

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Veterans Day Recognition

Wednesday, November 11, 3:00 PM

**November Birthday
Party Happy Hour**

Friday, November 20, 2:30 PM

Cocktails & Mocktails Happy Hour

Friday, November 27, 3:30 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

NOVEMBER 2020

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p>9:30 Daily Puzzle Sheets (IR) (ELD) 1</p> <p>10:00 IS Church Service (ELC) (ELD)</p> <p>10:00 Movie (T) (IND)</p> <p>11:00 HF Scenic Biking (ELC) (ELD)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 Soup Sunday! (IR) (ELD)</p> <p>2:30 Soup Sunday! (IR) (ELD)</p> <p>3:30 EF Word in a Word (ELC) (ELD)</p> <p>5:30 HF Atria Walks! (ELD)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELD) 2</p> <p>10:00 C Gather & Chat (ELC) (ELI)</p> <p>10:00 Movie (T) (IND)</p> <p>11:00 HF Brain Exercises (ELC) (ELI)</p> <p>1:30 Bingo (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:00 Bingo (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 3</p> <p>10:30 EF Family Feud™ (ELC) (ELI)</p> <p>1:30 EF Mini Golf (ELC) (ELI)</p> <p>3:00 EF Mini Golf (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p> <p>6:00 HF Atria Walks! (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 4</p> <p>10:00 Movie (T) (IND)</p> <p>10:00 HF Scenic Biking (ELC) (ELI)</p> <p>11:00 HF Scenic Biking (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 C Scheduled FaceTime (ELD)</p> <p>2:00 CE Make a Craft (ELC) (ELI)</p> <p>3:30 CE Make a Craft (ELC) (ELI)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 5</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:15 HF Brain Exercises (ELC) (ELI)</p> <p>1:30 Bingo (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:00 Bingo (ELC) (ELI)</p> <p>5:30 C Gather & Chat (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 6</p> <p>10:00 Movie (T) (IND)</p> <p>10:00 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:00 HF Brain Exercises (ELC) (ELI)</p> <p>2:00 Movie (ELC) (ELI)</p> <p>2:30 CV Veterans Social Happy Hour (IR) (ELI)</p> <p>3:30 CV Veterans Social Happy Hour (IR) (ELI)</p> <p>5:30 LL iPad®: Google™ Learn (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 7</p> <p>10:00 Movie (T) (ELI)</p> <p>10:30 Beautiful Nails (ELC) (ELI)</p> <p>1:30 Movie (T) (ELI)</p> <p>2:00 HF Scenic Biking (ELC) (ELI)</p> <p>3:00 EF Word in a Word (ELC) (ELI)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p> <p>6:00 HF Atria Walks! (ELI)</p>
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<p>9:30 Daily Puzzle Sheets (IR) (ELD) 8</p> <p>10:00 IS Church Service (ELC) (ELD)</p> <p>10:00 Movie (T) (IND)</p> <p>11:00 HF Scenic Biking (ELC) (ELD)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 Soup Sunday! (IR) (ELD)</p> <p>2:30 Soup Sunday! (IR) (ELD)</p> <p>3:30 EF Word in a Word (ELC) (ELD)</p> <p>5:30 HF Atria Walks! (ELD)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 9</p> <p>10:00 C Gather & Chat (ELC) (ELI)</p> <p>10:00 Movie (T) (IND)</p> <p>11:00 HF Brain Exercises (ELC) (ELI)</p> <p>1:30 Bingo (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:00 Bingo (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELD) 10</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 EF Family Feud™ (ELC) (ELI)</p> <p>1:30 HF Bowling (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:30 HF Bowling (ELC) (ELI)</p> <p>5:30 Snack Delivery! 300s (IR) (ELI)</p> <p>6:00 Snack Delivery! 200s (IR) (ELI)</p>	<p>Veterans Day</p> <p>9:30 Daily Puzzle Sheets (IR) (ELI) 11</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 CE Adult Coloring (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 C Scheduled FaceTime (ELD)</p> <p>2:00 HF Scenic Biking (ELC) (ELI)</p> <p>3:00 CV Veterans Day Recognition (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 12</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:15 HF Brain Exercises (ELC) (ELI)</p> <p>1:30 Bingo (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:00 Bingo (ELC) (ELI)</p> <p>5:30 C Gather & Chat (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 13</p> <p>10:00 Movie (T) (IND)</p> <p>10:00 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:00 HF Exercise Bingo (IR) (ELI)</p> <p>2:00 Movie (T) (IND)</p> <p>2:30 EF Wine and Cheese Happy Hour (IR) (ELI)</p> <p>3:30 EF Wine & Cheese Happy Hour (IR) (ELI)</p> <p>5:30 LL iPad®: Curiosity Corner (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 14</p> <p>10:00 Movie (ELC) (ELI)</p> <p>10:30 Beautiful Nails (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p> <p>6:00 HF Atria Walks! (ELI)</p>
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<p>9:30 Daily Puzzle Sheets (IR) (ELI) 15</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 IS Church Service (ELC) (ELD)</p> <p>11:00 HF Scenic Biking (ELC) (ELD)</p> <p>1:30 Soup Sunday! (IR) (ELD)</p> <p>1:30 Movie (T) (IND)</p> <p>2:30 Soup Sunday! (IR) (ELD)</p> <p>3:30 EF Word in a Word (ELC) (ELD)</p> <p>5:30 HF Atria Walks! (ELD)</p>	<p>9:30 Daily Puzzle Sheets (ELI) 16</p> <p>10:00 C Gather & Chat (ELC) (ELI)</p> <p>10:00 Movie (T) (IND)</p> <p>11:00 HF Brain Exercises (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 Musical Bingo! (ELC) (ELI)</p> <p>3:00 Musical Bingo! (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 17</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:00 EF Family Feud™ (ELC) (ELI)</p> <p>1:30 EF Mini Golf (ELC) (ELI)</p> <p>2:00 Movie (T) (IND)</p> <p>3:00 EF Mini Golf (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 18</p> <p>10:00 Movie (T) (IND)</p> <p>10:00 HF Scenic Biking (ELC) (ELI)</p> <p>11:00 HF Scenic Biking (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 C Scheduled FaceTime (ELI)</p> <p>2:00 CE Make a Craft (ELC) (ELI)</p> <p>3:30 CE Make a Craft (ELC) (ELI)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 19</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:15 HF Brain Exercises (ELC) (ELI)</p> <p>1:30 Bingo (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:00 Bingo (ELC) (ELI)</p> <p>5:30 C Gather & Chat (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 20</p> <p>10:00 Movie (T) (IND)</p> <p>10:00 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:00 HF Exercise Bingo (ELC) (ELI)</p> <p>2:00 Movie (T) (IND)</p> <p>2:30 EF November Birthday Party Happy Hour (IR) (ELI)</p> <p>3:30 EF November Birthday Party Happy Hour (IR) (ELI)</p> <p>5:30 LL iPad®: Google™ Learn (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 21</p> <p>10:00 Movie (T) (ELI)</p> <p>10:30 Beautiful Nails (ELC) (ELI)</p> <p>1:30 Movie (T) (ELI)</p> <p>2:00 HF Scenic Biking (ELC) (ELI)</p> <p>3:00 EF Word in a Word (ELC) (ELI)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p> <p>6:00 HF Atria Walks! (ELI)</p>
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<p>9:30 Daily Puzzle Sheets (IR) (ELD) 22</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 IS Church Service (ELC) (ELD)</p> <p>11:00 HF Scenic Biking (ELC) (ELD)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 Soup Sunday! (IR) (ELD)</p> <p>2:30 Soup Sunday! (IR) (ELD)</p> <p>3:30 EF Word in a Word (ELC) (ELD)</p> <p>5:30 HF Atria Walks! (ELD)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELD) 23</p> <p>10:00 C Gather & Chat (ELC) (ELI)</p> <p>10:00 Movie (T) (IND)</p> <p>11:00 HF Sit & Be Fit 200s (ELI)</p> <p>1:30 Bingo (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:00 Bingo (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 24</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:00 EF Family Feud™ (ELC) (ELD)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 EF Sing Along (ELC) (ELI)</p> <p>3:00 EF Sing Along (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 25</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 CE Adult Coloring (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 C Scheduled FaceTime (ELI)</p> <p>2:00 HF Scenic Biking (ELC) (ELI)</p> <p>3:30 EF Wheel of Fortune® (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p>	<p>Thanksgiving Day</p> <p>9:30 Daily Puzzle Sheets (IR) (ELI) 26</p> <p>10:00 Movie (ELC) (ELI)</p> <p>10:30 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:15 HF Brain Exercises (ELC) (ELI)</p> <p>1:30 Thankful Bingo (ELC) (ELI)</p> <p>3:00 Thankful Bingo (ELC) (ELI)</p> <p>5:30 C Gather & Chat (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 27</p> <p>10:00 Movie (T) (IND)</p> <p>10:00 HF Sit & Be Fit (ELC) (ELI)</p> <p>11:00 HF Exercise Bingo (ELC) (ELI)</p> <p>12:00 EF Wear Pink Day!</p> <p>2:00 Movie (T) (IND)</p> <p>2:30 EF Cocktails & Mocktails Happy Hour (ELI)</p> <p>3:30 EF Cocktails & Mocktails Happy Hour (ELI)</p> <p>5:30 LL iPad®: Google™ Learn (ELC) (ELI)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELI) 28</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 Beautiful Nails (ELC) (ELI)</p> <p>1:30 Movie (T) (ELI)</p> <p>2:00 HF Scenic Biking (ELC) (ELI)</p> <p>3:00 EF Word in a Word (ELC) (ELI)</p> <p>5:30 C Wii® Bowling League (ELC) (ELI)</p> <p>6:00 HF Atria Walks! (ELI)</p>
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<p>9:30 Daily Puzzle Sheets (IR) (ELD) 29</p> <p>10:00 Movie (T) (IND)</p> <p>10:30 IS Church Service (ELC) (ELD)</p> <p>11:00 HF Scenic Biking (ELC) (ELD)</p> <p>1:30 Movie (T) (IND)</p> <p>1:30 Soup Sunday! (IR) (ELD)</p> <p>2:30 Soup Sunday! (IR) (ELD)</p> <p>3:30 EF Word in a Word (ELC) (ELD)</p> <p>5:30 HF Atria Walks! (ELD)</p>	<p>9:30 Daily Puzzle Sheets (IR) (ELD) 30</p> <p>10:00 C Gather & Chat (ELC) (ELI)</p> <p>10:00 Movie (T) (IND)</p> <p>11:00 HF Sit & Be Fit 200s (ELI)</p> <p>1:30 Bingo (ELC) (ELI)</p> <p>1:30 Movie (T) (IND)</p> <p>3:00 Bingo (ELC) (ELI)</p> <p>5:30 HF Atria Walks! (ELI)</p>		<p>PA Personal Achievement</p> <p>HF Health & Fitness</p> <p>EF Entertainment & Fun</p> <p>CV Civic Engagement</p> <p>LL Lifelong Learning</p> <p>CE Creative Expression</p> <p>IS Inspiration & Spirituality</p> <p>C Connection</p> <p>AS Atria StoryWise</p>	<p>ROOM LOCATION KEY:</p> <p>Theater T</p> <p>Engage Life Center ELC</p> <p>In-Room IR</p>	<p>STAFF KEY:</p> <p>Engage Life Instructor ELI</p> <p>Engage Life Director ELD</p> <p>Independent IND</p>
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LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Veterans Day Appreciation
Wednesday, November 11, 2:00 PM


**Residents vs Staff
Bowling Tournament**
Friday, November 20, 2:00 PM

**Discussion: What are you
Thankful For?**
Thursday, November 26, 11:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

NOVEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9:00 IS Sunday Mass 9:30 HF Stand Up and Be Fit 10:00 C Coffee and Conversation 11:00 LL Discussion: Advice to Dear Abby 1:30 HF Walk for Fitness 2:00 Bingo 4:00 HF Music program 6:00 C Sundae Sundays & Trivia</p>	<p>2</p> <p>9:30 HF Flex and Stretch (LG) 10:15 C Coffee and Conversation 11:00 LL Travelogue: Florida 1:30 HF Walking Club 2:00 IS Pretty Nails & Old Wise Tales 3:00 LL Fill in the Blanks 4:00 J Music Program 6:00 EF Bingo Night</p>	<p>3</p> <p>Election Day 9:30 HF Gentle Yoga 10:15 C Coffee and Conversation 11:00 Guess the President 1:30 HF After lunch Stretch 2:00 Patriotic Bingo 2:00 LL States & Abbreviations 3:00 EF Patriotic Sing Along 4:00 J Music Program 6:00 CE Adult Coloring Design</p>	<p>4</p> <p>9:30 HF Morning Walk for Fitness 10:15 C Coffee & Conversations 11:00 Alphabet Trivia 1:30 HF Toning & Balance 2:00 CE Paint & Decorate Turkey Door Craft 3:00 Cookies & Punch Social 4:00 J Music 6:00 EF Music Bingo</p>	<p>5</p> <p>9:30 HF Colorful Weights 10:15 C Coffee & Conversation 10:45 Welcome November Find the Words 1:30 HF Walk for Fitness 2:00 Name that Tune 2:45 CV Veterans Day Project 4:00 J Music 6:15 C StoryWise™ Discussion cards</p>	<p>6</p> <p>9:30 HF Stretch Band Toning 10:15 Cider Donuts, Coffee and Conversation 11:00 PA Life Story 1:30 HF Walking Step Challenge 2:00 CE Wood Beading 2:30 Fall Theme Mocktail Hour & Games 4:00 HF Music 6:15 EF Bingo Night</p>	<p>7</p> <p>9:30 HF Movin' and Groovin' 10:00 C Coffee and Conversation 10:30 CE Therapeutic Coloring: Fall Crafts 1:30 HF Stretch and Flex 2:00 EF Floor Bowling 3:00 Cookies & Punch Treat 4:00 J Music 6:00 C Sing Along</p>
<p>8</p> <p>9:00 IS Sunday Mass 9:30 HF Sittercise 10:15 C Coffee and Conversation 11:00 LL Discussion: Family Talk 1:30 HF Chair Volleyball for Coordination 2:00 White Board Game 4:00 IS Music - Meditation and Hymns 6:00 C Trivia Games</p>	<p>9</p> <p>9:30 HF Flex and Stretch 10:15 C Coffee and Conversation 11:00 LL Discussion: Europe favorite Destination 1:00 HF Walking Club 1:30 IS Pretty Nails & Old Wise Tales 2:00 CE Still Life Painting: Fall Pumpkin 4:00 J Music 6:00 EF Evening Comedy: Andy Griffith</p>	<p>10</p> <p>Vanilla Cupcake Day 9:30 HF Gentle Chair Yoga 10:00 C Coffee and Conversation 10:30 CE Baking Vanilla Cupcakes 11:00 Unscramble the Words 1:30 HF Badminton Racquet Ball Toss 2:30 CE Cupcake Treat 3:00 C Make a Word 6:15 CE Adult Coloring Design</p>	<p>11</p> <p>Veterans Day 9:30 HF 5 laps Around Walking Club 10:15 C Veterans Day Coffee and Conversation 11:00 LL Discussion: War Hero Audie Murphy 1:30 HF Chair Exercise 2:00 PA Veterans Day Appreciation 3:00 LL USA Trivia 4:00 J Music 6:00 EF Music Bingo</p>	<p>12</p> <p>9:30 HF Colorful Weights 10:15 C Coffee and Conversation 11:00 Whiteboard Game: Wheel of Fortune® 2:00 EF YouTube®: Favorite Country Songs 2:30 Solve the Riddle 3:00 HF Walk for Fitness 3:30 CV Goodie Bags for our Furry Friends 4:00 J Music 6:15 C Match up Lyrics</p>	<p>13</p> <p>9:30 HF Flex and Stretch 10:15 C Coffee & Conversation 11:00 PA Life Story 1:30 HF 1960's Move to Music 2:00 Guess the Celebrity 2:00 Card Games 2:30 Mocktail Drinks & Snacks 4:00 J Music 6:00 EF Bingo Night</p>	<p>14</p> <p>9:30 HF Toss and Turn 10:00 C Coffee and Conversation 11:00 LL Trivia Challenge 1:30 HF Gentle Stretching 2:00 Table Game Fun 3:00 Comedy Hour 4:00 IS Music 6:00 PA Relax and Reminisce</p>
<p>15</p> <p>9:00 IS Sunday Mass 9:30 HF Movin' and Groovin' 10:00 C Coffee and Conversation 11:00 LL What would you do? 1:30 HF Indoor Walking Group 2:00 Bingo 4:00 HF Music Program 6:00 C Sunday Sundae & Trivia</p>	<p>16</p> <p>9:30 HF Flex and Stretch 10:15 CE Baking Group: Apple Crisp 11:00 LL Reminiscing: Your Hometown 1:30 HF Walk for Fitness 2:00 Spin the Wheel Win a Prize 2:30 IS Pretty Nails & Old Wise Tales 3:00 Apple Crisp Treat 4:00 EF Music & Dance 6:15 EF Movie Night</p>	<p>17</p> <p>9:30 HF Gentle Yoga (LR) 11:00 LL Jeopardy!® Game 1:30 HF Walking Club 2:00 CE Thanksgiving Craft 2:45 LL Autumn Apple Tasting/ Discussion 3:15 Build A Word Game 4:00 J Music 6:15 CE Adult Coloring Designs</p>	<p>18</p> <p>9:30 HF Flex and Stretch 10:00 C Coffee Conversation 10:30 C Remember When : Fall Hay Rides 1:30 HF Move to Music 2:00 LL Fun with Puzzles 2:00 HF Wheel of Fortune® 3:00 C Ice Cream with Hot Fudge 3:00 Match up Game 4:00 IS Music 6:00 EF Music Bingo</p>	<p>19</p> <p>9:30 HF Chair Volleyball 10:15 Coffee and Conversation 11:00 Finish the Movie Titles 2:00 C LG Food for thoughts Discussion 2:15 C LG-Resident Council Discussion 3:00 HF Walk For Fitness 3:30 CV Holiday Cards for the Troops 4:00 EF Music 6:15 Table Game Fun</p>	<p>20</p> <p>9:15 HF Stretch Band Toning 10:15 C Coffee and Conversation 11:00 LL Find the Words 1:30 HF Walking Step Challenge 2:00 Residents vs Staff Bowling Tournament 2:30 PA Life Story: Tell Us About You 3:00 Mock-tail Hour & Games Social 4:00 J Music 6:00 EF Bingo Night</p>	<p>21</p> <p>9:30 HF Move to Music 10:00 C Coffee Conversation 11:00 LL Short Stories 1:30 HF Walking Group 2:00 EF Afternoon Matinee 3:00 Afternoon Lemonade & Cookies Treat 4:00 HF Music 6:00 C Sentimental Sing Along</p>
<p>22</p> <p>9:00 IS Sunday Mass 9:30 HF Sittercise 10:00 C Coffee and Conversation 11:00 LL You be the Judge 1:30 HF Chair Volleyball for Coordination 2:00 White Board Game 4:00 IS Music Meditation & Hymns 6:00 C Trivia Games</p>	<p>23</p> <p>9:30 HF Flex and Stretch 10:15 C Coffee and Conversation 10:45 Finish the Song Title 1:30 HF Strength and Balance 2:00 IS Pretty Nails & Old Wise Tales 3:30 Table Game Fun 4:00 J Music 6:00 EF Evening Movie</p>	<p>24</p> <p>9:30 HF Gentle Weights 10:15 LL A Treasure Chest of Memories 10:15 C Coffee and Conversation 10:30 CE Baking: Apple Pie 1:30 HF After Lunch Stretch 2:00 EF Playing Music Instruments and Dance 3:00 C Apple Pie Social 4:00 C Music 6:00 CE Adult Coloring Design</p>	<p>25</p> <p>9:00 HF Movements to Music 10:15 C Coffee and Conversation 11:00 LL Thanksgiving Family Traditions 1:00 HF Fall time Walk 2:00 Large Piece Puzzles 3:00 EF YouTube®: Bobby Darrin Hour 4:00 J Music 6:00 EF Music Bingo</p>	<p>26</p> <p>Thanksgiving Day 9:00 Macy's Thanksgiving Day Parade 9:30 HF Sit & Be Fit 10:15 C Coffee and Conversation 11:00 C Discussion: What are you Thankful for? 1:30 HF Walk for fitness 2:00 CV Thankful Bingo 4:00 LL Music 6:00 IS Match up the Sayings</p>	<p>27</p> <p>9:30 HF Flexibands Exercise 10:15 C Coffee & Conversation 11:00 PA Life Story 1:30 HF Fall Walk Group 2:00 Geography Fun 2:45 C Mocktail Drinks & Games 4:00 J Music 6:00 EF Bingo Night</p>	<p>28</p> <p>9:30 HF Flex and Stretch 10:15 C Coffee and Conversation 11:00 LL Name Ten 1:30 HF Walk for Fitness 2:00 From A-Z 2:30 Afternoon Tea & Cookies Social 4:00 J Music 6:00 PA Relax and Reminisce</p>
<p>29</p> <p>9:00 IS Sunday Mass 9:30 HF Sittercise 10:00 C Coffee and Conversation 11:00 LL Getting to Know you 1:30 HF Chair Volleyball for Coordination 2:00 Bingo Game 4:00 IS Music Meditation & Hymns 6:00 C Trivia Games</p>	<p>30</p> <p>9:30 HF Flex and Stretch 10:15 C Coffee and Conversation 11:00 LL Discussion:Favorite Actor 1:30 HF Strength and Balance 2:00 IS Pretty Nails & Old Wise Tales 3:00 What's Next: Fill in the Blanks 4:00 J Music 6:00 EF Evening Movie</p>			<p>PA Personal Achievement HF Health & Fitness EF Entertainment & Fun CV Civic Engagement LL Lifelong Learning CE Creative Expression IS Inspiration & Spirituality C Connection StoryWise Atria StoryWise J Music</p>	<p>ROOM LOCATION KEY: Living Room LR Life Guidance LG</p>	

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