

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Super Bowl Viewing Party

Sunday, February 3, 6:00 PM

Entertainment: John Bauer

Thursday, February 7, 3:00 PM

**Storywise: Mastering
the Love Languages**

Thursday, February 14, 3:15 PM

Atria
SENIOR LIVING

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FEBRUARY 2019

ATRIA BETHLEHEM engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

ROOM LOCATION KEY:

- Activity Room AR
- Movie Theater MT
- Country Kitchen CK
- Library LIB
- Meet in Lobby MIL
- Living Room LR
- Billiard Room BR
- 2nd Floor Back Patio BP
- Private Dining Room PDR

STAFF KEY:

- Dan Hildebrandt, Culinary Service Director DH
- Entertainer ENT
- Kenny Fogel KF
- Madi Hammond MH
- Marie Strock MS
- Nicole Verret NV
- Resident Ambassador RES

<p>3</p> <p>Super Bowl® Sunday</p> <p>8:45 Mass at Notre Dame (MIL)</p> <p>9:00 Worship at St. Paul's UCC (MIL)</p> <p>10:30 IS Catholic Communion (AR)</p> <p>1:45 LL The Met Opera in HD (MT)</p> <p>2:00 HF Fitness Club (AR)</p> <p>2:45 CE Pictionary™ (AR)</p> <p>3:30 HF Pilates (AR)</p> <p>4:00 C Song Quiz Game (AR)</p> <p>6:00 Super Bowl® Viewing Party (LR)</p> <p>6:45 Sunday Night Comedy (MT)</p> <p>7:00 Extra Card Bingo (AR)</p>	<p>4</p> <p>10:00 HF Senior Fitness Group (AR)</p> <p>10:45 EF Crossword Puzzle Challenge (AR)</p> <p>1:15 EF Rummicube (AR)</p> <p>2:00 LL Book Club (AR)</p> <p>2:00 PA February Birthday Menu Planning (PDR) (DH)</p> <p>2:15 HF Balloon Exercises (AR)</p> <p>3:00 C Cocktail Hour (AR)</p> <p>6:15 EF You Be The Judge (MH)</p> <p>7:00 PA Card Club: Phase 10® (AR) (RES)</p> <p>7:00 Evening Movie (MT)</p> <p>7:15 EF Wii® Games: Resident Choice (AR) (MH)</p>	<p>5</p> <p>10:00 HF Morning Aerobics (AR)</p> <p>10:45 LL Who Am I? (AR)</p> <p>11:30 HF Healthy Hands Exercises (AR)</p> <p>2:00 HF Afternoon Aerobics (AR)</p> <p>2:00 Tuesday Matinee Movie (MT)</p> <p>2:15 LL Learn a Bit: Chinese New Year (AR)</p> <p>3:00 CV Bundles for Babies (AR)</p> <p>3:30 C Global News (AR) (MS)</p> <p>4:00 You Be The Judge (AR)</p> <p>7:00 Lucky Number Bingo (AR) (MS)</p>	<p>6</p> <p>9:30 IS Rosary Prayers (MT)</p> <p>10:00 HF Wednesday Workout (AR)</p> <p>10:45 HF iPad® Games: Engage Your Brain Fitness (AR) (MH)</p> <p>1:30 PA Billiards (BR) (RES)</p> <p>2:00 Shopping Trip: Walgreens (MIL)</p> <p>2:00 HF Drum Beats (LR)</p> <p>2:30 PA Scat, Pinochle and Bridge (AR) (MH)</p> <p>3:30 LL Opera Club Discussion (MT)</p> <p>6:15 C Headline News (LIB) (MS)</p> <p>7:00 EF An Evening at the Races (AR)</p>	<p>7</p> <p>10:00 HF Fitness Club (AR)</p> <p>10:45 LL Traveling the Underground Railroad (AR) (NV)</p> <p>1:30 C News Bite (AR)</p> <p>2:00 Spiritual Matinee Movie (MT)</p> <p>2:00 HF Strength & Balance Workout (AR)</p> <p>2:00 Trip: Walmart (MIL)</p> <p>2:30 LL iPad® Programming: TED Talks (AR) (NV)</p> <p>3:00 EF Entertainment: John Bauer (LR) (ENT)</p> <p>4:00 C News Bite (AR)</p> <p>7:00 PA Scrabble® (LIB) (RES)</p> <p>7:15 Jackpot Bingo (BR)</p>	<p>8</p> <p>9:30 IS Rosary Prayers (MIL)</p> <p>10:00 HF Sunrise Aerobics (AR)</p> <p>10:45 LL Alexa Hour - Jeopardy!® Game (AR)</p> <p>11:00 IS Shabbat Service (MT)</p> <p>1:30 C News Update (LIB)</p> <p>1:45 PA Billiards (BR)</p> <p>2:15 HF Pilates (AR)</p> <p>3:00 C Friday Happy Hour (AR)</p> <p>4:00 LL Headline News (LIB) (MH)</p> <p>6:45 Friday Feature Movie (MT)</p> <p>7:00 PA Card Sharks (AR) (RES)</p>	<p>9</p> <p>Groundhog Day</p> <p>9:45 Bus to Brith Sholom (MIL)</p> <p>10:00 HF Saturday Fitness (AR)</p> <p>10:45 Mad Libs (AR)</p> <p>1:30 PA Billiards (BR)</p> <p>1:45 HF Afternoon Aerobics (LR)</p> <p>2:00 Ride in the Country (MIL) (KF)</p> <p>2:00 LL Afternoon at Broadway (AR)</p> <p>2:30 IS Hymn Sing (MT)</p> <p>3:15 LL History of Chocolate (AR)</p> <p>6:15 You Be the Judge (LIB)</p> <p>7:00 PA Scrabble® Game (LR) (RES)</p> <p>7:00 EF An Evening at the Races (AR)</p>
<p>10</p> <p>8:45 Mass at Notre Dame (MIL)</p> <p>9:00 Worship at St. Paul's UCC</p> <p>10:30 IS Catholic Communion (AR)</p> <p>1:30 C In the News (LIB)</p> <p>1:45 LL Opera Club: Special Presentation (MT)</p> <p>2:00 Family Night with OmniCare (AR)</p> <p>2:00 HF Weekend Fitness Group (LR)</p> <p>2:30 HF Healthy Hands (LR)</p> <p>3:00 CE Drama Club: Hansel and Gretel (AR)</p> <p>6:45 Sunday Night Comedy (MT)</p> <p>7:00 Prize Bingo (AR)</p> <p>8:00 61st Grammy Awards Viewing Party (LR)</p>	<p>11</p> <p>10:00 HF Monday Fitness (AR)</p> <p>10:45 EF Crossword Puzzle Challenge (AR)</p> <p>11:30 LL iPad® Program: Today in History (AR) (NV)</p> <p>1:30 LL News & Views (LIB)</p> <p>2:00 LL Book Club (AR)</p> <p>2:15 HF Resistance Band Exercises (AR)</p> <p>3:00 C Cocktail Hour (AR)</p> <p>6:15 Resident Pick: Wii® Games (AR) (MH)</p> <p>7:00 C Card Club (AR) (RES)</p>	<p>12</p> <p>7:00 EF Entertainment: Chuck Rissmiller</p> <p>10:00 HF Fitness Class (AR)</p> <p>10:45 PA Food for Thought (AR)</p> <p>11:30 Scat (AR)</p> <p>1:45 HF Tai Chi & Stress Relief (AR)</p> <p>2:00 Matinee Movie (MT)</p> <p>2:00 Shopping Trip: Wegmans</p> <p>2:30 PA Scrabble® & Bananagrams® (AR)</p> <p>3:00 CV Bundles for Babies (AR)</p> <p>4:00 C National News (LIB)</p> <p>7:15 Lucky Number Bingo (AR)</p>	<p>13</p> <p>9:30 IS Rosary Prayers (MT)</p> <p>10:00 HF Fitness & Flexibility (AR)</p> <p>10:45 C Mad Libs (AR)</p> <p>2:00 PA Billiards (BR)</p> <p>2:00 CE Fabric Heart Wreath (AR)</p> <p>3:15 PA Pinochle, Scat, Bridge (AR) (RES)</p> <p>3:30 HF Drum Beats (AR)</p> <p>4:00 LL Opera Club Discussion (MT)</p> <p>7:00 EF Afternoon at the Races (AR)</p> <p>7:00 Evening Movie (MT)</p>	<p>14</p> <p>Happy Valentine's Day!</p> <p>9:30 Home Helpers: Blood Pressure Screenings (MT)</p> <p>10:00 HF Fitness for Your Future (AR)</p> <p>10:30 C Senior Solutions Presents... (AR)</p> <p>1:45 HF Strength and Balance Program (AR)</p> <p>2:00 Spiritual Matinee Movie (MT)</p> <p>2:00 Trip: Dollar Tree (MIL)</p> <p>2:15 CE Culinary Corner: Dessert Pizza (AR)</p> <p>3:15 Atria StoryWise™: Mastering the Love Languages (AR)</p> <p>6:15 LL Today in History (LIB) (MH)</p> <p>7:00 Jackpot Bingo (AR)</p>	<p>15</p> <p>10:00 HF Senior Exercise (AR)</p> <p>10:45 HF Heartfelt Wellness (AR)</p> <p>10:45 IS Rosary Prayers with Fely (MT)</p> <p>11:30 HF Bandanna Exercise (AR)</p> <p>1:30 HF Bandanna Exercise (AR)</p> <p>1:30 PA Billiards (BR)</p> <p>2:00 Afternoon Matinee</p> <p>2:00 CV Atria Senior Angels Project (AR)</p> <p>3:00 C Happy Hour Jeopardy!® (AR) (NV)</p> <p>6:45 Friday Feature Movie (MT)</p> <p>7:00 PA Card Sharks (AR) (RES)</p>	<p>16</p> <p>9:45 Bus to Brith Sholom (AR)</p> <p>10:00 Morning Matinee (MT)</p> <p>10:00 HF Fitness Club (AR)</p> <p>10:45 PA Word in a Word (AR)</p> <p>1:45 CE Painting with Marie (AR)</p> <p>2:00 PA Scat, Pinochle and Bridge (LR) (RES)</p> <p>2:00 PA Billiards (BR)</p> <p>3:30 EF An Afternoon at the Races (AR)</p> <p>4:00 HF Relaxation & Deep Breathing Exercise (AR)</p> <p>7:00 EF Sage Entertainment (LR) (ENT)</p> <p>7:00 LL An Evening at Broadway (MT)</p>
<p>17</p> <p>8:45 Mass at Notre Dame (MIL)</p> <p>9:00 Worship at St. Paul's UCC (MIL)</p> <p>10:30 IS Catholic Communion (AR)</p> <p>1:30 HF Healthy Hands Exercises (MIL)</p> <p>2:00 LL Opera Club: The Met Live in HD (MT)</p> <p>2:15 HF Fitness Exercise (AR)</p> <p>3:00 Yahtzee™ (AR)</p> <p>4:00 C What's In the News? (AR) (MS)</p> <p>6:45 Sunday Night Comedy (MT)</p> <p>7:00 Extra Card Bingo (AR)</p>	<p>18</p> <p>10:00 HF Moving in the Morning Exercise (AR)</p> <p>10:45 EF Crossword Puzzle Challenge</p> <p>11:30 EF Resident's Choice: Board Games (AR)</p> <p>2:00 HF Seated Yoga (AR)</p> <p>2:00 LL Book Club (AR)</p> <p>3:00 C Presidents Day Happy Hour (AR)</p> <p>4:00 LL What's In the News? (AR)</p> <p>6:15 C Jeopardy!® Challenge (AR) (MH)</p> <p>7:00 Bunco Frenzy (AR) (MH)</p>	<p>19</p> <p>10:00 HF Senior Aerobics (AR)</p> <p>10:45 PA Welcoming Committee Meeting (AR)</p> <p>1:45 C News Discussion (AR)</p> <p>2:00 Matinee Movie (MT)</p> <p>2:00 HF Tai Chi & Relaxation (AR)</p> <p>2:30 LL First Ladies Day (AR)</p> <p>3:00 CV Bundles for Babies (AR)</p> <p>4:00 LL Cranium® Crunches (AR) (MH)</p> <p>7:00 Evening Card Club (LIB) (RES)</p> <p>7:15 Lucky Number Bingo (AR)</p>	<p>20</p> <p>9:30 IS Rosary Prayers (MT)</p> <p>10:00 HF Sunrise Aerobics (LR)</p> <p>10:45 HF Engage Your Brain iPad® Games (AR)</p> <p>1:45 PA Billiards (BR)</p> <p>2:00 IS Spiritual Exploration (MT)</p> <p>2:45 Seated Volleyball (AR)</p> <p>3:30 HF Drum Beats (AR)</p> <p>4:00 LL Opera Club Discussion (MT)</p> <p>6:15 C What's in the News? (LIB)</p> <p>7:00 EF An Evening at the Races (AR)</p>	<p>21</p> <p>10:00 HF Fitness with Friends (LR)</p> <p>10:45 PA Sudoku Number Puzzle (AR)</p> <p>11:30 HF Healthy Hands Fitness (AR)</p> <p>2:00 LL Plop, Plop, Fizz, Fizz Day (AR) (MH)</p> <p>2:00 Spiritual Matinee Movie (MT)</p> <p>2:00 Trip: Target (MIL)</p> <p>2:30 HF Yoga with Allie (AR)</p> <p>3:00 Bridge (LR) (RES)</p> <p>3:15 LL Plop, Plop, Fizz, Fizz Day (AR) (MH)</p> <p>6:15 LL Round Table: What is the Law? (AR) (MS)</p> <p>7:00 Jackpot Bingo (AR)</p>	<p>22</p> <p>9:30 IS Holy Rosary (AR)</p> <p>10:00 HF Friday Workout (AR)</p> <p>10:45 CV Atria Senior Angels Project (AR)</p> <p>1:30 HF Healthy Hands Exercise (MIL)</p> <p>2:00 PA Billiards (BR)</p> <p>2:00 EF Free Friday Bingo (AR)</p> <p>3:00 Cocktail Hour (AR)</p> <p>4:00 C News Discussion (AR)</p> <p>6:45 Friday Night Feature (MT)</p> <p>7:00 PA Card Sharks (AR) (RES)</p>	<p>23</p> <p>9:45 Bus to Brith Sholom (MIL)</p> <p>10:00 HF Fitness Workout (AR)</p> <p>10:45 LL Wii® Games: Jeopardy!® Challenge (AR)</p> <p>1:45 PA Billiards (BR)</p> <p>2:00 C An Afternoon at Broadway</p> <p>2:00 IS Bible Study (AR)</p> <p>2:45 HF Healthy Hands Fitness (AR)</p> <p>3:15 Fly Ball</p> <p>6:15 PA Jenga Challenge (AR) (RES)</p> <p>7:00 EF An Evening at the Races (AR)</p>
<p>24</p> <p>8:45 Mass at Notre Dame (MIL)</p> <p>9:00 Worship at St. Paul's UCC</p> <p>10:30 IS Catholic Communion (AR)</p> <p>1:30 HF Sunday Fitness (AR)</p> <p>2:00 PA Cribbage, Cards & Games (AR)</p> <p>2:00 IS Ebenezer Bible Fellowship (LR)</p> <p>2:15 LL Opera Club: The Met Live in HD! (MT)</p> <p>3:00 LL Short Story Discussion Group (AR)</p> <p>3:00 HF Flashback Fitness (MIL)</p> <p>6:45 Sunday Night Comedy (MT)</p> <p>7:00 Extra Card Bingo (AR)</p>	<p>25</p> <p>10:00 HF Fitness Club (AR)</p> <p>10:45 EF Crossword Puzzle Challenge (AR)</p> <p>1:45 C News Bite (AR)</p> <p>1:45 PA Billiards (BR)</p> <p>2:00 HF Pilates Stretches (AR)</p> <p>2:00 LL Book Club (BP) (MH)</p> <p>3:00 EF Happy Hour Trivia (AR)</p> <p>4:00 C Headline News (AR) (MH)</p> <p>7:00 PA Evening Scrabble® (LR) (RES)</p>	<p>26</p> <p>7:00 LL iPad® Program: Do You Hear What I Hear? (AR)</p> <p>10:00 HF Morning Fitness (AR)</p> <p>10:45 PA Engage Life® Planning Meeting (AR)</p> <p>12:00 PA February Birthday Luncheon (PDR)</p> <p>2:00 HF Afternoon Fitness (AR)</p> <p>3:00 CV Bundles for Babies (AR)</p> <p>4:00 C What's in the News (LIB)</p> <p>7:15 Lucky Number Bingo (AR)</p>	<p>27</p> <p>9:30 IS Rosary Prayers (MT)</p> <p>10:00 HF Wednesday Fitness (AR)</p> <p>10:30 LL Art Slides & Memories w/ Orlanda Hughes (AR)</p> <p>1:45 PA Billiards (BR)</p> <p>2:15 CE Culinary Corner: Choc Covered Pretzel (AR)</p> <p>3:00 IS Meditation (MT)</p> <p>3:45 LL Opera Club Discussion (MT)</p> <p>3:45 HF Drum Beats (AR)</p> <p>4:15 Wii® Games: Jeopardy!® (AR) (MH)</p> <p>6:15 C Daily News Briefing (LIB) (MS)</p> <p>7:00 EF An Evening at the Races (LR)</p>	<p>28</p> <p>10:00 HF Low-Impact Fitness (LR)</p> <p>10:45 LL Who Am I? (AR)</p> <p>11:30 EF Lunch Out: Borderline Diner (MIL)</p> <p>1:30 C News Chat (AR)</p> <p>2:00 Matinee Movie (MT)</p> <p>2:00 PA Bridge and Pinochle (AR) (RES)</p> <p>4:00 HF Strength and Balance Program (AR)</p> <p>6:15 LL iPad® Program: This Day in History (AR) (MH)</p> <p>7:00 Jackpot Bingo (AR)</p>		

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