

March 2020

**EXPLORE FASHION:
VINTAGE & FUTURE TRENDS**
Saturday, March 14, 1:30 PM

**ST. PATRICK'S DAY
CELEBRATION LUNCHEON**
Tuesday, March 17, 11:00 AM

**SPRINGTIME TEA &
BIRDHOUSE PAINTING**
Thursday, March 19, 3:00 PM

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

12:00 **C** Resident Led Puzzle Club (L)
 12:30 Resident Led L-C-R
 Dice Game (RPR)

1:30 **EF** Sunday Netflix® Matinee (TH)
 1:45 **HF** Afternoon Workout! (RPR)
 2:00 Resident Led Rummikub® (TFS)
 2:00 **EF** Broadway Musical Performance (L)
 2:00 **IS** Church Service (CPL)
 2:00 Resident Led Golf Card Game (L)
 2:45 **HF** Hand-Eye Coordination Badminton (RPR)
 3:30 Atria Country Store (CS)
 6:30 **C** Resident Led Billiard's & Card Games (GR)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

2

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Christian Ministries (CPL)
 10:30 **HF** Weight's-Ball's & Band's (RPR)
 1:30 Bingo for Atria Bucks! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:00 Resident Led Scrabble® (L)
 3:00 **CV** Veterans Muster (VH)
 3:00 **CE** Paint & Craft For Caregivers (RPR)
 5:00 **EF** Movie Matinee (TH)
 6:30 **CV** Crochet & Knitting For A Cause (L)
 6:30 Resident Led Pinochle (L)

3 **Caregiver Appreciation Day**

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Catholic Communion (CPL)
 10:00 **CV** National Anthem Day (L)
 10:30 **HF** Yoga & Meditation (RPR)
 1:30 **PA** Engage Life® Activities Program Meeting (RPR)
 3:00 **EF** Quarter Horse Races (MPR)
 4:30 **HF** Strength & Balance Class (RPR)
 6:30 **CE** Craft & Canvas Paint Night (RPR)
 6:30 Resident Led Kings in the Corner (L)

4

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **EF** Sugarplum Farm/Zoo and Chocolate Shoppe (OUT)
 10:00 **IS** Bible Study (CPL)
 10:00 **PA** Lobby Games (L)
 10:30 **HF** Dancing with Denise (RPR)
 1:30 Pokeno® for Prizes! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:30 **EF** Happy Hour & Live Entertainment (MPR)
 4:30 **EF** No Fall Volleyball (RPR)
 6:30 Resident Led Rummikub® (L)

5

9:15 **HF** Wake Up Workout! (RPR)
 10:30 **PA** Discover the iPad® (RPR)
 11:00 **LL** Technology Support (RPR)
 1:30 **PA** Loteria Game/Mexican Bingo (RPR)
 2:30 **C** Coffee Chat With Rance (L)
 3:00 **PA** Musical Ball for Bucks (RPR)
 4:00 **HF** Weights & Walking (L)
 6:30 Resident Led Mahjong (L)
 6:30 Resident Led Mexican Train (L)

6

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Rosary Group (CPL)
 10:30 **LL** Learn American Sign Language (RPR) (AP)
 11:30 **HF** Walking For Wellness Nature Walk (L)
 1:30 Bingo for Atria Bucks! (RPR)
 2:45 **EF** No Fall Volleyball (RPR)
 3:00 **PA** Atria Sing Along group (CPL)
 3:30 Atria Country Store (CS)
 3:30 Resident Led L-C-R
 Dice Game (RPR)
 4:00 **HF** Fresh Air Fitness Walk (L)
 6:30 Resident Led Rummikub® (L)

7

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **C** Coffee & Tea with a Neighbor (L)
 11:00 **PA** Gardening Club (RPR)
 1:30 **EF** Resident Led Texas Hold-Em (GR)
 1:30 **CV** StoryWise™ & Socialize w/ Hot Cocoa (L)
 1:45 Resident Led Bridge Game (L)
 3:00 **HF** Engage Your Brain Badminton (RPR)
 4:00 **LL** TED Talks (RPR)
 6:30 Resident Led Mahjong (L)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

8

12:00 **C** Resident Led Puzzle Club (L)
 12:30 Resident Led L-C-R
 Dice Game (RPR)

1:30 **EF** Sunday Netflix® Matinee (TH)
 1:45 **HF** Afternoon Workout! (RPR)
 2:00 Resident Led Rummikub® (TFS)
 2:00 **IS** Church Service (CPL)
 2:00 Resident Led Golf Card Game (L)
 2:45 **HF** Hand-Eye Coordination Badminton (RPR)
 3:30 Atria Country Store (CS)
 6:30 **C** Resident Led Billiard's & Card Games (GR)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

9

9:15 **HF** Wake Up Workout! (RPR)
 10:00 Active Mobility (L)
 10:00 **IS** Christian Ministries (CPL)
 10:30 **HF** Weight's-Ball's & Band's (RPR)
 1:30 Bingo for Atria Bucks! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:00 Resident Led Scrabble® (L)
 3:00 **CE** St Patty's Jello & Cupcakes Decorating (RPR)
 5:00 **EF** Movie Matinee (TH)
 6:30 **CV** Crochet & Knitting For A Cause (L)
 6:30 Resident Led Pinochle (L)

10

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Catholic Communion (CPL)
 10:30 **HF** Yoga & Meditation (RPR)
 12:00 **C** New Resident Luncheon w/ Ambassadors (DR)
 2:00 **LL** Mandatory All Staff Meeting (RPR)
 3:00 **EF** Quarter Horse Races (MPR)
 4:30 **HF** Strength and Balance (RPR)
 6:30 **CE** Craft & Canvas Paint Night (RPR)
 6:30 Resident Led Kings in the Corner (L)

11

9:15 **HF** Wake Up Workout! (RPR)
 9:30 J&J Hearing Aids (VH)
 10:00 **IS** Bible Study (CPL)
 10:00 **PA** Lobby Games (L)
 10:30 **HF** Dancing with Denise (RPR)
 10:30 **EF** Paint Party At Pinot's Palette (OUT)
 1:30 Pokeno® For Prizes! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:30 **EF** Happy Hour & Live Entertainment (MPR)
 4:30 **EF** No Fall Volleyball (RPR)
 6:30 Resident Led Rummikub® (L)

12 **Popcorn Lovers Day**

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **C** Coffee Chat With Rance (L)
 10:30 **PA** Discover the iPad® (RPR)
 11:00 **LL** Technology Support (RPR)
 11:30 **LL** Resident Led Book Club (MPR)
 1:30 **C** Food for Thought w/ Chef Daniel (MPR)
 1:30 **CE** Popcorn & Limerick's Poetry (L)
 3:00 **PA** Musical Ball for Bucks (RPR)
 4:00 **HF** Weights & Walking (L)
 6:30 Resident Led Mahjong (L)
 6:30 Resident Led Mexican Train (L)

13

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Rosary Group (CPL)
 10:30 **LL** Learn Sign Language (RPR) (AP)
 11:30 **HF** Walking For Wellness Nature Walk (L)
 1:30 Bingo for Atria Bucks! (RPR)
 2:30 **CV** Canines Visit (L)
 2:45 **EF** No Fall Volleyball (RPR)
 3:00 **PA** Atria Sing Along group (CPL)
 3:30 Atria Country Store (CS)
 3:30 Resident Led L-C-R
 Dice Game (RPR)
 4:00 **HF** Fresh Air Fitness Walk (L)
 6:30 Resident Led Rummikub® (L)

14

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **C** Coffee & Tea in the Bistro/Lobby (L)
 11:00 **PA** Gardening Club (RPR)
 1:30 **EF** Resident Led Texas Hold-Em (GR)
 1:30 **CV** Explore Fashion:Vintage & Future Trends (MPR)
 1:45 Resident Led Bridge Game (L)
 3:00 **HF** Engage Your Brain Badminton (RPR)
 4:00 **LL** TED Talks (RPR)
 6:30 Resident Led Mahjong (L)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

15

12:00 **C** Resident Led Puzzle Club (L)
 12:30 Resident Led L-C-R
 Dice Game (RPR)

1:30 **EF** Sunday Netflix® Matinee (TH)
 1:45 **HF** Afternoon Workout! (RPR)
 2:00 Resident Led Rummikub® (TFS)
 2:00 **IS** Church Service (CPL)
 2:00 Resident Led Golf Card Game (L)
 2:45 **HF** Hand-Eye Coordination Badminton (RPR)
 3:30 Atria Country Store (CS)
 6:30 **C** Resident Led Billiard's & Card Games (GR)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

16 **National Panda Day**

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Christian Ministries (CPL)
 10:30 **HF** Weight's-Ball's & Band's (RPR)
 1:30 **PA** Atria Auction Time! (MPR)
 1:45 Resident Led Bridge Game (L)
 2:00 Resident Led Scrabble® (L)
 3:00 **CE** Panda Painting on National Panda Day (RPR)
 5:00 **EF** Movie Matinee (TH)
 6:30 **CV** Crochet & Knitting For A Cause (L)
 6:30 Resident Led Pinochle (L)

17 **St. Patrick's Day**

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Catholic Communion (CPL)
 10:30 **HF** Yoga & Meditation (RPR)
 11:00 **C** St. Patrick's Day Celebration Luncheon (DR)
 1:30 **PA** Ambassador Gathering (RPR)
 3:00 **EF** Quarter Horse Races (MPR)
 4:30 **HF** Strength and Balance (RPR)
 6:30 **CE** Craft & Canvas Paint Night (RPR)
 6:30 Resident Led Kings in the Corner (L)

18

9:00 **EF** Morongo Casino, Resort & Spa (OUT)
 9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Bible Study (CPL)
 10:00 **PA** Lobby Games (L)
 10:30 **HF** Dancing with Denise (RPR)
 1:30 Pokeno® for Prizes! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:30 **PA** Birthday Bash at Happy Hour (MPR)
 4:30 **EF** No Fall Volleyball (RPR)
 6:30 Resident Led Rummikub® (L)

19 **First Day of Spring**

9:15 **HF** Wake Up Workout! (RPR)
 10:30 **PA** Discover the iPad® (RPR)
 11:00 **LL** Technology Support (RPR)
 1:30 **PA** Loteria Game/Mexican Bingo (RPR)
 2:30 **C** Town Hall (MPR)
 3:00 **CE** Springtime Tea & Birdhouse Painting (RPR)
 4:00 **HF** Weights & Walking (L)
 6:30 Resident Led Mahjong (L)
 6:30 Resident Led Mexican Train (L)

20

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Rosary Group (CPL)
 10:30 **LL** Learn Sign Language (RPR) (AP)
 11:30 **HF** Walking For Wellness Nature Walk (L)
 1:30 Bingo for Atria Bucks! (RPR)
 2:45 **EF** No Fall Volleyball (RPR)
 3:00 **PA** Atria Sing Along group (CPL)
 3:30 Atria Country Store (CS)
 3:30 Resident Led L-C-R
 Dice Game (RPR)
 4:00 **HF** Fresh Air Fitness Walk (L)
 6:30 Resident Led Rummikub® (L)

21

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **C** Coffee & Tea with Ambassador's (L)
 11:00 **PA** Gardening Club (RPR)
 1:30 **EF** Resident Led Texas Hold-Em (GR)
 1:30 **CV** StoryWise™, Socialize, & Root Beer Floats (L)
 1:45 Resident Led Bridge Game (L)
 3:00 **HF** Engage Your Brain Badminton (RPR)
 4:00 **LL** TED talks (RPR)
 6:30 Resident Led Mahjong (L)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

22

12:00 **C** Resident Led Puzzle Club (L)
 12:30 Resident Led L-C-R
 Dice Game (RPR)

1:30 **EF** Sunday Netflix® Matinee (TH)
 1:45 **HF** Afternoon Workout! (RPR)
 2:00 Resident Led Rummikub® (TFS)
 2:00 **IS** Church Service (CPL)
 2:00 Resident Led Golf Card Game (L)
 2:45 **HF** Hand-Eye Coordination Badminton (RPR)
 3:30 Atria Country Store (CS)
 6:30 **C** Resident Led Billiard's & Card Games (GR)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

23

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Christian Ministry (CPL)
 10:30 **HF** Weight's-Ball's & Band's (RPR)
 1:30 Bingo for Atria Bucks! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:00 Resident Led Scrabble® (L)
 2:30 **EF** Merry Maker Live Entertainment & Dancing (MPR)
 3:00 **CE** Flower Pot Painting (RPR)
 5:00 **EF** Movie Matinee (TH)
 6:30 **CV** Crochet & Knitting For A Cause (L)
 6:30 Resident Led Pinochle (L)

24

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Catholic Communion (CPL)
 10:30 **HF** Yoga & Meditation (RPR)
 1:30 **LL** Taste the World "Talk & Treats" (RPR)
 3:00 **EF** Quarter Horse Races (MPR)
 4:30 **HF** Strength and Balance
 6:30 **CE** Craft & Canvas Paint Night (RPR)
 6:30 Resident Led Kings in the Corner (L)

25

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Bible Study (CPL)
 10:00 **EF** Wilson Creek Winery & Creekside Grille (OUT)
 10:00 **PA** Lobby Games (L)
 10:30 **HF** Dancing with Denise (RPR)
 1:30 Pokeno® for Prizes! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:30 **EF** Happy Hour & Live Entertainment (MPR)
 4:30 **EF** No Fall Volleyball (RPR)
 6:30 Resident Led Rummikub® (L)

26

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **C** Coffee Chat (L)
 10:30 **PA** Discover the iPad® (RPR)
 11:00 **LL** Technology Support (RPR)
 11:30 **LL** Resident Led Book Club (MPR)
 12:00 **LL** TED talks (RPR)
 1:30 **PA** Loteria Game/Mexican Bingo (RPR)
 3:00 **PA** Musical Ball for Bucks (RPR)
 4:00 **HF** Walking Tour Of Community (L)
 6:30 Resident Led Mexican Train (L)
 6:30 Resident Led Mahjong (L)

27

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Rosary Group (CPL)
 10:30 **LL** Learn Sign Language (RPR) (AP)
 11:30 **HF** Walking For Wellness Nature Walk (L)
 1:30 Bingo for Atria Bucks! (RPR)
 2:45 **EF** No Fall Volleyball (RPR)
 3:00 **PA** Atria Sing Along group (CPL)
 3:30 Atria Country Store (CS)
 3:30 Resident Led L-C-R
 Dice Game (RPR)
 4:00 **HF** Fresh Air Fitness Walk (L)
 6:30 Resident Led Rummikub® (L)

28

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **C** Coffee & Tea in the Bistro/Lobby (L)
 11:00 **PA** Gardening Club (RPR)
 1:30 **CV** Dear Future StoryWise™ & Socialize (L)
 1:30 **EF** Resident Led Texas Hold-Em (GR)
 1:45 Resident Led Bridge Game (L)
 3:00 **HF** Engage Your Brain Badminton (RPR)
 4:00 **LL** TED Talks (RPR)
 6:30 Resident Led Mahjong (L)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

29

12:00 **C** Resident Led Puzzle Club (L)
 12:30 Resident Led L-C-R
 Dice Game (RPR)

1:30 **EF** Sunday Netflix® Matinee (TH)
 1:45 **HF** Afternoon Workout! (RPR)
 2:00 Resident Led Rummikub® (TFS)
 2:00 **IS** Church Service (CPL)
 2:00 Resident Led Golf Card Game (L)
 2:45 **HF** Hand-Eye Coordination Badminton (RPR)
 3:30 Atria Country Store (CS)
 6:30 **C** Resident Led Billiard's & Card Games (GR)
 6:30 Resident Led Phase 10® & Skip-Bo™ (L)

30

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Christian Ministries (CPL)
 10:30 **HF** Weight's-Ball's & Band's (RPR)
 1:30 Bingo for Atria Bucks! (RPR)
 1:45 Resident Led Bridge Game (L)
 2:00 Resident Led Scrabble® (L)
 3:00 **CE** St. Patty's Irish Eye Sunflower Planting (RPR)
 5:00 **EF** Movie Matinee (TH)
 6:30 **CV** Crochet & Knitting For A Cause (L)
 6:30 Resident Led Pinochle (L)

31

9:15 **HF** Wake Up Workout! (RPR)
 10:00 **IS** Catholic Communion (CPL)
 10:30 **HF** Yoga & Meditation (RPR)
 1:30 **PA** Musical Ball for Bucks (RPR)
 3:00 **EF** Quarter Horse Races (MPR)
 4:30 **HF** Strength and Balance (RPR)
 6:30 **CE** Craft & Canvas Paint Night (RPR)
 6:30 Resident Led Kings in the Corner (L)

ROOM LOCATION KEY:

Chapel CPL
 Country Store CS
 Lobby L
 Multi-Purpose Room MPR
 Outings OUT
 Theatre TH
 Veteran Hall VH
 Dining Room DR
 Game Room GR
 Programming Room RPR
 Third Floor South TFS

STAFF KEY:

Ashley AP

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
CV Atria StoryWise

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March 2020

**STORYWISE VINTAGE
& FUTURE FASHION**

Saturday, March 14, 2:30 PM

CREATIVE FOOD ART

Tuesday, March 24, 10:30 AM

HAPPY BIRTHDAY CELEBRATION

Tuesday, March 24, 3:30 PM

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
 9:30 **HF** Wake Up Stretch
 10:00 **HF** Strength & Balance (RSA)
 10:30 **LL** Current Events
 3:00 **C** Sundae Social
 4:30 **HF** Walking Club (RSA)
 6:30 **C** Movie & Popcorn

2
 9:30 **HF** Morning Stroll
 10:00 **CE** Biggie Perler Beads
 10:30 **LL** Brain Fitness - What's in a Word
 1:30 **LL** Today in History
 3:00 **CE** Create Secret Admirer Tree
 3:00 **CE** Crockpot Creative Cooking
 4:00 **HF** Balance & Fitness
 6:30 **IS** Captivating Stories - Inspirational

3
 10:00 **HF** Yoga
 10:15 **IS** Communion (AL)
 11:00 **LL** Brain Fitness - Word Scramble
 1:30 **J** Frank Sinatra History & Music
 1:30 **LL** History of Harriet Tubman
 2:30 **PA** Who Are You? (RSA)
 3:00 **IS** Hand Massage & Aromatherapy
 4:00 **HF** Dance Class
 6:45 **EF** Board Games

4
 9:30 **HF** Dancing with Denise
 10:30 **C** Massage and Manicure
 11:00 **J** Name that tune
 2:00 **CV** Making Cards for our Armed Forces
 3:00 **LL** Art Appreciation - Picasso
 4:00 **HF** Volleyball Challenge
 6:30 **EF** Movie "50 First Dates"

5
 9:30 **HF** Yoga
 10:00 **CE** Drawing
 10:30 **LL** On This Day 1778
 1:30 **J** Life & Music of Stevie Wonder
 2:00 **CE** Sensory Sensation - Making Soap
 3:00 **PA** Reminiscing-Career Day
 4:00 **HF** Light & Lively Workout
 6:30 **EF** Motown Concert Series

6
 10:00 **HF** Move to the beat aerobics
 11:00 **LL** Evolution of automobiles
 2:00 **LL** Baseball history starting 1871
 3:00 **LL** Writer's Workshop Women's Quote
 4:00 **HF** Tai Chi
 6:30 **EF** Netflix® viewer's choice

7
 10:00 **HF** Stretching with Bands
 10:30 **LL** Cultural Studies - Paris city of Love
 11:00 **CE** Poetry Reading
 2:00 **HF** Zumba®
 4:00 **LL** Google™ Expedition - Trip To Rome
 4:30 **HF** Walking Club
 6:30 **EF** Movie "His Girl Friday"

8
 10:00 **HF** Movin' And Groovin"
 10:30 **LL** Collectables - All About Dolls
 11:00 **IS** Religious Group Discussion
 1:00 **HF** Movement Scarves
 3:00 **C** Sundae Social
 3:30 **J** Karaoke
 4:30 **HF** Up and Stretch Fitness
 6:30 **C** Movie "Brian Song"

9
 9:30 **HF** Morning Stroll
 10:00 **CE** Scrapbooking
 11:30 **HF** Walking Club
 1:30 **PA** This is Your Life
 2:30 **CE** Poetry Reading
 3:00 **LL** A Day In...
 3:30 **HF** Laughter Yoga
 6:30 **IS** Captivating Stories - Inspirational

10
 10:00 **HF** Light & Lively Workout
 10:30 **EF** Making Banana Bread
 11:00 **CE** Crockpot Creative Cooking
 2:30 **HF** Aerobics Workout
 3:00 **CV** Writing Letter to Our Armed Forces
 3:30 **PA** Reminiscing - Sharing Favorite Vacations
 4:00 **CE** Poets Corner - Robert Frost
 6:30 **EF** Movie "Singing in the Rain"

11
 10:00 **HF** Light Weight Workout
 10:30 **LL** iPad® Excursion to Argentina
 11:00 **J** History of Argentina
 1:30 **LL** Notable People- Nancy Regan
 2:00 **CE** StoryWise™
 4:00 **EF** Musical Interest - Musical Play Along
 4:30 **HF** Movement to Scrares
 6:30 **EF** Movie Evita

12
 9:30 **HF** Tai Chi
 10:00 **CE** Painting
 10:00 **HF** Stretch & Balance
 10:30 **LL** Technology - Radio Evolution
 1:30 **EF** Musical instruments
 2:00 **LL** The Historians - U.S. States
 3:00 **PA** Reminiscing - Sharing Awards Won
 4:00 **HF** Nature Walk
 6:30 **EF** Movie "Casablanca"

13
 10:00 **HF** Heart Healthy Exercise Program
 10:30 **CE** Make Fruit Kabobs
 2:00 **C** Sports Fans - All About Baseball
 3:00 **CV** Canines Visit
 3:30 **PA** Reminiscing - Sharing Favorite Photos
 4:00 **HF** Brain Fitness - Illinois Trivia
 6:30 **EF** Finish the Phrase

14
 10:00 **HF** Light Weight Workout
 10:30 **LL** Puzzle Challenge
 11:00 **CE** Creative Crafting
 1:30 **PA** Live Your Fantasy Vacation
 2:30 **CE** StoryWise™ Vintage & Future Fashion
 4:00 **LL** Google™ Expedition - Trip To NY City
 4:30 **HF** Walking Club
 6:30 **EF** Movie "When Harry Met Sally"

15
 10:00 **HF** Chair Yoga
 10:30 **LL** Collectables - All About Baseball Cards (RSA)
 11:00 **IS** Religious Group Discussion
 2:30 **LL** Walk Down Memory Lane Trivia
 3:00 **C** Sundae Social
 4:00 **HF** Engage Your Brain & Feet
 6:30 **C** Movie "The Magnificent Seven"

16
 10:00 **HF** Movin' & Groovin' (RSA)
 10:30 **PA** Fill in The Blank Word Challenge
 11:00 **CV** Volunteerism - Baking Treats For Pets
 1:30 **LL** Google™ Expedition - Atlantic City
 2:30 **EF** Volleyball Challenge
 3:00 **J** Celebrating Music of Neil Diamond
 4:00 **HF** Chair Aerobics (RSA)
 4:30 **LL** "I LOVE YOU" in different languages (RSA)
 6:30 **IS** Captivating Stories - Inspirational

17
 10:00 **HF** Yoga In The Morning
 10:30 **EF** "What's The Point" darts
 11:00 **LL** Brain Fitness - State Capitals
 12:00 **LL** St Patrick's Day Luncheon
 1:30 **LL** Science - Astronomy - The Moon
 2:30 **J** Karaoke
 3:00 **HF** Light & Lively Workout
 4:00 **CE** Poetry Workshop-Create a Haiku
 6:30 **EF** Netflix® Viewer's Choice

18
 10:00 **HF** Strength & Balance
 10:30 **C** Massage and Manicure
 11:00 **HF** Belly Dancing Tutorial
 1:30 **LL** Notable People- Richard Nixon
 2:00 **CE** StoryWise™
 4:00 **HF** Volleyball Challenge
 6:30 **IS** Meditation to Summer Sounds

19
 10:00 **CE** Drawing
 10:00 **HF** Morning Stretch
 10:30 **LL** Club Choice Book Club
 11:15 **EF** Crockpot Creative Cooking
 1:30 **EF** iPad® - Trip To The Zoo (Zoo Cam)
 2:30 **PA** Reminiscing - Sharing Funny Moments
 3:30 **LL** Meet Me at MOMA (JM)
 4:30 **HF** Light & Lively Workout
 6:30 **J** Making Music - Song Writing

20
 10:00 **HF** Yoga In The Morning
 10:30 **EF** Challenges and Tournaments
 11:00 **CE** Sensory Sculpturing - Pottery Creations
 2:00 **C** FaceTime Your Loved One
 3:00 **CV** Volunteerism - Letters to Our Service
 4:00 **LL** Brain Fitness - What's in a Word
 6:30 **HF** Twisting To The 1960's Tunes

21
 10:00 **HF** Strength & Balance
 10:30 **LL** Cultural Studies - Ireland
 11:00 **CE** Watercolors And Florals
 1:30 **C** Social Media - Making Family Connections
 2:00 **HF** Tai Chi Workout
 3:00 **EF** Card Games - What's Your Pleasure (JM)
 3:30 **J** Karaoke 50's Rock & Roll
 4:00 **LL** Google™ Expedition - Washington D.C.
 6:30 **EF** Movie "An Affair to Remember"

22
 10:00 **HF** Strength and Balance Program
 10:30 **LL** Collectables - All About Figurines
 11:00 **IS** Religious Group Discussion
 2:00 **EF** Board Games
 3:00 **C** Sundae Social
 4:00 **HF** Walking Club (RSA)
 6:30 **EF** Laugh with Charlie Chapin

23
 10:00 **HF** Mindfulness Stretch
 10:30 **CE** Fill in the Blank
 1:30 **PA** Fostering a Dream Experience
 2:00 **EF** Musical Instrumental Play Along
 2:30 **CE** StoryWise™
 3:30 **HF** Low-Impact Aerobic (JM)
 6:30 **EF** Some Like it Hot Movie

24
 10:00 **HF** Light & Lively Workout
 10:30 **EF** Creative Food Art
 11:00 **LL** Brain Fitness - Word Scramble
 1:30 **LL** Science - Rain
 2:30 **HF** Aerobic Workout
 3:00 **IS** Remembering with Family Photos
 3:30 **PA** Happy Birthday Celebration
 4:00 **CE** Poets Corner Your Interpretation
 6:30 **EF** Netflix® Viewer's Choice

25
 10:00 **HF** Light Weight Workout
 11:00 **J** Who Are You Through a Song?
 12:00 **IS** Read the Secret Admirer Tree Discussion
 1:30 **LL** Notable People- Frida Kahlo 1930's
 2:00 **CE** StoryWise™
 3:00 **HF** Movement with Bands
 4:30 **PA** Reminiscing Significant Life Events
 6:30 **EF** Movie "Frida"

26
 10:00 **CE** Watercolors
 10:00 **HF** Morning Stretch
 10:30 **LL** Technology - Computers
 11:00 **LL** Book Club
 1:30 **J** Aladdin Showtunes
 2:00 **CE** Sensory Sculpturing - Pottery Creations
 3:00 **PA** In Stitches with Kaitlyn
 3:30 **LL** Meet Me at MOMA (JM)
 4:00 **HF** Yoga
 6:30 **EF** Aladdin Movie

27
 10:30 **HF** Aerobics Workout
 10:30 **J** Musical Interest - Otis Blackwell
 11:00 **PA** Fostering a Dream
 1:30 **HF** Meditation In The Afternoon
 2:00 **LL** History of 28 days in February
 2:00 **C** Sports Fans - All Baseball
 3:30 **PA** Reminiscing - Sharing Celebrations
 4:00 **LL** Brain Fitness - Presidential Trivia
 6:30 **EF** Netflix® Viewer's Choice

28
 10:00 **HF** Light Weight Workout
 10:30 **LL** Tell Me About Your Ancestors
 11:00 **CE** Watercolors
 1:30 **EF** Competitive Club - Pictionary™ Challenge
 2:00 **HF** Nature Walk
 2:45 **J** Exploring Country Music
 3:30 **EF** Karaoke Fun With The Golden Oldies (RSA)
 4:00 **LL** Google™ Expedition - The Coliseum
 6:30 **EF** Netflix® Viewer's Choice

29
 10:00 **HF** Movin' And Groovin"
 10:30 **LL** Collectibles - All About Stamps
 11:00 **IS** Religious Group Discussion
 1:00 **HF** Movement Scarves
 3:30 **J** Karaoke
 4:30 **HF** Balance & Stretch
 6:30 **C** Movie "Brian's Song"

30
 9:30 **HF** Morning Stroll
 10:00 **CE** Scrapbooking
 11:30 **HF** Walking Club
 1:30 **PA** This is Your Life
 2:30 **CE** Poetry Reading
 3:00 **LL** A Day In...
 3:30 **HF** Laughter Yoga
 6:30 **IS** Captivating Stories - Inspirational

31
 10:00 **HF** Light & Lively Workout
 10:30 **EF** Making Chocolate Pie
 11:00 **LL** Brain Fitness - Word Scramble
 2:30 **HF** Aerobics Workout
 3:00 **CV** Writing Letter to Our Armed Forces
 3:30 **PA** Reminiscing - Sharing Favorite Vacations
 6:30 **EF** Movie "Singing in the Rain"

STAFF KEY:
 RSA RSA ^

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
StoryWise Atria StoryWise
J Music

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