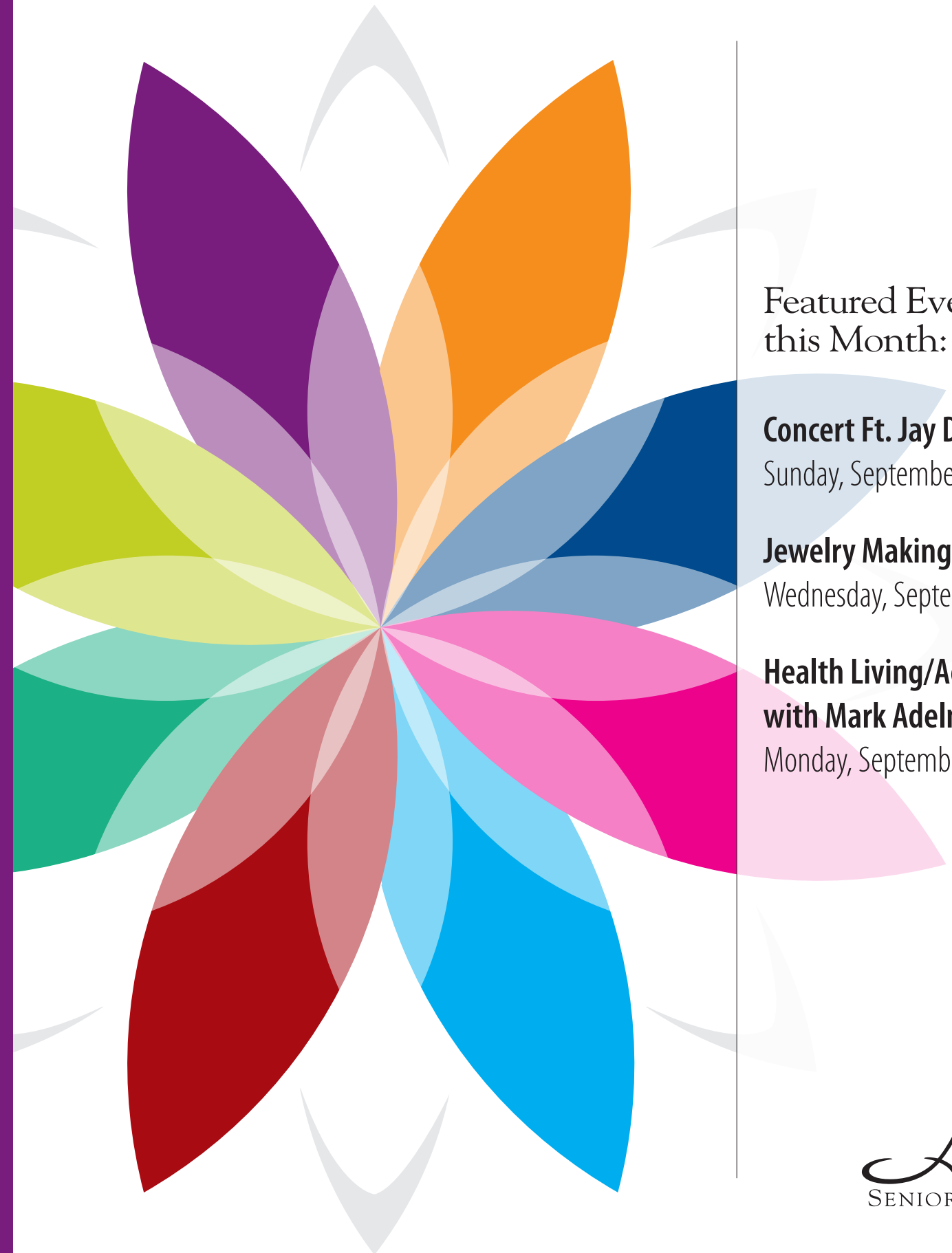


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Concert Ft. Jay Daniels
Sunday, September 5, 3:30 PM

Jewelry Making with Janis
Wednesday, September 15, 1:30 PM

**Health Living/Aging
with Mark Adelman**
Monday, September 20, 2:30 PM



SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



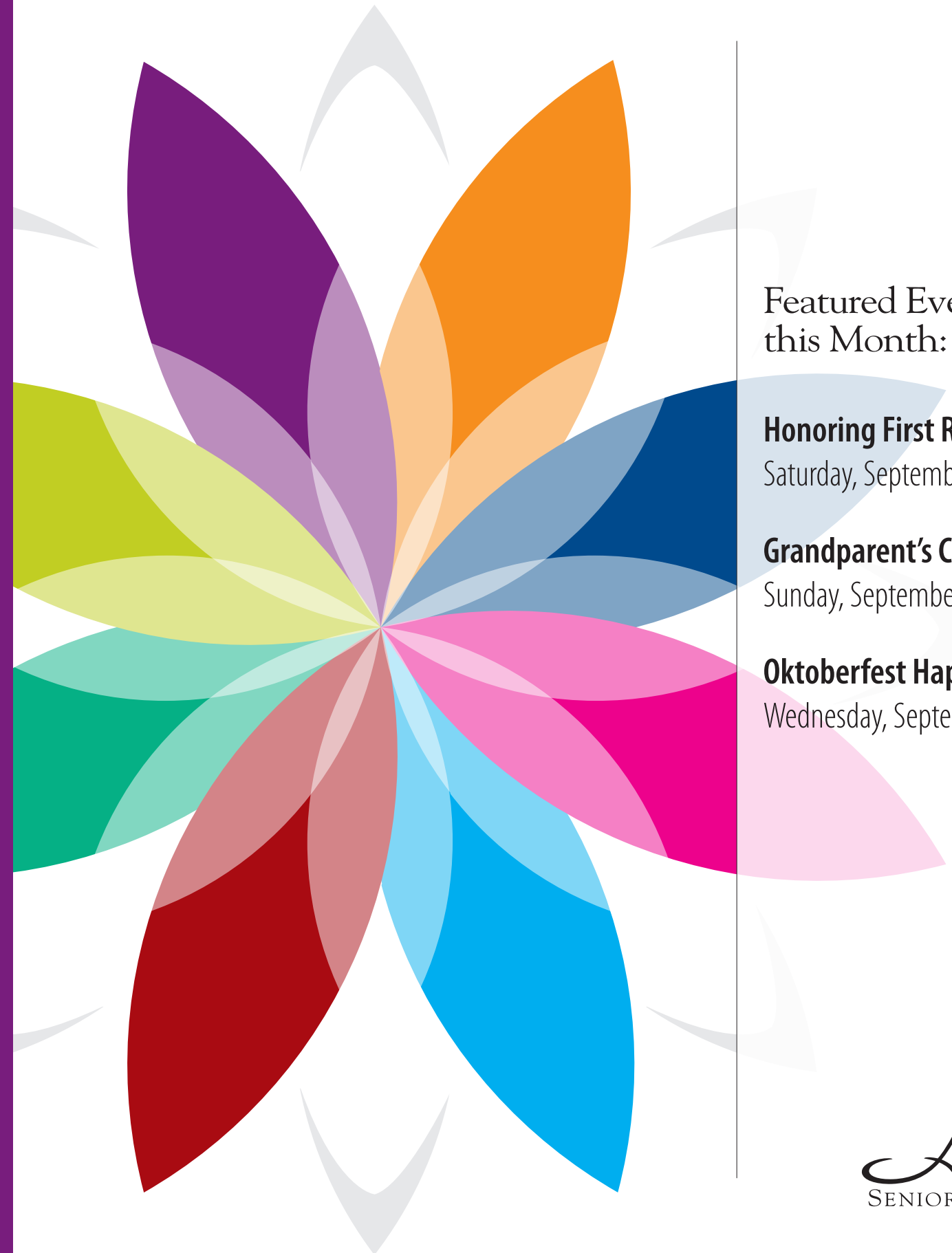
Atria ENGAGE LIFE®

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 5</p> <p>10:30 ■ Tai Chi with Bruce Mckenna (CR) (V)</p> <p>1:30 ■ Classic Movie (MR) (ELI)</p> <p>2:00 ■ B.I.N.G.O. (CR) (ELI)</p> <p>3:00 ■ Ice Cream Social (LR) (IJ)</p> <p>3:30 ■ Concert Ft. Jay Daniels (LR) (V)</p> <p>3:30 ■ Classic Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (ELI)</p>	<p>Eve of Rosh ha-Shanah 6</p> <p>Labor Day</p> <p>10:00 ■ Rick Steves' Europe (MR) (IJ)</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>1:30 ■ Award Winning Movie (MR) (IJ)</p> <p>2:00 ■ Labor Day Discussion (CR) (ELD)</p> <p>3:00 ■ Walking Club (O) (IJ)</p> <p>3:15 ■ Musical Masterworks with Daniel Pincus (CR) (V)</p> <p>3:30 ■ Award Winning Movie Encore (MR) (ELI)</p>	<p>Happy Rosh ha-Shanah! 7</p> <p>10:00 ■ Rick Steves' Europe (MR) (ELI)</p> <p>10:00 ■ Blissfit with Kim Schmidt (CR) (V)</p> <p>10:15 ■ Catholic Prayer Group (PDR) (V)</p> <p>1:30 ■ Drama Movie (CR) (ELI)</p> <p>2:00 ■ Bingo Mania (CR) (ELI)</p> <p>3:15 ■ Engage Life® Meeting (CR) (ELI)</p> <p>3:30 ■ Drama Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Tall (O) (R)</p>	<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 8</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>11:30 ■ Spa Nails (LIB) (ELI)</p> <p>1:00 ■ Game Time (LIB) (ELI)</p> <p>1:15 ■ Residents' Choice Movie (MR) (ELI)</p> <p>3:00 ■ Sips & Dips Happy Hour (LR) (ELI)</p> <p>3:30 ■ Live Concert (LR) (V)</p> <p>3:30 ■ Residents' Choice Movie Encore (MR) (ELI)</p> <p>4:30 ■ Walking Club (O) (R)</p>	<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 9</p> <p>10:00 ■ Total Body Workout with Laura Defendini (CR) (LD)</p> <p>1:30 ■ Oscar Nominated Movie (MR) (ELI)</p> <p>2:00 ■ Bingo Mania (CR) (ELI)</p> <p>3:15 ■ Karaoke (CR) (ELI)</p> <p>3:30 ■ Oscar Nominated Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (IJ)</p>	<p>10:00 ■ Rick Steves' Europe (MR) (NS) 10</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>1:30 ■ Comedy Movie (MR) (ELI)</p> <p>2:00 ■ Chair Yoga with Ellen Cohen (CR) (V)</p> <p>3:00 ■ Game Time (LIB) (R)</p> <p>3:30 ■ Comedy Movie Encore (MR) (ELI)</p> <p>3:30 ■ Poetry Reading and Discussion (LR) (ELI)</p>	<p>10:00 ■ Shabbat Service (CR) (V) 11</p> <p>10:00 ■ Rick Steves' Europe (MR) (ELI)</p> <p>11:00 ■ Walking Club (PAT) (R)</p> <p>11:15 ■ Shabbat Rituals (CR) (V)</p> <p>1:30 ■ Romance Movie (CR) (ELI)</p> <p>1:30 ■ The Great Debate with Ralph Cohen (CR) (V)</p> <p>3:00 ■ Romance Movie (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (ELI)</p>
<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 12</p> <p>10:30 ■ Tai Chi with Bruce Mckenna (CR) (V)</p> <p>1:15 ■ Classic Movie (MR) (ELI)</p> <p>2:00 ■ B.I.N.G.O. (CR) (ELI)</p> <p>3:00 ■ Ice Cream Social (LR) (ELI)</p> <p>3:15 ■ Classic Movie Encore (MR) (ELI)</p> <p>3:30 ■ Concert Ft. Jeffery Folmer (LR) (V)</p> <p>4:15 ■ Walking Club (O) (ELD)</p>	<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 13</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>1:15 ■ Award Winning Movie (MR) (IJ)</p> <p>2:00 ■ Resident Council Meeting (CR) (R)</p> <p>3:00 ■ Walking Club (O) (R)</p> <p>3:00 ■ World of Opera with Jon Dzik (CR) (V)</p> <p>3:30 ■ Award Winning Movie Encore (MR) (ELI)</p> <p>3:30 ■ Game Time (CR) (ELI)</p>	<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 14</p> <p>10:00 ■ Blissfit with Kim Schmidt (CR) (V)</p> <p>10:15 ■ Catholic Prayer Group (PDR) (V)</p> <p>1:30 ■ Drama Movie (MR) (ELI)</p> <p>2:00 ■ Bingo Mania (CR) (ELI)</p> <p>3:00 ■ Coping Mechanism Challenge (CR) (ELI)</p> <p>3:30 ■ Drama Movie Encore (MR) (IJ)</p> <p>4:15 ■ Walking Tall (O) (R)</p>	<p>10:00 ■ Hidden Villages Series (MR) (ELI) 15</p> <p>10:30 ■ Fitness Class with Jerome (CR) (ELI)</p> <p>11:30 ■ Spa Nails (LIB) (ELI)</p> <p>1:30 ■ Jewelry Making with Janis (CR) (V)</p> <p>1:30 ■ Residents' Choice Movie (MR) (ELI)</p> <p>3:00 ■ Oktoberfest Happy Hour (LR) (ELI)</p> <p>3:30 ■ Live Concert (LR) (V)</p> <p>3:30 ■ Residents' Choice Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (R)</p>	<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 16</p> <p>10:00 ■ Total Body Workout with Laura Defendini (CR) (LD)</p> <p>1:15 ■ Oscar Nominated Movie (MR) (ELI)</p> <p>2:00 ■ Bingo Mania (CR) (ELI)</p> <p>3:15 ■ Trivia (CR) (ELI)</p> <p>3:30 ■ Oscar Nominated Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (IJ)</p>	<p>10:00 ■ Hidden Villages (MR) (NS) 17</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>1:15 ■ Comedy Movie (MR) (ELI)</p> <p>2:00 ■ Chair Yoga with Ellen Cohen (CR) (V)</p> <p>3:00 ■ Game Time (LIB) (ELI)</p> <p>3:30 ■ Art Class (CR) (ELI)</p> <p>3:30 ■ Comedy Movie Encore (MR) (ELI)</p>	<p>10:00 ■ Shabbat Service (CR) (JL) 18</p> <p>10:00 ■ Rick Steins' Long Weekends (MR) (ELI)</p> <p>11:00 ■ Walking Club (PAT) (R)</p> <p>11:15 ■ Shabbat Rituals (CR) (V)</p> <p>1:30 ■ Romance Movie (CR) (ELI)</p> <p>3:30 ■ Romance Movie Encore (MR) (ELI)</p> <p>3:30 ■ Law & Order with Aytan Adler (CR) (V)</p> <p>4:15 ■ Walking Tall (O) (ELI)</p>
<p>10:00 ■ Rick Steins' Long Weekends (MR) (ELI) 19</p> <p>10:30 ■ Tai Chi with Bruce Mckenna (CR) (V)</p> <p>1:30 ■ Classic Movie (MR) (ELI)</p> <p>2:00 ■ B.I.N.G.O. (CR) (ELI)</p> <p>3:00 ■ Ice Cream Social (LR) (ELI)</p> <p>3:30 ■ Classic Movie Encore (MR) (ELI)</p> <p>3:30 ■ Live Concert (LR) (V)</p> <p>4:15 ■ Walking Club (O) (ELI)</p>	<p>Eve of Sukkot 20</p> <p>10:00 ■ Rick Steins' Long Weekends (MR) (ELI)</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>1:15 ■ Award Winning Movie (MR) (IJ)</p> <p>2:30 ■ Health Living/Aging with Mark Adelman (CR) (V)</p> <p>3:00 ■ Walking Club (LR) (R)</p> <p>3:30 ■ Award Wining Movie Encore (MR) (ELI)</p>	<p>First Day of Sukkot 21</p> <p>9:00 ■ Rick Stein and the Japanese Ambassador (MR) (ELI)</p> <p>10:00 ■ Blissfit with Kim Schmidt (CR) (V)</p> <p>10:15 ■ Catholic Prayer Service (PDR) (V)</p> <p>1:30 ■ Drama Movie (CR) (ELI)</p> <p>1:30 ■ Food For Thought Meeting (CR) (ELD)</p> <p>2:00 ■ B.I.N.G.O. (CR) (ELI)</p> <p>3:30 ■ Drama Movie Encore</p> <p>3:30 ■ Book Club Meeting with Claire (CR) (V)</p> <p>4:15 ■ Walking Tall (O) (R)</p>	<p>10:00 ■ Hidden Villages Series (MR) (ELI) 22</p> <p>10:30 ■ Fitness Class with Jerome (CR) (ELI)</p> <p>11:30 ■ Spa Nails (LIB) (ELI)</p> <p>1:30 ■ Residents' Choice Movie (MR) (ELI)</p> <p>3:00 ■ Positivitea Happy Hour (LR) (ELI)</p> <p>3:30 ■ Live Concert ft. Cadillac Brothers Duo (CR) (V)</p> <p>3:30 ■ Residents' Choice Movie Encore (MR) (ELI)</p> <p>4:30 ■ Walking Club (O) (R)</p>	<p>10:00 ■ Total Body Workout with Laura Defendini (CR) (LD) 23</p> <p>10:00 ■ Hidden Villages Series (MR) (ELI)</p> <p>1:30 ■ Oscar Nominated Movie (MR) (ELI)</p> <p>2:00 ■ B.I.N.G.O. (CR) (ELI)</p> <p>3:15 ■ Musical Masterworks with Daniel Pincus (CR) (V)</p> <p>3:30 ■ Oscar Nominated Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (ELI)</p>	<p>10:00 ■ Rick Steins' Mediterranean Escapes (MR) (ELI) 24</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>1:30 ■ Comedy Movie (MR) (ELI)</p> <p>2:00 ■ Chair Yoga with Ellen Cohen (CR) (V)</p> <p>3:00 ■ Game Time (LIB) (ELI)</p> <p>3:30 ■ Comedy Movie Encore (MR) (ELI)</p> <p>3:30 ■ Poetry Reading and Discussion (CR) (ELI)</p>	<p>10:00 ■ Shabbat Service (CR) (JL) 25</p> <p>10:00 ■ Intelligent Trees (MR) (ELI)</p> <p>11:00 ■ Walking Club (O) (ELI)</p> <p>11:15 ■ Shabbat Rituals (CR) (V)</p> <p>1:30 ■ Romance Movie (CR) (ELI)</p> <p>2:00 ■ Work Wisdom: A Discussion on our Carrers (LR) (ELI)</p> <p>3:00 ■ Romance Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Tall (PAT) (R)</p>
<p>10:00 ■ The Painting Life of Vincent Van Gogh (MR) (ELI) 26</p> <p>10:30 ■ Tai Chi with Bruce Mckenna (CR) (V)</p> <p>1:30 ■ Classic Movie (MR) (ELI)</p> <p>2:00 ■ B.I.N.G.O. (CR) (ELI)</p> <p>3:00 ■ Ice Cream Social (LR) (ELI)</p> <p>3:30 ■ Concert Ft. Larry Coleman (LR) (V)</p> <p>3:30 ■ Classic Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (ELI)</p>	<p>10:00 ■ Hidden Villages Series (MR) (ELI) 27</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>1:30 ■ Award Winning Movie (MR) (IJ)</p> <p>2:00 ■ Poetry Group (CR) (ELI)</p> <p>3:00 ■ Walking Club (O) (ELI)</p> <p>3:00 ■ World of Opera with Jon Dzik (CR) (V)</p> <p>3:00 ■ Game Time (LIB) (R)</p> <p>3:30 ■ Award Winning Movie Encore (MR) (ELI)</p>	<p>10:00 ■ Blissfit with Kim Schmidt (CR) (V) 28</p> <p>10:00 ■ Hidden Villages Series (MR) (ELI)</p> <p>10:15 ■ Catholic Prayer Group (PDR) (V)</p> <p>1:15 ■ Drama Movie (CR) (ELI)</p> <p>2:00 ■ Bingo Mania (CR) (ELD)</p> <p>3:15 ■ Ambassador Program (CR) (ELD)</p> <p>3:30 ■ Drama Movie Encore (MR) (IJ)</p> <p>4:15 ■ Walking Tall (O) (R)</p>	<p>10:00 ■ Rick Steves' Europe (MR) (ELI) 29</p> <p>10:30 ■ Fitness Class with Jerome (CR) (V)</p> <p>11:30 ■ Spa Nails (LR) (ELI)</p> <p>1:15 ■ Residents' Choice Movie (MR) (ELI)</p> <p>1:30 ■ Jewelry Making with Janis (CR) (V)</p> <p>3:00 ■ Ice Cream "Bar" Happy Hour (LR) (ELI)</p> <p>3:30 ■ Live Concert ft. Gary Lovett (LR) (V)</p> <p>3:30 ■ Residents' Choice Encore (MR) (ELI)</p> <p>4:30 ■ Walking Club (PAT) (R)</p>	<p>10:00 ■ Total Body Workout with Laura Defendini (CR) (V) 30</p> <p>10:00 ■ Rick Steves' Europe (MR) (ELI)</p> <p>1:30 ■ Oscar Nominated Movie (MR) (ELI)</p> <p>2:00 ■ Bingo Mania (CR) (ELI)</p> <p>3:15 ■ Karaoke (CR) (ELI)</p> <p>3:30 ■ Oscar Nominated Movie Encore (MR) (ELI)</p> <p>4:15 ■ Walking Club (O) (R)</p>	<p>ROOM LOCATION KEY:</p> <p>Living Room LR</p> <p>Community Room CR</p> <p>Media Room MR</p> <p>Private Dining Room PDR</p> <p>Library LIB</p> <p>Outing O</p> <p>Patio PAT</p>	<p>STAFF KEY:</p> <p>Engage Life® Instructor ELI</p> <p>James Lapin JL</p> <p>Resident Led R</p> <p>Laura Defendini LD</p> <p>Outside Vendor V</p> <p>Engage Life® Director ELD</p> <p>Inez Jimenez IJ</p> <p>Nina-Simone Stone NS</p>

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

- Honoring First Responders**
Saturday, September 11, 4:00 PM
- Grandparent's Celebration Tea**
Sunday, September 12, 2:00 PM
- Oktoberfest Happy Hour**
Wednesday, September 15, 2:30 PM



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- HEALTH AND PHYSICAL FITNESS
- LIFELONG LEARNING AND INTELLECTUAL STIMULATION
- CREATIVE EXPRESSION AND THE ARTS
- SOCIAL CONNECTION AND ENTERTAINMENT
- CIVIC AND PROFESSIONAL INVOLVEMENT
- RELIGIOUS AND SPIRITUAL FELLOWSHIP

<p>9:30 LIS Daily Inspirations 10:00 HPF Health Warriors 11:00 RSF Faith & Spirituality 11:30 CEA Craft Corner 1:30 SCE Brain Games 2:00 LIS Creative Writing 2:30 SCE Conversation and Coffee 3:30 HPF Walking Club 4:30 CEA Beach Blanket Music: Annette Funicello 6:30 SCE Popcorn & Movie Night</p>	<p>5</p>	<p>6</p> <p>LABOR DAY ROSH HASHANAH 9:30 LIS Daily Inspirations 10:00 HPF Strength & Balance 11:00 LIS Book Club 1:30 SCE Pen Pals! 2:30 SCE Conversation and Coffee 3:30 HPF Rhythm is Gonna Get You! 4:30 CEA Reminiscing: A Day At Work 6:30 RSF Relax. Renew. Recharge.</p>	<p>7</p> <p>BEER LOVER'S DAY 9:30 LIS Daily Inspirations 10:00 HPF Arthritis Exercise Class 11:00 LIS Traveling Under the Sea 1:30 SCE Bowling 2:30 SCE Beer Social Hour 3:30 HPF Upper Body Strengthening 4:30 CEA 1964 Music: A Day at Work 6:30 RSF Relax. Renew. Recharge.</p>	<p>8</p> <p>LETTER WRITING DAY 9:30 LIS Daily Inspirations 10:00 HPF Muscles in Motion 11:00 LIS Let's Talk! 11:00 Creative Writing 1:30 SCE Bocce 2:30 CEA Gin & Jazz Happy Hour 3:30 HPF Fitness Matters 4:30 CEA Musical Instruments: Piano 6:30 RSF Relax. Renew. Recharge.</p>	<p>9</p> <p>TEDDY BEAR DAY 9:30 LIS Daily Inspirations 10:00 HPF Move to the Beat 11:00 CEA Choir Practice 1:30 SCE Dear Diary 2:00 CPI Hobby Workshop 2:30 CEA Fall Trail Mix 3:30 HPF Light & Lively 4:30 CEA 1956 Music: The Ed Sullivan Show 6:30 RSF Relax. Renew. Recharge.</p>	<p>10</p> <p>PATRIOT DAY 9:30 LIS Daily Inspirations 10:00 HPF Posture & Stretch 11:00 CEA Listen To Your heART 1:30 SCE Trivia Challenge 2:00 LIS Appreciation of Impressionism 2:30 SCE Wine & Cheese Happy Hour 3:30 HPF Moving for Memory 4:30 CEA Biblical Music: The Byrds 6:30 RSF Relax. Renew. Recharge.</p>
<p>GRANDPARENTS DAY 9:30 LIS Daily Inspirations 10:00 HPF Health Warriors 11:00 RSF Faith & Spirituality 1:30 SCE Brain Games 2:00 LIS Grandparent's Celebration Tea 2:30 SCE Social Hour 3:30 HPF Walking Club 4:30 CEA Music Trivia: Frank Sinatra 6:30 SCE Popcorn & Movie Night</p>	<p>12</p>	<p>13</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Strength & Balance 11:00 LIS Book Club 1:30 SCE Bingo! 2:30 SCE Social Hour 3:30 HPF Rhythm is Gonna Get You! 4:30 CEA Music Composer: Gabriel Charpentier 6:30 RSF Relax. Renew. Recharge.</p>	<p>14</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Arthritis Exercise Class 11:00 LIS Traveling to the Lion's Den 1:30 SCE Bowling 2:30 SCE Trivia Club 3:00 CEA Gardening 3:30 HPF Upper Body Strengthening 4:30 CEA The Star-Spangled Banner 6:30 RSF Relax. Renew. Recharge.</p>	<p>15</p> <p>YOM KIPPUR 9:30 LIS Daily Inspirations 10:00 HPF Muscles in Motion 11:00 LIS Let's Talk! 11:00 Coffee Chat 1:30 SCE Bocce 2:30 CEA Oktoberfest Happy Hour 3:30 HPF Fitness Matters 4:30 CEA Music Playlist: John Fogerty 6:30 RSF Relax. Renew. Recharge.</p>	<p>16</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Move to the Beat 11:00 CEA Choir Practice 1:30 SCE Dear Diary 2:00 CPI Hobby Workshop 2:30 SCE Social Hour 3:30 HPF Light & Lively 4:30 CEA Blues Music: B.B. King 6:30 RSF Relax. Renew. Recharge.</p>	<p>17</p> <p>INTERNATIONAL COUNTRY MUSIC DAY 9:30 LIS Daily Inspirations 10:00 HPF Posture & Stretch 11:00 CEA Listen To Your heART 1:30 SCE Country Trivia Challenge 2:00 LIS Appreciation of Expressionism 2:30 SCE Wine & Cheese Happy Hour 3:30 HPF Moving for Memory 4:30 CEA International Country Music 6:30 RSF Relax. Renew. Recharge.</p>
<p>BATMAN DAY 9:30 LIS Daily Inspirations 10:00 HPF Health Warriors 11:00 RSF Faith & Spirituality 11:30 CEA Craft Corner 1:30 SCE Brain Games 2:00 LIS Learn a Dessert Recipe! 2:30 LIS History of Batman 3:30 HPF Walking Club 4:30 CEA Music Reminiscing: School Days 6:30 SCE Popcorn & Movie Night</p>	<p>19</p>	<p>20</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Strength & Balance 11:00 LIS Book Club 1:30 SCE Bingo! 2:30 SCE Conversation and Trivia 3:30 HPF Rhythm is Gonna Get You! 4:30 CEA Cartoon Music History: The Archies 6:30 RSF Relax. Renew. Recharge.</p>	<p>21</p> <p>WORLD GRATITUDE DAY 9:30 LIS Daily Inspirations 10:00 HPF Arthritis Exercise Class 11:00 LIS Traveling to Italy 12:00 SCE Authentic Mexican Cuisine 1:30 SCE Bowling 2:30 CEA I Am Thankful for... 3:30 SCE The Gentlemen's Club 4:30 HPF Upper Body Strengthening 6:30 RSF Relax. Renew. Recharge.</p>	<p>22</p> <p>WORLD RHINO DAY 9:30 LIS Daily Inspirations 10:00 HPF Muscles in Motion 11:00 LIS Let's Talk! 11:00 Coffee Chat 1:30 SCE Animal Kingdom: Rhino's 2:30 CEA PositiviTEA Happy Hour 3:30 HPF Fitness Matters 4:30 CEA Music Playlist: Season of Autumn 6:30 RSF Relax. Renew. Recharge.</p>	<p>23</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Move to the Beat 11:00 CEA Choir Practice 1:30 SCE Dear Diary 2:00 CPI Resident Meeting 2:30 CEA Let's Bake...Apple Pie! 3:30 HPF Light & Lively 4:30 CEA Defining Music Genres: Classical Music 6:30 RSF Relax. Renew. Recharge.</p>	<p>24</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Posture & Stretch 11:00 CEA Listen To Your heART 1:30 SCE Trivia Challenge 2:00 LIS Appreciation of Photography 2:30 SCE Wine & Cheese Happy Hour 3:30 HPF Moving for Memory 4:30 CEA Sing Across Canada: Gordon Lightfoot 6:30 RSF Relax. Renew. Recharge.</p>
<p>9:30 LIS Daily Inspirations 10:00 HPF Health Warriors 11:00 RSF Faith & Spirituality 11:30 CEA Craft Corner 1:30 SCE Brain Games 2:00 LIS Learn a Greek Recipe! 2:30 SCE Conversation and Trivia 3:30 HPF Walking Club 4:30 CEA Music in Advertisements 6:30 SCE Popcorn & Movie Night</p>	<p>26</p>	<p>27</p> <p>ANCESTOR DAY 9:30 LIS Daily Inspirations 10:00 HPF Strength & Balance 11:00 LIS Book Club 1:30 SCE Bingo! 2:30 SCE Genealogy Discussion 3:30 HPF Rhythm is Gonna Get You! 4:30 CEA Music Journaling Club: John Denver 6:30 RSF Relax. Renew. Recharge.</p>	<p>28</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Arthritis Exercise Class 11:00 LIS Traveling to France 1:30 SCE Bowling 2:30 SCE Biscotti and Tea Social Hour 3:30 HPF Upper Body Strengthening 4:30 CEA Defining Music Genres: The Beatles 6:30 RSF Relax. Renew. Recharge.</p>	<p>29</p> <p>NATIONAL COFFEE DAY 9:30 LIS Daily Inspirations 10:00 HPF Muscles in Motion 11:00 LIS Conversation and Trivia 1:30 SCE Coffee Trivia 2:30 CEA Ice Cream "Bar" Happy Hour 3:00 LIS History of the Coast Guard 3:30 HPF Fitness Matters 4:30 CEA Bing Crosby & Dixie Lee: Our Wedding Day 6:30 RSF Relax. Renew. Recharge. 7:00 SCE Evening Movie</p>	<p>30</p> <p>HOT CIDER DAY 9:30 LIS Daily Inspirations 10:00 HPF Move to the Beat 11:00 LIS You Be the Judge 1:30 SCE Dear Diary 2:00 CPI Hobby Workshop 2:30 SCE Spicy Cider Social Club 3:30 HPF Light & Lively 4:30 CEA Broadway Music: Julie Andrews 6:30 RSF Relax. Renew. Recharge. 7:00 SCE Evening Movie</p>	<p>25</p> <p>9:30 LIS Daily Inspirations 10:00 HPF Let's Get Moving! 11:00 LIS Let's Learn A New Language 1:30 SCE Are You Up to the Challenge? 2:30 SCE Coffee, Tea & Me 3:30 HPF Walking Club 4:00 CPI Donate to a Local Shelter 4:30 CEA Music History: The Porter Wagoner Show 6:30 SCE Popcorn & Movie Night</p>