

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Octoberfest Celebration

Friday, October 4, 7:00 PM

Phantom of the Opera/Chris Pucci

Saturday, October 26, 7:00 PM

Halloween Party/Dance

Thursday, October 31, 6:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Oktoberfest Celebration (FL)

Friday, October 4, 7:00 PM

**Pumpkin Decorating
with Girl Scouts**

Thursday, October 17, 2:30 PM

EXCURSION: IMPOSSIBLE ACRES

Friday, October 18, 9:30 AM

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OCTOBER 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE™

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AW** Atria StoryWise
- J** Legato

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10:00 **HF** Rise and Shine, Sing and Stretch
 10:30 **LL** The Daily Chronicles
 11:00 **C** All About Birds with Becky
 11:30 **LL** Daily Riddle
 1:00 **C** Song Bingo
 1:30 **EF** Excursion: Drive through the country
 2:00 **CE** Smoothies in bistro
 3:00 **C** Columbus Day: Trivia and Facts
 4:00 **HF** Katherine's Dance Class
 4:30 **CE** Paint the Nina, Pinta, Santa Maria
 6:00 **J** Legato: Songs from 1982

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10:00 **HF** Rise and Shine, Sing and Stretch
 10:30 **LL** The Daily Chronicle
 11:00 **C** Landscape Painting with Kathy
 11:00 **J** Legato: 1971, Soul Train
 11:30 **LL** Daily Riddle
 1:00 **HF** Move to the music
 2:00 "Spelling Columbus Day"
 3:00 **CE** "Fall Trash" Snack Mix: Cooking Show
 3:30 **C** Bingo
 4:00 **EF** Jeopardy!®: UK Citizenship Test
 6:00 "Happy Columbus Day: Matching Game"

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10:00 **HF** Rise and Shine, Sing and Stretch
 10:30 **CV** Veteran's Hour
 11:00 **LL** The Daily Chronicles
 11:30 **LL** Riddle of the Day
 1:00 **J** Legato: Rick Nelson, 1952
 2:00 **EF** America's Got Talent Top Acts
 3:00 **C** Song Bingo
 3:30 **AW** StoryWise™
 4:00 **HF** Golfing Tournament
 4:30 "Columbus Sailed the Ocean Blue"
 6:00 **LL** Columbus Day: Crossword Puzzle

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10:00 **HF** Rise and Shine, Sing and Stretch
 10:30 **LL** The Daily Chronicle
 11:00 **CE** Karaoke Hour
 11:30 **LL** Riddle of the Day
 1:00 **C** Bingo
 2:00 **J** Legato Bob Dylan Debuts at Carnegie Hall
 2:30 **CE** Sing-Along in front lobby
 3:00 **HF** Volleyball Hour
 3:30 **C** Cross the Ocean: Board Game
 4:00 **C** Appetizer Hour
 6:00 **C** What's in a Word?
 7:00 **EF** Oktoberfest Celebration (FL)

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10:00 **HF** Rise and Shine, Sing and Stretch
 10:30 **LL** The Daily Chronicles
 11:30 **LL** Riddle of the Day
 1:00 **C** Bingo
 2:00 **HF** Walk on the greenbelt
 2:30 **EF** Woodland Stompers Line Dancing
 2:30 **C** Ice Cream Social
 3:00 **IS** Spa Time
 3:30 **CE** Hot Cocoa Hour
 4:00 **J** Legato: Live at the Royal Albert Hall
 6:00 **EF** Movie Night
 7:00 **EF** Sacramento Banjo Band (FL)

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 11:00 **C** Ring Toss
 1:00 **IS** Church Service
 2:30 **HF** Move to the music
 3:00 **CE** Sing-Along with Ali
 3:30 **EF** The Lion King
 4:00 **J** Legato Jerry Lee Lewis
 4:30 **C** Men's Programs: Mad Libs
 6:00 **C** StoryWise™

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **EF** Threshold Choir
 1:00 **C** Bingo
 2:00 **J** Legato Bob Dylan
 3:00 **IS** Hand Massage and Relaxation
 3:30 **LL** Pop Star Trivia
 4:00 **HF** Bean bag exercise
 4:30 **J** Word in a Word
 6:00 **C** October Zodiacs

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **C** All About Birds with Becky
 1:00 **C** Bingo
 1:30 **EF** Excursion: Drive through country
 2:00 **CE** Smoothies in the bistro
 3:00 **CE** Fall Leaves Art Collage
 4:00 **HF** Learn a New Dance Move: Hula
 4:00 **J** Legato The Drifters
 6:00 **IS** Yom Kippur begins

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 1:00 **C** Bingo
 1:30 **EF** Video Clips: Adele In Concert
 2:30 **CE** Gingerbread Leaf Cookies: Baking Show
 3:00 **J** Legato The Monkees
 3:30 **HF** The Chicken Dance
 4:00 **C** Cranium® Crunches: Pass It On
 6:00 **EF** Jeopardy!®: Name the Decade

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10:00 **HF** Movin' and Groovin'
 10:30 **CV** Veteran's Hour
 11:00 **LL** The Daily Chronicles
 1:00 **C** Food for Thought: What's A Gourd To Do?
 1:30 **C** Pet therapy with Pumpkin
 2:30 **J** Legato Raffi Songs
 3:00 **PA** Elementary School Visit
 3:30 **HF** The Hokey Pokey
 4:00 **C** Wheel of Fortune®: Fall Edition
 4:30 **EF** America's Funniest Home Videos
 6:00 **C** Pictionary™

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 "The Joys of Grandparenting" Crossword
 1:00 **C** Bingo
 2:00 **CE** Water Our Plants
 2:30 **J** Legato Hall and Oates
 3:00 **C** Cranium® Crunches: Patch Work Puzzle
 4:00 **C** Appetizer Hour
 4:30 **HF** Balance Class
 6:00 **LL** Brain Games

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 1:00 **C** Bingo
 1:00 **J** Legato Ed Sheeran
 2:30 **C** Ice Cream Social
 3:00 **CE** Hot Cocoa Hour
 3:00 **HF** Hula Dancing
 3:30 **C** Pictionary™
 4:00 **IS** Meditation
 4:30 **C** Cranium® Crunches: Fall flowers
 6:00 **EF** Movie Hour
 7:00 **EF** Michael Jasper Performance (FL)

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 1:00 **AW** StoryWise™
 1:00 **IS** Church Service
 1:30 **EF** Grandparent's Day Prize Bingo
 2:00 **HF** Conductorcise®
 3:00 **CE** Sing-Along with Ali
 4:00 **J** Legato Patsy Cline's Birthday
 4:30 **C** Men's Programs: Men's Matinee
 6:00 **EF** Poker Night

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 11:00 **EF** Threshold Choir
 1:00 **CE** Jewelry Making
 1:30 **C** What tree did you fall from? Zodiacs
 2:00 **IS** Hand Massage and Relaxation
 3:00 **C** Karaoke Time
 4:00 **HF** Bean bag exercise
 4:30 **AW** Jeopardy!®
 6:00 **J** Legato Frank Sinatra

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **C** All About Birds with Becky
 1:00 **C** Grandparent's Acronym Game
 1:30 **EF** Excursion: Drive through the country
 2:30 **CE** Lance Pyle: Comedy Poetry
 3:00 **CE** Make Our Own Play-Doh
 4:00 **HF** Katherine's Dance Class
 4:30 **J** Legato Liberate
 6:00 **C** What's in a Word?

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **J** Legato Guy Lombardo
 1:00 **C** Bingo
 2:00 **EF** Video Clips: Katharine Hepburn
 2:30 **CE** Spiced Pumpkin Muffins Baking Show
 3:00 **IS** Meditation Class
 4:00 **HF** Conductorcise®
 4:30 **C** The Monthly Gazette
 6:00 **EF** Jeopardy!®: Let The Sun Shine

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 10:30 **CV** Veteran's Hour
 11:00 **J** Legato Songs from the musical Hair
 1:30 **C** Pet therapy with Pumpkin
 2:00 **PA** October Birthday Celebration
 2:30 **CE** Pumpkin Decorating with Girl Scouts
 3:00 **C** Visit with Elementary School Kids
 4:00 **HF** Volleyball Hour
 6:00 **EF** Hansel and Gretel Movie

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9:30 **EF** EXCURSION: IMPOSSIBLE ACRES
 10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **CE** Water Our Plants
 1:00 **C** Bingo
 2:30 **CE** Sing-Along in front lobby
 3:00 **C** Karaoke Hour Legato
 3:30 **C** Jeopardy!®
 4:00 **C** Appetizer Hour
 4:30 **HF** Move to the music
 6:00 **IS** Hand Massage and Relaxation

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **HF** Visit Animals at Petco
 1:00 **J** Legato Tony Bennett in NYC
 2:30 **C** Ice Cream Social
 3:00 **CE** Hot Cocoa Hour
 3:30 **C** Faces and Places
 4:00 **HF** Walk around the greenbelt
 4:30 **C** Bingo
 6:00 **EF** Movie Night
 7:00 **EF** Performance: Mischief Duet (FL)

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **HF** Golfing Tournament
 1:00 **IS** Church Service
 2:00 **C** Bingo
 2:30 **AW** StoryWise™
 3:00 **HF** Dance Class
 4:00 **J** Legato Elvis Presley
 4:30 **C** Men's Programs: A River Runs Through It
 6:00 **EF** Karaoke Night

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **EF** Threshold Choir
 1:00 **C** Easy Does It Trivia
 2:30 **C** Bingo
 3:00 **IS** Hand Massage and Relaxation
 3:30 **HF** Bean bag exercise
 4:00 **LL** Geography Games With Inflatable Globe
 4:30 **J** Legato BB King's Birthday
 6:00 **C** Scrabble®

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 11:00 **C** All About Birds with Becky
 1:00 **C** Bingo
 1:30 **EF** Excursion: Drive through the country
 2:00 **CE** Smoothies in the Bistro
 2:00 **J** Legato Sarah Brightman
 2:30 **CE** Pine Cones Art and Craft
 3:30 **C** Word in a Word
 4:00 **HF** Learn a New Dance Move: Indian
 6:00 **C** Bingo

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **EF** Video Clips: Humphrey Bogart
 1:00 **HF** Neighborhood walk
 1:30 **J** Legato National One Hit Wonder Day
 2:00 **C** Bingo
 2:30 **CE** Easy Chai Tea Cooking Show
 4:00 **C** Wheel of Fortune®
 4:30 **LL** Famous figures: Leonardo da Vinci
 6:00 **EF** Jeopardy!®: Save, Save, Save

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 10:30 **CV** Veteran's Hour
 1:00 **C** Bingo
 1:30 **C** Pet therapy with Pumpkin
 2:30 **C** Guess That Famous Line From A Movie
 3:00 **PA** Elementary School Visit
 4:00 **HF** Ring toss
 4:00 **J** Legato Neil Diamond
 6:00 **EF** America's Got Talent

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **C** Famous Olympians Trivia
 1:00 **C** Bingo
 1:30 **CE** Karaoke Hour
 2:00 **J** Legato Barbershop Quartet
 3:00 **HF** Neighborhood Walk
 4:00 **C** Appetizer Hour
 4:00 **C** Coffee Chat & Puzzles
 4:30 **EF** Balloon exercise
 6:00 **LL** Brain Games

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 1:00 **C** Yoga
 2:00 **CE** Candy Corn Cookies Baking Show
 2:30 **C** Ice Cream Social
 3:00 **C** Bingo
 3:30 **J** Legato Bill Hailey and the Comets
 4:00 **C** Pretty Nails
 4:30 **HF** Conductorcise®
 6:00 **EF** Movie Night
 7:00 **EF** Phantom of the Opera/ Chris Pucci (FL)

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicles
 11:00 **C** Bingo
 1:00 **IS** Church Service
 2:00 **CE** Sing-Along with Ali
 2:30 **EF** Voice of the Wood/ Halloween Show (FL)
 3:00 **HF** Low-Impact Aerobic Class
 4:00 **LL** Trivia Hour
 4:30 **C** Men's Programs: First Down
 6:00 **J** Legato Andrea Bocelli's Birthday

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 11:00 **EF** Threshold Choir
 1:00 **CE** Jewelry Making
 2:30 **IS** Hand Massage and Relaxation
 3:00 **C** Bingo
 3:30 **HF** Bean bag exercise
 4:30 **J** Legato John Coltrane's Birthday
 6:00 **C** Puzzle Hour
 6:00 **LL** Geography Games: Inflatable Globe

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 11:00 **C** Riddle of the Day
 1:30 **EF** Excursion: Drive through the country
 2:30 **HF** Learn a New Dance Move: The Floss
 3:00 **C** Bingo
 4:00 **HF** Katharine's Dance Class
 6:00 **C** What's in a Word?

30

10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 11:00 **C** Riddle of the Day
 2:30 **CE** Easy Butter Biscuits Baking Show
 2:30 **HF** Exercise: Watch Me Whip/ Nae Nae
 3:00 **C** Bingo
 4:00 **EF** Jeopardy!®: Random Trivia
 6:00 **C** Sudoku

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10:00 **HF** Movin' and Groovin'
 10:30 **LL** The Daily Chronicle
 10:30 **CV** Veteran's Hour
 11:00 **C** Riddle of the Day
 11:30 **J** Legato Spooky Music, "Thriller"
 1:30 "Witch Bingo"
 2:00 **PA** Welcome Party/ Halloween Costume Party
 2:30 **CE** Marshmallow Ghost Cookies
 2:30 **HF** Exercise: Cupid Shuffle
 3:30 **CE** "Black Cat" Wood Craft

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