

INDEPENDENT LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

Painting Class with Christine

Friday, February 2, 1:30 pm

**Bridging the Gap with
Stonybrook School**

Monday, February 5, 1:30 pm

**Mardi Gras Masquerade
Birthday Party**

Tuesday, February 13, 2:30 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

FEBRUARY 2018

ATRIA SOUTH SETAUKET Independent Living

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AW** Atria StoryWise

Engage Life Program Questions: Karyn Farrell-Multari, ELD or EL Program Instructor. Activities subject to change.

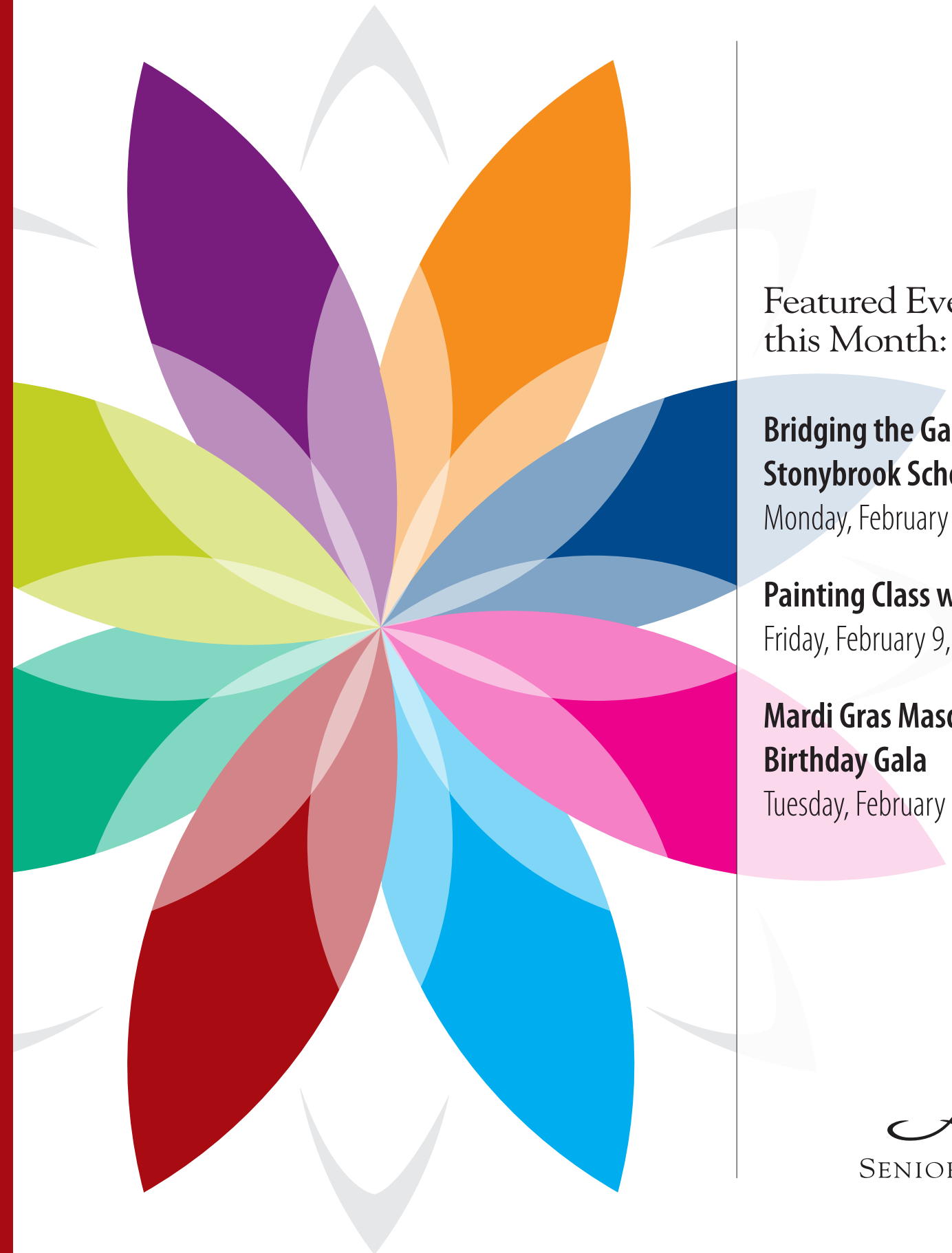
<p>Super Bowl® LII 4</p> <p>9:30 HF Strength and Balance Program (ALL) [M]</p> <p>10:15 PA Catholic Mass with Father Ted (ALT) [RR]</p> <p>10:30 HF Sunday Stretch and Shine (B) [L]</p> <p>11:00 EF Wii® Bowling (Tv) [L]</p> <p>1:15 C Sunday Soiree (Bi) [L]</p> <p>2:00 LL Who Am I? Biography/Documentary Series (Tv) [L]</p> <p>2:15 Quarter Bingo (B) [L]</p> <p>3:45 21 Casino Blackjack (G) [L]</p> <p>6:15 EF Super Bowl® LII (Bil) [R]</p> <p>7:15 Sunday Romance Movie (Tv) [R]</p>	<p>Car Service-Medical Appointment 9-5 5</p> <p>9:30 HF Motion and Meditation (ALL) [M]</p> <p>10:30 HF Move and Groove (B) [L]</p> <p>11:00 LL Wii® Bowling Challenge (Tv) [L]</p> <p>1:00 LL Afternoon at the Theater (Tv) [R]</p> <p>1:30 Bingo Bonanza (B) [L]</p> <p>1:30 CV Bridging the Gap with Stonybrook School [M]</p> <p>3:30 C Gamer's Club Happy Hour (Bi) [L]</p> <p>7:00 PA Charlie's Pick Evening Movie (Tv) [RR]</p>	<p>Car Service 9-5 6</p> <p>10:00 CV Atria Angels Knit, Crochet, Sewing Club (C) [G]</p> <p>10:00 Shopping at Walmart (O) [A]</p> <p>10:30 HF Sittercise Class (B) [L]</p> <p>10:30 CV Visit with Maryhaven Performing Arts (ALL) [N]</p> <p>11:00 LL Today in History (Bi) [L]</p> <p>12:30 EF Lunch at Kumo Japanese Steakhouse (O) [A]</p> <p>1:30 Bingo Blast (B) [L]</p> <p>1:30 HF Yoga Class with Paula (ALT) [I]</p> <p>3:30 Casino Blackjack (G) [L]</p> <p>7:00 Tuesday Drama Movie (Tv) [R]</p>	<p>Car Service-Medical Appointment 9-5 7</p> <p>9:30 IS Bible Studies with Lenny (ALT) [EM]</p> <p>9:30 HF Movement and Meditation (ALL) [M]</p> <p>10:00 C Bridge Club (G) [V]</p> <p>10:00 Shopping at Dollar Tree (O) [K]</p> <p>10:30 HF Shine and Stretch (B) [L]</p> <p>3:00 LL Book Club (ALT) [K]</p> <p>3:15 Wordplay (Bi) [L]</p> <p>6:30 C Concierge Cocktail Hour (L) [K]</p> <p>7:00 Wednesday Mystery Movie (Tv) [R]</p>	<p>Car Service 9-5 8</p> <p>9:30 HF Stretch and Shine (ALL) [N]</p> <p>10:30 HF AM Stretch (B) [L]</p> <p>11:00 Coffee Chat (Bi) [L]</p> <p>11:00 HF Food for Thought Meeting (DR) [D]</p> <p>1:00 Afternoon Comedy (Tv) [I]</p> <p>1:15 HF VNS Arthritis Fitness Class (ALT) [I]</p> <p>1:30 Quarter Bingo (B) [L]</p> <p>3:30 CE Bead Jewelry Making (C) [L]</p> <p>6:45 LL Mindteasers (L) [L]</p> <p>7:00 Throwback Thursday Movie (Tv) [R]</p>	<p>2018 Olympic Games PyeongChang 9</p> <p>9:30 HF Sittercise Class (ALL) [D]</p> <p>10:00 CE Atria Angels Knitting/Sewing Club (C) [G]</p> <p>10:00 Grocery Shopping (O) [A]</p> <p>10:30 HF Motion To Music (B) [K]</p> <p>1:30 Bingo Blitz (B) [A]</p> <p>1:30 CE Painting Class with Christine (ALL) [I]</p> <p>2:45 LL Computer Class (Li) [V]</p> <p>3:30 Cocktail Hour (Bi) [Ki]</p> <p>4:30 PA Jewish Service (M) [RR]</p> <p>7:00 Friday Classic Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 10</p> <p>9:30 HF Move and Groove (ALL) [N]</p> <p>10:00 IS Christian Services (ALT) [V]</p> <p>10:30 HF Dancercise Class (B) [Ki]</p> <p>11:00 HF Mind Games (Bi) [Ki]</p> <p>1:00 EF New Release Afternoon Movie (Tv) [Ki]</p> <p>1:30 Bingo Bucks (B) [Ki]</p> <p>2:45 EF Saturday Sundaes (ALL) [D]</p> <p>3:30 EF Cocktail Hour (Bi) [Ki]</p> <p>7:00 LL Classical Piano with Kim (L) [Ki]</p> <p>7:15 Saturday Night Comedy (Tv) [R]</p>
<p>2018 Winter Olympic Games 11</p> <p>9:30 HF Movement and Meditation (ALL) [M]</p> <p>10:15 PA Catholic Mass with Father Ted (ALT) [RR]</p> <p>10:30 HF Sunday Stretch and Shine (B) [L]</p> <p>11:00 EF Wii® Bowling (Tv) [L]</p> <p>1:15 EF Sunday Soiree (Bi) [L]</p> <p>1:30 C Piano Recital by Students of Dan Fogel (ALL) [M]</p> <p>2:30 Bingo Bonanza (B) [L]</p> <p>3:45 Casino Blackjack (C) [L]</p> <p>7:15 Evening Romance Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 12</p> <p>Car Service-Medical Appointment 9-5</p> <p>9:30 HF Motion and Meditation (ALL) [M]</p> <p>10:30 HF Move and Groove (B) [L]</p> <p>11:00 LL 1001 World Wonders (B) [L]</p> <p>1:00 LL Afternoon at the Theater (Tv) [L]</p> <p>1:30 Bingo Bonanza (B) [L]</p> <p>1:30 CV Bridging the Gap Bingo (ALL) [M]</p> <p>3:30 EF Gamers Club Happy Hour (Bi) [L]</p> <p>7:00 PA Charlie's Pick Evening Movie (Tv) [RR]</p>	<p>2018 Winter Olympic Games 13</p> <p>Car Service 9-5</p> <p>Mardi Gras</p> <p>10:00 CV Atria Angels Knitting/Sewing Club (C) [G]</p> <p>10:00 Shopping at Walmart (O) [A]</p> <p>10:30 HF Functional Movement Class (B) [L]</p> <p>11:00 LL History of Mardi Gras (B) [L]</p> <p>1:30 Bingo Bonanza (B) [L]</p> <p>1:30 HF Yoga Class with Paula (ALL) [I]</p> <p>2:30 EF Mardi Gras Masquerade Birthday Party (ALL) [K]</p> <p>5:30 EF Taste of New Orleans Dinner (DR) [I]</p> <p>7:00 Tuesday Night Movie (Tv) [R]</p>	<p>Ash Wednesday Valentine's Day 14</p> <p>9:30 IS Bible Study with Lenny (ALT) [V]</p> <p>9:30 HF Strength and Balance Program (ALL) [M]</p> <p>10:15 IS Ash Wednesday Ashes with Father Ted (B) [RR]</p> <p>10:30 HF Shine and Stretch (B) [L]</p> <p>1:30 Bingo Bonanza (B) [L]</p> <p>1:30 LL Book Club (ALT) [K]</p> <p>3:30 C Cranium® Crunches Trivia (Bi) [L]</p> <p>5:30 EF Valentine's Dinner (DR) [I]</p> <p>6:30 C Valentine Cocktail Hour (L) [K]</p> <p>7:00 Romantic Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 15</p> <p>Car Service 9-5</p> <p>10:30 HF Strength and Balance Program (B) [L]</p> <p>11:00 AW StoryWise Session (Bi) [L]</p> <p>1:00 EF Afternoon Comedy (Tv) [L]</p> <p>1:15 HF VNS Fitness Exercise Class (ALT) [I]</p> <p>1:30 Bingo Blitz (B) [L]</p> <p>3:00 CE Creative Crafts with Karyn (C) [K]</p> <p>3:30 HF Wordplay (Bi) [L]</p> <p>7:00 HF Cranium® Crunches (Bi) [L]</p> <p>7:00 Throwback Thursday Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 16</p> <p>9:30 HF Motion to Music (ALL) [N]</p> <p>10:00 CV Atria Angels Masquerade Mask Making (C) [G]</p> <p>10:00 Grocery Shopping (O) [A]</p> <p>10:30 HF Motion to Music (B) [K]</p> <p>1:30 CE Painting Class with Christine (C) [I]</p> <p>2:45 LL Computer Class (Li) [V]</p> <p>3:30 PA Ambassadors Welcome Cocktail Hour (Bi) [Ki]</p> <p>4:30 PA Jewish Service (M) [RR]</p> <p>7:00 Friday Classic Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 17</p> <p>9:30 HF Motion and Meditation (ALL) [N]</p> <p>10:00 IS Christian Services (ALT) [V]</p> <p>10:30 HF Dancercise Class (B) [Ki]</p> <p>11:00 LL Matter of Fact (Bi) [Ki]</p> <p>1:00 New Release Afternoon Movie (Tv) [R]</p> <p>1:30 Saturday Bingo Blitz (B) [Ki]</p> <p>2:45 EF Saturday Sundaes (ALL) [D]</p> <p>3:30 C Cocktail Hour (Bi) [Ki]</p> <p>7:00 LL Language 101 (B) [Ki]</p> <p>7:00 Saturday Night Comedy (Tv) [R]</p>
<p>2018 Winter Olympic Games 18</p> <p>9:30 HF Stretch and Shine (ALL) [M]</p> <p>10:15 PA Catholic Mass with Father Ted (ALT) [RR]</p> <p>10:30 HF Sunday Stretch and Shine (B) [L]</p> <p>11:00 EF Wii® Bowling (Tv) [L]</p> <p>1:15 C Sunday Soiree (Bi) [L]</p> <p>1:45 Afternoon New Release Movie (Tv) [L]</p> <p>2:15 Quarter Bingo (G) [L]</p> <p>4:00 Casino Blackjack (B) [L]</p> <p>7:15 Evening Romance Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 19</p> <p>Car Service-Medical Appointment 9-5</p> <p>Presidents' Day</p> <p>9:30 HF Functional Movement Exercise (ALL) [M]</p> <p>10:30 HF Move and Groove (B) [L]</p> <p>11:00 LL President's Day Challenge (Bi) [L]</p> <p>1:30 Bingo Blitz (B) [L]</p> <p>2:00 LL Who Am I? Biography/Documentary Series (Tv) [L]</p> <p>3:30 C Gamers Club Happy Hour (Bi) [L]</p> <p>7:00 PA Charlie's Pick Evening Movie (Tv) [RR]</p>	<p>2018 Winter Olympic Games 20</p> <p>Car Service 9-5</p> <p>10:00 CV Atria Angels Knit, Crochet, Sewing Club (C) [G]</p> <p>10:00 Shopping at Walmart (O) [K]</p> <p>10:30 HF Functional Movement Class (B) [L]</p> <p>11:00 LL World Travelers: Google™ Earth (B) [L]</p> <p>12:30 EF Lunch at Red Lobster (O) [A]</p> <p>1:30 Bingo Bonanza (B) [L]</p> <p>1:30 HF Yoga Class with Paula (ALL) [I]</p> <p>3:30 Casino Blackjack (Tv) [L]</p> <p>7:00 Tuesday Drama Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 21</p> <p>Car Service-Medical Appointment 9-5</p> <p>9:30 IS Bible Study with Lenny (ALT) [V]</p> <p>9:30 HF Functional Movement Exercise Class (ALL) [M]</p> <p>10:00 C Bridge Club (G) [V]</p> <p>10:30 HF Matter of Balance Class (B) [L]</p> <p>11:00 HF You be the Judge (Bi) [L]</p> <p>1:30 Bingo Blitz (B) [L]</p> <p>3:00 LL Book Club (ALT) [K]</p> <p>3:30 Casino Blackjack (G) [L]</p> <p>6:30 C Concierge Club Cocktail Hour (L) [K]</p>	<p>2018 Winter Olympic Games 22</p> <p>Car Service 9-5</p> <p>10:30 HF Strength and Balance Program (B) [L]</p> <p>11:00 AW StoryWise Session (Bi) [L]</p> <p>1:15 Afternoon Movie (Tv) [R]</p> <p>1:15 HF VNS Arthritis Exercise Class (ALT) [I]</p> <p>1:30 Bingo Bucks (B) [L]</p> <p>3:30 Wheel of Fortune® (B) [L]</p> <p>3:30 LL Words of the Day Results (ALL) [M]</p> <p>7:00 HF Cranium® Crunches (Bi) [L]</p>	<p>2018 Winter Olympic Games 23</p> <p>9:30 HF Strength and Balance Program (ALL) [N]</p> <p>10:00 CV Atria Angels Knitting/Sewing Club (ALL) [V]</p> <p>10:00 Grocery Shopping (O) [A]</p> <p>10:30 HF Functional Movement Exercise Class (B) [Ki]</p> <p>11:00 PA Engage Life® Program Planning (B) [K]</p> <p>1:15 CE Painting Class (ALL) [I]</p> <p>1:30 Bingo Blitz (B) [Ki]</p> <p>2:45 LL Computer Class (Li) [V]</p> <p>3:30 EF Cocktail Hour (Bi) [A]</p> <p>4:30 PA Jewish Service (M) [RR]</p> <p>7:00 Friday Classic Movie (Tv) [R]</p>	<p>2018 Winter Olympic Games 24</p> <p>9:30 HF Matter of Balance Class (MOB) (ALL) [N]</p> <p>10:00 IS Christian Services (ALT) [EM]</p> <p>10:30 HF Dancercise Class (B) [J]</p> <p>11:00 LL Words within a Word (Bi) [Ki]</p> <p>1:00 Sunday Afternoon Movie (Tv) [R]</p> <p>1:30 Bingo (B) [J]</p> <p>2:45 EF Saturday Sundaes (ALL) [D]</p> <p>3:30 EF Cocktail Hour (Bi) [Ki]</p> <p>7:00 LL Classical Piano with Kim (L) [Ki]</p> <p>7:15 Saturday Night Comedy (Tv) [R]</p>
<p>2018 Winter Olympic Closing Ceremony 25</p> <p>9:30 HF Strength and Balance Program (ALL) [M]</p> <p>10:15 PA Catholic Mass with Father Ted (ALT) [RR]</p> <p>10:30 HF Sunday Stretch and Shine (B) [L]</p> <p>11:00 EF Wii® Bowling (Bi) [L]</p> <p>1:15 C Sunday Soiree (Bi) [L]</p> <p>2:00 LL An Afternoon at the Opera (Tv) [L]</p> <p>2:30 Quarter Bingo (G) [L]</p> <p>3:45 Casino Blackjack (G) [L]</p> <p>7:00 Sunday Drama (Tv) [R]</p>	<p>Car Service-Medical Appointment 9-5 26</p> <p>9:30 CV Bridging the Gap with Stonybrook School (ALL) [M]</p> <p>9:30 HF Motion and Meditation (ALL) [M]</p> <p>10:30 HF Shine and Stretch (B) [L]</p> <p>11:00 HF Scattergories® with Linda (Bi) [L]</p> <p>11:00 LL Wii® Bowling (Tv) [L]</p> <p>1:00 LL Afternoon At the Theater (Tv) [L]</p> <p>1:30 Bingo Blitz (B) [L]</p> <p>3:30 EF Gamers Club Happy Hour (Bi) [L]</p> <p>7:15 PA Charlie's Movie Pick (Tv) [RR]</p>	<p>Car Service 9-5 27</p> <p>10:00 CE Atria Angels Knit, Crochet, Sewing Club (C) [G]</p> <p>10:00 Shopping at Walmart (O) [A]</p> <p>10:30 HF Exercise Class (B) [L]</p> <p>11:00 LL Today's Headlines with Linda (Bi) [L]</p> <p>12:30 EF Lunch at Café Amici (O) [A]</p> <p>1:30 LL Bingo Blitz (B) [L]</p> <p>1:30 HF Yoga Class with Paula (ALL) [I]</p> <p>3:30 EF Wii® Bowling Challenge (G) [L]</p> <p>7:00 Evening Drama Movie (Tv) [R]</p>	<p>Car Service-Medical Appointment 9-5 28</p> <p>9:30 IS Bible Study with Lenny (ALT) [V]</p> <p>9:30 HF Move and Groove (ALL) [M]</p> <p>10:00 C Bridge Club (G) [V]</p> <p>10:30 HF Matter of Balance Class (MOB) (B) [L]</p> <p>11:00 HF Word Power (Bi) [L]</p> <p>1:30 Dime Bingo (G) [L]</p> <p>3:30 21 Casino Blackjack (G) [L]</p> <p>6:30 C Concierge Club Cocktail Hour (L) [K]</p>	<p>ROOM LOCATION KEY:</p> <p>Bingo Room B Game Room G</p> <p>Bistro Bi Billard Room Bil</p> <p>AL Theater Chapel ALT Dining Room DR</p> <p>Craft room C</p> <p>Television Room Tv</p> <p>AL Living Room ALL</p> <p>Outing O</p> <p>Library Li</p> <p>Men's Club Room M</p> <p>Lobby L</p> <p>STAFF KEY:</p> <p>Linda L</p> <p>Instructor I</p> <p>Karyn K</p> <p>Receptionist R</p> <p>Nancy N</p> <p>Gail G</p> <p>Andrea A</p> <p>Volunteer V</p> <p>Resident Run RR</p> <p>Eucharistic Minister EM</p> <p>Kim Ki</p> <p>Dayna D</p> <p>Melanie M</p> <p>Jimmy J</p>		

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ASSISTED LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Bridging the Gap with
Stonybrook School**
Monday, February 5, 1:30 pm

Painting Class with Christine
Friday, February 9, 1:30 pm

**Mardi Gras Masquerade
Birthday Gala**
Tuesday, February 13, 2:30 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

FEBRUARY 2018

ATRIA SOUTH SETAUKET a s s i s t e d l i v i n g

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

Super Bowl® LII 4
 9:30 **HF** Sunday Stretch and Shine (L) [M]
 10:15 **PA** Catholic Mass with Father Ted (T) [CP]
 10:30 **HF** Matter of Balance Class (MOB) (ILB) [L]
 11:00 **LL** Sunday Funday App (L) [M]
 1:15 **LL** America Experiences Series (T) [R]
 1:30 Bingo Bucks (B) [M]
 3:30 Left, Right, Center (B) [M]
 6:00 **EF** Super Bowl® LII (B) [RR]
 6:15 Sunday Night Movie (T) [F]

Medical Appointment Car Service 9-5 5
 9:30 **HF** Motion and Meditation (L) [D]
 10:30 **HF** Move and Groove with Linda (ILB) [L]
 10:30 Pokeno® with Dayna (B) [D]
 1:15 **LL** Day at the Theater (T) [R]
 1:30 **CV** Bridging the Gap with Stonybrook School (B) [D]
 3:30 Casino Blackjack (B) [D]
 6:15 Monday Musical (T) [F]

Car Service 6
 9:30 **HF** Functional Movement Exercise (L) [M]
 10:00 **CE** Crochet/Knitting/Sewing Club (ILC) [G]
 10:00 Shopping at Walmart (O) [A]
 10:00 **HF** Wheel of Fortune® (B) [D]
 10:30 **CV** Visit with Maryhaven Perf. Arts (L) [M]
 12:30 **EF** Lunch at Kumo Japanese Steakhouse (O) [A]
 1:15 **HF** Yoga Class with Paula (T) [I]
 2:30 Bingo Bonanza (B) [D]
 3:30 Golf Putting (B) [D]
 6:15 Tuesday Night at the Theater (T) [R]

Medical Appointment Car Service 9-5 7
 9:30 **IS** Bible Studies (T) [V]
 9:30 **HF** Movement and Meditation (L) [M]
 10:00 **EF** Shopping at Dollar Tree (O) [K]
 10:30 **CE** StoryWise (B) [M]
 10:30 **HF** Strength and Balance Program (ILB) [L]
 1:30 Bingo Bonanza (L) [M]
 3:00 **LL** Book Club (T) [K]
 3:30 Shuffleboard (L) [M]
 6:15 Charlie's Pick Movie (T) [RR]
 6:30 **C** Concierge Cocktail Hour (ILL) [K]

Car Service 9-5 8
 9:30 **HF** Stretch and Shine
 10:00 **IS** Rosary and Prayer (T) [V]
 10:00 **LL** Today in History (B) [M]
 10:30 **HF** Strength and Balance Program (IBI) [L]
 11:00 **EF** Food for Thought Meeting (T) [DCS]
 1:15 **HF** VNS Physical Therapy Exercise Class (T) [I]
 1:30 Bingo Bucks (B) [M]
 3:30 **CE** Creative Writing (B) [M]
 6:00 **HF** Wheel of Fortune® (B) [L]
 6:15 Dan's' Evening Pick Movie (T) [R]

2018 Olympic Games Pyeongchang 9
 9:30 **HF** Sittercise Class (L)
 10:00 Grocery Shopping (O) [A]
 10:30 **CV** Atria Angels Knitting/Sewing Club (B) [G]
 10:30 Pokeno® with Dayna (B) [D]
 10:30 **HF** Strength and Balance Program (ILB) [K]
 1:00 **LL** Computer Class (L) [V]
 1:30 **CE** Painting Class with Christine (B) [I]
 3:15 Shuffleboard (B) [D]
 4:30 **IS** Sabbath Services (ILM) [RR]
 6:15 Friday Night Classic (T) [R]

2018 Winter Olympic Games 10
 9:30 **HF** Move and Groove (L)
 10:00 **IS** Christian Service (T) [HLC]
 10:30 **HF** Anagrams (L)
 10:30 **HF** Strength and Balance Program (ILB) [Ki]
 1:30 Saturday Special Bingo (B)
 2:30 **C** Saturday Sundaes (L) [DCS]
 3:30 Casino Blackjack (B)
 6:00 **HF** Engage Your Brain (EYB) (B) [Ki]
 6:15 Saturday Night Comedy (T) [F]

2018 Winter Olympic Games 11
 9:30 **HF** Motion and Meditation (L) [M]
 10:15 **PA** Catholic Mass with Father Ted (T) [CP]
 10:30 **HF** Goal Setting Fitness Challenge (ILB) [L]
 11:00 Sunday Funday Apps (B) [M]
 1:15 **LL** American Experiences (T) [R]
 1:30 **CV** Piano Recital with students of Dan Fogel (L) [M]
 3:00 Casino Blackjack (B) [M]
 6:15 Evening Romance Movie (T) [R]

2018 Winter Olympic Games 12
Medical Appointment Car Service 9-5
 9:30 **HF** Stretch and Shine (L) [M]
 10:00 **LL** Today in the News (B) [D]
 10:30 **HF** Matter of Fact (B) [D]
 10:30 **HF** Strength and Balance Program (ILB) [L]
 1:15 **LL** History of Mardi Gras (T) [R]
 1:30 **CV** Bridging the Gap Bingo (B) [D]
 3:00 **CE** Masquerade Mask Making (L) [M]
 6:15 Monday Musical (T) [R]

2018 Winter Olympic Games 13
Car Service
Mardi Gras
 9:30 **HF** Movement and Meditation (L) [M]
 10:00 **CV** Knitting/Sewing for a Cause (ILC) [G]
 10:00 Shopping at Walmart (O) [K]
 10:30 **LL** Reminiscence (B) [M]
 1:15 **HF** Yoga Class with Paula (T) [I]
 2:30 **EF** Mardi Gras Masquerade Birthday Gala (L) [K]
 5:00 **EF** Taste of New Orleans Dinner (L) [DCS]
 6:15 Tuesday Night at the Theater (T) [F]

Ash Wednesday Valentine's Day 14
 9:30 **IS** Bible Studies (T) [V]
 9:30 **HF** Strength and Balance Program (L)
 10:30 **CE** StoryWise Sessions (B) [M]
 10:30 **HF** Strength and Balance Program (B) [L]
 1:30 Bingo Bonanza (B) [M]
 1:30 **LL** Book Club (T) [K]
 3:00 Valentine's Surprise (B) [M]
 5:00 **EF** Valentine's Day Dinner (DR) [DCS]
 6:15 Charlie's Pick Movie (T) [RR]
 6:30 **C** Concierge Club (ILL) [K]

2018 Winter Olympic Games 15
Car Service 9-5
 9:30 **HF** Sittercise Class (L)
 10:00 **IS** Rosary and Prayer (T) [V]
 10:30 **HF** Strength and Balance Program (ILB) [L]
 10:30 **CV** Visit with Maryhaven Performing Arts (L) [M]
 11:00 **HF** Nutrition Lecture with Jaimie (B) [I]
 1:15 **HF** VNS Physical Therapy Exercise Class (T) [I]
 2:15 Bingo Blitz (B) [M]
 3:30 **HF** Words of the Week Results (B) [M]
 6:00 **HF** Cranium® Crunches (L) [L]
 6:15 Dan's' Evening Pick Movie (T) [R]

2018 Winter Olympic Games 16
 9:30 **HF** Motion to Music (L)
 10:00 **CV** Atria Angels Sewing, Knit, Crochet Club (ILC) [G]
 10:00 Grocery Shopping (O) [A]
 10:30 **HF** Matter of Balance Class (MOB) (ILB) [K]
 10:30 **HF** Words within a Word (B) [D]
 1:00 **LL** Computer Clinic (L) [V]
 1:30 Bingo Bonanza (B)
 3:30 Shuffleboard (L) [D]
 4:30 **PA** Sabbath Services (ILM) [RR]
 6:15 Friday Night Classic (T) [R]

2018 Winter Olympic Games 17
 9:30 **HF** Sittercise Class (L)
 10:00 **IS** Christian Service (T) [HLC]
 10:30 Morning Pokeno® (B)
 10:30 **HF** Strength and Balance Program (ILB) [Ki]
 1:30 Bingo Bonanza (B) [D]
 2:30 **C** Saturday Sundaes (L) [DCS]
 3:30 Casino Blackjack (L)
 6:00 **HF** Engage Your Brain (EYB) (B) [Ki]
 6:15 Saturday Night Comedy (T) [F]

2018 Winter Olympic Games 18
 9:30 **HF** Sunday Stretch and Shine (L) [M]
 10:15 **PA** Catholic Mass with Father Ted (T) [CP]
 10:30 **HF** Strength and Balance Program (ILB) [L]
 11:00 Sunday Funday Apps (B) [M]
 1:15 **LL** American Experience (T) [R]
 1:30 Family Fun Bingo (B) [M]
 3:30 Left, Right, Center (B) [M]
 6:15 Evening Romance Movie (T) [F]

2018 Winter Olympic Games 19
Medical Appointment Car Service 9-5 Presidents' Day
 9:30 **HF** Functional Movement Exercise (L) [D]
 10:00 **PA** Rosary and Prayer (T) [RR]
 10:00 **LL** Today's Headlines (B) [D]
 10:30 **HF** Move and Groove with Linda (ILB) [L]
 10:30 **LL** Presidents' Day Challenge (B) [D]
 1:15 **LL** Documentary Today (T) [R]
 1:30 **EF** Bingo Bonanza (B) [D]
 3:30 Golf Putting (L) [D]
 6:15 Monday Musical (T) [F]

2018 Winter Olympic Games 20
Car Service
 9:30 **HF** Motion and Meditation (L) [M]
 10:00 **CE** Knitting/Sewing for a Cause (ILC) [G]
 10:00 Shopping at Walmart (O) [A]
 10:30 Taboo® with Melanie (B) [M]
 12:30 **EF** Lunch at Red Lobster (O) [A]
 1:15 **HF** Yoga Class with Paula (T) [I]
 2:15 Shuffleboard (L) [D]
 2:30 **EF** Afternoon at the Movies (T) [R]
 3:30 **EF** Casino Blackjack (B) [D]
 6:15 Tuesday Night at the Theater (T) [F]

2018 Winter Olympic Games 21
Medical Appointment Car Service 9-5
 9:30 **IS** Bible Studies (T) [V]
 9:30 **HF** Functional Movement Exercise (L) [M]
 10:30 **HF** Shine and Stretch (ILB) [L]
 10:30 **CE** StoryWise Sessions (B) [M]
 1:30 Aromatherapy with Melanie (B) [M]
 3:00 **LL** Book Club (T) [K]
 4:00 Casino Blackjack (B) [M]
 6:15 Charlie's Pick Movie (T) [RR]
 6:30 **C** Concierge Cocktail Club (ILL) [K]

2018 Winter Olympic Games 22
Car Service 9-5
 9:30 **HF** Functional Movement Exercise (L)
 10:00 **IS** Rosary and Prayer (T) [V]
 10:30 **LL** Reminiscence: This is your Life (B) [M]
 1:15 **HF** VNS Physical Therapy Exercise Class (T) [I]
 2:15 Casino Blackjack (B) [M]
 3:15 **CE** Creative Writing (B) [M]
 6:00 **HF** Wheel of Fortune® (B) [L]
 6:15 Dan's' Evening Pick Movie (T) [R]

2018 Winter Olympic Games 23
 10:00 **CV** Atria Angels Sew, Knit, Crochet Club (ILC) [G]
 10:00 Grocery Shopping (O) [A]
 10:00 **HF** Stretch and Shine (T)
 10:30 Pokeno® (B)
 10:30 **HF** Strength and Balance Program (ILB) [K]
 1:00 **LL** Computer Clinic (L) [V]
 1:30 **CE** Painting Class (B) [I]
 3:30 Casino Blackjack (B) [D]
 4:30 **IS** Sabbath Services (ILM) [RR]
 6:15 Evening Movie (T) [F]

2018 Winter Olympic Games 24
 9:30 **HF** Motion and Meditation (L) [M]
 10:00 **IS** Christian Service (T) [HLC]
 10:30 Scattergories® with Dayna (B) [D]
 10:30 **HF** Strength and Balance Program (ILB) [Ki]
 1:30 Saturday Bingo Special (L)
 2:30 **C** Saturday Sundaes (L) [DCS]
 3:30 Casino Blackjack (B) [D]
 6:00 **HF** Engage Your Brain (EYB) (B) [Ki]
 6:15 Saturday Night Comedy (T) [R]

2018 Olympic Games Closing Ceremony 25
 9:30 **HF** Sunday Stretch and Shine (L) [M]
 10:15 **PA** Catholic Mass with Father Ted (T) [CP]
 10:30 **HF** Sittercise with Linda (ILB) [L]
 11:00 **C** Sunday Apps (B) [M]
 1:15 **LL** American Experiences (T) [R]
 1:30 Family Fun Bingo (B) [M]
 3:00 Table Top Games and Cards (L) [RR]
 3:30 Left, Right, Center (B) [M]
 6:15 Evening Romance Movie (T) [F]

Medical Appointment Car Service 9-5 26
 9:30 **HF** Exercise Class (L) [M]
 10:00 **IS** Rosary and Prayer (T) [RR]
 10:30 **HF** Shine and Stretch (ILB) [L]
 10:30 Wheel of Fortune® (B) [D]
 1:00 **LL** World Travels (T) [R]
 1:30 Bingo Bonanza (B) [M]
 3:15 **CE** Creative Crafts (L) [M]
 6:15 Monday Musicals (T) [F]

Car Service 27
 9:30 **HF** Movement and Meditation (L) [M]
 10:00 **CV** Crochet, Knit or Sewing for a Cause (ILC) [G]
 10:00 Shopping at Walmart (O) [K]
 10:30 **LL** Word Play (B) [M]
 12:30 **EF** Lunch at Café Amici's (O) [A]
 1:15 **HF** Yoga Class with Paula (T) [I]
 2:30 Bingo Bonanza (B) [D]
 3:30 **EF** Casino Blackjack (B)
 6:15 Tonight at the Theater (T) [R]

Medical Appointment Car Service 9-5 28
 9:30 **IS** Bible Studies (T) [V]
 9:30 **HF** Move and Groove (L) [J]
 10:30 **HF** Matter of Balance Class (MOB) (ILB) [L]
 10:30 **CE** StoryWise Sessions (B) [M]
 1:30 Bingo Blitz (B) [M]
 3:00 **LL** Book Club (T) [K]
 4:00 Shuffleboard (L) [M]
 6:15 Charlie's Pick Movie (T) [RR]
 6:30 **C** Concierge Club (ILL) [K]

ROOM LOCATION KEY:
 Living Room L
 Theater Chapel T
 Bingo Area B
 IL Craft Room ILC
 Outing O
 IL Bingo Room ILB
 IL Men's Club Room ILM
 IL Lobby ILL
 IL Bistro IBI
 Dining Room DR

STAFF KEY:
 Resident Run RR
 Melanie M
 Karyn K
 Instructor I
 Linda L
 Receptionist R
 Professor Gail G
 Andrea A
 Dayna D
 Volunteer V

Front Desk F
 Chef DCS
 Kim Ki
 Catholic Priest CP
 Hope Lutheran Church HLC
 Jimmy J

Engage Life Program Questions: Karyn Farrell-Multari, ELD or EL Program Instructor. Activities subject to change.

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