

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

July 4th Barbeque

Tuesday, July 4, 11:30 am

Adventurous Eaters Club

Wednesday, July 12, 3:30 pm

Chef Showdown

Wednesday, July 19, 11:30 am

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength Training (ELC) [AC]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **LL** Tech Talk (LR) [AC]
3:45 **W** Wisdom of the Week (ELC) [AC]
6:00 **IS** Religious Study Group (ELC)

31
10:00 **HF** Zumba® (ELC)
10:30 **EF** Narrow Gauge Railroad Museum (B) [SM]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **CE** Art Class (ELC)
3:30 **C** Hobby Workshop (TVR) [LB]
6:00 **IS** Short Stories with Lois (LR) [LB]



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- W** Wisdom of Curiosity

- ROOM LOCATION KEY:**
- TV Room TVR
 - Engage Life Center ELC
 - Lobby LR
 - Bus B
 - Patio P
 - Restaurant R
 - Library LIB

- STAFF KEY:**
- Jeanette Williams JW
 - Allie Crook AC
 - Suzanne Molner SM
 - Alicia Rist AR
 - Lois Bevan LB

1
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength & Balance Class (ELC)
10:30 **IS** Worship Service (TVR)
11:00 **HF** Brain Games (LR) [JW]
2:00 **HF** Modern Yoga [JW]
3:00 **C** Jukebox Jams (TVR) [JW]
6:00 **IS** Quote of the Day (LR)

Happy Birthday Dorothy P.! **2**
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength Training (ELC) [AC]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **LL** Tech Talk [AC]
3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
6:00 **IS** Religious Study Group (ELC)

3
10:00 **HF** Zumba® (ELC)
10:30 **EF** Colors of Nevada County (B) [SM]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **CE** Art Class (ELC) [AR]
3:30 **C** iPad Connection [LB]
6:00 **IS** Short Stories with Lois (LR) [LB]

HAPPY FOURTH! **4**
9:30 **EF** Independence Day Parade (B) [SM]
10:00 **HF** Tai Chi and Chai Tea (ELC)
11:00 **CE** Garden Club (P) [LB]
11:30 **EF** July 4th Barbeque (TVR)
1:30 **IS** Bible Study (TVR)
2:00 **HF** Posture Yoga (ELC) [AC]
3:30 **EF** TUESDAY MUSIC (LR)
6:00 **LL** Yankee Doodle Dandy (TVR)

Happy Birthday Shirley B. and Paul! **5**
9:30 Shop the Brunswick Basin (B) [SM]
10:00 **HF** Low-Impact Aerobic (ELC)
10:30 **CV** Create for A Cause (LR) [LB]
11:00 **EF** Forever Young Chorus (R)
1:30 Shop the McKnight Way (B) [SM]
2:00 **HF** Gentle Yoga (ELC) [LB]
3:00 **PA** Newcomers Social (ELC) [LB]
6:00 **LL** Baileys & Biographies (LR) [AC]

6
10:00 **HF** Tai Chi and Chai Tea (ELC)
10:30 **IS** Catholic Communion (TVR)
11:00 **PA** Special Celebrations with Duane (LR) [LB]
2:00 **HF** Modern Yoga (ELC) [JW]
2:30 **CV** Campus Clean-up (LR) [LB]
3:00 Bingo (ELC) [AC]
6:00 **LL** Haunted History (ELC) [LB]

Happy Birthday Alma! **7**
10:00 **HF** Matter of Balance Class (ELC) [LB]
10:30 **CE** Jewelry Making (ELC) [LB]
2:00 **HF** Modern Yoga (ELC) [JW]
2:00 Poker (TVR)
3:00 **EF** Heather Macadam in Concert (LR) [LB]
6:00 **IS** Nature Club (P) [JW]

8
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength & Balance Class (ELC)
10:30 **IS** Worship Service (TVR)
1:30 **C** Flick and a Float (TVR) [JW]
2:00 **HF** Modern Yoga [JW]
3:00 **HF** Brain Games (LR) [JW]
6:00 **IS** Quote of the Day (LR)

9
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength Training (ELC) [AC]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **CE** Crafting with Allie (ELC) [AC]
3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
6:00 **IS** Religious Study Group (ELC)

10
10:00 **HF** Zumba® (ELC)
10:30 **EF** Colfax Heritage Museum (B) [AC]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **CE** Art Class (ELC) [LB]
3:30 **C** Storytellers Get-together (TVR) [LB]
6:00 **IS** Short Stories with Lois (LR)

11
10:00 **HF** Tai Chi and Chai Tea (ELC)
11:00 **CE** Garden Club (P) [LB]
1:30 **IS** Bible Study (TVR)
1:30 **IS** Caregiver Support Group
2:00 **HF** Posture Yoga (ELC) [AC]
3:00 **CV** We Care Program (LR) [LB]
3:30 **EF** TUESDAY MUSIC (LR)
6:00 **LL** Earth's Energy from Plants & Gems (LR) [LB]

12
9:30 Shop the Brunswick Basin (B) [SM]
10:00 **HF** Low-Impact Aerobic (ELC)
10:30 **CV** Create for a Cause (LR) [LB]
1:30 Shop the McKnight Way (B)
2:00 **HF** Gentle Yoga (ELC) [LB]
3:30 **PA** Adventurous Eaters Club (B) [LB]
6:00 **LL** Baileys & Biographies (LR) [AC]

13
10:00 **HF** Tai Chi and Chai Tea (ELC)
10:30 **IS** Catholic Communion (TVR)
11:00 **PA** Special Celebrations with Duane (LR) [LB]
1:30 **HF** Food for Thought (ELC)
2:00 **HF** Modern Yoga (TVR) [JW]
3:00 Bingo (ELC) [LB]
6:00 **LL** Color Psychology (LR) [LB]

14
10:00 **HF** Matter of Balance Class (ELC) [LB]
10:30 **CE** Jewelry Making [LB]
1:30 **HF** Parkinson's Support Group (ELC)
2:00 **HF** Modern Yoga (TVR) [JW]
3:00 **EF** The Comedy of Gary Hinze (LR) [LB]
6:00 **IS** Nature Club (P) [JW]

Happy Birthday Norma M.! **15**
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength & Balance Class (ELC)
10:30 **IS** Worship Service (TVR)
11:00 **HF** Brain Game (LR) [JW]
2:00 **HF** Modern Yoga [JW]
3:00 **C** A Look at the Louvre (TVR) [JW]
6:30 **IS** Quote of the Day (LR)

Happy Birthday Shirley S.! **16**
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength Training (ELC) [AC]
2:30 **LL** Tech Talk (LR) [AC]
3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
6:00 **IS** Religious Study Group (ELC)

17
10:00 **HF** Zumba® (ELC)
10:30 **EF** Yoga in the Park (B) [SM]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **CE** Art Class (ELC) [LB]
3:30 **C** Write Your Story (TVR) [LB]
6:00 **IS** Short Stories with Lois (LR) [LB]

18
10:00 **HF** Tai Chi and Chai Tea (ELC)
11:00 **CE** Garden Club (P) [LB]
1:30 **IS** Bible Study (TVR)
2:00 **HF** Posture Yoga (ELC) [LB]
3:00 **CE** Color Psychology (ELC) [LB]
3:30 **EF** TUESDAY MUSIC (LR)
6:00 **LL** Earth's Energy from Plants & Gems (LR) [LB]

19
9:30 Shop the Brunswick Basin (B) [SM]
10:00 **HF** Low-Impact Aerobic (ELC)
10:30 **CV** Create for A Cause (LR) [LB]
11:30 **W** Chef Showdown (R)
1:30 Shop the McKnight Way (B) [SM]
2:00 **HF** Gentle Yoga (ELC) [LB]
3:00 **PA** EL Programming Meeting (ELC)
6:00 **LL** Baileys & Biographies (LR) [LB]

Happy Birthday John Sloane! **20**
10:00 **HF** Tai Chi and Chai Tea (ELC)
10:30 **IS** Catholic Communion (TVR)
11:00 **PA** Special Celebrations with Duane (LR) [LB]
2:00 **HF** Modern Yoga (ELC) [LB]
3:00 Bingo
6:00 **LL** Haunted History (LR) [LB]

21
10:00 **HF** Matter of Balance Class (ELC) [LB]
10:30 **CE** Jewelry Making (ELC) [LB]
2:00 **HF** Modern Yoga (ELC) [JW]
2:00 Poker (TVR)
3:00 **EF** Bossa Nova with Gary & Eva (LR) [LB]
6:00 **IS** Nature Club (LR) [JW]

22
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength & Balance Class (ELC)
10:30 **IS** Worship Service (TVR)
11:00 **HF** Brain Games (LR)
2:00 **HF** Modern Yoga (ELC) [JW]
3:00 **C** Morsels & A Movie (TVR) [JW]
6:00 **IS** Quote of the Day (LR)
6:00 **PA** Songs with Don, John, Kari & Friends

23
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength Training (ELC) [AC]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **CE** Crafting with Allie (ELC) [AC]
3:45 **W** WISDOM OF THE WEEK (ELC) [AC]
6:00 **IS** Religious Study Group (ELC)

24
10:00 **HF** Zumba® (ELC)
10:30 **EF** Local Farm Outing (B) [SM]
2:00 **HF** Posture Yoga (ELC) [AC]
2:30 **CE** Art Class (ELC) [LB]
3:30 **HF** Fitness Beyond the Gym (TVR) [LB]
5:30 **IS** Adult Caregiver Support (LIB)
6:00 **C** Veterans Club (LR) [LB]

25
10:00 **HF** Tai Chi and Chai Tea (ELC)
11:00 **CE** Garden Club (ELC) [LB]
1:30 **IS** Bible Study (TVR)
1:30 **IS** Caregiver Support Group
2:00 **HF** Posture Yoga (ELC) [AC]
3:00 **CV** Ambassador Mixer (ELC) [LB]
3:30 **EF** TUESDAY MUSIC (LR)
6:00 **LL** Earth's Energy from Plants & Gems (LR) [LB]

Happy Birthday Jane! **26**
9:30 Shop the Brunswick Basin (B) [SM]
10:00 **HF** Low-Impact Aerobic (ELC)
10:30 **CV** Create for A Cause (LR)
1:30 Shop the McKnight Way (B) [SM]
2:00 **HF** Gentle Yoga (ELC) [LB]
3:00 **PA** Better This Year Challenge (ELC) [LB]
6:00 **LL** Baileys & Biographies (LR) [AC]

Happy Birthday Jean M.! **27**
10:00 **HF** Tai Chi and Chai Tea (ELC)
10:30 **IS** Catholic Communion (TVR)
11:00 **PA** Special Celebrations with Duane (LR) [LB]
2:00 **HF** Modern Yoga (ELC) [JW]
2:30 **CV** Campus Clean-up (LR) [LB]
3:00 Bingo (ELC) [LB]

Happy Birthday Bonnie! **28**
10:00 **HF** Matter of Balance Class (ELC) [LB]
10:30 **CE** Jewelry Making (ELC) [LB]
2:00 **HF** Modern Yoga (ELC) [JW]
2:00 Poker (TVR)
3:00 **EF** Judy Clark on Accordion (ELC) [LB]
6:00 **IS** Nature Club (P) [JW]

29
9:00 **PA** Billiards (TVR)
10:00 **HF** Strength and Balance Class (ELC) [JW]
10:30 **IS** Worship Service (TVR)
11:00 **HF** Brain Games (LR) [JW]
2:00 **HF** Modern Yoga (ELC) [JW]
3:00 **C** A Flick and a Float (TVR) [JW]
6:00 **IS** Quote of the Day (LR)

Zumba® is a registered trademark of Zumba Fitness, LLC

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Independence Day Barbecue

Tuesday, July 4, 12:00 pm

Adventurous Eaters

Wednesday, July 12, 3:30 pm

Chef Showdown

Wednesday, July 19, 11:30 am

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30
 9:30 **HF** Conductorcise® (CR) [AC]
 10:30 **LL** The Sunday News (CR)
 1:30 **HF** Legato Music & Exercise (CC) [AC]
 2:30 **CV** Greeting Cards for the Community (CR)
 4:00 **W** Wisdom of the Week (CR)
 6:00 **EF** Games (CR)

31
 9:30 **HF** Low-Impact Aerobic (CR)
 10:30 **PA** Legato Music, My Favorite! (CR)
 11:00 **CE** Art Expression (CR)
 1:00 **EF** Get to Know Your Neighbor (CC)
 2:30 **EF** Scenic Ride (B) [SM]
 4:00 **HF** Balancing Moves (CR)
 6:00 **LL** Fruit Porch Travels (CR)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- W** Wisdom of Curiosity

ROOM LOCATION KEY:
 Community Room CR
 Cupcake Room CC
 Bus B
 Dining Room DR
 Lobby LR
 Engage Life Center ELC
 Gazebo G
 TV Room TVR

STAFF KEY:
 Allie Crook AC
 Suzanne Molner SM
 Jeanette Williams JW
 Lois Bevan LB

1
 10:00 **HF** Legato Music & Exercise (CR)
 10:30 **IS** Worship Service
 1:30 **HF** Toe Tapping Exercise (CR)
 2:30 **IS** Drum Circle (CR)
 4:00 **CE** Story Time
 6:00 **EF** Saturday Night at the Movies

2
 9:30 **HF** Conductorcise® with Lawrence Welk (CR) [AC]
 10:30 **LL** The Sunday News (CR)
 1:30 **HF** Legato Music & Exercise
 2:30 **CV** Greeting Cards for the Community (CC)
 4:00 **W** Wisdom of the Week (CR)
 6:00 **EF** Games (CR)

3
 9:30 **HF** Low-Impact Aerobic (CR) [AC]
 10:30 **PA** Legato Music, My Favorite!
 11:00 **CE** Art Expressing (CR)
 1:00 **EF** Get to Know Your Neighbor (CR)
 2:30 **EF** Scenic Ride (B) [SM]
 4:00 **HF** Balancing Moves (CR)
 6:00 **LL** Front Porch Travels

4
 9:30 **HF** Yoga (CR) [AC]
 10:00 **CE** Legato Talent Show (CR)
 11:00 **IS** Reading Aloud (CR) [JW]
 12:00 **C** Independence Day Barbecue (DR)
 1:30 **HF** Strength and Balance Program (CR) [JW]
 2:30 **IS** Inspirational Quotes (CR)
 6:00 **EF** Sports Update

5
 9:30 **HF** Matter of Balance (CR)
 10:30 **C** Beauty Shop
 11:00 **CE** Celebrating the Beach Boys (CC)
 1:30 **HF** Legato Music and Exercise (CR)
 2:30 **CE** Storytelling (CR)
 3:00 **EF** Games (CR)
 6:00 **IS** Meditation

6
 9:30 **HF** Yoga (CR) [AC]
 10:00 **LL** Legato Music Appreciation (CR)
 11:00 **PA** Celebrate with Duane (LR)
 1:30 **HF** Low-Impact Aerobic (CR)
 2:30 **C** Neighborhood Party (CC) [AC]
 4:00 **IS** Nature Study (CR)
 6:00 **LL** News You Can Use (CR)

7
 9:30 **HF** Stretch & Flex (CR)
 10:30 **IS** Legato Music Program (CR)
 1:30 **HF** Yoga (CR)
 2:00 **LL** Trivia Challenge (CR)
 3:00 **EF** Heather Macadam in Concert (LR) [LB]
 6:00 **C** Popcorn Party (CR)

8
 10:00 **HF** Legato Music & Exercise (CR)
 10:30 **IS** Worship Service (ELC)
 1:30 **HF** Toe Tapping Exercise
 2:30 **IS** Drum Circle (G)
 4:00 **CE** Story Time (CR)
 6:00 **EF** Frank Sinatra Concert (CR)

9
 9:30 **HF** Conductorcise® (CR) [AC]
 10:30 **LL** The Sunday News (CR)
 1:30 **HF** Legato Music & Exercise
 2:30 **CV** Greeting Cards for the Community (CR)
 4:00 **W** Wisdom of the Week (CR)
 6:00 **EF** Games (CR)

10
 9:30 **HF** Low-Impact Aerobic (CR) [AC]
 10:30 **PA** Legato Music, My Favorite (CR)
 11:00 **CE** Art Expression (CR)
 1:00 **EF** Get to Know Your Neighbor (CR)
 2:30 **EF** Scenic Ride (B)
 4:00 **HF** Balancing Moves
 6:00 **LL** Front Porch Travels (CR)

11
 9:30 **HF** Yoga (CR) [AC]
 10:00 **CE** Legato Talent Show (CR)
 11:00 **IS** Reading Aloud (CR) [JW]
 1:30 **HF** Strength and Balance Program (CR) [JW]
 2:30 **IS** Inspirational Quotes (CR)
 6:00 **EF** Sports Update (CR)

12
 9:30 **HF** Matter of Balance (CR)
 10:30 **C** Beauty Shop
 11:00 **CE** Celebrating the Monkees (CR)
 1:30 **HF** Legato Music & Exercise (CR)
 2:30 **CE** Storytelling (CR)
 3:30 **EF** Adventurous Eaters (LR)
 6:00 **IS** Meditation

13
 9:30 **HF** Yoga (CR) [AC]
 10:00 **LL** Legato Music Appreciation (CR)
 11:00 **PA** Celebrate with Duane (LR)
 1:30 **HF** Low-Impact Aerobic (CR)
 2:30 **C** Neighborhood Party (CC) [AC]
 4:00 **IS** Nature Study (CR)
 6:00 **LL** News You Can Use (CR)

14
 9:30 **HF** Stretch & Flex (CR)
 10:30 **IS** Legato Music Program (CR)
 1:30 **HF** Yoga (CR) [AC]
 2:00 **LL** Trivia Challenge: Cole Porter (CR)
 3:00 **EF** Comedy of Gary Hinze (LR) [LB]
 6:00 **C** Popcorn Party (CR)

15
 10:00 **HF** Legato Music & Exercise (CR)
 10:30 **IS** Worship Service (ELC)
 1:30 **HF** Toe Tapping Exercise
 2:30 **IS** Drum Circle (G)
 4:00 **CE** Story Time (CR)
 6:00 **EF** Saturday Night at the Movies (CR)

16
 9:30 **HF** Conductorcise® (CR) [AC]
 10:30 **LL** The Sunday News (CR)
 1:30 **HF** Legato & National Ice Cream Day
 4:00 **W** Wisdom of the Week (CR)
 6:00 **EF** Games (CR)

17
 9:30 **HF** Yoga (CR) [JW]
 10:30 **PA** Legato Music, My Favorite! (CR)
 11:00 **CE** Art Expression (CR)
 1:00 **EF** Get to Know Your Neighbor (CR)
 2:30 **EF** Scenic Ride (B)
 4:00 **HF** Balancing Moves
 6:00 **LL** Front Porch Travels (CR)

18
 9:30 **HF** Low-Impact Aerobic (CR) [JW]
 10:00 **CE** Legato Talent Show (CR) [JW]
 11:00 **IS** Reading Aloud (CR) [JW]
 1:30 **HF** Strength and Balance Program [JW]
 2:30 **IS** Inspirational Quotes (CR)
 6:00 **EF** Sports Update (CR)

19
 9:30 **HF** Matter of Balance (CR)
 10:30 **C** Beauty Shop
 11:30 **EF** Chef Showdown (DR)
 1:30 **HF** Legato Music & Exercise [LB]
 2:30 **CE** Storytelling (CR)
 3:00 **EF** Games (CR)
 6:00 **IS** Meditation

20
 9:30 **HF** Yoga (CR) [AC]
 10:00 **LL** Legato Music Appreciation (CR)
 11:00 **PA** Celebrate with Duane (LR)
 1:30 **HF** Low-Impact Aerobic (CR)
 2:30 **C** Neighborhood Party (DR) [AC]
 4:00 **IS** Nature Study (CR)

21
 9:30 **HF** Stretch & Flex (CR)
 10:30 **IS** Legato Music Irish Tunes (CR)
 1:30 **HF** Yoga (CR)
 2:00 **LL** Trivia Challenge (CR)
 3:00 **EF** Bossa Nova with Gary & Eva (LR) [LB]
 6:00 **C** Popcorn Party (CR)

22
 10:00 **HF** Legato Music & Exercise
 10:30 **IS** Worship Service (ELC)
 1:30 **HF** Toe Tapping Exercise
 2:30 **IS** Drum Circle
 4:00 **CE** Story-time (CR)
 6:00 **EF** Saturday Night at the Movies (CR)

23
 9:30 **HF** Conductorcise® (CR) [AC]
 10:30 **LL** The Sunday News (CR)
 1:30 **HF** Legato Music & Exercise
 2:30 **CV** Greeting Cards for the Community (CR)
 4:00 **W** Wisdom of the Week (CR)
 6:00 **EF** Games (CR)

24
 9:30 **HF** Low-Impact Aerobic (CR)
 10:30 **PA** Legato Music, My Favorite! (CR)
 11:00 **CE** Art Expression (CR)
 1:00 **EF** Get to Know Your Neighbor (CR)
 2:30 **EF** Scenic Ride (B)
 4:00 **HF** Balancing Moves
 6:00 **LL** Front Porch Travels (CR)

25
 9:30 **HF** Yoga (CR) [AC]
 10:00 **CE** Legato Talent Show (CR)
 11:00 **IS** Reading Aloud [JW]
 1:30 **HF** Strength and Balance Program (CR) [JW]
 2:30 **IS** Inspirational Quotes (CR)
 6:00 **EF** Sports Update (CR)

26
 9:30 **HF** Matter of Balance (CR)
 10:30 **C** Beauty Shop
 11:00 **CE** Celebrating Paul Anka (CR)
 1:30 **HF** Legato Music & Exercise
 2:30 **CE** Storytelling (CR)
 6:00 **IS** Meditation

27
 9:30 **HF** Yoga (CR) [AC]
 10:00 **LL** Legato Music Appreciation (CR)
 11:00 **PA** Celebrate with Duane (CR)
 1:30 **HF** Low-Impact Aerobic (CR)
 2:30 **C** Neighborhood Party (CR) [AC]
 4:00 **IS** Nature Study (CR)
 6:00 **LL** News You Can Use (CR)

28
 9:30 **HF** Stretch & Flex
 10:30 **IS** Legato Music Program (CR)
 1:30 **HF** Yoga [AC]
 2:00 **LL** Trivia Challenge (CR)
 3:00 **EF** Judy Clark on Accordion (LR) [LB]
 6:00 **C** Popcorn Party (CR)

29
 10:00 **HF** Legato Music & Exercise (CR) [JW]
 10:30 **IS** Worship Service (TVR)
 1:30 **HF** Toe-tapping Exercise (CR)
 2:30 **EF** Dance for National Dance Day (CR)
 4:00 **CE** Story-time (CR)
 6:00 **EF** Saturday Night at the Movies (CR)

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