

INDEPENDENT LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Birthday Party
Honoring Ann's 101st**
Tuesday, September 10, 3:00 PM

**Current Events with
Prof. John Merenda**
Thursday, September 12, 2:00 PM

**Rowing Event with
Sagamore Rowing**
Tuesday, September 24, 10:30 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SEPTEMBER 2019

ATRIA SOUTH SETAUKET Independent Living

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

9:30 **HF** Strength and Balance Program (ALL) (M)

10:15 **IS** Catholic Mass with Father Ted (ALT) (RR)

10:30 **HF** Sunday Stretch and Shine (B) (L)

11:00 **EF** Wii® Bowling (Tv) (L)

11:00 **LL** iPad® Sunday Apps Snap Chat (ALL) (M)

1:15 **C** Sunday Soiree (Bi) (L)

2:00 **EF** Sunday Matinee (Tv) (L)

2:30 **HF** Stretch Meditation (ALL) (M)

3:00 Bingo Bucks (B) (L)

7:15 Sunday Funday Movie (Tv) (R)

2 Labor Day

9:15 Atria Car Service (O) (A)

9:30 **HF** Concept 2 Rowing Training (ALL) (S)

10:00 **PA** Mahjong Players Club (ALL) (RR)

10:30 **HF** Shine and Stretch (B) (L)

11:00 **C** Bingo Blitz (B) (L)

1:00 **EF** Labor Day Barbecue (DR) (C)

2:45 **HF** Walking Club (ALL) (L)

3:00 **C** Cocktail Hour (Bi) (L)

7:15 Monday Mystery (Tv) (RR)

3

9:15 Atria Car Service (O) (S)

9:30 **HF** Matter of Balance Class (MOB) (ALL) (M)

10:00 Shopping at Walmart (O) (A)

10:30 **HF** Body Balance (B) (L)

11:00 Bingo Blitz (Bi) (L)

12:30 **EF** Lunch at Kumo Japanese Steakhouse (O) (A)

1:30 **HF** Stretch Meditation and Aromatherapy (Tv) (M)

3:00 Bocce Ball (OT) (RR)

3:30 **EF** Cocktail Hour (Bi) (L)

7:15 Tuesday Drama (Tv) (R)

4

9:15 Atria Car Service (O) (A)

9:30 **HF** Strength and Balance Program (ALL) (M)

10:00 **C** Bridge Club (G) (V)

10:30 **HF** Shine and Stretch (B) (L)

11:00 Brainteasers (Bi) (L)

1:30 Dime Bingo (B) (L)

3:00 **HF** Stretch Meditation and Aromatherapy (ALT) (M)

3:30 Casino Blackjack (Bi) (L)

6:30 **C** Concierge Cocktail Hour (L) (K)

7:00 **IS** Spiritual Connections with Wally (B) (RR)

7:15 **EF** Wednesday Comedy Movie (Tv) (R)

5

9:30 **HF** Tai Chi Exercise Class for Arthritis (ALL) (G)

10:00 **IS** Rosary and Prayer (ALT) (V)

10:30 **CV** Atria Angels Knit/Crochet Sewing Club (C) (G)

11:00 **PA** Engage Life® Calendar Planning Meeting (ALT) (K)

1:00 **CV** Mens' Workshop (C) (G)

1:30 Bingo Blitz (B) (L)

2:30 **HF** Walking Club (OT) (RR)

3:30 **C** Cocktail Hour (Bi) (L)

6:00 **C** Casino Night (ALL) (L)

7:15 Throwback Thursday Movie (Tv) (R)

6

9:30 **HF** Strength and Balance Program (ALL) (S)

10:00 Shopping at Stop N Shop (O) (A)

10:00 **PA** Mahjong Club (ALL) (RR)

10:30 **HF** Stretchology (B) (K)

1:30 Bingo (Bi) (A)

1:30 **CE** Expression of Art Painting Class (C) (I)

1:30 **EF** HBO Series: Game of Thrones (ALT) (R)

2:45 **HF** Concept 2 Rowing (ALT) (A)

3:30 **C** Cocktail Hour (Bi) (K)

4:30 **PA** Shabbat Candle Lighting Services (M) (RR)

7:15 Friday Night Mystery Movie (Tv) (R)

7

9:30 **HF** Strength and Balance Program (B)

10:00 **IS** Christian Services (ALT) (EM)

10:30 **HF** Stretching for Health with Seymour (B) (RR)

11:00 **LL** Chronologically Speaking (Bi) (K)

1:15 Saturday Matinee (Tv) (Ki)

1:30 Bingo Bucks (B) (K)

2:30 **EF** Saturday Sundaes (ALL) (C)

3:30 **C** Cocktail Hour (Bi) (K)

6:00 **EF** Saturday Piano Sing Along with Dan (ALL) (I)

7:15 Saturday Saga (Tv) (R)

8 Grandparents Day

9:30 **HF** Movement and Meditation (ALL) (M)

10:15 **IS** Catholic Mass with Father Ted (ALT) (RR)

10:30 **HF** Sunday Stretch and Shine (B) (L)

11:00 **LL** Sunday Snap Chats (ALT) (M)

11:00 **EF** Wii® Bowling (Tv) (L)

1:30 Quarter Bingo (B) (L)

2:00 **EF** Sunday Funday Matinee (Tv) (L)

2:30 **EF** Grandparents Day Sundaes (ALL) (C)

2:45 **HF** Stretch Meditation (ALL) (M)

3:30 **C** Cocktail Hour (Bi) (L)

7:15 Sunday Funday Movie (Tv) (R)

9

9:15 Atria Car Service (O) (A)

9:30 **HF** Concept 2 Rowing Training (ALL) (S)

10:00 **PA** Mahjong Players Club (Tv) (RR)

10:30 **HF** Shine and Stretch (B) (L)

11:00 **CE** Beadworks Jewelry Making (C) (L)

1:30 Bingo Bonanza (B) (L)

2:30 **PA** Table Top Game Group (Bi) (RR)

2:45 **HF** Walking Club (ALL) (L)

3:30 **EF** Cocktail Hour (Bi) (L)

7:15 Monday Mystery (Tv) (RR)

10

9:15 Atria Car Service (O) (S)

9:30 **HF** Strength and Balance Program (ALL) (D)

10:00 Shopping at Walmart (O) (A)

10:00 **HF** Tai Chi Exercise Class (B) (L)

11:00 Yahtzee™ and Table Top Games (Bi) (L)

1:00 Fast Play Bingo (B) (L)

2:00 **IS** Holy Mass with Pastor Gregory Rannazzisi (ALT) (P)

2:30 **HF** Walking Club (OT) (M)

3:00 **EF** Birthday Party Honoring Ann's 101st (ALL) (K)

4:00 **C** Cocktail Hour (L) (L)

7:15 Tuesday Drama (Tv) (R)

11 Patriot Day

9:15 Atria Car Service (O) (A)

9:30 **HF** Stretch Meditation (ALL) (M)

10:00 **C** Bridge Players Club (G) (V)

10:30 **HF** Shine and Stretch (B) (L)

11:00 Bingo (B) (L)

1:30 **EF** Patriotic Piano Sing Along with Dan (L) (I)

3:00 **IS** Stretch, Meditation and Aromatherapy (ALT) (M)

3:30 Wheel of Fortune® (B) (L)

6:30 **C** Concierge Cocktail Hour (Bi) (K)

7:00 **IS** Spiritual Connections with Wally (B) (RR)

7:15 **EF** Wednesday Comedy Movie (Tv) (R)

12

9:15 Atria Car Service (O) (S)

9:30 **HF** Tai Chi for Arthritis / Fall Prevention (ALL) (G)

10:00 Shopping at Dollar Tree (ALL) (C)

10:00 **IS** Rosary and Prayer (ALT) (V)

10:30 **CV** Atria Angels Knit,Crochet,Sewing Club (C) (G)

1:00 **CV** Mens' Workshop (C) (G)

1:15 **HF** VNS Exercise Class (ALT) (I)

2:00 **LL** Current Events with Prof. John Merenda (Tv) (P)

3:30 **C** Cocktail Hour (Bi) (L)

6:00 **EF** Casino Night (ALL) (L)

7:15 Throwback Thursday Movie (Tv) (R)

13

9:30 **HF** Flexibility and Balance (ALL) (D)

10:00 Shopping at Stop N Shop (O) (A)

10:00 **PA** Mahjong Players Club (ALL) (RR)

10:30 **HF** Stretchology (B) (K)

11:00 **HF** Food for Thought Meeting (ALT) (C)

1:30 Bingo (B) (A)

1:30 **CE** Expression of Art Painting Class (C) (I)

1:30 HBO Series: Games of Thrones (ALT) (R)

2:45 **HF** Concept 2 Rowing (ALT) (A)

3:30 **C** Cocktail Hour (Bi) (A)

4:30 **PA** Shabbat Candle Lighting Services (M) (RR)

7:15 Friday Night Mystery Movie (Tv) (R)

14

10:00 **IS** Christian Services (ALT) (V)

10:30 **HF** Stretching for Health with Kim (B) (Ki)

11:00 **LL** Chronologically Speaking (Bi) (Ki)

1:15 Saturday Matinee (Tv) (R)

2:30 **C** Saturday Sundaes (ALL) (C)

2:45 **HF** Walking Club (ALL) (D)

3:30 **C** Cocktail Hour (Bi) (Ki)

6:00 **EF** Saturday Night Piano Sing Along with Dan (L) (E)

7:15 Saturday Saga (Tv) (R)

15

9:30 **HF** Stretch and Shine (ALL) (M)

10:15 **IS** Catholic Mass with Father Ted (ALT) (RR)

10:30 **HF** Sunday Stretch and Shine (B) (L)

11:00 **LL** Sunday Apps and Tech Time (ALL) (M)

11:00 **EF** Wii® Bowling (Tv) (L)

1:15 **EF** Sunday Soiree (Bi) (L)

2:00 **EF** Sunday Matinee

2:45 **HF** Stretch Meditation (ALL) (M)

3:00 Quarter Bingo (L)

7:15 Sunday Funday (Comedy) Movie (Tv) (R)

16

9:15 Atria Car Service (O) (S)

9:30 **HF** Concept 2 Rowing Training (ALL) (S)

10:00 **PA** Mahjong Players Club (ALL) (RR)

10:30 **HF** Shine and Stretch (B) (L)

11:00 **LL** You be the Judge (Bi) (L)

1:30 Bingo Bucks (B) (L)

2:45 **HF** Walking Club (ALL) (L)

3:00 **EF** Table Top Games and Cards (Bi) (RR)

3:30 **C** Cocktail Hour (Bi) (L)

7:15 Monday Mystery (Tv) (R)

17

9:15 Atria Car Service (O) (A)

9:30 **HF** Strength and Balance Program (ALL) (M)

10:00 Shopping at Walmart (O) (A)

10:30 **HF** Body Balance (B) (L)

11:00 **EF** Words Within A Word (Bi) (L)

12:30 **EF** Lunch at Outback Steakhouse (O) (A)

1:30 Bingo Bonanza (B) (K)

2:45 **HF** Walking Club (OT) (L)

3:00 Bocce Ball (OT) (RR)

3:30 **C** Cocktail Hour (Bi) (L)

7:15 Tuesday Drama (Tv) (R)

18

9:15 Atria Car Service (O) (A)

9:30 **HF** Functional Movement Exercise Class (ALL) (M)

10:00 **C** Bridge Club (G) (V)

10:30 **HF** Matter of Balance Class (B) (L)

11:00 Casino Blackjack (Bi) (L)

1:30 Bingo Bucks (B) (L)

3:00 **HF** Stretch Meditation and Aromatherapy (ALT) (M)

3:30 Game Group (G) (L)

6:30 **C** Concierge Cocktail Hour (L) (K)

7:00 **IS** Spiritual Connections with Wally (B) (RR)

7:15 Wednesday Comedy Movie (Tv) (R)

19

9:15 Atria Car Service (O) (A)

9:30 **HF** Exercise Class (ALL) (A)

10:00 **IS** Rosary and Prayer (ALT) (V)

10:30 **CV** Atria Angels Knit/Crochet Sewing Club (C) (G)

10:30 Gratitude Deliveries (O) (A)

1:00 **CV** Mens' Workshop (C) (G)

1:15 **HF** VNS Exercise Class (ALT) (I)

1:30 Bingo Blitz (C) (K)

3:00 **LL** Book Club (P) (K)

3:30 **C** Cocktail Hour (Bi) (L)

6:00 **EF** Casino Night (ALL) (L)

7:15 Throwback Thursday Movie (Tv) (R)

20

9:30 **HF** Motion to Music (ALL)

10:00 Grocery Shopping (O) (A)

10:00 **PA** Mahjong Club (ALL) (RR)

10:30 **HF** Stretchology (B) (K)

11:00 **C** Coffee and Cards (Bi) (RR)

1:30 Bingo Blitz (Bi) (A)

1:30 HBO Series: Game of Thrones (ALT) (R)

2:00 **PA** Ambassadors Meeting (DR) (K)

2:30 **HF** Concept 2 Rowing Training (ALT) (A)

3:30 **C** Cocktail Hour (Bi) (A)

4:30 **PA** Shabbat Candle Lighting Services (M) (RR)

7:15 Friday Night Mystery Movie (Tv) (R)

21 Going Grateful

9:30 **HF** Flexibility Stretch (ALL) (D)

10:00 **IS** Christian Services (ALT) (V)

10:30 **HF** Stretching for Health (B) (K)

11:00 Chronologically Speaking (Bi) (Ki)

1:15 **EF** Saturday Matinee (Tv) (Ki)

1:30 Bingo (B) (Ki)

2:30 **EF** Saturday Sundaes (ALL) (D)

2:45 **HF** Step On Walking Club (B) (RR)

3:00 **C** Cocktail Hour (Bi) (K)

6:00 **EF** Saturday Night Piano Sing Along (ALL) (E)

7:15 Saturday Saga (Tv) (R)

22

9:30 **HF** Strength and Balance Program (ALL) (M)

10:15 **IS** Catholic Mass with Father Ted (ALT) (RR)

10:30 **HF** Sunday Stretch and Shine (B) (L)

11:00 **EF** Wii® Bowling (Tv) (L)

11:00 **LL** Google™ Earth (ALL) (M)

1:15 **C** Sunday Soiree (Bi) (L)

2:00 **EF** Sunday Matinee (Tv) (R)

3:00 **HF** Stretch Meditation (ALL) (M)

3:00 Bingo (B) (L)

7:15 Sunday Funday (Comedy) Movie (Tv) (R)

23 First Day of Autumn

9:15 Atria Car Service (O) (A)

9:30 **HF** Concept 2 Rowing Training (ALL) (S)

10:00 **PA** Mahjong Players Club (ALL) (RR)

10:30 **HF** Shine and Stretch (B) (L)

11:00 **LL** Today's Headlines and Today in History (Bi) (L)

11:00 Wii® Bowling (Tv) (L)

1:30 Bingo Bucks (B) (L)

2:45 **HF** Walking Club (ALL) (D)

3:00 **C** Table Top Games and Card Players Club (Bi) (RR)

3:30 **EF** Cocktail Hour (Bi) (L)

7:15 Monday Musical (Tv) (R)

24 Off-Site Rowing Event with Sagamore Rowi

9:15 Atria Car Service (O) (S)

9:30 **HF** Matter of Balance Class (MOB) (ALL) (D)

10:30 **HF** Rowing Event with Sagamore Rowing (O) (K)

10:30 **HF** Body Balance (B) (L)

11:00 Pokemo® (B) (L)

1:30 Bingo Blitz (B) (L)

3:00 **EF** Bocce Ball (OT) (L)

3:30 **C** Cocktail Hour (Bi) (L)

7:15 Tuesday Drama Movie (Tv) (R)

25

9:15 Atria Car Service (O) (A)

9:30 **HF** Move and Groove (ALL) (M)

10:00 **C** Bridge Club (G) (V)

10:30 **HF** Matter of Balance Class (MOB) (B) (L)

11:00 **C** Atria StoryWise™ Discussion (Bi) (L)

1:30 Bingo Bonanza (Tv) (R)

3:00 **C** Café Bistro Brainteasers (Bi) (L)

6:30 **C** Concierge Club Cocktail Hour (L) (K)

7:00 **IS** Spiritual Connections with Wally (B) (RR)

7:15 Wednesday Comedy Movie (Tv) (R)

26

9:15 Atria Car Service (O) (S)

9:30 **HF** Tai Chi for Arthritis Exercise Class (ALL) (G)

10:00 **IS** Rosary and Prayer (ALT) (V)

10:30 **CV** Atria Angels Knit, Sewing, Crochet Club (C) (G)

10:30 **EF** Trip to Jakes 58 Casino (O) (A)

1:00 **CV** Mens' Workshop (C) (G)

1:15 **HF** VNS Exercise Class (ALT) (I)

2:00 **LL** Current Events with Prof. John Merenda (ALT) (P)

3:15 **LL** Book Club (ALT) (K)

3:30 **C** Cocktail Hour (K)

6:15 **EF** Casino Night (ALL) (L)

7:15 Throwback Thursday Movie (Tv) (R)

27

9:30 **HF** Strength and Balance Program (ALL)

10:00 Grocery Shopping (O) (A)

10:30 **HF** Stretchology (B) (K)

10:30 **PA** Mahjong Players Club (Bi) (RR)

11:00 **PA** Coffee and Cards (Bi) (RR)

1:15 **EF** Afternoon Matinee (Tv) (K)

1:30 **CE** Expression of Art Painting Class (C) (I)

2:45 **HF** Concept 2 Rowing (ALL) (D)

3:30 **C** Cocktail Hour (Bi) (A)

4:30 **PA** Shabbat Candle Lighting Services (M) (RR)

7:00 Friday Night Mystery Movie (Tv) (R)

28

9:30 **HF** Matter of Balance Class (MOB) (ALL)

10:00 **IS** Christian Services (ALT) (EM)

10:30 **HF** Stretch for your Health (B) (K)

11:00 **HF** Chronologically Speaking (Bi) (K)

1:15 **EF** Saturday Matinee (Tv) (K)

1:30 Quarter Bingo (B) (Ki)

2:30 **EF** Saturday Sundaes (ALL) (D)

2:45 **HF** Walking Club (OT) (D)

3:30 **EF** Cocktail Hour (Bi) (K)

6:00 **EF** Piano Name that Tune and More! (ALL) (I)

7:15 Saturday Saga (Tv) (R)

29 Rosh Hashanah Begins at Sunset

9:30 **HF** Strength and Balance Program (ALL) (M)

10:15 **IS** Catholic Mass with Father Ted (ALT) (RR)

10:30 **HF** Sunday Stretch and Shine (B) (L)

11:00 **EF** Wii® Bowling (Tv) (L)

11:00 **LL** iPad® Sunday Apps Snap Chat (ALL) (M)

1:15 **C** Sunday Soiree (Bi) (L)

2:00 **EF** Sunday Matinee (Tv) (L)

2:30 **HF** Stretch Meditation (ALL) (M)

3:00 Bingo Bucks (B) (L)

7:15 Movie: Intern (Tv) (R)

30

9:15 Atria Car Service (O) (A)

9:30 **HF** Concept 2 Rowing Training (ALL) (S)

10:00 **PA** Mahjong Players Club (ALL) (RR)

10:30 **HF** Shine and Stretch (B) (L)

11:00 **LL** Today in History (B) (L)

11:00 Wii® Bowling Challenge (Tv) (RR)

1:30 **C** Bingo Blitz (B) (L)

2:45 **HF** Walking Club (ALL) (L)

3:30 **C** Cocktail Hour (Bi) (L)

7:15 Monday Mystery (Tv) (RR)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AS** Atria StoryWise

ROOM LOCATION KEY:

AL Living Room	ALL	Men's Club Room	M
Television Room	Tv	Pool Area	P
Game Room	G	Outside Or Patio	OT
Bingo Room	B		
Lobby	L		
Dining Room	DR		
Craft room	C		
AL Theater Chapel	ALT		
Bistro	Bi		
Outing	O		

STAFF KEY:

Instructor	I	Gail	G
Receptionist	R	Eucharistic Minister	EM
Linda	L	Professor John Merenda	P
Volunteer	V	Entertainer	E
Kim	Ki	St. Gerard Church Priest	P
Dayna	D	Sarah	S
Karyn	K	Chef	C
Resident Run	RR		
Andrea	A		
Melanie	M		

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ASSISTED LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

Our World Gratitude Deliveries

Thursday, September 19, 10:30 AM

Dress to the Nines Cocktail Hour

Thursday, September 19, 3:00 PM

**Rowing Event w/
Sagamore Rowing**

Tuesday, September 24, 10:30 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SEPTEMBER 2019

ATRIA SOUTH SETAUKET a s s i s t e d l i v i n g

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
9:30 **HF** Sunday Stretch and Shine (L) (M)
10:15 **IS** Catholic Mass with Father Ted (T) (RR)
11:00 **LL** iPad® Sunday Apps-Tech Time (B) (M)
1:30 **EF** Bingo Bonanza (B) (M)
1:30 **EF** Afternoon at the Metropolitan Opera (T) (R)
2:45 **HF** Stretchology (L) (M)
3:30 **EF** Casino Blackjack (B) (M)
6:15 Sunday Funday Comedy Movie (T) (F)

2 Labor Day
9:15 Atria Car Service
9:30 **HF** Concept 2 Rowing Training (L) (S)
10:00 **PA** Monday Mahjong (IBI) (RR)
10:30 **CE** Creative Crafts (B) (S)
12:00 **EF** Labor Day Barbecue (DR) (DCS)
1:30 **EF** Bingo Blitz (B) (S)
2:45 **HF** Walking Club (OT) (L)
3:15 **EF** Shuffleboard (L) (S)
6:15 Monday Musical (T) (F)

3
9:15 Atria Car Service (O) (S)
9:30 **HF** Matter of Balance Class (MOB) (ILB) (D)
10:00 **EF** Shopping at Walmart (O) (A)
10:30 **HF** Wheel of Fortune® (B) (M)
12:30 **EF** Out to Lunch at Kumo Japanese Steakhouse (O) (A)
1:30 **EF** Bingo Blitz (B) (L)
2:45 **HF** Walking Club (OT) (L)
3:00 **EF** Card Players Club (L) (RR)
3:15 **C** Cocktail Hour (L) (I)
6:15 Tuesday Night at the Theater (T) (R)

4
9:15 Atria Car Service
9:30 **HF** Strength and Balance Program (ILB) (D)
10:00 **C** Bridge Club (ILG) (V)
10:00 **LL** This Day in History (B) (M)
10:30 **EF** Atria StoryWise™ (B) (M)
1:30 **EF** Left, Right Center (L) (M)
3:00 **HF** Stretch Meditation and Aromatherapy (T) (M)
6:15 **HF** Drama Movie Night (T) (RR)
6:30 **C** Concierge Club (ILL) (K)
7:00 **IS** Inspirational Studies Group with Wally (ILB) (RR)

5
9:15 Atria Car Service
9:30 **HF** Tai Chi Exercise Class for Arthritis (L) (G)
10:00 **IS** Rosary and Prayer (T) (RR)
10:30 **CV** Atria Angels Sew, Knit and Crochet Class (ILC) (G)
11:00 **PA** Resident Council Meeting (T) (RR)
11:30 **PA** Engage Life® Program Meeting (T) (K)
1:00 **CV** Men's Workshop (ILC) (G)
1:15 **HF** VSN Arthritis Fitness Class (T) (I)
1:30 **EF** Bingo Bonanza (B) (I)
3:00 **LL** Book Club (T) (K)
6:15 **EF** Casino Blackjack (B) (L)

6
9:30 **HF** Matter of Balance Class (MOB) (L) (I)
10:00 **LL** What's in the News (B) (I)
10:00 **PA** Mahjong Players Club (IBI) (RR)
10:00 **EF** Shopping at Stop N Shop (O) (A)
10:30 **EF** Cranium® Crunches (B) (I)
2:45 **HF** Concept 2 Rowing Training (T) (I)
3:30 **EF** Bingo Blitz (B) (D)
4:30 **IS** Shabbat Candle Lighting Services (ILM) (RR)
6:15 Resident Choice Movie (T) (F)

7
9:30 **HF** Sittercise (L) (D)
10:00 **IS** Christian Service (T) (V)
10:30 **HF** You Gussed It! (B) (I)
1:30 **EF** Bingo Bonanza (B) (D)
1:30 **EF** Resident Choice Afternoon Movie (T) (R)
2:30 **C** Saturday Sundaes (L) (DCS)
2:45 **HF** Walking Club (OT) (D)
3:30 **EF** 21 Casino Blackjack (B) (I)
6:00 **EF** Saturday Night Piano Sing Along (L) (I)
7:15 **C** Saturday Classics Movie (T) (F)

8 Grandparents Day
9:30 **HF** Motion and Meditation (L) (M)
10:15 **IS** Catholic Mass with Father Ted (T) (LM)
10:30 **HF** Sunday Stretch and Shine (ILB) (L)
11:00 **LL** iPad® Sunday Apps-Tech Time (B) (M)
1:30 **EF** Bingo Bonanza (B) (M)
1:30 **LL** Afternoon at the Metropolitan Opera (T) (R)
2:30 **EF** Grandparents Day Ice Cream Sundays (L) (DCS)
2:45 **HF** Stretchology (L) (M)
6:15 Sunday Funday (Comedy) Movie (T) (R)

9
9:15 Atria Car Service
9:30 **HF** Concept 2 Rowing Training (L) (S)
10:00 **PA** Monday Mahjong (L) (RR)
10:30 **PA** Pokeno® (B) (S)
1:30 **CE** Expression of Art Painting Class (B) (I)
2:30 **EF** Card Players Club (B) (RR)
2:45 **HF** Walking Club (L) (D)
3:30 **EF** Shuffleboard Challenge (B) (D)
6:15 Monday Musical (T) (R)

10
9:15 Atria Car Service (O) (S)
9:30 **HF** Movement and Meditation (L) (M)
10:00 **EF** Shopping at Walmart (O) (A)
10:30 **LL** Chronologically Speaking (B) (I)
12:30 **EF** Lunch at Outback Steakhouse (O) (A)
2:00 **IS** Holy Mass with Fr. Gregory Rannazzisi (T) (CP)
2:45 **HF** Walking Club (OT) (D)
3:00 **EF** Birthday Party Honoring Ann's 101st (L) (K)
3:15 **C** Cocktail Hour (L) (I)
6:15 Tuesday Night at the Theater (T) (F)

11 Patriot Day
9:15 Atria Car Service
9:30 **HF** Strength and Balance Program (L)
10:00 **C** Bridge Club (ILG) (V)
10:30 **EF** StoryWise™ Sessions (B) (M)
1:30 **EF** Patriotic Sing Along with Dan Fogal (ILL) (I)
1:30 **CE** 21 Card Game (B) (M)
3:00 **HF** Stretch Meditation and Aromatherapy (T) (M)
6:15 **HF** Drama Movie Night (T) (RR)
6:30 **C** Concierge Club (ILL) (K)
7:00 **IS** Inspirational Studies Group with Wally (ILB) (RR)

12
9:15 Atria Car Service
9:30 **HF** Tai Chi Exercise Class for Arthritis (L) (G)
10:00 **PA** Mahjong Club (L) (RR)
10:00 **IS** Rosary and Prayer (T) (V)
10:00 **EF** Shopping at Dollar Tree (O) (A)
10:30 **CV** Atria Angels Sew, Knit and Crochet Class (ILC) (G)
11:00 **EF** Food For Thought Meeting (T) (DCS)
1:15 **HF** VNS Physical Therapy Exercise Class (T) (I)
1:30 **EF** Bingo Bonanza (B) (I)
2:00 **LL** Current Events w/ Professor John Merenda (ILT) (I)
3:00 **LL** Book Club (T) (K)
6:00 **EF** Casino Night (T) (L)

13
9:30 **HF** Strength and Balance Training (L) (D)
10:00 **PA** Mahjong Players Club (IBI) (RR)
10:00 **EF** Shopping at Shop Rite (O) (A)
10:30 **EF** Pokeno® (B) (D)
1:30 **EF** Bingo Blitz (B) (I)
1:30 **LL** A Day at the Ballet (T) (R)
2:45 **HF** Concept 2 Rowing Training (T) (I)
4:30 **IS** Shabbat Candle Lighting Services (ILM) (RR)
6:15 Resident Choice Movie (T) (R)

14
9:30 **HF** Move and Groove (L)
10:00 **IS** Christian Service (T) (HLC)
10:30 **HF** Pokeno® (L) (I)
1:30 **C** Bingo Bonanza (L) (I)
2:30 **C** Saturday Sundaes (L) (DCS)
2:45 **HF** Walking Club (OT) (I)
3:30 **EF** Casino Blackjack (B) (I)
6:00 **EF** Saturday Night Piano Sing Along (L) (I)
7:15 **EF** Saturday Classic Movie (T) (F)

15
9:30 **HF** Sunday Stretch and Shine (L) (M)
10:15 **IS** Catholic Mass with Father Ted (T) (LM)
10:30 **HF** Sunday Motion to Music (ILB) (L)
11:00 **LL** iPad® Sunday Apps-Tech Time (L) (M)
1:30 **EF** Bingo Bonanza (B) (M)
1:30 **EF** Afternoon at the Metropolitan Opera (T) (R)
2:45 **HF** Stretchology (L) (M)
3:30 **EF** Casino Blackjack (B) (M)
6:15 Sunday Funday Movie (T) (F)

16
9:15 Atria Car Service
9:30 **HF** Concept 2 Rowing Training (L) (D)
10:00 **PA** Monday Mahjong (L) (RR)
10:30 **HF** Move and Groove with Linda (ILB) (L)
10:30 **C** Pokeno® (B) (S)
1:30 **EF** Bingo Bucks (B) (S)
2:45 **HF** Walking Club (L) (S)
3:30 **EF** Shuffleboard (B) (S)
6:15 Monday Musical (T) (F)

17
9:15 Atria Car Service
9:30 **HF** Motion and Meditation (L) (M)
10:00 **EF** Shopping at Walmart (O) (A)
10:00 **CE** Atria Angels Sew, Knit and Crochet Class (ILC) (G)
10:30 **LL** Chronologically Speaking (B) (D)
12:30 **EF** Lunch at Outback Steakhouse (O) (A)
1:30 **EF** Bingo Bonanza (B) (L)
1:30 **IS** Meditation and Aromatherapy (ILT) (M)
3:00 **C** Card Club Games (B) (RR)
3:15 **EF** Cocktail Hour (L) (I)
6:15 Tuesday Night at the Theater (T) (F)

18
9:15 Atria Car Service
9:30 **HF** Functional Movement Exercise (L) (M)
10:00 **C** Bridge Club (ILG) (V)
10:30 **EF** StoryWise™ Sessions (B) (M)
1:30 **EF** Bingo Blitz (B) (M)
3:00 **HF** Stretch, Meditation and Aromatherapy (L) (M)
6:15 **HF** Drama Movie (T) (R)
6:30 **C** Concierge Cocktail Hour (ILL) (K)
7:00 **IS** Inspirational Studies Group with Wally (ILB) (RR)

19/19 Dress to the Nines Day
9:30 **HF** Tai Chi Exercise Class for Arthritis (L) (G)
10:00 **PA** Mahjong Club (L) (S)
10:00 **IS** Rosary and Prayer (T) (V)
10:30 **LL** Our World Gratitude Deliveries (O) (A)
10:30 **CV** Atria Angels Sew, Knit, Crochet Club (ILC) (G)
10:30 **CV** Visit with Maryhaven Performing Arts (L) (M)
1:15 **HF** VNS Physical Therapy Exercise Class (T) (I)
1:30 **EF** Bingo Blitz (B) (I)
3:00 **EF** Dress to the Nines Cocktail Hour (L) (K)
6:15 **EF** Casino Night (B) (L)

20
9:30 **HF** Motion to Music (L)
10:00 **EF** Shopping at Stop N Shop (O) (A)
10:30 **PA** Mahjong Players Club (IBI) (RR)
10:30 **EF** Pokeno® (B) (S)
1:30 **EF** Bingo Blitz (B) (D)
1:30 **LL** Afternoon New Release (T) (R)
2:00 **PA** Ambassador Meeting (ILD) (K)
2:45 **HF** Concept 2 Rowing (T) (D)
3:00 **LL** Book Club (T) (K)
3:30 **EF** Card Players Club (B) (RR)
4:30 **PA** Shabbat Candle Lighting Services (ILM) (RR)
6:15 Resident Choice Movie (T) (R)

21 Going Grateful
9:30 **HF** Sittercise Class (L)
10:00 **IS** Christian Service (T) (HLC)
10:30 **HF** Morning Pokeno® (B)
10:30 **HF** Strength and Balance Program (ILB) (Ki)
1:30 **HF** Wordical (B) (D)
1:30 **EF** Bingo Blitz (B) (D)
2:30 **C** Saturday Sundaes (L) (DCS)
2:45 **HF** Strength and Balance Program (L) (D)
3:30 **EF** Casino Blackjack (B) (S)
6:00 **EF** Saturday Night Piano Sing Along (L) (I)
7:15 **EF** Saturday Classic Movie (T) (F)

22
9:30 **HF** Sunday Stretch and Shine (L) (M)
10:15 **IS** Catholic Mass with Father Ted (T) (RR)
10:30 **HF** Sittercise with Linda (ILB) (L)
11:00 **LL** iPad® Sunday Apps-Tech Time (L) (M)
1:30 **EF** Family Fun Bingo (B) (M)
1:30 **EF** Afternoon at the Metropolitan Opera (T) (R)
2:30 **EF** Card Club (L) (RR)
2:45 **HF** Stretchology (L) (M)
3:30 **EF** Casino Blackjack (B) (M)
6:15 Sunday Funday Movie (T) (F)

23 First Day of Autumn
9:15 Atria Car Service (O) (A)
9:30 **HF** Concept 2 Rowing Training (L) (D)
10:00 **PA** Monday Mahjong (B) (RR)
10:30 **HF** Shine and Stretch (ILB) (L)
10:30 **CE** Autumn Creations (B) (S)
1:30 **CE** Expression of Art Painting Class (B) (I)
2:45 **HF** Flexibility and Stretch With Dayna (L) (D)
3:30 **EF** Shuffleboard (B) (S)
6:15 Monday Musical (T) (F)

24 Off-Site Rowing Event with Sagamore Rowi
9:15 Atria Car Service (O) (S)
9:30 **HF** Movement and Meditation (L) (S)
10:30 **EF** Wheel of Fortune® (B) (I)
10:30 **EF** Pokeno® (B) (I)
10:30 **HF** Rowing Event w/ Sagamore Rowing (O) (K)
10:30 **HF** Tai Chi for Arthritis/Fall Prevention (T) (L)
2:30 **HF** Flexibility Stretch (L) (D)
3:00 **PA** Cards and Table Top Games (L) (RR)
3:15 **C** Cocktail Hour (L) (I)
6:15 Barbara's Pick Movie (T) (R)

25
9:15 Atria Car Service
9:30 **HF** Move and Groove (L)
10:00 **HF** Bridge Club (ILG) (V)
10:30 **EF** StoryWise™ Sessions (B) (M)
1:30 **LL** Healing Stones and their Meanings (B) (M)
3:00 **HF** Stretch Meditation and Aromatherapy (T) (M)
6:15 **HF** Drama Movie Night (T) (RR)
6:30 **C** Concierge Cocktail Hour (ILL) (K)
7:00 **IS** Inspirational Studies Group with Wally (ILB) (RR)

26
9:15 Atria Car Service (O) (S)
9:30 **HF** Tai Chi Exercise Class for Arthritis (L) (G)
10:00 **IS** Rosary and Prayer (T) (S)
10:30 **LL** Cranium® Crunches Trivia (B) (D)
10:30 **CV** Atria Angels Knit, Crochet, Sew Club (ILC) (G)
10:30 **EF** Trip to Jakes 58 Casino (O) (A)
1:15 **HF** VNS Exercise Class (T) (I)
2:00 **LL** Current Events w/ Professor John Merenda (T) (I)
3:30 **EF** Shuffleboard (B) (I)
6:15 **EF** Casino Night (B) (L)
6:15 **EF** Thursday Throwback Movie (T) (R)

27
9:30 **HF** Matter of Balance Class (MOB) (L) (D)
10:00 **LL** What's in the News (B) (RR)
10:00 **EF** Shopping at Stop N Shop (O) (A)
10:30 **PA** Mahjong Club (IBI) (RR)
10:30 **HF** Scattagories (B) (D)
10:30 **HF** Strength and Balance Program (ILB) (K)
1:30 **EF** Bingo Bonanza (B) (D)
2:45 **HF** Concept 2 Rowing (T) (D)
3:30 **EF** Card Players Club (B) (D)
4:30 **IS** Shabbat Candle Lighting Services (ILM) (RR)
6:15 Resident Choice Movie (T) (F)

28
9:30 **HF** Motion and Meditation (L) (M)
10:00 **IS** Christian Service (T) (HLC)
10:30 **HF** Pokeno® (B) (I)
10:30 **HF** Strength and Balance Program (ILB) (Ki)
1:30 **EF** Saturday Bingo Special (L)
1:30 **EF** Afternoon Matinee (T) (R)
2:30 **HF** Flexibility Stretch (L) (D)
2:30 **C** Saturday Sundaes (L) (DCS)
3:30 **EF** Casino Blackjack (B) (D)
6:15 **EF** Saturday Night Piano Name That Tune (L) (I)
7:15 **EF** Saturday Classic Movie (T) (R)

29 Rosh Hashanah Begins at Sundown
9:30 **HF** Sunday Stretch and Shine (L) (M)
10:15 **IS** Catholic Mass with Father Ted (T) (RR)
10:30 **HF** Sittercise with Linda (ILB) (L)
11:00 **LL** Google™ Earth (L) (M)
1:30 **EF** Bingo Bonanza (B) (M)
1:30 **EF** Afternoon at the Metropolitan Opera (T) (R)
2:30 **EF** Card Club (L) (RR)
2:45 **HF** Stretchology (L) (M)
3:30 **EF** Casino Blackjack (B) (M)
6:15 Sunday Funday Movie (T) (F)

30
9:15 Atria Car Service (O) (A)
9:30 **HF** Concept 2 Rowing Training (L) (D)
10:00 **PA** Monday Mahjong (L) (RR)
10:30 **EF** Pokeno® (B) (S)
10:30 **HF** Shine and Stretch (ILB) (L)
1:30 **LL** Connecting with Nature: Blue Plant II (T) (R)
1:30 **CE** Expression of Art (B) (I)
2:45 **HF** Flexibility and Stretch (L) (I)
3:30 **EF** Shuffleboard (L) (I)
6:15 Monday Musical (T) (F)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- EF** Atria StoryWise

- ROOM LOCATION KEY:**
- Theater Chapel T
 - Living Room L
 - IL Men's Club Room ILM
 - Bingo Area B
 - Outing O
 - IL Bingo Room ILB
 - IL Lobby ILL
 - IL Dining Room ILD
 - Dining Room DR
 - IL Bistro IBI

- IL Craft Room
- IL TV Room
- Outside
- IL Game Room

- STAFF KEY:**
- Front Desk F
 - Receptionist R
 - Resident Run RR
 - Volunteer V
 - Karyn K
 - Andrea A
 - Linda L
 - Dayna D
 - Chef DCS
 - Melanie M
 - Catholic Priest CP

- Instructor
- Kim
 - Hope Lutheran Church
 - Professor Gail
 - Lay Minister
 - Sarah
- Instructor
- Ki
 - HLC
 - G
 - LM
 - S
- Engage Life Program
- Questions: Karyn
 - Farrell-Multari, ELD or
 - EL Program Instructor.
 - Activities subject to change.

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