

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

MOTHER'S DAY DINNER
Sunday, May 14, 11:30 am

MURDER MYSTERY PARTY
Tuesday, May 16, 6:00 pm

**ARE YOU SMARTER
THAN A SENIOR?**
Friday, May 19, 6:00 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- W** Wisdom of Curiosity

Happy Birthday Donna!
 10:00 **HF** Zumba® (ELC)
 10:30 **EF** Book Club Coffee (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **CE** Art Class (ELC) [AR]
 3:30 **C** Getting to Know Your Neighbor (TVR) [LB]
 6:00 **PA** Rummikub® (LR)
 6:30 Movie Western Night (TVR)

10:00 **HF** Tai Chi (ELC)
 10:30 **EF** Wii® Tournament (TVR) [LB]
 1:30 **IS** Bible Study (TVR)
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **PA** Resident Meeting (TVR) [LB]
 3:30 **EF** TUESDAY MUSIC (LR)
 6:00 **LL** Earth's Energy from Plants & Gems (LR) [LB]

9:30 Shopping (B)
 10:00 **HF** Care Rhythms (ELC)
 10:30 **CV** Create for A Cause (LR)
 1:30 Shopping (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **C** Newcomers Social (ELC) [LB]
 6:00 **LL** Baileys & Biographies (LR) [LB]
 6:30 **PA** Movie Night with Lynn (TVR)

Happy Birthday Max!
 10:00 **HF** Tai Chi (ELC)
 10:30 **IS** Catholic Communion (TVR)
 11:00 **PA** Celebrate May Birthdays with Duane (LR) [LB]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **CV** Campus Clean-up (LR) [LB]
 3:00 Bingo (ELC) [AC]
 6:00 **LL** Haunted History (ELC) [LB]
 6:30 Old Time Comedy Movies (TVR)

10:00 **HF** Exercise (ELC) [LB]
 10:30 **CE** Jewelry Making (ELC) [LB]
 2:00 **HF** Gentle Yoga (ELC) [AC]
 2:00 Poker (TVR)
 3:00 **EF** Yuba Rio Hot Club Concert (LR) [LB]
 6:00 In Concert - Musical Movies (TVR)
 6:00 **PA** Learn to Play A New Game (ELC)

9:00 **PA** Billiards (TVR)
 10:00 **HF** Exercise (ELC)
 10:30 **IS** Worship Service (TVR)
 11:00 **HF** Engage Your Brain (EYB) (LR) [JW]
 2:00 **HF** Gentle Yoga [JW]
 3:00 **C** Jukebox Jams (TVR) [JW]
 6:00 **PA** Songs with Don, John, Kari & Friends (LR)
 6:30 **EF** Saturday Night at the Movies with Lynn (TVR)

9:00 **PA** Billiards (TVR)
 10:00 **HF** Strength Training (ELC) [AC]
 2:00 **HF** Gentle Yoga (ELC) [AC]
 2:30 **LL** Tech Talk (LR) [AC]
 3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
 6:00 **IS** Religious Study Group (ELC)
 6:30 Family Movie Night (TVR)

10:00 **HF** Zumba® (ELC)
 10:30 **EF** Yoga in the Park (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **CE** Art Class (ELC) [LB]
 3:30 **C** MOTHER'S DAY: GIFTS OF TIME (TVR) [LB]
 6:00 **PA** Bridge (LR)
 6:30 Movie Western Night (TVR)

10:00 **HF** Qigong (ELC)
 11:00 **W** WELL-BEING CHECK IN (ELC) [LB]
 1:30 **IS** Bible Study (TVR)
 1:30 **IS** Caregiver Support Group
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **CV** We Care Program (LR) [LB]
 3:30 **EF** TUESDAY MUSIC (LR)
 6:00 **LL** Earth's Energy from Plants & Gems (LR) [LB]

9:30 Shopping (B)
 10:00 **HF** Care Rhythms (ELC)
 10:30 **CV** Create for a Cause (TVR)
 1:30 Shopping (B)
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **C** Mother's Day: Gifts of Time (LR) [LB]
 6:00 **LL** Baileys & Biographies (LR) [LB]
 6:30 **PA** Movie Night with Lynn (TVR)

Happy Birthday Dick!
 10:00 **HF** Qigong (ELC)
 10:30 **IS** Catholic Communion (TVR)
 11:00 **PA** Special Celebrations with Duane (LR) [LB]
 1:30 **HF** Food for Thought (ELC)
 2:00 **HF** Gentle Yoga (TVR) [LB]
 3:00 Bingo (ELC) [LB]
 6:00 **LL** Color Psychology (LR) [LB]
 6:30 Old Time Comedy Movies (TVR)

Happy Birthday Oz!
 10:00 **HF** Exercise (ELC) [LB]
 10:30 **CE** Jewelry Making [LB]
 1:30 **HF** Parkinson's Support Group (ELC)
 2:00 **HF** Gentle Yoga (TVR) [AC]
 3:00 **EF** BILLY BENSINGS GUITAR & MANDOLIN (LR) [LB]
 6:00 In Concert - Musical Movies (TVR)
 6:00 **PA** Learn to Play A New Game (ELC)

9:00 **PA** Billiards (TVR)
 10:00 **HF** Exercise (ELC)
 10:30 **IS** Worship Service (TVR)
 11:00 **HF** Engage Your Brain (EYB) (LR) [JW]
 2:00 **HF** Gentle Yoga [JW]
 3:00 **C** Jukebox Jams (TVR)
 6:00 **IS** Quote of the Day
 6:30 **EF** Saturday Night at the Movies with Lynn (TVR)

9:00 **PA** Billiards (TVR)
 10:00 **HF** Strength Training (ELC) [AC]
 11:30 **C** MOTHER'S DAY DINNER (LR) [LB]
 2:00 **HF** Walkabout (ELC) [AC]
 3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
 6:00 **IS** Religious Study Group (ELC)
 6:30 Family Movie Night (TVR)

10:00 **HF** Zumba® (ELC)
 10:30 **EF** Gems in Nevada County (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **CE** Art Class (ELC) [LB]
 3:30 **C** Write Your Story (TVR) [LB]
 6:00 **PA** Dominoes (LR)
 6:30 Movie Western Night (TVR)

10:00 **HF** Tai Chi (ELC)
 10:30 **EF** Wii® Tournament (TVR) [LB]
 1:30 **IS** Bible Study (TVR)
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:30 **EF** TUESDAY MUSIC (LR)
 6:00 **C** MURDER MYSTERY PARTY (LR) [LB]

9:30 Shopping (B)
 10:00 **HF** Care Rhythms (ELC)
 10:30 **CV** Create for A Cause (LR)
 1:30 Shopping (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **CV** EL Programming Meeting (LR)
 6:00 **LL** Baileys & Biographies (LR) [LB]
 6:30 **PA** Movie Night with Lynn (TVR)

10:00 **HF** Tai Chi (ELC)
 10:30 **IS** Catholic Communion (TVR)
 11:00 **PA** Special Celebrations with Duane (LR) [LB]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 Bingo
 6:00 **LL** Haunted History (LR) [LB]
 6:30 Old Time Comedy Movies (TVR)

10:00 **HF** Exercise (ELC) [LB]
 10:30 **CE** Jewelry Making (ELC) [LB]
 2:00 **HF** Gentle Yoga (ELC) [AC]
 2:00 Poker (TVR)
 6:00 **CV** ARE YOU SMARTER THAN A SENIOR? (LR) [LB]
 6:00 **PA** Learn to Play A New Game (ELC)

9:00 **PA** Billiards (TVR)
 10:00 **HF** Exercise (ELC)
 10:30 **IS** Worship Service (TVR)
 11:00 **HF** Engage Your Brain (LR) [JW]
 2:00 **HF** Gentle Yoga [JW]
 3:00 **C** Jukebox Jams (TVR) [JW]
 6:00 **PA** Don & John on Piano & Violin
 6:30 **EF** Saturday Night at the Movies with Lynn (TVR)

Happy Birthday Kay!
 9:00 **PA** Billiards (TVR)
 10:00 **HF** Strength Training (ELC) [AC]
 2:00 **HF** Gentle Yoga (ELC) [AC]
 2:30 **CE** Crafting with Allie (LR) [AC]
 3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
 6:00 Family Movie Night (TVR)
 6:00 **IS** Religious Study Group (ELC)

Happy Birthday Phyllis W.!
 10:00 **HF** Zumba® (ELC)
 10:30 **EF** Thrift Shop Hop (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **CE** Art Class (ELC) [LB]
 3:30 **C** Cottage Get-together (TVR) [LB]
 5:30 **IS** Adult Caregiver Support (LIB)
 6:00 **PA** Comedy Night (LR)
 6:30 Movie Western Night (TVR)

10:00 **HF** Qigong (ELC)
 11:00 **W** WELL-BEING CHECK IN (ELC) [LB]
 1:30 **IS** Bible Study (TVR)
 1:30 **IS** Caregiver Support Group
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **CV** Ambassador Meeting (ELC) [LB]
 3:30 **EF** TUESDAY MUSIC (LR)
 6:00 **LL** Earth's Energy from Plants & Gems (LR) [LB]

9:30 Shopping
 10:00 **HF** Care Rhythms (ELC)
 10:30 **CV** Create for A Cause (LR)
 1:30 Shopping (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **C** Block Party (ELC) [LB]
 6:00 **LL** Baileys & Biographies (LR) [LB]
 6:30 **PA** Movie Night with Lynn (TVR)

Happy Birthday Julia & Noel!
 10:00 **HF** Qigong (ELC)
 10:30 **IS** Catholic Communion (TVR)
 11:00 **PA** Special Celebration with Duane (LR) [LB]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **CV** Campus Clean-up (LR) [LB]
 3:00 Bingo (ELC) [LB]
 6:00 **LL** Haunted History (LR) [LB]
 6:30 Old Time Comedy Movies (TVR)

10:00 **HF** Exercise (ELC) [LB]
 10:30 **CE** Jewelry Making (ELC) [LB]
 2:00 **HF** Gentle Yoga (ELC) [AC]
 2:00 Poker (TVR)
 3:00 **EF** PRE-EXISTING CONDITIONS IN CONCERT (ELC) [LB]
 6:00 In Concert - Musical Movies (TVR)
 6:00 **PA** Learn to Play A New Game (ELC)

9:00 **PA** Billiards (TVR)
 10:00 **HF** Exercise (ELC)
 10:30 **IS** Worship Service (TVR)
 11:00 **HF** Engage Your Brain (LR) [JW]
 2:00 **HF** Gentle Yoga (ELC) [JW]
 3:00 **C** Jukebox Jams (TVR) [JW]
 6:00 **IS** Quote of the Day (LR)
 6:30 **EF** Saturday Night at the Movies with Lynn (TVR)

9:00 **PA** Billiards (TVR)
 10:00 **HF** Strength Training (ELC) [AC]
 2:00 **HF** Gentle Yoga (ELC) [AC]
 2:30 **LL** Tech Talk (LR) [AC]
 3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
 6:00 **IS** Religious Study Group (ELC)
 6:30 Family Movie Night (TVR)

10:00 **HF** Zumba® (ELC)
 11:00 **EF** Memorial Day Service (LR) [LB]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 2:30 **CE** Art Class (ELC)
 3:30 **C** Memorial Day Get-together (LR) [LB]
 6:00 **EF** Billiards Tournament (ELC)

10:00 **HF** Tai Chi/Qigong (ELC)
 11:00 **IS** Nature Walk (LR) [LB]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **LL** Book Club (TVR) [LB]
 3:30 **EF** Tuesday Music (LR)
 6:00 **LL** Earth's Energy from Plants & Gems (LR) [LB]

9:30 Shopping (B) [SM]
 10:00 **HF** Care Rhythms (ELC)
 10:30 **CV** Create for a Cause (LR) [LB]
 1:30 Shopping (B) [SM]
 2:00 **HF** Gentle Yoga (ELC) [LB]
 3:00 **C** Storyteller Get-together (TVR) [LB]
 6:00 **LL** Baileys & Biographies (LR) [LB]



- ROOM LOCATION KEY:**
- Engage Life Center ELC
 - Bus B
 - TV Room TVR
 - Lobby LR
 - Library LIB
- STAFF KEY:**
- Suzanne Molner SM
 - Lois Bevan LB
 - Alicia Rist AR
 - Allie Crook AC
 - Jeanette Williams JW

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LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

YUBA RIO HOT CLUB CONCERT

Friday, May 5, 3:00 pm

MOTHER'S DAY DINNER

Sunday, May 14, 12:00 pm

**ARE YOU SMARTER
THAN A SENIOR?**

Friday, May 19, 6:00 pm

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- W** Wisdom of Curiosity

<p>9:30 HF Yoga (CR) [JW]</p> <p>10:30 PA Legato Music, BLUE MOON!</p> <p>11:00 CE Art Expression (CR)</p> <p>1:00 EF Get to Know Your Neighbor (CR)</p> <p>4:00 HF Balancing Moves (CR)</p> <p>6:00 LL Front Porch Travels</p>	<p>1</p>	<p>9:30 HF Low-Impact Aerobic (CR) [JW]</p> <p>10:00 CE Legato Talent Show (CR)</p> <p>11:00 IS Reading Aloud (CR) [JW]</p> <p>1:30 HF Strength and Balance Program (CR) [JW]</p> <p>2:30 IS Bible Study (CR)</p> <p>6:00 EF Sports Update</p>	<p>2</p>	<p>9:30 HF Matter of Balance (CR)</p> <p>10:30 C Beauty Shop</p> <p>11:00 CE Celebrating Judy Garland (CC)</p> <p>1:30 HF Legato Music and Exercise (CR)</p> <p>2:30 CE Storytelling (CR)</p> <p>3:00 EF Games (CR)</p> <p>6:00 IS Meditation</p>	<p>3</p>	<p>Happy Birthday Remo!</p> <p>9:30 HF Yoga (CR) [AC]</p> <p>10:00 LL Legato Music Appreciation (CR)</p> <p>11:00 PA Celebrate with Duane (LR)</p> <p>1:30 HF Low-Impact Aerobic (CR)</p> <p>2:30 C Neighborhood Party (CC) [AC]</p> <p>4:00 IS Nature Study (CR)</p> <p>6:00 LL News You Can Use (CR)</p>	<p>4</p>	<p>9:30 HF Stretch & Flex (CR)</p> <p>10:30 IS Legato Music Sing Along (CR)</p> <p>1:30 HF Yoga (CR)</p> <p>2:00 LL CINCO DE MAYO Trivia Challenge (CR)</p> <p>3:00 EF YUBA RIO HOT CLUB CONCERT (LR) [LB]</p> <p>6:00 C Popcorn Party (CR)</p>	<p>5</p>	<p>10:00 HF Legato Music & Exercise (CR)</p> <p>10:30 IS Worship Service</p> <p>1:30 HF Toe Tapping Exercise (CR)</p> <p>2:30 C KENTUCKY DERBY PARTY</p> <p>4:00 CE Story Time</p> <p>6:00 EF Saturday Night at the Movies</p>	<p>6</p>
<p>9:30 HF Conductorcise® (CR) [AC]</p> <p>10:30 LL The Sunday News (CR)</p> <p>1:30 HF Legato Music & Exercise</p> <p>2:30 CV Greeting Cards for the Community (CC)</p> <p>4:00 W Wisdom of the Week (CR)</p> <p>6:00 EF Games (CR)</p>	<p>7</p>	<p>9:30 HF Low-Impact Aerobic (CR) [JW]</p> <p>10:00 CE Legato Talent Show (CR)</p> <p>11:00 IS Reading Aloud (CR) [JW]</p> <p>1:30 HF Strength and Balance Program (CR) [JW]</p> <p>2:30 IS Bible Study (CR)</p> <p>6:00 EF Sports Update (CR)</p>	<p>9</p>	<p>9:30 HF Matter of Balance (CR)</p> <p>10:30 C Beauty Shop</p> <p>11:00 CE Celebrating Fred Astaire (CR)</p> <p>1:30 HF Legato Music & Exercise (CR)</p> <p>2:30 CE Storytelling (CR)</p> <p>3:00 EF Games</p> <p>6:00 IS Meditation</p>	<p>10</p>	<p>9:30 HF Yoga (CR) [AC]</p> <p>10:00 LL Legato Music Appreciation (CR)</p> <p>11:00 PA Celebrate with Duane (LR)</p> <p>1:30 HF Low-Impact Aerobic (CR)</p> <p>2:30 C Neighborhood Party (CC) [AC]</p> <p>4:00 IS Nature Study (CR)</p> <p>6:00 LL News You Can Use (CR)</p>	<p>11</p>	<p>9:30 HF Stretch & Flex (CR)</p> <p>10:30 IS Legato Music Program (CR)</p> <p>1:30 HF Yoga (CR) [AC]</p> <p>2:00 LL Trivia Challenge (CR)</p> <p>3:00 EF BILLY BENSING SONGWRITER STYLE (LR) [LB]</p> <p>6:00 C Popcorn Party (CR)</p>	<p>12</p>	<p>10:00 HF Legato Music & Exercise (CR)</p> <p>10:30 IS Worship Service (ELC)</p> <p>1:30 HF Toe Tapping Exercise</p> <p>2:30 IS Drum Circle (G)</p> <p>4:00 CE Story Time (CR)</p> <p>6:00 EF Saturday Night at the Movies (CR)</p>	<p>13</p>
<p>HAPPY MOTHER'S DAY!</p> <p>9:30 HF Conductorcise® (CR) [AC]</p> <p>10:30 LL The Sunday News (CR)</p> <p>12:00 EF MOTHER'S DAY DINNER (DR)</p> <p>1:30 HF Legato Music & Exercise</p> <p>2:30 CV Greeting Cards for the Community (CR)</p> <p>4:00 W Wisdom of the Week (CR)</p> <p>6:00 EF Games (CR)</p>	<p>14</p>	<p>9:30 HF Low-Impact Aerobic (CR) [JW]</p> <p>10:00 CE Legato Featuring Liberate (CR) [JW]</p> <p>11:00 IS Reading Aloud (CR) [JW]</p> <p>1:30 HF Strength and Balance Program [JW]</p> <p>2:30 IS Bible Study (CR)</p> <p>6:00 EF Sports Update (CR)</p>	<p>16</p>	<p>9:30 HF Matter of Balance (CR)</p> <p>10:30 C Beauty Shop</p> <p>11:00 CE Celebrating Liberace (CR)</p> <p>1:30 HF Legato Music & Exercise [LB]</p> <p>2:30 CE Storytelling (CR)</p> <p>3:00 EF Games (CR)</p> <p>6:00 IS Meditation</p>	<p>17</p>	<p>9:30 HF Yoga (CR) [AC]</p> <p>10:00 LL Legato Music Appreciation (CR)</p> <p>11:00 PA Celebrate with Duane (LR)</p> <p>1:30 HF Low-Impact Aerobic (CR)</p> <p>2:30 C Neighborhood Party (DR) [AC]</p> <p>3:00 IS Nature Study (CR)</p> <p>6:00 LL News You Can Use (CR)</p>	<p>18</p>	<p>9:30 HF Stretch & Flex (CR)</p> <p>10:30 IS Legato Music Irish Tunes (CR)</p> <p>1:30 HF Yoga (CR)</p> <p>2:00 LL Trivia Challenge (CR)</p> <p>6:00 EF ARE YOU SMARTER THAN A SENIOR? (LR) [LB]</p> <p>6:00 C Popcorn Party (CR)</p>	<p>19</p>	<p>10:00 HF Legato Music & Exercise (CR)</p> <p>10:30 IS Worship Service (ELC)</p> <p>1:30 HF Toe Tapping Exercise</p> <p>2:30 IS Drum Circle (G)</p> <p>4:00 CE Story Time (CR)</p> <p>6:00 EF Saturday Night at the Movies (CR)</p>	<p>20</p>
<p>9:30 HF Conductorcise® (CR) [AC]</p> <p>10:30 LL The Sunday News (CR)</p> <p>1:30 HF Legato Music & Exercise</p> <p>2:30 CV Greeting Cards for the Community (CR)</p> <p>4:00 W Wisdom of the Week (CR)</p> <p>6:00 EF Games (CR)</p>	<p>21</p>	<p>9:30 HF Low-Impact Aerobic (CR)</p> <p>10:00 CE Legato Talent Show (CR)</p> <p>11:00 IS Reading Aloud [JW]</p> <p>1:30 HF Strength and Balance Program (CR) [JW]</p> <p>2:30 IS Bible Study (CR)</p> <p>6:00 EF Sports Update (CR)</p>	<p>23</p>	<p>9:30 HF Matter of Balance (CR)</p> <p>10:30 C Beauty Shop</p> <p>11:00 CE Celebrating Tap Dance Day (CR)</p> <p>1:30 HF Legato Music & Exercise</p> <p>2:30 CE Storytelling (CR)</p> <p>6:00 IS Meditation</p>	<p>24</p>	<p>Happy Birthday Christina!</p> <p>9:30 HF Yoga (CR) [AC]</p> <p>10:00 LL Legato Music Appreciation (CR)</p> <p>11:00 PA Celebrate with Duane (CR)</p> <p>1:30 HF Low-Impact Aerobic (CR)</p> <p>2:30 C Neighborhood Party (CR) [AC]</p> <p>3:00 IS Nature Study (CR)</p> <p>6:00 LL News You Can Use (CR)</p>	<p>25</p>	<p>9:30 HF Stretch & Flex</p> <p>10:30 IS Legato Music Program (CR)</p> <p>1:30 HF Yoga [AC]</p> <p>2:00 LL Trivia Challenge (CR)</p> <p>3:00 EF PRE-EXISTING CONDITIONS IN CONCERT (LR) [LB]</p> <p>6:00 C Popcorn Party (CR)</p>	<p>26</p>	<p>10:00 HF Legato Music & Exercise</p> <p>10:30 IS Worship Service (ELC)</p> <p>1:30 HF Toe Tapping Exercise</p> <p>2:30 IS Play An Instrument Day</p> <p>4:00 CE Story-time (CR)</p> <p>6:00 EF Saturday Night at the Movies (CR)</p>	<p>27</p>
<p>9:30 HF Conductorcise® (CR) [AC]</p> <p>10:30 LL The Sunday News (CR)</p> <p>1:30 HF Legato Music & Exercise</p> <p>2:30 CV Greeting Cards for the Community (CR)</p> <p>4:00 W Wisdom of the Week (CR)</p> <p>6:00 EF Games (CR)</p>	<p>28</p>	<p>9:30 HF Low-Impact Aerobic (CR) [JW]</p> <p>10:00 CE Legato Talent Show (CC) [JW]</p> <p>11:00 IS Reading Aloud (CR) [JW]</p> <p>1:30 HF MOVIN & GROOVIN (CR) [JW]</p> <p>2:30 IS Bible Study (CR)</p> <p>6:00 EF Sports Update (CR)</p>	<p>30</p>	<p>7:00 CE Celebrating Senior Fitness Day</p> <p>9:30 HF Matter of Balance Class</p> <p>10:30 C Beauty Shop</p> <p>1:30 HF Legato Music & Exercise (CR)</p> <p>2:30 CE Storytelling (CR)</p> <p>6:00 IS Meditation</p>	<p>31</p>	<p>HAPPY MEMORIAL DAY!</p> <p>9:30 HF Yoga (CR)</p> <p>10:30 PA Legato Music, My Favorite! (CR)</p> <p>11:00 IS MEMORIAL DAY SERVICE</p> <p>1:00 EF Get to Know Your Neighbor (G)</p> <p>2:30 EF Scenic Ride (B) [SM]</p> <p>4:00 HF Balancing Moves (CR) [JW]</p> <p>6:00 LL Front Porch Travels (CR)</p>	<p>29</p>	<p>30</p>			



Atria ENGAGE LIFE

ROOM LOCATION KEY:

- Community Room CR
- Cupcake Room CC
- Lobby LR
- Bus B
- Engage Life Center ELC
- Gazebo G
- Dining Room DR

STAFF KEY:

- Jeanette Williams JW
- Allie Crook AC
- Lois Bevan LB
- Suzanne Molner SM