

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Beer Tasting in the Bistro
Saturday, June 8, 2:30 PM

History Man Talks about June
Friday, June 14, 10:30 AM

Fantastic Fathers Barbeque
Sunday, June 16, 11:30 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

JUNE 2019

ATRIA NORTH ESCONDIDO

engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:00 **HF** Stretching & Weights (ELC)
 9:00 **IS** Sunday Church Service (LG2)
 10:00 Rummikub® (ELC)
 10:15 Coastal Excursion (LG) (L)
 1:30 Bingo (ELC)
 3:00 **HF** Daily Exercise (LG1)
 3:30 Wii® Bowling (LR)
 4:00 **PA** iPad® Programs Trivia & Games (ELC)



ROOM LOCATION KEY:
 Life Guidance 1st floor LG1
 Life Guidance 2nd Floor LG2
 Bistro B
 Living Room LR
 Theater T
 Dining Room DR
 Engage Life Center ELC
 Lobby L
 A.L. Bistro 3rd Floor ALB
 Kazebo Area 1st Floor K1

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
AW Atria StoryWise

1

9:30 **HF** Exercise with Resistance Bands (ELC)
 10:00 **CV** Hospital Visits (L)
 10:00 Rummikub® (ELC)
 1:00 **HF** Trivia & What's in a Word (ELC)
 1:30 Bingo (ELC)
 2:45 Will Bowling (LR)
 4:00 **HF** Afternoon Walk (ALB)
 6:00 Evening Movie & Popcorn (T)

2

9:00 **IS** Sunday Church Service (LG2)
 9:00 **HF** Stretching & Weights (ELC)
 10:00 Rummikub® (ELC)
 10:15 Coastal Excursion (LG) (L)
 1:00 Bingo (ELC)
 3:00 **HF** Daily Exercise (LG1)
 4:00 **PA** iPad® Programs Trivia & Games (ELC)
 6:00 After Dinner Movie (T)

3

9:00 Walmart Shopping (L)
 9:00 **HF** Chair Tai Chi (LG1)
 10:15 **IS** Catholic Communion
 1:00 Bridge (ELC)
 1:15 Errands and Shopping (L)
 2:00 Rummikub® (ELC)
 3:00 **C** Resident Happy Hour Club (B)
 3:00 **HF** Daily Exercise (LG1)
 6:00 After Dinner Movie (T)

4

9:00 Rummikub® (ELC)
 9:30 **HF** Light Exercise with Resistance Bands (ELC)
 10:00 **IS** Bible Study (ELC)
 1:00 Food For Thought with Chef (B)
 2:00 **CE** Art for All Ages - Painting with Steve (ELC)
 3:00 Bingo (ELC)
 4:00 **HF** Sand Weights and Relaxation (ELC)
 6:00 **C** Men's Club with Quinn (L)
 6:00 After Dinner Movie (T)

5

9:00 Rummikub® (ELC)
 9:30 **HF** Exercise with Resistance Bands (ELC)
 10:00 **LL** Learning a New Skill w/ ED Kathy -Yelp (ALB)
 1:15 Bingo (ELC)
 3:00 Bridge (ELC)
 3:30 **HF** Light Weights and Stretching (ELC)
 4:00 **HF** Trivia Challenge, What's in a Word (L)
 4:00 **C** Wine Down Wednesday
 6:00 After Dinner Movie (T)
 6:00 **EF** Evening Music w/ AI (LG2)

6

9:00 **HF** Healthy Stretches (ELC)
 9:00 Rummikub® Class (ELC)
 9:30 **EF** Del Mar Fair (L)
 1:30 Rummikub® (ELC)
 3:00 **EF** Thursday Afternoon Musical Performance (L)
 4:15 **HF** Sand Weights & Flexibility Workout (ELC)
 6:00 **LL** Book Club Chat with Cathy (L)
 6:00 After Dinner Movie (T)

7

National Donut Day
 9:00 Rummikub® (ELC)
 9:30 **HF** Exercise w/ Resistance Bands (ELC)
 10:15 **IS** Catholic Communion
 10:30 **AW** StoryWise™ & Donuts (L)
 1:15 Pokeno® (ELC)
 2:00 Rummikub® (ELC)
 3:00 **PA** Learn Bridge w/ Ruth (ELC)
 4:00 **HF** Stretching & Weights (ELC)
 6:00 After Dinner Movie (T)

8

9:30 **HF** Strength Exercise (ELC)
 10:00 Bingo (ELC)
 11:00 **HF** Engage your Brain-What's in a Word (ELC)
 1:00 Rummikub® (ELC)
 2:30 **EF** Beer Tasting in the Bistro (ALB)
 3:30 **CV** Writing Letters and Cards for the Troops (ELC)
 4:00 **HF** Afternoon Walk (L)
 6:00 Residents Pick Movie Night (T)

9

9:00 **HF** Stretching & Weights (ELC)
 9:00 **IS** Sunday Church Service (LG2)
 10:00 Rummikub® (ELC)
 10:15 Coastal Excursion (LG) (L)
 1:00 Bingo (ELC)
 2:15 Rummikub® (ELC)
 3:00 **HF** Daily Exercise (LG1)
 4:00 **PA** iPad® Programs Trivia & Games (ELC)
 6:00 After Dinner Movie (T)

10

9:00 Walmart Shopping (L)
 9:00 **HF** Chair Tai Chi (LG1)
 10:15 **IS** Catholic Communion
 1:00 **CE** Interactive Music with Kristy (LG1)
 1:00 Bridge (ELC)
 1:15 Banks and Errands (L)
 3:00 **C** Resident Happy Hour Club (B)
 3:00 Rummikub® (ELC)
 3:00 **HF** Daily Exercise (LG1)
 6:00 After Dinner Movie (T)

11

9:00 Rummikub® (ELC)
 9:30 **HF** Chair Exercise and Resistance Bands (ELC)
 10:00 **IS** Bible Study (ELC)
 12:30 **HF** Auditory Assistants Hearing Aid Care (LR)
 1:15 **C** Engage Life® Resident Programming Meeting (ELC)
 1:30 **C** All Resident Council Meeting (ELC)
 2:00 Bingo (ELC)
 3:00 Bridge (ELC)
 4:00 **HF** Light Weights & Relaxation (ELC)
 6:00 **EF** Evening Music with AI (LG1)
 6:00 Evening Movie (T)

12

Baseball was Invented
 9:00 Seamstress Is Here! (ELC)
 9:30 **HF** Exercise and Stretching (ELC)
 10:00 Bingo (ELC)
 12:45 **EF** Bates Nut Farm (L)
 1:15 Rummikub® (ELC)
 3:30 **HF** Light Weights and Stretching (ELC)
 4:00 **C** Wine Down Wednesday (L)
 6:00 Wii® Bowling Tournament with Cathy (LR)
 6:00 After Dinner Movie (T)

13

9:00 Rummikub® Class (ELC)
 9:30 **HF** Healthy Stretches (ELC)
 1:00 Funny Money Bingo (ELC)
 2:30 **EF** Thursday Afternoon Musical Performance (DR)
 3:30 Wii® Bowling (LR)
 4:00 **HF** Sand Weights & Flexibility Workout (ELC)
 6:00 After Dinner Movie (T)

14

9:00 Rummikub® (ELC)
 9:30 **HF** Exercise with Resistance Bands (ELC)
 10:15 **IS** Catholic Communion
 10:30 **LL** History Man Talks about June (B)
 1:15 Pokeno® (ELC)
 2:30 Wii® Bowling (LR)
 3:00 **PA** Learn Bridge w/ Ruth (ELC)
 3:00 **CV** Making Dog Treats (LG1)
 4:00 **HF** Light Weights and Stretching Class (ELC)
 6:00 After Dinner Movie (T)
 8:00 **C** Ambassador Hosted Happy Hour (ALB)

15

National Smile Day
 9:00 **CE** Artistic Expression Mandalas (ELC)
 9:30 **HF** Strength Exercises (ELC)
 10:00 Bingo (ELC)
 11:00 **HF** Engage Your Brain -What's in a Word (ELC)
 1:00 Rummikub® (ELC)
 2:45 **EF** Pathfinders Father's Day Choir (DR)
 4:00 **HF** Afternoon Walk (L)
 6:00 After Dinner Movie (T)

16

9:00 **HF** Stretching & Weights (ELC)
 9:00 **IS** Sunday Church Service (LG2)
 10:00 Rummikub® (ELC)
 11:30 **AW** Fantastic Fathers Barbeque (DR)
 1:00 Bingo (ELC)
 2:15 Rummikub® (ELC)
 3:00 **HF** Daily Exercise (LG1)
 3:15 **AW** StoryWise™ Fantastic Fathers (L)
 4:00 **PA** iPad® Programs Trivia & Games (ELC)
 6:00 After Dinner Movie (T)

17

9:00 **HF** Chair Tai Chi (LG1)
 9:00 Walmart Shopping (L)
 10:15 **IS** Catholic Communion
 1:00 **EF** Casino Outing Valley View (L)
 2:00 Rummikub® (ELC)
 3:00 **C** Resident Happy Hour Club (B)
 3:00 **HF** Daily Exercises (LG1)
 6:00 After Dinner Movie (T)

18

9:30 **HF** Exercise with Resistance Bands (ELC)
 10:00 **IS** Bible Study (ELC)
 1:00 **PA** Resident Ambassador Meeting (ELC)
 1:15 Rummikub® (B)
 2:00 Bingo (ELC)
 3:30 **HF** Light Weights & Relaxation with Cathy (ELC)
 6:00 **C** Men's Club with Quinn (L)
 6:00 Evening Movie (T)

19

9:30 **HF** Exercise & Healthy Stretches (ELC)
 11:15 **EF** Lunch Out - The Olive Garden (L)
 1:30 Bingo (ELC)
 3:00 Bridge (ELC)
 3:30 **HF** Light Weights & Exercise (ELC)
 4:00 Trivia Fun (L)
 4:00 **C** Wine & Cheese Mixer (L)
 6:00 **EF** Music with AI (LG1)
 6:00 After Dinner Movie (T)

20

American Eagle Day
 9:00 Rummikub® Class (ELC)
 9:30 **HF** Healthy Stretches (ELC)
 10:15 **LL** Monthly Health Lecture
 1:00 Funny Money Bingo (ELC)
 2:30 **EF** Thursday Afternoon Live Music (DR)
 3:30 Wii® Bowling (LR)
 4:00 **HF** Sand Weights & Flexibility Workout (ELC)
 6:00 After Dinner Movie (T)

21

9:30 **HF** Healthy Stretches and Exercise (ELC)
 10:00 **CV** Helen Woodward Pet Therapy
 10:15 **IS** Catholic Communion
 1:15 Pokeno® (ELC)
 3:00 **PA** Learn Bridge with Ruth (ELC)
 4:00 **HF** Light Weights & Stretching Class (ELC)
 6:00 **C** Wine Mixer with Ambassadors (B)
 7:00 After Dinner Movie (T)

22

9:30 **HF** Strength Exercises (ELC)
 10:30 Atria Funny Money Store (ELC)
 1:00 **HF** Engage Your Brain What's in a Word (ELC)
 1:15 Bingo (ELC)
 2:15 Rummikub® (ELC)
 3:15 **CE** Art & Crafts Class (ELC)
 4:00 **HF** Afternoon Walk (L)
 6:00 After Dinner Movie (T)

23

9:00 **HF** Stretching & Weights (ELC)
 9:00 **IS** Sunday Church Service (LG2)
 10:00 Rummikub® (ELC)
 10:15 Coastal Excursion (LG) (L)
 1:15 Bingo (ELC)
 2:30 Rummikub® (ELC)
 3:00 **HF** Daily Exercise (LG1)
 4:30 **PA** iPad® Programs Trivia & Games (ELC)
 6:00 After Dinner Movie (T)

24

9:00 Walmart Shopping (L)
 9:00 **HF** Chair Tai Chi (LG1)
 10:15 **IS** Catholic Communion
 1:00 Bridge (ELC)
 1:15 Local Errands (L)
 2:15 Rummikub® (ELC)
 3:00 **C** Resident Happy Hour Club (B)
 3:00 **HF** Daily Exercises (LG1)
 6:00 After Dinner Movie (T)

25

9:00 Rummikub® (ELC)
 9:30 **HF** Exercise with Resistance Bands (ELC)
 10:00 **IS** Bible Study (ELC)
 1:00 Bingo (ELC)
 2:00 **PA** Birthday in the Bistro (B)
 3:00 Rummikub® (ELC)
 3:45 **CV** Recycling for Charity (ELC)
 4:00 **HF** Stretching & Relaxation with Cathy (ELC)
 6:00 After Dinner Movie (T)

26

National Chocolate Pudding Day
 9:30 **HF** Exercise with Resistance Bands (ELC)
 10:00 Rummikub® (ELC)
 1:00 Tea with the ED (ELC)
 2:00 Bingo (ELC)
 3:00 Bridge (ELC)
 3:30 **HF** Light Weights & Stretching (ELC)
 4:00 Trivia Fun (L)
 4:00 **C** Wine Down Wednesday (L)
 6:00 **EF** Music w/ AI (LG1)
 6:30 After Dinner Movie (T)

27

9:00 Rummikub® Class (ELC)
 9:30 **HF** Healthy Stretches (ELC)
 1:00 Funny Money Bingo (ELC)
 2:00 **CE** Coloring for Adults (ELC)
 2:15 **LL** Universal Yums & World Travel (ELC)
 3:00 **PA** Learn Bridge w/ Ruth (ELC)
 4:00 **HF** Sand Weights & Flexibility Workout (ELC)
 6:00 After Dinner Movie (T)
 6:00 **C** Evening Fire Pit Chat w/ S'mores & Cathy (K1)

28

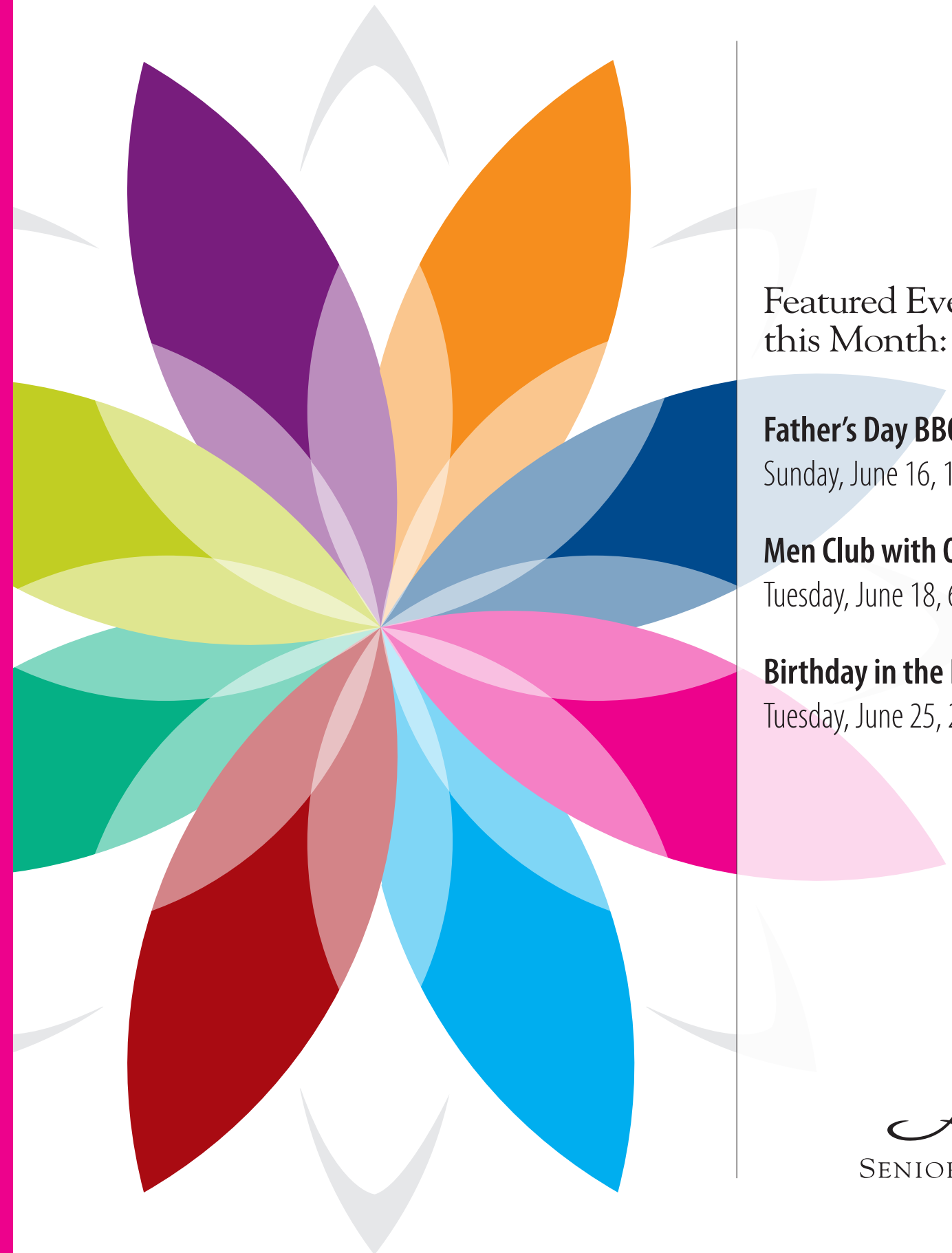
9:30 **HF** Healthy Stretches with Cathy (ELC)
 10:00 Rummikub® (ELC)
 10:15 **IS** Catholic Communion
 11:00 Wii® Bowling (LR)
 1:15 Pokeno® (ELC)
 3:00 **EF** Live Musical Entertainment (L)
 4:00 **HF** Light Weights & Stretching Class (ELC)
 6:00 Evening Movie (T)
 8:00 **C** Resident & Ambassadors Wine Mixer (ALB)

29

9:30 **HF** Exercise with Resistance Bands (ELC)
 10:00 Rummikub® (ELC)
 10:30 **CV** Writing Letters and Cards for the Troops (ELC)
 11:00 **HF** What's in a Word & Trivia (LR)
 1:00 Bingo (ELC)
 2:30 Root Beer Floats with Cathy (B)
 4:00 **HF** Walking Club (ALB)
 6:00 After Dinner Movie (T)
 6:00 Evening Movie & Popcorn (T)

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Father's Day BBQ
Sunday, June 16, 11:30 AM

Men Club with Quinn & Kyle
Tuesday, June 18, 6:00 PM

Birthday in the Bistro
Tuesday, June 25, 2:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:00 **IS** Sunday Service
 10:15 **EF** Scenic Drive
 11:00 **HF** In Chair Yoga
 1:30 Sunday Paper
 2:30 **HF** Exercise with Zack
 3:30 **CE** StoryWise™
 6:00 Evening Movie - Cabin in the Sky



ROOM LOCATION KEY:
 Engage Life Center ELC
 A.L. Dining Rm 1st Floor AL1
 Lobby L
 Dining Room DR
 Kazebo Area 1st Floor K1
 Bistro B
 Life Guidance 1st floor LG1
 Life Guidance 2nd Floor LG2

STAFF KEY:
 Engage Life Director ELD

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
CE Atria StoryWise

1

Happy Birthday Judy
 9:30 **HF** Soothing Stretch
 10:00 Daily Chronicle
 10:30 **C** Funny Pet Videos (LG2)
 1:30 **LL** This Week in History (LG1)
 3:00 **HF** COLORFUL WEIGHTS
 3:30 **J** Legato "Sgt. Pepper"
 6:00 Movie Night - How to Marry a Millionaire (LG1)

2

9:00 **IS** Sunday Service (ELC)
 10:15 **EF** Coastal Excursion (L)
 11:00 **HF** Let's Go for a Stroll (L)
 Daily Chronicle
 2:00 Puzzles + Word Find (LG1)
 3:00 **HF** Sit and Be Fit
 3:30 Prize Bingo (LG1)
 3:30 **CE** Colorful Drawings w/ Gilda (LG2)
 6:00 **C** Rocky Road Ice Cream Social (LG1)

3

9:00 **HF** Chair Tai Chi w/ Patrick (LG1)
 9:30 Daily Chronicle
 10:00 Nail Spa Day with Sophia (LG1)
 10:30 Bingo
 1:30 Puzzles with Friends (LG1)
 3:00 **HF** Sit and Be Fit
 3:30 Think Fast Game
 6:00 Evening Movie - Houdini (LG1)

4

9:30 **HF** MOVIN AND GROOVIN
 10:00 **IS** Bible Study with Dick (ELC)
 11:00 Daily Chronicle
 1:30 **LL** Healthy Creations w/ Kyle (LG1)
 2:00 **CE** Arts for all Ages- Painting (ELC)
 3:00 **HF** Walking around the Block
 3:30 **CE** StoryWise™: Share A Story
 6:00 Game Show Night

5

9:30 **HF** Chair Yoga
 10:00 Daily Chronicle
 1:00 Puzzles w/ Friends
 2:00 **IS** Positive Feeling - Talking Funny Moments (LG1)
 3:00 **HF** Dance Class
 3:30 **CV** Letter to Troops (LG2)
 6:00 **EF** Music with AI (LG2)

6

9:30 **HF** Movin and Groovin w/ Andrea (LG2)
 9:30 **EF** Del Mar Fair (L)
 10:00 Daily Chronicle
 10:30 Bingo (LG1)
 1:30 **LL** Learn Spanish (LG1)
 2:30 **HF** Walk around the Block (L)
 3:00 **EF** Music Station (L)
 4:00 **HF** Engage Your Brain: Fun with words (LG1)
 6:00 Movie Night: The Long Long Trailer (LG1)

7

9:30 **HF** Commit to Be Fit
 10:00 **CE** Donut and StoryWise™
 10:30 Daily Chronicle
 10:45 Bingo (LG1)
 1:00 Wii® Bowling (LG1)
 2:00 **PA** Life Story - Jack Jaynes (LG2)
 2:30 **CE** Poetry Corner - Haiku's (LG2)
 3:00 **HF** Walking Tall (L)
 3:30 Word Game
 6:00 CBS Evening News

8

9:30 **HF** Soothing Stretch
 9:45 Daily Chronicle
 10:00 **LL** Birthstone of the Month (ELC)
 11:00 **LL** This Week in History (LG1)
 1:00 Wheel of Fortune® (LG1)
 2:00 Legato Bingo (LG1)
 3:00 Joan Rivers Comedy (LG1)
 4:00 **HF** Walk
 6:00 Movie: The Blind Side (LG1)

9

9:00 **IS** Sunday Service (ELC)
 10:15 **EF** Nature Coastal Excursion (L)
 11:00 **HF** Walking and Legato
 Daily Chronicle
 1:30 Daily Chronicle
 3:00 **HF** Sit and Get fit
 3:30 Bingo with Yolanda (LG1)
 6:00 Evening Movie- Back to the Future (LG1)

10

9:00 **HF** Chair Tai Chi w/ Patrick (LG1)
 10:00 Daily Chronicle
 10:30 A Day at the Spa with Sophia (LG2)
 1:00 **CE** Interactive Music with Kristy (LG1)
 1:00 EYB : Fun with Words (LG1)
 3:00 **HF** Sit and Be Fit (LG1)
 4:00 Puzzles
 6:00 Relax and Remember

11

9:00 **HF** MOVIN' AND GROOVIN'
 10:00 **IS** Bible Study with Dick (ELC)
 10:30 **CE** Build Birdhouses w/ Kyle & Kimmy (LG2)
 12:30 **HF** Auditory Assistants Ear Care (DR)
 1:00 **LL** Healthy Creations w/ Kyle (LG1)
 2:00 **CE** StoryWise™: Share A Story
 3:00 **HF** Fun & Fitness
 6:00 Evening Movie: Willy Wonka (LG1)

12

9:30 **HF** Parachutes and Scarves w/ Alicia (LG1)
 10:00 Daily Chronicle
 10:30 Pictionary™ (LG1)
 1:00 Wii® Bowling (LG1)
 1:30 **J** Legato Name 10 Songs
 2:30 **C** Men's Club - Father's Baseball game (LG2)
 3:00 **HF** COLORFUL WEIGHTS
 3:30 Crosswords w/ Beatrice (LG2)
 6:00 Brain Boosters

13

9:30 **HF** Sit and Be Fit (LG1)
 10:00 Daily Chronicles
 10:30 Bingo with Friends (LG1)
 11:00 **CE** Whale of a Tale
 1:00 Puzzles w/ Friends
 2:00 **HF** Grooving to the Oldies Exercise
 2:30 **EF** Live Music (LG1)
 6:00 Game Show Night

14

Flag Day
 9:30 **HF** Commit to Be Fit
 10:00 Daily Chronicle/ Flag Day Trivia
 10:30 **LL** History Man (B)
 1:30 **J** Legato: Flag Day Songs and Poetry
 2:00 **CE** Popsicle Stick American Flag
 2:30 **HF** Weight Training
 3:00 **CV** Making Dog Treats (LG1)
 6:00 Bingo

15

9:30 **HF** Soothing Stretch
 10:00 Daily Chronicle
 10:30 **J** Legato - Musical Group Hour / Perry Como
 1:00 Jeopardy!® (LG1)
 1:00 **HF** EYB : Spelling Bee (LG1)
 2:00 **PA** Life Story - Charlie Jones (LG2)
 2:30 **EF** Live Music
 3:00 **HF** Walk on the Wild Side
 3:30 Puzzles with Word Finding
 6:00 US Open Golf Tournament (LG1)

16

Father's Day
 9:00 **IS** Sunday Service (ELC)
 9:30 **HF** Walk around the Block
 10:15 **EF** Coastal Excursion (L)
 11:30 Father's Day BBQ
 1:00 Gone Fishing Trivia
 3:00 **HF** Sit and Get Fit
 3:30 Prize Bingo (LG1)
 4:00 **CE** StoryWise™-Fantastic Fathers
 6:00 Evening Movie- Parenthood

17

Full Moon- Strawberry Moon
 9:00 **HF** Chair Tai Chi w/ Patrick (LG1)
 10:00 Hand Massage with Sophia
 11:00 Daily Chronicles
 1:00 **J** Monday Sundaes with Legato
 2:00 What's in a Word?
 3:00 **HF** Sit and Be Fit
 6:00 Think Fast Game

18

9:30 **HF** MOVIN' AND GROOVIN
 10:00 **IS** Bible Study with Dick (ELC)
 10:30 Daily Chronicle
 11:00 **HF** Chair Yoga
 1:00 **LL** Healthy Creations with Kyle and Jemma (LG2)
 2:00 Are You Smarter than a 5th Grader? (LG1)
 3:30 Dotty Dandelion Print
 6:00 **C** Men Club with Quinn & Kyle (DR)

19

9:30 **HF** Dance It Up
 10:15 **EF** Kit Carson Park (L)
 1:00 Daily Chronicle
 1:30 **CE** Gel Air Fresheners Craft (LG1)
 2:30 Family Feud™ (LG1)
 3:30 **HF** Happy Feet
 4:00 Coffee Chat in the Garden (K1)
 6:00 **EF** Music with AI (LG1)

20

9:30 **HF** Parachutes and Scarves
 10:00 Daily Chronicles
 10:30 Bingo (LG1)
 1:00 **J** Legato: "I'll be Seeing You"
 2:00 **HF** Beach Ball toss
 2:30 **EF** Live Music (AL1)
 6:00 Movie Night -Moby Dick (LG1)

21

9:30 **HF** Commit to Be Fit
 10:00 **CV** Helen Woodward Pet Therapy
 10:00 Bingo with Cathy (LG1) (ELD)
 11:00 USA Today
 1:00 Trivia Fridays
 2:00 **J** Legato: Sing Along
 3:00 **HF** Let's Take a Stroll
 3:30 **CE** Gardening (LG2)
 6:00 Evening Movie - Spiderman (LG1)

22

9:30 **HF** Soothing Stretch
 10:15 Bingo (B)
 1:00 **LL** This week in History (LG2)
 1:30 **J** Legato: Music Tour
 2:00 **HF** Tapping Time
 2:30 **PA** Life Story - Howard Roberts (LG1)
 3:00 **HF** EYB- Trivia w/ Gilda (LG1)
 3:30 Wii® Bowling (LG1)
 6:00 Evening Movie - Out of Africa (LG1)

23

9:00 **IS** Sunday Service (ELC)
 10:15 **EF** Coastal Excursion (L)
 10:30 **HF** Legato Beach Ball Movement
 11:00 Sunday Paper
 1:00 Crossword Puzzle
 3:00 **HF** Sit and Get Fit
 3:30 Bingo with Yolanda (LG1)
 6:00 Sunday Night Baseball Game

24

9:00 **HF** Chair Tai Chi w/ Patrick (LG1)
 10:00 Today's News
 10:30 **J** Nail and Music with Sophia and Jessica (LG1)
 1:00 **IS** Poetry Corner
 3:00 **HF** Sit and Be Fit
 6:00 Game Show Night (LG1)

25

9:30 **HF** MOVIN' AND GROOVIN
 10:00 **IS** Bible Study with Dick (ELC)
 10:30 Daily Chronicles
 1:00 **LL** Healthy Creations with Kyle and Sophia (LG1)
 2:00 **PA** Birthday in the Bistro (B)
 3:00 **HF** Nature Walk
 6:00 **PA** Life Story - Matt Laraye (LG2)

26

9:30 **HF** Strength and Balance Class (L)
 10:15 **EF** Outing Rod McLeod Park
 1:00 Puzzle Time
 2:00 Daily Chronicle
 2:30 Wii® Bowling (LG1)
 3:00 **HF** Fun with Scarves
 3:30 **CE** ART EXPRESSIONS
 6:00 **EF** Welcome to the Neighborhood with AI (LG1)

27

9:30 **HF** Exercise w/ Zelmy (LG2)
 10:00 Daily Chronicles
 10:30 **CE** Legato Karaoke (LG2)
 1:00 **LL** Bird of Month (LG1)
 2:30 **HF** Dance It Out
 3:30 **J** Legato: Jazz
 6:00 Manicure with the Ladies

28

9:30 **HF** Commit to Be Fit
 10:30 **CV** Baking Cookies/Fire Department (LG1)
 11:00 Daily Chronicle
 1:00 Gardening in the Patio (LG2)
 1:30 Wheel of Fortune® (LG1)
 2:30 **EF** Happy Hour (AL1)
 3:00 **J** Legato - Bob Dylan
 3:30 **HF** Walking Club (L)
 6:00 **C** Pizza Party Day (LG2)

29

9:30 **HF** Chair Tai Chi
 10:00 Bingo
 1:30 **CE** Drawing with Kyle
 2:00 **J** Legato - Lollipop Tunes
 3:00 **HF** Walking Club
 3:30 21 Card Game
 6:00 Evening News

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