

INDEPENDENT LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Sunday "Broadway
Showtunes" Concert**
Sunday, June 9, 3:00 PM

**"Fantastic Fathers"
Sunday Brunch**
Sunday, June 16, 11:30 AM

Atria Southpoint Walk Health Fair
Wednesday, June 26, 10:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30
10:00 **IS** Catholic Eucharist (T)
10:15 **HF** Stretch & Tone (ALD)
11:30 **EF** Sunday Brunch (DR)
2:00 **EF** Dominoes (2BW)
3:00 **EF** Sunday Cinema (T)
4:30 **LL** Tech Support (LB)
6:00 **HF** Sunday Stroll (L)
7:00 **HF** Classic Movie Night (T)



ROOM LOCATION KEY:

Lobby	L	Multipurpose Room	MPR
1st Floor Breezeway	1BW	Pub	P
Dining Room	DR	Theater	T
Private Dining Room	PDR	Independent Dining Room	IDR
Needlework Nook	NN	Multipurpose Room	MPR
Courtyard	C		
2nd Floor Breezeway	2BW		
Assisted Living Dining Room	ALD		
Assisted Living Parlor	ALP		
Library	LB		

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Pokeno® is a registered trademark of US Playing Card Company.
Rummikub® is a registered trademark of Rummikub.
Scrabble® is a registered trademark of Hasbro, Inc.
Zumba® is a registered trademark of Zumba Fitness, LLC.

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
AW Atria StoryWise

1
9:30 **HF** Strength and Balance (MPR)
10:00 **EF** Coffee Talk (LB)
10:15 **HF** Stretch and Tone (ALD)
1:30 **EF** Open Bridge (2BW)
1:30 **EF** Dominoes (2BW)
2:00 **EF** Afternoon Tea (P)
3:00 **HF** Bingo (MPR)
4:00 **LL** Technology Talk (T)
6:30 **HF** Walking Club (L)
7:00 **HF** Saturday Night Movie (T)

2
10:00 **IS** Catholic Eucharist (T)
10:15 **HF** Stretch & Tone (ALD)
11:30 **EF** Sunday Brunch (DR)
2:00 **EF** Dominoes (2BW)
3:00 **HF** Classic Movie (T)
3:30 **HF** Sunday Stretch w/ Emma (ALD)
4:30 **LL** Technical Support (LB)
6:00 **HF** Walking Club (ALP)
7:00 **HF** Classic Movie Night (T)

3
9:30 **HF** Legacy Fitness (MPR)
10:00 **EF** Shuffleboard (C)
10:30 **IS** Walgreens (L)
1:15 **IS** Bible Study (MPR)
1:30 **EF** Scenic Drive (ALP)
1:30 **EF** Bridge Adv (2BW)
1:30 **EF** Mahjong (2BW)
2:30 **EF** Rummikub® (2BW)
3:30 **HF** Zumba® (T)
4:00 **C** New Resident & Birthday Celebration (MPR)
6:30 **LL** Lifelong Learning (T)

4
9:30 **HF** Legacy Fitness (MPR)
10:00 **CV** Needleworkers (NN)
11:00 **IS** Worship Service (MPR)
2:00 **EF** Bingo w/ Eileen (MPR)
3:15 **HF** Stretch w/ Eileen (T)
3:15 **EF** Brain Games (MPR)
4:00 **EF** Happy Hour (MPR)
6:30 **LL** Ted Talks w/ iPad® (T)

5
9:30 **HF** Line Dancing w/ J (MPR)
11:00 **HF** Blood Pressure Clinic (P)
11:00 **EF** Garden Club (C)
1:30 **EF** Rummikub® (2BW)
1:30 **LL** Travelogue (T)
2:30 **EF** Food for Thought (T)
3:30 **HF** Stretch w/ Eileen (T)
4:00 **EF** Happy Hour (P)
6:30 **EF** Pokeno® (P)
6:30 **HF** Walking Club (L)

6
9:30 **HF** Chair Workout w/ Terry (MPR)
9:30 **HF** Harris Teeter w/ Mark* (L)
11:00 **PA** Socrates Café/ Current Events (T)
2:00 **EF** Bingo w/ Eileen (MPR)
3:15 **CE** Craftsmanship (MPR)
3:15 **HF** Gentle Moves -Eileen (T)
4:00 **EF** Happy Hour (P)
6:00 **AW** StoryWise™ (P)
6:30 **LL** Challenge Crosswords w/ Emma (P)

7
9:30 **HF** Stretch & Tone (MPR)
11:00 **EF** N.C. Symphony Classical Concert & Lunch (L)
2:00 **EF** Scrabble® (2BW)
2:30 **EF** Dominoes (NN)
4:00 **C** Happy Hour Wine & Cheese (MPR)
4:30 **IS** Shabbat Shalom (T)
6:30 **HF** Walking Club (L)
7:00 **HF** New Release Movie Night (T)

8
9:30 **HF** Stretch & Tone (MPR)
10:00 **EF** Coffee Talk (LB)
10:15 **HF** Stretch & Tone (ALD)
1:30 **EF** Open Bridge & Pinochle (2BW)
1:30 **EF** Dominoes (2BW)
2:00 **EF** Afternoon Tea (P)
3:00 **HF** Bingo (MPR)
4:00 **LL** Technical Support (LB)
6:30 **HF** Walking Club (L)
7:00 **HF** Saturday Night Movie (T)

9
10:00 **IS** Catholic Eucharist (T)
10:15 **HF** Stretch & Tone (ALD)
2:00 **EF** Dominoes (2BW)
3:00 **EF** Sunday "Broadway Showtunes" Concert (DR)
4:30 **LL** Technical Support (LB)
6:00 **HF** Walking Club (ALP)
7:00 **HF** Classic Movie Night (T)

10
9:30 **HF** Legacy Fitness (MPR)
10:00 **EF** Shuffleboard (C)
10:30 **IS** Dollar Tree (L)
1:15 **IS** Bible Study (MPR)
1:30 **EF** Scenic Drive (ALP)
1:30 **EF** Bridge -Adv (2BW)
1:30 **EF** Mahjong (2BW)
2:30 **EF** Rummikub® (2BW)
3:30 **HF** Exercise w/ Brandon (MPR)
4:00 **EF** Happy Hour (P)
6:30 **LL** Lifelong Learning (T)

11
9:30 **HF** Legacy Fitness (MPR)
10:00 **CV** Needleworkers (NN)
11:00 **IS** Worship Service (MPR)
2:00 **EF** Bingo (MPR)
3:15 **HF** Stretch w/ Eileen (T)
3:15 **EF** Brain Games (MPR)
4:00 **EF** Happy Hour (MPR)
6:30 **LL** Ted Talks w/ iPad® (T)

12
9:30 **HF** Line Dancing w/ J (MPR)
10:30 **LL** JCC Outing (L)
11:00 **EF** Garden Club (T)
1:30 **EF** Rummikub® (2BW)
1:30 **LL** Travelogue (T)
2:30 **EF** Music with Elizabeth
3:30 **HF** Gentle Moves w/ Eileen (T)
4:00 **EF** Happy Hour (P)
6:30 **HF** Walking Club (L)
6:30 **EF** Pokeno® w/ Eileen (P)

13
9:30 **HF** Chair Workout w/ Terry (MPR)
9:30 **HF** Harris Teeter w/ Mark* (L)
11:00 **PA** Socrates Café/ Current Events (T)
2:00 **EF** Bingo (MPR)
3:15 **CE** Craftsmanship (MPR)
3:15 **HF** Gentle Moves w/ Eileen (T)
6:30 **LL** Challenge Crosswords w/ Emma (P)

14
9:30 **HF** Legacy Fitness (MPR)
1:30 **HF** Movercise W/ Richard (MPR)
2:00 **EF** Scrabble® (2BW)
2:30 **EF** Dominoes (NN)
4:00 **C** Happy Hour Wine & Cheese W/ Larry (MPR)
4:30 **IS** Shabbat Shalom (T)
5:30 **EF** Durham Bulls Game (L)
6:30 **HF** Walking Club (L)
7:00 **HF** New Movie Release (T)

15
9:30 **HF** Low Impact Stretch (MPR)
10:00 **EF** Coffee Talk (LB)
10:15 **HF** Stretch & Tone (ALD)
10:30 **EF** Open Bridge & Pinochle (2BW)
1:30 **EF** Dominoes (2BW)
2:00 **EF** Afternoon Tea (P)
3:00 **HF** Bingo (MPR)
6:30 **HF** Walking Club (L)
7:00 **HF** Saturday Night Movie (T)

16
10:00 **IS** Catholic Eucharist (T)
10:15 **HF** Stretch & Tone (ALD)
11:30 **AW** "Fantastic Fathers" Sunday Brunch (DR)
2:00 **EF** Dominoes (2BW)
3:00 **EF** Sunday Cinema (T)
3:30 **HF** Sunday Stretch w/ Emma (ALD)
4:30 **LL** Technical Support (LB)
6:00 **HF** Walking Club (ALP)
7:00 **HF** Classic Movie Night (T)

17
9:30 **HF** Legacy Fitness (MPR)
10:00 **EF** Shuffleboard (C)
10:30 **IS** Walmart* (L)
1:15 **IS** Bible Study (MPR)
1:30 **EF** Scenic Drive (ALP)
1:30 **EF** Bridge Adv (2BW)
1:30 **EF** Mahjong (2BW)
2:30 **EF** Rummikub® (2BW)
3:30 **HF** Chair Zumba® (MPR)
4:00 **EF** Happy Hour (P)
6:30 **LL** Lifelong Learning (T)

18
9:30 **HF** Legacy Fitness (MPR)
10:00 **CV** Needleworkers (NN)
11:00 **IS** Worship Service (MPR)
1:30 **LL** Book Club (T)
2:00 **LL** Oasis Book Stop (1BW)
2:00 **EF** Bingo (MPR)
3:45 **HF** Stretch w/ Eileen (T)
4:00 **EF** Happy Hour (MPR)
6:30 **LL** Ted Talks w/ iPad® (T)

19
7:30 **EF** Breakfast w/ the Chef (IDR)
9:30 **HF** Line Dancing w/ J (MPR)
11:00 **EF** Garden Club (C)
12:00 **PA** Ambassador Committee Mtg. (PDR)
1:30 **EF** Rummikub® (2BW)
1:30 **LL** Travelogue (T)
3:00 **PA** Town Hall Meeting Everyone Welcome! (MPR)
4:00 **EF** Happy Hour (P)
6:30 **HF** Walking Club (L)
6:30 **EF** Pokeno® w/ Eileen (P)

20
9:30 **HF** Chair Workout w/ Terry (MPR)
9:30 **HF** Harris Teeter w/ Mark* (L)
11:00 **PA** Socrates Café/ Current Events (T)
2:00 **EF** Bingo (MPR)
3:00 **EF** "Water Fun & Watermelon" (C)
3:15 **HF** Gentle Moves W/ Eileen (T)
4:00 **EF** Happy Hour (P)
6:00 **AW** StoryWise™ (P)
6:30 **LL** Challenge Crosswords w/ Emma (P)

21
9:30 **HF** Legacy Fitness (MPR)
9:30 **EF** N.C. History Museum & Lunch (L)
2:00 **EF** Scrabble® (2BW)
2:15 **EF** Dominoes (NN)
4:00 **C** Happy Hour Wine & Cheese (MPR)
4:30 **IS** Shabbat Shalom (MPR)
6:30 **HF** Walking Club (L)
7:00 **HF** New Release Movie Night (T)

22
9:30 **HF** Low Impact Stretch (MPR)
10:00 **EF** Coffee Talk (LB)
10:15 **HF** Stretch & Tone (ALD)
10:30 **EF** Open Bridge & Pinochle (2BW)
1:30 **EF** Dominoes (2BW)
2:00 **EF** Afternoon Tea (P)
3:00 **HF** Bingo (MPR)
4:00 **LL** Technical Support (LB)
6:30 **HF** Walking Club (L)
7:00 **HF** Saturday Night Movie (T)

23
10:00 **IS** Catholic Eucharist (T)
10:15 **HF** Stretch & Tone (ALD)
11:30 **EF** Sunday Brunch (DR)
2:00 **EF** Dominoes (2BW)
3:00 **EF** Afternoon Cinema (T)
4:30 **LL** Technical Support (LB)
6:00 **HF** Walking Club (ALP)
7:00 **HF** Classic Movie Night (T)

24
9:30 **HF** Legacy Fitness (MPR)
10:00 **EF** Shuffleboard (IDR)
10:30 **EF** Target* (L)
1:30 **EF** Scenic Drive (ALP)
1:30 **EF** Bridge -Adv (2BW)
1:30 **EF** Mahjong (2BW)
2:30 **EF** Rummikub® (2BW)
3:30 **HF** Exercise w/ Brandon (MPR)
4:00 **EF** Happy Hour (P)
6:30 **LL** Lifelong Learning (T)

25
9:30 **HF** Legacy Fitness (MPR)
10:30 **CV** Needleworkers (NN)
1:30 **PA** Engage Life® Com. Mtg. (T)
2:00 **EF** Bingo (MPR)
3:15 **HF** Stretching & Tone (T)
3:15 **EF** Brain Games (MPR)
4:00 **EF** Happy Hour (MPR)
6:30 **LL** Ted Talks w/ iPad® (P)

26
9:30 **HF** Line Dancing w/ J (MPR)
10:00 **LL** Atria Southpoint Walk Health Fair (MPR)
11:00 **EF** Garden Club (C)
1:30 **LL** Travelogue (T)
1:30 **EF** Rummikub® (2BW)
2:30 **EF** Music w/ Elizabeth (MPR)
3:30 **HF** Gentle Moves w/ Eileen (T)
4:00 **EF** Happy Hour (P)
4:30 **EF** Dinner Outing
6:30 **EF** Pokeno® (P)
6:30 **HF** Walking Club (L)

27
9:30 **EF** Trip to Harris Teeter (L)
9:30 **HF** Chair Workout w/Terry (MPR)
11:00 **PA** Socrates/ Current Events (T)
2:00 **EF** Bingo (MPR)
3:15 **CE** Craftsmanship (MPR)
3:15 **HF** Gentle Moves w/ Eileen (T)
4:00 **EF** Happy Hour (P)
6:00 **AW** StoryWise™ (P)
6:30 **LL** Crossword Challenge w/ Emma

28
9:30 **EF** Tour of Duke Gardens & Lunch (L)
9:30 **HF** Legacy Fitness (MPR)
2:00 **EF** Scrabble® (2BW)
2:30 **EF** Dominoes (NN)
2:30 **HF** Movercise w/ Richard (MPR)
4:00 **C** Happy Hour - Wine & Cheese (MPR)
4:30 **IS** Shabbat Shalom (T)
6:30 **HF** Walking Club (L)
7:00 **HF** New Release Movie Night (T)

29
9:30 **HF** Low-Impact Stretch (MPR)
10:00 **EF** Coffee Talk (LB)
10:15 **HF** Stretch & Tone (ALD)
10:30 **EF** Open Bridge & Pinochle (2BW)
1:30 **EF** Dominoes (2BW)
2:00 **EF** Afternoon Tea (P)
3:00 **HF** Bingo (MPR)
4:00 **LL** Tech Support (LB)
6:00 **HF** Walking Club (L)
7:00 **HF** Saturday Night Musical (T)

ASSISTED LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Sunday "Broadway
Showtunes" Concert**
Sunday, June 9, 3:00 PM

"Fantastic Fathers" Day Brunch
Sunday, June 16, 11:30 AM

Atria Southpoint Walk Health Fair
Wednesday, June 26, 10:00 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **C** One on One Visits
 2:30 **CE** Sing Along (ALP)
 3:30 **HF** Sunday Stretch w/ Emma (ALD)
 4:00 **EF** Happy Hour (ALD)
 6:00 **HF** Walking Club (ALP)
 7:00 Sunday Cinema (ALP)



ROOM LOCATION KEY:

Independent Dining Room	IDR
Assisted Living Dining Room	ALD
Assisted Living Parlor	ALP
Multipurpose Room	MPR
Theater	T
Theater in Indep. Living	T
Pub	P
Library	LB
Courtyard	C
Dining Room	DR
Lobby	L

All activities last a minimum of 30 minutes

PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
AS Atria StoryWise

1

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 11:00 What's in a Word?
 1:30 Pet Therapy (ALP)
 2:00 **C** Afternoon Tea (P)
 2:30 **HF** Gentle Moves (ALD)
 3:00 **LL** Travelogue (ALP)
 6:30 **HF** Walking Club (L)
 7:00 Saturday Night Musical (T)

2

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **C** One on One Visits
 2:30 **CE** Singfit (ALP)
 3:30 **HF** Sunday Stretch w/ Emma (ALD)
 4:00 **EF** Happy Hour (ALD)
 6:00 **HF** Walking Club (ALP)
 7:00 Sunday Cinema (ALP)

3

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Tone (ALD)
 10:30 Walgreens (L)
 10:45 **LL** News and Events (ALD)
 1:30 **EF** Scenic Drive (ALP)
 2:30 Painting Fun (ALD)
 3:30 **HF** Stretch & Tone w/ Emma (ALD)
 4:00 **AS** StoryWise™ (DR)
 6:30 **HF** Walking Club (L)

4

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **HF** Stretch w/ Emma (ALP)
 2:00 **C** Pet Therapy with Blue! (ALP)
 2:30 **EF** Bingo (ALD)
 3:30 **CE** Craftsmanship (ALD)
 6:30 **LL** Ted Talks w/ iPad® (T)

5

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 Pretty Nails (ALD)
 2:30 **CE** Music w/ Emma (ALD)
 3:00 **HF** Gentle Moves (ALD)
 3:30 **LL** Travelogue (ALP)
 6:30 **HF** Walking Club (L)
 6:30 **EF** Pokeno® (P)

6

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 11:15 **LL** Appreciation of Art Trivia (ALD)
 1:30 **EF** Step On Tour of Hillsborough (ALD)
 2:30 **EF** Cards for Fun (ALD)
 3:30 **HF** Afternoon Stretch (ALD)
 6:00 **AS** StoryWise™ (P)
 6:30 **EF** Crossword Puzzle (P)

7

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **CE** Fun with Flowers (ALD)
 2:30 **HF** Afternoon Stretch (ALD)
 3:30 **EF** Happy Hour (ALD)
 4:30 **IS** Shabbat Shalom (T)
 6:30 **HF** Walking Club (L)
 7:00 New Release Movie Night (T)

8

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 11:00 What's in a word? (ALD)
 1:30 Pet Therapy (ALP)
 2:00 **C** Afternoon Tea (P)
 2:30 **HF** Gentle Moves (ALD)
 3:00 **LL** Travelogue (ALP)
 6:30 **HF** Walking Club (L)
 7:00 Saturday Night Musical (T)

9

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **C** One on One Visits
 2:30 **CE** Sing Along (ALP)
 3:00 **EF** Sunday "Broadway Showtunes" Concert (IDR)
 4:00 **EF** Happy Hour (ALD)
 6:00 **HF** Walking Club (ALP)
 7:00 Sunday Cinema (ALP)

10

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Balance (ALD)
 10:30 Dollar Tree w/ Staff (L)
 10:45 **LL** News and Events (ALD)
 1:30 **EF** Scenic Drive (ALP)
 2:30 Painting Fun (ALD)
 3:30 **HF** Stretch & Tone w/ Emma (ALD)
 4:00 **AS** StoryWise™ (ALD)
 6:30 **HF** Walking Club (L)

11

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALP)
 10:45 **LL** News and Events (ALD)
 1:30 **HF** Gentle Moves w/ Emma (ALP)
 2:00 **C** Pet Therapy (ALP)
 2:30 **EF** Bingo (ALD)
 3:30 **CE** Craftsmanship (ALD)
 6:30 **LL** Ted Talks w/ iPad® (T)

12

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch and Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **CE** Music w/ Elizabeth (ALD)
 2:30 Pretty Nails (ALD)
 3:00 **HF** Afternoon Stretch (ALD)
 3:30 **LL** Travelogue (ALP)
 6:30 **HF** Walking Club (L)
 6:30 **EF** Pokeno® w/ Eileen (P)

13

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 11:15 **LL** Appreciation of History Trivia (ALD)
 1:30 **CE** Creative Cooking
 2:30 **EF** Games (ALD)
 3:00 **HF** Afternoon Stretch (ALD)
 6:30 **EF** Crossword Puzzle (P)

14

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **CE** Fun with Flowers (DR)
 2:30 **EF** Sing & Swing w/ Larry (ALD)
 3:30 **EF** Happy Hour (ALD)
 4:30 **IS** Shabbat Shalom (ALP)
 6:00 **HF** Group Stroll (T)
 7:00 New Release Movie Night

15

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 11:00 What's in a Word? (ALD)
 1:30 Pet Therapy (ALP)
 2:00 **C** Afternoon Tea (LB)
 2:30 **HF** Gentle Moves (ALD)
 3:00 **LL** Travelogue (ALP)
 7:00 Saturday Night Musical (T)

16

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News & Events (ALD)
 11:30 "Fantastic Fathers" Day Brunch (DR)
 2:30 **CE** Sing Along (ALD)
 3:30 **HF** Sunday Stretch w/ Emma (ALD)
 4:00 **EF** Happy Hour (ALD)
 6:00 **HF** Walking Club (ALP)
 7:00 Sunday Cinema (ALP)

17

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Balance (ALD)
 10:30 Walmart w/ Staff (L)
 10:45 **LL** News and Events (ALD)
 1:30 **EF** Scenic Drive (ALP)
 2:30 Paint for Fun (ALD)
 3:30 **HF** Stretch w/ Emma (ALD)
 4:00 **AS** StoryWise™ (ALD)
 6:30 **HF** Group Stroll (ALP)

18

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **HF** Balance Class w/ Emma (ALP)
 2:00 **C** Pet Therapy with Blue! (ALP)
 2:30 **EF** Bingo (ALD)
 3:30 **CE** Craftsmanship (ALD)
 6:30 **LL** Ted Talks w/ iPad® (T)

19

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch and Tone (ALD)
 10:45 **LL** News And Events (ALD)
 1:30 Pretty Nails! (ALD)
 2:30 **CE** Music w/ Emma (ALD)
 3:00 **PA** Town Hall Meeting (MPR)
 6:30 **HF** Walking Club (ALP)
 6:30 **EF** Pokeno® w/ Eileen (P)

20

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Balance (ALD)
 10:45 **LL** New and Events (ALD)
 11:15 **LL** Appreciation of History Trivia (ALD)
 3:00 **EF** Water Fun & Watermelon (C)
 3:30 **HF** Stretch Time w/ Emma (ALD)
 6:00 **AS** StoryWise™ (P)
 6:30 **EF** Crossword Puzzle (P)

21

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **CE** Fun with Flowers (ALD)
 2:30 **HF** Gentle Moves (ALD)
 3:30 **EF** Happy Hour (ALD)
 6:30 **HF** Walking Club (L)
 7:00 New release Movie Night (T)

22

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 11:00 What's in a Word?
 1:30 Pet Therapy (ALP)
 2:00 **C** Afternoon Tea (P)
 2:30 **HF** Gentle Moves (ALD)
 3:00 **LL** Travelogue
 7:00 Saturday Night Musical (T)

23

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **C** One on One Visits
 2:30 **CE** Sing Along (ALP)
 3:30 **HF** Sunday Stretch w/ Emma (ALD)
 4:00 **EF** Happy Hour (ALD)
 6:00 **HF** Walking Club (ALP)
 7:00 Sunday Cinema (ALP)

24

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength & Balance (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **EF** Scenic Drive (ALP)
 2:30 Paint for Fun (ALD)
 3:30 **HF** Stretch w/ Emma (ALD)
 4:00 **AS** StoryWise™ (ALD)
 6:00 **HF** Group Stroll (ALP)

25

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **HF** Stretching w/ Emma (ALP)
 2:00 **C** Pet Therapy (ALP)
 2:30 **EF** Bingo (ALD)
 3:30 **CE** Craftsmanship (ALD)
 6:30 **LL** Ted Talks w/ iPad® (T)

26

9:30 **IS** Morning Devotion (ALP)
 10:00 **EF** Atria Southpoint Walk Health Fair (MPR)
 10:15 **HF** Seated Boxing (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **CE** Music w/ Elizabeth (ALP)
 2:30 Pretty Nails (ALD)
 3:00 **HF** Afternoon Stretch
 3:30 **LL** Travelogue (ALP)
 6:30 **HF** Walking Club (L)
 6:30 **EF** Pokeno® w/ Eileen (P)

27

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Strength and Balance Program (ALP)
 10:45 **LL** News & Events (ALD)
 1:30 **EF** Trip to Jordan Lake (ALD)
 2:00 **EF** Puzzle Time (ALD)
 3:30 **HF** Stretch & Tone w/ Emma (ALD)
 6:00 **AS** StoryWise™ (P)
 6:30 **EF** Crossword Puzzle (P)

28

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 1:30 **CE** Fun with Flowers (ALD)
 2:30 **HF** Gentle Moves (ALD)
 3:30 **EF** Happy Hour (P)
 4:30 **IS** Shabbat Shalom (T)
 6:00 **HF** Walking Club (ALP)
 7:00 New Release Movie Night (T)

29

9:30 **IS** Morning Devotion (ALP)
 10:15 **HF** Stretch & Tone (ALD)
 10:45 **LL** News and Events (ALD)
 11:00 What's in a Word?
 1:30 Pet Therapy (ALP)
 2:00 **C** Afternoon Tea (P)
 2:30 **HF** Gentle Moves (ALD)
 3:00 **LL** Travelogue
 7:00 Saturday Night Musical (T)

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