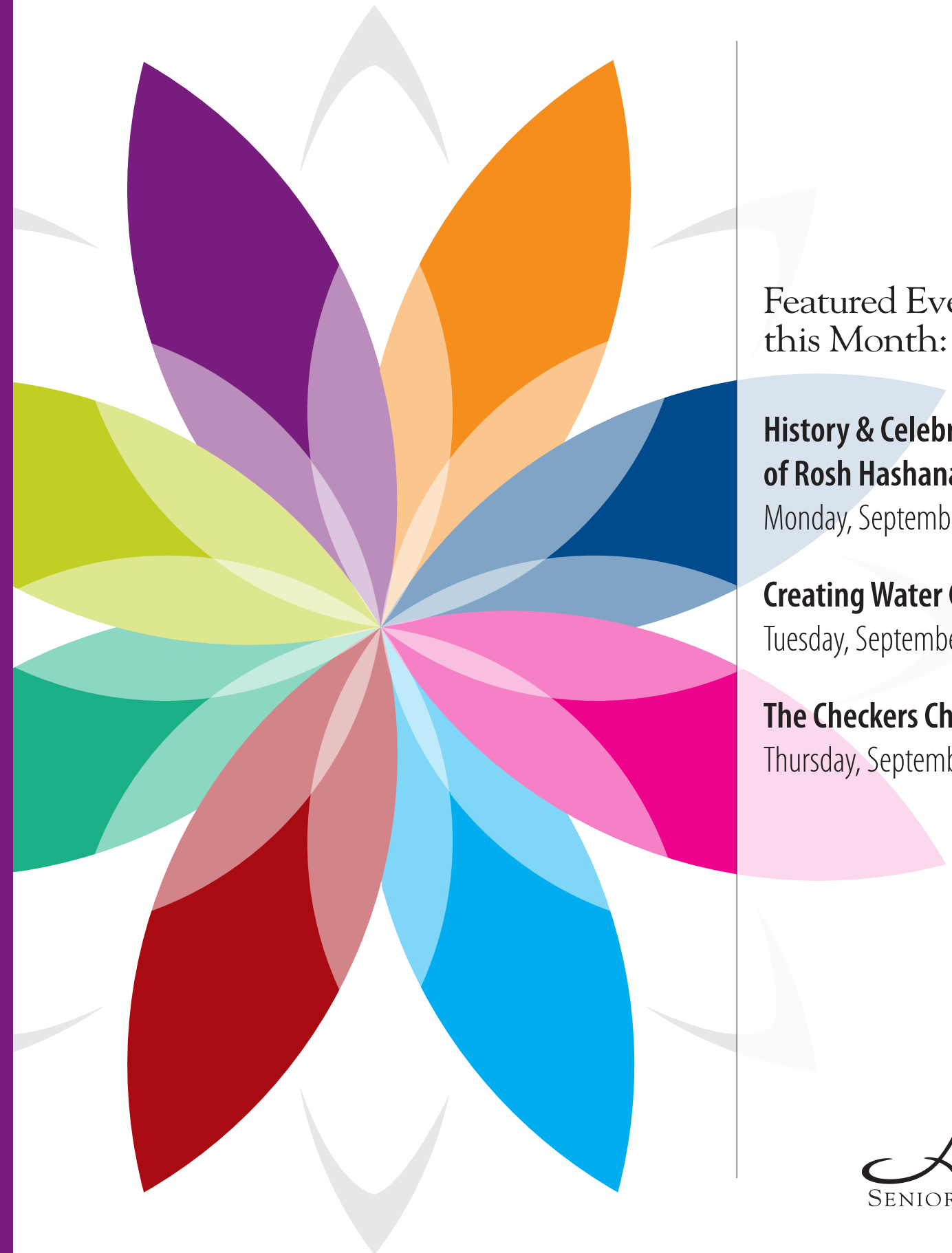


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**History & Celebration
of Rosh Hashanah**

Monday, September 6, 1:00 PM

Creating Water Globes

Tuesday, September 14, 5:15 PM

The Checkers Challenge

Thursday, September 23, 2:00 PM



SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

<p>9:15 SCE Labor Day Brain Challenge Handout</p> <p>10:15 HPF Tai Chi: Balance & Posture</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 RSF Traditions of Rosh Hashanah: Honey</p> <p>2:00 CPI Work Wisdom Part III</p> <p>3:30 HPF Strength Training Bingo: Session II</p> <p>5:15 Movies with Marissa (AR)</p>	<p>5</p>	<p>6</p> <p>ROSH HASHANAH LABOR DAY</p> <p>10:00 CEA Paint Like Picasso Art Class</p> <p>1:00 SCE Reminiscing: A Day at Work</p> <p>1:00 RSF History & Celebration of Rosh Hashanah</p> <p>1:30 HPF Walking Challenge Launch</p> <p>1:45 RSF Daily Horoscope & Dear Abby</p> <p>3:30 HPF Lower Body Conditioning</p> <p>5:15 CEA Creating Ceramic Tile Coasters</p>	<p>7</p> <p>10:15 HPF Flow Yoga</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 CPI Ambassador Club Meeting</p> <p>2:00 CPI First Responder Project</p> <p>3:00 Wheel of Fortune® (AR)</p> <p>3:30 HPF Dance & Movement: Cowboy Charleston</p> <p>5:15 Bingo Bonanza!!</p>	<p>8</p> <p>INTERNATIONAL LITERACY DAY</p> <p>10:15 HPF Upper Body Conditioning</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 LIS Book Club Launch</p> <p>1:15 Shopping Trips (VAN)</p> <p>2:00 SCE Marissa Mimosa Presents...</p> <p>2:00 SCE Sips and Dips Happy Hour</p> <p>3:30 HPF Tai Chi: Balance & Posture</p> <p>5:30 LIS ODU: Reinventing English</p>	<p>9</p> <p>10:15 HPF Total Body Conditioning - Beginner</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 CEA Music History: Country</p> <p>2:00 Pokeno® Pals! (AR)</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 HPF Dance & Movement: Cupid Shuffle</p> <p>5:15 Bingo Bonanza! (AR)</p>	<p>10</p> <p>9:00 RSF Bible Study Series: Part II</p> <p>10:15 HPF Walking Challenge: Moving For Memory</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 CPI Sandy's Whacky Perquacky</p> <p>1:30 CEA Memorial Remembrance Ribbon Chandelier</p> <p>2:00 CPI Honoring First Responders</p> <p>3:30 HPF Total Body Conditioning - Advanced</p>
<p>GRANDPARENTS DAY</p> <p>10:15 HPF Tai Chi: Balance & Posture</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 Atria General Store (AR)</p> <p>2:00 LIS ODU: The Universe & You</p> <p>3:30 HPF Strength Training Bingo: Session IV</p> <p>5:15 Movies with Marissa (AR)</p>	<p>12</p>	<p>13</p> <p>10:15 HPF Walking Challenge: Moving For Memory</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 LIS Zodiac and Horoscope of September</p> <p>2:30 CEA Creating Fortune Cookies: Well-Wishes</p> <p>3:30 HPF Lower Body Conditioning</p> <p>5:15 LIS Who is Uncle Sam? Why is he famous?</p>	<p>14</p> <p>10:15 HPF Flow Yoga</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 CPI Engage Life® Planning Meeting</p> <p>1:45 CEA Chihuly Art: Repurposing Recycled Plastic</p> <p>3:30 HPF Dance & Movement: Cupid Shuffle</p> <p>5:15 CEA Creating Water Globes</p>	<p>15</p> <p>YOM KIPPUR</p> <p>10:15 HPF Upper Body Conditioning</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 RSF Observing Yom Kippur</p> <p>1:15 Shopping Trips (VAN)</p> <p>1:30 SCE Oktoberfest Happy Hour</p> <p>2:00 CPI Hat & Fascinator Creations</p> <p>3:30 HPF Tai Chi: Balance & Posture</p>	<p>16</p> <p>10:15 HPF Total Body Conditioning - Beginner</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:30 CEA Debate About Abstract Vs. Naturalist Art</p> <p>2:00 CPI Food For Thought - Culinary Led</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 HPF Dance & Movement: Papa Loves Mambo</p> <p>5:15 Bingo Bonanza (AR)</p>	<p>17</p> <p>CONSTITUTION DAY</p> <p>9:00 RSF Bible Study Series: Part III</p> <p>10:15 HPF Walking Challenge: Moving For Memory</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 CPI Sandy's Whacky Perquacky</p> <p>2:00 LIS History of the Constitution</p> <p>3:30 HPF Total Body Conditioning - Advanced</p>
<p>10:15 HPF Tai Chi: Balance & Posture</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 SCE Oktoberfest Traditions Around the Globe</p> <p>2:00 CEA Stress Relief Putty Creation</p> <p>3:00 SCE Dance Party & Stress Relief</p> <p>3:30 HPF Strength Training Bingo: Session VI</p> <p>5:15 Movies with Marissa (AR)</p>	<p>19</p>	<p>20</p> <p>10:15 HPF Walking Challenge: Moving For Memory</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 LIS ODU: The Musical Genius of Mozart</p> <p>2:00 CEA Create Art From What You Smell</p> <p>3:00 SCE Judge Misty Meanor Presents...</p> <p>3:30 HPF Lower Body Conditioning</p> <p>5:15 Bingo Bonanza!! (AR)</p>	<p>21</p> <p>WORLD GRATITUDE DAY</p> <p>10:15 HPF Flow Yoga</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 SCE PositiviTea: Gratitude</p> <p>2:00 CPI Words of Support & Gratitude</p> <p>3:30 HPF Dance & Movement: Papa Loves Mambo</p> <p>5:15 SCE Miniature Golf: Put-Put Tournament</p>	<p>22</p> <p>AUTUMN EQUINOX (FALL BEGINS)</p> <p>10:15 HPF Upper Body Conditioning</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 Shopping Trips (BUS)</p> <p>1:15 LIS Women in Business Discussion</p> <p>2:00 SCE PositiviTea: Happy Hour</p> <p>2:30 LIS Our Planet: Elephants</p> <p>3:30 HPF Tai Chi: Balance & Posture</p>	<p>23</p> <p>10:15 HPF Total Body Conditioning - Beginner</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 CPI Refinishing Furniture</p> <p>2:00 SCE The Checkers Challenge</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 HPF Dance & Movement: The Git Up Line Dance</p> <p>5:15 Bingo Bonanza! (AR)</p>	<p>24</p> <p>9:00 RSF Bible Study Series: Part IV</p> <p>10:15 HPF Walking Challenge: Moving For Memory</p> <p>10:45 RSF Self Help Presentations</p> <p>1:15 CPI Sandy's Whacky Perquacky</p> <p>2:00 Bingo Bonanza!! (AR)</p> <p>3:30 HPF Total Body Conditioning - Advanced</p>
<p>10:15 HPF Tai Chi: Balance & Posture</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:30 CEA UV-Sun Paper Project</p> <p>3:30 HPF Strength Training Bingo: Session VIII</p> <p>5:15 Movies with Marissa (AR)</p>	<p>26</p>	<p>27</p> <p>10:15 HPF Walking Challenge: Moving For Memory</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>2:00 SCE Coming Together Project Presentation</p> <p>2:30 CEA Creating Origami Shapes</p> <p>3:30 HPF Lower Body Conditioning</p> <p>5:15 Bingo Bonanza!! (AR)</p>	<p>28</p> <p>10:15 HPF Flow Yoga</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 LIS The History Guy</p> <p>2:30 CPI Resident Council Meeting</p> <p>3:30 HPF Dance & Movement: The Git Up Line Dance</p> <p>5:15 Bingo Bonanza!! (AR)</p>	<p>29</p> <p>10:15 HPF Upper Body Conditioning</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 Shopping Trips (VAN)</p> <p>2:00 SCE Ice Cream "Bar" Happy Hour</p> <p>3:30 HPF Tai Chi: Balance & Posture</p> <p>5:15 Wheel of Fortune®</p>	<p>30</p> <p>10:15 HPF Total Body Conditioning - Beginner</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>2:00 SCE Ice Cream Social</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 HPF Dance & Movement: Cowboy Charleston</p> <p>5:30 LIS ODU: The Delicious History of Ice Cream</p>	<p>25</p> <p>10:15 HPF Strength Training Bingo: Session VII</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:00 CEA Creating Art from the Scents We Smell</p> <p>2:00 What's in a Word?</p> <p>3:30 HPF Posture and Stretch Fitness Class</p>
<p>10:15 HPF Tai Chi: Balance & Posture</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:30 CEA UV-Sun Paper Project</p> <p>3:30 HPF Strength Training Bingo: Session VIII</p> <p>5:15 Movies with Marissa (AR)</p>	<p>26</p>	<p>27</p> <p>10:15 HPF Walking Challenge: Moving For Memory</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>2:00 SCE Coming Together Project Presentation</p> <p>2:30 CEA Creating Origami Shapes</p> <p>3:30 HPF Lower Body Conditioning</p> <p>5:15 Bingo Bonanza!! (AR)</p>	<p>28</p> <p>10:15 HPF Flow Yoga</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 LIS The History Guy</p> <p>2:30 CPI Resident Council Meeting</p> <p>3:30 HPF Dance & Movement: The Git Up Line Dance</p> <p>5:15 Bingo Bonanza!! (AR)</p>	<p>29</p> <p>10:15 HPF Upper Body Conditioning</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>1:15 Shopping Trips (VAN)</p> <p>2:00 SCE Ice Cream "Bar" Happy Hour</p> <p>3:30 HPF Tai Chi: Balance & Posture</p> <p>5:15 Wheel of Fortune®</p>	<p>30</p> <p>10:15 HPF Total Body Conditioning - Beginner</p> <p>10:45 RSF Daily Horoscope & Dear Abby</p> <p>2:00 SCE Ice Cream Social</p> <p>3:00 HPF Working on Well-being</p> <p>3:30 HPF Dance & Movement: Cowboy Charleston</p> <p>5:30 LIS ODU: The Delicious History of Ice Cream</p>	<p>ROOM LOCATION KEY:</p> <p>Programming Room AR</p> <p>Bus BUS</p> <p>Van VAN</p>

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

9-11 Remembrance
Saturday, September 11, 2:00 PM

Oktoberfest Happy Hour
Wednesday, September 15, 2:00 PM

**Donating Time:
Words of Gratitude**
Tuesday, September 21, 4:45 PM



SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Beach Blanket : Annette Funicello 10:00 HPF Tai Chi: Balance & Posture 10:30 RSF Church Hymns & Psalms 2:00 LIS This or That: My Favorites Edition 2:30 SCE Personalized Pizza Creation 3:00 HPF Strength Training (AR)</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music Reminiscing: A Day at Work 10:00 HPF Walking Club 2:00 Bingo BONANZA! (AR) 4:00 HPF Lower Body Conditioning</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA 1964 Music: "Dancing in the Streets" 10:00 HPF Yoga Flow 1:00 CEA Door Decoration with The Doors 2:00 CPI Career Connections: Engineers 3:00 HPF Dance & Movement 4:00 LIS Word Creation (AR)</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:15 Scenic Drive (VAN) 9:30 CEA Music History: Piano 10:00 HPF Upper Body Conditioning 2:00 SCE Gin & Jazz Happy Hour 4:00 HPF Tai Chi: Balance & Posture</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Reminiscing: The Power of Love 10:00 HPF Total Body Conditioning - Beginner 1:00 LIS Doris Day Documentary: History of a Life 2:00 SCE This or That Connection Exercise 2:00 LIS True or False with Marissa (AR) 3:00 Bingo Bonanza! (AR) 4:00 HPF Dance & Movement: The Macarena</p>	<p>8:00 RSF Bible Study Series: Part I 9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Musical Debate: Hit Songs 10:00 HPF Walking Challenge: Moving For Memory 4:00 HPF Total Body Conditioning - Advanced</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Dance & Movement 10:00 HPF Strength Training Bingo: Session III 4:00 HPF Posture and Stretch Fitness Class</p>
<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Beach Blanket : Annette Funicello 10:00 HPF Tai Chi: Balance & Posture 10:30 RSF Church Hymns & Psalms 2:00 LIS This or That: My Favorites Edition 2:30 SCE Personalized Pizza Creation 3:00 HPF Strength Training (AR)</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music Reminiscing: A Day at Work 10:00 HPF Walking Club 2:00 Bingo BONANZA! (AR) 4:00 HPF Lower Body Conditioning</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA 1964 Music: "Dancing in the Streets" 10:00 HPF Yoga Flow 1:00 CEA Door Decoration with The Doors 2:00 CPI Career Connections: Engineers 3:00 HPF Dance & Movement 4:00 LIS Word Creation (AR)</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:15 Scenic Drive (VAN) 9:30 CEA Country Music: Patsy Cline 10:00 HPF Upper Body Conditioning 2:00 SCE Sips & Dips Happy Hour 3:00 HPF Working on Well-being 4:00 HPF Tai Chi: Balance & Posture</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA 1956 Music: The Ed Sullivan Show 10:00 HPF Total Body Conditioning - Beginner 1:00 CPI Back to School: Teacher to Teacher 2:00 LIS True or False with Marissa 3:00 Bingo Bonanza (AR) 4:00 HPF Dance & Movement: Cupid Shuffle</p>	<p>8:00 RSF Bible Study Series: Part II 9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Biblical Music: The Byrds 10:00 HPF Walking Challenge: Moving For Memory 4:00 HPF Total Body Conditioning - Advanced</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Defining Music Genres: First Responders 10:00 HPF Strength Training Bingo: Session V 1:00 LIS Zodiac & Horoscope of Sept. 2:00 LIS 9-11 Remembrance (AR) 4:00 HPF Posture and Stretch Fitness Class</p>
<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music Trivia: Frank Sinatra 10:00 HPF Tai Chi: Balance & Posture 10:30 RSF Church Hymns & Psalms 1:00 CEA Musical Journaling Club 2:00 LIS This or That: Cuisine Edition 4:30 HPF Strength Training 5:00 LIS Who's Uncle Sam? Why is he famous?</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music Composer: Gabriel Charpentier 10:00 HPF Walking Challenge: Moving For Memory 1:00 SCE Literary Appreciation: Short Stories 2:00 SCE Sept. Resident Birthday Party 3:00 Bingo BONANZA! (AR) 4:00 HPF Lower Body Conditioning 5:00 CEA Words of Wisdom: Fortune Cookie Creation</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Patriotic Music: Star-Spangled Banner 10:00 HPF Yoga Flow 2:00 LIS Word Creation (AR) 3:00 HPF Dance & Movement 5:00 CEA Personalized Hat Creation</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:15 Scenic Drive (VAN) 9:30 CEA Music Playlist: John Fogerty 10:00 HPF Upper Body Conditioning 2:00 SCE Oktoberfest Happy Hour 3:00 HPF Working on Well-being 4:00 HPF Tai Chi: Balance & Posture 5:00 SCE National Hat Day Celebration</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Blues Music - B.B. King 10:00 HPF Total Body Conditioning - Beginner 2:00 SCE Reminiscing: School Year Fun 2:15 SCE Back 2 School Advice for School Year 3:00 LIS True or False with Marissa 4:00 HPF Dance & Movement: Papa Loves Mambo 5:00 Bingo Bonanza! (AR)</p>	<p>8:00 RSF Bible Study Series: Part III 9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA International Country Music 10:00 HPF Walking Challenge: Moving For Memory 2:00 LIS Celebration of the Constitution 4:00 HPF Total Body Conditioning - Advanced</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Dance Movement: Papa Loves Mambo 10:00 HPF Strength Training Bingo: Session VII 1:00 SCE Up For Discussion: Senior Citizenship 1:00 CEA Oktoberfest Celebration with Polka Music 2:00 LIS ODU Lecture: The Art of Aging 4:00 HPF Posture and Stretch Fitness Class</p>
<p>7:00 LIS This or That: Candy Edition 9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music Reminiscing: School Days 10:00 HPF Tai Chi: Balance & Posture 10:30 RSF Church Hymns & Psalms 4:30 HPF Strength Training 5:00 CEA Dance Class: National Dance Day</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Cartoon Music History: The Archies 10:00 HPF Walking Challenge: Moving For Memory 1:00 SCE Laughter Therapy 2:00 LIS ODU: The Philosophy of Humor 3:00 Bingo BONANZA! (AR) 4:00 HPF Lower Body Conditioning 5:00 SCE Miniature Golf Challenge</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Country Music Hall of Fame 10:00 HPF Yoga Flow 2:00 LIS Word Creation (AR) 3:00 HPF Dance & Movement: Papa Loves Mambo 4:45 CPI Donating Time: Words of Gratitude</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:15 Scenic Drive (VAN) 9:30 CEA Music Playlist: Season of Autumn 10:00 HPF Upper Body Conditioning 1:00 LIS National Geographic: Elephants 2:00 SCE PositivITEA Happy Hour 3:00 HPF Working on Well-being 4:00 HPF Tai Chi: Balance & Posture 5:00 CPI Business Woman Appreciation</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Defining Music Genres: Classical Music 10:00 HPF Total Body Conditioning - Beginner 1:30 Checkers Championship 2:00 LIS True or False with Marissa 3:00 CEA Creating Art from The Scents You Smell 4:00 HPF Dance & Movement: The Git Up Line Dance 5:00 Bingo Bonanza! (AR)</p>	<p>8:00 RSF Bible Study Series: Part IV 9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Sing Across Canada: Gordon Lightfoot 10:00 HPF Walking Challenge: Moving For Memory 4:00 HPF Total Body Conditioning - Advanced 5:15 Cinema Night: "Mary Poppins"</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music: The Porter Wagoner Show 10:00 HPF Strength Training Bingo: Session IX 4:00 HPF Posture and Stretch Fitness Class</p>
<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music Advertisements 10:00 HPF Tai Chi: Balance & Posture 10:30 RSF Church Hymns & Psalms 2:00 LIS This or That: Travel Edition 4:30 HPF Strength Training</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Music Journaling: John Denver 10:00 HPF Walking Challenge: Moving For Memory 2:00 LIS ODU: The Story of America In Film 3:00 Bingo BONANZA! (AR) 4:00 HPF Lower Body Conditioning</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Defining Music: The Beatles 10:00 HPF Yoga Flow 2:00 LIS Word Creation (AR) 3:00 HPF Dance & Movement: The Git Up Line Dance</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:15 Scenic Drive (VAN) 9:30 CEA Reminiscing: Bing Crosby & Dixie Lee 10:00 HPF Upper Body Conditioning 2:00 SCE Ice Cream "Bar" Happy Hour 4:00 HPF Tai Chi: Breathing and Energy</p>	<p>9:00 RSF Dear Abby/ Daily Horoscopes 9:30 CEA Broadway Music: Julie Andrews 10:00 HPF Low-Impact Aerobic 2:00 Bingo Bonanza! (AR) 4:00 HPF Walking Club 5:00 SCE "The Sound of Music" w/ Singalong (AR)</p>	<p>ROOM LOCATION KEY: Programming Room AR Van VAN</p>	