

# ASSISTED LIVING

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Lecture- Apollo 11th with Leon**

Thursday, October 10, 2:00 PM

**Medicare Seminar  
with Cindy Goldscher**

Tuesday, October 15, 6:00 PM

**1 Day University-  
Story of USA in 7 Books**

Saturday, October 26, 2:00 PM

*Atria*  
SENIOR LIVING

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SENIOR LIVING

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

<p>7:00 On the Road with Billy (O) (w) <b>6</b></p> <p>8:30 Church-St Anthony's of Padua (O) (w)</p> <p>10:00 <b>HF</b> Rise &amp; Shine (FC) (w)</p> <p>10:30 Daily Word Quest (A) (w)</p> <p>11:00 <b>LL</b> Discuss &amp; Recall-Wearing Hats... (A) (w)</p> <p>1:00 Bingo Blast! (A) (w)</p> <p>2:15 <b>HF</b> Walking Club Meets in Fitness Center (FC) (w)</p> <p>2:30 <b>EF</b> Tommy Presents... (DR) (w)</p> <p>3:00 <b>EF</b> Refreshments in the Bistro (B) (S)</p> <p>6:00 Movie Magic (T) (w)</p>	<p>9:30 <b>HF</b> Get Fit and Feel Great! (FC) (g) <b>7</b></p> <p>10:00 Brain Boggles (A) (g)</p> <p>10:30 <b>C</b> Synonyms... (A) (w)</p> <p>11:00 Exercise Your Brain with Puzzles (A) (w)</p> <p>1:00 Trip to CVS (O) (g)</p> <p>1:00 Bingo Bash (A) (w)</p> <p>2:00 <b>C</b> Billiards &amp; Beverages (P3) (w)</p> <p>2:15 <b>HF</b> "Balance" Your Life with Yoga! (FC) (I)</p> <p>3:00 <b>CE</b> Henri Toulouse Lautrec-Jane Avril (A) (g,w)</p> <p>6:00 <b>EF</b> Billy's Cocktail Party (B) (w)</p> <p>7:00 Theater Night (T) (w)</p>	<p>9:30 <b>HF</b> Atria Water Rowing Workout (T) (J) <b>1</b></p> <p>10:00 What's in a Word (A) (r)</p> <p>10:30 Strengthen Your Mind (A) (g)</p> <p>10:30 <b>EF</b> Lunch at Black Forest Brew Haus (O) (w)</p> <p>11:00 <b>LL</b> This Day in History-Disney World Opens (A) (g)</p> <p>1:00 Bingo Event (A) (g)</p> <p>2:00 <b>C</b> 5 &amp; 10 Poker (LR) (rr)</p> <p>2:15 <b>HF</b> Barb's Exercise Class (FC) (w)</p> <p>2:30 <b>EF</b> Beer Tasting &amp; Bavarian Pretzels (B) (S)</p> <p>2:30 <b>LL</b> Book Club (A) (h)</p> <p>6:00 <b>LL</b> iPad® Occasion-Oktoberfest in Germany (T) (g)</p> <p>7:00 Movie Night (T) (g)</p>	<p>9:30 <b>HF</b> Atria Exercise Program (FC) (g) <b>2</b></p> <p>10:00 <b>LL</b> In the News (A) (g)</p> <p>10:00 <b>IS</b> Recitation of the Rosary (T) (v)</p> <p>10:30 Memory Enhancing Brain Games (A) (g)</p> <p>10:30 <b>PA</b> Ambassador Visits (O) (w)</p> <p>11:00 StoryWise™-Common Ground (A) (g)</p> <p>12:45 <b>HF</b> Fitness Class at YMCA (O) (w)</p> <p>1:00 Bingo Blast (A) (w)</p> <p>2:30 <b>IS</b> Religious Service with Pastor Nielsen (T) (v)</p> <p>3:00 <b>C</b> UNO® &amp; Other Card Games (A) (g)</p> <p>6:00 <b>EF</b> Night on the Town (O) (w)</p> <p>7:00 Groovy Movie (T) (S)</p>	<p>9:30 <b>HF</b> Morning Exercise (FC) (w) <b>3</b></p> <p>10:00 Brain Aerobics (A) (w)</p> <p>10:30 <b>CV</b> Community Crochet &amp; Knitters Club (LR) (I)</p> <p>10:30 Jumbles! (A) (w)</p> <p>11:00 <b>PA</b> Resident Council (T) (rr)</p> <p>1:00 Bingo (A) (g)</p> <p>1:00 100 Days of Gratitude Tour (O) (w)</p> <p>2:15 <b>HF</b> YMCA Silver Sneaker's Class (A) (g)</p> <p>2:30 Gameshow TV (T) (g)</p> <p>3:15 <b>EF</b> Atria Family Feud™ (LR) (g)</p> <p>5:30 Bingo After Dark (A) (g)</p> <p>7:00 Movie Special (T) (g)</p>	<p>9:30 <b>HF</b> Fit, Fitter, Fittest (FC) (h) <b>4</b></p> <p>10:00 <b>LL</b> Currently in the News (T) (h)</p> <p>11:00 News Currents (T) (g)</p> <p>1:00 Bingo (A) (g)</p> <p>2:15 <b>HF</b> Dance for Parkinson's! (FC) (g)</p> <p>2:30 <b>LL</b> Documentary-John D. Rockefeller (T) (S)</p> <p>3:00 <b>CV</b> Pause for Pet Therapy (F) (g)</p> <p>3:15 <b>CE</b> Feelin' Crafty! (A) (g)</p> <p>3:30 <b>IS</b> Shabbat Service (A) (rr)</p> <p>6:00 <b>LL</b> Tech Time with Barb (A) (g)</p> <p>6:00 Left, Center, Right (LR) (rr)</p> <p>7:00 Film in the Theater (T) (S)</p>	<p>9:00 Temple (O) (h) <b>5</b></p> <p>9:15 <b>IS</b> Catholic Communion (T) (h)</p> <p>9:45 <b>HF</b> Arthritis Foundation Exercise Class (FC) (h)</p> <p>10:15 Horseracing (A) (J)</p> <p>11:00 <b>EF</b> Every Day Trivia (A) (J)</p> <p>1:00 Classic Bingo (A) (J)</p> <p>2:00 Movie- The Hunt for Red October (T) (J)</p> <p>2:15 <b>HF</b> Afternoon Stretch (FC) (J)</p> <p>2:30 <b>EF</b> National Pizza Month Treats (B) (S)</p> <p>3:00 <b>C</b> Scrabble® &amp; Brain Games (B) (J)</p> <p>6:00 Movie Night! (T) (J)</p>
<p>8:30 Church-St Anthony's of Padua (O) (w) <b>13</b></p> <p>9:30 <b>HF</b> Sunday Stretch (FC) (w)</p> <p>10:00 Word Power (A) (w)</p> <p>10:30 <b>LL</b> Discuss &amp; Recall- Fall Festivals (A) (w)</p> <p>1:00 Bingo (A) (w)</p> <p>1:00 Magical Mystery Ride (O) (w)</p> <p>2:15 <b>HF</b> Walking Club Meets in Fitness Center (FC) (w)</p> <p>2:30 <b>EF</b> Karaoke Kraze (DR) (w)</p> <p>3:00 <b>EF</b> Hot Hors' D'oeuvres (B) (S)</p> <p>6:00 Nightly Cinema (T) (v)</p>	<p><b>COLUMBUS DAY OBSERVED</b> <b>14</b></p> <p>9:30 <b>HF</b> Workout with Barb &amp; Daily Chronicles (FC) (g)</p> <p>10:00 Let's Boggle™ (A) (g)</p> <p>10:30 <b>C</b> Words Ending in "Ship" for Columbus Day (A) (w)</p> <p>11:00 Wordsmithing for Brain Health (A) (w)</p> <p>1:00 Bingo with Friends (A) (w)</p> <p>1:00 Trip to Walgreens (O) (g)</p> <p>2:00 <b>C</b> Billiards on P3 (P3) (w)</p> <p>2:15 <b>HF</b> Instructor Led Sr. Yoga Class (FC) (I)</p> <p>3:15 <b>CE</b> Artist Impressions-Frida Kahlo - Parrots (A) (g,w)</p> <p>6:00 At the Movies (T) (w)</p>	<p>9:30 <b>HF</b> Atria Water Rowing Workout (T) (w) <b>15</b></p> <p>10:00 What's in a Word (A) (w)</p> <p>10:30 Brain Food (A) (g)</p> <p>11:00 <b>LL</b> This Day in History-I Love Lucy Airs (A) (g)</p> <p>1:00 Bingo (A) (g)</p> <p>1:00 Shopping at Dollar Tree (O) (g)</p> <p>2:00 <b>C</b> 5 &amp; 10 Poker (LR) (rr)</p> <p>2:15 <b>HF</b> Stretching for Range of Motion (FC) (w)</p> <p>2:30 <b>LL</b> The 6 Wives of Henry 8th-Seymour &amp; Cleves (T) (S)</p> <p>2:30 <b>LL</b> Novel Discussions (A) (h)</p> <p>6:00 <b>LL</b> Medicare Seminar with Cindy Goldscher (T) (g)</p> <p>7:00 Night at the Movies (T) (g)</p>	<p>9:30 <b>HF</b> Sit and Stay Fit! (FC) (g) <b>16</b></p> <p>10:00 <b>LL</b> What's Happening Today? (A) (g)</p> <p>10:00 <b>IS</b> Recitation of the Rosary (T) (v)</p> <p>10:30 Memory Enhancing Brain Games (A) (g)</p> <p>10:30 <b>PA</b> Ambassador Visits (O) (w)</p> <p>11:00 StoryWise™-Common Ground (A) (g)</p> <p>12:45 <b>HF</b> Fitness Class at YMCA (O) (w)</p> <p>1:00 Let's Play Bingo (A) (w)</p> <p>2:30 <b>IS</b> Religious Service with Pastor Nielsen (T) (v)</p> <p>3:00 <b>C</b> UNO® &amp; Other Card Games (A) (g)</p> <p>6:00 <b>EF</b> Evening Adventures in Northport (O) (w)</p> <p>7:00 Now Showing... (T) (w)</p>	<p>9:30 <b>HF</b> Billy's Boot Camp (FC) (w) <b>17</b></p> <p>10:00 Brain Aerobics (A) (w)</p> <p>10:30 <b>CV</b> Community Crochet &amp; Knitters Club (LR) (I)</p> <p>10:30 Jumbles (A) (w)</p> <p>11:00 Collaborative Crosswords (A) (w)</p> <p>11:00 Lunch at Applebee's (O) (w)</p> <p>1:00 Bingo (A) (w)</p> <p>2:00 <b>HF</b> Brisk Courtyard Walk (FC) (w)</p> <p>2:30 StoryWise™-Laughter Therapy! (CY) (g)</p> <p>3:15 Who Wants to be a Millionaire? (LR) (g)</p> <p>5:30 Bingo After Dark (A) (g)</p> <p>7:00 Tonight's Movie... (T) (g)</p>	<p>9:30 <b>HF</b> Fit Happens! (FC) (h) <b>18</b></p> <p>10:00 <b>LL</b> Currently in the News (T) (h)</p> <p>11:00 News Quiz (T) (g)</p> <p>1:00 Bingo (A) (g)</p> <p>2:15 <b>HF</b> Dance for Parkinson's! (A) (g)</p> <p>2:15 <b>LL</b> Documentary-Andrew Carnegie (T) (S)</p> <p>2:30 <b>CE</b> Crafts (A) (v)</p> <p>3:00 <b>CV</b> Pause for Pet Therapy (F) (g)</p> <p>3:30 <b>IS</b> Shabbat Service (A) (rr)</p> <p>6:00 <b>LL</b> Tech Time with Barb (A) (g)</p> <p>6:00 Left, Center, Right (LR) (rr)</p> <p>7:00 Movie &amp; Movie Snacks! (A,T) (S)</p>	<p>9:00 Temple (O) (h) <b>19</b></p> <p>9:15 <b>IS</b> Catholic Communion (T) (v)</p> <p>9:45 <b>HF</b> Arthritis Foundation Exercise Class (FC) (h)</p> <p>10:15 Horseracing (A) (J)</p> <p>11:00 <b>EF</b> Fast Track Trivia (A) (J)</p> <p>1:00 Bingo Bonanza (A) (J)</p> <p>2:00 Movie-Rear Window (T) (J)</p> <p>2:15 <b>HF</b> Seated Exercise (FC) (J)</p> <p>2:30 <b>EF</b> National Pizza Month Treats (B) (S)</p> <p>3:00 <b>C</b> Scrabble® &amp; Brain Games (A) (J)</p> <p>5:30 Bingo (A) (J)</p> <p>7:00 Showing in the Theater... (T) (J)</p>
<p>8:30 Church-St Anthony's of Padua (O) (w) <b>20</b></p> <p>9:30 <b>HF</b> Full Body Workout! (FC) (g)</p> <p>10:00 Test Your Knowledge of NASA! (A) (w)</p> <p>11:00 <b>LL</b> Discuss &amp; Recall-Canning &amp; Storing Food (A) (w)</p> <p>1:00 Bingo (A) (w)</p> <p>1:00 Town Tour (O) (w)</p> <p>2:15 <b>HF</b> Walking Club Meets in Fitness Center (FC) (w)</p> <p>2:30 <b>PA</b> Monthly Birthday Celebration (DR) (w)</p> <p>3:00 <b>EF</b> Cocktails &amp; Cake (B) (S)</p> <p>6:00 Movie Special- The Robe (T) (S)</p>	<p>9:30 <b>HF</b> Get Fit &amp; Informed (FC) (g) <b>21</b></p> <p>10:00 Boggle™ Your Mind! (A) (g)</p> <p>10:30 <b>C</b> Demonyms Quiz (A) (w)</p> <p>11:00 Exercise Your Brain with Puzzles (A) (w)</p> <p>1:00 Bingo (A) (w)</p> <p>1:00 Trip to CVS (O) (g)</p> <p>2:00 <b>C</b> Heading to the "Pool Hall" (P3) (w)</p> <p>2:15 <b>HF</b> Yoga: It's a Mind, Body, Spirit Thing (FC) (I)</p> <p>3:15 <b>CE</b> Artist Impression - Marc Chagall (A) (g,w)</p> <p>6:00 <b>EF</b> Cocktail Hour (FP) (w)</p> <p>7:00 Movie Masterpieces (T) (w)</p>	<p>9:30 <b>HF</b> Atria Water Rowing Workout (T) (w) <b>22</b></p> <p>10:00 Resident Choice Challenge (A) (w)</p> <p>10:30 Mental Floss (A) (g)</p> <p>11:00 <b>LL</b> This Day in History-Parachute Invented (A) (g)</p> <p>1:00 Bingo (A) (w)</p> <p>1:00 <b>EF</b> Trip -Epenetus Tavern (O) (g)</p> <p>2:00 <b>C</b> 5 &amp; 10 Poker (LR) (rr)</p> <p>2:15 <b>HF</b> Range of Motion Challenge (FC) (w)</p> <p>2:30 <b>LL</b> The 6 Wives of Henry 8th-Parr and Howard (T) (S)</p> <p>2:30 <b>LL</b> Literature Lovers (T) (h)</p> <p>6:00 <b>LL</b> iPad® Experience- Best Leaf Peeper Tours (T) (g)</p> <p>7:00 Movie in the Theater (T) (g)</p>	<p>9:30 <b>HF</b> Morning Moves (FC) (g) <b>23</b></p> <p>10:00 <b>IS</b> Recitation of the Rosary (T) (v)</p> <p>10:30 Memory Enhancing Brain Games (A) (g)</p> <p>10:30 <b>PA</b> Ambassador Visits (O) (w)</p> <p>11:00 StoryWise™-Common Ground (A) (g)</p> <p>12:45 <b>HF</b> Fitness Class at YMCA (FC) (w)</p> <p>1:00 Bingo (A) (w)</p> <p>2:30 <b>IS</b> Religious Service with Pastor Nielsen (A) (v)</p> <p>3:30 <b>C</b> Po-Ke-No &amp; Pals (A) (g)</p> <p>6:00 <b>EF</b> Activity Programming Meeting (T) (h)</p> <p>6:00 <b>EF</b> Billy's Evening Out on the Town (O) (w)</p> <p>7:00 Evening Movie (T) (w)</p>	<p>9:30 <b>EF</b> Trip on Bridgeport Ferry (O) (w) <b>24</b></p> <p>9:30 <b>HF</b> Morning Exercise (FC) (w)</p> <p>10:00 Cranium® Crunchers (A) (w)</p> <p>10:30 <b>CV</b> Crocheting &amp; Knitting for a Cause (A) (I)</p> <p>10:30 Jumbles (A) (w)</p> <p>11:00 Collaborative Crosswords (A) (w)</p> <p>1:00 Classic Bingo (A) (g)</p> <p>2:00 <b>HF</b> Grab a Sweater &amp; Let's Walk (CY) (w)</p> <p>3:15 <b>EF</b> Atria's Family Feud™ Team Competition (A) (S)</p> <p>6:00 Bingo After Dark (A) (g)</p> <p>7:00 Movie in the Living Room (LR) (g)</p>	<p>9:30 <b>HF</b> Exercise and Feel Good! (FC) (h) <b>25</b></p> <p>10:00 <b>LL</b> Encapsulated News (T) (h)</p> <p>11:00 Unlimited Information (T) (g)</p> <p>1:00 Bingo (A) (g)</p> <p>2:15 <b>HF</b> Zumba® with Elaine (FC) (I)</p> <p>2:15 <b>LL</b> Documentary-J.P. Morgan (T) (S)</p> <p>3:00 <b>CV</b> Little Shelter Visit from Lacey (F) (v)</p> <p>3:15 <b>CE</b> Embossing Techniques (A) (g)</p> <p>3:30 <b>IS</b> Shabbat Service (A) (rr)</p> <p>6:00 <b>LL</b> Tech Time with Barb (A) (g)</p> <p>6:00 Left, Center, Right (LR) (rr)</p> <p>7:00 Now Playing... (T) (S)</p>	<p>9:00 Temple (O) (h) <b>26</b></p> <p>9:15 <b>IS</b> Catholic Communion (T) (v)</p> <p>9:45 <b>HF</b> Arthritis Workout Class (FC) (h)</p> <p>10:15 Horseracing (A) (J)</p> <p>11:00 <b>EF</b> Saturday Q&amp;A (A) (J)</p> <p>1:00 Classic Bingo (A) (J)</p> <p>2:00 1 Day University-Story of USA in 7 Books (T) (J)</p> <p>2:15 <b>HF</b> Stretch for Fitness (FC) (J)</p> <p>2:30 <b>EF</b> National Pizza Month Treats (B) (S)</p> <p>3:00 <b>C</b> Scrabble® &amp; Brain Games (A) (J)</p> <p>5:30 Bingo (A) (J)</p> <p>7:00 Feature Film (T) (J)</p>
<p>8:30 Church-St Anthony's of Padua (O) (w) <b>27</b></p> <p>9:30 <b>HF</b> Morning Exercise with Billy (LR) (w)</p> <p>10:00 Word Wise (A) (w)</p> <p>10:30 <b>LL</b> Discuss &amp; Recall-Your Halloween Costume (A) (w)</p> <p>1:00 Bingo with Biling (A) (w)</p> <p>1:00 Out in the Crisp Fall Air Adventure! (O) (w)</p> <p>2:00 Theater Video Concert-The Three Tenors (T) (S)</p> <p>2:15 <b>HF</b> Walking Club Meets in Fitness Center (FC) (w)</p> <p>3:00 <b>EF</b> Cider in the Bistro (B) (S)</p> <p>3:00 <b>CE</b> Karaoke Hour! (LR) (w)</p> <p>6:00 Sunday Showtime (T) (S)</p>	<p>9:30 <b>HF</b> Let's Get Fit &amp; Daily Chronicles (FC) (g) <b>28</b></p> <p>10:00 Themed Boggle™ (A) (g)</p> <p>10:30 <b>C</b> Double "OO" Word Game (A) (w)</p> <p>11:00 Wordsmithing for Brain Health (A) (g)</p> <p>1:00 Bingo (A) (w)</p> <p>1:00 Trip to Walgreens (O) (g)</p> <p>2:00 <b>C</b> Billiards &amp; Beverages (P3) (w)</p> <p>2:15 <b>HF</b> Instructor Led Yoga (FC) (I)</p> <p>3:15 <b>CE</b> Jean Baptiste Camille Corot - Bridge (A) (g,w)</p> <p>6:00 <b>EF</b> Billy's Cocktail Party (B) (w)</p> <p>7:00 Enjoy the Movie! (T) (w)</p>	<p>9:30 <b>HF</b> Atria Water Rowing Workout (FC) (w) <b>29</b></p> <p>10:00 Resident Choice Challenge (A) (w)</p> <p>10:30 Mind Benders (A) (g)</p> <p>11:00 <b>LL</b> This Day in History-Expo 67 Closes (A) (g)</p> <p>12:30 <b>EF</b> Trip to Farm Stand (O) (g)</p> <p>1:00 Bingo (A) (w)</p> <p>2:00 <b>C</b> 5 &amp; 10 Poker (LR) (rr)</p> <p>2:15 <b>HF</b> 7th Inning Stretch (FC) (w)</p> <p>2:30 <b>LL</b> Let's Discuss the Book... (T) (h)</p> <p>2:30 <b>LL</b> 6 Wives of Henry 8th-Other Boleyn Girl (T) (S)</p> <p>6:00 <b>EF</b> iPad® Learn- Business of Halloween (T) (g)</p> <p>7:00 Movie Night (T) (g)</p>	<p>9:30 <b>HF</b> Sit and Stay Fit! (FC) (g) <b>30</b></p> <p>10:00 <b>LL</b> What's Happening Today? (A) (g)</p> <p>10:00 <b>IS</b> Recitation of the Rosary (T) (v)</p> <p>10:30 Memory Enhancing Brain Games (A) (g)</p> <p>10:30 <b>PA</b> Ambassador Visits (O) (w)</p> <p>11:00 StoryWise™-Common Ground (A) (g)</p> <p>1:00 Let's Play Bingo (A) (w)</p> <p>2:30 <b>IS</b> Religious Service with Pastor Nielsen (T) (v)</p> <p>3:00 <b>C</b> UNO® &amp; Other Card Games (A) (g)</p> <p>3:30 <b>PA</b> Ambassador Meeting (T) (h)</p> <p>6:00 <b>EF</b> Halloween Decorations Night Riders (O) (w)</p> <p>7:00 Now Showing... (T) (w)</p>	<p><b>HALLOWEEN</b> <b>31</b></p> <p>9:30 <b>HF</b> Morning Exercise (FC) (w)</p> <p>10:00 Cranium® Crunchers (A) (w)</p> <p>10:30 <b>CV</b> Crocheting &amp; Knitting for a Cause (A) (I)</p> <p>10:30 Jumbles (A) (w)</p> <p>11:00 Collaborative Crosswords (A) (w)</p> <p>1:00 Classic Bingo (A) (g)</p> <p>2:00 <b>HF</b> Brisk Courtyard Walk (FC) (w)</p> <p>2:30 <b>EF</b> Halloween Party Games (T) (g)</p> <p>5:30 <b>EF</b> Halloween Fun with Mary Peck! (LR) (g)</p> <p>7:00 <b>EF</b> Classic Halloween Movie in the Theater (T) (g)</p>	<p><b>ROOM LOCATION KEY:</b></p> <ul style="list-style-type: none"><li>Dining Room DR</li><li>Activity Center A</li><li>Fitness Center FC</li><li>Bistro B</li><li>Front Desk F</li><li>Theater T</li><li>Activity Center, Theater A,T</li><li>front porch FP</li><li>Courtyard CY</li><li>Living Room LR</li><li>Out Trip O</li><li>P3 P3</li></ul>	<p><b>STAFF KEY:</b></p> <ul style="list-style-type: none"><li>Barbara G g</li><li>William w</li><li>Leslie Hill ELD, 757-8000 h</li><li>Barbara Johnson J</li><li>Resident Run rr</li><li>Instructor I</li><li>Barbara, William g,w</li><li>Staff S</li><li>Volunteer v</li></ul>

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# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Tommy Tunes**

Sunday, October 6, 1:30 PM

**"Pickle Ball" Competition**

Wednesday, October 16, 1:30 PM

**Halloween Fun with Mary Peck!**

Thursday, October 31, 4:30 PM

*Atria*  
SENIOR LIVING

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## SUNDAY

## MONDAY

## TUESDAY

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## THURSDAY

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## SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
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- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- A** Atria StoryWise
- J** Legato

**6**  
 8:30 **IS** Mass at St. Anthony's Padua (O) (S)  
 9:30 **HF** Sunday Morning Stretch (LR) (JC)  
 10:00 **LL** Sunday Newsday (LR) (JC)  
 10:30 **EF** Sunday Bus Ride (O) (S)  
 10:30 **J** LEGATO-Oompah Bands-  
 Oktoberfest Ends (A,L) (JC)  
 11:00 Finish the Lyric (LR) (JC)  
 1:00 Word Finds (AA) (S)  
 1:30 **EF** Tommy Tunes (CY) (S)  
 2:00 **EF** Hot Hors D'oeuvres (AA) (JC)  
 2:30 **HF** Team Balloon Games (AA) (JC)  
 3:00 Bingo (A) (JC)  
 6:00 Sunday Night Movie (LR) (S)

**7**  
 9:30 **HF** Chair Cardio (A,L) (MM)  
 10:00 **LL** Daily News (LR) (MM)  
 10:30 **J** LEGATO-American Band  
 Stand Memories (LR) (MM)  
 10:30 **EF** Neighborhood Travels (O) (g)  
 11:00 Name 10 (LR) (D)  
 1:00 **HF** Yoga with Janice (A,L) (S)  
 1:30 **IS** Give Me a Hand... (AA) (S)  
 2:00 **EF** Monday Matinee (AA) (S)  
 2:30 Word Finds (AA) (S)  
 3:00 Bingo (AA) (S)  
 6:00 **CE** The Colors of Fall (A) (S)  
 6:00 Monday Musical Movie (LR) (S)

**8** **YOM KIPUR BEGINS AT SUNDOWN**  
 9:30 **HF** Shake It Up (A,L) (MM)  
 10:00 **LL** News Today (A,L) (S)  
 10:30 **J** LEGATO-Roll Over  
 Beethoven & Chuck Berry (A,L) (JC)  
 11:00 **IS** Have You Heard This One? (LR) (JC)  
 1:00 **HF** Get with the Groove & Move! (CY) (S)  
 2:00 Pencil to Paper Games (AA) (D)  
 3:00 American Bandstand Bonanza (A,L) (S)  
 3:00 Bingo (AA) (D)  
 6:00 Tuesday Theatrical Movies (A,L) (S)  
 6:00 **CV** Coupon Clipping for Food Pantry (DR) (S)

**9**  
 9:30 **HF** Simply Stretch (A,L) (D)  
 10:00 **LL** Today in History (A,L) (D)  
 10:30 **J** LEGATO-Music from  
 Phantom of the Opera (LR) (D)  
 11:00 Atria StoryWise™ Conversations (AA) (S)  
 1:00 **HF** Get Some Pep in Your Step (AA) (S/D)  
 1:30 **EF** Balloon "Pickle Ball" (LR) (D)  
 2:00 **IS** The Good Old Days... (LR) (D)  
 2:30 **LL** Apple Games with Debbie & Co. (LR) (S)  
 2:45 **EF** Afternoon Jaunt on the Bus (O) (g)  
 3:00 Bingo (AA) (D)  
 6:00 **CE** The Art of Leaves (AA) (S)  
 6:00 Wednesday Comedy Shows (LR) (S)

**10**  
 9:30 **HF** Flex and Stretch (A,L) (D)  
 10:00 **LL** News and Views (A,L) (D)  
 10:30 **J** LEGATO-Crankin' Rosie # Hit 1970 (A,L) (D)  
 11:00 Guess Who I Am... (A,L) (D)  
 1:00 **HF** Your Best Dance Moves (AA) (S/D)  
 1:30 **C** Coffee Chat (DR) (S)  
 2:00 **EF** You Tube Sing Along (AA) (S)  
 2:30 Word Finds (AA) (S)  
 2:45 **IS** Moodscape (LR) (S)  
 3:00 Bingo (AA) (D)  
 6:00 Evening Movie (LR) (MM)

**11**  
 9:30 **HF** Moving & Grooving (A,L) (D)  
 10:00 **LL** Top News of the Week (A,L) (D)  
 10:30 **J** LEGATO-Name That Tune (A,L) (D)  
 11:00 Scattergories®- HAY (A,L) (D)  
 1:00 **HF** Zumba® with Elaine (A,L)  
 2:00 **CE** Debby's Craft Hour (AA) (S/D)  
 3:00 **LL** Armchair Laughter- Funny Videos (A,L) (JC)  
 3:00 Bingo (AA) (D)  
 3:00 **CV** Lacey From Little Shelter Visit (LR)  
 3:30 **IS** Shabbat Service (AL) (rr)  
 6:00 **EF** Disco Dancing with Jillian (LR) (S)  
 7:00 Friday Flick (AA) (S)

**12**  
 9:00 **IS** Catholic Communion (A,L)  
 9:30 **HF** Saturday Sittercise  
 with Scarves (A,L) (D)  
 10:00 **LL** News Currents (A,L) (D)  
 10:30 **J** LEGATO-Debby's Disco Beat (A,L) (D)  
 11:00 **CV** Coupon Clipping (DR) (JC)  
 11:00 Name 10 (A,L) (D)  
 1:00 **HF** Walk in the Courtyard (CY) (S/D)  
 2:00 **EF** Saturday Matinee & Movie Snacks (LR) (S/D)  
 3:00 Bingo (AA) (D)  
 6:00 **CV** Zoey & Friends (AA) (v)  
 6:00 Saturday Night at the Movies (AA) (JC)

**13**  
 8:30 **IS** Mass at St. Anthony's Padua (O) (S)  
 9:30 **HF** Morning Moves (LR) (JC)  
 10:00 **LL** Sunday Newsday (LR) (JC)  
 10:30 **EF** Sunday Bus Ride (O) (S)  
 10:30 **J** LEGATO-I Just Called to Say I Love You (A,L) (JC)  
 11:00 Finish the Saying (A,L) (JC)  
 1:00 Word Finds (A) (D)  
 1:30 **EF** Video Concert-Music of  
 Barbra Streisand (AL) (MM)  
 2:00 **EF** Refreshments in the Living Room (LR) (S)  
 2:30 **HF** Balloon Volleyball (AA) (JC)  
 3:00 Bingo (A) (JC)  
 6:00 Sunday Night Movie (LR) (S)

**14**  
 9:30 **HF** Fitness Fun (A,L) (MM)  
 10:00 **LL** The Newstand (LR) (MM)  
 10:30 **EF** Discovering the Village with Barb (O) (g)  
 10:30 **J** LEGATO- Bell Choir (LR) (MM)  
 11:00 20 Questions (AA) (D)  
 1:00 **HF** Yoga with Janice (A,L) (S)  
 1:30 **IS** Pretty Nails (AA) (S)  
 2:00 **EF** Monday Matinee (AA) (S)  
 2:30 Word Finds (AA) (S)  
 3:00 Bingo (AA) (S)  
 6:00 Monday Musical Movie (LR) (S)  
 6:00 **CE** After Dinner Coloring Club (A) (S)

**15**  
 9:30 **HF** Dance Class (A,L) (D)  
 10:00 **LL** News Today (A,L) (D)  
 10:30 **J** LEGATO-I Love Lucy Premieres (A,L) (S)  
 11:00 **IS** Storytellers (LR) (MM)  
 1:00 **HF** Get with the Groove & Move! (A,L) (JC)  
 2:00 Fill-Ins (AA) (D)  
 2:30 **EF** Billy Does Karaoke (LR) (w)  
 3:00 American Bandstand Bonanza (AA) (S)  
 3:00 Bingo (AA) (D)  
 6:00 **CV** Coupon Clipping for Food Pantry (AA) (S)  
 6:00 Tuesday Theatrical Movies (A,L) (S)

**16**  
 9:30 **HF** Low-Impact Aerobic (A,L) (D)  
 10:00 **LL** Debbie's Daily Chronicles (A,L) (D)  
 10:30 **J** LEGATO-"Hair" the  
 Musical Debuts (A,L) (D)  
 11:00 Atria StoryWise™ Conversations (AA) (S)  
 1:00 **HF** Walk & Talk with Friends (AA) (S/D)  
 1:30 **EF** "Pickle Ball" Competition (LR) (D)  
 2:00 **IS** Remember When... (LR) (D)  
 3:00 Bingo (AA) (D)  
 3:00 **LL** Apple Games with Debbie & Co. (A,L) (S)  
 6:00 **CE** Stained Glass Designs (AA) (S)  
 6:00 Wednesday Comedy Shows (LR) (S)

**17**  
 9:30 **HF** Groovin' to the Oldies (A,L) (D)  
 10:00 **LL** What's New in the World? (A,L) (D)  
 10:30 **J** LEGATO-"Hair" the  
 Musical Debuts (A,L) (D)  
 11:00 Who Am I? (A,L) (D)  
 1:00 **HF** Dance Party Moves (AA) (S/D)  
 1:30 **C** Conversation & Coffee (DR) (S)  
 2:00 **CE** Sing Along with YouTube® (AA) (S)  
 2:30 StoryWise™- Laughter Therapy! (AA) (D)  
 2:45 **IS** Breathtaking Musical Mood Setters (LR) (S)  
 3:00 Bingo (A,L) (D)  
 6:00 Movie Night - Resident Choice (A,L) (S)

**18**  
 9:30 **HF** Sit and Stretch (A,L) (D)  
 10:00 **LL** Current Events (A,L) (D)  
 10:30 **J** LEGATO-Name That Tune (A,L) (D)  
 11:00 **C** Trivia with Leslie (A,L) (D)  
 1:00 **HF** Seated Exercise (CY) (D)  
 2:00 **CE** Debby's Craft Hour (AA) (S/D)  
 3:00 **LL** Armchair Laughter- Funny Videos (A,L) (JC)  
 3:00 Bingo (AA) (D)  
 3:00 **CV** Lacey From Little Shelter Visit (LR)  
 3:30 **IS** Shabbat Service (AL) (rr)  
 6:00 **EF** Disco Dancing with Jillian (AA) (S)  
 7:00 Friday Flick (A,L) (S)

**19**  
 9:00 **IS** Catholic Communion (A,L)  
 9:30 **HF** Saturday Sittercise  
 with Scarves (A,L) (D)  
 10:00 **LL** News Currents (A,L) (D)  
 10:30 **J** LEGATO-Debby's Disco Beat (A,L) (D)  
 11:00 **CV** Coupon Clipping (DR) (JC)  
 11:00 20 Questions (A,L) (D)  
 1:00 **HF** Saturday Stretching in the Sun (CY) (D)  
 2:00 **EF** Saturday Matinee & Movie Snacks (LR) (S/D)  
 3:00 Bingo (AA) (D)  
 6:00 **CV** Zoey & Friends (AA) (v)  
 6:00 A Night at the Cinema (A,L) (S)

**20**  
 8:30 **IS** Mass at St. Anthony's Padua (O) (S)  
 9:30 **HF** Sit and be Fit (LR) (JC)  
 10:00 **LL** Sunday Newsday (LR) (JC)  
 10:30 **EF** Sunday Bus Ride (O) (S)  
 10:30 **J** LEGATO-Sydney Opera House Opens (A,L) (JC)  
 11:00 Finish the Phrase (LR) (JC)  
 1:00 Word Finds (CT) (S)  
 1:30 **PA** Birthday Bash! (LR) (S)  
 2:00 **EF** Birthday Cake! (LR) (S)  
 2:30 **HF** Team Balloon Games (CY) (S)  
 3:00 Bingo (A) (JC)  
 6:00 Sunday Night Movie (LR) (S)

**21**  
 9:30 **HF** Wake up and Stretch (A,L) (MM)  
 10:00 **LL** Entertainment Weekly (A,L) (MM)  
 10:30 **EF** Leaf Peeper Ride with Barb (O) (g)  
 10:30 **J** LEGATO- Bell Choir (LR) (MM)  
 11:00 Name 10 (A,L) (D)  
 1:00 **HF** Yoga with Janice (A,L) (MM)  
 1:30 **IS** Nails & Tales (AA) (S)  
 2:30 Word Finds (AA) (S)  
 2:30 **EF** Monday Matinee (AA) (S)  
 3:00 Bingo (AA) (S)  
 6:00 **CE** Coloring to Unwind (A) (S)  
 6:00 Monday Musical Movie (LR) (S)

**22**  
 9:30 **HF** Fun With Richard  
 Simmons (LR) (JC)  
 10:00 **LL** News Today (A,L) (JC)  
 10:30 **J** LEGATO-Moonlight in  
 Vermont (A,L) (MM)  
 11:00 **IS** Storytellers (AA) (MM)  
 1:00 **HF** Get with the Groove & Move! (CY) (S)  
 2:00 Pencil to Paper Games (AA) (D)  
 2:30 **CE** Old Fashioned Sing Along (AA) (S)  
 3:00 American Bandstand Bonanza (LR) (S)  
 3:00 Bingo (AA) (D)  
 6:00 Tuesday Theatrical Movies (LR) (S)  
 6:00 **CV** Coupon Clipping for Food Pantry (AA) (S)

**23**  
 9:30 **HF** Wake up with Fitness (A,L) (D)  
 10:00 **LL** Dates to Remember (A,L) (D)  
 10:30 **J** LEGATO-Runaround Sue (A,L) (D)  
 11:00 Atria StoryWise™ Conversations (AA) (S)  
 1:00 **HF** Get Some Pep in Your Step! (AA) (S/D)  
 1:30 **EF** Balloon "Pickle Ball" (LR) (D)  
 2:00 **IS** The Good Old Days... (LR) (D)  
 2:45 **EF** Afternoon Jaunt on the Bus (O) (g)  
 3:00 **LL** Apple Games with Debbie & Co. (A,L) (S/D)  
 3:00 Bingo (AA) (D)  
 6:00 Wednesday Comedy Shows (A,L) (S)  
 6:00 **CE** Fall Colors to Paper (AA) (S)

**24**  
 9:30 **HF** Time to Exercise (A,L) (D)  
 10:00 **LL** Daily New Report (AA) (D)  
 10:30 **J** LEGATO- Tony Bennett Hits (A,L) (D)  
 11:00 Guess Who I Am... (A,L) (D)  
 1:00 **HF** Your Best Dance Moves (AA) (S/D)  
 1:30 **C** Coffee Chat (LR) (S)  
 2:30 Word Finds (AA) (D)  
 2:30 **CE** Fabulous YouTube® Sing Alongs (LR) (S)  
 2:45 **IS** Moodscape (LR) (S)  
 3:00 Bingo (AA) (D)  
 6:00 Movie Night - Resident Choice (LR) (S)

**25**  
 9:30 **HF** Moving to Motown (A,L) (D)  
 10:00 **LL** Top News of the Week (A,L) (D)  
 10:30 **J** LEGATO-Name That Tune! (A,L) (D)  
 11:00 Scattergories®- CAT (A,L) (D)  
 1:00 **HF** Zumba® with Elaine (A,L) (D)  
 2:00 **CE** Debby's Craft Hour (AA) (S/D)  
 3:00 **LL** Armchair Laughter- Funny Videos (A,L) (JC)  
 3:00 Bingo (AA) (D)  
 3:00 **CV** Lacey from Little Shelter Visit (LR)  
 3:30 **IS** Shabbat Service (AL) (rr)  
 6:00 **EF** Disco Dancing with Jillian (LR) (S)  
 7:00 Friday Flick (A,L) (S)

**26**  
 9:00 **IS** Catholic Communion (A,L)  
 9:30 **HF** Saturday Sittercise  
 with Scarves (A,L) (D)  
 10:00 **LL** News Currents (A,L) (D)  
 10:30 **J** LEGATO-Debby's Disco Beat (A,L) (D)  
 11:00 **CV** Coupon Clipping (DR) (JC)  
 11:00 Name 10 (A,L) (D)  
 1:00 **HF** Walking the Courtyard (CY) (D)  
 2:00 **EF** Saturday Matinee & Snacks (LR) (S)  
 3:00 Bingo (A,L) (JC)  
 6:00 **CV** Zoey & Friends (AA) (v)  
 6:00 Evening Movie Picks (AA) (JC)

**27**  
 8:30 **IS** Mass at St. Anthony's Padua (O) (S)  
 9:30 **HF** Workout to Music (LR) (JC)  
 10:00 **LL** Sunday Newsday (LR) (JC)  
 10:30 **EF** Sunday Shuttle (O) (S)  
 10:30 **J** LEGATO-The Midnight  
 Train to Georgia (A,L) (JC)  
 11:00 Finish the Proverb (A,L) (JC)  
 1:00 Word Finds (AA) (S)  
 1:30 **EF** Video Concert-Dance in the Aisles! (AA) (JC)  
 2:00 **EF** Enjoy a Little Snack! (AA) (S)  
 2:30 **HF** Balloon Volleyball (AL) (S)  
 3:00 Bingo (A) (JC)  
 6:00 Sunday Night Movie (LR) (S)

**28**  
 9:30 **HF** Daily Warm Up (A,L) (MM)  
 10:00 **LL** News & Current Events (A,L) (MM)  
 10:30 **EF** Checking Out the Town's  
 Halloween Decos (O) (S)  
 10:30 **J** LEGATO: Bell Choir (LR) (MM)  
 11:00 20 Questions (LR) (D)  
 1:00 **HF** Yoga with Janice (LR) (S)  
 1:30 **IS** Atria Spa Time (AA) (S)  
 2:30 **EF** Monday Matinee (AA) (S)  
 3:00 Bingo (AA) (S)  
 6:00 **CE** The Artist in Me Coloring Group (A) (S)  
 6:00 Monday Musical Movie (A,L) (S)

**29**  
 9:30 **HF** Fun With Richard  
 Simmons (LR) (JC)  
 10:00 **LL** News Today (A,L) (JC)  
 10:30 **J** LEGATO- Dance to Thriller! (A,L) (MM)  
 11:00 **IS** Storytellers (AA) (MM)  
 1:00 **HF** Get with the Groove & Move! (CY) (S)  
 2:00 Pencil to Paper Games (AA) (D)  
 2:30 **EF** Billy's Karaoke Kraze (LR) (S/D)  
 3:00 American Bandstand Bonanza (LR) (S)  
 3:00 Bingo (AA) (D)  
 6:00 Tuesday Theatrical Movies (LR) (S)  
 6:00 **CV** Coupon Clipping for Food Pantry (AA) (S)

**30**  
 9:30 **HF** Wake up with Fitness (A,L) (D)  
 10:00 **LL** Dates to Remember (A,L) (D)  
 10:30 **J** LEGATO-I Put a Spell on You! (A,L) (D)  
 11:00 Atria StoryWise™ Conversations (AA) (S)  
 1:00 **HF** Get Some Pep in Your Step! (AA) (S/D)  
 1:30 **EF** Balloon "Pumpkin Ball" (LR) (D)  
 2:00 **IS** Remember When... (LR) (D)  
 2:45 **EF** Afternoon Jaunt on the Bus (O) (g)  
 3:00 **LL** Apple Games with Debbie & Co. (A,L) (S/D)  
 3:00 Bingo (AA) (D)  
 6:00 Wednesday Comedy Shows (A,L) (S)  
 6:00 **CE** Fall Colors to Paper (AA) (S)

**31**  
 9:30 **HF** Time to Exercise (A,L) (D)  
 10:00 **LL** Daily New Report (AA) (D)  
 10:30 **J** LEGATO-Let's Do the  
 Monster Mash! (A,L) (D)  
 11:00 Who Am I? (A,L) (D)  
 1:00 **HF** Your Best Dance Moves (AA) (S/D)  
 1:30 **CE** Let's Decorate Halloween Cupcakes! (LR) (S)  
 2:30 **EF** Halloween Games! (LR) (S)  
 2:30 Hidden Words (AA) (D)  
 2:45 **IS** Breathtaking Musical Mood Setters (LR) (S)  
 3:00 Bingo (AA) (D)  
 4:30 **EF** Halloween Fun with Mary Peck! (LR) (S)  
 6:00 Movie Night- Resident Choice (LR) (S)

**ROOM LOCATION KEY:**  
 Activity Center, Living Room A,L  
 Out Trip O  
 Courtyard CY  
 Activity Area AA  
 Living Room LR  
 Assisted Living AL  
 Activity Center A  
 Dining Room DR  
 courtyard CT

**STAFF KEY:**  
 Jessica JC  
 Michelle Morea MM  
 Staff S  
 Debby D  
 Volunteer v  
 Staff / Debby S/D  
 Barbara G g  
 Resident Run rr  
 William w