

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**New Year's Day
Performance with Tom!**
Saturday, January 1, 2:15 PM

**Nutcracker Ballet
Performance with Lea**
Thursday, January 6, 3:00 PM

Violin with Albert Mulad
Thursday, January 20, 3:30 PM



JANUARY 2022

ATRIA TANGLEWOOD engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

- 10:00 Morning Exercise with Colleen! (M) (OV)
- 10:30 News and Views with Colleen (LB) (M)
- 10:30 RSF Prayers and Readings with Vinny (LB)
- 11:00 Televised Mass (M) (M)
- 12:15 RSF Speaking in Spirit with Vinny (LB)
- 12:30 Sunday Nature Walk (TL) (M)
- 2:00 SCE Cornhole Bean Bag Game with Vinny! (BY)
- 3:00 CEA Embroidery and Cross-stitch (AC)
- 3:30 HPPF Afternoon Walking with Friends (BY)
- 3:30 SCE Sports Talk with Vinny (GR)
- 7:00 SCE Evening Movie (M)
- 7:15 Gather for Games! (GR)

31

- 10:00 HPPF Holiday Hustle Exercise Challenge (M) (A)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:45 LIS This Day In History with Vinny (M)
- 2:00 SCE Bowling with Vinny (BY) (VP)
- 3:00 LIS Chain Reaction Word Association Game (M)
- 3:00 CEA Embroidery and Cross-stitch (AC)
- 3:30 HPPF Afternoon Walk with Friends
- 7:00 SCE Evening Movie (M)



- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

- ROOM LOCATION KEY:**
- Media Room M
 - Library LB
 - Bistro B
 - Terrace Lounge TL
 - Game Room GR
 - Main Lobby ML
 - Sun Porch SP
 - Backyard BY
 - Activity Room AC

- STAFF KEY:**
- Aileen A
 - Meghan M
 - Taylor T
 - Julianne J
 - Outside Vendor OV
 - Resident Led RL
 - Staff S
 - Volunteer V
 - Renee R
 - Vinny VP

Family Feud™ is a trademark of FremantleMedia Operations BV.
Jeopardy!® is a registered trademark of Jeopardy!Productions, Inc. All rights reserved.
Netflix® is a registered trademark of Netflix, Inc.
Rummikub® is a registered trademark of Rummikub.
Wii® is a registered trademark of Nintendo of America, Inc.

1

- 10:00 HPPF Exercise with Taylor! (M)
- 10:00 Healthy Start Exercise with Taylor (M) (T)
- 10:45 LIS News & Views Discussion (LB)
- 12:30 Art Projects with Taylor (T)
- 12:30 Beauty and the Beads - Jewelry Designing (T)
- 1:00 SCE Work Wisdom - Career Connections (AC)
- 2:15 LIS New Year's Day Performance with Tom! (M)
- 3:00 LIS 30 Second Mysteries with Taylor (M)
- 3:30 SCE Wii® Jeopardy with Friends (M) (T)
- 4:00 HPPF Afternoon Walk (BY)
- 7:00 SCE Evening Movie (M)
- 7:15 Gather for Games (GR)

2

- 9:30 RSF Trip to Our Lady of Peace (ML)
- 10:00 HPPF Yoga Flow Fitness Program with Vinny (M)
- 10:30 Bus outing Our Lady of Peace Church (ML)
- 10:30 RSF Prayers and Readings with Vinny (LB)
- 11:00 Televised Mass (M) (M)
- 11:00 RSF TV Mass (M)
- 12:15 RSF Speaking in Spirit with Vinny (LB)
- 2:00 SCE Cornhole Bean Bag Game with Vinny! (BY)
- 3:00 CEA Embroidery and Cross-stitch (AC)
- 3:30 SCE Sports Talk with Vinny (GR)
- 3:30 HPPF Afternoon Walking with Friends (BY)
- 7:00 SCE Evening Movie (M)

3

- 10:00 HPPF Holiday Hustle Exercise Challenge (M) (M)
- 10:00 "Up and At 'Em" Morning Exercise (M) (M)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:30 News and Views: World News Topics (LB)
- 10:45 LIS This Day In History with Vinny
- 12:30 Trip to CVS and King Kullen (ML) (M)
- 2:00 LIS Shuffleboard with Vinny! (BY) (T)
- 2:15 Current Issues in News w/ Rhoda Plotkin (M) (OV)
- 2:45 LIS Chain Reaction Word Association Game (M) (VP)
- 3:30 LIS Zoom Presentation Prof. Lance Rhoades (AC)
- 4:00 HPPF Afternoon Walk with Friends (BY) (RL)
- 7:00 SCE Evening Movie (M)

- 10:00 HPPF "Up and at 'Em" Morning Exercise (M)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:30 Newspaper News and Views Discussion (LB)
- 10:45 LIS "What Am I?" Riddles (M)
- 2:00 LIS Group Crosswords with Taylor (M) (T)
- 2:30 SCE Ping Pong with Vinny (TL)
- 2:45 SCE You Be The Judge with Taylor (M) (T)
- 3:30 SCE Music with Gary Lovett! (M)
- 3:30 HPPF Afternoon Walk (BY)
- 5:30 "Drive-In" Movie Night!
- 7:00 SCE Evening Movie (M)
- 7:15 SCE Prize Night Bingo! (AC)

5

- 10:00 SCE Trip to CVS and King Kullen (ML)
- 10:00 HPPF Commit to Being Fit (M) (S)
- 10:45 RSF Horoscopes and Readings with Taylor (SP)
- 11:00 HPPF Indoor Rowing Machine (SP)
- 11:00 RSF Rosary with Vivian Meier (M)
- 12:15 CEA Friends Script Reading (M)
- 1:00 SCE This or That: Connection Exercises (GR) (VP)
- 2:00 SCE Ladder Toss with Taylor (TL)
- 2:45 SCE Wine, Cheese & Chocolate Happy Hour (B)
- 3:30 CPI Resident Council Meeting (M)
- 7:00 SCE Evening Movie (M)
- 7:15 LIS Short Stories with Nanci (LB) (J)

6

- 7:00 HPPF Holiday Hustle: Meditation with Julianne (M)
- 9:45 RSF Rosary and Communion with Pat Gannon (GR)
- 10:00 HPPF Strength & Balance Program (M)
- 10:45 LIS News & Views Discussion (LB)
- 1:00 SCE Vacation Connections (GR)
- 2:00 LIS Word Power with Taylor (M) (T)
- 3:00 SCE Funny Stories with Taylor (M)
- 3:00 CEA Nutcracker Ballet Performance with Lea (M)
- 3:30 SCE Violin with Albert Mulad (M)
- 3:30 Resident Council Meeting with Jason, RVP (M) (RL)
- 4:00 HPPF Afternoon Walk (BY)
- 7:00 SCE Evening Movie (M)

7

- 10:00 HPPF Circuit Training Exercise (M)
- 10:30 News and Views Discussion Group (LB) (OV)
- 10:45 SCE Black Jack 21 with Taylor (AC)
- 12:45 Walking Towards a Healthy Heart (TL) (RL)
- 2:00 CEA Medici The Magnificent (M)
- 2:00 Netflix® Documentary (M)
- 2:15 Bingo with Taylor (AC) (J)
- 2:15 Bingo with Friends
- 3:00 RSF Shabbat Service with Jill! (M)
- 3:30 SCE What's Saying Riddles with Taylor (AC)
- 4:00 HPPF Afternoon Walk (BY)
- 7:00 SCE Evening Movie (M)

8

- 10:00 HPPF Balance & Mobility Game Board 2 Exercise (M)
- 10:45 LIS News & Views Discussion
- 12:30 Beauty and the Beads - Jewelry Designing (T)
- 12:30 Afternoon Walk Resident Led (TL) (RL)
- 2:00 LIS Memory Enhancing Riddles with Taylor (M)
- 2:15 Ciara Green's Irish Step Dancers (M)
- 2:30 SCE Jeopardy!® with Taylor (M)
- 3:30 Bingo with Taylor! (AC) (T)
- 3:30 SCE The Mirror Has Two Faces (M)
- 4:00 HPPF Afternoon Walk
- 7:00 SCE Evening Movie (M)
- 7:15 Gather for Games (GR)

9

- 9:30 RSF Trip to Our Lady of Peace (ML)
- 10:00 HPPF Yoga Flow Fitness Program with Vinny (M)
- 10:30 RSF Prayers and Readings with Vinny (LB)
- 11:00 CEA BJK Journaling (AC)
- 11:00 RSF TV Mass (M)
- 12:15 RSF Speaking in Spirit with Vinny (LB)
- 2:00 SCE Cornhole Bean Bag Game with Vinny (BY)
- 3:00 CEA Embroidery and Cross-stitch (AC)
- 3:15 SCE Matinee Movie (M)
- 3:30 HPPF Afternoon Walking with Friends (BY)
- 3:30 SCE Sports Talk with Vinny (GR) (VP)
- 7:00 SCE Evening Movie (M)

10

- 10:00 HPPF Holiday Hustle Exercise Challenge (M) (T)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 11:00 LIS This Day In History with Vinny (M)
- 12:30 "A Walk on the Wild Side" Walking Club (TL) (T)
- 2:00 LIS Shuffleboard with Vinny! (BY) (T)
- 2:15 Len Cammalleri Plays for us! (M)
- 2:45 LIS Chain Reaction Word Association Game (M)
- 3:30 CEA Tanglewood Singers with Frank Scafuli! (M) (VP)
- 3:30 Song Rehearsal for Downing School
- 4:30 HPPF Afternoon Walk with Friends
- 6:45 Irish Coffee and Scone Nightcap (B) (A)
- 7:00 SCE Evening Movie (M)

- 10:00 HPPF Exercise with Sheila! (M) (T)
- 10:30 Knit Wits Group: Knitting for a Cause (SP)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:45 SCE Scattegories with Taylor! (AC)
- 1:30 Pet Therapy with Sherry and Blossom (TL) (V)
- 2:00 LIS Group Crosswords! (M)
- 2:00 CEA Painting Class with Julianne (AC)
- 3:00 SCE You Be The Judge with Taylor (M)
- 3:30 Dancing with Lisa! (M) (OV)
- 4:00 HPPF Afternoon Walk
- 7:00 SCE Evening Movie (M)
- 7:15 SCE Prize Night Bingo! (AC)

12

- 10:00 HPPF Balance & Mobility Game Board 1 Exercise (M)
- 10:00 SCE Local Banks (ML) (VP)
- 10:45 LIS Horoscopes and Readings with Taylor (SP)
- 11:00 HPPF Indoor Rowing Low-Impact Workout! (SP)
- 11:00 RSF Rosary with Vivian Meier (M)
- 11:30 SCE Trip: Outback Steakhouse (ML)
- 2:00 SCE Name that Tune with Taylor (M)
- 2:00 SCE Ping Pong with Vinny (TL)
- 3:30 LIS Law and Order Program with Aytan Adler (AC)
- 3:30 SCE Afternoon Movie (M)
- 7:00 SCE Evening Movie
- 7:15 LIS Short Story Appreciation (LB)

13

- 8:30 HPPF Holiday Hustle: Meditation with Julianne (M)
- 9:45 RSF Rosary and Communion with Pat Gannon (GR)
- 10:00 Wake Up Morning Exercise (M)
- 10:00 HPPF Healthy Start Exercise with Parkacise! (M) (T)
- 10:45 LIS World News & Views (LB) (M)
- 11:00 Rosary & Communion Service (M)
- 12:30 Nature Walk with Joanna (TL) (S)
- 2:15 SCE Family Feud™ with the Engage Life Team (M)
- 3:30 Malverne High School is here! (B) (J)
- 3:30 SCE Music by the Music Mates! (M)
- 4:00 HPPF Afternoon Walk with friends (BY) (RL)
- 7:00 SCE Evening Movie

14

- 10:00 HPPF Lower Body Conditioning Exercise (M)
- 10:30 Current Events in the News (LB) (V)
- 10:45 CEA Beading with Taylor (AC)
- 10:45 CEA Beading with Taylor! (AC) (T)
- 12:30 Nature Walk with Renee (TL) (R)
- 2:00 CEA Medici the Magnificent (M) (T)
- 2:15 LIS Bingo with Taylor (AC) (T)
- 3:00 RSF Shabbat Service with Jill (M)
- 3:30 LIS 30 Second Mysteries with Taylor (AC)
- 4:00 HPPF Afternoon Walk
- 7:00 SCE Evening Movie (M)
- 7:15 Gather for Games! (GR)

15

- 10:00 HPPF Exercise with Parkacise! (M) (T)
- 10:30 News and Views with Taylor (LB) (T)
- 10:45 LIS News & Views Discussion (LB)
- 12:30 Beauty and the Beads - Jewelry Designing
- 12:30 Afternoon Walk Resident Led (TL) (RL)
- 2:00 SCE Ladder Ball with Taylor (TL)
- 2:45 LIS 30 Second Mysteries with Taylor (M)
- 3:00 Bingo 2 with Taylor (T)
- 3:30 HPPF Afternoon Walking with Friends
- 3:30 SCE Movie: Awakenings (M) (J)
- 3:30 50 Cent Bingo with Taylor (AC) (T)
- 7:00 SCE Evening Movie (M)

16

- 9:30 RSF Trip to Our Lady of Peace (ML)
- 10:00 HPPF Gentle Yoga with Meditation Mr. Hawkins (M)
- 10:30 RSF Prayers and Readings with Vinny (LB)
- 11:00 RSF TV Mass (M)
- 12:15 RSF Speaking in Spirit with Vinny (LB)
- 12:30 Sunday Nature Walk (TL) (M)
- 2:00 SCE Cornhole Bean Bag Game! (TL)
- 3:15 SCE Matinee Movie (M)
- 3:30 The Crown Episode 3&4 (BY) (R)
- 3:30 SCE Sports Talk with Vinny (GR)
- 4:00 HPPF Afternoon Walk with Friends (BY)
- 7:00 SCE Evening Movie (M)

17

- 8:30 HPPF Holiday Hustle: Meditation with Julianne (M)
- 10:00 HPPF Holiday Hustle Exercise Challenge (M) (A)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:45 CPI Ambassador Meeting (AC)
- 10:45 LIS This Day In History with Vinny (M) (T)
- 11:00 CPI Engage Life® Programming Meeting (AC)
- 12:30 Walking Club with Tom! (TL) (T)
- 2:00 SCE Ladder Toss with Vinny (TL)
- 2:45 LIS Chain Reaction Word Association Game (M)
- 2:45 CEA Painting Class with Julianne (AC) (J)
- 3:30 HPPF Afternoon Walk with Friends (BY)
- 7:00 SCE Evening Movie (M)

- 10:00 HPPF Exercise with Sheila (M)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:30 Knit Wits Knitting Club (SP) (J)
- 11:00 LIS Trivia Challenge with Vinny (M) (VP)
- 11:00 LIS Memory Enhancing Riddles with Taylor (M)
- 11:45 Indoor Rowing with Aileen! (SP) (A)
- 2:00 SCE Bowling with Vinny (TL) (VP)
- 2:00 LIS Group Crosswords with Taylor (M)
- 3:30 LIS Zoom Presentation from Lance Rhoades (AC) (J)
- 3:30 HPPF Afternoon Walk (BY) (RL)
- 7:00 SCE Evening Movie (M)
- 7:15 SCE Prize Night Bingo! (AC)

19

- 10:00 Stella and Dot Vendor! (ML)
- 10:00 HPPF Strength & Balance Program Exercise (M)
- 10:00 SCE Trip to CVS and King Kullen (ML) (VP)
- 10:00 HPPF Moving for Memory Log Exercise w/ Vinny (M)
- 11:00 HPPF Indoor Rowing Club (SP) (T)
- 11:00 RSF Rosary with Vivian Meier (M)
- 2:00 SCE Horse Racing with Friends! (BY) (VP)
- 2:30 SCE Ping Pong with Vinny (TL) (VP)
- 3:30 LIS Current Issues in the News with Rhoda (M)
- 4:00 HPPF Afternoon Walk (BY)
- 7:00 SCE Evening Movie (M)
- 7:15 LIS Short Stories with Nanci (LB) (J)

20

- 9:45 RSF Rosary and Communion with Pat Gannon (GR)
- 10:00 Morning Exercise (M)
- 10:00 HPPF Papa Loves Mambo Exercise w/ Taylor (M)
- 10:45 LIS News & Views Discussion (LB)
- 11:00 Rosary and Communion (M)
- 12:30 Outdoor Walking Club with Joanna! (TL) (J)
- 1:45 "Homecoming" on Channel 97 (M)
- 2:00 SCE Jeopardy!® Game with Taylor! (M)
- 3:30 Food for Thought Meeting (M)
- 3:30 SCE Violin with Albert Mulad (M)
- 4:00 HPPF Afternoon Walk with Bob (BY)
- 7:00 SCE Evening Movie (M)

21

- 10:00 Morning work out with Taylor (M) (S)
- 10:00 HPPF Posture and Stretch Exercise Program (M) (T)
- 10:45 LIS Word Power with Taylor! (M)
- 11:30 Flashback Fridays! Watch the Oldies! (M) (RL)
- 12:30 Walking Towards a Healthy Heart (TL)
- 2:00 CEA Medici the Magnificent (M) (J)
- 2:00 Netflix® Documentary (M) (J)
- 2:15 Bingo with Taylor (AC) (T)
- 3:00 RSF Shabbat Service with Jill! (M)
- 3:30 SCE 4 Pictures, 1 Word with Taylor (AC)
- 3:30 HPPF Afternoon Walk with Friends (BY)
- 7:00 SCE Evening Movie (M)

22

- 10:00 HPPF Total Body Condition Beginner Exercise (M) (T)
- 10:00 Healthy Start Morning Exercise w/ Taylor (M) (T)
- 10:30 News and Views with Taylor (LB) (T)
- 10:45 LIS News & Views Discussion (LB)
- 12:30 Afternoon Walk Resident Led (TL) (RL)
- 2:00 SCE Sing Along with Taylor! (M)
- 3:00 LIS You Be The Judge with Taylor (M)
- 3:30 You Be The Judge with Taylor (LB) (T)
- 3:30 SCE Movie: Holiday (M)
- 3:30 50 Cent Bingo with Taylor (AC) (T)
- 4:00 HPPF Afternoon Walk (BY)
- 7:00 SCE Evening Movie (M)

23

- 9:30 RSF Trip to Our Lady of Peace (ML)
- 10:00 HPPF Tai Chi with Paulette Silber (M)
- 10:30 RSF Prayers and Readings with Vinny (LB)
- 11:00 CEA BJK Journaling (AC)
- 11:00 RSF TV Mass (M)
- 12:30 Sunday Nature Walk (TL) (M)
- 12:30 RSF Speaking in Spirit with Vinny (LB)
- 2:00 SCE Cornhole Bean Bag Game with Vinny! (B)
- 2:15 Mock "Debate" - Topic Animal Testing (M)
- 3:00 CEA Embroidery and Cross-stitch (AC)
- 3:30 HPPF Afternoon Walking with Friends
- 7:00 SCE Evening Movie (M)

24

- 10:00 HPPF Holiday Hustle Exercise Challenge (M) (T)
- 10:00 Morning Moves Exercise (M) (M)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:45 LIS This Day In History with Vinny (M)
- 11:00 Fashion to Go Vendor is here (ML) (J)
- 12:30 Trip to CVS and King Kullen (ML) (M)
- 12:30 "A Walk on the Wild Side" Walking Club (TL) (T)
- 2:00 SCE Bowling with Vinny (TL) (VP)
- 2:45 LIS Chain Reaction Word Association Game (M)
- 3:30 CEA Tanglewood Singers with Frank Scafuli! (M) (VP)
- 3:30 HPPF Afternoon Walk with Friends
- 7:00 SCE Evening Movie (M)

- 10:00 HPPF Taylor's Tai-Chi Balance & Posture (M) (T)
- 10:30 CPI Knit Wits Knitting & Crochet Group! (B)
- 10:30 Knit Wits Knitting Club (SP) (J)
- 10:45 LIS 30 Second Mysteries with Taylor (M)
- 11:45 Indoor Rowing on the Stationary Machine! (TL) (A)
- 1:30 Pet Therapy with Sherry and Blossom (TL) (V)
- 2:00 LIS Group Crosswords with Taylor (M)
- 2:45 SCE Scattegories with Taylor (AC) (J)
- 3:30 SCE Piano with I-Hueng Lee (M)
- 3:30 HPPF Afternoon Walk with Friends (BY)
- 7:00 SCE Evening Movie (M)
- 7:15 SCE Prize Night Bingo! (AC)

26

- 10:00 SCE CVS & King Kullen Trip! (ML) (VP)
- 10:00 HPPF Exercise with Parkacise (M)
- 10:00 Morning Exercise (M) (OV)
- 11:00 Rosary Service (M)
- 11:00 RSF Rosary with Vivian Meier (GR)
- 12:30 Trip to Broadhollow (ML) (M)
- 2:00 SCE Jeopardy!® with Taylor (M)
- 2:00 SCE Ping Pong with Vinny! (TL) (VP)
- 3:30 HPPF Walking Club (BY)
- 5:00 Aileen's Trivia Challenge (M) (J)
- 7:00 SCE Evening Movie
- 7:15 LIS Short Story Appreciation (LB)

27

- 9:45 Body & Mind Yoga w/ Marcella (M)
- 9:45 RSF Rosary and Communion with Pat Gannon (GR)
- 10:00 HPPF Upper Body Conditioning Exercise (M)
- 10:00 HPPF Healthy Start Exercise with Parkacise! (M) (T)
- 10:45 LIS World News & Views (LB) (M)
- 12:30 Outdoor Walking Club with Joanna! (TL) (J)
- 2:15 Choral Club with Vern & Tom! (M) (J)
- 2:15 SCE Family Feud™ with the Engage Life Team (M)
- 2:15 Lana Shalom (M) (OV)
- 3:30 SCE Music with Tom Smith! (M)
- 4:00 HPPF Afternoon Walk with friends (BY) (RL)
- 7:00 SCE Evening Movie

28

- 10:00 HPPF Total Body Condition Advance Exercise (M)
- 10:30 News and Views Discussion Group (LB) (OV)
- 11:30 Flashback Fridays! Watch the Oldies! (M) (RL)
- 12:30 Walking Towards a Healthy Heart (TL) (R)
- 2:00 SCE Medici the Magnificent (M)
- 2:00 Rummikub® with Friends (GR) (RL)
- 2:15 Bingo with Taylor (AC) (J)
- 3:00 RSF Shabbat Service with Jill (M)
- 3:30 CEA Beading with Taylor (AC)
- 4:00 HPPF Afternoon Walk (BY)
- 7:00 SCE Evening Movie (M)
- 7:15 Gather for Games! (GR)

29

- 10:00 HPPF Exercise with Parkacise! (M) (T)
- 10:00 Healthy Start Morning Exercise w/ Taylor (M) (T)
- 10:30 News and Views with Taylor (LB) (T)
- 10:45 LIS News & Views Discussion (LB)
- 12:30 Beauty and the Beads - Jewelry Designing
- 12:30 Afternoon Walk Resident Led (TL) (RL)
- 2:00 SCE Ladder Ball with Taylor (TL)
- 2:45 LIS 30 Second Mysteries with Taylor (M)
- 3:00 Bingo 2 with Taylor (T)
- 3:30 SCE Movie: Awakenings (M) (J)
- 3:30 HPPF Afternoon Walking with Friends
- 7:00 SCE Evening Movie (M)