

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**A Toast to our Veterans Cart**  
Wednesday, November 11, 2:00 PM

**Friendsgiving Celebration Cart**  
Wednesday, November 25, 2:00 PM

**Thanksgiving  
Step-by-Step Painting**  
Thursday, November 26, 10:30 AM

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

# NOVEMBER 2020

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**Daylight Savings Time Ends**  
10:15 **PA** Small Group Daily Chronicles (LIB) (ELD)  
10:30 **HF** Small Group Morning Exercise (LIB) (ELD)  
1:00 Small Group Afternoon Show (TVA) (ELD)  
2:00 **EF** Ice Cream Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime (IR) (ELD)  
3:30 **IS** Color Relaxation (LIB) (RLP)  
6:00 Small Group Evening Show (IR)

**1**

9:30 **PA** Small Group Daily Chronicles (UL)  
10:00 **HF** Small Group Morning Exercise (AR) (ELP)  
10:00 **HF** Small Group Morning Exercise (AR) (ELP)  
1:30 **CE** Small Group Craft Class (AR) (ELD)  
2:00 Doorway Bingo (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
3:15 **HF** Small Group Walking Club (FP)  
6:00 Small Group Evening Show (TVA)

**2**

**Election Day**  
9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA)  
1:00 **IS** Small Group Color Relaxation (LIB) (ELD)  
2:00 **HF** Small Group Engage Your Brain: iPad® (AR)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**3**

9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **CE** Small Group Morning Craft Class (AR) (ELD)  
11:00 Small Group Morning Game Show (IR)  
2:00 **EF** PositiviTEA Bar Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**4**

9:00 Small Group Morning Show (TVA)  
9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
4:00 **HF** Engage Your Brain Challenge  
6:00 Small Group Evening Show (TVA)

**5**

9:30 **PA** Small Group Daily Chronicles (AR) (ELD)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA) (ELD)  
2:00 **EF** Happy Hour Refreshment Cart (IR)  
2:15 **CE** Crafting Cart (IR) (ELD)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**6**

10:15 **PA** Small Group Daily Chronicles (LIB) (ELD)  
10:30 **HF** Small Group Posture & Stretching (LIB) (ELD)  
11:00 **IS** Small Group Color Relaxation (LIB) (ELD)  
1:00 Small Group Afternoon Show (TVA)  
2:00 **EF** Refreshment Cart (FP)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**7**

10:15 **PA** Small Group Daily Chronicles (LIB) (ELD)  
10:30 **HF** Small Group Morning Exercise (LIB) (ELD)  
1:00 Small Group Afternoon Show (TVA) (ELD)  
2:00 **EF** Ice Cream Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime (IR) (ELD)  
3:30 **IS** Color Relaxation (LIB) (RLP)  
6:00 Small Group Evening Show (IR)

**8**

9:30 **PA** Small Group Daily Chronicles (UL)  
10:00 **HF** Small Group Morning Exercise (AR) (ELP)  
10:00 Small Group Morning Show (TVA)  
1:30 **CE** Small Group Craft Class (AR) (ELD)  
2:00 Doorway Bingo (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
3:15 **HF** Small Group Walking Club (FP)  
6:00 Small Group Evening Show (TVA)

**9**

9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA)  
1:00 **IS** Small Group Color Relaxation (LIB) (ELD)  
2:00 **HF** Small Group Engage Your Brain: iPad® (AR)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**10**

**Veterans Day**  
9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **CE** Small Group Morning Craft Class (AR) (ELD)  
11:00 Small Group Morning Game Show (IR)  
2:00 **EF** A Toast to our Veterans Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**11**

9:00 Small Group Morning Show (TVA)  
9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
4:00 **HF** Engage Your Brain Challenge  
6:00 Small Group Evening Show (TVA)

**12**

9:30 **PA** Small Group Daily Chronicles (AR) (ELD)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA) (ELD)  
2:00 **EF** Happy Hour Refreshment Cart (IR)  
2:15 **CE** Crafting Cart (IR) (ELD)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**13**

10:15 **PA** Small Group Daily Chronicles (LIB) (ELD)  
10:30 **HF** Small Group Posture & Stretching (LIB) (ELD)  
11:00 **IS** Small Group Color Relaxation (LIB) (ELD)  
1:00 Small Group Afternoon Show (TVA)  
2:00 **EF** Refreshment Cart (FP)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**14**

10:15 **PA** Small Group Daily Chronicles (LIB) (ELD)  
10:30 **HF** Small Group Morning Exercise (LIB) (ELD)  
1:00 Small Group Afternoon Show (TVA) (ELD)  
2:00 **EF** Ice Cream Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime (IR) (ELD)  
3:30 **IS** Color Relaxation (LIB) (RLP)  
6:00 Small Group Evening Show (IR)

**15**

9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:00 Small Group Morning Show (TVA)  
1:30 **CE** Small Group Craft Class (AR) (ELD)  
2:00 Doorway Bingo (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
3:15 **HF** Small Group Walking Club (FP)  
6:00 Small Group Evening Show (TVA)

**16**

9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA)  
1:00 **IS** Small Group Color Relaxation (LIB) (ELD)  
2:00 **HF** Small Group Engage Your Brain: iPad® (AR)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**17**

9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **CE** Small Group Morning Craft Class (AR) (ELD)  
11:00 Small Group Morning Game Show (IR)  
2:00 **EF** Pumpkin Spice and Everything Nice Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**18**

9:00 Small Group Morning Show (TVA)  
9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
4:00 **HF** Engage Your Brain Challenge  
6:00 Small Group Evening Show (TVA)

**19**

9:30 **PA** Small Group Daily Chronicles (AR) (ELD)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA) (ELD)  
1:30 **EF** Happy Hour Refreshment Cart (IR)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**20**

10:15 **PA** Small Group Daily Chronicles (LIB) (ELD)  
10:30 **HF** Small Group Posture & Stretching (LIB) (ELD)  
11:00 **IS** Small Group Color Relaxation (LIB) (ELD)  
1:00 Small Group Afternoon Show (TVA)  
2:00 **EF** Refreshment Cart (FP)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**21**

10:15 **PA** Small Group Daily Chronicles (UL) (ELD)  
10:30 **HF** Small Group Morning Exercise (UL) (ELD)  
1:00 Small Group Afternoon Show (TVA) (ELD)  
2:00 **EF** Ice Cream Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime (IR) (ELD)  
3:30 **IS** Color Relaxation (UL) (RLP)  
6:00 Small Group Evening Show (IR)

**22**

9:30 **PA** Small Group Daily Chronicles (UL)  
10:00 **HF** Small Group Morning Exercise (AR) (ELP)  
10:30 **CE** Small Group Morning Craft Class (AR) (ELD)  
2:00 Doorway Bingo (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
3:15 **HF** Small Group Walking Club (FP)  
6:00 Small Group Evening Show (TVA)

**23**

9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA)  
1:00 **IS** Small Group Color Relaxation (LIB) (ELD)  
2:00 **HF** Small Group Engage Your Brain: iPad® (AR)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**24**

9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELP)  
10:30 **CE** Small Group Pokeno® (AR) (ELD)  
11:00 Small Group Morning Game Show (IR)  
2:00 **EF** Friendsgiving Celebration Cart (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**25**

**Thanksgiving Day**  
9:00 Small Group Morning Show (TVA)  
9:30 **PA** Small Group Daily Chronicles (AR)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
10:30 **CE** Thanksgiving Step-by-Step Painting (AR)  
1:30 Thanksgiving Memories (AR)  
3:00 **C** Better "Virtually Together" FaceTime  
4:00 **HF** Engage Your Brain Challenge  
6:00 Small Group Evening Show (TVA)

**26**

9:30 **PA** Small Group Daily Chronicles (AR) (ELD)  
10:00 **HF** Small Group Morning Exercise (UL) (ELD)  
10:30 **PA** Resident Store (S) (ELD)  
11:00 Small Group Morning Game Show (TVA) (ELD)  
2:00 **EF** Happy Hour Refreshment Cart (IR)  
2:15 **CE** Crafting Cart (IR) (ELD)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**27**

10:15 **PA** Small Group Daily Chronicles (UL) (ELD)  
10:30 **HF** Small Group Posture & Stretching (UL) (ELD)  
11:00 **IS** Small Group Color Relaxation (UL) (ELD)  
1:00 Small Group Afternoon Show (TVA)  
2:00 **EF** Refreshment Cart (FP)  
3:30 **C** Better "Virtually Together" FaceTime  
6:00 Small Group Evening Show (TVA)

**28**

10:15 **PA** Small Group Daily Chronicles (UL) (ELD)  
10:30 **HF** Small Group Morning Exercise (UL) (ELD)  
1:00 Small Group Afternoon Show (TVA) (ELD)  
2:00 **EF** Ice Cream Cart (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime (IR) (ELD)  
3:30 **IS** Color Relaxation (UL) (RLP)  
6:00 Small Group Evening Show (IR)

**29**

9:30 **PA** Small Group Daily Chronicles (UL)  
10:00 **HF** Small Group Morning Exercise (AR) (ELP)  
10:30 **CE** Small Group Morning Craft Class (AR) (ELD)  
2:00 Doorway Bingo (IR) (ELD)  
3:00 **C** Better "Virtually Together" FaceTime  
3:15 **HF** Small Group Walking Club (FP)  
6:00 Small Group Evening Show (TVA)

**30**



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

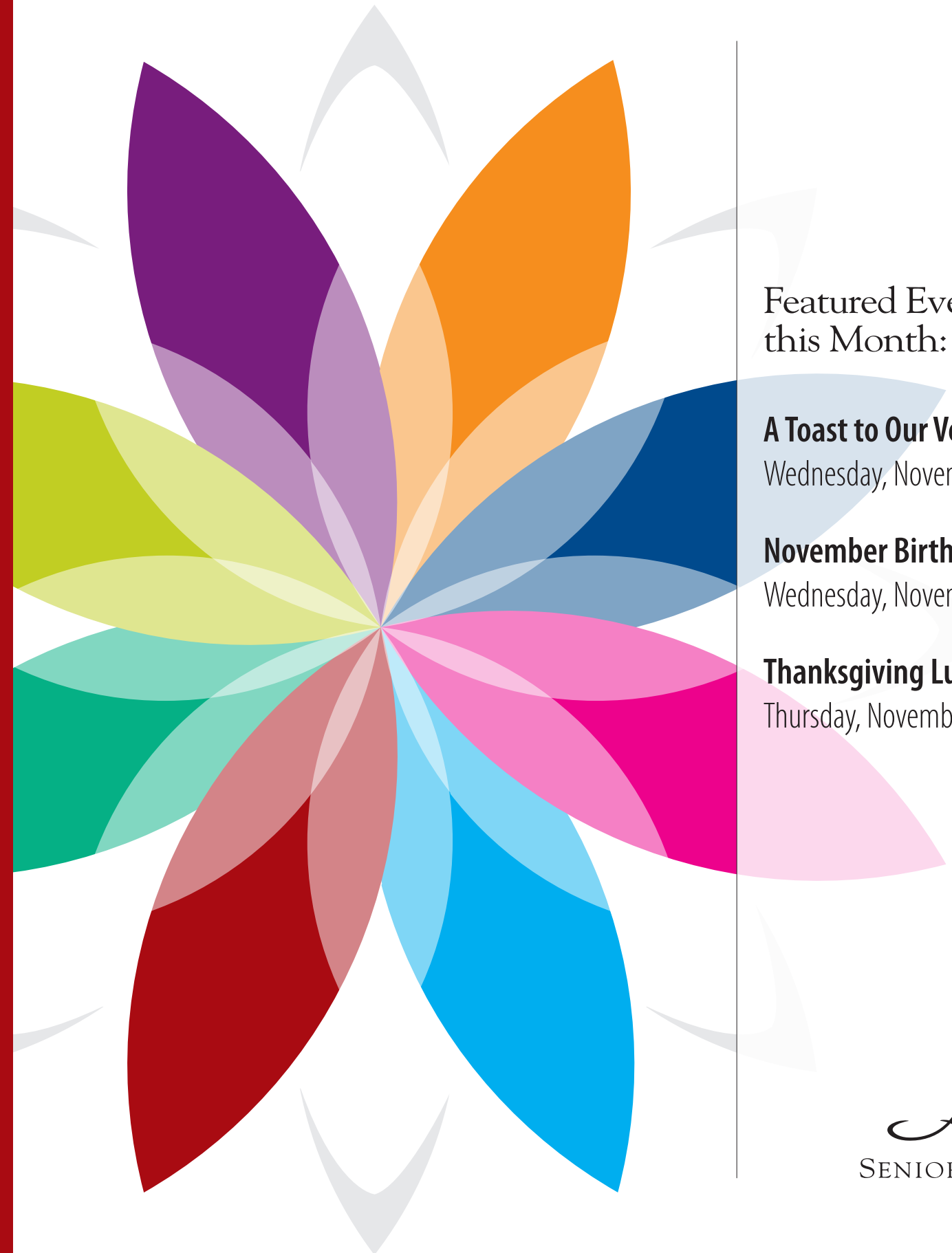
- ROOM LOCATION KEY:**
- Upper Lobby UL
  - Activity Room AR
  - Library LIB
  - Front Porch FP
  - Store S
  - In-Room IR
  - TV Area TVA

- STAFF KEY:**
- Jonna, Engage Life Director ELD
  - Resident Led Program RLP
  - Nicole, Engage Life Program Instructor ELP

iPad® is a registered trademark of Apple Inc.  
Pokeno® is a registered trademark of US Playing Card Company.

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**A Toast to Our Veterans**

Wednesday, November 11, 2:00 PM

**November Birthday Party**

Wednesday, November 25, 2:00 PM

**Thanksgiving Luncheon**

Thursday, November 26, 11:45 AM

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

# NOVEMBER 2020

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**Daylight Saving Time Ends**  
10:00 HF Small Group Weights  
10:45 LL Small Group: This Day in History  
1:30 EF Sundae Funday Music Cart  
2:30 EF Day of the Dead Arts and Crafts Cart  
3:00 C Better "Virtually Together" FaceTime  
3:30 IS Color Relaxation  
6:00 EF Small Group: Classic Bing Crosby Concert

10:00 HF Small Group Exercise  
10:45 PA Small Group Current Events  
1:00 EF Sm Group: Discover the Power of Music  
1:45 HF Nutrition Quiz  
2:30 CV Sm Group Get Swamped  
3:00 CE Small Group Let's Get Crafty  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

**Election Day**  
10:00 HF Small Group Dancercise  
10:45 LL Small Group: this Day in History  
1:00 Afternoon Small Group Matinee  
2:30 HF Small Group What's in Your Food  
3:00 C Better "Virtually Together" FaceTime  
6:00 EF Sm Group: The Lawrence Welk Show

10:00 HF Small Group Exercise  
10:30 LL Small Group: This Day in History  
10:45 PA Small Group Current Events  
2:00 HF Healthy Living Word Search  
2:30 EF PositiviTea Bar Cart  
3:00 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Stretching  
10:45 LL Small Group: The Monthly Gazette  
1:00 EF Small Group: The Nat King Cole Show  
2:00 Small Group Bingo  
3:00 C Better "Virtually Together" FaceTime  
4:00 HF Engage Your Brain Challenge  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:45 PA Small Group Current Events  
1:30 Small Group Documentary  
2:00 HF Small Group Exercise  
3:00 EF Nachos Day Happy Hour Cart  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:45 Small Group Resident Chat  
1:00 EF Small Group Dean Martin Show  
2:30 HF Small Group Walking Club  
3:00 C Better "Virtually Together" FaceTime  
3:30 CE Color Relaxation  
6:00 Evening Movie

10:00 HF Small Group Dancercise  
11:45 Small Group Resident Chat  
1:30 IS Color Relaxation  
2:00 EF Sundae Funday Music Cart  
2:30 CE Sm Group: Thanksgiving Arts and Crafts  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

**National Recycling Week**  
10:00 HF Small Group Dancercise  
10:45 PA Small Group Current Events  
1:00 HF Nutrition Quiz: iPad®  
2:00 EF Small Group Classic Sing Along  
3:00 LL Sm Gr: Recycling Awareness Documentary  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:45 PA Small Group Current Events  
1:00 Afternoon Small Group Matinee  
2:30 HF Nutritional Snack with Benefits Cart  
3:00 C Better "Virtually Together" FaceTime  
3:30 CE Small Group Art Expression  
6:00 EF Sm Group: The Lawrence Welk Show

**Veterans Day**  
10:00 HF Small Group Stretching  
10:45 LL Small Group: This Day in History  
1:00 CV Sm Group World's Deadliest Animals  
1:30 HF Nutrition Quiz  
2:00 EF A Toast to Our Veterans  
3:00 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Dancercise  
10:45 PA Small Group Current Events  
1:00 Afternoon Small Group Matinee  
2:00 CE Sm Group: Recycling Week Craft  
3:00 C Better "Virtually Together" FaceTime  
4:00 HF Engage Your Brain Challenge  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:30 LL Small Group: This Day in History  
10:45 PA Small Group Current Events  
2:00 EF Happy Hour Sing Along Refreshment Cart  
3:00 Small Group StoryWise™  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

**World Kindness Day**  
10:00 HF Small Group Dancercise  
10:45 Small Group Resident Chat  
1:00 Small Group Matinee  
2:30 HF Nutrition Quiz  
3:00 C Better "Virtually Together" FaceTime  
3:30 EF World Kindness Day: Inspirations  
6:00 EF Small Group: Dean Martin Show

10:00 HF Small Group Exercise  
10:30 LL Small Group: This Day in History  
10:45 Small Group Resident Chat  
1:30 CE Sm Group: National Drumming Day  
2:00 LL Where in the World? Day  
3:00 C Better "Virtually Together" FaceTime  
3:30 IS Small Group Arts and Crafts  
6:00 EF Small Group: Barbra Streisand in Concert

10:00 HF Small Group Walking Club  
10:45 PA Small Group Current Events  
1:30 HF Nutrition Quiz: iPad®  
2:00 EF Small Group Name That Tune  
2:30 CE Small Group Sing Along  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:45 PA Small Group Current Events  
1:00 Afternoon Small Group Matinee  
2:30 HF Small Group Healthy Eating Demonstration  
3:00 C Better "Virtually Together" FaceTime  
3:30 Small Group Life Stories  
6:00 EF Small Group: The Lawrence Welk Show

10:00 HF Small Group Stretching  
10:45 LL Small Group: This Day in History  
1:30 CV Small Group Planet Zoo Livestream  
2:00 EF Pumpkin Spice and Everything Nice  
3:00 C Better "Virtually Together" FaceTime  
3:30 CE Small Group Creative Art  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:45 PA Small Group Current Events  
1:00 Afternoon Small Group Matinee  
1:30 HF Small Group Health and Fitness Talk  
2:00 Small Group Bingo  
3:00 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Conditioning Exercise  
10:30 LL Small Group: Trivia  
10:45 PA Small Group Current Events  
2:00 EF Big Band Happy Hour Cart  
3:30 CE Small Group Creative Art  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Relaxation Exercise  
10:45 Small Group Resident Chat  
1:30 HF Nutrition Quiz: iPad®  
2:00 EF Small Group 50's Sing Along  
3:00 C Better "Virtually Together" FaceTime  
3:30 CE Color Relaxation  
6:00 Evening Movie

10:00 HF Small Group Stretching  
10:30 LL Small Group: This Day in History  
10:45 Small Group Resident Chat  
2:00 EF Sundae Funday Music Cart  
3:00 C Better "Virtually Together" FaceTime  
3:30 EF Small Group: Games & Puzzles  
6:00 Evening Movie

10:00 HF Small Group Walking Club  
10:45 PA Small Group Current Events  
1:30 LL Nutrition Quiz: iPad®  
2:00 EF Small Group: 40's Classic Sing Along  
3:00 CE Small Group Jewelry Making  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:45 PA Small Group Current Events  
1:00 Afternoon Small Group Matinee  
2:30 HF Small Group Health Talk/Challenge  
3:00 C Better "Virtually Together" FaceTime  
3:30 LL Small Group: World Geography Challenge  
6:00 EF Small Group: The Lawrence Welk Show

**International Hat Day**  
10:00 HF Small Group Dancercise  
10:45 LL Small Group: This Day in History  
1:30 CV Small Group Earth Cam: Best Zoos  
2:00 C November Birthday Party  
3:00 C Better "Virtually Together" FaceTime  
3:30 HF Small Group Nutrition Challenge  
6:00 Evening Movie

**Happy Thanksgiving**  
10:00 HF Small Group Conditioning Exercise  
10:45 C Small Group Food For Thought  
11:45 C Thanksgiving Luncheon  
1:00 Small Group Thanksgiving Matinee  
2:00 Small Group Bingo  
3:00 C Better "Virtually Together" FaceTime  
4:00 HF Engage Your Brain Challenge  
6:00 Evening Movie

10:00 HF Small Group Exercise  
10:45 PA Small Group Current Events  
1:30 CE Color Relaxation  
2:00 EF Howdy Happy Hour Cart  
3:00 IS Sm Group: Native American Heritage Day  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie

10:00 HF Small Group Walking Club  
10:45 Small Group Resident Chat  
1:00 EF Small Group Dean Martin Show  
2:00 HF Small Group Stretch  
3:00 C Better "Virtually Together" FaceTime  
3:30 EF Sm Group: Grand Ole Opry Birthday  
6:00 Evening Movie

10:00 HF Small Group Stretching  
10:30 LL Small Group: This Day in History  
10:45 Small Group Resident Chat  
2:00 EF Sundae Funday Music Cart  
3:00 C Better "Virtually Together" FaceTime  
3:30 LL Small Group History Challenge  
6:00 Small Group: Frank Sinatra in Concert

10:00 HF Small Group Walking Club  
10:45 PA Small Group Current Events  
1:30 LL Nutrition Quiz: iPad®  
2:00 EF Small Group Sing Along  
3:00 CE Small Group: Favorite Cookbook Day  
3:30 C Better "Virtually Together" FaceTime  
6:00 Evening Movie



- PA Personal Achievement
- HF Health & Fitness
- EF Entertainment & Fun
- CV Civic Engagement
- LL Lifelong Learning
- CE Creative Expression
- IS Inspiration & Spirituality
- C Connection
- Atria StoryWise
- Music

iPad® is a registered trademark of Apple Inc.