

INDEPENDENT LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

Quilt Festival Houston

Friday, November 9, 9:00 AM

Community Thanksgiving Dinner

Friday, November 16, 5:00 PM

Community Craft Fair

Friday, November 30, 10:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

NOVEMBER 2018

ATRIA CINCO RANCH Independent Living

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

ROOM LOCATION KEY:

- | | | | |
|-----------------|-----|----------------|-----|
| Fitness Center | FC | Lobby | L |
| Art Studio | AS | Sienna Theater | ST |
| AL Lobby | ALL | Swimming Pool | SP |
| Bistro | B | The Big Table | TBT |
| Cane Island Bar | CI | | |
| Gardens | LG | | |
| KT Club | KTC | | |
| Library | LIB | | |
| Lifestyles Room | LS | | |
| Living Room | LR | | |

<p>9:00 HF Going for a Stroll (L) 4</p> <p>9:15 IS Bible Study (ST)</p> <p>2:00 EF iPad® Games (B)</p> <p>2:30 LL Art Co-op (AS)</p> <p>3:00 PA Resident Led Music w/ Lois Boley (CI)</p> <p>4:00 Card Game with Maya (B)</p> <p>6:00 EF Mexican Train Dominos (KTC)</p> <p>6:00 EF Movie Night (ST)</p>	<p>9:30 HF Smart Moves (ST) 5</p> <p>9:30 CE Jewelry Class (AS)</p> <p>11:00 HF Water Aerobics (SP)</p> <p>11:00 LL Handbell Choir (AS)</p> <p>1:00 LL Giant Crossword Puzzle (AS)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>3:30 C Happy Hour with Poppy (CI)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Walking Club (L) 6</p> <p>9:00 HF Play Pool! (KTC)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 HF Chair Yoga (ST)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Nickel Poker (KTC)</p> <p>2:30 EF Kings in the Corner (KTC)</p> <p>3:30 C Tini Tuesday! (CI)</p> <p>7:30 Jackpot Bingo with Alyce (ST)</p>	<p>9:30 HF Smart Moves (ST) 7</p> <p>10:00 EF A Little Day Music</p> <p>10:30 Prize Bingo w/ HHR (B)</p> <p>11:00 HF Water Aerobics (SP)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 EF 42 - Dominoes Tile Game (B)</p> <p>2:00 C New Resident Orientation (ST)</p> <p>3:30 C StoryWise™ Happy Hour (CI)</p> <p>7:00 PA AA Meeting (LS)</p> <p>7:00 LL Evening News & Dialogue (ST)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Walking Club (L) 8</p> <p>9:00 HF Play Pool! (KTC)</p> <p>10:00 CE Shari's Craft Corner (AS)</p> <p>11:00 HF Chair Yoga (ST)</p> <p>1:00 IS Afternoon Devotional</p> <p>1:00 Nickel Poker (KTC)</p> <p>2:00 CV Atria Q & A with Katrina & Chris (ST)</p> <p>2:30 HF Trivia (LIB)</p> <p>3:30 C Happy Hour with Dover Brothers (CI)</p> <p>5:00 EF Dinner Out at Eddie V's</p> <p>5:30 EF Shanghai Card Game (B)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 EF Quilt Festival Houston (L) 9</p> <p>9:30 HF Smart Moves (ST)</p> <p>10:00 IS Comfort Service Dog visit with Damaris (LIB)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Rummikub® (B)</p> <p>3:00 CE Atria Choir Practice (ST)</p> <p>3:00 C Happy Hour (CI)</p> <p>7:00 LL Evening News (ST)</p> <p>7:30 EF Musical Movie Night (ST)</p>	<p>9:45 HF Stretching (ST) 10</p> <p>10:00 HF Exercises (ST)</p> <p>10:00 CV Greeting Card Craft for Veterans (AS)</p> <p>10:30 Quarter Bingo (B)</p> <p>1:30 PA Water Color Class with Duncan (AS)</p> <p>1:30 EF Live Entertainment with Xavier & Company</p> <p>2:00 HF Trivia (LIB)</p> <p>4:15 Name That Tune Bingo (L)</p> <p>7:15 EF Music of Harmony (ST)</p> <p>8:30 EF Movie Night (ST)</p>
<p>9:00 HF Going for a Stroll (L) 11</p> <p>9:15 IS Bible Study (ST)</p> <p>11:00 IS Christian Church Service w/ Dean Godair (ST)</p> <p>2:00 EF iPad® Sudoku (B)</p> <p>2:30 LL Art Co-op (AS)</p> <p>3:00 PA Resident Led Music w/ Lois Boley (CI)</p> <p>4:00 EF Table Games with Maya (B)</p> <p>6:00 EF Mexican Train Dominos (KTC)</p> <p>6:00 EF Movie Night (ST)</p>	<p>9:30 HF Smart Moves (ST) 12</p> <p>11:00 HF Water Aerobics (SP)</p> <p>11:00 LL Handbell Choir (KTC)</p> <p>1:00 LL Giant Crossword Puzzle (AS)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:30 EF Word in a Word Game (AS)</p> <p>3:30 C Happy Hour with the Dover Brothers (CI)</p> <p>7:30 LL Knit2gether (LIB)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Walking Club (L) 13</p> <p>9:00 HF Play Pool! (KTC)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 HF Chair Yoga (ST)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Nickel Poker (KTC)</p> <p>1:30 IS Protestant Communion (CI)</p> <p>2:00 EF Phase 10® Card Game (KTC)</p> <p>3:30 PA Birthday Party with Tony Custer (CI)</p> <p>7:30 Jackpot Bingo with Alyce (ST)</p>	<p>9:00 HF Audiologist Visit (B) 14</p> <p>9:30 HF Smart Moves (ST)</p> <p>10:30 Quarter Bingo (B)</p> <p>11:00 HF Water Aerobics (SP)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 EF 42 - Dominoes Tile Game (B)</p> <p>4:00 PA Book Club (AS)</p> <p>7:00 PA AA Meeting (LS)</p> <p>7:00 LL Evening News & Dialogue</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Walking Club (L) 15</p> <p>9:00 HF Play Pool! (KTC)</p> <p>11:00 HF Chair Yoga (LS)</p> <p>1:00 IS Afternoon Devotional (ST)</p> <p>1:00 Nickel Poker (KTC)</p> <p>2:30 HF Trivia (LIB)</p> <p>3:30 C Happy Hour with Larry Glass (CI)</p> <p>5:30 EF Shanghai Card Game (B)</p> <p>7:00 LL Technology Tutoring (LIB)</p> <p>7:30 EF Movie Night (ST)</p> <p>7:30 PA Poker Night! (KTC)</p>	<p>9:30 HF Smart Moves (ST) 16</p> <p>10:00 Coffee and Donuts with Katrina (B)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Rummikub® (B)</p> <p>3:00 CE Atria Choir Practice (ST)</p> <p>3:30 C Happy Hour (CI)</p> <p>5:00 C Community Thanksgiving Dinner (L)</p> <p>7:00 LL Evening News (ST)</p> <p>7:30 EF Musical Movie Night (ST)</p>	<p>9:45 HF Stretching (ST) 17</p> <p>10:00 HF Exercises (ST)</p> <p>10:00 CV Greeting Card Craft for Veterans (AS)</p> <p>10:30 Quarter Bingo (B)</p> <p>1:00 CV National Charity League Service Project (ALL)</p> <p>1:30 PA Water Color Class with Duncan (AS)</p> <p>2:00 EF The Crown Series (ST)</p> <p>3:30 HF Corn Hole Toss (ALL)</p> <p>4:00 Coloring (AS)</p> <p>7:30 EF Movie Night (ST)</p>
<p>9:00 HF Going for a Stroll (L) 18</p> <p>9:15 IS Bible Study (ST)</p> <p>2:00 HF Water Aerobics (SP)</p> <p>2:00 EF iPad® Sudoku w/ Howard (B)</p> <p>2:30 LL Art Co-op (AS)</p> <p>3:00 PA Resident Led Music with Lois Boley (CI)</p> <p>4:00 Card Games with Maya (B)</p> <p>6:00 EF Mexican Train Dominos (KTC)</p> <p>6:00 EF Movie Night (ST)</p>	<p>9:30 HF Smart Moves (ST) 19</p> <p>9:30 CE Jewelry Class (AS)</p> <p>11:00 LL Handbell Choir (KTC)</p> <p>1:00 LL Giant Crossword Puzzle (AS)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>3:30 C Bobby Sock and Doo Wop Happy Hour (CI)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Walking Club (L) 20</p> <p>9:00 HF Play Pool! (KTC)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 HF Chair Yoga (LS)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Nickel Poker (KTC)</p> <p>2:00 PA Ambassador Meeting (AS)</p> <p>2:30 EF Kings in the Corner (KTC)</p> <p>3:30 C Tini Tuesday (CI)</p> <p>7:30 Jackpot Bingo with Alyce (ST)</p>	<p>9:30 HF Smart Moves (LS) 21</p> <p>10:30 Quarter Bingo (B)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 EF 42 - Dominoes Tile Game (B)</p> <p>3:30 C StoryWise™ Happy Hour (CI)</p> <p>7:00 PA AA Meeting (LS)</p> <p>7:00 LL Evening News & Dialogue (ST)</p> <p>7:30 EF Movie Night (ST)</p>	<p>Happy Thanksgiving!! 22</p> <p>9:00 HF Walking Club (L)</p> <p>9:00 HF Play Pool! (KTC)</p> <p>11:00 HF Chair Yoga (ST)</p> <p>1:00 Nickel Poker (KTC)</p> <p>3:30 C Happy Hour with Rodney Raspberry (CI)</p> <p>5:30 EF Shanghai Card Game (B)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:30 HF Smart Moves (ST) 23</p> <p>10:00 IS Comfort Service Dog Visit with Damaris (LIB)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Rummikub® (B)</p> <p>3:00 CE Atria Choir Practice (ST)</p> <p>3:30 C Happy Hour (CI)</p> <p>7:00 LL Evening News (ST)</p> <p>7:30 EF Musical Movie Night (ST)</p>	<p>9:45 HF Exercises (ST) 24</p> <p>10:00 HF Stretching (ST)</p> <p>10:00 CV Greeting Card Craft for Veterans (AS)</p> <p>10:30 Bingo (B)</p> <p>1:30 PA Water Color Class With Duncan (AS)</p> <p>1:30 EF Live Entertainment (ST)</p> <p>2:30 HF Trivia (LIB)</p> <p>3:15 Hand Massage and Polish (ALL)</p> <p>4:15 Yahtzee™ (B)</p> <p>7:30 EF Movie Night (L)</p>
<p>9:00 HF Going for a Stroll (L) 25</p> <p>9:15 IS Bible Study (ST)</p> <p>11:00 IS Christian Church Service w/ Dean Godair (ST)</p> <p>2:00 HF Water Aerobics (SP)</p> <p>2:00 EF iPad® Sudoku w/ Howard (B)</p> <p>2:30 LL Art Co-op (AS)</p> <p>3:00 PA Resident Led Music with Lois Boley (CI)</p> <p>4:00 EF Table Games with Maya (B)</p> <p>6:00 EF Mexican Train Dominos (KTC)</p> <p>6:00 EF Movie Night (ST)</p>	<p>9:30 HF Smart Moves (ST) 26</p> <p>11:00 LL Handbell Choir (KTC)</p> <p>1:00 LL Giant Crossword (AS)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 CE Mandala Coloring Craft (AS)</p> <p>2:30 EF Word in a Word (AS)</p> <p>3:30 C Bobby Socks & Doo Wop Happy Hour (CI)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Walking Club (L) 27</p> <p>9:00 HF Play Pool! (KTC)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 HF Chair Yoga (ST)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Nickel Poker (KTC)</p> <p>1:30 IS Protestant Communion (CI)</p> <p>2:00 EF Phase 10® Card Game (KTC)</p> <p>3:30 C Tini Tuesday w/ Tony (CI)</p> <p>7:30 Jackpot Bingo with Alyce (ST)</p>	<p>9:30 HF Smart Moves (ST) 28</p> <p>10:30 Quarter Bingo (B)</p> <p>1:30 Bridge (KTC)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 EF 42 - Dominoes Tile Game (B)</p> <p>3:30 C StoryWise™ Happy Hour (CI)</p> <p>5:00 PA Movie Committee Meeting</p> <p>7:00 PA AA Meeting (LS)</p> <p>7:00 LL Evening News & Dialogue (ST)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Walking Club (L) 29</p> <p>9:00 HF Play Pool! (KTC)</p> <p>11:00 HF Chair Yoga (ST)</p> <p>1:00 IS Afternoon Devotional (ST)</p> <p>1:00 Nickel Poker (KTC)</p> <p>2:30 HF Trivia (LIB)</p> <p>3:30 C Happy Hour with Danette McMahon (CI)</p> <p>5:00 EF Out to Dinner @ Antonia's (L)</p> <p>5:30 EF Shanghai Card Game (B)</p> <p>7:30 EF Movie Night (ST)</p>	<p>9:00 HF Smart Moves (ST) 30</p> <p>10:00 Community Craft Fair (ST)</p> <p>1:00 HF Wellness Clinic (FC)</p> <p>1:00 Rummikub® (B)</p> <p>3:00 CE Atria Choir Practice (ST)</p> <p>3:30 C Happy Hour (CI)</p> <p>7:00 LL Evening News (ST)</p> <p>7:30 EF Musical Movie Night (ST)</p>	

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Rummikub® is a registered trademark of Rummikub
Yahtzee™ is a trademark of Hasbro, Inc.

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Community Thanksgiving Dinner

Friday, November 16, 5:00 PM

Community Craft Fair

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NOVEMBER 2018

ATRIA CINCO RANCH a s s i s t e d l i v i n g

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
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- CV** Civic Engagement
- LL** Lifelong Learning
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- IS** Inspiration & Spirituality
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ROOM LOCATION KEY:

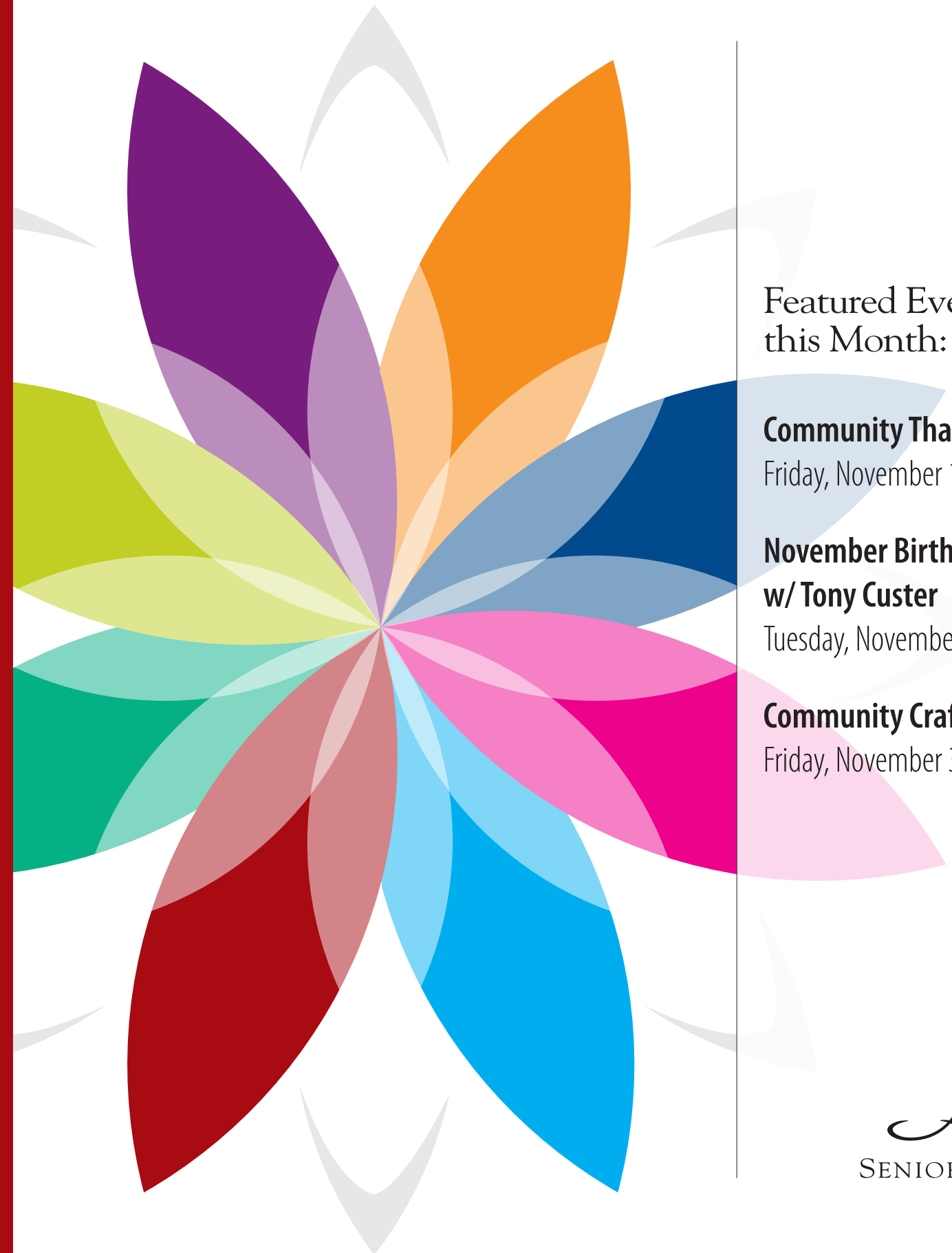
- | | | | |
|-----------------|-----|----------------|-----|
| Sienna Theater | ST | The Big Table | TBT |
| Lobby | L | AL Lobby | ALL |
| Lifestyles Room | LS | Art Studio | AS |
| KT Club | KTC | Fitness Center | FC |
| Swimming Pool | SP | | |
| Library | LIB | | |
| Cane Island Bar | CI | | |
| Bistro | B | | |
| Gardens | LG | | |
| Living Room | LR | | |

<p>9:15 IS Bible Study (ST)</p> <p>9:30 HF Walking Club (LR)</p> <p>2:00 HF Water Aerobics (SP)</p> <p>2:00 PA iPad® Games (B)</p> <p>2:30 C Art Coop (AS)</p> <p>3:00 PA Resident Led Music w/ Lois Boley (CI)</p> <p>4:00 EF Card Games with Maya (B)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 Prize Bingo (LS)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 PA Handbell Choir (KTC)</p> <p>11:00 EF Prize Penny Pitch (LR)</p> <p>1:00 HF Walking Club (LR)</p> <p>2:00 IS Bible Study with Pastor Bob (LG)</p> <p>2:30 PA Word in a Word (LR)</p> <p>3:00 C Happy Hour with Wally (LG)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 HF Chair Exercises (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 IS Pet Therapy (LR)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 LL iPad® Games (LR)</p> <p>2:00 Quarter Bingo (\$2) (LS)</p> <p>2:00 CV Resident Council Meeting (ST)</p> <p>3:30 Tini Tuesday (CI)</p> <p>6:00 EF Movie Musical Night! (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:00 DaCamera Houston (L)</p> <p>10:15 LL Around the World to Budapest (LR)</p> <p>10:30 Music Therapy with Britt Davis (LG)</p> <p>11:00 HF Water Aerobics (SP)</p> <p>2:00 C Food for Thought with Franklin (LR)</p> <p>3:00 CE Adult Coloring Craft (TBT)</p> <p>6:00 EF Movie Night (LR)</p> <p>7:00 PA AA Meeting (LS)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>11:00 PA Penny Pitch (\$1) (LR)</p> <p>1:00 IS Afternoon Devotional (ST)</p> <p>1:00 LL Audubon - Bird Tales (LR)</p> <p>2:00 Happy Hour with Poppy (LR)</p> <p>6:00 EF TV Classics (LR)</p>	<p>9:30 C Coffee & Donuts (TBT)</p> <p>9:45 LL You Be the Judge (TBT)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL iPad® Games (LR)</p> <p>1:30 HF Walking Club (LR)</p> <p>2:30 Quarter Bingo - \$2 in Quarters (LS)</p> <p>3:00 PA Atria Choir Practice (ST)</p> <p>3:30 C Happy Hour (CI)</p> <p>6:00 EF Movie Night! (LR)</p>	<p>9:45 HF Stretching (ST)</p> <p>10:00 HF Chair Exercise (ST)</p> <p>10:30 Quarter Bingo (B)</p> <p>1:30 CE Water Color Class with Duncan (AS)</p> <p>2:30 HF Trivia (CI)</p> <p>3:15 LL iPad® Games (LR)</p> <p>4:15 Yahtzee™ (B)</p> <p>6:00 EF Movie Night (LR)</p>
<p>9:15 IS Bible Study (ST)</p> <p>9:30 HF Walking Club (LR)</p> <p>11:00 IS Christian Church Service w/ Dean Godair (ST)</p> <p>2:00 HF Water Aerobics (SP)</p> <p>2:00 PA iPad® Games (B)</p> <p>2:30 C Art Coop</p> <p>3:00 PA Resident Led Music w/ Lois Boley (CI)</p> <p>4:00 EF Table Games w/ Maya (B)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 Prize Bingo (LS)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 HF Water Aerobics (SP)</p> <p>11:00 LL Handbell Choir (KTC)</p> <p>11:00 EF Prize Penny Pitch (LR)</p> <p>1:00 HF Walking Club (LR)</p> <p>2:00 IS Bible Study with Pastor Bob (LG)</p> <p>2:30 PA Big Crossword Puzzle! (LR)</p> <p>3:00 C Happy Hour with Rodney Rasberry (LG)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 IS Pet Therapy (LR)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 LL iPad® games (LR)</p> <p>1:00 Prize Bingo led by Penny (LS)</p> <p>1:30 IS Protestant Communion (CI)</p> <p>2:00 C Tea Party (TBT)</p> <p>3:00 C Troupons (TBT)</p> <p>6:00 EF Movie Musical Night! (LR)</p>	<p>9:30 Audiologist Visit (LS)</p> <p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 LL Around the World to Istanbul (LR)</p> <p>10:45 EF Lunch at Newk's (LR)</p> <p>11:00 HF Water Aerobics (SP)</p> <p>2:00 EF Hollywood Classic Show (LR)</p> <p>3:00 CE Adult Coloring Craft (TBT)</p> <p>6:00 EF Movie Night (LR)</p> <p>7:00 PA AA Meeting (LS)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>11:00 PA Penny Pitch (\$1) (LR)</p> <p>1:00 IS Afternoon Devotional (ST)</p> <p>2:00 Happy Hour with Dan Dehart (LR)</p> <p>6:00 EF TV Classics (LR)</p> <p>7:00 LL Technology Tutoring (CI)</p>	<p>9:30 C Coffee & Donuts (TBT)</p> <p>9:45 LL Finish the Phrase (TBT)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL iPad® Games (LR)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:30 Quarter Bingo - \$2 in Quarters (LS)</p> <p>3:00 PA Atria Choir Practice (ST)</p> <p>5:00 C Community Thanksgiving Dinner</p> <p>6:00 EF Family Movie Night! (LR)</p>	<p>9:45 HF Stretching (ST)</p> <p>10:00 HF Chair Exercise (ST)</p> <p>10:30 Quarter Bingo (B)</p> <p>1:00 CV National Charity League Service Project (ALL)</p> <p>1:30 CE Water Color Art Class with Duncan (AS)</p> <p>2:30 C Ice Cream Social (LR)</p> <p>3:30 EF Corn Hole Toss (LR)</p> <p>4:00 CE Adult Coloring (AS)</p> <p>6:00 EF Movie Night (LR)</p>
<p>9:15 IS Bible Study (ST)</p> <p>9:30 HF Walking Club (L)</p> <p>2:00 PA iPad® Games (B)</p> <p>2:30 C Art Coop</p> <p>3:00 PA Resident led music with Lois Boley (CI)</p> <p>4:00 EF Card Games with Maya (B)</p> <p>6:00 EF Comedy Movie Night (LR)</p>	<p>9:30 Prize Bingo (LS)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL Handbell Choir (KTC)</p> <p>1:00 HF Walking Club (LR)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 IS Bible Study with Pastor Bob (LG)</p> <p>2:30 PA Word in a Word (LR)</p> <p>3:00 C Happy Hour with Wally (LG)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 IS Pet Therapy (L)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 LL iPad® Games (LR)</p> <p>2:00 PA Ambassador Meeting (AS)</p> <p>2:00 Quarter Bingo (\$2) (LS)</p> <p>3:30 C Birthday Happy Hour with Tony Custer (LR)</p> <p>6:00 EF Movie Musical Night! (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 LL ATW to the Belgium: Bruges and Brussels (LR)</p> <p>10:30 Music Therapy with Britt Davis (LG)</p> <p>10:45 EF Lunch at Applebee's (LR)</p> <p>2:00 EF Hollywood Classics (LR)</p> <p>3:00 CE Adult Coloring Craft (TBT)</p> <p>6:00 EF Movie Night (LR)</p> <p>7:00 PA AA Meeting (LS)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>11:00 PA Penny Pitch (\$1) (LR)</p> <p>1:00 IS Afternoon Devotional (ST)</p> <p>1:30 C 5 Card Prize Bingo (LR)</p> <p>2:00 Happy Hour with Rodney Rasberry (LR)</p> <p>6:00 EF TV Classics (LR)</p>	<p>9:30 C Coffee & Donuts (TBT)</p> <p>9:45 LL Variety Trivia (TBT)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL iPad® Games (LR)</p> <p>1:30 HF Walking Club (L)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:30 Quarter Bingo - \$2 in Quarters (LS)</p> <p>3:00 PA Atria Choir Practice (ST)</p> <p>6:00 EF Family Movie Night! (LR)</p>	<p>9:45 HF Stretching (ST)</p> <p>10:00 HF Chair Exercise (ST)</p> <p>10:30 Quarter Bingo (B)</p> <p>1:30 CE Water Color Art Class with Duncan (AS)</p> <p>1:30 EF Live Entertainment with Arce Avalon (ST)</p> <p>2:30 HF Trivia (CI)</p> <p>3:15 Hand Massage and Nail Polish (LR)</p> <p>6:00 EF Movie Night (LR)</p>
<p>9:15 IS Bible Study (ST)</p> <p>9:30 HF Walking Club (LR)</p> <p>11:00 IS Christian Church Service w/ Dean Godair (ST)</p> <p>2:00 PA iPad® Games (B)</p> <p>2:30 C Art Coop (AS)</p> <p>3:00 PA Resident Led Music w/ Lois Boley (CI)</p> <p>4:00 EF Table Games w/ Maya (B)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 Prize Bingo (LS)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL Handbell Choir (KTC)</p> <p>11:00 PA Prize Penny Pitch (LR)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 IS Bible Study with Pastor Bob (LG)</p> <p>2:00 C Happy Hour with Tony Custer (LG)</p> <p>2:30 PA Big Crossword Puzzle! (LR)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 IS Pet Therapy (LR)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 LL iPad® Games (LR)</p> <p>1:30 IS Protestant Communion (CI)</p> <p>2:00 Quarter Bingo (\$2) (LS)</p> <p>3:00 CE Jewelry Making (TBT)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 LL Around the World to Austria (LR)</p> <p>10:45 EF Lunch at The Toasted Yolk (LR)</p> <p>2:00 EF Hollywood Classic Show (LR)</p> <p>3:00 CE Adult Coloring Craft (TBT)</p> <p>6:00 EF Movie Night (LR)</p> <p>7:00 PA AA Meeting (LS)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>11:00 PA Penny Pitch (\$1) (LR)</p> <p>1:00 EF 5 Card Prize Bingo (TBT)</p> <p>1:00 IS Afternoon Devotional (ST)</p> <p>2:00 Happy Hour with Dan Dehart (LR)</p> <p>6:00 EF TV Classics (LR)</p> <p>7:00 LL Technology Tutoring (CI)</p>	<p>9:30 C Coffee & Donuts (TBT)</p> <p>9:45 LL Finish the Phrase (TBT)</p> <p>10:00 Community Craft Fair (ST)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL iPad® Games (LR)</p> <p>2:30 CV Charity Craft (TBT)</p> <p>2:30 Quarter Bingo - \$2 in Quarters (LS)</p> <p>3:00 PA Atria Choir Practice (ST)</p> <p>6:00 EF Family Movie Night! (LR)</p>	<p>9:45 HF Stretching (ST)</p> <p>10:00 HF Chair Exercise (ST)</p> <p>10:30 Quarter Bingo (B)</p> <p>1:30 CE Water Color Art Class with Duncan (AS)</p> <p>1:30 EF Live Entertainment with Arce Avalon (ST)</p> <p>2:30 HF Trivia (CI)</p> <p>3:15 Hand Massage and Nail Polish (LR)</p> <p>6:00 EF Movie Night (LR)</p>
<p>9:15 IS Bible Study (ST)</p> <p>9:30 HF Walking Club (LR)</p> <p>11:00 IS Christian Church Service w/ Dean Godair (ST)</p> <p>2:00 PA iPad® Games (B)</p> <p>2:30 C Art Coop (AS)</p> <p>3:00 PA Resident Led Music w/ Lois Boley (CI)</p> <p>4:00 EF Table Games w/ Maya (B)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 Prize Bingo (LS)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL Handbell Choir (KTC)</p> <p>11:00 PA Prize Penny Pitch (LR)</p> <p>2:00 HF Tai Chi (ST)</p> <p>2:00 IS Bible Study with Pastor Bob (LG)</p> <p>2:00 C Happy Hour with Tony Custer (LG)</p> <p>2:30 PA Big Crossword Puzzle! (LR)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 IS Pet Therapy (LR)</p> <p>10:30 IS Catholic Communion (KTC)</p> <p>11:00 LL iPad® Games (LR)</p> <p>1:30 IS Protestant Communion (CI)</p> <p>2:00 Quarter Bingo (\$2) (LS)</p> <p>3:00 CE Jewelry Making (TBT)</p> <p>6:00 EF Movie Night (LR)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>10:15 LL Around the World to Austria (LR)</p> <p>10:45 EF Lunch at The Toasted Yolk (LR)</p> <p>2:00 EF Hollywood Classic Show (LR)</p> <p>3:00 CE Adult Coloring Craft (TBT)</p> <p>6:00 EF Movie Night (LR)</p> <p>7:00 PA AA Meeting (LS)</p>	<p>9:30 HF Chair Exercise (LS)</p> <p>9:45 HF Stretching (LS)</p> <p>11:00 PA Penny Pitch (\$1) (LR)</p> <p>1:00 EF 5 Card Prize Bingo (TBT)</p> <p>1:00 IS Afternoon Devotional (ST)</p> <p>2:00 Happy Hour with Dan Dehart (LR)</p> <p>6:00 EF TV Classics (LR)</p> <p>7:00 LL Technology Tutoring (CI)</p>	<p>9:30 C Coffee & Donuts (TBT)</p> <p>9:45 LL Finish the Phrase (TBT)</p> <p>10:00 Community Craft Fair (ST)</p> <p>10:30 HF Smart Moves (LS)</p> <p>11:00 LL iPad® Games (LR)</p> <p>2:30 CV Charity Craft (TBT)</p> <p>2:30 Quarter Bingo - \$2 in Quarters (LS)</p> <p>3:00 PA Atria Choir Practice (ST)</p> <p>6:00 EF Family Movie Night! (LR)</p>	<p>9:45 HF Stretching (ST)</p> <p>10:00 HF Chair Exercise (ST)</p> <p>10:30 Quarter Bingo (B)</p> <p>1:30 CE Water Color Art Class with Duncan (AS)</p> <p>1:30 EF Live Entertainment with Arce Avalon (ST)</p> <p>2:30 HF Trivia (CI)</p> <p>3:15 Hand Massage and Nail Polish (LR)</p> <p>6:00 EF Movie Night (LR)</p>

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LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Community Thanksgiving Dinner

Friday, November 16, 5:00 PM

**November Birthday Party
w/ Tony Custer**

Tuesday, November 20, 3:30 PM

Community Craft Fair

Friday, November 30, 9:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

NOVEMBER 2018

ATRIA CINCO RANCH life guidance®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**
- Legato**

ROOM LOCATION KEY:

- | | | | |
|-----------------|-----|----------------|-----|
| AL Lobby | ALL | Lobby | L |
| Art Studio | AS | Sienna Theater | ST |
| Bistro | B | Swimming Pool | SP |
| Cane Island Bar | CI | The Big Table | TBT |
| Fitness Center | FC | | |
| Gardens | LG | | |
| KT Club | KTC | | |
| Library | LIB | | |
| Lifestyles Room | LS | | |
| Living Room | LR | | |

4

9:00 **C** Fresh Faces
 10:00 Prize Bingo
 11:00 **HF** Chair Exercise
 2:00 **C** Ice Cream Social
 3:00 **PA** Music w/ Lois (CI)
 3:00 **C** Sunday Football Texans vs Broncos
 4:00 **HF** Smart Moves
 6:00 **EF** Movie Night & Popcorn

5

9:00 **C** Fresh Faces
 10:00 **CV** Children's Books
 11:00 **HF** Yoga
 1:00 **CE** Journaling
 2:00 **IS** Bible Study with Pastor Bob
 3:00 **J** Live Music w/ Wally
 6:00 **EF** Movie Night
 7:00 **HF** Walking Club

6

9:00 **C** Fresh Faces
 10:00 **EF** Penny Pitch
 10:15 **IS** Catholic Communion*
 11:00 **HF** Body Combat
 11:00 **HF** Pet Therapy
 1:00 **PA** Helping Hands*
 2:00 **J** Name That Tune
 3:00 Armchair Travels
 4:00 **HF** Strength and Weights
 6:00 **EF** Old TV Shows

7

9:00 **C** Fresh Faces
 9:30 **LL** Book Club - Librarian Visit
 10:00 **EF** "A Little Day Music" at Wortham Theater (L)
 10:30 **J** Music Therapy- Britt Davis
 11:30 **HF** Tai Chi
 2:00 Adult Coloring
 3:00 **C** Tea & Trivia
 6:00 **EF** Movie - Comedy
 7:00 **HF** Walking Club

8

Happy Birthday Roy!

9:00 **C** Fresh Faces
 10:00 **HF** Hangman
 11:00 **HF** Musical Moves
 1:00 **EF** Golf Cart Rides
 1:00 **LL** Audubon - Bird Tales (ALL)
 2:00 **J** Live Music w/ Poppy (ALL)
 3:00 **CE** Arts & Crafts - Bookmarks
 4:00 **HF** Yoga
 6:00 **EF** Movie Night

9

9:00 **C** Fresh Faces
 10:00 **C** Coffee & Donuts - StoryWise™
 11:00 **HF** Strength and Weights
 2:00 **LL** In the Kitchen w/ Kirsten
 3:00 **J** Choir Practice (ST)
 3:00 Prize Bingo w/ Nancy
 4:00 **HF** Body Combat
 6:00 **EF** Musical Night & Popcorn!

10

9:00 **C** Fresh Faces
 10:00 **C** Manicures & Hand Massages
 11:00 **J** Dance Class
 1:00 **EF** Trip to Pond - Feeding Ducks
 2:00 **CE** Jewelry Making
 3:00 **EF** Horse Races
 4:00 **HF** Tai Chi
 6:00 **EF** Movie - Classics

11

9:00 **C** Fresh Faces
 10:00 Prize Bingo
 11:00 **IS** Christian Church Service w/ Dean Godair (ST)
 11:00 **HF** Chair Exercise
 2:00 **EF** Veteran's Day Party
 3:00 **PA** Music w/ Lois (CI)
 4:00 **HF** Smart Moves
 6:00 **EF** Movie Night & Popcorn

12

9:00 **C** Fresh Faces
 10:00 **CV** Toys for CAPS
 11:00 **HF** Yoga
 12:30 **C** Monday Football Texans vs Redskins
 1:00 **IS** Bible Study with Pastor Bob
 3:00 **J** Live Music w/ Rodney Rasberry
 6:00 **EF** Movie Night
 7:00 **HF** Walking Club

13

9:00 **C** Fresh Faces
 10:00 **EF** Charades
 10:15 **IS** Catholic Communion*
 11:00 **HF** Body Combat
 11:00 **HF** Pet Therapy
 1:00 **PA** Helping Hands*
 2:00 **J** Sing Along
 3:00 Armchair Travels
 4:00 **HF** Strength and Weights
 6:00 **EF** Old TV Shows

14

9:00 **C** Fresh Faces
 10:00 **C** Tea & Trivia
 10:30 **EF** Lunch Outing
 11:00 **HF** Tai Chi
 2:00 **J** Music Videos
 3:00 **EF** Table Top Games
 6:00 **EF** Movie - Comedy
 7:00 **HF** Walking Club

15

9:00 **C** Fresh Faces
 10:00 **EF** Family Feud™
 11:00 **HF** Musical Moves
 1:00 **EF** Golf Cart Rides
 2:00 **J** Live Music w/ Dan Dehart (ALL)
 3:00 **CE** Arts & Crafts - Fall Craft
 4:00 **HF** Yoga
 6:00 **EF** Movie Night

16

9:00 **C** Fresh Faces
 10:00 **C** Coffee & Donuts - StoryWise™
 11:00 **HF** Strength and Weights
 2:00 **LL** In the Kitchen w/ Kirsten
 3:00 **J** Choir Practice (ST)
 3:00 Prize Bingo w/ Nancy
 4:00 **HF** Body Combat
 5:00 **C** Community Thanksgiving Dinner
 6:00 **EF** Musical Night & Popcorn!

17

9:00 **C** Fresh Faces
 10:00 **CE** Jewelry Making
 11:00 **J** Dance Class
 1:00 **EF** Trip to Pond - Feeding Ducks
 2:00 **C** Manicures & Hand Massages
 3:00 **EF** Penny Pitch
 4:00 **HF** Tai Chi
 6:00 **EF** Movie - Classics

18

9:00 **C** Fresh Faces
 10:00 Prize Bingo
 11:00 **HF** Chair Exercise
 2:00 **C** Ice Cream Social
 3:00 **PA** Music w/ Lois (CI)
 4:00 **HF** Smart Moves
 6:00 **EF** Movie Night & Popcorn

19

Happy Birthday Irene!

9:00 **C** Fresh Faces
 10:00 **CV** Placemats for Children
 11:00 **HF** Yoga
 1:00 **CE** Journaling
 2:00 **IS** Bible Study with Pastor Bob
 3:00 **J** Live Music w/ Wally
 6:00 **EF** Movie Night
 7:00 **HF** Walking Club

20

9:00 **C** Fresh Faces
 10:00 **EF** Horseshoes
 10:15 **IS** Catholic Communion*
 11:00 **HF** Body Combat
 11:00 **HF** Pet Therapy
 1:00 **PA** Helping Hands*
 2:00 **J** Name That Tune
 3:00 Armchair Travels
 3:30 **PA** November Birthday Party w/ Tony Custer (ALL)
 6:00 **EF** Old TV Shows

21

9:00 **C** Fresh Faces
 9:30 **LL** Book Club - Librarian Visit
 10:30 **EF** Lunch Outing
 10:30 **J** Music Therapy- Britt Davis
 11:30 **HF** Tai Chi
 2:00 Adult Coloring
 3:00 **C** Tea & Trivia
 6:00 **EF** Movie - Comedy
 7:00 **HF** Walking Club

22

Happy Thanksgiving!

9:00 **C** Fresh Faces
 10:00 **EF** Word in a Word
 11:00 **HF** Musical Moves
 1:00 **EF** Golf Cart Rides
 2:00 **J** Live Music w/ Rodney Rasberry (ALL)
 3:00 **CE** Arts & Crafts - Bird Feeders
 4:00 **HF** Yoga
 6:00 **EF** Movie Night

23

9:00 **C** Fresh Faces
 10:00 **C** Coffee & Donuts - StoryWise™
 11:00 **HF** Strength and Weights
 2:00 **LL** In the Kitchen w/ Kirsten
 3:00 **J** Choir Practice (ST)
 3:00 Prize Bingo w/ Nancy
 4:00 **HF** Body Combat
 6:00 **EF** Musical Night & Popcorn!

24

9:00 **C** Fresh Faces
 10:00 **C** Manicures & Hand Massages
 11:00 **J** Dance Class
 1:00 **EF** Trip to Pond - Feeding Ducks
 2:00 **CE** Jewelry Making
 3:00 **EF** Ring Toss
 4:00 **HF** Tai Chi
 6:30 **EF** Movie - Classics

25

9:00 **C** Fresh Faces
 10:00 Prize Bingo
 11:00 **HF** Chair Exercise
 11:00 **IS** Christian Church Service w/ Dean Godair (ST)
 2:00 **C** Ice Cream Social
 3:00 **PA** Music w/ Lois (CI)
 4:00 **HF** Smart Moves
 6:00 **EF** Movie Night & Popcorn

26

9:00 **C** Fresh Faces
 10:00 **CV** Coupons for Troops
 11:00 **HF** Yoga
 2:00 **IS** Bible Study w/ Pastor Bob
 3:00 **J** Live Music w/ Tony Custer
 6:00 **EF** Movie Night
 7:00 **HF** Walking Club
 7:15 **C** Monday Night Football Texans vs Titans

27

9:00 **C** Fresh Faces
 10:00 **EF** Volleyball
 10:15 **IS** Catholic Communion*
 11:00 **HF** Body Combat
 11:00 **HF** Pet Therapy
 1:00 **PA** Helping Hands*
 2:00 **J** Sing Along
 3:00 Armchair Travels
 4:00 **HF** Strength and Weights
 6:00 **EF** Old TV Shows

28

9:00 **C** Fresh Faces
 10:00 **C** Tea & Trivia
 10:30 **EF** Lunch Outing
 11:00 **HF** Tai Chi
 2:00 **J** Evolution of Music
 3:00 **CE** Table Top Games
 6:00 **EF** Movie - Comedy
 7:00 **HF** Walking Club

29

9:00 **C** Fresh Faces
 10:00 **EF** Hangman
 11:00 **HF** Musical Moves
 1:00 **EF** Golf Cart Rides
 2:00 **J** Live Music w/ Dan Dehart (ALL)
 3:00 **CE** Arts & Crafts - Fall Painting
 4:00 **HF** Yoga
 6:00 **EF** Movie Night

30

9:00 **C** Fresh Faces
 9:00 Community Craft Fair (ST)
 10:00 **C** Coffee & Donuts - StoryWise™
 11:00 **HF** Strength and Weights
 2:00 **LL** In the Kitchen w/ Kirsten
 3:00 **J** Choir Practice (ST)
 3:00 Prize Bingo w/ Nancy
 4:00 **HF** Body Combat
 6:00 **EF** Musical Night & Popcorn