

ASSISTED LIVING

Monthly Calendar of Events and Programming



Featured Events
this Month:

**Big 10 Championship
Final Game Party**
Monday, April 8, 3:00 PM

Easter Egg Hunt
Saturday, April 13, 12:30 PM

Red Hat Luncheon
Friday, April 26, 11:30 AM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

Happy Birthday Anita Scholl
Happy Birthday Doris Paulson
9:00 **HF** Silver Sneakers with Specialty - Jessica (ER)
10:15 **HF** Morning Workout with Pro Rehab (ER)
1:00 **HF** Afternoon Exercise (ER)
1:30 **IS** Communion
2:00 **PA** Bible Study with Spence (AR)
3:00 **CE** StoryWise™ Common Ground (AR)
6:00 **CE** Scrabble® (AR)

10:15 **HF** Yoga (ER)
1:00 **HF** Afternoon Workout (ER)
2:00 **Bingo** (DR)
3:00 **CV** Make Spring chicks (AR)
4:00 **PA** Learning about computers (LC)
6:00 **CE** Painting with Mac McRae and Kelly

10:15 **HF** Morning Workout with Legacy (ER)
12:30 **Shopping** West of Green River
1:00 **HF** Afternoon Workout (ER)
1:30 **LL** Asera Care Hospice (LR)
2:15 **LL** Life in Finland with Ethen (LR)
3:00 **Card** games (AR)
6:00 **CE** Piano music with Jacob Grear (DR)

10:15 **HF** Morning Workout (ER)
10:45 **EF** Out to Lunch (OUT)
1:00 **HF** Afternoon Workout (ER)
2:00 **Bingo** (DR)
3:15 **Pet** Therapy (LR)
3:45 **What's** in a Word? (LR)
6:00 **CE** Rainbow Flowers (AR)

10:15 **HF** Tai Chi (ER)
1:00 **HF** Afternoon Exercise (ER)
1:30 **Pretty** Nails (AR)
3:30 **LL** Happy Hour and iPad® trivia Geography (LR)
6:00 **Comedy** Hour Movie (LR)

10:15 **HF** Morning Exercise (ER)
11:00 **C** Trivia in the Living Room (LR)
1:00 **HF** Afternoon Exercise (ER)
2:00 **Bingo** (DR)
3:00 **Bridge/Card** games (AR)
6:00 **C** Movie and Popcorn (LR)

9:00 **HF** Silver Sneakers Fitness Class- Specialty (ER)
10:15 **HF** Morning Workout (ER)
12:30 **Shopping:** East of Green River Rd
1:00 **HF** Afternoon Exercise (ER)
1:30 **IS** Communion
2:00 **PA** Bible Study with Spence (AR)
3:00 **EF** Big 10 Championship Final Game party (LR)
6:00 **CE** Music with Tari Martin (DR)

10:15 **HF** Zumba® (ER)
1:00 **HF** Afternoon Workout (ER)
2:00 **Bingo** (DR)
3:15 **LL** Reader's Choice Book Club (AR)
4:00 **PA** Computer Smarts (LC)
6:00 **PA** Painting class with Kelly and Mac McRae (AR)

10:15 **HF** Morning Exercise (ER)
11:00 **HF** Walking Club (LR)
12:30 **Shopping:** West of Green River Rd.
1:00 **HF** Afternoon Workout (ER)
2:00 **CV** Resident Council (ER)
2:30 **CV** Food for Thought (ER)
3:00 **C** Meeting with Lynn (AR)
6:00 **CE** Making bunny pots (AR)

Happy Birthday Betty Ann Duffy
9:00 **LL** Trivia and Brain games at the Library
10:15 **HF** Morning Workout with Legacy (ER)
11:30 **CV** Ambassador luncheon
1:00 **HF** Strengthening Workout (ER)
1:00 **HF** Afternoon Exercise (ER)
2:00 **Bingo** (DR)
3:00 **Pet** Therapy (LR)
3:15 **HF** Take a walk in nature
3:45 **Word** within a Word (LR)

10:15 **HF** Tai Chi (ER)
12:30 **CV** Deliver chicks / Ronald McDonald House
1:00 **HF** Afternoon Exercise (ER)
1:30 **Pretty** Nails (AR)
2:00 **Dominoes** (AR)
3:30 **C** Happy Hour- Happy BD (LR)
3:30 **LL** iPad® trivia (LR)
6:00 **Comedy** Movie (LR)

10:15 **HF** Morning Workout (ER)
12:30 **EF** Easter Egg Hunt
1:00 **HF** Afternoon Exercise (ER)
2:00 **Bingo** (DR)
3:00 **C** St. John's and St. Vincent visits (LR)
3:00 **Bridge/cards** (AR)
6:00 **C** Movie and Popcorn (LR)

Happy Birthday Meredith Arning
9:00 **HF** Silver Sneakers Fitness Class -Specialty (ER)
10:15 **HF** Pump it up with Pro Rehab (ER)
12:30 **Shopping:** East of Green River Rd
1:00 **HF** Afternoon Exercise (ER)
1:30 **IS** Communion
2:00 **PA** Bible Study with Spence (AR)
3:00 **CE** Three girls and a song (DR)
6:00 **CE** Scrabble® (AR)

7:45 **EF** Out to Breakfast
8:00 **CV** Recycle Newspapers (AR)
10:15 **HF** Yoga (ER)
1:00 **HF** Afternoon Workout (ER)
2:00 **Bingo** (DR)
3:15 **LL** Reade's Choice Book Club (AR)
4:00 **PA** Computer Smarts (LC)
6:00 **PA** Painting class with Mac McCrae (AR)

Happy Birthday Judy Kaster
10:15 **HF** Morning Exercise with Horizons (ER)
11:00 **HF** Walking Club (LR)
12:30 **Shopping:** West of Green River Road
1:00 **HF** Strength and Balance Program with Legacy (ER)
1:30 **LL** Specialty Health Talk (LR)
2:00 **LL** News discussion (LR)
2:45 **CE** Paper crafts with Suzann (AR)
4:30 **C** Wine Down Wednesday (DR)
6:00 **CE** Ceramics (AR)

10:15 **HF** Morning Workout (ER)
11:30 **CE** Bob and Tally Green (DR)
1:00 **HF** Afternoon Exercise (ER)
2:00 **Bingo** (DR)
3:00 **Pet** Visit (LR)
3:15 **HF** Take a walk and enjoy nature
3:45 **Word** with a Word (LR)
6:00 **CE** Easter jar filled with treats (DR)

10:15 **HF** Tai Chi (ER)
1:00 **HF** Afternoon Workout (ER)
1:30 **Pretty** Nails (AR)
2:00 **IS** St. John's Mass (DR)
3:30 **C** Happy Hour (LR)
3:45 **LL** iPad® Trivia (LR)
6:00 **Comedy** Hour Movie (LR)

10:15 **HF** Morning Workout (ER)
11:00 **C** Trivia (LR)
1:00 **HF** Afternoon Exercise (ER)
3:00 **Bridge/ Card** Games (AR)
6:00 **C** Movie and Popcorn (LR)

Earth Day
9:00 **HF** Silver Sneakers (ER)
10:15 **HF** Morning Workout (ER)
12:30 **Shopping:** East of Green River Rd
1:00 **HF** Afternoon Exercise (ER)
1:30 **IS** Communion
2:00 **PA** Bible Study with Spence (AR)
3:00 **CV** Earth Day pots (AR)
6:00 **CE** Scrabble® (AR)

8:00 **CV** Recycle Newspapers (AR)
10:15 **HF** Zumba® (ER)
1:00 **HF** Afternoon Workout (ER)
1:30 **LL** Legacy Health care- health discussion
2:00 **Bingo** (DR)
4:00 **PA** Learning about Computers
6:00 **PA** Painting class with Mac McCrae (AR)

10:15 **HF** Legacy Strength and Balance workout (ER)
11:00 **HF** Walking Club (LR)
12:30 **Shopping** West of Green River Rd
1:00 **HF** Strength and Balance Program with Legacy (ER)
2:00 **LL** Newspaper Discussion (LR)
3:00 **Dominoes** (AR)
6:00 **CE** Make Simple flower (AR)

10:15 **HF** Morning Workout (ER)
1:00 **HF** Afternoon Exercise (ER)
2:00 **Bingo** (DR)
3:00 **Pet** Therapy (LR)
3:45 **What's** in a Word? (LR)
5:15 **CE** Music with Neil Yockey (DR)

Happy Birthday Janet Wilson
10:15 **HF** Tai Chi (ER)
11:30 **EF** Red Hat Luncheon
1:00 **HF** Afternoon Exercise (ER)
1:30 **Pretty** Nails (AR)
3:30 **C** Happy Hour (LR)
3:45 **LL** iPad® Trivia (LR)
6:00 **Comedy** Movie (LR)

10:15 **HF** Morning Workout (ER)
11:00 **C** Trivia (LR)
1:00 **HF** Afternoon Workout (ER)
2:00 **Bingo** (DR)
3:00 **Bridge/Card** games (AR)
6:00 **C** Movie and Popcorn (LR)

9:00 **HF** Silver Sneakers-Specialty (ER)
10:15 **HF** Morning Exercise (ER)
12:30 **Shopping** East of Green River
1:00 **HF** Afternoon Workout (ER)
2:00 **IS** Communion
2:00 **PA** Bible Study with Spence (AR)
3:00 **CE** Music with Pastor Rod
6:00 **CE** Scrabble® (AR)

8:00 **CV** Recycle Newspapers (AR)
8:30 **EF** Outing to Movie
10:15 **HF** Pump it up with Pro Rehab (ER)
1:00 **HF** Afternoon Workout (ER)
1:30 **HF** Hearing checks with Audibel
2:00 **Bingo** (DR)
4:00 **PA** Learning about computers (LC)
6:00 **PA** Painting class with Mac Mcrae and Kelly (AR)

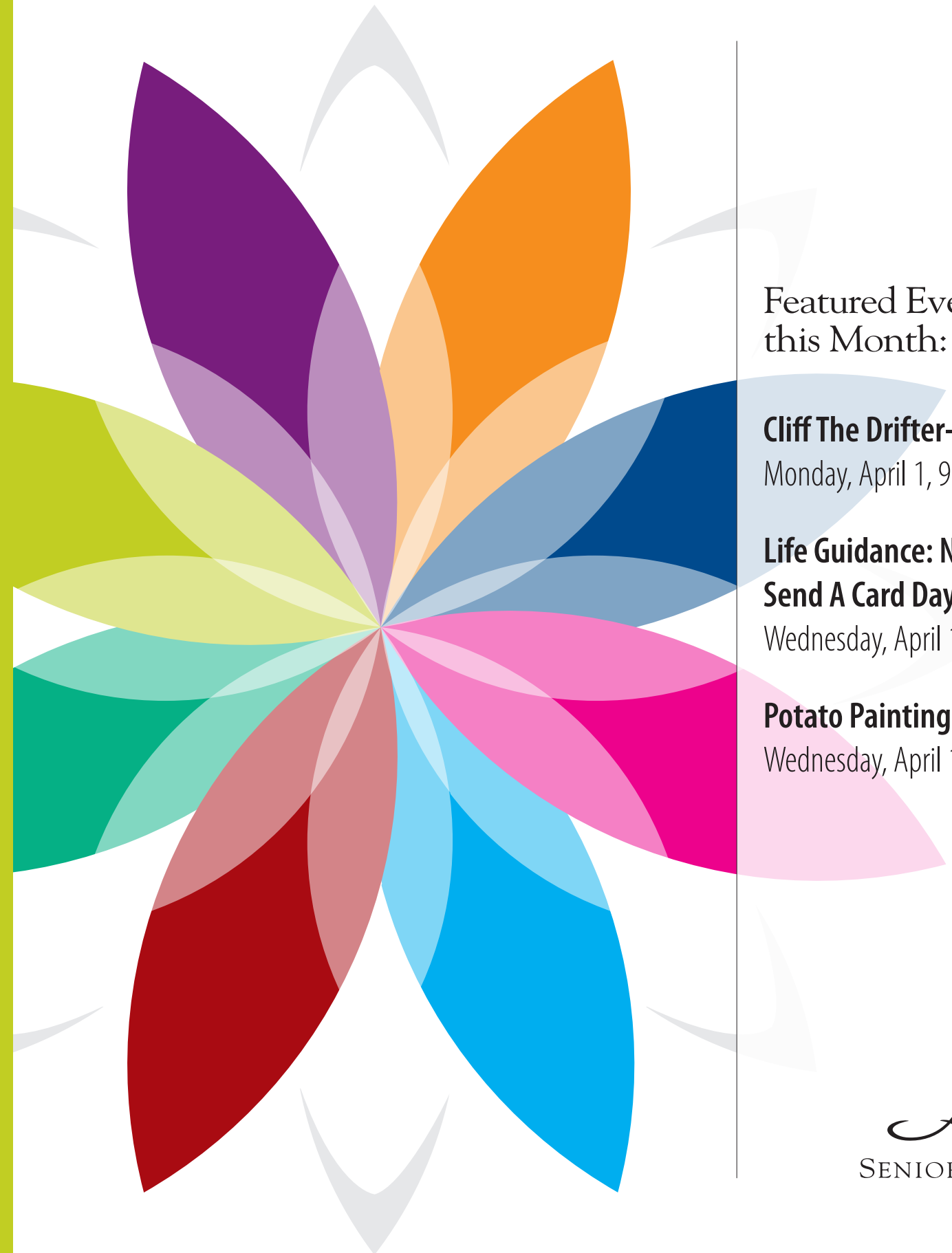
PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
CE Atria StoryWise

ROOM LOCATION KEY:
Dining Room DR
Outing OUT
Activity Room AR
Exercise Room ER
Learning Center LC
Living Room LR

Happy Birthday Spence Downs
9:00 **Church** Outings
1:00 **HF** Afternoon Workout (ER)
2:00 **IS** Devotions with Spence (DR)
3:00 **CE** Flower garden pudding parfait (AR)
4:00 **HF** Walking distance challenge (LR)
6:00 **Family** Fun Movie (LR)

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Cliff The Drifter-Special Music

Monday, April 1, 9:30 AM

**Life Guidance: National
Send A Card Day!**

Wednesday, April 10, 2:00 PM

Potato Painting Art Work

Wednesday, April 17, 2:00 PM

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SENIOR LIVING

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APRIL 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

<p>9:30 EF Cliff The Drifter-Special Music 12:00 HF Walking Club 12:30 EF History of April Fools' Day 1:00 J LEGATO Hand Bells (LG) 1:30 IS Communion with Jenny 2:00 IS Bible Study with Spencer 3:00 HF Toss & Turn (LG) 3:30 HF Learning to Relax 5:00 EF Card Games 6:00 EF Broadway Shows: Pick your favorite!</p>	<p>1 9:30 EF Cliff The Drifter-Special Music 12:00 HF Walking Club 12:30 EF History of April Fools' Day 1:00 J LEGATO Hand Bells (LG) 1:30 IS Communion with Jenny 2:00 IS Bible Study with Spencer 3:00 HF Toss & Turn (LG) 3:30 HF Learning to Relax 5:00 EF Card Games 6:00 EF Broadway Shows: Pick your favorite!</p>	<p>2 10:00 HF Walking Club 12:15 HF Fun Fitness - Chair Yoga 12:30 EF History of Peanut Butter and Jelly 1:00 EF Snack: Peanut Butter & Jelly Day! 1:30 J Legato - Making Music with the Drums 2:00 HF Moving & Grooving 2:30 C Daily Chronicle 3:30 J Legato: Hank Williams 5:00 EF Trivia 6:00 EF Carol Burnett Show</p>	<p>3 10:00 HF Bowling Time! 12:15 HF Walking Club 1:00 LL Find A Rainbow Day! 1:30 HF Ring Toss 2:00 J StoryWise™ 2:30 J LEGATO Classical Music (LG) 3:00 CE Create a Rainbow Art 3:30 HF Sit & Be Fit 5:00 LL Brain Teasers 6:00 EF Theater: Shall We Dance?</p>	<p>4 10:00 HF Sit & Be Fit 10:30 EF Life Guidance® StoryWise™ 12:15 HF A Walk Outside 1:00 EF BINGO 2:00 IS Bible Study w/ Jean McCutchan 3:00 J Legato Jazz Music 3:30 C Pet Therapy Visit 5:00 EF Board Games 5:30 C The Daily Chronicle 6:00 EF "Father Knows Best" Show</p>	<p>5 10:00 EF The Lively Ladies Singing Group 12:00 HF Walking Club 12:30 EF Crazy for Caramels Day! 1:00 HF Parachute Exercise 1:30 J LEGATO Let's Make Music Group 2:30 C Afternoon Snack and Chat 3:00 EF Elder Sing Along 5:00 EF StoryWise™ 6:00 EF I Love Lucy</p>	<p>6 10:00 HF Chair Yoga 10:45 HF Walking Club 1:00 J Legato: Making Music 1:30 EF BINGO 2:30 C Daily Chronicle 3:00 J Legato: South Pacific 3:30 HF Walking Club 5:00 IS Inspirational Readings 6:00 EF Saturday Night Movie & Popcorn</p>
<p>7 10:00 HF Ladder Ball 10:45 HF Walking Club 1:00 J LEGATO Gaither Quartet (LR) 1:30 EF Bible Trivia 2:00 IS Devotions w/ Spencer (AL) 3:00 J Legato: Gospel Music 4:00 HF Walking Club 5:00 EF I Love Lucy 6:00 EF Musical Movie</p>	<p>8 10:00 HF Noodle Ball 10:30 LL Daily Chronicle 12:15 HF Walking Club 1:00 J LEGATO Home Run Day! Baseball tunes 1:30 IS Communion with Jenny 2:00 IS Bible Study with Spencer 3:00 HF Reeling and Rockin Exercise 3:30 EF Name 5 5:00 EF Card Games 6:00 EF The Partridge Family</p>	<p>9 10:00 HF Gentle Exercises 10:30 C Daily Chronicle 12:15 HF Walking Club 1:00 CE Snack and Chat 1:30 J Legato: Music of the 60's 2:00 HF Bowling Fun! 2:30 EF Trivia 3:00 J Legato: Violin Music 3:30 LL Travel to Mount Rushmore 5:30 LL StoryWise™ 6:00 EF "Blue Hawaii" Movie w/ Elvis</p>	<p>10 10:00 HF Toss and Turn 10:30 C Daily Chronicle 12:15 HF Walking Club 1:00 J Legato: Gene Autry Music 1:30 J LEGATO Conductorcise® 2:00 CV Life Guidance®: National Send A Card Day! 3:00 HF Gentle Stretches 3:30 LL Animals in Indiana 5:00 EF The Three Stooges 6:00 EF I Love Lucy</p>	<p>11 10:00 HF Noodle Ball 10:30 IS Morning Moments 12:15 J Conductorcise®: Music & Exercise 1:00 EF BINGO (LG) 2:00 EF National Pet Day! 2:30 J LEGATO Barbershop Quartet 3:00 HF Chair Dancing 3:30 C Pet Therapy Visit 5:00 EF Board Games 5:30 C The Daily Chronicle 6:00 EF Golden Girls</p>	<p>12 10:00 HF Life Guidance® Gentle Stretches 10:30 C News & Chat 12:15 HF Walking Club 1:00 J LEGATO: Let's Make Music 2:00 EF Snack & Chat: Grilled Cheese Day 2:30 CE Egg Dying 3:30 EF StoryWise™ 5:00 EF Little House on the Prairie 6:00 EF Trivia</p>	<p>13 9:30 LL Over a Cup of Coffee 10:45 HF Walking Club 12:00 IS Daily Devotion 12:30 C Community Egg Hunt/Enjoy Our Visitors 1:30 CE Adult Shading: Calming Patterns 1:30 C Snack & Chat 2:00 C Daily Chronicle 2:30 HF Chair Yoga 3:00 J LEGATO: 70's Music 6:00 EF Saturday Night Movie & Popcorn</p>
<p>14 9:30 LL News & Views 10:00 HF Sit & Be Fit 10:30 IS Daily Devotion 12:15 HF Walking Club 1:00 C The Daily Chronicle 1:30 C Snack & Chat 2:00 J LEGATO: Playing the Drums 2:30 EF Look Up in the Sky Day!!! 3:30 HF Gentle Stretches 5:00 LL Fun Facts 5:30 EF Ball Toss 6:00 EF "Grease", the movie</p>	<p>15 10:00 HF Walking Club 10:30 IS Morning Moments 12:15 HF Parachute Activity 1:30 IS Communion with Jenny 2:00 IS Bible Study with Spencer 3:00 J LEGATO Conductorcise®: Music & Exercise 3:30 EF StoryWise™ 5:00 EF Card Games 5:30 C The Daily Chronicle 6:00 EF The Walton's</p>	<p>16 10:00 C Daily Chronicle 10:00 HF Noodle Ball 12:15 HF Walking Club 1:00 LL Learning: Birds In Our Area 1:30 EF Snack and Chat 1:45 CE Feeding The Birds 2:15 HF Conductorcise® 2:45 EF Bingo 3:30 J LEGATO Handbells 5:00 EF Little House on the Prairie 6:00 C The Daily Chronicle</p>	<p>17 10:30 C Morning Moments 12:15 HF Walking Club 1:00 LL Ford Mustang Day! 1:30 EF Cheese Ball Day! Enjoy a Snack 2:00 CE Potato Painting Art Work 2:45 J LEGATO Dancing Styles 3:15 HF Bowling 3:45 C Daily Chronicle 5:00 EF The Andy Griffith Show</p>	<p>18 10:15 CE Alcohol Ink Art 12:15 HF Sit & Be Fit 1:00 LL Atria Alphabet 1:30 HF Moving & Grooving 1:45 EF Animal Cracker Day! Enjoy a Snack 2:00 EF BINGO 2:45 C Daily Chronicle 3:00 J LEGATO Sing Along 3:30 C Pet Therapy Visit 5:00 EF Board Games 5:30 C Daily Chronicle 6:00 EF Golden Girls</p>	<p>19 10:00 EF The Lively Ladies Singing 10:30 C Daily Chronicle 12:15 HF Fun Fitness 1:00 J LEGATO Let's Make Music Group 1:30 HF A Walk Outside 2:00 J Legato: Big Band 3:00 HF Toss and Turn 3:30 EF StoryWise™ 5:00 HF Noodle Ball Fun! 6:00 EF Shirley Temple Movie</p>	<p>20 9:30 LL Over a Cup of Coffee 10:00 HF Chair Yoga 12:00 IS Inspirational Readings 1:00 PA Walking Stroll 1:30 B Bingo 2:30 J LEGATO Music of the 60's 3:00 HF Moving and Grooving 3:30 C Daily Chronicle 5:30 EF Saturday Movie & Popcorn</p>
<p>Easter Sunday 21 9:30 LL News & Views 10:45 HF Walking Club 12:00 IS Daily Devotion 12:30 C The Daily Chronicle 1:00 J LEGATO Easter Music 1:30 HF Forever Fit Video and Exercise 2:00 C The Daily Chronicle 3:00 J Legato Drum Circle 3:30 C Reminiscing 5:00 LL Fun Facts 6:00 EF Musical Movie "The Sound of Music"</p>	<p>22 10:00 HF Chair Yoga 10:30 IS Daily Devotion 12:00 HF Walking Club 12:30 C The Daily Chronicle 1:00 J LEGATO April Showers Day - 1:30 IS Communion with Jenny 2:00 IS Bible Study with Spencer (LG) 3:30 HF Fun Fitness 5:00 EF Card Games 5:30 C Living Room Chat</p>	<p>23 10:45 LL News & Views 12:15 HF Bowling Fun 1:00 J Legato: Shirley Temple's Birthday 1:30 EF Snack & Chat 2:00 EF BINGO 3:00 J LEGATO Hand Bell Choir 3:30 HF Continuous Movement 5:00 EF Trivia 5:30 EF Abbot & Costello 6:30 C The Daily Chronicle</p>	<p>24 10:00 HF Toss & Turn 10:30 C Morning Moments 12:15 HF Walking Club 1:00 J Legato Chuck Berry 1:30 C Snack and Chat 2:00 CE Canvas Painting 2:45 J LEGATO Making Music 3:00 LL Where Would You Go? Fill in the blank 3:30 LL Daily Chronicle 5:00 EF Andy Griffith Show 6:00 C Daily Devotion</p>	<p>25 10:00 HF Noodle Ball Fun 10:30 EF StoryWise™ 12:15 HF Ring Toss 1:00 J Legato: Marching Band Music 1:30 EF Snack & Chat 2:00 HF Daily Stretches 2:30 LL History of First Seeing Eye Dog 3:30 C Pet Therapy Visit 5:00 EF Board Games 5:15 EF Music with Neil Yockey 6:00 EF "Hello Dolly"</p>	<p>26 10:00 HF Conductorcise® 10:30 LL News & Views 12:15 HF Ring Toss Game 1:00 J LEGATO Jazz Music 1:30 HF Parachute Exercise 2:00 LL Happy Birthday Carol Burnett! 2:30 EF Balloon Toss Fun 3:00 C Daily Chronicle 3:30 IS Elder Sing Along 6:00 EF Classical Movie</p>	<p>27 9:30 LL Over a Cup of Coffee 10:45 HF Walking Club 12:00 J Legato Making Music 12:30 HF Chair Yoga 1:00 HF A Walk Around the Courtyard 1:30 J LEGATO Music from a Flute 2:00 HF Yoga Exercise 3:15 IS Inspirational Readings 5:30 C The Daily Chronicle 6:00 EF Saturday Night Movie & Popcorn</p>
<p>28 9:30 LL News & Views 12:00 HF Noodle Ball 12:30 J LEGATO Favorite Hymns 1:00 EF Snack and Chat 1:30 C Daily Chronicle 2:00 IS Devotion with Spencer 3:00 HF Walking Club 3:30 LL Trivia 5:00 EF Life Guidance® StoryWise™ 6:00 EF Musical Movie Phantom of the Opera</p>	<p>29 10:30 C News & Views 12:15 HF Daily Stretches 12:45 J Legato Music in the 70's 1:15 EF Snack & Chat 1:45 C Daily Chronicle 2:15 HF Bowling Fun! 3:00 EF Music with Pastor Rod 3:00 J Legato Barbara Streisand 3:30 HF Stoll Outside Before Dinner 5:00 EF Board Games 5:30 EF Broadway Shows: Westside Story</p>	<p>30 10:15 IS Daily Devotion 12:15 HF Ring Toss Game 12:45 J Legato Barbara Mandrell 1:15 EF Snack & Chat 1:45 HF Outside Stroll 1:45 CE Planting Spring Flowers 2:30 J Legato Making Music 3:00 EF StoryWise™ 3:30 C Daily Chronicle 5:00 EF Happy Days</p>	<p>PA Personal Achievement HF Health & Fitness EF Entertainment & Fun CV Civic Engagement LL Lifelong Learning CE Creative Expression IS Inspiration & Spirituality C Connection EF Atria StoryWise J Legato</p>	<p>ROOM LOCATION KEY: Life Guidance LG Living Room LR</p>		