

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Pumpkin Paint Night**  
Sunday, October 3, 6:00 PM

**Spooktacular Happy Hour**  
Wednesday, October 27, 2:00 PM

**Halloween Costume Contest**  
Sunday, October 31, 2:00 PM



## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**Halloween 31**

10:15 **HPF** Tai Chi: Balance & Posture (ACF) (ELD)

10:45 **LIS** Newsletter Highlight: US Candy Favorites (ACF) (ELD)

1:00 **RSF** "Sing Your Praises" Worship Service (ACF) (ELD)

1:30 **SCE** Brain Challenge: Halloween (ACF) (ELD)

1:30 **Bridge Club** (LR)

2:00 **CEA** Halloween Costume Contest (DR) (ELD)

3:00 **LIS** Quiddler Challenge (ACF) (ELI)

4:00 **HPF** Flow Yoga (ACF) (ELD)

6:00 **SCE** Parcheesi Tournament (ACF) (ELD)



**HEALTH AND PHYSICAL FITNESS**

**LIFELONG LEARNING AND INTELLECTUAL STIMULATION**

**CREATIVE EXPRESSION AND THE ARTS**

**SOCIAL CONNECTION AND ENTERTAINMENT**

**CIVIC AND PROFESSIONAL INVOLVEMENT**

**RELIGIOUS AND SPIRITUAL FELLOWSHIP**

**ROOM LOCATION KEY:**

Courtyard CTY  
Living Room LR  
Meet in the Lobby LBV  
Upstairs UP  
Anytime Cafe ACY  
Private Dining Room PDR  
Upstairs Living Room ULR  
Dining Room DR  
Life Guidance® LG  
In-Room IR

**STAFF KEY:**

Engage Life® Director ELD  
Engage Life® Instructor ELI

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UNO® is a registered trademark of Mattel, Inc.  
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**International Coffee Day 1**

10:00 **HPF** Walking Challenge Monthly Lunch (UP) (ELI)

10:45 **RSF** Bible Study Series: Part I (ACF) (ELD)

1:00 **LIS** Coffee Talks: Roast & Rhymes Part I (ACF) (ELI)

1:30 **CEA** Crazy Charades (ACF) (ELI)

2:30 **Qwirkle** (ACF) (ELI)

3:30 **LIS** Wildlife Explorers Club (ACF) (ELI)

4:00 **HPF** Total Body Conditioning - Advanced (ACF) (ELI)

6:00 **LIS** Why So Puzzled? (IR)

6:00 **Friday Evening Feature Film** (ULR)

**2**

10:00 **HPF** Cardio Drumming Circle (ACF) (ELI)

10:45 **LIS** Newsletter Highlight: Coffee Economics (ACF) (ELI)

1:00 **SCE** Cornhole Tournament (CTY) (ELI)

1:00 **LIS** Coffee Talks: Roast & Rhymes Part II (ACF) (ELI)

2:00 **Bingo Bonanza** (DR) (ELI)

3:15 **SCE** Apples to Apples (ACF) (ELI)

4:00 **HPF** Posture and Stretch Fitness Class (ACF) (ELI)

6:00 **"Only the Classics" Movie Theater** (ULR)

6:00 **SCE** Men's Club (ACF)

**3**

10:15 **HPF** Tai Chi: Balance & Posture (ACF) (ELD)

10:45 **LIS** Clergy: Facts and Health Benefits (ACF) (ELD)

1:30 **Bridge Club** (LR)

3:30 **LIS** Short Story Club (ACF) (ELD)

3:30 **RSF** "Sing Your Praises" Worship Service (ACF) (ELD)

4:00 **HPF** Flow Yoga (ACF) (ELD)

6:00 **CEA** Pumpkin Paint Night (LG) (ELD)

6:00 **SCE** Hedbanz (ACF) (ELD)

**National Golf Lovers Day 4**

10:00 **HPF** Moving For Memory: Walking Challenge (ACF) (ELD)

10:45 **HPF** The Health Benefits of Golf (ACF) (ELD)

11:15 **SCE** "Let's Do Lunch!" - Outing (LBV) (ELD)

1:00 **LIS** TED Talks & Discussion (ULR)

1:30 **LIS** The Economics of Golf (ACF) (ELD)

2:00 **LIS** Mad Libs Madness (LG) (ELD)

4:00 **HPF** Lower Body Conditioning (ACF) (ELD)

6:00 **SCE** "Rock 'n' Bowl" - Bowling Team (ULR) (ELD)

**5**

10:00 **RSF** Bible Study with Bay View Baptist (LR)

10:00 **HPF** Flow Yoga (ACF) (ELD)

11:00 **SCE** Express Yourself - Let's Play (LG) (ELD)

12:15 "Shopping on the Shore!" - Outing (LBV) (ELD)

1:00 **LIS** Smithsonian Institute Series (ULR)

1:45 **CPI** Bridge Club (LR)

2:00 **CPI** Ambassador Club Meeting (PDR) (ELD)

3:00 **SCE** UNO® Flip! (ACF) (ELD)

4:00 **HPF** Dance & Movement: Cowboy Charleston (ACF) (ELI)

6:00 **LIS** Book Club (ACF) (ELI)

**6**

10:00 **HPF** Upper Body Conditioning (ACF) (ELD)

10:30 **RSF** St. Francis de Sales Catholic Communion (LR)

1:00 **CEA** Art Appreciation Club (ACF) (ELI)

1:00 **CEA** Creating Art from the Scents We Smell (ACF) (ELI)

2:00 **SCE** Don't Worry Be Frappe Happy Hour (ACF) (ELD)

3:00 **SCE** StoryWise: Dear Future Edition (LG) (ELD)

4:00 **HPF** Tai Chi: Balance & Posture (ACF) (ELI)

6:00 **RSF** Spa Night (ACF) (ELI)

**National Frappe Day 7**

10:00 **HPF** Total Body Conditioning - Beginner (ACF) (ELD)

10:30 **RSF** Bible Study with Immanuel Baptist (LR)

11:00 **SCE** Fall Pop-up Programs (ACF) (ELD)

1:00 **LIS** ODU: The Chemistry of Coffee (ULR)

1:00 **SCE** Five Crowns (ACF) (ELD)

2:00 **SCE** This or That Connection Exercise (LG) (ELD)

2:30 **SCE** "Rock 'n' Bowl" - Bowling Team (ULR) (ELD)

4:00 **HPF** Dance & Movement: Cowboy Charleston

6:00 **LIS** Jeopardy!® Challenge (ULR) (ELI)

**8**

10:15 **HPF** Moving For Memory: Walking Challenge (ACF) (ELI)

10:45 **RSF** Bible Study Series: Part II (ACF) (ELI)

1:00 **LIS** Jeopardy!® Challenge (ULR) (ELI)

2:00 **Bingo Bonanza** (DR) (ELI)

3:30 **CEA** Creative Writing - Poetry (ACF) (ELI)

4:00 **HPF** Total Body Conditioning - Advanced (ACF) (ELI)

6:00 **CPI** Rummikub® Club (ACF)

6:00 **Friday Evening Feature Film** (ULR)

**9**

10:15 **HPF** Cardio Drumming Circle (ACF) (ELI)

10:45 **SCE** Imaginiff Challenge (ACF) (ELI)

12:30 **CPI** Keep Calm & Carry Yarn - Knitting Club (ACF) (ELI)

1:00 **LIS** Monthly Book Club (ACF) (ELI)

1:30 **CEA** Color Therapy (ACF) (ELI)

4:00 **HPF** Posture and Stretch Fitness Class (ACF) (ELI)

6:00 **"Only the Classics" Movie Theater** (ULR)

6:00 **CPI** Book Club (ACF)

**Clergy Appreciation Day 10**

10:15 **HPF** Tai Chi: Balance & Posture (ACF) (ELD)

10:45 **LIS** I Should've Known That (ACF) (ELD)

1:00 **RSF** "Sing Your Praises" Worship Service (ACF) (ELD)

1:30 **CPI** A Token of Appreciation for Clergy (ACF) (ELD)

1:30 **Bridge Club** (LR)

2:15 **UNO® Flip!** (ACF) (ELD)

4:00 **HPF** Flow Yoga (ACF) (ELD)

6:00 **LIS** Who Wants to Be a Millionaire Challenge (ULR) (ELD)

**Columbus Day 11**

10:00 **HPF** Moving For Memory: Walking Challenge (ACF) (ELD)

10:45 **LIS** Newsletter Highlight: Columbus Day Facts (ACF) (ELD)

12:15 **SCE** "Shopping on the Shore" - Outing (LBV) (ELD)

1:00 **LIS** Smithsonian Institute Series (ULR)

3:00 **SCE** Cornhole Tournament (CTY) (ELD)

4:00 **HPF** Lower Body Conditioning (ACF) (ELD)

6:00 **CEA** Sip & Paint Night (ACF) (ELD)

**12**

10:00 **RSF** Bible Study with Bay View Baptist (LR)

10:00 **HPF** Flow Yoga (ACF) (ELD)

10:45 **CEA** Color Therapy (ACF) (ELD)

1:00 **CPI** Rummikub® Club (ACF)

1:00 **CPI** Engage Life® Planning Meeting (ACF)

2:30 **SCE** Been There, Done That (ACF) (ELD)

3:30 **HPF** Dance & Movement: Cupid Shuffle (ACF) (ELI)

4:00 **Ultimate UNO®!** (ACF) (ELI)

6:00 **CEA** Fall Pine Cone Wreath Project (ACF) (ELI)

**13**

10:00 **HPF** Upper Body Conditioning (ACF) (ELD)

10:30 **RSF** St. Francis de Sales Catholic Communion (LR)

10:45 **SCE** Double-Nine Dominoes Club (ACF) (ELD)

1:00 **LIS** Genealogy Club (ACF) (ELI)

2:00 **SCE** Harvest Happy Hour (ACF) (ELD)

4:00 **HPF** Tai Chi: Balance & Posture (ACF) (ELI)

6:00 **CEA** Still Life Sketches (ACF) (ELI)

**14**

10:00 **HPF** Total Body Conditioning - Beginner (ACF) (ELD)

10:45 **SCE** Fall Pop-up Programs (ACF) (ELD)

12:30 **CPI** Keep Calm and Carry Yarn - Knitting Club (ACF) (ELD)

1:45 **Card Sharks Club** (ACF) (ELD)

3:00 **CEA** Outrageous Origami (LG) (ELD)

3:00 **SCE** Parcheesi Tournament (ACF) (ELI)

4:00 **HPF** Dance & Movement: Cupid Shuffle (ACF) (ELI)

6:00 **SCE** "Rock 'n' Bowl" - Bowling Team (ULR) (ELD)

**15**

10:15 **HPF** Moving For Memory: Walking Challenge (ACF) (ELI)

10:45 **RSF** Bible Study Series: Part III (ACF) (ELI)

1:00 **LIS** Art Appreciation Club (LG) (ELI)

2:00 **SCE** Parcheesi Tournament (ACF) (ELI)

3:00 **CEA** Pictionary™-palooza (ACF) (ELI)

3:00 **CPI** Keep Calm & Carry Yarn - Knitting Club (ACF) (ELI)

4:00 **HPF** Total Body Conditioning - Advanced (ACF) (ELI)

6:00 **"Laughter Therapy" Movie Theater** (ULR)

**Dictionary Day 16**

10:15 **HPF** Cardio Drumming Circle (ACF) (ELI)

1:00 **SCE** Rummikub® Club (ACF) (ELI)

1:00 **SCE** StoryWise: Common Ground Edition (LG) (ELI)

1:00 **LIS** Word Wonders: Homonyms and Synonyms (ACF) (ELI)

1:30 **Bingo Bonanza** (DR) (ELI)

4:00 **HPF** Posture and Stretch Fitness Class (ACF) (ELI)

6:00 **CPI** Veterans Club (ACF)

6:00 **"Only the Classics" Movie Theater** (ULR)

**17**

10:15 **HPF** Tai Chi: Balance & Posture (ACF) (ELD)

1:00 **LIS** The Science of Making Biscuits (ACF) (ELD)

1:00 **RSF** "Sing Your Praises" Worship Service (ACF) (ELD)

2:45 **SCE** Double-Nine Dominoes Club (ACF) (ELI)

3:00 **Bridge Club** (LR)

4:00 **HPF** Flow Yoga (ACF) (ELD)

6:00 **LIS** "Are You Smarter Than a 5th Grader?" (ULR) (ELI)

**18**

10:00 **HPF** Moving For Memory: Walking Challenge (ACF) (ELD)

10:30 **LIS** Short Story Club (ACF) (ELD)

11:15 **SCE** "Let's Do Lunch!" - Restaurant Outing (LBV) (ELD)

1:30 **SCE** Laughter Therapy (LG) (ELD)

2:15 **SCE** Apples to Apples (ACF) (ELD)

3:15 **Ultimate UNO®!** (ACF) (ELD)

4:00 **HPF** Lower Body Conditioning (ACF) (ELD)

6:00 **CEA** Creating Tile Coasters (ACF) (ELD)

**19**

10:00 **RSF** Bible Study with Bay View Baptist (LR)

10:00 **HPF** Flow Yoga (ACF) (ELD)

10:30 **Immanuel Baptist** (LR)

12:15 "Shopping on the Shore!" - Outing (LBV) (ELD)

1:30 **CPI** Bridge Club (LR)

2:15 **LIS** Wildlife Explorers Club (ACF) (ELI)

2:45 **SCE** "Rock 'n' Bowl" - Bowling Team (ULR) (ELD)

4:00 **HPF** Dance & Movement: Electric Slide (ACF) (ELI)

6:00 **CPI** Career Connections Club (ACF) (ELI)

**International Chef's Day 20**

10:00 **HPF** Upper Body Conditioning (ACF) (ELD)

10:30 **RSF** St. Francis de Sales Catholic Communion (LR)

1:00 **LIS** Food Science: The Maillard Reaction (ACF) (ELI)

2:00 **SCE** Pumpkin Spice Happy Hour (ACF) (ELD)

4:00 **HPF** Tai Chi: Balance & Posture (ACF) (ELI)

6:00 **LIS** "Wii"heel of Fortune (ULR) (ELD)

6:00 **SCE** Men's Club (ACF) (ELI)

**21**

10:00 **HPF** Total Body Conditioning - Beginner (ACF) (ELD)

10:30 **RSF** Bible Study with Immanuel Baptist (LR)

10:45 **SCE** Fall Pop-up Programs (ACF) (ELD)

2:00 **CPI** Food For Thought - Culinary Led (ACF)

3:00 **Five Crowns** (ACF) (ELI)

4:00 **HPF** Dance & Movement: Electric Slide (ACF) (ELI)

6:00 **LIS** Scattergories® Challenge (ACF) (ELI)

6:00 **RSF** Spa Night (ACF) (ELI)

**22**

10:15 **HPF** Moving For Memory: Walking Challenge (ACF) (ELI)

10:45 **RSF** Bible Study Series: Part IV (ACF) (ELI)

1:00 **Ultimate UNO®!** (ACF) (ELI)

2:00 **CEA** Pictionary™-Palooza (ACF) (ELI)

3:00 **CPI** New Neighbor Meet & Greet Social (ACF) (ELI)

3:00 **Qwirkle Challenge** (ACF) (ELI)

4:00 **HPF** Total Body Conditioning - Advanced (ACF) (ELI)

6:00 **"Laughter Therapy" Movie Theater** (ULR)

**23**

10:15 **HPF** Cardio Drumming Circle (ACF) (ELI)

10:45 **LIS** "I Should've Known That!" Game (ACF) (ELI)

1:00 **CPI** Keep Calm & Carry Yarn - Knitting Club (ACF) (ELI)

1:30 **Bingo Bonanza** (ACF) (ELI)

2:45 **SCE** "Rock 'n' Bowl" - Bowling Team (ULR) (ELI)

4:00 **HPF** Posture and Stretch Fitness Class (ACF) (ELI)

6:00 **Saturday Evening Feature Film** (ULR)

**24**

10:15 **HPF** Tai Chi: Balance & Posture (ACF) (ELD)

10:45 **LIS** Zodiac & Horoscope of October (ACF) (ELD)

1:00 **RSF** "Sing Your Praises" Worship Service (ACF) (ELI)

1:30 **CPI** Postcard Art (ACF) (ELD)

1:45 **Bridge Club** (LR)

2:00 **LIS** The Art of Photography Workshop (ACF) (ELD)

2:30 **Rummikub® Tournament** (ACF) (ELD)

4:00 **HPF** Flow Yoga (ACF) (ELD)

6:00 **CEA** "Charmed" - Jewelry Design (ACF) (ELD)

**International Artist Day 25**

10:00 **HPF** Moving For Memory: Walking Challenge (ACF) (ELD)

10:45 **LIS** Left Center Right (LG) (ELD)

12:15 **SCE** The Art League of Ocean City - Outing (LBV) (ELD)

2:00 **LIS** ODU: 5 Important Paintings (ULR)

3:00 **Bingo Bonanza** (ACF) (ELD)

4:00 **HPF** Lower Body Conditioning (ACF) (ELD)

6:00 **LIS** Scattergories® Challenge (ACF) (ELD)

**26**

10:00 **RSF** Bible Study with Bay View Baptist (LR)

10:00 **HPF** Flow Yoga (ACF) (ELD)

12:30 **SCE** "Shopping on the Shore" - Outing (LBV) (ELD)

1:00 **Bridge Club** (LR)

2:00 **CPI** Resident Council Meeting (ACF)

3:00 **SCE** Apples to Apples (ACF) (ELD)

4:00 **HPF** Dance & Movement: The Git Up Line Dance (ACF) (ELI)

6:00 **CEA** Clay Modeling Workshop (ACF) (ELI)

**27**

10:00 **HPF** Upper Body Conditioning (ACF) (ELD)

10:30 **RSF** St. Francis de Sales Catholic Communion (LR)

12:30 **LIS** "Why So Puzzled?" (ACF) (ELI)

1:00 **CEA** Music History: Iconic Music Venues (ACF) (ELI)

2:00 **SCE** Spooktacular Happy Hour (ACF) (ELD)

4:00 **HPF** Tai Chi: Balance & Posture (ACF) (ELI)

6:00 **SCE** "Rock 'n' Bowl" - Bowling Team (ULR) (ELI)

**28**

10:00 **HPF** Total Body Conditioning - Beginner (ACF) (ELD)

10:45 **SCE** Fall Pop-up Programs (ACF) (ELD)

11:30 **CPI** Ambassador Club Meeting (PDR) (ELD)

1:00 **SCE** Urban Myth - The Game (ACF) (ELI)

2:30 **SCE** "Rock 'n' Bowl" - Bowling Team (ULR) (ELD)

4:00 **HPF** Dance & Movement: The Git Up Line Dance (ACF) (ELI)

6:00 **SCE** Double-Nine Dominoes Club (ACF) (ELI)

**29**

10:15 **HPF** Moving For Memory: Walking Challenge (ACF) (ELI)

10:45 **RSF** Bible Study Series: Part V (ACF) (ELI)

1:00 **CPI** Keep Calm and Carry Yarn - Knitting Club (ACF) (ELI)

1:30 **Five Crowns** (ACF) (ELI)

3:00 **CPI** Engage Life® Planning Meeting (ACF) (ELI)

4:00 **HPF** Total Body Conditioning - Advanced (ACF) (ELI)

6:00 **Friday Evening Feature Film** (ULR)

**30**

10:15 **HPF** Cardio Drumming Circle (ACF) (ELI)

10:45 **Sequence Tournament** (ACF) (ELD)

1:00 **LIS** Halloween Origins & Traditions (ACF) (ELI)

1:30 **Bingo Bonanza** (DR) (ELI)

3:00 **SCE** Happy Hour Birthday Bash (ACF) (ELI)

4:00 **HPF** Posture and Stretch Fitness Class (ACF) (ELI)

6:00 **"Only the Classics" Movie Theater** (ULR)

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Pumpkin Paint Night**  
Sunday, October 3, 6:00 PM

**Spooktacular Happy Hour**  
Wednesday, October 27, 2:00 PM

**Halloween Costume Contest**  
Sunday, October 31, 2:00 PM



## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**HALLOWEEN 31**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Tai Chi: Balance & Posture (LR)

11:00 **SCE** "This or That" Halloween Candy (LR)

1:00 **CEA** Today's Music: Spooky Songs of Halloween (LR)

1:30 **LIS** Origins & History of Halloween (LR)

2:00 **SCE** Halloween Costume Contest (DR) (ELD)

3:00 **HPF** Walking Challenge (LR)

3:30 **SCE** Viking Kubb (CTY)

6:00 **RSF** Bible Study (LR)



- HEALTH AND PHYSICAL FITNESS**
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- RELIGIOUS AND SPIRITUAL FELLOWSHIP**

**ROOM LOCATION KEY:**

Dining Room DR  
Courtyard CTY  
Living Room LR

**STAFF KEY:**

Engage Life® Director ELD

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**NATIONAL POETRY DAY 1**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Walking Challenge Launch (LR)

1:00 **CEA** Today's Music: Songs About October (LR)

1:30 **LIS** Zodiac & Horoscope of October (LR)

2:00 **CEA** Poetry Journal Club (DR)

2:30 **SCE** Volleyball (LR)

3:00 **HPF** Cardio Drumming Circle (LR)

3:30 **CEA** Jukebox Karaoke (LR)

6:00 **SCE** Laughter Therapy (LR)

**WORLD CARD MAKING DAY 2**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

11:00 **LIS** The Newsstand (LR)

1:00 **CEA** Today's Music: Bluegrass (LR)

1:30 **LIS** Roasts & Rhymes: Coffee Talks (DR)

2:00 **CEA** Halloween Card Making (DR)

3:00 **HPF** Posture and Stretch Fitness Class (LR)

3:30 **SCE** Hangman (LR)

6:00 **LIS** Sensory Stimulation: Find The Pairs (LR)

**3**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Tai Chi: Balance & Posture (LR)

1:00 **CEA** Today's Music: History of the Twist (LR)

1:00 **CEA** Arts and Crafts (CTY)

2:00 **SCE** Viking Kubb (CTY)

3:00 **HPF** Walking Challenge (LR)

4:00 **CPI** Weekly Resident Life Stories (CTY)

6:00 **RSF** Bible Study (LR)

6:00 **CEA** Pumpkin Paint Night (DR) (ELD)

**SHIP IN A BOTTLE DAY 4**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Walking Challenge (LR)

1:00 **CEA** Today's Music: Radio Lingo Day (LR)

1:00 **CEA** Craft Corner Color Workshop (DR)

2:00 **LIS** Word Wonders: Radio Terms and 10-Code (LR)

2:00 **SCE** Scrabble® (DR)

3:00 **HPF** Lower Body Conditioning (LR)

4:00 **LIS** Song Facts History (CTY)

6:00 **SCE** Fun Facts For The Day (LR)

**5**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

1:00 **CEA** Today's Music: "I Honestly Love You" (LR)

1:30 **SCE** Express Yourself: A Time For Love (LR)

2:00 **SCE** Bowling (LR)

3:00 **HPF** Dance & Movement: Cowboy Charleston (LR)

3:30 **LIS** You Be The Judge (LR)

6:00 **LIS** Literary Appreciation: Poetry (LR)

**MAD HATTER DAY 6**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Upper Body Conditioning (LR)

1:00 **CEA** Today's Music: Walk of Fame (LR)

2:00 **SCE** Don't Worry Be Frappe Happy Hour (LR)

3:00 **HPF** Tai Chi: Balance & Posture (LR)

6:00 **RSF** Lavender Hand Massages (LR)

6:00 **RSF** Midweek Bible Study (LR)

**7**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Total Body Conditioning (LR)

1:00 **CEA** Today's Music: "The Musical - Grease" (LR)

1:30 **SCE** Hangman (CTY)

2:00 **CPI** Wisdom in Action (CTY)

3:00 **SCE** UNO® (CTY)

3:00 **HPF** Dance & Movement: The Macarena (LR)

6:00 **SCE** Jeopardy!® (LR)

6:00 **LIS** Literary Appreciation: Short Stories (LR)

**8**

10:00 **SCE** Today's Events & Newsletters (LR)

10:30 **LIS** Virtual Tour to the Aquarium (LR)

10:30 **HPF** Walking Challenge (LR)

1:00 **CEA** Today's Music: Drumming (LR)

2:00 **CPI** Clergy Appreciation Gifts (LR)

3:00 **HPF** Cardio Drumming Circle (LR)

6:00 **SCE** Laughter Therapy (LR)

6:00 **RSF** Nails and Details (LR)

**NATIONAL CHESS DAY 9**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

11:00 **LIS** The Newsstand (LR)

1:00 **CEA** Today's Music: "Imagine" (LR)

1:30 **SCE** Music History: The Beatles (LR)

2:00 **SCE** Chess Tournament (DR)

3:00 **SCE** Hit The Target Football (DR)

3:00 **HPF** Posture and Stretch Fitness Class (LR)

3:30 **CPI** Life Stories (LR)

6:00 **LIS** Sensory Stimulation: Find The Pairs (LR)

**10**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Tai Chi: Balance & Posture (LR)

1:00 **CEA** Today's Music: Daydream Believer (LR)

2:00 **SCE** Pen Pal Letter Writing (CTY)

3:00 **HPF** Walking Challenge (LR)

3:00 **RSF** Laughter Therapy (LR)

6:00 **RSF** Bible Study (LR)

6:00 **SCE** Table Games (LR)

**COLUMBUS DAY 11**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Walking Challenge (LR)

1:00 **CEA** Today's Music: Robert Delt, Pianist (LR)

1:30 **LIS** Song Facts History (CTY)

1:30 **LIS** Sing Across Canada: Ontario (LR)

2:00 **CEA** Creating a Spyglass Telescope (DR)

2:00 **SCE** Scrabble® (CTY)

3:00 **HPF** Lower Body Conditioning (LR)

3:30 **SCE** Scrabble® (DR)

6:00 **SCE** Fun Facts For The Day (LR)

**12**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

1:00 **CEA** Today's Music: Pharrell Williams (LR)

1:00 **CPI** Weekly Resident Life Stories (DR)

1:30 **SCE** Express Yourself: Family Meals (CTY)

2:00 **CEA** Creating Art From The Scents We Smell (DR)

3:00 **HPF** Dance & Movement: Cowboy Charleston (LR)

3:30 **SCE** Badminton (DR)

6:00 **LIS** Literary Appreciation: Poetry (LR)

**NATIONAL FOSSIL DAY 13**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Upper Body Conditioning (LR)

1:00 **CEA** Today's Music: Bob Dylan, Nobel Prize (LR)

1:30 **SCE** Digging for Fossils (DR)

2:00 **SCE** Harvest Happy Hour (LR)

3:00 **HPF** Tai Chi: Balance & Posture (LR)

3:30 **SCE** Viking Kubb (LR)

3:30 **SCE** Dominoes (CTY)

6:00 **RSF** Midweek Bible Study (LR)

**14**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Total Body Conditioning - Beginner (LR)

1:00 **CEA** Today's Music: Ethel Merman, Broadway (LR)

2:00 **SCE** Jeopardy!® (DR)

3:00 **HPF** Dance & Movement: The Macarena (LR)

3:30 **SCE** Hangman (DR)

4:00 **HPF** Volleyball

6:00 **LIS** Bingo (DR)

6:00 **LIS** Literary Appreciation: Short Stories (LR)

**15**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **LIS** Virtual Tour to the Zoo (LR)

10:30 **HPF** Walking Challenge (LR)

1:00 **CEA** Today's Music: Stevie Wonder (LR)

1:30 **CEA** Haiku Poetry (DR)

1:30 **SCE** Reminiscing: Love At First Sight (LR)

3:00 **HPF** Cardio Drumming Circle (LR)

3:30 **SCE** Bowling (LR)

6:00 **SCE** Laughter Therapy (LR)

**DICTIONARY DAY 16**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

11:00 **LIS** The Newsstand (LR)

1:00 **CEA** Today's Music: Little Richard (LR)

2:00 **LIS** Word Wonders: Synonyms (LR)

2:00 **CEA** Poetry Journal Club (DR)

2:30 **CPI** Life Stories (LR)

3:00 **HPF** Posture and Stretch Fitness Class (LR)

6:00 **LIS** Sensory Stimulation: Find The Pairs (LR)

**NATIONAL PLAYING CARD COLLECTION DAY 17**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Tai Chi: Balance & Posture (LR)

1:00 **CEA** Today's Music: Manfred Man (LR)

1:00 **SCE** Reminiscing: The Cities We Have Lived In (CTY)

1:30 **CEA** Quirky Song Titles (LR)

2:30 **SCE** Genealogy Club (CTY)

3:00 **HPF** Walking Challenge (LR)

6:00 **RSF** Bible Study (LR)

6:00 **SCE** Horseshoes (LR)

**18**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Walking Challenge (LR)

1:00 **CEA** Today's Music: Once On An Island Musical (LR)

1:30 **SCE** Reminiscing: Vacations Past (LR)

1:30 **SCE** Laughter Therapy: Jokes (DR)

2:00 **SCE** Scrabble® (DR)

3:00 **HPF** Lower Body Conditioning (LR)

6:00 **SCE** Fun Facts For The Day (LR)

**19**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

1:00 **CEA** Today's Music: The Sound of Music (LR)

1:30 **SCE** Chess Tournament (CTY)

2:00 **LIS** The Traditions & Science of Biscuits (DR)

3:00 **HPF** Dance & Movement: Cowboy Charleston (LR)

3:30 **CPI** Weekly Resident Life Stories (LR)

6:00 **LIS** Literary Appreciation: Poetry (LR)

**INTERNATIONAL CHEF DAY 20**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Upper Body Conditioning (LR)

1:00 **CEA** Today's Music: Peter, Paul & Mary (LR)

2:00 **SCE** Pumpkin Spice Happy Hour (LR)

3:00 **LIS** Word Wonders: In The Kitchen Idioms (LR)

3:30 **HPF** Tai Chi: Balance & Posture (LR)

3:30 **SCE** Jenga (CTY)

6:00 **RSF** Lavender Hand Massages (LR)

6:00 **RSF** Midweek Bible Study (LR)

**21**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Total Body Conditioning - Beginner (LR)

1:00 **CEA** Today's Music: Rocky Top (LR)

2:00 **LIS** Sing Across America: Tennessee (LR)

3:00 **HPF** Dance & Movement: The Macarena (LR)

3:30 **SCE** Bingo (DR)

6:00 **CEA** Jukebox Karaoke (LR)

6:00 **LIS** Literary Appreciation: Short Stories (LR)

**22**

10:00 **SCE** Today's Events & Newsletter

10:30 **HPF** Walking Challenge

10:30 **RSF** Daily Inspirations (DR)

1:00 **CEA** Today's Music: Music Venues, The Met, NY

1:00 **SCE** What's in a Word (CTY)

1:30 **SCE** Jenga (CTY)

1:30 **CEA** Music History: Iconic Music Venues (LR)

2:00 **SCE** Afternoon Tea Party (DR)

3:00 **HPF** Cardio Drumming Circle (LR)

3:30 **RSF** Nails & Details (LR)

6:00 **SCE** Laughter Therapy

**NATIONAL ARTIST DAY 23**

10:00 **SCE** Today's Events & Newsletter

10:30 **HPF** Flow Yoga (LR)

10:30 **LIS** Quirky Song Title Challenge (LR)

1:00 **CEA** Today's Music: Adele "Hello" In Other Languages

1:30 **LIS** Word Wonders: "Hello" In Other Languages

2:00 **CEA** Pour Art (DR)

3:00 **HPF** Posture and Stretch Fitness Class (LR)

4:00 **CPI** Life Stories (LR)

6:00 **SCE** Hangman (DR)

6:00 **LIS** Sensory Stimulation: Find The Pairs

**24**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Tai Chi: Balance & Posture (LR)

11:00 **RSF** Daily Inspirations (DR)

1:00 **CEA** Creating Music Circle (CTY)

1:30 **CEA** Today's Music: Paul McCartney (LR)

2:00 **CEA** Literary Appreciation: Poetry (LR)

2:30 **SCE** Viking Kubb (CTY)

3:00 **HPF** Walking Challenge (LR)

3:30 **SCE** Bingo (LR)

6:00 **RSF** Bible Study (LR)

**25**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Walking Challenge (LR)

1:00 **CEA** Today's Music: Composer Strauss II (LR)

1:30 **LIS** Music History: Classical (LR)

2:00 **SCE** Scrabble® (DR)

3:00 **HPF** Lower Body Conditioning (LR)

3:30 **LIS** You Be The Judge (DR)

6:00 **SCE** Fun Facts For The Day (LR)

**26**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

1:00 **CEA** Today's Music: Judy Garland (LR)

2:00 **CEA** Arts and Crafts (CTY)

3:00 **SCE** Express Yourself: Fall Fun (LR)

3:30 **RSF** Nails-n--Details (LR)

4:00 **HPF** Dance & Movement: Cowboy Charleston (LR)

6:00 **LIS** Literary Appreciation: Poetry (LR)

**U.S. NAVY DAY 27**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Upper Body Conditioning (LR)

11:00 **CPI** Celebrating Navy Day & Honoring Veterans (LR)

1:00 **CEA** Today's Music: Navy Songs (LR)

1:30 **SCE** Trivia Time (DR)

1:30 **LIS** A History of the Star-Spangled Banner (LR)

2:00 **SCE** Spooktacular Happy Hour (LR)

3:00 **HPF** Tai Chi: Balance & Posture (LR)

3:30 **SCE** UNO® (CTY)

6:00 **RSF** Midweek Bible Study (LR)

**28**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Total Body Conditioning - Beginner (LR)

1:00 **CEA** Today's Music: The Supremes (LR)

2:00 **SCE** Bingo (DR)

3:00 **HPF** Dance & Movement: The Macarena (LR)

3:30 **SCE** Jeopardy!® (LR)

6:00 **LIS** Literary Appreciation: Short Stories (LR)

**29**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Walking Challenge (LR)

1:00 **CEA** Today's Music: Tina Turner (LR)

1:30 **CEA** Jukebox Karaoke (LR)

2:00 **LIS** Nature And Wildlife Experience (LR)

3:00 **HPF** Cardio Drumming Circle (LR)

3:30 **RSF** Lavender Hand Massages (LR)

6:00 **SCE** Laughter Therapy (LR)

**30**

10:00 **SCE** Today's Events & Newsletter (LR)

10:30 **HPF** Flow Yoga (LR)

1:00 **LIS** Music Appreciation: Marvin Gaye (LR)

1:30 **CEA** Today's Music: ... Through the Grape Vine (LR)

2:00 **SCE** Wii® Bowling Tournament (LR)

3:00 **HPF** Posture and Stretch Fitness Class (LR)

4:00 **LIS** You Be The Judge (DR)

6:00 **LIS** Sensory Stimulation: Find The Pairs (LR)