

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Thank You Cards to  
Our Police Department**  
Friday, September 13, 6:00 PM

**World Gratitude Day**  
Thursday, September 26, 10:45 AM

**National Pancake Day**  
Friday, September 27, 7:00 AM

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# SEPTEMBER 2019

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

10:00 **HF** Fit Me In Stretch (FC)  
1:30 **C** Fondue Social (LB)  
2:30 **HF** Charity Miles Challenge (FP)  
3:00 **EF** Food Through Film (MT)  
6:00 **PA** Collaborative Crossword Puzzles

1

**Happy Birthday Barbara Davis**  
9:30 **HF** Zumba® (FC)  
10:00 **CV** Baking for a cause Labor Day! (EL)  
2:30 **HF** Ageless Strength And Balance Training (EL)  
3:00 Connect And Play Bingo (EL)  
6:00 **EF** Rummikub® (EL)

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9:00 **EF** Shopping Around Town with Joe (FP)  
10:00 **HF** Fit Me In Stretch (EL)  
1:00 Nickel Blackjack (BR)  
2:00 **HF** Afternoon Stretches (FC)  
3:00 Nickel Bingo (EL)  
6:00 **EF** Pub Life w/ Katherine w/ iPad® (SR)

3

10:00 **HF** Fit Me In Stretch  
1:00 Nickel Poker (BR)  
2:30 **HF** Ageless Strength And Balance Training (EL)  
3:30 Nickel Bingo  
4:00 **IS** Catholic Communion (CH)  
5:00 **C** Wine Down Wednesday (DR)  
6:00 **CE** Arts and Crafts w/ Sonya

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**National Cheese Pizza Day!**  
9:00 **HF** Morning Walk (FP)  
11:30 **EF** Goodfellas Restaurant (FP)  
2:00 **HF** Fit Me In Stretch (FC)  
3:00 Connect and Play Bingo  
6:30 **EF** Food Through Film (MT)

5

10:00 **HF** Fit Me In Stretch  
11:00 **CE** Garden Club (BP)  
1:00 **HF** Exercise with Marianne  
2:30 Nickel bingo  
4:00 **C** Mixology 101 w/ Artie's Music (LB)  
6:00 **C** Bowling Time (EL)  
6:00 **IS** National Read A Book Day! (LB)

6

10:00 **HF** Fit Me In Stretch  
1:00 **EF** Mystery Drive (FP)  
1:30 **HF** Charity Miles Challenge (FP)  
2:30 **CE** Kazoo's Practice with Mimi (LB)  
3:30 Connect and Play Bingo  
6:00 **PA** Games with Friends: Rummikub®  
6:30 **LL** New Hampshire Day! Documentary (MT)

7

**Happy Birthday June Shannon**

8

10:00 **HF** Fit Me In Stretch  
11:30 **C** Family Brunch National Grandparents Day! (DR)  
1:30 **EF** Left Right Center (EL)  
2:30 **HF** Charity Miles Challenge (FP)  
3:00 **EF** Food Through Film (MT)  
6:00 **PA** Collaborative Crossword Puzzles

**Happy Birthday Luis Gonzales**

9

9:30 **HF** Zumba®  
10:45 **LL** Books From Cover To Cover (LB)  
1:30 **CE** National Teddy Bear Day Competition (EL)  
2:30 **HF** Ageless Strength And Balance Training  
3:00 Connect and Play Bingo  
6:00 **EF** Rummikub® (EL)

9:00 **EF** Shopping Around Town with Joe (FP)  
10:00 **HF** Fit Me In Stretch (FC)  
1:00 Nickel Poker (BR)  
2:00 **HF** Afternoon Stretches (FC)  
3:30 Nickel Bingo  
6:00 **EF** Pub Life w/ Katherine w/ iPad® (SR)

10

10:00 **HF** Fit Me in Stretch  
10:30 **LL** Painting with Penny  
1:00 Nickel Blackjack (BR)  
2:30 **HF** Ageless Strength and balance training (EL)  
3:30 Nickel Bingo (EL)  
4:00 **IS** Catholic Communion (CH)  
5:00 **C** Wine Down Wednesday (DR)  
6:00 **CE** In The Kitchen w/ Sonya (EL)

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**National Chocolate Milkshake Day**  
9:00 **HF** Morning Walk  
10:30 **LL** Butterfly Lady/ Great Apes (EL)  
1:30 **CE** National Chocolate Milkshake Day (EL)  
2:00 **HF** Fit Me in Stretch (FC)  
3:00 Connect and Play Bingo  
6:30 **EF** Food Through Film (MT)

12

10:00 **HF** Fit Me In Stretch  
11:00 **CE** Garden Club (BP)  
1:00 **HF** Exercise with Marianne  
2:30 Nickel Bingo  
4:00 **C** Mixology 101 w/ Erick Hall (LB)  
6:00 **CV** Thank You Cards To Our Police Department (EL)

13

9:00 **LL** News That's Fit To Drink (EL)  
10:00 **HF** Fit Me In Stretch (FC)  
1:00 **HF** Charity Miles Challenge (FP)  
1:30 **C** Music with Len  
2:30 **CE** Kazoo's Practice w/ Mimi (LB)  
3:30 Connect and Play Bingo (EL)  
6:00 **PA** Games With Friends: Rummikub®

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**Happy Birthday Joyce Macarthy**

15

10:00 **HF** Fit Me In Stretch  
1:30 **C** S'mores Social (LB)  
2:30 **HF** Charity Miles Challenge (FP)  
2:30 **EF** Pool /Billiards (BR)  
3:30 **LL** Virtual Tour- w/ Sonya (MT)  
6:00 **PA** Collaborative Crossword Puzzles

**Happy Birthday Luis Gonzales**

16

9:30 **HF** Zumba®  
10:45 **LL** Books From Cover To Cover (LB)  
1:30 **PA** Engage Life® Program Meeting  
2:30 **HF** Ageless Strength And Balance Training  
3:00 Connect and Play Bingo  
6:00 **EF** Rummikub® (EL)

9:00 **EF** Shopping Around Town with Joe (FC)  
10:00 **HF** Fit Me In Stretch  
11:00 **CV** Dog Treats For Needy Dogs (EL)  
1:00 Nickel Blackjack  
2:00 **LL** Food For Thought (EL)  
2:30 **HF** Afternoon Stretches (FC)  
3:30 Nickel Bingo  
6:00 **EF** Pub Life w/ Katherine w/ iPad® (SR)

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**Airforce Birthday**

18

10:00 **HF** Fit Me In Stretch  
1:00 Nickel Poker (BR)  
2:30 **HF** Ageless Strength and Balance Training (EL)  
3:00 Nickel Bingo  
4:00 **IS** Catholic Communion (CH)  
6:00 **CE** Painting with A Twist w/ Sonya

9:00 **HF** Morning Walk (FP)  
11:30 **EF** Red Lobster (FP)  
1:30 **C** Puppy Social (FC)  
2:00 **HF** Afternoon Stretches (FC)  
3:00 Connect and Play Bingo  
6:30 **EF** Food Through Film (MT)

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**Happy Birthday Sue Powell**

20

10:00 **HF** Fit Me In Stretch  
10:30 **IS** Mass with Father Frank (CH)  
11:00 **CE** Garden Club (BP)  
1:00 **HF** Exercise with Marianna  
2:30 Nickel Bingo  
4:00 **C** Mixology 101 (LB)  
6:00 **EF** Barbara Kay w/ Sonia w/ iPad® (MT)

10:00 **HF** Fit Me In Stretch  
1:00 **HF** Charity Miles Challenge (iPad®) (FP)  
1:30 **EF** Aerodynamic Coordination (LB)  
2:30 **CE** Kazoo's Practice w/ Mimi (LB)  
3:30 Connect and Play Bingo  
6:00 **PA** Games with Friends: Rummikub®

21

10:00 **HF** Fit Me In Stretch  
10:45 **C** Juice Bar (FC)  
1:00 **HF** Charity Miles Challenge (FP)  
1:30 **C** Ice Cream A' Plenty (LB)  
2:30 **C** Jazzy Nails (EL)  
3:00 **EF** Food Through Film (MT)  
6:00 **PA** Collaborative Crossword Puzzles

22

9:30 **HF** Zumba®  
10:45 **LL** Books From Cover To Cover (LB)  
1:30 **CV** World Gratitude Day Meeting (EL)  
2:00 **HF** Ageless Strength And Balance Training (EL)  
3:00 Connect and Play Bingo  
6:00 **CE** Andreas Jewelry Design (EL)

23

9:00 **EF** Shopping Around Town with Joe (FP)  
10:00 **HF** Fit Me In Stretch  
1:00 Nickel poker (BR)  
2:00 **HF** Afternoon Stretches (FC)  
2:30 **CE** Floats and StoryWise™ (EL)  
3:30 Nickel Bingo  
6:00 **EF** Pub Life w/ Katherine w/ iPad®

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**National Women's Health**

25

10:00 **HF** Fit Me In Stretch  
1:00 Nickel Blackjack (BR)  
2:30 **HF** Ageless Strength and balance training (EL)  
3:30 Nickel Bingo  
4:00 **IS** Catholic Communion (CH)  
5:00 **C** Wine Down Wednesday (DR)  
6:00 **CE** In The Kitchen w/ Sonya

**Happy Birthday Emmaline George**

26

9:00 **HF** Morning Walk (FP)  
10:45 **CV** World Gratitude Day (FP)  
11:30 **PA** Harmonica Lessons with John (LB)  
2:00 **HF** Afternoon Stretches  
3:00 Connect and Play Bingo  
6:30 **EF** Food Through Film (MT)

7:00 **CV** National Pancake Day (DR)

27

10:00 **HF** Fit Me In Stretch  
10:30 **IS** Morning Spiritual (CH)  
11:00 **CE** Garden Club (BP)  
1:00 **HF** Exercise with Marianna  
2:30 Nickel Bingo  
4:00 **C** Mixology 101/ country show w/ Jane (LB)

10:00 **HF** Fit Me In Stretch  
1:00 **HF** Charity Miles Challenge (FP)  
1:00 **EF** Downtown Deland (FP)  
2:30 **CE** Kazoo's and Root Beer Floats (LB)  
3:30 Connect and Play Bingo  
6:00 **PA** Games with Friends: Rummikub®

28

10:00 **HF** Fit Me In Stretch (FC)  
10:45 **CE** Quick and Easy Cooking Favorites (EL)  
1:00 **HF** Walking Club (FP)  
1:30 **EF** Hangman (EL)  
2:30 **EF** Pool/ Billiards (BR)  
3:00 **EF** Food Through Film (MT)  
6:00 **PA** Collaborative Crossword Puzzles (EL)

29

9:30 **HF** Zumba® (FC)  
10:45 **LL** Books From Cover To Cover (LB)  
1:00 **C** National love People Day! (EL)  
2:00 **HF** Ageless Strength And Balance Training (FC)  
3:00 Connect and Play Bingo (EL)  
6:00 **EF** Rummikub® (EL)

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- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- CE** Atria StoryWise

### ROOM LOCATION KEY:

- Back Porch BP
- Billiards Room BR
- Chapel CH
- Dining Room DR
- Fitness Center FC
- Front Porch FP
- Library LB
- Lobby LB
- Movie Theater MT
- Cafe/Sun Room SR
- Engage Life Center EL

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