL
- Entertainment ENT
- Melinda ELD
- Delaney Del
- Jean Jea
- Vicki Vic

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Jeopardy!™ is a registered trademark of Jeopardy!Productions, Inc. All rights reserved.

<p><b>4</b></p> <p>8:30 <b>IS</b> Bible Study Delivery (AYD) (IL)</p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> 5 Seconds Challenge (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (Del)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>CE</b> Ink Spot Journal Class (CL) (Del)</p> <p>3:00 Bingo (CL) (Del)</p>	<p><b>5</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> Family Feud™ (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>3:00 <b>EF</b> Last Word (CL) (Del)</p>	<p><b>6</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> iPad® Challenge: What am I (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>12:00 <b>IS</b> Bible Study w/ Cindy (CL) (IL)</p> <p>1:00 <b>C</b> Complimentary Wine Delivery (DS) (IL)</p> <p>1:15 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Category Challenge (CL) (Del)</p> <p>3:00 <b>LL</b> General Trivia (CL) (Del)</p>	<p><b>7</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> Word Cookies (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>1:30 <b>EF</b> Oktoberfest (DS) (ELD)</p> <p>2:00 <b>EF</b> Password (CL) (ELD)</p> <p>3:00 <b>LL</b> Unscramble Words (CL) (Del)</p>	<p><b>8</b></p> <p>9:30 <b>HF</b> Walking (DI) (Del)</p> <p>10:00 <b>LL</b> Name That Tune (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>C</b> Complimentary Special Cocktails (DS) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Jeopardy!® (DI) (Del)</p> <p>3:00 <b>LL</b> Riddle Quiz (DI) (ELD)</p>	<p><b>9</b></p> <p>9:30 <b>HF</b> Walking (LOB) (ELD)</p> <p>10:00 <b>LL</b> What Came First (DI) (ELD)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>2:00 <b>EF</b> Music Performance (BWP) (ELD)</p> <p>3:00 <b>LL</b> Technology Support (AYD) (ELD)</p> <p>6:00 <b>LL</b> Telecom Music Dance Night (CL) (Del)</p>	<p><b>10</b></p> <p>9:30 <b>HF</b> Morning Stretching (DI) (IL)</p> <p>10:00 <b>LL</b> Brain Game (LIB) (ELD)</p> <p>11:30 <b>C</b> Family &amp; Friends Social w/ FaceTime (AYD) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>2:00 <b>EF</b> America Says (LOB) (ELD)</p> <p>3:00 <b>LL</b> iPad® Challenge: Who am i? (DI) (ELD)</p>
<p><b>11</b></p> <p>8:30 <b>IS</b> Bible Study Delivery (AYD) (IL)</p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> Family Feud™ (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (Del)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>CE</b> Ink Spot Journal Class (CL) (Del)</p> <p>3:00 Bingo (DI) (IL)</p>	<p><b>12</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> 5 Seconds Challenge (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (Del)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>AS</b> StoryWise™ Discussion Group (CL) (Del)</p> <p>3:00 <b>EF</b> Last Word (CL) (Del)</p>	<p><b>13</b></p> <p>9:00 <b>HF</b> Walking (CL) (RL)</p> <p>10:00 <b>LL</b> iPad® Challenge: What am I (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>12:00 <b>IS</b> Bible Study w/ Cindy (CL) (IL)</p> <p>1:00 <b>C</b> Complimentary Wine Delivery (DS) (IL)</p> <p>1:15 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Category Challenges (LOB) (Del)</p> <p>3:00 <b>AS</b> StoryWise™ Discussion Group (CL) (Del)</p>	<p><b>14</b></p> <p>9:30 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> What America Says (DI) (Del)</p> <p>11:30 <b>C</b> FaceTime With Family (AYD) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>1:30 <b>EF</b> Positively Pink (DS) (ELD)</p> <p>2:00 <b>EF</b> Password (DI) (ELD)</p> <p>3:00 <b>LL</b> Unscramble Words (DI) (ELD)</p>	<p><b>15</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> The Last Word (CL) (ELD)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>C</b> Complimentary Special Cocktails (DS) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Jeopardy!® (LOB) (ELD)</p> <p>3:00 <b>LL</b> Riddle Quiz (CL) (Del)</p>	<p><b>16</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> What Came First (CL) (ELD)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>1:30 <b>PA</b> National Boss Day (DS) (ELD)</p> <p>2:00 <b>EF</b> Music Performance (PL) (ENT)</p> <p>3:00 <b>LL</b> Technology Support (AYD) (ELD)</p> <p>6:00 <b>EF</b> Crossword Jam (CL) (Del)</p>	<p><b>17</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> General Trivia (CL) (ELD)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>2:00 <b>EF</b> Game: America Says (CL) (ELD)</p> <p>3:00 <b>LL</b> iPad® Challenge: What Am I (CL) (ELD)</p>
<p><b>18</b></p> <p>8:30 <b>IS</b> Bible Study Delivery (AYD) (IL)</p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> 5 Seconds Challenge (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (Del)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>CE</b> Ink Spot Journal Class (CL) (Del)</p> <p>3:00 Bingo (CL) (Del)</p>	<p><b>19</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> Family Feud™ (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>AS</b> StoryWise™ Discussion Group (CL) (Vic)</p> <p>3:00 <b>EF</b> Last Word (Vic)</p>	<p><b>20</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> iPad® Challenge: What am I (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>12:00 <b>IS</b> Bible Study w/ Cindy (CL) (IL)</p> <p>1:00 <b>C</b> Complimentary Wine Delivery (DS) (IL)</p> <p>1:15 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Category Challenges (LOB) (Del)</p> <p>3:00 <b>LL</b> General Trivia (CL) (Del)</p>	<p><b>21</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> Word Cookies (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>1:30 <b>EF</b> Count Your Button Day (DS) (ELD)</p> <p>2:00 <b>EF</b> Password (CL) (ELD)</p> <p>3:00 <b>LL</b> Unscramble Words (CL) (Del)</p>	<p><b>22</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:15 <b>LL</b> Wordscapes (DI) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>C</b> Complimentary Special Cocktails (DS) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Jeopardy!® (DI) (Del)</p> <p>3:00 <b>LL</b> Riddle Quiz (DI) (ELD)</p>	<p><b>23</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> What Came First (DI) (ELD)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>2:00 <b>EF</b> Music Performance (BWP) (ELD)</p> <p>3:00 <b>LL</b> Technology Support (AYD) (Jea)</p> <p>6:00 <b>LL</b> Current Events (CL) (Del)</p>	<p><b>24</b></p> <p>9:00 <b>HF</b> Morning Stretching (DI) (IL)</p> <p>10:15 <b>LL</b> Brain Game (LIB) (ELD)</p> <p>11:30 <b>C</b> Family &amp; Friends Social w/ FaceTime (AYD) (ELD)</p> <p>12:00 <b>PA</b> October Birthday Lunch Bunch (DR) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>2:00 <b>EF</b> America Says (LOB) (ELD)</p> <p>3:00 <b>LL</b> iPad® Challenge: Who am i? (DI) (ELD)</p>
<p><b>25</b></p> <p>8:30 <b>IS</b> Bible Study Delivery (AYD) (IL)</p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> Family Feud™ (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (Del)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>1:30 <b>EF</b> National Opera Day: Masks &amp; Mimosas (DS) (Can)</p> <p>3:30 Bingo (DI) (IL)</p>	<p><b>26</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>EF</b> 5 Seconds Challenge (CL) (Del)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (Del)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>1:30 <b>PA</b> Compliment Your Neighbor (AYD) (ELD)</p> <p>2:00 <b>AS</b> StoryWise™ Discussion Group (CL) (Del)</p> <p>3:00 <b>EF</b> Last Word (CL) (Del)</p>	<p><b>27</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> General Trivia (CL) (ELD)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (Del)</p> <p>12:00 <b>IS</b> Bible Study w/ Cindy (CL) (IL)</p> <p>1:00 <b>C</b> Complimentary Wine Delivery (DS) (IL)</p> <p>1:15 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Category Challenge (CL) (Del)</p> <p>3:00 <b>CE</b> Halloween Door Decorating Contest (AYD) (RL)</p> <p>3:00 <b>EF</b> This or That (CL) (Vic)</p>	<p><b>28</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:15 <b>LL</b> What America Says (DI) (Del)</p> <p>11:30 <b>C</b> FaceTime With Family (AYD) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>1:30 <b>EF</b> Happy Lady Liberty Day! (DS) (ELD)</p> <p>2:00 <b>EF</b> Password (DI) (ELD)</p> <p>3:00 <b>LL</b> Unscramble Word (CL) (ELD)</p>	<p><b>29</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> Wordscapes (CL) (Vic)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>1:00 <b>C</b> Complimentary Special Cocktails (DS) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (Del)</p> <p>2:00 <b>EF</b> Jeopardy!® (LOB) (ELD)</p> <p>2:00 <b>CE</b> Managerial Pumpkin Decorating Contest (AYD) (ELD)</p> <p>3:00 <b>LL</b> Riddle Quiz (CL) (Del)</p>	<p><b>30</b></p> <p>9:00 <b>HF</b> Walking (LOB) (RL)</p> <p>10:00 <b>LL</b> Technology Support (AYD) (ELD)</p> <p>11:30 <b>C</b> FaceTime with Family (AYD) (ELD)</p> <p>11:30 <b>CE</b> Halloween Door voting (AYD) (IL)</p> <p>1:00 <b>PA</b> Activity Packet Delivery (AYD) (IL)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>1:30 <b>CE</b> Day of The Costumed Freaks Parade (AYD) (ELD)</p> <p>2:00 <b>EF</b> Music Performance (PL) (ENT)</p> <p>6:00 <b>CE</b> Halloween Art (Del)</p>	<p><b>31</b></p> <p>9:00 <b>HF</b> Morning Stretching (DI) (IL)</p> <p>10:00 <b>LL</b> Halloween Trivia (CL) (ELD)</p> <p>11:30 <b>C</b> Family &amp; Friends Social w/ FaceTime (AYD) (ELD)</p> <p>1:00 <b>HF</b> Exercise Class (CL) (ELD)</p> <p>1:30 <b>EF</b> Festival of Fright (DS) (ELD)</p> <p>2:00 <b>PA</b> Winners of the Door &amp; Pumpkin Contest (AYD) (ELD)</p> <p>3:00 <b>LL</b> iPad® Challenge: What am i? (DI) (ELD)</p>

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

- Oktoberfest Celebration**  
Wednesday, October 7, 2:15 PM
- Masks & Mimosas Social**  
Sunday, October 25, 2:00 PM
- Halloween Party**  
Saturday, October 31, 2:30 PM

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# OCTOBER 2020

# ATRIA PARK OF BAYPOINT VILLAGE Life guidance®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise
- M** Music

<p><b>4</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Balance Class            10:30 <b>IS</b> Chicken Noodle Soup for the Soul            11:00 <b>M</b> Church Hymns Sing Along            1:00 <b>M</b> Music Journaling            2:30 <b>C</b> Sundae Sunday            3:00 <b>CE</b> Afternoon Painting            4:00 <b>HF</b> Atria Cheer            5:45 <b>C</b> Popcorn &amp; Trivia</p>	<p><b>5</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health-Maze Monday            11:00 <b>M</b> Rhythm &amp; Music: Our Wedding Day            1:00 <b>HF</b> Scenic Walk            3:00 <b>C</b> Bingo            4:00 <b>HF</b> Chair Yoga/Dance            5:45 <b>M</b> Musical Movie Monday</p>	<p><b>6</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-Up Tuesday            10:30 <b>LL</b> Brain Health- Paper Bag Challenge            11:00 <b>M</b> Rhythm &amp; Music: Walk of Fame            1:00 <b>LL</b> Tuesday Trivia Challenge            3:00 <b>C</b> Men's Club            4:00 <b>HF</b> Tambourine Tuesday            5:45 <b>M</b> In Concert with.....</p>	<p><b>7</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health-Word Game Wednesday            11:00 <b>M</b> Rhythm &amp; Music: Carry A Tune            1:00 <b>LL</b> Atria Univ.: Famous German Americans            2:15 <b>C</b> Oktoberfest Celebration            3:00 <b>C</b> Celebrity Bingo            4:00 <b>HF</b> Chicken Dance            5:45 <b>IS</b> Senior Yoga</p>	<p><b>8</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-up Thursday            10:30 <b>LL</b> Brain Health- Spelling Bee            11:00 <b>M</b> Rhythm &amp; Music: Drumming            1:00 <b>LL</b> Remembering a Walk in the Woods            3:00 <b>HF</b> Bowling            4:00 <b>AS</b> StoryWise™            5:45 <b>M</b> Sing Along</p>	<p><b>9</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Patio Stretch            10:30 <b>LL</b> Brain Health - List It            11:00 <b>M</b> Rhythm &amp; Music: Imagine            1:00 <b>CE</b> Creative Arts            3:00 <b>LL</b> What do you Hear?            4:00 <b>HF</b> Horseshoes            5:45 <b>IS</b> Evening Meditation            6:30 <b>EF</b> Friday Night movie &amp; Popcorn</p>	<p><b>10</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health: Connect the Dots            11:00 <b>M</b> Atria Choir            1:00 <b>C</b> Pretty Nails            3:00 <b>C</b> Men's &amp; Ladies' Social Clubs            4:00 <b>HF</b> Dinner Stretch            5:45 <b>M</b> AGT</p>
<p><b>11</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Balance Class            10:30 <b>IS</b> Chicken Noodle Soup for the Soul            11:00 <b>M</b> Church Hymns Sing Along            1:00 <b>M</b> Music Journaling            2:30 <b>C</b> Sundae Sunday            3:00 <b>CV</b> Positivity Painting Project            4:00 <b>HF</b> Atria Cheer            5:45 <b>C</b> Popcorn &amp; Trivia</p>	<p><b>12</b> Celebrating Positivity Week</p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health Maze Monday            11:00 <b>M</b> Rhythm &amp; Music: Sing Across Canada            1:00 <b>CV</b> "What I'm Grateful For" program            3:00 <b>C</b> Bingo            4:00 <b>HF</b> Chair Yoga/Dance            5:45 <b>M</b> Musical Movie Monday</p>	<p><b>13</b> Celebrating Positivity Week</p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-Up Tuesday            10:30 <b>LL</b> Brain Health- Remember What?            11:00 <b>M</b> Rhythm &amp; Music: U.S. Navy Birthday            1:00 <b>CE</b> Positive Messages to Our Family            3:00 <b>C</b> Men's Club            4:00 <b>HF</b> Tambourine Tuesday            5:45 <b>M</b> In concert with.....</p>	<p><b>14</b> Celebrating Positivity Week</p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health-Word Game Wednesday            11:00 <b>M</b> Rhythm &amp; Music: Ethel Merman            1:00 <b>PA</b> Activity Council Meeting            2:15 <b>C</b> Positively Pink Social            3:00 <b>C</b> SMILE Bingo            4:45 <b>HF</b> Scarves in Motion            5:45 <b>IS</b> Foot Spa</p>	<p><b>15</b> Celebrating Positivity Week</p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-up Thursday            10:30 <b>LL</b> Brain Health - Hangman            11:00 <b>M</b> Rhythm &amp; Music: Stevie Wonder            12:00 <b>C</b> Resident &amp; Staff Pizza Party            1:00 <b>IS</b> Drumming            3:00 <b>HF</b> Bowling            4:00 <b>AS</b> StoryWise™            5:45 <b>M</b> Sing Along</p>	<p><b>16</b> Celebrating Positivity Week</p> <p>9:00 <b>C</b> Daily chronicles            9:30 <b>HF</b> Scarves in Motion            10:30 <b>LL</b> Brain Health: List It            11:00 <b>M</b> Rhythm &amp; Music: Little Richard            1:00 <b>CE</b> Creative Arts            2:15 <b>C</b> Positivity Social &amp; SMILE Bingo            4:00 <b>HF</b> Parachute Fun            5:45 <b>IS</b> Evening Meditation            6:30 <b>EF</b> Friday Night Movie &amp; Popcorn</p>	<p><b>17</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health: Connect the Dots            11:00 <b>M</b> Atria Choir            1:00 <b>C</b> Pretty Nails            3:00 <b>C</b> Men's &amp; Ladies' Social Clubs            4:00 <b>HF</b> Dinner Stretch            5:45 <b>M</b> AGT</p>
<p><b>18</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Balance Class            10:30 <b>IS</b> Chicken Soup for the Soul            11:00 <b>M</b> Church Hymns Sing Along            1:00 <b>M</b> Music Journaling            2:30 <b>PA</b> Resident Monthly Birthday Party            3:00 <b>CE</b> Afternoon Painting            4:00 <b>HF</b> Atria Cheer            5:45 <b>C</b> Popcorn &amp; Trivia</p>	<p><b>19</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health- Maze Monday            11:00 <b>M</b> Rhythm &amp; Music: The Sound of Music            1:00 <b>HF</b> Scenic Walk            3:00 <b>C</b> Bingo            4:00 <b>HF</b> Chair Yoga/Dance            5:45 <b>M</b> Musical Movie Monday</p>	<p><b>20</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-Up Tuesday            10:30 <b>LL</b> Brain Health- Brown Bag Challenge            11:00 <b>M</b> Rhythm &amp; Music: Peter, Paul &amp; Mary            1:00 <b>LL</b> Tuesday Trivia Challenge            3:00 <b>C</b> Men's Club            4:00 <b>HF</b> Tambourine Tuesday            5:45 <b>M</b> In concert with...</p>	<p><b>21</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health - Word Game Wednesday            11:00 <b>M</b> Rhythm &amp; Music: Elton John            1:00 <b>LL</b> Travelogue            2:15 <b>C</b> Wine-Down Wednesday            3:00 <b>C</b> Celebrity Bingo            4:00 <b>HF</b> Scarves in Motion            5:45 <b>HF</b> Senior Yoga</p>	<p><b>22</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-up Thursday            10:30 <b>LL</b> Brain Health- Pictionary™            11:00 <b>M</b> Rhythm &amp; Music: The Met in New York            1:00 <b>IS</b> Short Story: My Neighbor is a Witch            3:00 <b>HF</b> Bowling            4:00 <b>AS</b> StoryWise™            5:45 <b>M</b> Sing Along</p>	<p><b>23</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Patio Stretch            10:30 <b>LL</b> Brain Health - List It            11:00 <b>M</b> Rhythm &amp; Music: The iPod            1:00 <b>CE</b> Creative Expression            3:00 <b>LL</b> What do you Hear?            4:00 <b>HF</b> Horseshoes            5:45 <b>IS</b> Evening Meditation            6:30 <b>EF</b> Friday Night Movie &amp; Popcorn</p>	<p><b>24</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health: Connect the dots            11:00 <b>M</b> Atria Choir            1:00 <b>C</b> Pretty Nails            3:00 <b>C</b> Men's &amp; Ladies' Social Clubs            4:00 <b>HF</b> Dinner Stretch            5:45 <b>M</b> AGT</p>
<p><b>25</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Balance Class            10:30 <b>IS</b> Chicken Soup for the Soul            11:00 <b>M</b> Church Hymns Sing Along            1:00 <b>M</b> Music Journaling            2:00 <b>C</b> Masks &amp; Mimosas Social            3:00 <b>CE</b> Afternoon Painting            4:00 <b>HF</b> Atria Cheer            5:45 <b>C</b> Popcorn &amp; Halloween Trivia</p>	<p><b>26</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health- Maze Monday            11:00 <b>M</b> Rhythm &amp; Music: Judy Garland            1:00 <b>HF</b> Scenic Walk            3:00 <b>C</b> Bingo            4:00 <b>HF</b> Chair Yoga/Dance            5:45 <b>M</b> Halloween Week Movie</p>	<p><b>27</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-Up Tuesday            10:30 <b>LL</b> Brain Health- Remember What?            11:00 <b>M</b> Rhythm &amp; Music: Navy Day            1:00 <b>LL</b> Tuesday Trivia Challenge            3:00 <b>C</b> Men's Club            4:00 <b>HF</b> Tambourine Tuesday            5:45 <b>M</b> Halloween Movie Week</p>	<p><b>28</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health- Word Game Wednesday            11:00 <b>M</b> Rhythm &amp; Music: Jean Terrell            1:00 <b>LL</b> Atria University            2:15 <b>C</b> Wine Down Wednesday            3:00 <b>C</b> Bingo            4:00 <b>HF</b> Scarves in Motion            5:45 <b>M</b> Halloween Movie Week</p>	<p><b>29</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Tone-up Thursday            10:30 <b>LL</b> Brain Health: Spelling Bee            11:00 <b>M</b> Rhythm &amp; Music: Tina Turner            1:00 <b>IS</b> Drumming            3:00 <b>HF</b> Bowling            4:00 <b>AS</b> StoryWise™            5:45 <b>M</b> Halloween Movie Week</p>	<p><b>30</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Patio Stretch            10:30 <b>LL</b> Brain Health - List It            11:00 <b>M</b> Rhythm &amp; Music: Heavy Metal            1:00 <b>CE</b> Creative Arts            3:00 <b>LL</b> What do you Hear?            4:00 <b>HF</b> Parachute Fun            5:45 <b>IS</b> Foot Spa            6:30 <b>M</b> Halloween Movie Week</p>	<p><b>31</b></p> <p>9:00 <b>C</b> Daily Chronicles            9:30 <b>HF</b> Noodle Stretch            10:30 <b>LL</b> Brain Health: Connect the Dots            11:00 <b>M</b> Atria Choir            1:00 <b>C</b> Pretty Nails            2:30 <b>C</b> Halloween Party            4:00 <b>HF</b> Dinner Stretch            5:45 <b>EF</b> Halloween Movie Week</p>

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