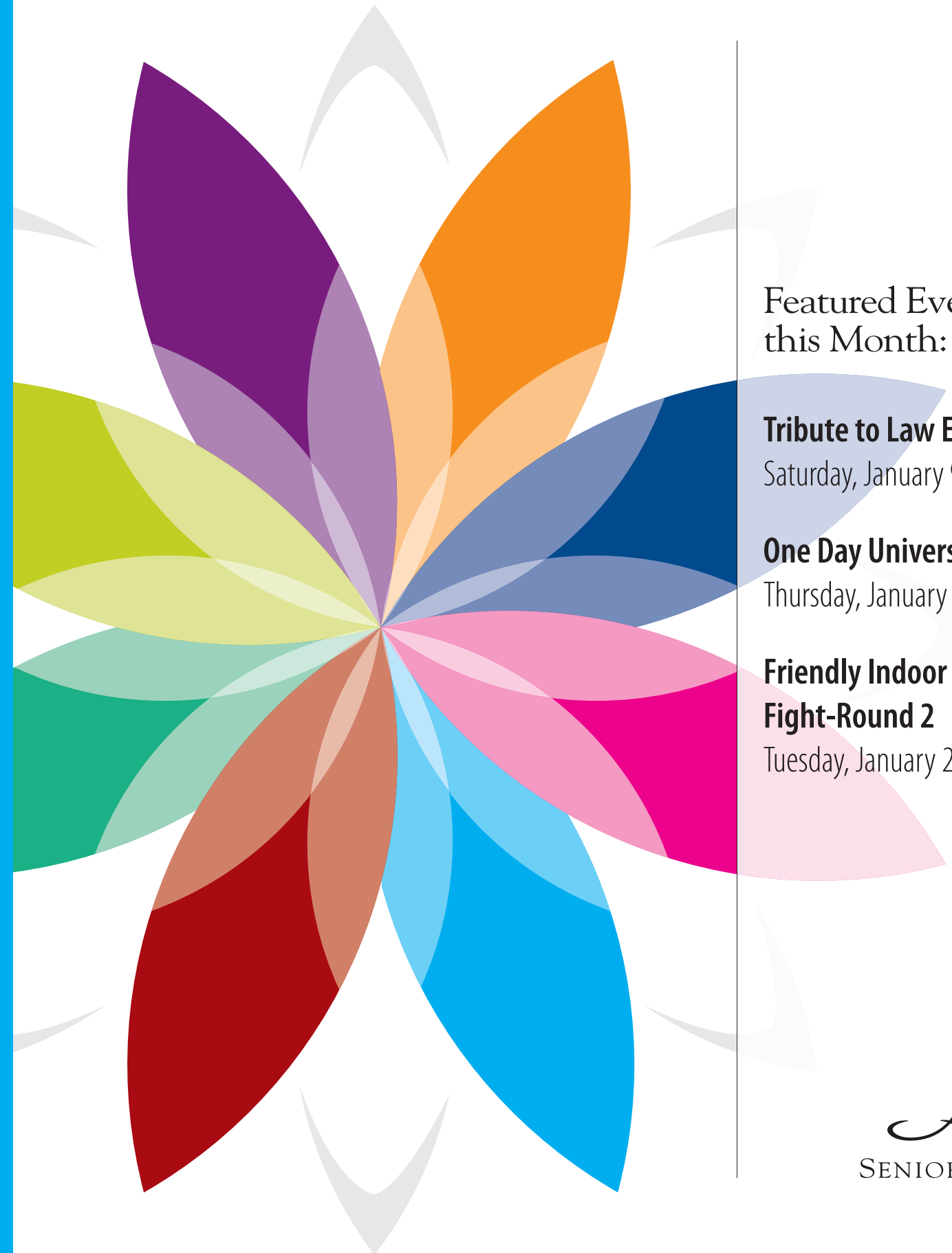


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Tribute to Law Enforcement

Saturday, January 9, 1:30 PM

One Day University

Thursday, January 21, 3:30 PM

**Friendly Indoor Snowball
Fight-Round 2**

Tuesday, January 26, 11:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

JANUARY 2021

ATRIA PARK OF LAFAYETTE

engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10:30 **HF** Up & At Em Fitness (MR) (ELP) **31**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Bocce Ball Playoffs (GV) (ELP)
 2:30 Biography of Marilyn Monroe (GV) (ELP)
 3:30 Magazine Cart (DW) (ELP)
 6:00 Sunday Night at the Movies (GV)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

ROOM LOCATION KEY:
 Theater TH
 Grand View GV
 Multipurpose Room MR
 Lobby LB
 Spa Room SR
 Doorway DW
 In-Room RM
 Back Courtyard Crt

STAFF KEY:
 Engage Life Director ELD
 Engage Life Program Instructor ELP
 Resident Services Assistant RSA

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10:30 **HF** Stretch, Strengthen & Tone! (MR) (ELP) **1**
 11:00 **HF** Small Group Fitness Class 2 (MR) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 New Year's Time Capsules (GV) (ELD)
 3:00 **EF** Happy Hour featuring Bloody Marys (DW)
 4:00 **CV** Pen Pal Program (RM) (ELD)
 5:00 Hallway Laps Walk (LB) (ELD)

10:30 **HF** Easy Does It Workout (MR) (ELP) **2**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 11:00 **LL** Armchair Travels in iPad®: the South Pole (GV) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 2:00 **EF** Bocce Ball Playoffs w/ Prizes (GV) (ELP)
 3:00 Elvis Presley Sing Along (GV) (ELP)
 6:00 Saturday Movie (GV)

10:30 **HF** Up & At Em Fitness (MR) (ELP) **3**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **IS** Chair Massage (RM) (ELP)
 3:00 Joke Wars Game (GV) (ELP)
 5:00 Help with Family FaceTime (RM) (ELP)
 6:00 Sunday Night at the Movies (GV)

10:30 **HF** Strength & Balance Class (MR) (ELP) **4**
 11:00 **LL** Learning Words from the Philippines (GV) (ELP)
 11:00 **HF** Small Group Fitness-2 (MR)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **CV** Packaging Gifts for Law Enforcement (GV) (ELP)
 2:30 Spotting Fake News Game (GV) (ELD)
 3:30 A few rounds of Blackjack (RM) (ELP)
 6:00 Cinema Classics (GV) (ELP)

10:30 **HF** Functional Fitness Workout (MR) (ELP) **5**
 11:00 Good Morning Atria News Headlines (GV) (ELD)
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Brain Games on the White Board-Sm. Group (GV) (ELP)
 3:00 **EF** You are My Sunshine Happy Hour (DW) (ELD)
 6:00 **PA** Golden Girls Plus Some Chat (GV) (ELD)

10:30 **HF** Strength & Balance Class (MR) (ELD) **6**
 11:00 **HF** Small Group Fitness 2 (MR) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Virtual Musical Entertainment (GV) (ELD)
 3:00 You Be the Judge (GV) (ELD)
 6:00 Historical Movie Night (GV)

10:30 **HF** Functional Fitness (MR) (ELD) **7**
 11:00 What's Behind the Bobbyly Head? (GV) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **HF** Fitness Challenge w/ our Trainer (MR) (ELD)
 2:30 **EF** Starbucks Delivery (DW) (ELD)
 3:30 **LL** One Day University (GV) (ELD)
 6:00 Top Picks on Netflix® (GV)

9:45 Collect Errand Lists (DW) (ELP) **8**
 10:30 **HF** Stretch, Strengthen & Tone! (MR) (ELP)
 11:00 **IS** English Toffee-Yum! (GV) (ELP)
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 2:00 **C** 90's Club (GV) (ELD)
 3:00 Mobile Happy Hour (DW)
 5:00 Bundle Up Nature Walk (LB) (ELD)

10:30 **HF** Easy Does It Workout (MR) (ELP) **9**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 11:00 **LL** Travelogue: Poland (GV) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **EF** Tribute to Law Enforcement (GV) (ELP)
 3:00 **PA** Ambassadors' Visits (GV)
 4:00 **C** Help w/ Family FaceTime (RM) (ELP)
 6:00 Saturday Movie (GV)

10:30 **HF** Up & At Em Fitness (MR) (ELP) **10**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **LL** Friendly Indoor Snowball Fight w/ Prizes (GV) (ELD)
 2:30 Bocce Ball Warm Ups (GV) (ELP)
 4:00 Popcorn Delivery (DW)
 6:00 Sunday Night at the Movies (TH)

10:30 **HF** Strength & Balance Class (MR) (ELP) **11**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Scavenger Hunt (LB) (ELP)
 2:30 **PA** Finish the Phrase (GV) (ELP)
 4:00 **C** Boys Team Charity Visits (Crt) (ELP)
 6:00 Cinema Classics (GV)

7:00 **HF** Small Group Fitness 2 (MR) (ELP) **12**
 10:30 **HF** Functional Fitness Workout (MR) (ELP)
 11:00 **LL** The Changing Role of Pharmacists (GV) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Name that Tune (GV) (ELP)
 3:00 **EF** Hot Cocoa w/ a hint of Liqueurs H. Hour (DW) (ELD)
 6:00 **PA** Casual Conversation (GV) (ELD)

10:30 **HF** Strength & Balance Class (MR) (ELD) **13**
 11:00 **HF** Small Group Fitness 2 (MR) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 3:00 **CE** Making Necklaces from Pharmacy Bottles (GV) (ELD)
 4:00 Personal Room Visits from Staff (RM)
 6:00 Mid Week Movie (GV)

10:30 **HF** Functional Fitness Workout (MR) (ELD) **14**
 11:00 **CE** Decorative Glass Plates Class (GV) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **HF** Fitness Challenge w/ our Trainer (MR)
 1:30 **LL** Help with Technology (RM) (ELD)
 2:30 You be the Judge (GV) (ELD)
 3:00 Jokes from Milton Beryl (GV) (ELD)
 4:00 **CV** Pen Pals Program (RM) (ELD)
 6:00 Top Picks on Netflix (GV)

10:30 **HF** Stretch, Strengthen & Tone! (MR) (ELP) **15**
 11:00 Nat'l Hat Day (TH) (ELP)
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 A Round of Blackjack (RM) (ELD)
 3:00 Happy Hour on Wheels (RM) (ELP)
 5:00 Indoor Laps Walk (LB) (ELD)

10:30 **HF** Easy Does It Workout (MR) (ELP) **16**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 11:00 **LL** Armchair Travels: Switzerland (GV) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Ping Pong Game (GV) (ELP)
 2:30 Classic Sing Along (GV) (ELD)
 4:00 Popcorn Delivery (DW) (ELP)
 6:00 Saturday Night Movie (GV)

10:30 **HF** Up & At Em Fitness (MR) (ELP) **17**
 11:00 Bible Trivia (GV) (ELP)
 1:00 **HF** Walking Club (GV) (RSA)
 1:30 **EF** Bocce Ball Playoffs (GV) (ELP)
 2:30 Cornhole Fun (GV) (ELP)
 4:00 One on One Blackjack (RM) (ELP)
 6:00 Sunday Night at the Movies (GV)

10:30 **HF** Strength & Balance Class (MR) (ELP) **18**
 10:45 Crossword Classics (GV) (ELP)
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB)
 1:30 Martin Luther King Facts & Trivia (GV) (ELP)
 2:30 Joke Wars (GV) (ELP)
 4:00 **HF** Indoor Hallways Lap Walk (LB) (ELP)
 6:00 Cinema Classics (GV)

10:30 **HF** Functional Fitness Workout (MR) (ELP) **19**
 11:00 Fill in the Phrase (GV) (ELP)
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Hot Buttered Rum Anyone? (GV) (ELP)
 3:00 **EF** French Wines Happy Hour (RM) (ELD)
 6:00 **PA** Casual Conversation (GV) (ELD)

10:30 **HF** Strength & Balance Class (MR) (ELD) **20**
 11:00 **HF** Small Group Fitness 2 (MR) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Name That Tune (GV) (ELD)
 2:30 **LL** Tech Help iPADS & Other Devices (RM) (ELD)
 3:30 **CV** Pen Pals Program (RM) (ELD)
 6:00 Midweek Movie (GV)

10:30 **HF** Functional Fitness Workout (MR) (ELD) **21**
 11:00 **IS** Bible Readings (GV) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **HF** Fitness Challenge with our Trainer (MR) (ELD)
 2:30 **EF** Outdoor Holiday Entertainment (Crt) (ELD)
 3:30 **LL** One Day University (GV) (ELD)
 6:00 Top Picks on Netflix® (GV)

9:45 Collect Errand Lists (DW) (ELP) **22**
 10:30 **HF** Stretch, Strengthen & Tone! (MR) (ELP)
 11:00 Good Morning Atria News Headlines (GV) (ELD)
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 This is to That Game (TH) (ELD)
 3:00 **EF** December Birthdays Happy Hour (DW) (ELP)
 4:00 **C** Family FaceTime (RM) (ELD)

10:30 **HF** Easy Does It Workout (MR) (ELP) **23**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 11:00 **LL** Armchair Travels: Croatia (GV) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **EF** Wine Tasting (DW) (ELD)
 3:30 **HF** Joke Wars (GV) (ELP)
 6:00 Saturday Night Movie (GV)

10:30 **HF** Up & At Em Fitness (MR) (ELP) **24**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Crossword Challenges (GV) (ELP)
 3:00 **EF** Hot Chocolate on Wheels (DW) (ELP)
 6:00 Sunday Night at the Movies (GV)

10:30 **HF** Strength & Balance Class (MR) (ELP) **25**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 11:00 Two Lies & A Truth Game (GV) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **CV** Pen Pals Program (RM) (ELP)
 2:30 A Round of Blackjack (RM) (ELP)
 3:30 **HF** Counting Steps! (LB) (ELP)
 6:00 Cinema Classics (SR)

10:30 **HF** Functional Fitness Workout (MR) (ELP) **26**
 11:00 **HF** Small Group Fitness 2 (MR)
 11:00 **EF** Friendly Indoor Snowball Fight-Round 2 (GV) (ELP)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **LL** Meaning Behind Body Language (GV) (ELP)
 3:00 **EF** Winter Wonderland H. Hour (DW) (ELP)
 6:00 Historical Movie Night (GV)

10:30 **HF** Strength & Balance Class (MR) (ELD) **27**
 11:00 Refreshing Math Skills (GV) (ELD)
 11:00 **HF** Small Group Fitness 2 (MR)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **LL** Virtual Reality Tours (Crt) (ELD)
 3:00 A Game of Chess (DW) (ELD)
 6:00 Midweek Movie (MR)

10:30 **HF** Functional Fitness Workout (LB) (ELD) **28**
 11:00 **HF** Small Group Fitness 2 (MR) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **CE** Playing with Watercolors (GV) (ELP)
 2:30 January Trivia (GV) (ELD)
 3:30 Pretty Nails (GV) (ELD)
 6:00 Winter Classics (GV)

10:30 **HF** Stretch, Straighten & Tone! (MR) (ELP) **29**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 11:00 Spin the Wheel Trivia (GV) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 Memory Games (GV)
 3:00 **EF** January Birthdays Happy Hour (DW) (ELP)
 4:00 **C** Family FaceTime (RM)

10:30 **HF** Easy Does It Workout (MR) (ELP) **30**
 11:00 **HF** Small Group Fitness 2 (MR) (ELP)
 11:00 **LL** Travelogue: Vermont (GV) (ELD)
 1:00 **HF** Walking Club (LB) (RSA)
 1:30 **IS** Hand Massage (GV)
 2:30 **EF** Outdoor Entertainment w/ Tea (DW) (ELP)
 3:30 Popcorn Delivery (DW)
 6:00 Saturday Movie (GV)

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

You are My Sunshine Happy Hour

Tuesday, January 5, 3:00 PM

Friendly Indoor Snowball Fight

Friday, January 8, 1:30 PM

Tellabration-Sharing

Our Treasures

Saturday, January 23, 4:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

JANUARY 2021

ATRIA PARK OF LAFAYETTE Life Guidance®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

31
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness-Range of Motion (LG)
11:00 **PA** Parachute Fun
1:00 **CE** Card Creations (LG)
2:30 **HF** Movement with Scarves (LG)
3:15 **IS** Drumming Circle (LG)
4:00 **C** Family FaceTime (LG)
6:00 Sunday Cinema (LG)



PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
AS Atria StoryWise
M Music

ROOM LOCATION KEY:
Grand View GV
Life Guidance LG

STAFF KEY:
Engage Life Director ELD

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1
9:30 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:30 **IS** Rose Arranging Workshop (ELD)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:30 **EF** Happy Hour (LG)
4:00 **M** Karaoke Friday (LG)
6:00 Friday Night at the Movies (LG)

2
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Woodshop Fun (LG)
1:30 **EF** Flashback Beatles Music (LG)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 **LL** iPad® Games (LG)
4:00 **M** Music Mystery (LG)
6:00 Evening Theater (LG)

3
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun!
1:00 **CE** Card Creations
2:30 **HF** Fitness - Movement with Scarves (LG)
3:15 **IS** Drumming Circle (LG)
4:00 **M** Hymn Classics (LG)
6:00 Sunday Cinema (LG)

4
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:00 Hometown Memories (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:15 **PA** Reminiscing with Pictures (LG)
4:00 **M** Remembering Pearl Harbor (LG)
6:00 Movie Night (LG)

5
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **EF** Karaoke Trivia (LG)
1:30 **CE** Bakeless Treats (LG)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 Puzzle Fun (LG)
3:00 **EF** You are My Sunshine
Happy Hour (LG) (ELD)
4:00 **M** Popular Composers of the 20th
Century (LG)
6:00 Movie and Popcorn (LG)

6
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:30 Tastes of Hot Chocolate (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
4:00 **M** Familiar Poems (LG)
6:00 Movie: Turner Classic (LG)

7
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun! (LG)
1:00 Classical Violinist
2:30 **CE** Snowball Craft (LG)
4:00 **CV** Pen Pal Program (LG)
6:00 Thursday Musicals (LG)

8
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:30 **EF** Friendly Indoor Snowball Fight (ELD)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:30 **EF** Happy Hour (LG)
4:00 **M** Football Music & Trivia (LG)
6:00 Friday Night at the Movies (LG)

9
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Resident Spotlight (LG)
1:30 **CE** Water Color Fun (LG)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 **LL** iPad® Games (LG)
4:00 **M** Music Appreciation: 1930's (LG)
6:00 Evening Theater (LG)

10
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun!
1:30 **CV** Packaging Law
Enforcement Treats (LG)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:15 **IS** Drumming Circle (LG)
4:00 **EF** Let's Make Dog Treats (LG)
6:00 Sunday Cinema (LG)

11
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Tastes of Gingerbread (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:15 **PA** Reminiscing with Familiar Songs (LG)
4:00 **M** Remembering Saturday Night Live (LG)
6:00 Movie Night (LG)

12
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **EF** Karaoke Trivia (LG)
1:30 **CE** Unusual Fruits from the
Grocery Store (GV)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 **EF** Butter Finger Mocktails (LG) (ELD)
3:15 Taste Bud Sensations (LG)
4:00 **M** Music Appreciation-Requests! (LG)
6:00 Movie and Popcorn (LG)

13
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 Let's Play UNO® (LG)
1:00 **CE** Beaded Jewelry Design (LG)
1:45 **C** Pet Therapy (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
4:00 **M** Favorite Instrumental Sounds (LG)
6:00 Movie: Turner Classic (LG)

14
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun! (LG)
1:00 **HF** Fitness - Movement with Scarves (LG)
2:30 **CE** Painting on Canvas (LG)
3:30 Classical Piano Music (LG)
4:00 **CV** Pen Pal Program (LG)
6:00 Thursday Musicals (LG)

15
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:30 **IS** Laughter Yoga (ELD)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:30 **EF** Happy Hour (LG)
6:00 Friday Night at the Movies (LG)

16
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Arts and Crafts (LG)
1:00 **EF** Winter Fashion Show (LG)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 **LL** iPad® Games (LG)
4:00 **M** Brain Games (LG)
6:00 Evening Theater (LG)

17
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun!
1:00 **CE** Card Creations
2:30 **CE** Professional Art Workshop (LG)
3:00 **IS** Drumming Circle (LG)
4:00 **C** Family FaceTime Calls (LG)
6:00 Sunday Cinema (LG)

18
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:15 Time to Laugh (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:15 **PA** Reminiscing with Family Stories (LG)
4:00 **M** Remembering James Dean (LG)
6:00 Movie Night (LG)

19
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **EF** Karaoke Trivia (LG)
1:15 Puzzle Challenges (LG)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 **EF** Hot Cocoa Happy Hour
4:00 Sharing Family Traditions (LG)
6:00 Movie and Popcorn (LG)

20
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Tasting Coffee (LG)
1:00 Charades! (LG)
1:30 **EF** A Trip to Mexico (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
4:00 **M** Name that Tune (LG)
6:00 Movie: Turner Classic (LG)

21
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun!
1:00 **HF** Fitness - Movement with Scarves (LG)
1:30 **EF** Line Dancing Fun (LG)
2:30 **CE** Painting on Canvas (LG)
4:00 **CV** Pen Pal Program (LG)
6:00 Thursday Musicals (LG)

22
9:45 Daily Chronicles (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Jewel Creations (LG)
1:00 **EF** Outdoor Music Entertainment (LG)
1:30 Words that Rhyme Brain Games (ELD)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:30 **EF** Happy Hour (LG)
4:00 **M** Karaoke Friday (LG)
6:00 Friday Night at the Movies (LG)

23
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Resident Spotlight (LG)
1:30 Back to Bowling (LG)
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 **LL** iPad® Games (LG)
4:00 **EF** Tellabration-Sharing our Treasures (LG)
6:00 Evening Theater (LG)

24
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun!
1:00 **CE** Card Creations
2:30 **HF** Fitness - Movement with Scarves (LG)
3:15 **IS** Drumming Circle (LG)
4:00 **M** Jokes and Puns (LG)
6:00 Sunday Cinema (LG)

25
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:15 **CV** Pen Pal Program (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:15 **PA** Reminiscing with Places Traveled (LG)
4:00 **M** Patriotic Sing Along (LG)
6:00 Movie Night (LG)

26
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **EF** Karaoke Trivia
1:00 **CE** Cooking Club
2:30 **HF** Fitness - Movement with Scarves (LG)
3:00 Relaxing Adult Coloring (LG)
3:00 **EF** Winter Wonderland
Happy Hour (LG) (ELD)
4:00 **M** Time to Laugh (LG)
6:00 Movie and Popcorn (LG)

27
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **CE** Creative Expression: Painting (LG)
1:30 Dances from Austria (LG)
2:30 **HF** Fitness - Stretch with Bands (LG)
3:00 **LL** Spanish 101 (LG)
6:00 Movie: Turner Classic (LG)

28
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness - Range of Motion (LG)
11:00 **PA** Parachute Fun!
1:30 **EF** That was Then, This is Now... (LG)
2:30 **HF** Fitness: Movement with Scarves (LG)
6:00 Thursday Musicals (LG)

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9:45 Daily Chronicle (LG)
10:30 **HF** Fitness-Range of Motion (LG)
11:00 **CE** The Art of Chemage (LG)
1:30 Name That Tune (LG)
2:30 **HF** Fitness-Stretch with Bands (LG)
3:30 **EF** Happy Hour (LG)
6:00 Friday Night at the Movies (LG)

30
9:45 Daily Chronicle (LG)
10:30 **HF** Fitness Range of Motion (LG)
11:00 **PA** Resident Spotlight (LG)
1:30 Challenging Jigsaws (LG)
2:30 **HF** Fitness-Movement with Scarves (LG)
3:00 **LL** iPad® Games (LG)
3:30 Hollywood Headlines (LG)
6:00 Evening Theater (LG)