

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Kim Fisher & Students
Performance**

Friday, December 3, 7:00 PM

**Celebration of Hanukkah:
Trio Group**

Sunday, December 26, 7:00 PM

Trip to Franklin Institute

Thursday, December 30, 1:30 PM



DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

ROOM LOCATION KEY:

William Penn Room WPR
Theater, 4th Floor 4TH
Front Lobby FL
Bistro B
2nd FL, Activity Room 2AR
Boathouse Lounge BL
5th Floor Art Gallery 5AG
Hallway HW

<p>9:30 Metropolitan Opera Replay (4TH) 5</p> <p>10:30 LIS Sunday Inquirer</p> <p>Discussion Group (WPR)</p> <p>11:30 HPPF Total Body Conditioning (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 CEA BJK Journaling Series (2AR)</p> <p>3:00 SCE Bridge Group (BL)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 LIS Group Crossword Puzzle (WPR)</p> <p>4:00 SCE Cocktail Hour (BL)</p> <p>7:00 Sunday Documentary (4TH)</p>	<p>9:30 Morning Documentary Replay (4TH) 6</p> <p>10:30 CEA Morning Tunes and Pastries (WPR)</p> <p>11:30 HPPF Fitness Class with Gretchen (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 LIS December IQ Challenge (WPR)</p> <p>3:15 HPPF Matinee Movie (4TH)</p> <p>3:30 HPPF Upper Body Conditioning (WPR)</p> <p>4:00 SCE Happiest of Hours (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Broadway Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 7</p> <p>10:30 LIS GIANT Crossword Puzzle (WPR)</p> <p>11:30 HPPF Flow Yoga (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>1:30 RSE Holy Communion Service (2AR)</p> <p>2:00 CPI Food for Thought (WPR)</p> <p>3:15 TV Series Special (4TH)</p> <p>3:30 HPPF Total Body Conditioning (WPR)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>4:00 SCE Sips and Dips! (BL)</p> <p>7:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 8</p> <p>10:30 LIS Coffee Talks with Linda (WPR)</p> <p>11:30 HPPF Sit and Get Fit (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:45 HPPF Balance in Action (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Winter Wonderland Happy Hour (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Rocco's Movie Choice (4TH)</p>	<p>9:30 Rocco's Movie Choice Replay (4TH) 9</p> <p>10:30 LIS Daily Chronicle with Linda (WPR)</p> <p>11:30 HPPF Holiday Hustle (WPR)</p> <p>1:30 SCE Resident Trip (FL)</p> <p>2:45 HPPF Fitness with Gretchen (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 SCE Jay Daniel's Live Performance (WPR)</p> <p>4:00 SCE Happiest of Hours (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>8:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 10</p> <p>10:30 SCE Coffee, Donuts, and Conversations (WPR)</p> <p>11:30 HPPF Cardio Drumming (WPR)</p> <p>1:15 HPPF Walking Club (WPR)</p> <p>2:00 RSE Shabbat Service (WPR)</p> <p>2:45 HPPF Dance & Movement: The Hustle (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Happiest of Hours (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Movie Premiere Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 11</p> <p>10:30 LIS GIANT Crossword Puzzle (WPR)</p> <p>11:30 HPPF Total Body Conditioning (WPR)</p> <p>2:00 SCE Weekly Word Games (WPR)</p> <p>2:45 HPPF Cardio Drumming (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 SCE Afternoon Card Games (BL)</p> <p>4:00 SCE Saturday Sips and Sinatra (BL)</p> <p>7:00 Metropolitan Opera (4TH)</p>
<p>9:30 Morning Movie Replay (4TH) 12</p> <p>10:30 LIS Sunday Inquirer Discussion (WPR)</p> <p>11:30 HPPF Sit and Get Fit (WPR)</p> <p>2:45 HPPF Well-Being Series Part 1 (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 LIS Afternoon Crossword Puzzle (WPR)</p> <p>4:00 SCE Cocktail Hour (BL)</p> <p>7:00 Sunday Documentary (4TH)</p>	<p>9:30 Documentary Replay (4TH) 13</p> <p>10:30 LIS Morning Trivia with Linda (WPR)</p> <p>11:30 HPPF Fitness Class with Gretchen (WPR)</p> <p>1:30 RSE Holy Rosary Ceremony (2AR)</p> <p>2:00 CEA Music Appreciation (WPR)</p> <p>2:45 HPPF Upper Body Conditioning (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 SCE Who Am I? (WPR)</p> <p>4:00 SCE Happiest of Hours (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Broadway Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 14</p> <p>10:30 LIS GIANT Crossword Puzzle (WPR)</p> <p>11:30 HPPF Total Body Conditioning (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 CEA BJK Journaling Series (2AR)</p> <p>3:15 TV Special Series (4TH)</p> <p>3:30 CPI Ambassador's Club Meeting (WPR)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>4:00 SCE Sips and Dips! (HW)</p> <p>7:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 15</p> <p>10:30 HPPF Balance in Action (WPR)</p> <p>11:00 CPI New Resident Orientation (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 SCE Trivia Competition (WPR)</p> <p>2:30 LIS Fox Rehab Health Chat (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Candy Lane Happy Hour (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Rocco's Movie Choice (4TH)</p>	<p>9:30 Rocco's Movie Replay (4TH) 16</p> <p>10:30 LIS Group Crossword Puzzle (WPR)</p> <p>11:30 HPPF Upper Body Conditioning (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 CPI Engage Life® Program Meeting (WPR)</p> <p>2:45 HPPF Fitness with Gretchen (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Happiest of Hours (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 17</p> <p>10:30 SCE Coffee, Donuts, and Conversations (WPR)</p> <p>11:30 HPPF Lower Body Conditioning (WPR)</p> <p>12:30 SCE December Birthday Celebration (BL)</p> <p>2:00 RSE Shabbat Service with Cantor Freedman (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 HPPF Posture & Stretch Fitness (WPR)</p> <p>4:00 SCE Cocktail Hour (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Movie Premiere Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 18</p> <p>10:30 LIS Group Crossword Puzzle (WPR)</p> <p>11:30 HPPF Total Body Conditioning (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 LIS Zodiac & Horoscope of December (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 SCE Rusty and Jan Performance (WPR)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>4:00 SCE Saturday Sips and Sinatra (BL)</p> <p>7:00 Metropolitan Opera Night (4TH)</p>
<p>9:30 Morning Movie Replay (4TH) 19</p> <p>10:30 LIS Sunday Inquirer Discussion (WPR)</p> <p>11:30 HPPF Group Strength and Cardio (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 CEA BJK Journaling Series (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 CEA Poetry Appreciation (WPR)</p> <p>4:00 SCE Cocktail Hour (BL)</p> <p>7:00 Sunday Documentary (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 20</p> <p>10:30 CEA Morning Tunes with Linda (WPR)</p> <p>11:30 HPPF Fitness Class with Gretchen (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 LIS Around the World: Costa Rica (WPR)</p> <p>2:45 HPPF Well-Being Series Part 2 (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Happiest of Hours (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Broadway Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 21</p> <p>10:30 LIS GIANT Crossword Puzzle (WPR)</p> <p>11:30 HPPF Holiday Hustle (WPR)</p> <p>1:00 SCE Visit with Teddy the Yorkie (WPR)</p> <p>2:00 LIS The Life & Music of Nat Cole King (WPR)</p> <p>3:00 CEA DVAA Art Gallery Opening Reception (5AG)</p> <p>3:15 TV Series Special (4TH)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>4:00 SCE Sips and Dips! (BL)</p> <p>7:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 22</p> <p>10:30 LIS Current Events Discussion (WPR)</p> <p>11:00 CPI Resident Council Meeting (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 CEA Cooking Club with Chef Derek (WPR)</p> <p>2:45 HPPF Lower Body Conditioning (WPR)</p> <p>3:00 CPI Civic Involvement- Food Drive (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Christmas Cheer Happy Hour (BL)</p> <p>7:00 Rocco's Movie Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 23</p> <p>10:30 HPPF Upper Body Conditioning (WPR)</p> <p>11:00 SCE Candy Bar Bingo (WPR)</p> <p>2:00 LIS Origins and Traditions of Thanksgiving (WPR)</p> <p>2:45 HPPF Fitness Class with Gretchen (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Cocktail Hour! (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 SCE Thanksgiving Performance Joe Parker (WPR)</p> <p>8:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 24</p> <p>10:30 CEA DVAA Art Workshop with Linda (WPR)</p> <p>11:30 HPPF Holiday Hustle (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 RSE Shabbat Service (WPR)</p> <p>2:30 HPPF Upper Body Conditioning (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 SCE Small Business Facts & Trivia (WPR)</p> <p>4:00 SCE Happy Hour! (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Movie Premiere Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 25</p> <p>10:30 LIS Group Crossword Puzzle (WPR)</p> <p>11:30 HPPF Total Body Conditioning (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 SCE Weekly Word Games (WPR)</p> <p>2:45 HPPF Balance in Action (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 SCE Dealer's Choice! (BL)</p> <p>4:00 SCE Saturday Sips and Sinatra (BL)</p> <p>7:00 Metropolitan Opera (4TH)</p>
<p>9:30 Morning Movie Replay (4TH) 26</p> <p>10:30 LIS Sunday Inquirer Discussion (WPR)</p> <p>11:30 HPPF Group Strength and Cardio (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 SCE PositivTea: Gratitude (WPR)</p> <p>3:00 SCE Bridge Group (BL)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 LIS Sunday Afternoon Crossword Puzzle (WPR)</p> <p>4:00 SCE Happy Hour (BL)</p> <p>5:45 RSE The Lighting of the Menorah (WPR)</p> <p>7:00 RSE Celebration of Hanukkah: Trio Group (WPR)</p> <p>8:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 27</p> <p>10:30 LIS Morning Brain Teasers with Linda (WPR)</p> <p>11:30 HPPF Fitness Class with Gretchen (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>1:30 RSE Holy Rosary Ceremony (2AR)</p> <p>2:00 LIS Literary Appreciation: Book Club (WPR)</p> <p>2:45 HPPF Dance & Movement: The Hustle (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>4:00 SCE Sips and Dips! (BL)</p> <p>7:00 Broadway Night (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 28</p> <p>10:30 LIS GIANT Crossword Puzzle (WPR)</p> <p>11:30 HPPF Total Body Conditioning (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 LIS The Life & Music of Frank Sinatra (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 HPPF Yoga Flow (WPR)</p> <p>4:00 SCE Cocktail Hour! (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Evening Movie (4TH)</p>	<p>9:30 Morning Movie Replay (4TH) 29</p> <p>11:30 HPPF Holiday Hustle Ceremony (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 SCE Today in History (WPR)</p> <p>2:45 HPPF Upper Body Conditioning (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>4:00 SCE Wine Cheese & Chocolate Happy Hour (BL)</p> <p>4:00 LIS ODU: Appreciating & Understanding Wine (WPR)</p> <p>7:00 Rocco's Movie Choice (4TH)</p>	<p>9:30 Rocco's Movie Choice Replay (4TH) 30</p> <p>10:00 CPI IGC Jewelers (B)</p> <p>10:30 LIS Daily Chronicle with Linda (WPR)</p> <p>11:30 HPPF Balance in Action (WPR)</p> <p>1:30 SCE Trip to Franklin Institute (FL)</p> <p>2:45 HPPF Stretchin' with Gretchen (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 CEA BJK Journaling Series (2AR)</p> <p>4:00 SCE Cocktail Hour! (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Evening Movie (4TH)</p>	<p>10:15 Morning Movie Replay (4TH) 31</p> <p>10:30 SCE Coffee, Donuts, and Conversations (WPR)</p> <p>11:30 HPPF Lower Body Conditioning (WPR)</p> <p>1:15 HPPF Walking Club (FL)</p> <p>2:00 RSE Shabbat Service with Cantor Freedman (WPR)</p> <p>3:15 Matinee Movie (4TH)</p> <p>3:30 HPPF Cardio Drumming (WPR)</p> <p>4:00 SCE Happy New Year Happy Hour (BL)</p> <p>4:00 LIS One Day University Seminar (WPR)</p> <p>7:00 Evening Movie (4TH)</p>	<ul style="list-style-type: none"> ■ HEALTH AND PHYSICAL FITNESS ■ LIFELONG LEARNING AND INTELLECTUAL STIMULATION ■ CREATIVE EXPRESSION AND THE ARTS ■ SOCIAL CONNECTION AND ENTERTAINMENT ■ CIVIC AND PROFESSIONAL INVOLVEMENT ■ RELIGIOUS AND SPIRITUAL FELLOWSHIP

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Civic Engagement Project Launch

Friday, December 3, 2:00 PM

Cardio Drumming Circle

Friday, December 17, 3:00 PM

Creating Winter Snow Globes

Tuesday, December 28, 2:00 PM



DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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<p>HOLIDAY TRADITIONS WEEK 5</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music: Do They Know It's Christmas 2:00 CPI Civic Engagement Working Session 2:30 Bingo 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>LAST DAY OF HANUKKAH 6 ST. NICHOLAS DAY</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Walking Challenge 11:45 SCE Cranium® Crunches 1:00 CEA Music Appreciation: Saint Nicholas Day 1:30 RSF Meaning & Tradition of Christmas: Part I 3:00 HPF Lower Body Conditioning 5:00 SCE Holiday Celebration Series</p>	<p>NATIONAL PEARL HARBOR DAY OF REMEMBRANCE 7</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Flow Yoga 11:30 SCE Karaoke 1:00 CEA Music Appreciation: Eagles 2:30 CEA Milkshake Social 3:00 HPF Dance & Movement: The Macarena 3:30 Magazine Scavenger Hunt 4:15 LIS Tuesday Trivia 5:00 LIS Language Learning: Happy Holidays</p>	<p>FEAST OF IMMACULATE CONCEPTION 8</p> <p>10:00 RSF Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 11:00 Bowling 1:00 CEA Music Appreciation: Noel by Josh Groban 1:30 SCE Express Yourself: December Holidays 2:00 SCE Winter Wonderland Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 9</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 11:45 Top Ten Thursdays 1:00 CEA Music: A Charlie Brown Christmas 3:00 HPF Dance & Movement: The Hustle 3:30 Bingo 5:00 LIS Literary Appreciation: The Holidays</p>	<p>Today's Events & Newsletters 10</p> <p>10:00 SCE Today's Events & Newsletters 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music: Christmas Poems, Emily Dickinson 2:30 SCE Floatin' Fridays 3:00 HPF Cardio Drumming Circle 3:30 Wordscramble 5:00 SCE Laughter Therapy</p>	<p>Today's Events & Newsletter 11</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Today's Music: All I Want For Christmas 2:15 Music Bingo 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Sensory Stimulation: iSpy the Holidays</p>
<p>CAROLING WEEK 12 NATIONAL POINSETTIA DAY</p> <p>9:00 RSF Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Frank Sinatra 2:30 Bingo 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>U.S. NATIONAL GUARD BIRTHDAY 13</p> <p>10:00 LIS Today's Events & Newsletter 10:30 HPF Walking Challenge 11:45 SCE Cranium® Crunches 1:00 CEA Music: The Perfect Christmas Song 1:30 LIS The Game of Carols 3:00 HPF Lower Body Conditioning 3:15 Family Feud™ 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 14</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 11:30 Karaoke 1:00 CEA Music Appreciation: Gayla Peevey 1:30 LIS Word Wonders: Animals 2:30 CEA Milkshake Social 3:00 HPF Dance & Movement: The Macarena 3:30 Magazine Scavenger Hunt 4:15 LIS Tuesday Trivia 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 15</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Peace For Christmas 1:30 CEA Music History: The Beatles 2:00 SCE Candy Land Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 16</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 11:30 Top Ten Thursdays 1:00 CEA Music Appreciation: Jingle Bells 1:30 CEA Music History: Origins of Carols, Pt. I 2:30 SCE Thursdays Tea Social 3:00 HPF Dance & Movement: The Hustle 3:30 Bingo 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NATIONAL MAPLE SYRUP DAY 17 NATIONAL UGLY SWEATER DAY</p> <p>9:00 LIS Newsletter: National Maple Syrup Day 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Quirky Holiday Songs 2:30 SCE Floatin' Fridays 3:00 HPF Cardio Drumming Circle 3:30 Wordscramble 5:00 SCE Laughter Therapy</p>	<p>NATIONAL WREATHS ACROSS AMERICA DAY 18</p> <p>9:00 LIS Newsletter: National Wreaths Day 10:30 HPF Flow Yoga 1:00 CEA Today's Music: Fairytale in New York 1:30 CEA Sing Across America: New York 2:00 Music Bingo 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Find The Pairs: Holiday Edition</p>
<p>CHRISTMAS WEEK 19</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: "A Christmas Carol" 2:30 Bingo 3:00 CPI Civic Engagement Delivery 4:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>Today's Events & Newsletter 20</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Today's Music: It's A Wonderful Life 2:00 CEA Scentsory Art 3:00 HPF Lower Body Conditioning 3:15 Jeopardy!® 5:00 SCE Holiday Celebration Series</p>	<p>FIRST DAY OF WINTER 21</p> <p>10:00 LIS Newsletter: Winter Solstice 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: The Winter Solstice 3:00 HPF Dance & Movement: The Macarena 3:30 Magazine Scavenger Hunt 4:15 LIS Tuesday Trivia 5:00 LIS Language Learning: Merry Christmas</p>	<p>Today's Events & Newsletter 22</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 12:00 LIS Who/What Am I? 1:00 CEA Music Appreciation: The Chipmunk Song 2:00 SCE Christmas Cheer(s) Happy Hour 3:00 HPF Tai Chi: Posture & Balance</p>	<p>Today's Events & Newsletter 23</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning - Beginner 1:00 CEA Music: Twas The Night Before Christmas 1:30 CEA Music History: Origins of Carols, Pt. II 2:30 SCE Apple Cider Social 3:00 HPF Dance & Movement: The Hustle 3:30 Thanksgiving Bingo 5:00 LIS Literary Appreciation: The Holidays</p>	<p>CHRISTMAS EVE 24</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Silent Night 2:30 SCE Floatin' Fridays 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	<p>CHRISTMAS DAY 25</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Meaning of Christmas 1:30 RSF Meaning of Christmas, Part II 2:00 Music Bingo 3:00 HPF Posture and Stretch Fitness Class 5:00 LIS Sensory Stimulation: iSpy the Holidays</p>
<p>BOXING DAY 26 NEW YEAR'S WEEK</p> <p>10:00 CPI Today's Events & Newsletter 10:30 HPF Tai Chi: Balance & Posture 1:00 CEA Music Appreciation: Good King Wenceslas 2:30 Bingo 3:00 HPF Walking Challenge 5:00 RSF Bible Study</p>	<p>Today's Events & Newsletter 27</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 1:00 CEA Music Venues: Radio City Music Hall 1:30 CEA Music History: Iconic Music Venues, II 3:00 HPF Lower Body Conditioning 3:45 Family Feud™ 5:00 SCE Holiday Celebration Series</p>	<p>Today's Events & Newsletter 28</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Flow Yoga 1:00 CEA Music Appreciation: Shirley Temple 2:00 CEA Creating Winter Snow Globes 2:30 CEA Milkshake Social 3:00 HPF Dance & Movement: The Macarena 3:30 Tuesday Trivia 5:00 LIS Literary Appreciation: Poetry</p>	<p>Today's Events & Newsletter 29</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Upper Body Conditioning 1:00 CEA Music Appreciation: Beethoven The Great 1:30 CEA Music History: Classical 2:00 SCE Happy New Year Happy Hour 3:00 HPF Tai Chi: Balance & Posture</p>	<p>Today's Events & Newsletter 30</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Total Body Conditioning 1:00 CEA Music Appreciation: Neil Young 3:00 HPF Dance & Movement: The Hustle 5:00 LIS Literary Appreciation: The Holidays</p>	<p>NEW YEAR'S EVE 31</p> <p>10:00 SCE Today's Events & Newsletter 10:30 HPF Walking Challenge 11:00 CEA BJK Journaling & Discussion 1:00 CEA Music Appreciation: Auld Lang Syne 1:30 LIS History of New Year's Eve 3:00 HPF Cardio Drumming Circle 5:00 SCE Laughter Therapy</p>	

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