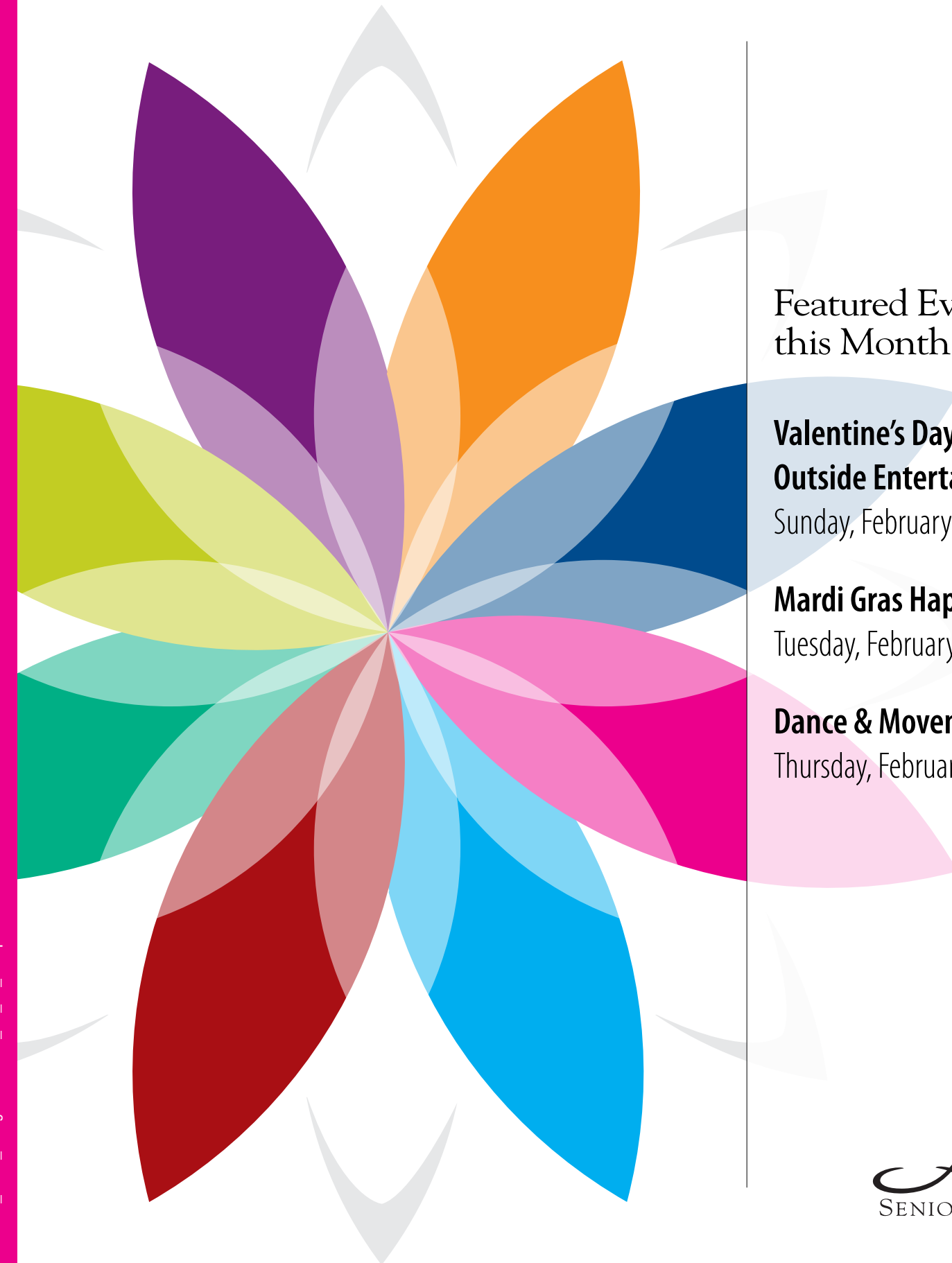


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Valentine's Day
Outside Entertainment**
Sunday, February 14, 2:00 PM

Mardi Gras Happy Hour Cart
Tuesday, February 16, 2:00 PM

Dance & Movement: The Mambo
Thursday, February 18, 2:00 PM



FEBRUARY 2021

ATRIA EVERGREEN WOODS Aspen

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>10:30 LL The Daily Chronicle: Call-in</p> <p>1:30 HF Daily Exercise Challenge (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:30 EF Horseracing Group 1 (GR)</p> <p>3:00 EF Horseracing Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>1</p> <p>Groundhog Day</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Lower Body Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL Book Club (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>3:00 LL Groundhog Facts & Trivia (GR)</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>2</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Posture and Stretching (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 EF Valentine Jingo (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:30 Finishing Lyrics (FL)</p>	<p>3</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Posture and Stretching (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 EF Valentine Jingo (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>4</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Upper Body Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 IS What Does Being Born in Feb. Mean? (GR)</p> <p>3:00 PA Ambassador Meeting (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>5</p> <p>National Wear Red Day</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Active Range of Motion Exercises (IR)</p> <p>2:00 CE Garland of Love: Valentine Craft Group 1 (GR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>3:00 CE Garland of Love: Valentine Craft Group 2 (GR)</p> <p>6:30 Everyday Trivia (FL)</p>	<p>6</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 C Reminiscing: Railway Adventures (GR)</p> <p>1:30 HF Yoga Challenge (IR)</p> <p>2:00 C Reminiscing: Railway Adventures (GR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>6:30 Finishing Lines (FL)</p>
--	---	--	---	--	---	---

<p>7</p> <p>Super Bowl® Sunday</p> <p>9:30 IS Sunday Mass: Channel 4</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Strength & Balance (IR)</p> <p>2:00 C Super Bowl® Happy Hour (IR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>6:30 LL What am I? (FL)</p>	<p>8</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>10:30 LL The Daily Chronicle: Call-in</p> <p>1:30 HF Daily Exercise Challenge (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 C Valentine's Jingo Group 1 (GR)</p> <p>3:00 C Valentine Jingo Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>9</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Lower Body Exercises (IR)</p> <p>2:00 LL One Day University (GR)</p> <p>2:00 Snack Delivery (IR)</p> <p>3:00 Higher & Lower (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>10</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Posture and Stretching (IR)</p> <p>2:00 Snack Delivery (IR)</p> <p>2:00 EF Valentine's Happy Hour Cart (IR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>6:30 Finishing Lyrics (FL)</p>	<p>11</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Upper Body Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL Family History (GR)</p> <p>3:00 Calendar Chat with Feeby (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>12</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Active Range of Motion Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 CE Crafty Creations Group 1 (GR)</p> <p>3:00 CE Crafty Creations Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>6:30 Everyday Trivia (FL)</p>	<p>13</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 LL American Cities Jingo Group 1 (GR)</p> <p>1:30 HF Yoga Challenge (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL American Cities Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>6:30 Finishing Phrases (FL)</p>
--	--	--	--	--	---	--

<p>14</p> <p>Happy Valentine's Day</p> <p>9:30 IS Sunday Mass: Channel 4</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Strength & Balance (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL Valentine's Day Outside Entertainment</p> <p>3:00 C FaceTime & Skype™ Chats with Family (IR)</p> <p>6:30 LL What am I? (FL)</p>	<p>15</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>10:30 LL The Daily Chronicle: Call-in</p> <p>1:30 HF Daily Exercise Challenge (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 C The History of Candy Hearts (GR)</p> <p>3:00 LL Name That Landmark Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>16</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Lower Body Exercises (IR)</p> <p>2:00 EF Mardi Gras Happy Hour Cart (IR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>17</p> <p>Ash Wednesday</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Posture and Stretching (IR)</p> <p>2:00 C New Resident Meet & Greet (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:30 Finishing Lyrics (FL)</p>	<p>18</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Upper Body Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL Dance & Movement: The Mambo (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>19</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Active Range of Motion Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 CE Crafty Creations Group 1 (GR)</p> <p>3:00 CE Crafty Creations Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:30 Everyday Trivia (FL)</p>	<p>20</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 LL Short Stories Group 1 (GR)</p> <p>1:30 HF Yoga Challenge (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL Short Stories Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:30 Finishing Lines (FL)</p>
--	--	--	--	--	--	---

<p>21</p> <p>9:30 IS Sunday Mass: Channel 4</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>10:30 LL The Daily Chronicle: Call-in</p> <p>1:30 HF Strength & Balance (IR)</p> <p>1:30 LL You be the Judge Group 1 (GR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL You be the Judge Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:30 LL What am I? (FL)</p>	<p>22</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>10:30 LL The Daily Chronicle: Call-in</p> <p>1:30 HF Daily Exercise Challenge (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 Creating Art From Scent We Smell Jasmine (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>3:00 C Fun with Words: Group 2 (GR)</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>23</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Lower Body Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL Book Club (GR)</p> <p>3:00 LL One Day University (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>24</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Posture and Stretching (IR)</p> <p>2:00 EF Taco 'Bout a Guac Party Cart (IR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:30 Finishing Lyrics (FL)</p>	<p>25</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Upper Body Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 LL The Science of Milk (GR)</p> <p>3:00 LL Today in History (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>5:30 Bingo Group 1 (GR)</p> <p>6:15 Bingo Group 2 (GR)</p>	<p>26</p> <p>9:15 LL The Daily Chronicle: Call-in</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Active Range of Motion Exercises (IR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 CE Crafty Creations Group 1 (GR)</p> <p>3:00 CE Crafty Creations Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:30 Everyday Trivia (FL)</p>	<p>27</p> <p>9:30 HF Fitness Small Group 1 (GR)</p> <p>10:00 Fitness Refuel Refreshment (IR)</p> <p>10:00 HF Fitness Small Group 2 (GR)</p> <p>1:30 HF Yoga Challenge (IR)</p> <p>1:30 Finishing Lyrics Group 1 (GR)</p> <p>2:00 C Snack Delivery (IR)</p> <p>2:00 Finishing Lyrics Group 2 (GR)</p> <p>3:00 C FaceTime & Skype™ Chats with Family</p> <p>6:30 Every Day Trivia (FL)</p>
---	--	--	--	--	--	--

28

9:30 **IS** Sunday Mass: Channel 4

9:30 **HF** Fitness Small Group 1 (GR)

10:00 Fitness Refuel Refreshment (IR)

10:00 **HF** Fitness Small Group 2 (GR)

1:30 **HF** Strength & Balance (IR)

1:30 **LL** You be the Judge Group 1 (GR)

2:00 **C** Snack Delivery (IR)

2:00 **LL** You be the Judge Group 2 (GR)

3:00 **C** FaceTime & Skype™ Chats with Family

6:30 **LL** What am I? (FL)

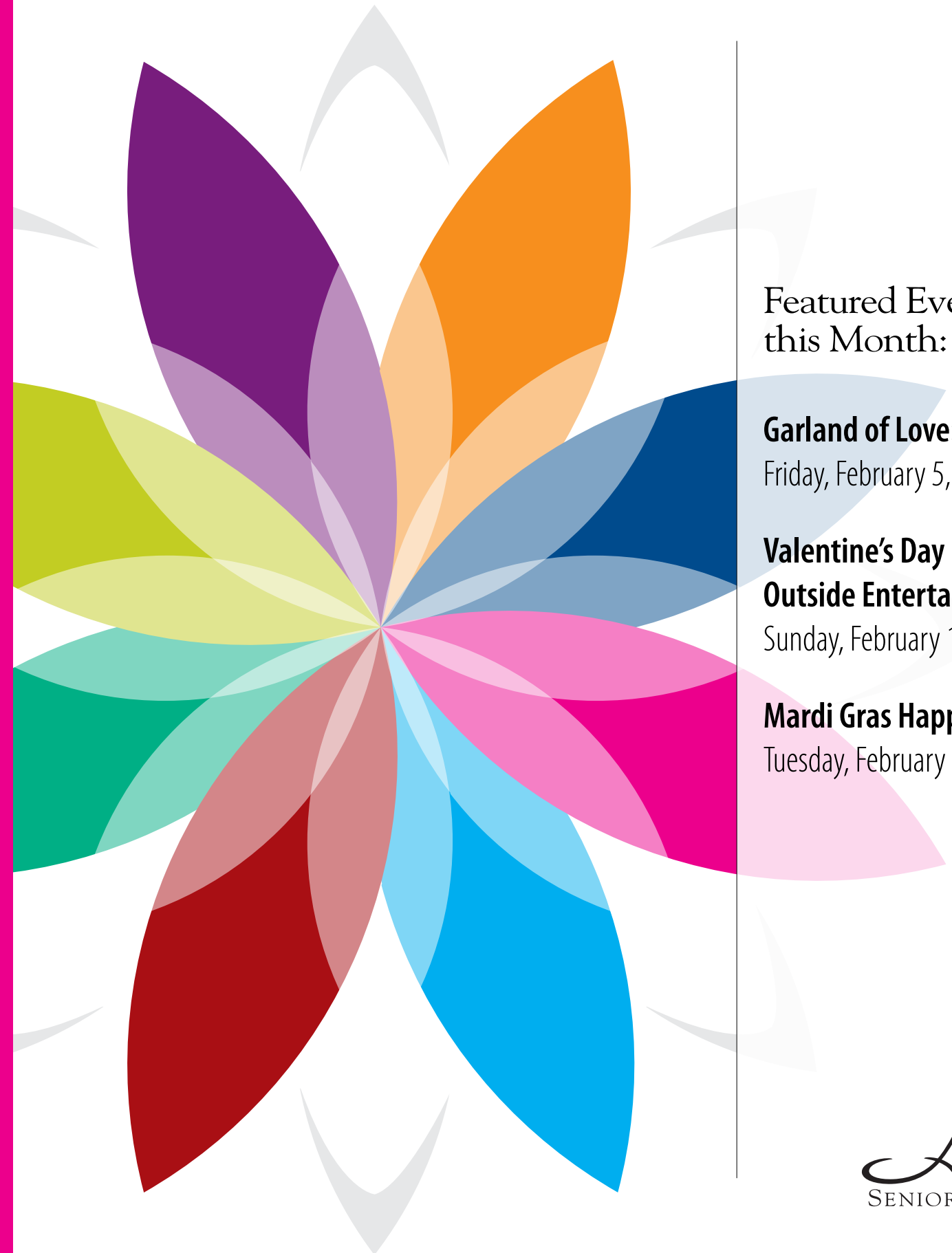
- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- A** Atria StoryWise

- ROOM LOCATION KEY:**
- Great Room GR
 - Front Lobby Aspen FL
 - In-Room IR

Skype™ is a registered trademark of Microsoft Corp.
Super Bowl™ is a registered trademark of the NFL.

ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

Garland of Love: A Valentine Craft

Friday, February 5, 2:30 PM

**Valentine's Day
Outside Entertainment**

Sunday, February 14, 3:00 PM

Mardi Gras Happy Hour

Tuesday, February 16, 2:00 PM



FEBRUARY 2021

ATRIA EVERGREEN WOODS Birch / Cypress

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

Super Bowl® Sunday 7
 9:30 **IS** Sunday Mass: Channel 4
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:30 **HF** Strength & Balance (IR)
 2:00 **C** Snack Delivery (IR)
 2:00 **LL** Super Bowl® Happy Hour (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family (IR)
 7:00 Father Brown: Channel 3

Happy Valentine's Day 14
 9:30 **IS** Sunday Mass: Channel 4
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:30 **HF** Strength & Balance (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 **LL** Valentine's Day Outside Entertainment (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Father Brown: Channel 3

21
 9:30 **IS** Sunday Mass: Channel 4
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:00 **LL** You be the Judge (BAR)
 1:30 **HF** Strength & Balance (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Father Brown: Channel 3

28
 9:30 **IS** Sunday Mass: Channel 4
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:00 **LL** You be the Judge (BAR)
 1:30 **HF** Strength & Balance (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Father Brown: Channel 3

1
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 10:30 **LL** The Daily Chronicle: Call-in
 1:30 **HF** Daily Exercise Challenge (IR)
 2:00 **C** Snack Delivery (IR)
 2:30 **PA** Ambassador Meeting (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family (IR)
 6:15 Bingo Group 2 (GR)

8
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 10:30 **LL** The Daily Chronicle: Call-in
 1:30 **HF** Daily Exercise Challenge (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

15
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 10:30 **LL** The Daily Chronicle: Call-in
 1:30 **HF** Daily Exercise Challenge (IR)
 2:00 **LL** Name That Landmark (BAR)
 2:00 **C** Snack Delivery (IR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

22
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 10:30 **LL** The Daily Chronicle: Call-in
 1:30 **HF** Daily Exercise Challenge (IR)
 2:00 Fun With Words (BAR)
 2:00 **C** Snack Delivery (IR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- StoryWise** Atria StoryWise

Groundhog Day 2
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Lower Body Exercises (IR)
 2:00 **StoryWise™** Discussion (BAR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 3:30 **C** Snack Delivery (IR)
 6:15 Bingo Group 2 (GR)

9
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Lower Body Exercises (IR)
 2:00 **StoryWise™** Discussion (BAR)
 2:00 **C** Snack Delivery (IR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family (IR)
 6:15 Bingo Group 2 (GR)

16
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Lower Body Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:00 **EF** Mardi Gras Happy Hour (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

23
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Lower Body Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:00 **StoryWise™** Discussion (BAR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

- ROOM LOCATION KEY:**
- Birch Activity Room BAR
 - Front Lobby Aspen FL
 - Birch Library BL
 - Great Room GR
 - In-Room IR

3
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Posture & Stretching (IR)
 3:00 **EF** Valentine Jingo (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Family Feud™: Channel 6

10
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Posture and Stretching (IR)
 2:00 **C** Snack Delivery (IR)
 2:00 **EF** Valentine's Happy Hour (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Family Feud™: Channel 6

17
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Posture and Stretching (IR)
 2:30 **C** New Resident Meet & Greet (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Family Feud™: Channel 6

24
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Posture and Stretching (IR)
 2:00 **EF** Taco 'Bout a Guac Party Cart (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Family Feud™: Channel 6

4
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Upper Body Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:00 **IS** What Does Being Born in Feb. Mean? (BAR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

11
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Upper Body Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:00 **C** Feeby's Calendar Chat (BAR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

18
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Upper Body Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (GR)

25
 9:00 **HF** Fitness Small Group 1 (BL)
 9:15 **LL** The Daily Chronicle: Call-in
 10:00 Fitness Refuel Refreshment (IR)
 1:30 **HF** Upper Body Exercises (IR)
 2:00 **LL** Science of Milk (BAR)
 2:00 **C** Snack Delivery (IR)
 3:00 Bingo Group 1 (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:15 Bingo Group 2 (FL)

5
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Active Range of Motion Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:30 **CE** Garland of Love: A Valentine Craft (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:30 **EF** Everyday Trivia (FL)

12
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Active Range of Motion Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:30 **CE** Crafty Creations (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:30 **EF** Everyday Trivia (FL)

19
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 1 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 10:00 **HF** Fitness Small Group 2 (BL)
 1:30 **HF** Active Range of Motion Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:30 **CE** Crafty Creations (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:30 **EF** Everyday Trivia (FL)

26
 9:00 **HF** Fitness Small Group 1 (BL)
 9:15 **LL** The Daily Chronicle: Call-in
 9:30 **HF** Fitness Small Group 2 (BL)
 10:00 Fitness Refuel Refreshment (IR)
 1:30 **HF** Active Range of Motion Exercises (IR)
 2:00 **C** Snack Delivery (IR)
 2:30 **CE** Crafty Creations (BAR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 6:30 **EF** Everyday Trivia (FL)

6
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:00 **C** Reminiscing: Railway Adventures (BAR)
 1:30 **HF** Yoga Challenge (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family (IR)
 7:00 Lawrence Welk Show: Channel 3

13
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:00 **LL** American Cities Jingo (BAR)
 1:30 **HF** Yoga Challenge (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Lawrence Welk Show: Channel 3

20
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:00 **LL** Short Stories (BAR)
 1:30 **HF** Yoga Challenge (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Lawrence Welk Show: Channel 3

27
 10:00 Fitness Refuel Refreshment (IR)
 10:30 **HF** Fitness Small Group (BL)
 1:00 **LL** Finishing Lyrics (BAR)
 1:30 **HF** Yoga Challenge (IR)
 2:00 **C** Snack Delivery (IR)
 3:00 **C** FaceTime & Skype™ Chats with Family
 7:00 Lawrence Welk Show: Channel 3

Family Feud™ is a trademark of FremantleMedia Operations BV.
 Skype™ is a registered trademark of Microsoft Corp.
 Super Bowl™ is a registered trademark of the NFL.

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

February Birthday Party
Thursday, February 4, 3:00 PM

Mardi Gras Parade
Tuesday, February 16, 4:00 PM

Welcome to the Neighborhood
Thursday, February 25, 3:00 PM



FEBRUARY 2021

ATRIA EVERGREEN WOODS Pine Lodge

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



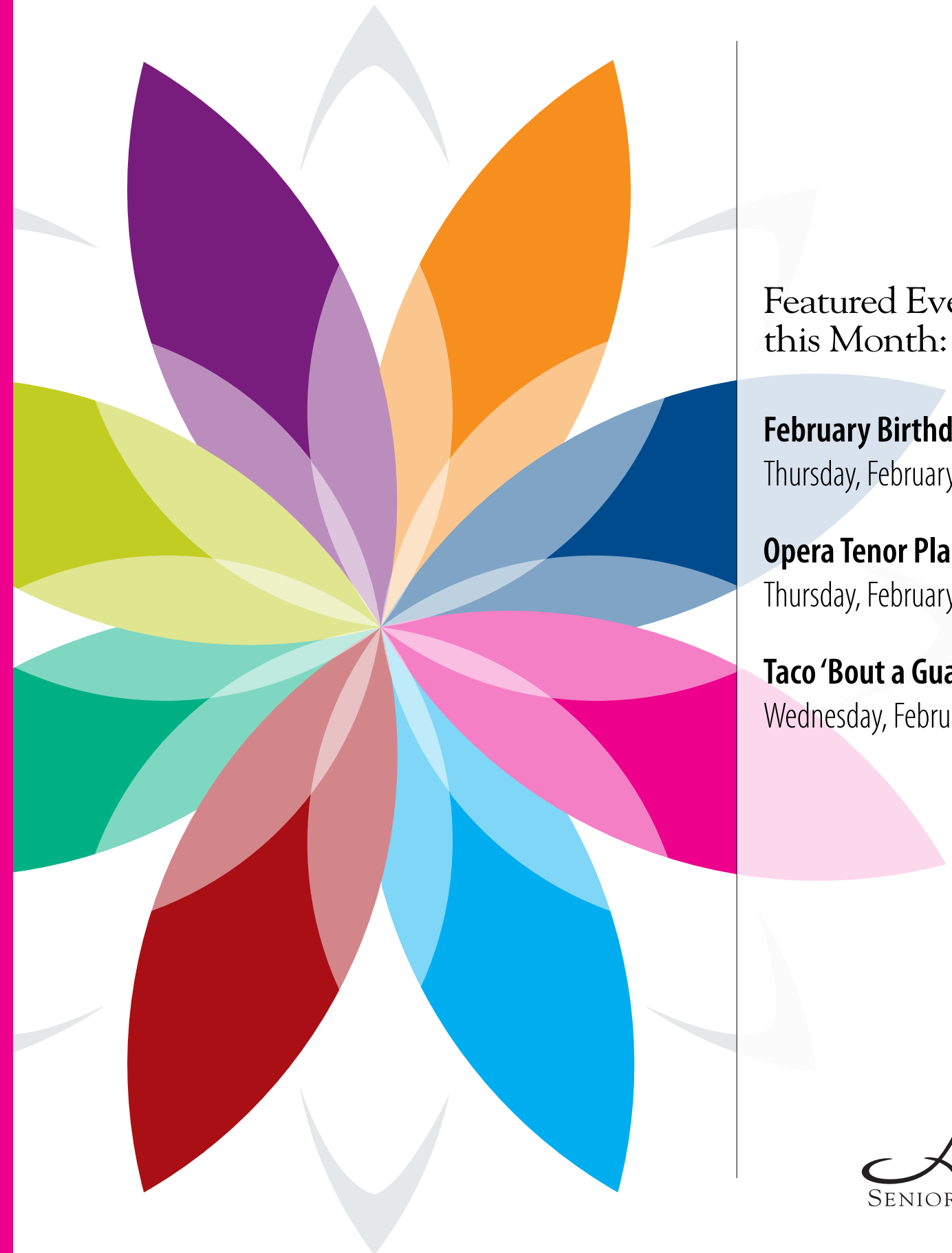
Atria ENGAGE LIFE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>10:00 C Daily Chronicle 10:30 HF Low-Impact Aerobics 11:00 LL World Read Aloud Day 2:00 HF Yoga 3:00 PA Crafty Creations 4:00 EF Yahtzee™ 6:00 M Elton John</p>	<p>2</p> <p>10:00 C Daily Chronicle 10:30 HF Tones in Motion 11:00 C Nails and Tails 2:00 HF Singfit 3:00 EF Golf Games 4:00 EF Bingo for Treats 6:00 M Bruce Springsteen</p>	<p>3</p> <p>10:00 C Daily Chronicle 10:30 HF Low-Impact Aerobic Exercises 11:00 EF Wheel of Fortune® 2:00 HF Wednesday Afternoon Stretch 3:00 C Happy Hour 4:00 LL StoryWise™ 6:00 M Sister Sledge</p>	<p>4</p> <p>10:00 C Daily Chronicle 10:30 HF Morning Stretch 11:00 C Nails and Tails 2:00 HF Walking in Courtyard 2:30 CV Cards for Veterans 3:00 February Birthday Party 4:00 EF Noodle Fun 6:00 M Footloose</p>	<p>5</p> <p>Nutella Day 10:00 C Daily Chronicles 10:30 HF Upper Body Strengthening 11:00 CE Nutella Fun 2:00 HF Yoga 3:00 EF Bean Bag Twister 4:00 EF Finishing the Lines 6:00 M New York, New York</p>	<p>6</p> <p>10:00 C Daily Chronicle 10:30 HF Movin and Groovin 11:00 LL Joggin Your Noggin 2:00 HF Relax, Unwind, Stretch 3:00 EF Golf Games 4:00 Bingo for Treats 6:00 M Simon and Garfunkel</p>
<p>7</p> <p>9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Morning Stretch 11:00 M Favorite Songs 2:00 HF Sunday Stretch 3:00 Super Bowl® 4:00 C Afternoon Visits with Neighbors 6:00 M The Andrew Sisters</p>	<p>8</p> <p>10:00 C Daily Chronicle 10:30 HF Monday Morning Stretch 11:00 LL Finish the Lyrics 2:00 HF Afternoon Walk 3:00 EF Bowling 4:00 EF Yahtzee™ 6:00 M Johnny Cash</p>	<p>9</p> <p>Pizza Day 10:00 C Daily Chronicle 10:30 HF Strength, Stretching & Balance 11:00 C Nails and Tails 2:00 HF Strengthening Muscles with Balls 3:00 C Pizza Party 4:00 EF Candy Bingo 6:00 M Village People</p>	<p>10</p> <p>10:00 C Daily Chronicle 10:30 HF Movin and Groovin 11:00 EF Dominoes 2:00 HF Walking in Courtyard 3:00 Valentine/Palentine Mobile Cart 4:00 EF UNO® Card Games 6:00 M Chubby Checker</p>	<p>11</p> <p>10:00 C Daily Chronicle 10:30 HF Gentle Stretches 11:00 C Nails and Tails 2:00 HF Singfit 2:30 CV Wagging Tail Treats 3:00 PA Crafty Creations 4:00 EF Yahtzee™ 6:00 M The Supremes</p>	<p>12</p> <p>10:00 C Daily Chronicle 10:30 HF Finally Friday Stretch 11:00 EF Hangman 2:00 HF Friday Workout 3:00 CE Valentine Cards 4:00 EF Bingo 6:00 M Elvis Presley</p>	<p>13</p> <p>10:00 C Daily Chronicle 10:30 HF Having a Ball 11:00 EF Fun with Scrabble® 2:00 HF Afternoon Stretch 3:00 EF Hole in One 4:00 M Sing Along 6:00 M Patsy Cline</p>
<p>14</p> <p>Valentine's Day 9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Upper Body Exercise 11:00 LL Joggin your Noggin Trivia 2:00 HF Yoga 3:00 EF Valentine's Party 4:00 EF Name 10 6:00 M Johnnie Ray</p>	<p>15</p> <p>10:00 C Daily Chronicle 10:30 HF Movin and Groovin 11:00 LL Chicken Soup for the Soul 2:00 HF Afternoon Walk 3:00 EF Bowling Fun 4:00 LL Finish the Phrase 6:00 M Martin Luther King, Jr.</p>	<p>16</p> <p>Mardi Gras 10:00 C Daily Chronicle 10:30 HF Sittercise 11:00 CE Mardi Gras Decorations 2:00 HF Singfit 2:30 CV Life Guidance® 3:00 C Mardi Gras Mobile Cart 4:00 EF Mardi Gras Parade 6:00 M Dolly Parton</p>	<p>17</p> <p>10:00 C Daily Chronicle 10:30 HF Upper Body Strengthening 11:00 C Nails and Tails 2:00 HF Wednesday Workout 3:00 Champagne Bar 4:00 EF Scrabble® Games 6:00 M Patriotic Songs</p>	<p>18</p> <p>10:00 C Daily Chronicles 10:30 HF Mid-Morning Stretch and Flex 11:00 PA Creative Creations 2:00 HF Afternoon Stretch 3:00 EF Yahtzee™ 4:00 EF 40's Trivia 6:00 M Opera Tenor Placido Domingo</p>	<p>19</p> <p>10:00 C Daily Chronicle 10:30 HF Tones in Motion 11:00 LL Believe It or Not 2:00 HF Zumba® 3:00 EF Noodle Fun 4:00 LL StoryWise™ 6:00 M Ruth Slenczynska</p>	<p>20</p> <p>10:00 C Daily Chronicle 10:30 HF Gentle Stretches 11:00 EF Laughter is the Best Medicine 2:00 HF Stretching to Sinatra 3:00 EF Family Feud™ 4:00 M Life Story 6:00 M Hello Dolly</p>
<p>21</p> <p>9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Low-Impact Aerobics 11:00 CE Pen Pals 2:00 HF Sunday Stretch 3:00 EF 60's Trivia 4:00 C Afternoon Visits with Neighbors 6:00 M Barry Manilow</p>	<p>22</p> <p>10:00 C Daily Chronicle 10:30 HF Monday Morning Movement 11:00 EF Crazy Eights 2:00 HF Afternoon Walk 3:00 Margarita Monday 4:00 M Favorite Songs 6:00 M Etta James</p>	<p>23</p> <p>10:00 C Daily Chronicles 10:30 HF Morning Stretch 11:00 C Nails and Tails 2:00 HF Strength and Balance 3:00 EF Banana Grams 4:00 EF Bean Bag Toss 6:00 M The Phantom of the Opera</p>	<p>24</p> <p>10:00 C Daily Chronicles 10:30 HF Tones in Motion 11:00 PA Crafty Creations 2:00 HF Afternoon Walk 3:00 Taco 'Bout a Guac 4:00 EF Bingo for Treats 6:00 M Musical: Peter Pan</p>	<p>25</p> <p>10:00 C Daily Chronicle 10:30 HF Forever Fit 11:00 C Tea and Toast 2:00 HF Singfit 3:00 Welcome to the Neighborhood 4:00 LL Finish the Line 6:00 M Jean Goldkette</p>	<p>26</p> <p>10:00 C Daily Chronicle 10:30 HF Sittercise 11:00 LL No Need to Knead 2:00 HF Zumba® 3:00 C Nails and Tails 4:00 IS Relax & Unwind 6:00 M Buddy Holly</p>	<p>27</p> <p>10:00 C Daily Chronicle 10:30 HF Yoga 11:00 C Strawberry Surprise 2:00 HF Afternoon Stretch 3:00 M 50's Sing Along 4:00 EF Winter Hangman 6:00 M Petula Clark</p>
<p>28</p> <p>9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Having a Ball 11:00 LL Floral Arrangements 2:00 HF Strengthening Muscles with Balls 3:00 EF Belly Laughs 4:00 EF Bingo for Treats 6:00 M Aaron Neville</p>	<p>PA Personal Achievement HF Health & Fitness EF Entertainment & Fun CV Civic Engagement LL Lifelong Learning CE Creative Expression IS Inspiration & Spirituality C Connection AW Atria StoryWise M Music</p>					

Family Feud™ is a trademark of FremantleMedia Operations BV
 Scrabble® is a registered trademark of Hasbro, Inc.
 Super Bowl™ is a registered trademark of the NFL.
 UNO® is a registered trademark of Mattel, Inc.
 Wheel of Fortune® is a registered trademark of Callion Productions, Inc. All Rights Reserved.
 Yahtzee™ is a trademark of Hasbro, Inc.
 Zumba™ is a registered trademark of Zumba Fitness, LLC

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events
this Month:

February Birthday Party
Thursday, February 4, 3:00 PM

Opera Tenor Placido Domingo
Thursday, February 18, 6:00 PM

Taco 'Bout a Guac
Wednesday, February 24, 3:00 PM



FEBRUARY 2021

ATRIA EVERGREEN WOODS Cedarwood

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>10:00 C Daily Chronicle 10:30 HF Low-Impact Aerobics 11:00 LL World Read Aloud Day 2:00 HF Yoga 3:00 PA Crafty Creations 4:00 EF Yahtzee™ 6:00 M Elton John</p>	<p>1 10:00 C Daily Chronicle 10:30 HF Tones in Motion 11:00 C Nails and Tails 2:00 HF Singfit 3:00 EF Golf Games 4:00 EF Bingo For Treats 6:00 M Bruce Springsteen</p>	<p>2 10:00 C Daily Chronicle 10:30 HF Low-Impact Aerobic Exercises 11:00 EF Wheel of Fortune® 2:00 HF Wednesday Afternoon Stretch 3:00 C Happy Hour 4:00 LL StoryWise™ 6:00 M Sister Sledge</p>	<p>3 10:00 C Daily Chronicle 10:30 HF Morning Stretch 11:00 C Nails and Tails 2:00 HF Walking in Courtyard 2:30 CV Cards for Veterans 3:00 February Birthday Party 4:00 EF Noodle Fun 6:00 M Footloose</p>	<p>4 10:00 C Daily Chronicle 10:30 HF Upper body strengthening 11:00 CE Nutella Fun 2:00 HF Yoga 3:00 EF Bean Bag Twister 4:00 EF Finishing the Lines 6:00 M New York, New York</p>	<p>5 10:00 C Daily Chronicle 10:30 HF Movin and Groovin 11:00 LL Joggin Your Noggin 2:00 HF Relax, Unwind, Stretch 3:00 EF Golf Games 4:00 M Bingo for Treats 6:00 M Simon and Garfunkel</p>
<p>7 9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Morning Stretch 11:00 M Favorite Songs 2:00 HF Sunday Stretch 3:00 Super Bowl® 4:00 C Afternoon Visits with Neighbors 6:00 M The Andrew Sisters</p>	<p>8 10:00 C Daily Chronicle 10:30 HF Monday Morning Stretch 11:00 LL Finish the Lyrics 2:00 HF Afternoon Walk 3:00 EF Bowling 4:00 EF Yahtzee™ 6:00 M Johnny Cash</p>	<p>9 10:00 C Daily Chronicle 10:30 HF Strength, Stretching & Balance 11:00 C Nails and Tails 2:00 HF Strengthening Muscles with Balls 3:00 C Pizza Party 4:00 EF Candy Bingo 6:00 M Village People</p>	<p>10 10:00 C Daily Chronicle 10:30 HF Movin and Groovin 11:00 EF Dominoes 2:00 HF Walking in Courtyard 3:00 Valentine/Palentine Mobile Cart 4:00 EF UNO® Card Games 6:00 M Chubby Checker</p>	<p>11 10:00 C Daily Chronicle 10:30 HF Gentle Stretches 11:00 C Nails and Tails 2:00 HF Singfit 2:30 CV Wagging Tail Treats 3:00 PA Crafty Creations 4:00 EF Yahtzee™ 6:00 M The Supremes</p>	<p>12 10:00 C Daily Chronicle 10:30 HF Finally Friday Stretch 11:00 EF Hangman 2:00 HF Friday Workout 3:00 CE Valentine Cards 4:00 EF Bingo 6:00 M Elvis Presley</p>
<p>14 9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Upper Body Exercise 11:00 LL Joggin your Noggin Trivia 2:00 HF Yoga 3:00 EF Valentine's Party 4:00 EF Name 10 6:00 M Johnnie Ray</p>	<p>15 10:00 C Daily Chronicle 10:30 HF Movin and Groovin 11:00 LL Chicken Soup for the Soul 2:00 HF Afternoon Walk 3:00 EF Bowling Fun 4:00 LL Finish the Phrase 6:00 M Martin Luther King Jr</p>	<p>16 10:00 C Daily Chronicle 10:30 HF Sittercise 11:00 CE Mardi Gras Decorations 2:00 HF Singfit 2:30 CV Life Guidance® 3:00 C Mardi Gras Mobile Cart 4:00 EF Mardi Gras Parade 6:00 M Dolly Parton</p>	<p>17 10:00 C Daily Chronicle 10:30 HF Upper Body Strengthening 11:00 C Nails and Tails 2:00 HF Wednesday Workout 3:00 Champagne Bar 4:00 EF Scrabble® Games 6:00 M Patriotic Songs</p>	<p>18 10:00 C Daily Chronicles 10:30 HF Mid-Morning Stretch and Flex 11:00 PA Creative Creations 2:00 HF Afternoon Stretch 3:00 EF Yahtzee™ 4:00 EF 40's Trivia 6:00 M Opera Tenor Placido Domingo</p>	<p>19 10:00 C Daily Chronicle 10:30 HF Tones in Motion 11:00 LL Believe it or Not 2:00 HF Zumba® 3:00 EF Noodle Fun 4:00 LL StoryWise™ 6:00 M Ruth Slenczynska</p>
<p>21 9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Low-Impact Aerobics 11:00 CE Pen Pals 2:00 HF Sunday Stretch 3:00 EF 60's Trivia 4:00 C Afternoon Visits with Neighbors 6:00 M Barry Manilow</p>	<p>22 10:00 C Daily Chronicle 10:30 HF Monday Morning Movement 11:00 EF Crazy Eights 2:00 HF Afternoon Walk 3:00 Margarita Monday 4:00 M Favorite Songs 6:00 M Etta James</p>	<p>23 10:00 C Daily Chronicles 10:30 HF Morning Stretch 11:00 C Nails and Tails 2:00 HF Strength and Balance 3:00 EF Banana Grams 4:00 EF Bean Bag Toss 6:00 M The Phantom of the Opera</p>	<p>24 10:00 C Daily Chronicles 10:30 HF Tones in Motion 11:00 PA Crafty Creations 2:00 HF Afternoon Walk 3:00 Taco 'Bout a Guac 4:00 EF Bingo For Treats 6:00 M Musical: Peter Pan</p>	<p>25 10:00 C Daily Chronicle 10:30 HF Forever Fit 11:00 C Tea and Toast 2:00 HF Singfit 3:00 Welcome to the Neighborhood 4:00 LL Finish the Line 6:00 M Jean Goldkette</p>	<p>26 10:00 C Daily Chronicle 10:30 HF Sittercise 11:00 LL No Need to Knead 2:00 HF Zumba® 3:00 C Nails and Tails 4:00 IS Relax & Unwind 6:00 M Buddy Holly</p>
<p>28 9:30 IS Mass Channel 4 10:00 C Daily Chronicle 10:30 HF Having a Ball 11:00 LL Floral Arrangements 2:00 HF Strengthening Muscles with Balls 3:00 EF Belly Laughs 4:00 EF Bingo for Treats 6:00 M Aaron Neville</p>	<p>PA Personal Achievement HF Health & Fitness EF Entertainment & Fun CV Civic Engagement LL Lifelong Learning CE Creative Expression IS Inspiration & Spirituality C Connection AS Atria StoryWise M Music</p>				

Family Feud™ is a trademark of FremantleMedia Operations BV
Scrabble® is a registered trademark of Hasbro, Inc.
Super Bowl™ is a registered trademark of the NFL.
UNO® is a registered trademark of Mattel, Inc.
Wheel of Fortune® is a registered trademark of Callion Productions, Inc. All Rights Reserved.
Yahtzee™ is a trademark of Hasbro, Inc.
Zumba™ is a registered trademark of Zumba Fitness, LLC