

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Special Movie Night-  
Drive In Style**  
Thursday, June 6, 6:30 PM

**Fantastic Father's Day Luncheon**  
Sunday, June 16, 12:00 PM

**Jazz In June Event**  
Tuesday, June 25, 6:30 PM

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SENIOR LIVING

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## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**30**

- 9:30 **HF** Cardio Fitness (F)
- 10:00 **LL** Make-A-Word Challenge (F)
- 11:00 **IS** Positive Feeling (F)
- 1:30 **HF** Strength and Balance Program (F)
- 2:30 **IS** Church service (F)
- 3:00 **C** Sunday Sundaes Social
- 6:15 **Scrabble®** (B)



### ROOM LOCATION KEY:

Family Room F  
Sun Room S  
Library L  
Movie Room M  
Dining Room DR  
Bistro B  
Tea Room TR

### STAFF KEY:

Tiffany Cox TC  
Doris Barlett DB

**PA** Personal Achievement  
**HF** Health & Fitness  
**EF** Entertainment & Fun  
**CV** Civic Engagement  
**LL** Lifelong Learning  
**CE** Creative Expression  
**IS** Inspiration & Spirituality  
**C** Connection  
**StoryWise**

**1**

- 9:30 **HF** Living The 50's Work Out (L)
- 10:30 **EF** Movie Hour (M)
- 11:30 **EF** Shut The Box (F)
- 2:00 **Bingo**
- 3:30 **C** Coke Floats & Short Stories (F)
- 4:00 **HF** Walking Group
- 6:15 **LL** Brain Games (S)

**2**

- 9:30 **HF** Weight Work out (L)
- 10:30 **C** Coffee Chat (B)
- 1:00 **Toss Up** (F)
- 2:00 **IS** Sing Along (F)
- 2:30 **HF** Learn to Relax & Stretch Exercises (F)
- 3:00 **EF** Movie Hour (M)
- 3:30 **Popcorn Social** (F)
- 4:00 **CV** Making Cards For Hospital (L)
- 6:15 **Word Jumble** (B)

**3**

- 9:30 **HF** Feet In Motion (F)
- 10:00 **CE** Jewelry Making (B)
- 11:00 **HF** Nutrition Class (F)
- 1:30 **EF** Ocean Bingo (F)
- 3:00 **EF** Afternoon social
- 4:00 **LL** iPad® Learning All About Saving The Ocean (F)
- 4:30 **HF** Yoga (F)
- 6:00 **CE** National Geographic Discussion and DVD (M)

**4**

- 9:30 **HF** Leg Work Out (F)
- 10:00 **IS** Bible Study (M)
- 10:30 **LL** Word Game (F)
- 12:00 **EF** Taco Tuesday Lunch (DR)
- 1:30 **CE** Choir Practice (F)
- 2:00 **Afternoon social** (B)
- 3:00 **EF** Floor Bowling (F)
- 4:00 **HF** Walking club (F)
- 4:30 **PA** Ambassador Program (TR)
- 6:15 **HF** Engage Your Brain (M) (TC)

**5**

- 9:30 **HF** Cardio Fitness (F)
- 10:00 **LL** Brain Games
- 10:30 **Toss Up**
- 11:00 **CV** Cards To Military wives (L)
- 11:30 **EF** Picnic At Sweetwater Park
- 1:30 **Bingo** (F)
- 3:00 **C** Afternoon Social
- 4:30 **HF** Stretch It Out
- 6:15 **StoryWise™** (TC)

**6 National Drive In Movie Day**

- 9:30 **HF** Weight Work Out (L)
- 10:30 **C** Coffee Chat & History of Drive In Movies (F)
- 1:00 **HF** Walking Club
- 1:30 **LL** iPad® Traveling (F)
- 2:00 **EF** Tea Party (TR)
- 2:30 **C** Get To Know Your Neighbor (M)
- 3:00 **CE** Art Class (F)
- 6:30 **EF** Special Movie Night- Drive In Style (DR) (DB)

**7**

- 9:30 **HF** Cardio Fitness (L)
- 10:15 **Scenic Ride**
- 11:00 **C** Famous TV Shows Trivia (F)
- 11:30 **EF** National Doughnut Day History
- 1:00 **HF** Stretch & Learn To Relax (B)
- 1:30 **C** Men's Club (M)
- 2:00 **IS** Hot Tea Cart And Stories (B)
- 3:00 **Pokeno® & Doughnuts**
- 6:00 **EF** UNO® Club

**8**

- 9:30 **HF** Cardio Fitness (L)
- 10:15 **Nail Spa**
- 11:00 **EF** Game Hour (F)
- 11:30 **LL** World History (F)
- 2:00 **Bingo** (F)
- 3:30 **C** Lemonade Social In Courtyard
- 4:00 **HF** Walking Group
- 6:00 **Puzzle Time** (L)

**9**

- 9:30 **HF** Feet In Motion (L)
- 10:00 **IS** Positive Thoughts
- 10:30 **Dominoes** (F)
- 2:00 **CE** Art Classes
- 3:00 **StoryWise™**
- 3:00 **EF** Sunday Sundaes With Dad
- 4:00 **HF** Upper Body Exercises
- 6:30 **EF** Movie-Classic

**10**

- 9:30 **HF** Leg Work Out
- 10:00 **C** Big Band Radio Hour
- 11:00 **EF** Checkers (B)
- 11:30 **CV** Gratitude (M)
- 1:00 **CE** Mini Craft (F)
- 2:00 **HF** Stretching and Balance (F)
- 3:30 **C** Jukebox Music Bingo (F)
- 4:30 **HF** Relaxation (F)
- 6:15 **LL** Academic Challenge (L) (TC)

**11 National Corn On Cobb Day**

- 9:30 **HF** Sweat To The Oldies (L)
- 10:00 **IS** Bible Study
- 10:30 **EF** Corn Shucking & Fun Facts (F) (TC)
- 1:00 **PA** Learn Do Try- iPad® Class (L)
- 1:30 **HF** Relaxation & Stretching (F)
- 2:00 **EF** Corn On The Cobb Social (F)
- 3:00 **StoryWise™** (M)
- 6:30 **CE** Mini Crafts (B) (TC)

**12**

- 9:30 **HF** Weight Training (L)
- 10:00 **StoryWise™**
- 10:30 **LL** Healthy Foods And Why (F)
- 11:00 **Fern Bank Science-Nature Museum**
- 1:30 **EF** Bingo (M)
- 3:00 **Happy Hour** (B)
- 4:30 **HF** Matter of Balance Class (F)
- 6:15 **LL** History of Romance Movies

**13**

- 9:30 **HF** Cardio Fitness (F)
- 10:00 **CE** Ceramic Class
- 11:30 **C** Coffee Chat (M)
- 1:00 **HF** Guided Walking Club
- 1:00 **EF** Hand Massage Therapy (L)
- 2:00 **C** Afternoon Social (B)
- 3:00 **StoryWise™: Connecting with Nature** (TR)
- 6:00 **LL** Word Challenge (F) (DB)

**14**

- 9:30 **HF** Cardio Fitness (L)
- 10:00 **EF** Scenic Ride
- 11:00 **IS** Poetry
- 11:30 **Make-a-word** (L)
- 1:00 **HF** Stretching Relaxation (F)
- 2:00 **Horse Race** (F)
- 3:00 **C** Happy Hour (B)
- 6:00 **EF** UNO® Group (F)

**15**

- 9:30 **HF** Cardio Fitness (L)
- 10:00 **EF** Juice Break And Trivia (F)
- 11:00 **Nail Spa** (L)
- 11:30 **PA** UNO® Blast (F)
- 2:00 **Bingo** (F)
- 3:30 **C** Afternoon Social (F)
- 4:00 **HF** Walking Group
- 6:30 **Movie Hour** (M)

**16 Happy Father's Day**

- 9:30 **HF** Cardio Fitness (L)
- 10:30 **Coffee Chat with Dad** (B)
- 11:00 **CE** Good News Chat
- 11:30 **EF** Toss Up
- 12:00 **EF** Fantastic Father's Day Luncheon (DR)
- 1:15 **HF** Stretching Exercises (F)
- 2:30 **IS** Sunday Church (F)
- 3:00 **CE** Inspirational Stories (F)
- 6:00 **EF** UNO® Club (M)

**17**

- 9:30 **HF** Arm Exercises & Brain games (F)
- 10:00 **LL** Music Trivia (L)
- 1:00 **HF** Walking Club
- 1:30 **IS** Acts of Kindness
- 2:00 **CE** Dessert Bingo
- 3:00 **C** Entertainment & Dessert Club (F)
- 4:30 **Scrabble®** (F)
- 6:30 **EF** History- Ginger Rodgers & Movie

**18**

- 9:30 **HF** Arm Strengthening (L)
- 10:00 **Shut The Box** (F)
- 10:00 **IS** Bible Study
- 1:00 **HF** Stretching Exercises (F)
- 1:30 **C** Tea For Two Or More (TR)
- 3:00 **EF** Hit The Cans (F)
- 6:00 **HF** Listen & Learn About Diabetes (F)

**19**

- 9:30 **HF** Cardio Fitness (L)
- 10:00 **EF** Checkers
- 11:00 **LL** World Culture (L)
- 1:00 **EF** Movie Outing
- 1:30 **Bingo**
- 3:00 **C** Happy Hour (F)
- 3:30 **StoryWise™** (F)
- 4:00 **CE** Poetry & Tea Cart (B)
- 6:00 **HF** Strength And Balance Class
- 6:30 **LL** Brain Games (DB)

**20**

- 9:30 **HF** Cardio Fitness (L)
- 10:00 **PA** Ambassador Program (F)
- 1:30 **HF** Stretching & Healthy Juice Break (B)
- 2:00 **IS** Random Acts of Kindness
- 2:30 **CE** Craft Class (F)
- 3:00 **C** Afternoon Social (B)
- 5:00 **EF** Build Your Own Burger Night (DR)
- 6:30 **LL** Appreciation Of History (DB)

**21**

- 9:30 **HF** Cardio Fitness (L)
- 11:00 **CV** Cards for Army Wives
- 1:00 **LL** Wisdom & Gratitude (L)
- 1:30 **Coloring Art Therapy** (L)
- 2:00 **HF** Stretch & Relax (F)
- 3:00 **CE** Cooking Class (F)
- 4:30 **StoryWise™** (TR)
- 6:00 **C** UNO® Club And Snacks (L)

**22**

- 9:30 **HF** Cardio Fitness (F)
- 10:15 **Nail Spa**
- 11:00 **CE** Jewelry Making- Bracelets
- 11:30 **LL** Word Game (F)
- 2:00 **Bingo**
- 3:00 **C** Wine And Funny Stories (F)
- 4:00 **HF** Walking Tall
- 6:00 **Puzzle Time** (S)

**23**

- 9:30 **HF** Cardio Fitness (L)
- 11:00 **EF** Puzzle Time
- 1:00 **UNO®**
- 2:30 **IS** Sunday Church (F)
- 3:00 **Coke Float Social** (F)
- 4:00 **HF** Breathing, Stretching & More (F)
- 6:00 **PA** UNO® Card Game

**24**

- 9:30 **HF** Cardio Fitness (L)
- 10:00 **CV** Special Notes (F)
- 11:00 **CE** Painting Class
- 1:30 **C** Scrabble® & Get To Know Each Other (F)
- 3:00 **Pokeno®** (B)
- 4:30 **HF** Yoga (F)
- 6:15 **EF** Laughter Yoga & Movie -Comedy (M)

**25**

- 9:30 **HF** Feet In Motion (L)
- 10:00 **IS** Bible Study (F)
- 1:15 **C** Checkers
- 2:00 **PA** iPad® Photography
- 3:00 **EF** Popcorn Social (F)
- 3:30 **HF** Stretch It Out (L)
- 4:00 **Word Jumble**
- 6:30 **EF** Jazz In June Event (TC)

**26**

- 9:30 **HF** Cardio Fitness (L)
- 10:00 **LL** Brain Games
- 11:00 **CE** Baking Fun (B)
- 1:00 **EF** Sprouts Shopping Trip
- 1:30 **Bingo** (F)
- 2:30 **C** Afternoon Social (B)
- 4:00 **HF** Walking Club-Court Yard (F)
- 6:15 **National Geographic's Travel Log**

**27**

- 9:30 **HF** Cardio Fitness (F)
- 10:00 **EF** Sweet Notes (F)
- 11:00 **IS** Motivational Stories
- 1:00 **EF** Movie Hour & Movie Refreshments (M)
- 2:00 **HF** Walking Club
- 3:00 **Oldies Bingo & Afternoon Social** (F)
- 6:15 **CV** Volunteering

**28**

- 9:30 **HF** Cardio Fitness (F)
- 10:00 **Scenic Ride**
- 11:00 **HF** Make-Word Challenge (F)
- 11:00 **LL** This Year In History- iPad®
- 1:30 **HF** Stretch & Relax (F)
- 2:30 **EF** UNO® Group (L)
- 3:00 **CE** Juice and More (F)
- 6:00 **Movie Hour** (L)

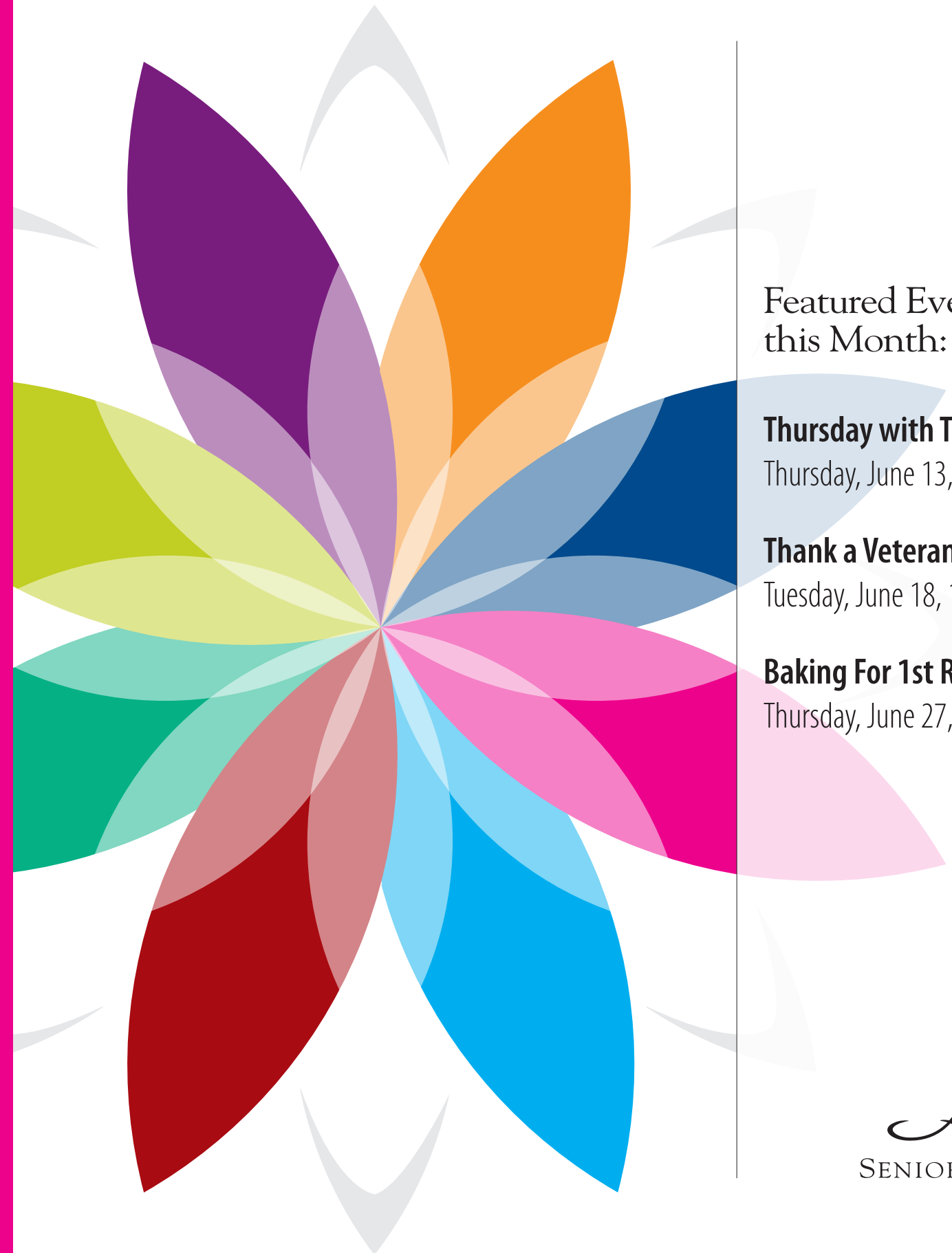
**29**

- 9:30 **HF** Feet In motion (F)
- 10:00 **Nail Spa**
- 11:00 **EF** Dominoes
- 2:00 **Bingo**
- 3:00 **C** Popcorn social
- 4:00 **StoryWise™** (L)
- 6:00 **HF** Walking Club

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# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Thursday with Tiffany**  
Thursday, June 13, 1:00 PM

**Thank a Veteran**  
Tuesday, June 18, 1:00 PM

**Baking For 1st Responders**  
Thursday, June 27, 2:30 PM

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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**30**

**Meteor Watch Day**

- 10:00 HF Stand Up and Be Fit
- 10:30 LL Daily Chronicle
- 11:00 IS Spiritual Sunday
- 2:00 HF Moving and Grooving
- 2:30 C Sundae Sundays
- 3:30 J LEGATO - South Pacific
- 6:00 EF Movie & Popcorn



- PA Personal Achievement
- HF Health & Fitness
- EF Entertainment & Fun
- CV Civic Engagement
- LL Lifelong Learning
- CE Creative Expression
- IS Inspiration & Spirituality
- C Connection
- Atria StoryWise

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**1**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicle
- 11:00 J LEGATO - Super 70's Hits
- 1:00 EF Fun in the Sun
- 2:00 HF Stretch and Flex
- 3:00 PA Gardening
- 6:00 IS Relax and Remember

**2**

**National Garden Week Begins**

- 10:00 HF Stand Up and Be Fit
- 10:30 LL Daily Chronicle
- 11:00 IS Spiritual Sunday
- 2:00 HF Moving and Grooving
- 2:30 C Sundae Sundays
- 3:30 J LEGATO - South Pacific
- 6:00 EF Movie & Popcorn

**3**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 11:00 CE KABOOM Decor
- 2:00 HF Balloon Volleyball
- 3:30 CE Jewelry Making
- 4:00 J LEGATO - The Great American Songbook
- 6:00 C Trivia with a Twist

**4**

- 10:00 HF Senior Aerobics
- 10:30 LL Daily Chronicle
- 11:00 J LEGATO - Bingo
- 2:30 LL Language of Greece
- 3:00 CE Funny Bones Don't get Arthritis
- 3:30 HF STRETCH & FLEX
- 6:00 LL You Be The Judge

**5**

**World Environment Day**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicle
- 11:00 C Manicure
- 1:30 IS Bible Study
- 2:00 HF Stretch and Flex
- 3:30 J LEGATO - "Blue Moon"
- 6:00 CE Arts & Crafts

**6**

- 10:00 HF COLORFUL WEIGHTS
- 10:30 LL Daily Chronicle
- 11:00 CV Gratitude Cards
- 1:00 CE Thursday with Tiffany
- 2:00 HF Fun Fitness
- 2:30 J LEGATO - Cha Cha Ballroom Dancing
- 3:00 CE Painting
- 4:00 C Show and Tell Art Work
- 6:00 EF Musical & Lyrics

**7**

**Banana Split Day**

- 10:00 HF Sit and Be Fit
- 10:30 LL Daily Chronicles
- 11:00 LL Word in a Word
- 2:00 HF Chair Dancing
- 3:30 J LEGATO - Rock Around The Clock
- 4:00 C Men's Club
- 6:00 LL Word to the WISE

**8**

- 10:00 HF Toss and Turn
- 10:30 LL Daily Chronicle
- 1:00 C Pledge of Allegiance
- 2:00 HF Walking Group
- 3:15 IS Gardening
- 4:30 J LEGATO - All Shook Up
- 6:00 CE Call It A Day

**9**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicle
- 11:00 IS Spiritual Sunday
- HF Balloon Volleyball
- 3:00 C Sunday Sundaes
- 3:30 PA Arranging Fresh Flowers
- 4:15 J LEGATO Frank Sinatra

**10**

**SOS Anniversary**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 1:30 LL Name 10
- 2:00 HF Stretch and Flex
- 2:30 J LEGATO - Elvis "The Sun Years"
- 4:00 C The Men's Club
- 6:00 IS Relax and Remember

**11**

- 10:00 HF Happy Feet
- 10:30 LL Daily Chronicle
- 11:00 PA Gardening
- 2:00 HF Fun Fitness
- 3:00 IS Make'Em Smile
- 3:30 J LEGATO - Now That's What I Call Country
- 4:00 C What Comes Next
- 6:00 CE Call It A Day

**12**

**World Red Rose Day**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 1:30 IS Bible Study
- 2:00 HF Stretch and Flex
- 2:30 C Manicure
- 3:30 CV Volunteerism
- 4:00 J LEGATO - Best of the 50's
- 6:00 CE StoryWise™

**13**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicle
- 11:15 Bingo
- 1:00 CE Thursday with Tiffany
- 2:00 HF Stretch and Flex
- 2:30 LL Language of Paris
- 3:30 J LEGATO - Eight Track Tape Day
- 6:30 C StoryWise™: Connect with Nature

**14**

**Flag Day**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 11:00 J LEGATO - 50's Golden Memories
- 2:00 HF STRENGTH TRAINING
- 3:15 EF Country of the Month Mexico
- 4:00 CE In The Kitchen With LG
- 6:00 IS Positive Feeling

**15**

- 10:00 HF Happy Feet
- 10:30 LL Daily Chronicle
- 11:15 CE Gardening Club
- 2:00 HF Moving and Grooving
- 3:00 PA LIFE STORIES
- 4:00 J LEGATO - Sing Along with Mitch
- 6:00 Relax and Remember

**16**

**Father's Day**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicles
- 11:00 IS Spiritual Sunday
- 2:30 J LEGATO - Country Faith Hymns
- 3:30 HF Happy Feet
- 6:00 EF Card Games

**17**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 11:00 CE Arts and Crafts
- 2:00 HF Stretch and Flex
- 3:00 J LEGATO - Rhythm & Blues
- 4:00 EF Country of the Month Trivia
- 6:00 IS Relax and Remember

**18**

- 10:00 HF Zumba®
- 10:30 LL Daily Chronicle
- 11:00 PA Gardening
- 1:00 CV Thank a Veteran
- 2:00 HF MOVIN' and GROOVIN'
- 3:15 J LEGATO - Patti Page
- 4:00 CE Jokes & Riddles
- 6:00 EF Movie Night

**19**

**Juneteenth Day**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 11:00 C Manicure
- 1:30 IS Bible Study
- 2:00 HF Get in Shape
- 2:30 J LEGATO - Crooners Lounge
- 3:00 EF Movie Showtime
- 4:00 LL Cranium® Crunches
- 6:00 IS Call it a Day

**20**

- 10:00 HF Sit and Be Fit
- 10:30 LL Daily Chronicle
- 1:00 CE Thursday with Tiffany
- 2:00 HF Toss and Turn
- 2:30 PA My History
- 3:00 Animal Puzzles
- 3:30 J LEGATO - Georgia On My Mind
- 4:00 C All About The Letters
- 6:30 EF Bingo

**21**

**Spring Into Summer Day**

- 10:00 HF Happy Feet
- 10:30 LL Daily Chronicle
- 11:00 PA Let's LEARN A New Skill
- 2:00 HF Shifting Feet
- 3:00 C Your Favorites
- 4:00 J LEGATO - Classical
- 6:00 Card Game

**22**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 11:00 EF Indoor Bowling
- 2:00 HF Colorful Weights
- 2:30 PA Your Favorite Dance Moves
- 4:00 J LEGATO - 20th Century in Music
- 6:00 EF Movie Choice

**23**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicle
- 11:00 IS Spiritual Sunday
- 1:00 C Sunday Sundaes
- 2:00 HF COLORFUL WEIGHTS
- 3:00 J LEGATO - The Sound of Music
- 6:00 EF Late Night Bingo

**24**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 11:00 C All About Willie Mae
- 2:00 HF GROUP DANCING
- 2:30 J LEGATO - Family Music Collection
- 3:00 EF Entertainment
- 6:00 CE StoryWise™

**25**

**A DY-NO-MITE Day**

- 10:00 HF COLORFUL WEIGHTS
- 10:30 LL Daily Chronicle
- 11:00 J LEGATO
- 2:00 HF MOVIN' and GROOVIN'
- 2:30 PA What We Have In Common
- 4:00 EF Wine and Cheese
- 6:00 LL Popcorn and Trivia

**26**

- 10:00 HF Happy Feet
- 10:30 LL Daily Chronicle
- 11:00 PA Make'Em Laugh
- 1:30 IS Bible Study
- 2:00 HF Fun Fitness
- 2:30 C Manicure
- 4:00 J LEGATO - 60s Number 1 Hits
- 6:00 IS Call it a Day

**27**

**Sunglasses Day**

- 10:00 HF Flex and Stretch
- 10:30 LL Daily Chronicle
- 11:00 J LEGATO - Country Classics
- 1:00 CE Thursday with Tiffany
- 2:00 HF Get in Shape
- 2:30 CV Baking For 1st Responders
- 3:00 CE Manicures
- 6:00 EF Movie & Popcorn

**28**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicle
- 11:00 CE Sharing your stories/memories
- 1:00 CE Baking Club
- 2:00 HF Fun Fitness
- 3:30 J LEGATO - Best of the Big Bands
- 6:00 LL Trivia Time

**29**

**Olympic National Park Anniversary**

- 10:00 HF MOVIN' AND GROOVIN'
- 10:30 LL Daily Chronicle
- 11:00 J LEGATO - Super 70's Hits
- 1:00 EF Bingo
- 2:00 HF Stretch and Flex
- 3:00 PA Gardening
- 6:00 IS Relax and Remember