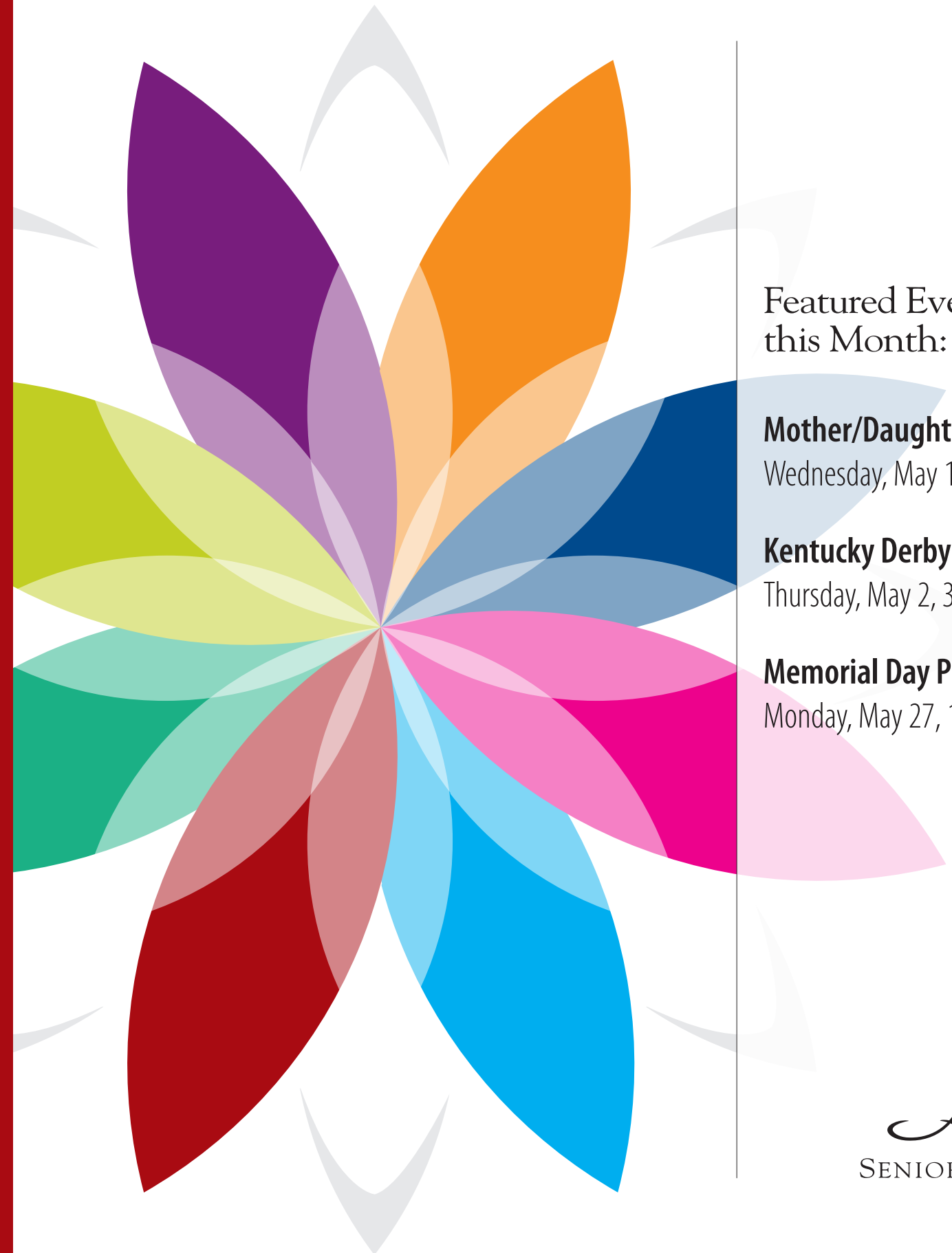


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Mother/Daughter Sip & Paint

Wednesday, May 1, 1:30 PM

Kentucky Derby Party

Thursday, May 2, 3:00 PM

Memorial Day Picnic

Monday, May 27, 11:30 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

ROOM LOCATION KEY:

3rd Floor Media Room MR
Outing O
Living Room LR
Dining Room DR
Library LI
Courtyard CY
1st Floor Common Area 1CA
Life Guidance LG
Pub P
Engage Life Center EL

STAFF KEY:

Resident Lead RL

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Scrabble® is a registered trademark of Hasbro, Inc.

10:00 **IS** Daily Inspirations: iPad® **5**
10:15 **IS** Religious Study Group
11:00 **HF** Music Appreciation: Vocal Exercising
1:00 **HF** Mindful Meditation (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Word Chain w/ Catherine (LR)
4:15 **HF** Walking Club (LR)
7:00 **EF** Movie Night (MR) (RL)

10:00 **HF** Strength & Balance Program **6**
10:30 **LL** Current Events
11:00 **HF** Mindful Meditation and Stretch
1:00 **HF** Engage Your Brain
2:00 **CE** Connect & Play: Bingo
2:30 **C** Pet Visit: Breezy & Neil (LR)
3:00 **CE** Wood Working
4:15 **C** Mixed Drinks Monday (P)
6:00 **LL** Book Club with ELPI (LI)
7:00 **EF** Movie Night (MR)

9:00 **IS** Catholic Communion **7**
9:30 **IS** Coffee Club- 1st Floor Common Area (RL)
10:00 **HF** Strength & Balance Program (LR)
10:30 **LL** Pocket Positives
11:00 **HF** Matter of Balance Class (MOB)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Tai Chi and Chai Tea (EL)
5:00 **CE** Group Game: Kings in the Corner (LI) (RL)
5:00 **CE** Group Game: Poker (MR)

10:00 **IS** Dollar Tree Shopping (LR) **8**
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **HF** Charity Miles Challenge (LR)
3:30 **HF** Stretching for Range of Motion
4:15 **C** Wine Wednesdays (P)
6:00 **LL** Book Club (LI)
7:00 **EF** Movie Night (MR)

9:30 **IS** Bank/ Publix Trip (LR) **9**
10:30 **HF** Gentle Flexibility Yoga (LR)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:30 **CE** Natural Crafting- Bath Bombs Part 1 (EL)
5:00 **CE** Group Game: Kings in the Corner (LI) (RL)
5:00 **CE** Group Game: Poker (MR)

10:00 **HF** Gentle Flexibility Yoga (LR) **10**
10:30 **LL** What's Special About Today?
11:00 **HF** Rhythm & Fitness Class (LR)
11:30 **PA** Ambassadors Luncheon
12:00 **CV** Aromatherapy Spa (LG)
1:00 **CE** Book Club (LI)
2:00 **CE** Connect & Play: Bingo
3:15 **EF** Happy Hour with Al Forman (LR)
6:00 **C** Men's Club Meet up (P)

10:00 **LL** Collaborative Crosswords (LR) **11**
11:00 **HF** Mindful Meditation (LR)
1:00 **HF** Charity Miles Challenge (LR)
1:30 **CE** Games with Friends: Kings in the corner (LI)
1:30 **CE** Group Game: Poker (MR)
3:00 **EF** Word Power: Scrabble®
7:00 **EF** Movie Night (MR) (RL)

Happy Mother's Day **12**
10:00 **IS** Daily Inspiration: iPad®
10:15 **IS** Religious Study Group
11:00 **HF** Music Appreciation: Vocal Exercising
11:30 **PA** Maternal Magnificence Luncheon (DR)
1:00 **HF** Mindful Meditation (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Word Chain w/ Catherine (LR)
4:15 **HF** Walking Club (LR)
7:00 **EF** Movie Night (MR) (RL)

10:00 **HF** Strength & Balance Program **13**
10:30 **LL** Current Events
11:00 **HF** Mindful Meditation & Stretching
11:30 **PA** May Birthday Bash (DR)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **CE** Painting with Acrylics (EL)
4:15 **C** Mix Drinks Monday (P)
6:00 **LL** Book Club (LI)
7:00 **EF** Movie Night (MR)

9:00 **IS** Catholic Communion **14**
9:30 **IS** Coffee Club (1CA) (RL)
10:00 **HF** Strength & Balance Program (LR)
10:30 **LL** Pocket Positives
11:00 **HF** Matter of Balance Class (MOB)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Tai Chi and Chai Tea
5:00 **CE** Group Game: Kings in the Corner (LI) (RL)
5:00 **CE** Group Game: Poker (MR)

10:00 **HF** Gentle Flexibility Yoga **15**
11:00 **IS** Picnic at the Park (O)
1:00 **HF** Charity Miles (LR)
1:15 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **IS** Resident Council
4:15 **C** Wine Wednesdays (P)
6:00 **LL** Book Club (LR)
7:00 **EF** Movie Night (MR)

9:30 **IS** Bank/ Publix Trip (O) **16**
10:30 **HF** Gentle Flexibility Yoga (LR)
11:00 **HF** Charity Miles Challenge
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:30 **CE** Natural Crafting- Bath Bombs Part 2 (EL)
5:00 **CE** Group Game: Kings in the Corner (LI) (RL)
5:00 **CE** Group Game: Poker (MR)

10:00 **HF** Gentle Flexibility Yoga (LR) **17**
10:30 **LL** What's Special About Today?
11:00 **HF** Rhythm & Fitness Class (LR)
12:00 **CV** Aromatherapy Spa (LG)
1:00 **PA** Ambassador Meeting
1:30 **CE** Book Club (LI)
2:00 **CE** Connect & Play: Bingo
3:15 **EF** Friday Happy Hour (LR)
6:00 **C** Men's Club Meet Up (P)

10:00 **LL** Collaborative Crossword (LR) **18**
11:00 **HF** Mindful Meditation (LR)
1:00 **HF** Charity Miles Challenge (LR)
1:30 **CE** Games with Friends: Kings in the corner (LI)
1:30 **CE** Group Game: Poker Club (MR)
3:00 **EF** Word Power: Scrabble®
7:00 **EF** Movie Night

10:00 **IS** Daily Inspirations- iPad® **19**
10:15 **IS** Religious Study Group
11:00 **HF** Music Appreciation: Vocal Exercising
1:00 **HF** Mindful Meditation (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Word Chain w/ Catherine (LR)
4:15 **HF** Walking Club (LR)
7:00 **EF** Movie Night (MR) (RL)

10:00 **HF** Strength & Balance Program **20**
10:30 **LL** Current Events
11:00 **HF** Mindful Meditation & Stretching
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **CE** Imagine the color
4:15 **C** Mixed Drinks Monday (P)
6:00 **LL** Book Club (LI)
7:00 **EF** Movie Night (MR)

9:00 **IS** Catholic Communion **21**
9:30 **IS** Coffee Club- 1st Floor Common Area (RL)
10:00 **HF** Strength and Balance Program (LR)
10:30 **LL** Pocket Positives
11:00 **HF** Matter of Balance Class (MOB)
1:00 **HF** Engage Your Brain
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Tai Chi and Chai Tea (EL)
5:00 **CE** Group Game: Kings in the Corner (LI) (RL)
5:00 **CE** Group Game: Poker (MR)

10:00 **EF** Bealls Shopping Trip (O) **22**
1:00 **HF** Charity Miles (LR)
1:30 **C** Food For Thought
2:00 **CE** Connect & Play: Bingo
3:00 **HF** Mindful Meditation and Stretch
4:00 **C** Wine Wednesdays (LR)
7:00 **EF** Movie Night (MR)

9:30 **IS** Bank/ Walmart Trip (O) **23**
10:30 **HF** Gentle Flexibility Yoga (LR)
11:00 **HF** Charity Miles Challenge (LR)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:30 **CE** Natural Crafting: Bath Bombs Part 3 (EL)
5:00 **CE** Group Game: Kings in the Corner (LI) (RL)
5:00 **CE** Group Game: Poker (MR)

10:00 **HF** Gentle Flexibility Yoga (LR) **24**
10:30 **LL** What's Special About Today?
11:00 **HF** Rhythm & Fitness Class (LR)
12:00 **CV** Aromatherapy Spa (LG)
1:00 **CE** Book Club (LI)
2:00 **CE** Connect & Play: Bingo
3:15 **EF** Friday Happy Hour (LR)
6:00 **C** Men's Club Meet Up (P)

10:00 **LL** Collaborative Crossword (LR) **25**
11:00 **HF** Mindful Meditation (LR)
1:00 **HF** Charity Miles Challenge (LR)
1:30 **CE** Group Game: Poker (MR)
1:30 **CE** Games with Friends: Kings in the corner (LI)
3:00 **EF** Word Power: Scrabble®
7:00 **EF** Movie Night

10:00 **IS** Daily Inspirations- iPad® **26**
10:15 **IS** Religious Study Group
11:00 **HF** Music Appreciation: Vocal Exercising
1:00 **HF** Mindful Meditation (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Word Chain w/ Catherine (LR)
4:15 **HF** Walking Club (LR)
7:00 **EF** Movie Night (MR)

Memorial Day **27**
10:00 **HF** Strength & Balance Program
10:30 **LL** Current Events
11:00 **HF** Mindful Meditation & Stretching
11:30 **EF** Memorial Day Picnic (CY)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **CE** Chef's Demo
4:15 **C** Mixed Drinks Monday
6:00 **LL** Book Club (LI)
7:00 **EF** Movie Night (MR)

9:00 **IS** Catholic Communion **28**
9:30 **IS** Coffee Club- 1st Floor Common Area (RL)
10:00 **HF** Strength & Balance Program
10:30 **LL** Pocket Positives
11:00 **HF** Matter of Balance Class (MOB)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **LL** Tai Chi and Chai Tea
5:00 **CE** Group Game: Kings in the Corner
5:00 **CE** Group Game: Poker (MR)

10:00 **HF** Mindful Meditation and Stretch **29**
11:00 **C** Lunch Outing: Cracker Barrel (O)
1:00 **HF** Charity Miles (LR)
1:30 **C** Food For Thought
2:00 **CE** Connect & Play: Bingo
4:15 **C** Wine Wednesday (P)
7:00 **EF** Movie Night (MR)

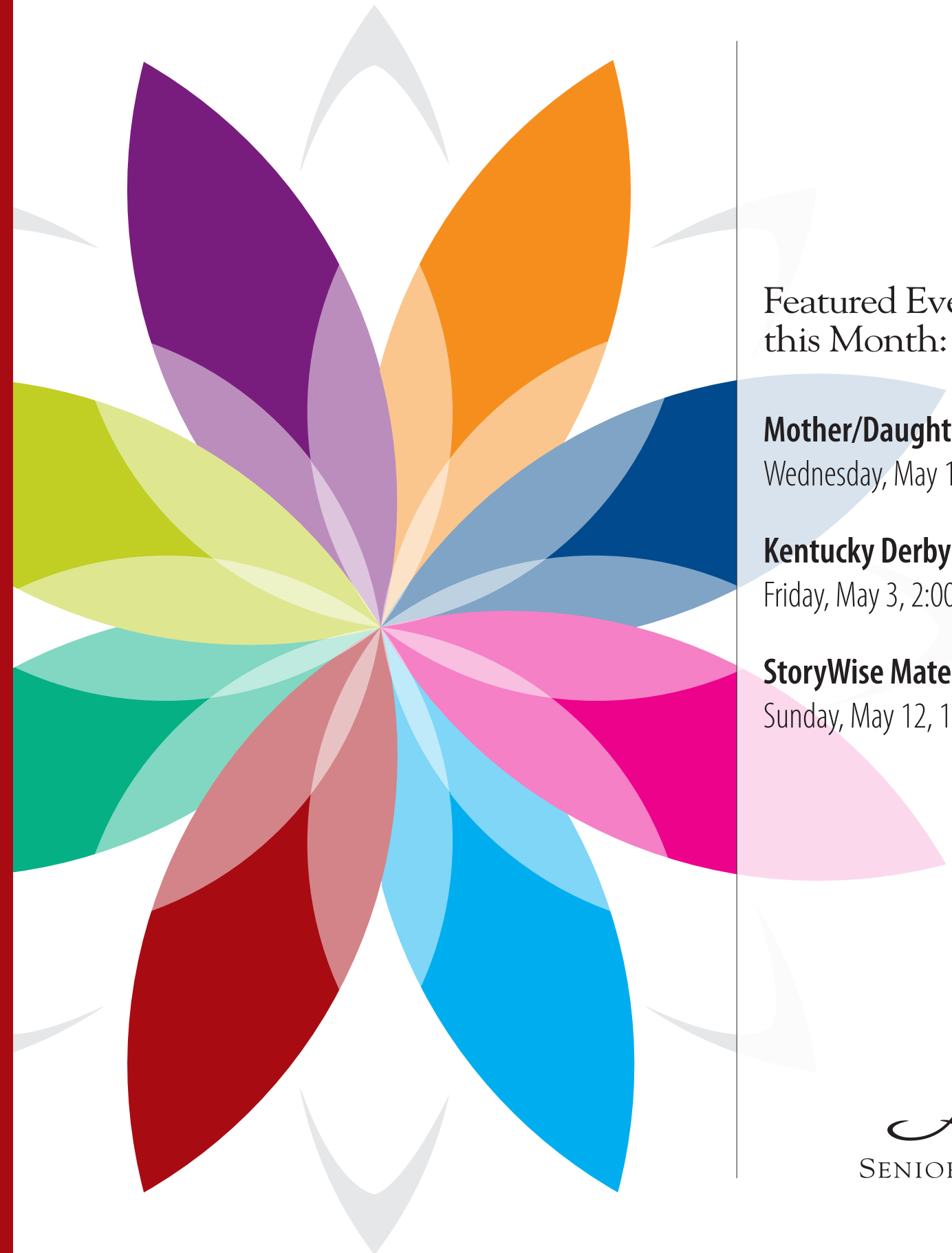
9:30 **IS** Bank/ Walmart Trip (O) **30**
10:30 **HF** Gentle Flexibility Yoga (LR)
11:00 **HF** Charity Miles Challenge (LR)
1:00 **HF** Engage Your Brain (LR)
2:00 **CE** Connect & Play: Bingo
3:00 **PA** Resident Event Planning Meeting
5:00 **CE** Group Game: Kings in the Corner (LI) (RL)
5:00 **CE** Group Game: Poker (MR)

10:00 **HF** Gentle Flexibility Yoga (LR) **31**
10:30 **LL** What's Special About Today?
11:00 **HF** Rhythm & Fitness Class (LR)
12:00 **CV** Aromatherapy Spa (LG)
1:00 **CE** Book Club (LI)
2:00 **CE** Connect & Play: Bingo
3:15 **EF** Happy Hour with The Jazz Duo (LR)
6:00 **C** Men's Club Meet Up (P)

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
AS Atria StoryWise

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Mother/Daughter Sip & Paint

Wednesday, May 1, 1:30 PM

Kentucky Derby Party

Friday, May 3, 2:00 PM

StoryWise Maternal Magnificence

Sunday, May 12, 11:30 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



ROOM LOCATION KEY:
 Courtyard CY
 Life Guidance LG
 Engage Life Center EL

Atria ENGAGE LIFE

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<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 IS Religious Hymns Sing Along 1:00 HF Walking Meditation 2:00 CV Baking Cookies for Fire Dept. 3:00 LL Word Out of A Word 4:00 J Legato Religious Hymns Sing Along 6:00 CE Gardening Club</p>	<p>ROOM LOCATION KEY: Courtyard CY Life Guidance LG Engage Life Center EL</p>	<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 CE Gardening Club 1:30 CE Mother/Daughter Sip & Paint (EL) 3:00 EF Bingo 4:00 LL Brain Game 6:00 J Legato Music Appreciation: Beethoven</p>	<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 11:00 CE Atria StoryWise™ 1:00 HF Drum Fitness 2:00 LL Seven Wonders of the World 3:30 HF Dancing to the Rhythm 4:00 LL Einstein Science Club 6:00 J Legato Jazz Music Shuffle</p>	<p>9:30 HF Chair Dancing 10:00 LL Daily Chronicles 11:00 LL Name the Famous Pairs 1:00 HF Legato Moving & Grooving 2:00 EF Kentucky Derby Party 3:15 C Happy Hour 4:00 EF Photo Booth 6:00 J Movie Night with Popcorn</p>	<p>9:30 HF Yoga: Mindfulness 10:00 LL Daily Chronicles 10:00 EF Musical Hangman 1:00 LL History of Cliches 2:00 J Legato Name That Tune 1950's 3:00 LL Wuzzles: Puzzles out of a word 4:00 CE Gardening Club 6:00 HF Nail Spa</p>
<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 IS Religious Hymns Sing Along 1:00 HF Walking Meditation 2:00 CV Baking Cookies for Fire Dept. 3:00 LL Word Out of A Word 4:00 J Legato Religious Hymns Sing Along 6:00 CE Gardening Club</p>	<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 11:00 EF Bingo 1:00 HF Range of Motion 2:00 C Pet Therapy: Neil and Breezy 3:00 LL Brain Game: Name Ten 4:00 J Legato Painting to the Music 6:00 PA Share A Treasure</p>	<p>9:30 HF Morning Yoga 10:00 LL Daily Chronicles 11:00 EF Musical Hangman 1:00 HF Drum Fitness 2:00 LL 1960's Fashion 3:00 EF Build A Banana Split 4:00 CV World Wildlife Federation 6:00 CE StoryWise™ Live: Family Connections</p>	<p>9:30 HF Chair Dancing 10:00 LL Daily Chronicles 11:00 CE Gardening Club 1:00 HF Relaxation Imagery & Inner Healing 2:00 C Pickles and Talk 3:00 EF Bingo 4:00 LL Brain Game 6:00 J Legato Music Appreciation: Jazz Greats</p>	<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 CE Atria StoryWise™ 1:00 EF Musical Hangman 2:00 LL World Cultures 3:00 HF Dancing to the Rhythm 4:00 LL Einstein Science Club 5:00 LL Wise Women (LG) 6:00 J Legato Tappin to the Country Beat</p>	<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 11:00 LL History Here: Local History 1:00 HF Legato Moving & Grooving 3:15 C Happy Hour 4:00 EF Connect Four and Domino Challenge 6:00 CE Gardening Club</p>
<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 IS Non-Denominational Service 11:30 CE StoryWise™ Maternal Magnificence (CY) 1:00 HF Walking Meditation 2:00 EF Tim the Music Man 3:00 HF Sunday Nails & Tails 4:00 J Legato Religious Hymns Sing Along 6:00 J Movie Night with Popcorn</p>	<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 10:00 HF Tai Chi and Chai Tea 11:00 EF Bingo 1:00 HF Parachute Fun 2:00 C Pet Therapy: Neil and Breezy 3:00 LL Brain Game: Name Ten 4:00 J Legato Baking to the Beat 6:00 PA Share A Treasure</p>	<p>9:30 HF Morning Yoga 10:00 LL Daily Chronicles 11:00 CV Baking Treats for the Humane Society 1:00 HF Legato Marching To The Beat 2:00 LL 1950's Fashion 3:00 EF Tea Party 6:00 IS Inspirational Words</p>	<p>9:30 HF Chair Dancing 10:00 LL Daily Chronicles 1:00 HF Relaxation Imagery & Inner Healing 2:00 CE Punch and Palette 3:00 EF Bingo 4:00 LL Musical Hangman 4:00 LL Brain Game 6:00 J Legato Music Appreciation: Swing Music</p>	<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 CE Atria StoryWise™ 1:00 HF Drum Fitness 2:00 LL Chef's Cooking Class 3:30 HF Dancing to the Rythm 4:00 LL Einstein Science Club 6:00 J Legato Jazz Music Shuffle</p>	<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 11:00 LL Name the Famous Pairs 1:00 HF Legato Moving & Grooving 2:00 C Chef's Table 3:15 C Happy Hour 4:00 EF ZooCam 6:00 J Movie Night with Popcorn</p>
<p>9:30 HF Chair Dancing 10:00 LL Daily Chronicles 11:00 IS Non-Denominational Services 1:00 HF Walking Meditation 2:00 CV Baking Cookies for Fire Dept. 3:00 LL Word Out of A Word 4:00 J Legato Religious Hymns Sing Along 6:00 CE Gardening Club</p>	<p>9:30 HF Stretch and Flex 10:00 HF Tai Chi and Chai Tea 10:00 LL Daily Chronicles 11:00 EF Bingo 1:00 HF Range of Motion 3:00 LL Brain Game: Name Ten 4:00 J Legato Movement with Scarves 6:00 PA Share A Treasure</p>	<p>9:30 HF Morning Yoga 10:00 LL Daily Chronicles 11:00 CE Gardening Club 1:00 HF Legato Marching To The Beat 2:00 CE All About Peanut Butter 3:00 CV Baking Treats for the Humane Society 4:00 LL Pins and Needles 6:00 IS Inspirational Words</p>	<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 11:00 CE Decoupage Art 1:00 HF Relaxation Imagery & Inner Heaeling 2:00 CE Punch and Palette 3:00 EF Bingo 4:00 LL Word out of a Word 6:00 J Legato Music Appreciation: Opera</p>	<p>9:30 HF Chair Dancing 10:00 LL Daily Chronicles 11:00 CE Atria StoryWise™ 1:00 HF Drum Fitness 2:00 LL Time to Sign 3:30 HF Dancing to the Rhythm 4:00 LL Einstein Science Club 6:00 J Legato Movin to Swing Music</p>	<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 CE Share Recipes 1:00 HF Legato Moving & Grooving 2:00 C Welcome to the Neighborhood Party 3:15 EF Happy Hour 4:00 LL iPad® Air Pano 6:00 CE Gardening Club</p>
<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 11:00 IS Non-Denominational Service 1:00 HF Walking Meditation 2:00 CV Cutting Coupons for The Troops 3:00 LL Finish Line 4:00 J Legato Religious Hymns Sing Along 6:00 J Movie Night with Popcorn</p>	<p>9:30 HF Chair Dancing 10:00 LL Daily Chronicles 11:00 EF Bingo 1:00 HF Parachute Fun 2:00 C Pet Therapy: Neil and Breezy 3:00 LL Brain Game: Name Ten 4:00 J Legato Music Trivia 6:00 PA Share A Treasure</p>	<p>9:30 HF Morning Yoga 10:00 LL Daily Chronicles 11:00 CE Choir Practice 1:00 HF Drum Fitness 2:00 J Legato Caribbean Party 3:00 CV World Wildlife Federation 4:00 LL Pins and Needles 6:00 IS Inspirational Words</p>	<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 CE Gardening Club 1:00 HF Relaxation Imagery & Inner Healing 2:00 CE Punch and Palette 3:00 EF Bingo 4:00 LL Brain Game 6:00 J Legato Music Appreciation: Beethoven</p>	<p>9:30 HF Colorful Weights 10:00 LL Daily Chronicles 11:00 CE Atria StoryWise™ 1:00 HF Drum Fitness 2:00 LL Seven Wonders of the World 3:30 HF Dancing to the Rhythm 4:00 LL Einstein Science Club 6:00 J Legato Jazz Music Shuffle</p>	<p>9:30 HF Stretch and Flex 10:00 LL Daily Chronicles 11:00 CE Share Recipes 1:00 HF Legato Moving & Grooving 3:15 EF Happy Hour 4:00 LL History Here: Local History 6:00 CE Gardening Club</p>

PA Personal Achievement
HF Health & Fitness
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CV Civic Engagement
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