

# ENGAGE LIFE<sup>®</sup>

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Super Bowl Watch Party**  
Sunday, February 3, 5:00 PM

**StoryWise: Mastering  
the Love Languages**  
Tuesday, February 12, 3:30 PM

**Western & 50's Band**  
Monday, February 18, 6:00 PM

*Atria*  
SENIOR LIVING

*Atria*  
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# FEBRUARY 2019

# ATRIA WILLOW PARK engage life®

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE®

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- Atria StoryWise**

**ROOM LOCATION KEY:**

- CHapel
- IL ATRIUM
- AL ATRIUM
- THEATER
- IL GAME AREA
- ATRIUM
- DINING ROOM
- IL 2ND FLOOR
- ART STUDIO
- PUB
- CHP
- WELLNESS ROOM
- AL DINING ROOM
- OUTING
- PRIVATE DINING ROOM
- FRONT LOBBY
- IGA
- ATM
- DR
- IL2
- AST
- PUB

**STAFF KEY:**

- SUSAN DODD
- NICOLE DAVIS
- AMBASSADOR LED
- ELIZABETH BEHYMER
- SD
- ND
- AMB
- EB

- 1**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:30 **Wii**® Bowling (ATM)
  - 10:30 **CV** Birthday Cheer Club (AST)
  - 11:00 **BP** Checks w/ Encompass (ALA)
  - 11:15 **EF** Lunch Bunch: Cotton Patch (OUT)
  - 2:00 **PA** Pay 2 Play Bingo (ALA)
  - 2:00 **PA** Bridge Group (IL2) (AMB)
  - 3:15 **HF** Bean Bag Baseball (ILA)
  - 6:00 **Friday Night At The Movies:** (THR)
  - 6:15 **Chicken Foot** (ILA)

- 2**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (ALA)
  - 10:30 **C** Spa Day Manicures (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **HF** Making Your Brain Hum (THR)
  - 2:30 **Pokeno**® (ALA)
  - 3:30 **HF** Bean Bag Baseball (ILA)
  - 3:30 **LL** Dr. Amen's Brain Health Library (THR)
  - 6:00 **EF** Saturday Night Live with Keith Olson (ILA)
  - 7:00 **"42" Dominoes** (IL2)

- 3**
- 9:00 **IS** Worship w/ Milton Dupriest (THR)
  - 9:00 **CV** "Soup"er Bowl Drive (FL)
  - 10:30 **HF** Stroll with Nicole (ALA)
  - 11:00 **HF** Finish The Line (ALA)
  - 1:45 **LL** Missionary Lives w/ Sara McCaslin (ALA)
  - 2:00 **HF** Bean Bag Baseball (ILA)
  - 2:00 **PA** Beginners 42 Class (IL2)
  - 3:00 **IS** Bible Study w/ Shiloh Rd Church of Christ (THR)
  - 3:30 **Pay 2 Play Bingo** (ILA)
  - 5:00 **EF** Super Bowl® Watch Party (THR)
  - 6:00 **IS** Vanderbilt Baptist Church (ALA)

- 4**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (IGA)
  - 10:30 **CE** Trash 2 Treasure (ILA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Sweet Bingo** (ALA)
  - 3:15 **EF** Bean Bag Baseball (ILA)
  - 3:30 **CE** Theater Troupe (THR)
  - 6:00 **Mahjong** (IL2)
  - 6:00 **Mexican Train** (ILA)
  - 6:00 **LL** Audible Book Club (THR) (ND)

- 5**
- 9:45 **IS** Prayer Group (THR)
  - 10:00 **HF** Morning Stretch (ALA)
  - 10:30 **IS** Refuge w/ Cliff (THR)
  - 10:30 **LL** Brain Games w/ Elizabeth (ALA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Pokeno**® (ALA)
  - 3:30 **EF** It's Live With Scotty G (ILA)
  - 6:00 **StoryWise™ Circle w/ Nicole** (ALA) (ND)

- 6**
- 10:00 **HF** Tai Chi w/ Nicole (ALA)
  - 10:00 **Wii**® Bowling (ILA)
  - 10:30 **HF** Bean Bag Baseball (ALA)
  - 10:30 **BP** Checks w/ Encompass (IGA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Pay 2 Play Bingo** (ILA)
  - 2:00 **Bridge** (IL2)
  - 3:00 **Quigley Word Game**
  - 3:30 **CE** Poetry Corner (THR) (SD)
  - 5:30 **Skip Bo** (ALA)
  - 6:30 **IS** Bible Study w/ Milton Dupriest (THR)

- 7**
- 10:00 **HF** Get FIT w/ Charretta (ILA)
  - 11:00 **LL** Explore The Earth (THR)
  - 1:00 **IS** Hymns on the Piano (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **IS** Eucharist Service (PDR)
  - 1:30 **HF** Stretch It Out (ALA)
  - 2:00 **Pokeno**® (ILA)
  - 3:00 **PA** Canasta (IL2) (AMB)
  - 3:15 **EF** Casino Night: Blackjack (PUB)
  - 6:30 **CE** Beautiful Heart Art w/ Mechelle (AST)

- 8**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:30 **Wii**® Bowling (ATM)
  - 11:00 **BP** Checks w/ Encompass (ALA)
  - 11:15 **EF** Lunch Bunch: Spring Creek BBQ (OUT) (SD)
  - 1:30 **HF** Shape Up w/ Jabe (ILA)
  - 2:00 **Pay 2 Play Bingo** (ILA)
  - 2:00 **PA** Bridge Group (IL2) (AMB)
  - 3:15 **HF** Bean Bag Baseball (ILA)
  - 6:00 **Friday Night At The Movies:** (THR)
  - 6:15 **Chicken Foot** (ILA)

- 9**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (IGA)
  - 10:30 **C** Spa Day Manicures (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **HF** Making Your Brain Hum (THR)
  - 2:30 **Pokeno**® (ALA)
  - 3:30 **EF** Bean Bag Baseball (ILA)
  - 3:30 **LL** Dr. Amen's Brain Health Library (THR)
  - 6:00 **EF** Saturday Night Live w/ John & Kim (ILA)
  - 7:00 **"42" Dominoes** (IL2)

- 10**
- 9:00 **CV** "Soup"er Bowl Drive (FL)
  - 9:00 **IS** Worship w/ Milton Dupriest (THR)
  - 10:30 **HF** Stroll with Nicole (ALA)
  - 11:00 **HF** Finish The Line (ALA)
  - 1:45 **LL** Missionary Lives w/ Sara McCaslin (ALA)
  - 2:00 **HF** Bean Bag Baseball (ILA)
  - 2:00 **PA** Beginners 42 Class (IL2)
  - 3:00 **IS** Bible Study w/ Shiloh Rd Church of Christ (THR)
  - 3:30 **Pay 2 Play Bingo** (ILA)
  - 6:00 **IS** Vanderbilt Baptist Church (ALA)

- 11**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (IGA)
  - 10:30 **Rummikub**® (ILA)
  - 10:30 **EF** Beginning Bowling (ALA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Sweet Bingo** (ALA)
  - 3:15 **EF** Bean Bag Baseball (ILA)
  - 3:30 **CE** Theater Troupe (THR)
  - 5:30 **Dominoes** (ALA)
  - 6:00 **Mahjong** (IL2)
  - 6:00 **Mexican Train** (ILA)
  - 6:00 **LL** Audible Book Club w/ Nicole (THR) (ND)

- 12**
- 9:30 **HF** Morning Stretch (ALA)
  - 9:45 **IS** Prayer Meeting (THR)
  - 10:30 **IS** Refuge w/ Cliff (THR)
  - 10:30 **LL** Brain Games w/ Elizabeth (ALA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **LL** Trivia w/ Encompass (ILA)
  - 2:30 **Pokeno**® (ILA)
  - 3:30 **StoryWise™: Mastering the Love Languages** (THR) (SD)
  - 6:00 **EF** It's Live With Patrick Odom (ALA)

- 13**
- 8:30 **C** LOG Breakfast w/ Cliff (ADR)
  - 10:00 **HF** Tai Chi w/ Nicole (ALA)
  - 10:00 **Wii**® Bowling (ILA)
  - 10:30 **HF** Bean Bag Baseball (ALA)
  - 10:30 **BP** Checks w/ Encompass (IGA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Pay 2 Play Bingo** (ILA)
  - 2:00 **Bridge** (IL2)
  - 3:00 **Quigley Word Game** (ILA)
  - 3:00 **CV** The Floral Bunch (ADR)
  - 6:30 **IS** Bible Study w/ Milton Dupriest (CHP)

- Happy Valentine's Day!**
- 10:00 **HF** Get FIT w/ Charretta (ILA)
  - 11:00 **LL** Explore The Earth (THR) (EB)
  - 1:00 **IS** Hymns on the Piano (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **HF** Stretch It Out (ALA)
  - 1:30 **IS** Eucharist Service (CHP)
  - 2:00 **Pokeno**® (ILA)
  - 3:00 **PA** Canasta (IL2) (AMB)
  - 3:15 **EF** Valentine Treats! (ATM)
  - 6:30 **CE** Beautiful Heart Art w/ Mechelle (AST)

- 15**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:30 **Wii**® Bowling (ATM)
  - 11:00 **BP** Checks w/ Encompass (ALA)
  - 2:00 **Pay 2 Play Bingo** (ALA)
  - 3:00 **PA** Bridge Group (IL2) (AMB)
  - 3:15 **HF** Bean Bag Baseball (ILA) (EB)
  - 4:30 **EF** Dinner & A Play (OUT) (SD)
  - 6:00 **Friday Night At The Movies:** (THR)
  - 6:15 **Chicken Foot** (ILA)

- 16**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (ILA)
  - 10:30 **C** Spa Day Manicures (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **HF** Making Your Brain Hum (THR)
  - 2:30 **Pokeno**® (ALA)
  - 3:30 **Skip-Bo™** (ALA)
  - 3:30 **HF** Bean Bag Baseball (ILA)
  - 3:30 **LL** Dr. Amen's Brain Health Library (THR)
  - 6:00 **EF** Saturday Night Live: Elfin Morgan (ILA)
  - 7:00 **"42" Dominoes** (IL2)

- 17**
- 9:00 **CV** "Soup"er Bowl Drive (FL)
  - 9:00 **IS** Worship w/ Milton Dupriest (THR)
  - 10:30 **HF** Stroll with Nicole (ALA)
  - 11:00 **HF** Finish The Line (ALA)
  - 1:45 **LL** Missionary Lives w/ Sara McCaslin (ALA)
  - 2:00 **HF** Bean Bag Baseball (ILA)
  - 2:00 **PA** Beginners 42 Class (IL2)
  - 3:00 **IS** Bible Study w/ Shiloh Rd Church of Christ (THR)
  - 3:30 **Pay 2 Play Bingo** (ILA)
  - 6:00 **IS** Vanderbilt Baptist Church (ALA)

- 18**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (IGA)
  - 10:30 **Rummikub**® (ILA)
  - 10:30 **EF** Beginning Bowling (ALA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Sweet Bingo** (ALA)
  - 3:15 **EF** Bean Bag Baseball (ILA)
  - 3:30 **CE** Theater Troupe (THR) (SD)
  - 5:30 **Dominoes** (ALA)
  - 6:00 **Mahjong** (IL2)
  - 6:00 **EF** Western & 50's Band (ILA)

- 19**
- 9:45 **IS** Prayer Meeting (CHP)
  - 10:00 **HF** Morning Stretch (ALA)
  - 10:30 **IS** Refuge w/ Cliff (CHP)
  - 10:30 **LL** Brain Games w/ Elizabeth (ALA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Pokeno**® (ALA)
  - 3:30 **EF** It's Live w/ Bingo & The Point (ILA)
  - 6:00 **StoryWise™ Circle w/ Nicole** (ALA)
  - 7:00 **Smith County Metal Detectors Club** (THR)

- 20**
- 10:00 **HF** Tai Chi w/ Nicole (ALA)
  - 10:00 **Wii**® Bowling (ILA)
  - 10:30 **HF** Bean Bag Baseball (ALA)
  - 10:30 **BP** Check w/ Encompass (IGA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Bridge** (IL2)
  - 2:00 **Pay 2 Play Bingo** (ILA)
  - 3:15 **C** Food For Thought Meeting (ILA)
  - 3:30 **CE** Poetry Corner (AST)
  - 5:30 **Skip-Bo™** (ALA)
  - 6:30 **IS** Bible Study w/ Milton Dupriest (CHP)

- 21**
- 10:00 **HF** Get FIT w/ Charretta (ILA)
  - 11:00 **LL** Explore The World (THR)
  - 1:00 **IS** Hymns on the Piano (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **HF** Stretch It Out (ALA)
  - 1:30 **IS** Eucharist Service (CHP)
  - 2:00 **Pokeno**® (ALA)
  - 3:00 **PA** Canasta (IL2) (AMB)
  - 3:15 **EF** Casino Night: Blackjack (PUB)
  - 6:30 **CE** Beautiful Heart Art Class (AST)

- 22**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:30 **Wii**® Bowling (ATM)
  - 11:15 **EF** Lunch Bunch: Bruno's Pizza (OUT)
  - 1:30 **HF** Shape Up w/ Jabe (ILA)
  - 2:00 **Pay 2 Play Bingo** (ALA)
  - 2:00 **PA** Bridge Group (IL2) (AMB)
  - 3:15 **HF** Bean Bag Baseball (ILA)
  - 6:00 **Friday Night At The Movies:** (THR)
  - 6:15 **Chicken Foot** (ILA)

- 23**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (IGA)
  - 10:30 **C** Spa Day Manicures (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **HF** Making Your Brain Hum (THR)
  - 2:30 **Pokeno**® (ALA)
  - 3:30 **Skip-Bo™** (ALA)
  - 3:30 **HF** Bean Bag Baseball (ILA)
  - 3:30 **LL** Dr. Amen's Brain Health Library (THR)
  - 6:00 **EF** Saturday Night Live: Samantha (ILA)
  - 7:00 **"42" Dominoes** (IL2)

- 24**
- 9:00 **CV** "Soup"er Bowl Drive (FL)
  - 9:00 **IS** Worship w/ Milton Dupriest (THR)
  - 10:30 **HF** Stroll with Nicole (ALA)
  - 11:00 **HF** Finish The Line (ALA)
  - 1:45 **LL** Missionary Lives w/ Sarah McCaslin (ALA)
  - 2:00 **HF** Bean Bag Baseball (ILA)
  - 2:00 **PA** Beginners 42 Class (IL2)
  - 3:00 **IS** Good Ole Boys (ALA)
  - 6:00 **IS** Vanderbilt Baptist Church (ALA)

- 25**
- 10:00 **HF** Morning Stretch (ALA)
  - 10:00 **Wii**® Bowling (IGA)
  - 10:30 **Rummikub**® (ILA)
  - 10:30 **EF** Beginning Bowling (ALA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Sweet Bingo** (ALA)
  - 3:15 **EF** Bean Bag Baseball (ILA)
  - 3:30 **CE** Theater Troupe (THR)
  - 5:30 **Dominoes** (ALA)
  - 6:00 **Mahjong** (IL2)
  - 6:00 **Mexican Train** (ILA)
  - 6:00 **LL** Audible Book Club w/ Nicole (THR) (ND)

- 26**
- 9:45 **IS** Prayer Meeting (THR)
  - 10:00 **HF** Morning Stretch (ALA)
  - 10:30 **IS** Refuge w/ Cliff (THR)
  - 10:30 **LL** Brain Games w/ Nicole (ALA) (ND)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Pokeno**® (ALA)
  - 2:30 **CV** Birthday Cheer Club (ALA)
  - 3:30 **EF** February Birthday Celebration (ALA)
  - 6:00 **C** LOG Discussion w/ Cliff (IGA) (AMB)
  - 6:00 **Tuesday Night Movie** (THR)

- 27**
- 10:00 **HF** Tai Chi w/ Nicole (ALA)
  - 10:30 **HF** Bean Bag Baseball (ADR)
  - 10:30 **BP** Check w/ Encompass (IGA)
  - 1:00 **HF** Get FIT w/ Charretta (ILA)
  - 2:00 **Pay 2 Play Bingo** (ILA)
  - 2:00 **CV** The Floral Bunch (DR)
  - 2:00 **Bridge** (IL2)
  - 3:00 **C** Engage Life® Meeting (ILA)
  - 3:30 **C** Town Hall Meeting (ILA)
  - 4:00 **PA** Ambassador Meeting (THR) (SD)
  - 6:30 **IS** Bible Study w/ Milton Dupriest (CHP)

- 28**
- 10:00 **HF** Get FIT w/ Charretta (ILA)
  - 10:30 **LL** Explore The Earth (THR) (EB)
  - 1:00 **IS** Hymns on the Piano (ILA)
  - 1:15 **General Store Open** (WR)
  - 1:30 **HF** Stretch It Out (ALA)
  - 1:30 **IS** Eucharist Service (CHP)
  - 2:00 **Pokeno**® (ILA)
  - 3:00 **PA** Canasta (IL2) (AMB)
  - 3:15 **EF** Casino Night: Blackjack (PUB)
  - 6:30 **CE** Beautiful Heart Art Class (AST)

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Skip-Bo™ is a trademark of Mattel, Inc.  
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