

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Winter Wonderland Happy Hour

Wednesday, December 8, 3:00 PM

Christmas Celebration

Saturday, December 25, 4:30 PM

New Year Celebration Happy Hour

Friday, December 31, 4:30 PM



DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

ROOM LOCATION KEY:

Art Studio AS
Activity Room AR
Bistro B
Dining Room DR
Engage Your Brain Center EYB
In-Room IR
Delivery Service DS
Front Lobby FL
Theater Room TR
Bus B
Engage your Brain Room EYB
Mail Room MR

STAFF KEY:

ELPI B
Armando A

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Zumba® is a registered trademark of Zumba Fitness, LLC.

<p>9:30 LIS Trivia (MR) 9:30 Daily Activity Schedule (MR) 10:00 RSF Bible Study & Daily Readings (EYB) 10:15 SCE Sunday Classic Movie: (TR) 10:30 HPF Advanced Total Workout (AR) 12:45 SCE Ice Cream Social (AR) 1:15 SCE Sunday Classic Movie: (TR) 2:00 HPF Advanced Total Body Workout (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Sunday Classic Movie: (TR)</p> <p>5</p>	<p>Last Day of Hanukkah</p> <p>9:30 LIS The daily Commuter (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Monday Movie Marathon (TR) 10:30 HPF Morning Exercise with Jason (AR) 12:00 LIS Technology Assistance (IR) 1:00 LIS Reader's Theater with Amy Gettinger (EYB) 1:15 SCE Theater Movie (TR) 2:00 HPF Strength and Balance (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Theater Movie (TR)</p> <p>6</p>	<p>9:30 LIS The Daily Commuter Puzzles (MR) 9:30 LIS Wonderword Search (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie Tuesday: (TR) 10:30 HPF Chair Zumba® with Terri (AR) 11:00 LIS Lunch Outing (B) 1:00 CPI Executive Board Meeting (AS) 1:15 SCE Top Pick Movie Tuesday: (TR) 2:00 HPF Lower Body Conditioning (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Top Pick Movie Tuesday: (TR)</p> <p>7</p>	<p>9:30 Daily Activity Schedule (MR) 10:00 LIS The Daily Commuter (DS) 10:15 SCE Top Pick Movie (TR) 10:30 HPF Morning Exercise (AR) 1:00 RSF Bible Study with Tom (TR) 1:30 SCE Top Pick Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Winter Wonderland Happy Hour (AR) 3:00 CEA Adult Coloring (IR) 4:00 HPF Creek Walk (FL) 6:00 SCE Top Pick Movie Wednesday (TR) 6:00 RSF Fun & Games With Mariners Group! (AR)</p> <p>8</p>	<p>9:30 Daily Activity Schedule (MR) 10:15 SCE Thursday Favorite Movie Festival (TR) 10:30 HPF Strength and Balance with Terri (AR) 12:00 CEA Adult Coloring (IR) 12:45 Bingo Bucks Auction (AR) 1:15 SCE Thursday Favorite Movie Festival (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 5:00 LIS Technology Assistance (IR) 6:00 SCE Thursday Night Favorite Movie Festival (TR)</p> <p>9</p>	<p>9:30 LIS Interesting Facts (MR) 9:30 LIS The Daily Commuter Puzzles (MR) 9:30 LIS Wonderword (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Friday Favorite Movie: (TR) 10:30 HPF Yoga Stretch with Chris Capener (AR) 10:45 FaceTime Friends and Family (IR) 12:45 Mexican Train (EYB) 1:15 SCE Friday Favorite Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Friday Favorite Movie Night: (TR)</p> <p>10</p>	<p>9:30 Daily Activity Schedule (MR) 10:15 SCE Saturday Showcase Showtime (TR) 10:30 HPF Morning Exercise (AR) 11:00 CEA Adult Coloring (IR) 12:45 Bridge Game (AS) 1:00 Mystery Scenic Drive (B) (A) 1:15 SCE Saturday Showtime: UP (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 5:00 CPI Pop Tabs for Ronald McDonald House (IR) 6:00 SCE Saturday Showtime: (TR)</p> <p>11</p>
<p>9:30 Daily Activity Schedule (MR) 10:15 SCE Sunday Classic Movie: (TR) 10:15 RSF Bible Study & Daily Readings (EYB) 10:30 HPF Advanced Total Workout (AR) 11:45 LIS Technology Assistance (IR) (B) 1:15 SCE Sunday Classic Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 2:30 Community Choice Program (B) 4:00 HPF Creek Walk (FL) 6:00 SCE Sunday Classic Movie: (TR)</p> <p>12</p>	<p>9:30 LIS Interesting Facts (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Monday Movie Marathon: (TR) 10:30 HPF Morning Exercise with Jason (AR) 12:00 LIS Technology Assistance (IR) 1:00 LIS Reader's Theater with Amy Gettinger (EYB) 1:15 SCE Monday Movie Marathon: (TR) 2:00 HPF Afternoon Exercise (AR) 2:00 LIS Travelin' Game Show (TR) 3:00 Bingo (AR) 4:00 HPF Walking Club (FL) 6:00 SCE Monday Movie Marathon (TR)</p> <p>13</p>	<p>9:30 Shopping Trip to Target (B) (A) 9:30 LIS Wonderword (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie: (TR) 10:30 HPF Chair Zumba® with Terri (AR) 12:45 CPI Resident Council Meeting (AR) 1:00 LIS Outing 1:15 SCE Top Pick Movie: (TR) 2:00 HPF Lower Body Conditioning (AR) 3:00 Bingo (AR) (B) 4:00 HPF Creek Walk (FL) 6:00 SCE Movie Night: (TR)</p> <p>14</p>	<p>9:30 LIS The Daily Commuter Puzzles (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie Wednesday (TR) 10:30 HPF Morning Exercise (AR) 12:00 SCE FaceTime friends and family (IR) 12:45 Holiday Hustle Series (AR) 1:00 RSF Bible Study with Tom (TR) 1:30 SCE Top Pick Movie Wednesday (TR) 2:00 HPF Strength and Balance Program (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Movie Night: (TR) 6:00 RSF Fun & Games With Mariners Group! (AR)</p> <p>15</p>	<p>9:30 RSF Time of Praise Music with Karen (AR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Thursday Favorite Movie Festival (TR) 10:30 HPF Strength and Balance with Terri (AR) 11:15 LIS Technology Assistance (IR) (B) 1:15 SCE Thursday Favorite Movie Festival (TR) 2:00 HPF Strength and Balance Program (AR) 2:30 CEA Flower Arrangement (DS) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 5:00 Community Choice Program 6:00 SCE Thursday Night Favorite Movie Festival (TR)</p> <p>16</p>	<p>9:30 LIS Interesting Facts (MR) 9:30 LIS Wonderword (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie Friday: (TR) 10:30 HPF Yoga Stretch with Chris Capener (AR) 12:00 CEA Adult Coloring (IR) 12:45 Mexican Train (EYB) 1:15 SCE Top Pick Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Happy Hour (DS) 4:00 HPF Creek Walk (FL) 6:00 SCE Movie Night: (TR)</p> <p>17</p>	<p>9:30 Daily Activity Schedule (MR) 10:15 SCE Saturday Showtime: (TR) 10:30 HPF Morning Exercise (AR) 11:30 CEA Adult Coloring (IR) 12:45 Bridge Game (AS) 1:00 Mystery Scenic Drive (B) (A) 1:15 SCE Saturday Showtime: (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 4:00 CPI Cutting Coupons for Military (IR) 6:00 SCE Saturday Showtime: (TR)</p> <p>18</p>
<p>9:30 Daily Activity Schedule (MR) 10:15 RSF Bible Study & Daily Readings (EYB) 10:15 SCE Theater Movie: (TR) (B) 10:30 HPF Advanced Total Workout (AR) 11:45 LIS Technology Assistance (IR) (B) 1:00 Adult Coloring (IR) 1:15 SCE Theater Movie: (TR) 1:30 SCE Concerts 4 Cause (DR) 2:00 HPF Strength and Balance Program (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Movie Night: (TR)</p> <p>19</p>	<p>9:30 LIS Trivia (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Monday Movie Marathon: (TR) 10:30 HPF Morning Exercise with Jason (AR) 1:00 LIS Reader's Theater with Amy Gettinger (EYB) 1:15 SCE Monday Movie Marathon: (TR) 2:00 HPF Afternoon Exercise (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Monday Movie Marathon: (TR)</p> <p>20</p>	<p>9:30 Shopping Trip to Trader Joe's (B) (A) 9:30 Daily Activity Schedule (MR) 10:00 CPI Engage Life® Program Meeting (AR) 10:15 SCE Top Pick Tuesday (TR) 10:30 HPF Chair Zumba® with Terri (AR) 11:45 LIS Technology Assistance (IR) 1:00 Pier Walk (B) 1:15 SCE Top Pick Tuesday (TR) 2:00 HPF Lower Body Conditioning (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Top Pick Movie Tuesday (TR)</p> <p>21</p>	<p>9:15 Daily Activity Schedule (MR) 9:30 HPF Podiatrist David Levin Visiting (IR) 10:15 SCE Top Pick Movie: (TR) 10:30 HPF Morning Exercise (AR) 11:00 CEA Adult Coloring (IR) 1:00 RSF Bible Study with Tom (TR) 1:30 SCE Top Pick Movie: (TR) 2:00 HPF Advanced Total Body Workout (AR) 3:00 Christmas Cheer(s) Happy Hour (AR) 4:00 HPF Creek Walk (FL) 6:00 RSF Fun & Games With Mariners Group! (AR) 6:00 SCE Movie Night: (TR)</p> <p>22</p>	<p>9:30 LIS Trivia (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie (TR) 10:30 HPF Strength and Balance with Terri (AR) 1:00 UNO® Game (B) (B) 1:15 SCE Top Pick Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 4:30 Musical entertainment (DR) 6:00 SCE Movie Night: (TR)</p> <p>23</p>	<p>9:30 LIS Trivia (MR) 9:30 Daily Activity Schedule (MR) 9:30 LIS Interesting Facts (MR) 10:15 SCE Top Pick Movie (TR) 10:30 HPF Yoga Stretch with Chris Capener (AR) 12:45 Mexican Train (EYB) 1:15 SCE Top Pick Movie (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 SCE Happy Hour (DS) 4:00 HPF Creek Walk (FL) 6:00 SCE Movie Night (TR)</p> <p>24</p>	<p>9:30 Daily Activity Schedule (MR) 10:15 SCE Movie: (TR) 10:30 HPF Morning Exercise (AR) 12:45 Bridge Game (AS) 1:00 Mystery Scenic Drive (B) (A) 1:15 SCE Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 4:30 RSF Christmas Celebration (DR) 5:00 CPI Pop Tabs for Ronald McDonald House (IR) 6:00 SCE Saturday Movie Night: (TR)</p> <p>25</p>
<p>9:15 Daily Activity Schedule (MR) 10:15 SCE Sunday Favorite Movie (TR) 10:15 RSF Bible Study & Daily Readings (EYB) 10:30 HPF Advanced Total Workout (AR) 12:30 LIS Technology Assistance (IR) 1:15 SCE Sunday Favorite Movie: (TR) 1:30 CEA Adult Coloring (IR) 2:00 HPF Strength and Balance Program (AR) 3:00 Community Choice Program 4:00 HPF Creek Walk (FL) 6:00 SCE Sunday Movie Night: (TR)</p> <p>26</p>	<p>9:30 LIS The Daily Commuter Puzzles (MR) 9:30 LIS Wonderword (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Theater Movie: (TR) 10:30 HPF Morning Exercise with Jason (AR) 1:00 LIS Reader's Theater with Amy Gettinger (AR) 1:15 SCE Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Movie: (TR)</p> <p>27</p>	<p>9:30 Shopping Trip to Ralphs & CVS (B) (A) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie Tuesday (TR) 10:30 HPF Chair Zumba® with Terri (AR) 11:15 CPI Ambassador Meeting (AR) 1:00 LIS Outing 1:00 LIS Technology Assistance (IR) (B) 1:15 SCE Top Pick Movie Tuesday (TR) 2:00 HPF Lower Body Conditioning (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Top Pick Movie Tuesday (TR)</p> <p>28</p>	<p>9:15 Daily Activity Schedule (MR) 9:30 HPF Podiatrist David Levin Visiting (IR) 9:30 LIS Trivia (MR) 10:15 SCE Top Pick Movie: (TR) 10:30 HPF Morning Exercise (AR) 11:00 CEA Adult Coloring (IR) 1:00 RSF Bible Study with Tom (TR) 1:30 SCE Top Pick Movie: (TR) 2:00 HPF Advanced Total Body Workout (AR) 4:00 HPF Creek Walk (FL) 6:00 SCE Movie Night: (TR) 6:00 RSF Fun & Games With Mariners Group! (AR)</p> <p>29</p>	<p>9:30 RSF Time of Praise Music with Karen (AR) 9:30 LIS Trivia (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie (TR) 10:30 HPF Strength and Balance with Terri (AR) 1:15 SCE Top Pick Movie: (TR) 2:00 HPF Strength and Balance Program (AR) 3:00 Bingo (AR) 4:00 HPF Creek Walk (FL) 5:00 CEA Adult Coloring (IR) (B) 6:00 SCE Movie Night: (TR)</p> <p>30</p>	<p>9:30 LIS Interesting Facts (MR) 9:30 LIS Trivia (MR) 9:30 Daily Activity Schedule (MR) 10:15 SCE Top Pick Movie (TR) 10:30 HPF Yoga Stretch with Chris Capener (AR) 12:45 Mexican Train (EYB) 2:00 HPF Strength and Balance Program (AR) 4:00 HPF Creek Walk (FL) 4:30 SCE New Year Celebration Happy Hour (DR) 6:00 SCE Movie Night (TR)</p> <p>31</p>	<ul style="list-style-type: none"> ■ HEALTH AND PHYSICAL FITNESS ■ LIFELONG LEARNING AND INTELLECTUAL STIMULATION ■ CREATIVE EXPRESSION AND THE ARTS ■ SOCIAL CONNECTION AND ENTERTAINMENT ■ CIVIC AND PROFESSIONAL INVOLVEMENT ■ RELIGIOUS AND SPIRITUAL FELLOWSHIP

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Civic Engagement Project Launch

Friday, December 3, 2:00 PM

Cardio Drumming Circle

Friday, December 17, 3:00 PM

Creating Winter Snow Globes

Tuesday, December 28, 2:00 PM



DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

ROOM LOCATION KEY:
Activity Room AR
CLUB ROOM CR

<p>HOLIDAY TRADITIONS WEEK 5</p> <p>10:00 SCE Today's Events & Newsletter 1:00 CEA Music: Do They Know Its Christmas 2:00 CPI Civic Engagement Working Session 2:30 CEA Color or Sketch 3:00 HPF Walking Challenge 6:00 SCE Cinema Classic (CR)</p>	<p>LAST DAY OF HANUKKAH 6 ST. NICHOLAS DAY</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music Appreciation: Saint Nicholas Day 1:30 RSF Meaning & Tradition of Christmas: Part I 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>NATIONAL PEARL HARBOR DAY OF REMEMBRANCE 7</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Eagles 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Language Learning: Happy Holidays</p>	<p>FEAST OF IMMACULATE CONCEPTION 8</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 11:00 HPF Creek Walk 1:00 CEA Music Appreciation: Noel by Josh Groban 1:30 SCE Express Yourself: December Holidays 2:00 SCE Winter Wonderland Happy Hour 3:00 HPF Tai Chi: Balance & Posture 6:00 SCE Vintage Movie & Popcorn (CR)</p>	<p>Today's Events & Newsletter 9</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 11:00 SCE Arm Chair Travel (CR) 1:00 CEA Music: A Charlie Brown Christmas 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>Tai Chi: Balance & Posture 3</p> <p>9:30 HPF Tai Chi: Balance & Posture 10:00 SCE Today's Events & Newsletter 10:30 RSF Bible Study 11:00 HPF Walking Challenge 1:00 CEA Music Appreciation: 6th Day of Hanukkah 2:00 CPI Civic Engagement Project Launch 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy 6:00 CEA BJK Journaling & Discussion (CR)</p>	<p>Today's Events & Newsletter 4</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 11:30 RSF Hanukkah Celebration Series 1:00 CEA Music Appreciation: Top 30 Holiday Songs 2:30 LIS Find The Pairs: Holiday Edition 3:00 HPF Posture and Stretch Fitness Class 3:30 Bingo 6:00 LIS Documentary</p>
<p>CAROLING WEEK 12 NATIONAL POINSETTIA DAY</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Frank Sinatra 2:30 CEA Color or Sketch 3:00 HPF Walking Challenge 6:00 SCE Cinema Classic (CR)</p>	<p>U.S. NATIONAL GUARD BIRTHDAY 13</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music: The Perfect Christmas Song 1:30 LIS The Game of Carols 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 14</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Gayla Peevey 1:30 LIS Word Wonders: Animals 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 15</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 11:00 HPF Creek Walk 1:00 CEA Music Appreciation: Peace For Christmas 1:30 CEA Music History: The Beatles 2:00 SCE Candy Land Happy Hour 3:00 HPF Tai Chi: Balance & Posture 6:00 SCE Vintage Movie & Popcorn (CR)</p>	<p>Today's Events & Newsletter 16</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 11:00 SCE Arm Chair Travel (CR) 1:00 CEA Music Appreciation: Jingle Bells 1:30 CEA Music History: Origins of Carols, Pt. I 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NATIONAL MAPLE SYRUP DAY 17 NATIONAL UGLY SWEATER DAY</p> <p>9:00 LIS Newsletter: National Wreaths Day 10:30 HPF Flow Yoga 1:00 CEA Today's Music: Fairytale in New York 1:30 CEA Sing Across America: New York 2:30 LIS Find The Pairs: Holiday Edition 3:00 HPF Posture and Stretch Fitness Class 3:30 Bingo 6:00 LIS Documentary</p>	<p>Today's Events & Newsletter 11</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Today's Music: All I Want For Christmas 2:30 LIS Sensory Stimulation: iSpy the Holidays 3:00 HPF Posture and Stretch Fitness Class 3:30 Bingo 6:00 LIS Documentary</p>
<p>CHRISTMAS WEEK 19</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: "A Christmas Carol" 2:30 CEA Color or Sketch 3:00 CPI Civic Engagement Delivery 4:00 HPF Walking Challenge 6:00 SCE Cinema Classic (CR)</p>	<p>Today's Events & Newsletter 20</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Today's Music: It's A Wonderful Life 2:00 CEA Scentsory Art 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>FIRST DAY OF WINTER 21</p> <p>10:00 LIS Newsletter: Winter Solstice 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: The Winter Solstice 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Language Learning: Merry Christmas</p>	<p>Today's Events & Newsletter 22</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 11:00 HPF Creek Walk 1:00 CEA Music Appreciation: The Chipmunk Song 2:00 SCE Christmas Cheer(s) Happy Hour 3:00 HPF Tai Chi: Posture & Balance 6:00 SCE Vintage Movie & Popcorn (CR)</p>	<p>Today's Events & Newsletter 23</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 1:00 CEA Music: Twas The Night Before Christmas 1:30 CEA Music History: Origins of Carols, Pt. II 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>CHRISTMAS EVE 24</p> <p>10:00 SCE Today's Events & Newsletter 10:30 RSF Bible Study (AR) 11:00 HPF Walking Challenge 1:00 CEA Music Appreciation: Silent Night 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy 6:00 CEA BJK Journaling & Discussion</p>	<p>CHRISTMAS DAY 25</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Meaning of Christmas 1:30 RSF Meaning of Christmas, Part II 2:30 LIS Sensory Stimulation: iSpy the Holidays 3:00 HPF Posture and Stretch Fitness Class 3:30 Bingo 6:00 SCE Christmas Classics</p>
<p>BOXING DAY 26 NEW YEAR'S WEEK</p> <p>10:00 CPI Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Good King Wenceslas 2:30 CEA Color or Sketch 3:00 HPF Walking Challenge 6:00 SCE Cinema Classic (CR)</p>	<p>Today's Events & Newsletter 27</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music Venues: Radio City Music Hall 1:30 CEA Music History: Iconic Music Venues, II 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 28</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Shirley Temple 2:00 CEA Creating Winter Snow Globes 3:00 HPF Dance & Movement: The Macarena 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 29</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 11:00 HPF Creek Walk (CR) 1:00 CEA Music Appreciation: Beethoven The Great 1:30 CEA Music History: Classical 2:00 SCE Happy New Year Happy Hour 3:00 HPF Tai Chi: Balance & Posture 6:00 SCE Vintage Movie & Popcorn (CR)</p>	<p>Today's Events & Newsletter 30</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning 1:00 CEA Music Appreciation: Neil Young 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NEW YEAR'S EVE 31</p> <p>10:00 SCE Today's Events & Newsletter 10:30 RSF Bible Study 11:00 HPF Walking Challenge 1:00 CEA Music Appreciation: Auld Lang Syne 1:30 LIS History of New Year's Eve 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy 6:00 CEA BJK Journaling & Discussion</p>	

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