

# ASSISTED LIVING

## Monthly Calendar of Events and Programming



### Featured Events this Month:

**Musical Oldies w/ The 45's**  
Monday, February 5, 3:00 pm

**Mardi Gras w/ Craig & The Band**  
Tuesday, February 13, 3:00 pm

**Valentine's Day  
w/ Nora & Willie C.**  
Wednesday, February 14, 3:00 pm

*Atria*  
SENIOR LIVING

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# FEBRUARY 2018

# ATRIA PARK OF LAKE FOREST a s s i s t e d l i v i n g

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AW** Atria StoryWise

<p><b>4</b></p> <p>9:45 <b>IS</b> Grace Fellowship Church (B)</p> <p>10:30 <b>IS</b> Catholic Service (C)</p> <p>10:30 <b>IS</b> Central Baptist Church (B)</p> <p>1:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>1:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>1:30 <b>IS</b> Rosary Prayers (C)</p> <p>2:00 <b>EF</b> Scrabble® w/ Thalia (AR) [ELI]</p> <p>3:30 Bingo (HR)</p> <p>6:00 Super Bowl® Watch Party (LR)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>5</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CE</b> Handmade Beads w/ Andrea (AR)</p> <p>11:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>12:30 <b>C</b> Lake Mary Senior Center (B)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 <b>CE</b> Sing Along (LR) [ELD]</p> <p>1:30 <b>EF</b> The Price is Right®! (iPad Programming) (TH)</p> <p>2:00 Wii® Bowling (TH)</p> <p>3:00 <b>EF</b> Musical Oldies w/ The 45's (HR) [ELD]</p> <p>6:00 <b>LL</b> Wheel of Fortune® w/ Thalia (TH) [ELI]</p> <p>6:30 <b>PA</b> Let's Play Bridge! (Resident Run) (1EW)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>6</b></p> <p>9:30 <b>HF</b> Yoga and Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Balance in Action w/ Genesis (HR)</p> <p>10:00 Publix (B)</p> <p>10:30 <b>EF</b> Hangman (TH)</p> <p>11:00 <b>LL</b> Coffee and Crosswords (TH)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:30 <b>LL</b> That's Debatable (Debate Club) (TH)</p> <p>2:00 Atria Book Worms: The Wisdom of Curiosity (VW)</p> <p>2:00 Publix (B)</p> <p>3:00 <b>PA</b> Resident Council Meeting (3-4pm) (HR)</p> <p>3:30 <b>PA</b> White House Watch Discussion w/ George (AR)</p> <p>4:00 <b>IS</b> Bible Study (TH)</p>	<p><b>7</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CV</b> Sunshine Club (AR) [ELD]</p> <p>10:30 <b>CV</b> Sunshine Club: Community Outreach (AR) [ELD]</p> <p>10:30 <b>PA</b> World Discussions w/ George (VW)</p> <p>11:00 <b>HF</b> Downtown Leisurely Stroll w/ Engage Life® (B) [ELI]</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:30 <b>LL</b> Eat This Not That (iPad Trivia) (AR)</p> <p>2:00 <b>CE</b> What's Cooking? (AR) [ELI]</p> <p>3:00 <b>IS</b> Journey to Jesus w/ Lakeside Methodist (TH)</p> <p>3:00 UNO® w/ Engage Life (AR)</p> <p>3:30 Rummikub® (AR)</p> <p>4:00 Wine &amp; Dine (LR)</p>	<p><b>8</b></p> <p>9:30 <b>HF</b> Yoga and Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> AHT Hearing Aid Checks (DRS)</p> <p>10:00 <b>HF</b> Balance in Action w/ Genesis (HR)</p> <p>10:30 Coffee and Crosswords (LR)</p> <p>11:00 StoryWise Chat Session (TH)</p> <p>11:00 Lunch Outing: Tibby's Altamonte (B)</p> <p>1:00 Skip-Bo™ (AR)</p> <p>2:00 <b>C</b> Activity Planning Meeting (AR) [ELD]</p> <p>2:30 Food For Thought (AR) [ELD]</p> <p>3:30 Bingo (HR)</p> <p>6:00 <b>LL</b> Late Night Trivia w/ Engage Life® (TH) [ELI]</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>9</b></p> <p>9:30 <b>HF</b> Chair Exercises w/ Engage Life® (HR) [ELI]</p> <p>10:00 Scrabble® (AR)</p> <p>10:00 Walmart (B)</p> <p>10:30 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>11:00 <b>LL</b> Words in a Word (TH)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 Up and Down the River (AR)</p> <p>2:00 <b>LL</b> Jeopardy!® (AR)</p> <p>3:00 Dominoes (AR)</p> <p>3:30 <b>HF</b> Cornhole (LR)</p> <p>4:00 Wine &amp; Dine (LR)</p> <p>6:00 <b>LL</b> Order in the Court w/ Engage Life® (TH) [ELI]</p>	<p><b>10</b></p> <p>9:30 <b>HF</b> Positive Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>10:00 <b>LL</b> World Discussion w/ George (Resident Led) (VW)</p> <p>10:30 <b>LL</b> Wii®: Jeopardy!® (TH)</p> <p>1:00 <b>EF</b> Toss Four (Hit the Target) (LR)</p> <p>1:30 <b>CE</b> Craft Corner w/ Engage Life® (AR)</p> <p>2:00 <b>LL</b> Tech Class Tablets/Phones/Laptops (AR)</p> <p>3:30 Bingo (HR)</p> <p>6:00 <b>LL</b> Late Night Trivia w/ Engage Life® (TH)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>																																																	
<p><b>11</b></p> <p>9:45 <b>IS</b> Grace Fellowship Church (B)</p> <p>10:30 <b>IS</b> Catholic Service (C)</p> <p>10:30 <b>IS</b> Central Baptist Church (B)</p> <p>1:00 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>1:30 <b>CV</b> Angel Snugs (GR)</p> <p>1:30 <b>IS</b> Rosary Prayers (C)</p> <p>1:30 <b>HF</b> Sunday Funday Exercise (Mini Golf) (GR) [ELI]</p> <p>2:00 <b>LL</b> Jeopardy!® (AR)</p> <p>2:00 <b>IS</b> St. Andrew's Church Service (HR)</p> <p>3:30 Bingo (HR)</p> <p>6:00 <b>HF</b> Engage Your Brain Trivia w/ Engage Life® (TH)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>12</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CE</b> DIY w/ Leslie (AR) [ELI]</p> <p>11:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>12:30 <b>C</b> Cards at Lake Mary Senior Center (B)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:30 <b>CE</b> Sing Along (LR) [ELD]</p> <p>2:00 <b>LL</b> Wii®: Who Wants to Be A Millionaire (TH)</p> <p>3:00 Musical Bingo (AR)</p> <p>6:00 <b>LL</b> Wheel of Fortune® w/ Thalia (TH) [ELI]</p> <p>6:30 <b>PA</b> Let's Play Bridge! (Resident Run) (1EW)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>13</b></p> <p>9:30 <b>HF</b> Yoga and Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Balance in Action w/ Genesis (HR)</p> <p>10:30 <b>EF</b> Hangman (TH)</p> <p>10:30 <b>CE</b> Sharon's Picasso Studio (AR)</p> <p>10:30 <b>C</b> Veteran's Discussion (VW)</p> <p>11:00 <b>LL</b> Coffee and Crosswords (TH)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 Publix (B)</p> <p>2:00 Atria Book Worms: The Wisdom of Curiosity (HR)</p> <p>2:00 <b>HF</b> Learn to Dance w/ Joe Sullen (HR)</p> <p>3:00 <b>EF</b> Mardi Gras w/ Craig &amp; The Band</p> <p>3:30 <b>PA</b> White House Watch Discussion w/ George (AR)</p>	<p><b>14</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CV</b> Sunshine Club (AR) [ELD]</p> <p>10:30 <b>CV</b> Sunshine Club: Community Outreach (AR) [ELD]</p> <p>10:30 <b>PA</b> World Discussions w/ George (VW)</p> <p>11:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 <b>PA</b> Wild Card Games (AR) [ELI]</p> <p>1:30 <b>IS</b> What's Cooking? (AR) [ELI]</p> <p>3:00 <b>IS</b> Journey to Jesus w/ Lakeside Methodist (TH)</p> <p>3:00 <b>EF</b> Valentine's Day w/ Nora &amp; Willie C.</p> <p>6:00 <b>LL</b> Family Feud™ w/ Leslie (TH) [ELI]</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>15</b></p> <p>9:30 <b>HF</b> Yoga &amp; Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Balance in Action w/ Genesis (HR)</p> <p>10:30 Coffee and Crosswords (TH)</p> <p>11:00 <b>PA</b> Ambassador Club Meeting (AR) [ELD]</p> <p>1:00 Scenic Drive: Chocolate Factory &amp; Tour (B)</p> <p>1:00 <b>LL</b> Constitution Corner w/ Monte (TH)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 Skip-Bo™ (AR)</p> <p>2:00 Rummikub® (AR)</p> <p>3:30 Bingo (HR)</p> <p>6:00 <b>LL</b> Order in the Court w/ Engage Life® (TH) [ELI]</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>16</b></p> <p>9:30 <b>HF</b> Chair Exercises w/ Engage Life® (HR) [ELI]</p> <p>10:00 <b>CE</b> Beautiful Creations (AR)</p> <p>10:30 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>11:00 <b>LL</b> Words in a Word (TH)</p> <p>1:00 <b>CE</b> Sing Along w/ Jim (HR)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 Walmart (B)</p> <p>2:00 <b>LL</b> Jeopardy!® (AR)</p> <p>2:30 <b>CV</b> Spend Time with Pet's By Judy (AR)</p> <p>3:00 <b>LL</b> Trivia-Chinese New Year (AR)</p> <p>4:00 Wine &amp; Dine (LR)</p> <p>6:00 <b>LL</b> Order in the Court w/ Engage Life® (TH) [ELI]</p>	<p><b>17</b></p> <p>9:30 <b>HF</b> Positive Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>10:00 <b>LL</b> World Discussion w/ George (Resident Led) (VW)</p> <p>10:30 <b>LL</b> Wii®: Jeopardy!® (TH)</p> <p>1:00 <b>EF</b> Atria Park Concession (1:00-1:15pm) (TH)</p> <p>1:30 <b>EF</b> Weekend Matinee Movie (TH)</p> <p>2:00 <b>LL</b> Afternoon Trivia (AR) [ELI]</p> <p>3:30 Bingo (HR)</p> <p>6:00 Dominoes w/ Engage Life® (FL)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>																																																	
<p><b>18</b></p> <p>9:45 <b>IS</b> Grace Fellowship Church (B)</p> <p>10:30 <b>IS</b> Catholic Service (C)</p> <p>10:30 <b>IS</b> Central Baptist Church (B)</p> <p>1:00 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>1:30 <b>IS</b> Rosary Prayers (C)</p> <p>1:30 <b>HF</b> Sunday Funday Exercise (Cornhole) (HR)</p> <p>2:00 <b>EF</b> Scrabble® w/ Thalia (AR)</p> <p>2:30 <b>CV</b> Angel Therapy Dogs (FL)</p> <p>3:30 Bingo (HR)</p> <p>6:00 <b>EF</b> Skip-Bo™ (LR)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>19</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CE</b> Jewelry Making w/ Thalia (AR) [ELI]</p> <p>11:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>12:30 <b>C</b> Cards at Lake Mary Senior Center (B)</p> <p>1:00 <b>LL</b> Martin Luther King Jr. Discussion &amp; Trivia (TH) [ELD]</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>2:00 Wii® Bowling (TH)</p> <p>3:00 <b>EF</b> Presidents Day Celebration (HR)</p> <p>6:00 <b>LL</b> Wheel of Fortune® w/ Thalia (TH) [ELI]</p> <p>6:30 <b>PA</b> Let's Play Bridge! (Resident Run) (1EW)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>20</b></p> <p>9:30 <b>HF</b> Yoga and Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Balance in Action w/ Genesis (HR)</p> <p>10:00 Publix (B)</p> <p>10:30 <b>EF</b> Hangman (TH)</p> <p>10:30 <b>CE</b> Sharon's Picasso Studio (AR)</p> <p>11:00 <b>LL</b> Coffee and Crosswords (TH)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 <b>C</b> Lake Mary Prep Performance (HR)</p> <p>2:00 Atria Book Worms: The Wisdom of Curiosity (VW)</p> <p>3:30 Bingo (HR)</p> <p>3:30 <b>PA</b> White House Watch Discussion w/ George (AR)</p>	<p><b>21</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CV</b> Sunshine Club (AR) [ELD]</p> <p>10:30 <b>CV</b> Sunshine Club: Community Outreach (AR) [ELD]</p> <p>10:30 <b>PA</b> World Discussions w/ George (VW)</p> <p>11:00 <b>HF</b> Leisurely Stroll (Meet in Lobby) (O) [ELI]</p> <p>1:00 <b>EF</b> The Price is Right®! (iPad Programming) (TH)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>2:00 <b>CE</b> What's Cooking? (AR) [ELI]</p> <p>3:00 <b>IS</b> Journey to Jesus w/ Lakeside Methodist (TH)</p> <p>3:30 Rummikub® (AR)</p> <p>4:00 Wine &amp; Dine (LR)</p> <p>6:00 <b>LL</b> Family Feud™ w/ Leslie (TH) [ELI]</p>	<p><b>22</b></p> <p>9:30 <b>HF</b> Yoga &amp; Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Balance in Action w/ Genesis (HR)</p> <p>10:30 Coffee &amp; Crosswords (LR)</p> <p>11:00 StoryWise Chat Session (LR)</p> <p>1:00 Canasta (AR)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:30 <b>LL</b> Trivia (George Washington) (AR)</p> <p>2:00 <b>IS</b> Name that Hymn with Connie &amp; Wayne (HR)</p> <p>2:30 UNO® w/ Engage Life® (AR) [ELI]</p> <p>3:30 Bingo (HR)</p> <p>6:00 <b>LL</b> Late Night Trivia w/ Engage Life® (TH) [ELI]</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>23</b></p> <p>9:30 <b>HF</b> Chair Exercises w/ Engage Life® (HR) [ELI]</p> <p>10:00 Scrabble® (AR)</p> <p>10:00 Walmart (B)</p> <p>10:30 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>11:00 <b>LL</b> Words in a Word (TH)</p> <p>1:00 <b>C</b> Meet and Greet Your Neighbors (AR)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>2:00 <b>LL</b> Jeopardy!® (AR)</p> <p>2:30 <b>EF</b> Mahjong w/ Jewish Pavilion (VW)</p> <p>3:00 <b>EF</b> Atria Auction (HR)</p> <p>4:00 <b>IS</b> Shabbat w/ The Jewish Pavilion (Purim) (AR)</p> <p>4:00 Wine &amp; Dine (LR)</p>	<p><b>24</b></p> <p>9:30 <b>HF</b> Balance in Action (HR) [ELI]</p> <p>10:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>10:00 <b>LL</b> World Discussion w/ George (Resident Led) (VW)</p> <p>10:30 <b>LL</b> Wii®: Jeopardy!® (TH)</p> <p>1:00 <b>LL</b> Tech Class Tablets/Phones/Laptops (AR)</p> <p>2:00 <b>LL</b> Entertainment w/ Midge the One Girl Band (HR)</p> <p>3:30 Bingo (HR)</p> <p>6:00 Wild Card Game Night w/ Engage Life® (LR) [ELI]</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>																																																	
<p><b>25</b></p> <p>9:45 <b>IS</b> Grace Fellowship Church (B)</p> <p>10:30 <b>IS</b> Catholic Service (C)</p> <p>10:30 <b>IS</b> Central Baptist Church (B)</p> <p>1:00 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>1:30 <b>IS</b> Rosary Prayers (C)</p> <p>1:30 <b>HF</b> Sunday Funday Exercise (Horseshoes) (HR)</p> <p>2:00 <b>LL</b> Jeopardy!® (AR)</p> <p>3:30 Bingo (HR)</p> <p>6:00 <b>HF</b> Engage Your Brain Trivia w/ Engage Life® (TH)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>26</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CE</b> Pampering Class w/ Thalia (AR) [ELI]</p> <p>11:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>12:30 <b>C</b> Cards at Lake Mary Senior Center (B)</p> <p>1:00 <b>PA</b> Poker (Resident Led) (GR)</p> <p>1:30 <b>CE</b> Sing Along (LR) [ELD]</p> <p>2:00 <b>LL</b> Wii®: Who Wants to Be A Millionaire (TH)</p> <p>3:00 <b>EF</b> Entertainment w/ The Krooner's (HR)</p> <p>6:00 <b>LL</b> Wheel of Fortune® w/ Thalia (TH) [ELI]</p> <p>6:30 <b>PA</b> Let's Play Bridge! (Resident Run) (1EW)</p> <p>7:30 <b>EF</b> Movie (In-House Channel 81 Also) (TH)</p>	<p><b>27</b></p> <p>9:30 <b>HF</b> Yoga and Stretching (HR) [ELI]</p> <p>10:00 <b>HF</b> Balance in Action w/ Genesis (HR)</p> <p>10:30 <b>EF</b> Hangman (TH)</p> <p>10:30 <b>C</b> Men's Club (Veteran Discussion) (VW)</p> <p>10:30 <b>CE</b> Sharon's Picasso Studio (AR)</p> <p>11:00 <b>LL</b> Coffee and Crosswords (TH)</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:00 Publix (B)</p> <p>1:00 <b>LL</b> Word Cookies (iPad Programming) (TH)</p> <p>1:30 <b>LL</b> What's Saying? (iPad Programming) (TH)</p> <p>2:00 Atria Book Worms: The Wisdom of Curiosity (VW)</p> <p>3:30 Bingo (HR)</p>	<p><b>28</b></p> <p>9:30 <b>HF</b> Positive Stretching w/ Weights (HR) [ELI]</p> <p>10:00 <b>CV</b> Sunshine Club (AR) [ELD]</p> <p>10:30 <b>IS</b> Catholic Mass (C)</p> <p>10:30 <b>CV</b> Sunshine Club: Community Outreach (AR) [ELD]</p> <p>10:30 <b>PA</b> World Discussions w/ George (VW)</p> <p>11:00 <b>HF</b> Leisurely Stroll (Meet in the Lobby) (O) [ELI]</p> <p>1:00 <b>PA</b> Poker (Resident Run) (GR)</p> <p>1:30 <b>LL</b> Eat This Not That (iPad Trivia) (AR)</p> <p>2:00 <b>CE</b> What's Cooking? (AR) [ELI]</p> <p>3:00 <b>IS</b> Journey to Jesus w/ Lakeside Methodist (TH)</p> <p>3:30 Canasta (AR)</p> <p>4:00 Wine &amp; Dine (LR)</p>	<p><b>ROOM LOCATION KEY:</b></p> <table border="0"> <tr> <td>Heritage Room</td> <td>HR</td> <td>Doctors Office</td> <td>DRS</td> </tr> <tr> <td>Theater</td> <td>TH</td> <td>Front Lobby</td> <td>FL</td> </tr> <tr> <td>Activity Room</td> <td>AR</td> <td></td> <td></td> </tr> <tr> <td>Great Room</td> <td>GR</td> <td></td> <td></td> </tr> <tr> <td>Outdoors</td> <td>O</td> <td></td> <td></td> </tr> <tr> <td>Bus</td> <td>B</td> <td></td> <td></td> </tr> <tr> <td>1st Floor East Wing</td> <td>1EW</td> <td></td> <td></td> </tr> <tr> <td>The View</td> <td>VW</td> <td></td> <td></td> </tr> <tr> <td>Living Room</td> <td>LR</td> <td></td> <td></td> </tr> <tr> <td>Chapel</td> <td>C</td> <td></td> <td></td> </tr> </table> <p><b>STAFF KEY:</b></p> <table border="0"> <tr> <td>Arya Siggers</td> <td>ELI</td> </tr> <tr> <td>Jim Weeks</td> <td>ELI</td> </tr> <tr> <td>Angelica Esquedo</td> <td>ELD</td> </tr> <tr> <td>Leslie Montanez</td> <td>ELI</td> </tr> <tr> <td>Thalia Cruz</td> <td>ELI</td> </tr> </table>		Heritage Room	HR	Doctors Office	DRS	Theater	TH	Front Lobby	FL	Activity Room	AR			Great Room	GR			Outdoors	O			Bus	B			1st Floor East Wing	1EW			The View	VW			Living Room	LR			Chapel	C			Arya Siggers	ELI	Jim Weeks	ELI	Angelica Esquedo	ELD	Leslie Montanez	ELI	Thalia Cruz	ELI
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# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**MARDI GRAS PARTY  
w/ Creig & Band (AL)**  
Tuesday, February 13, 3:00 pm

**Disco & Boogie  
Valentine's Dance w/ Joe**  
Wednesday, February 14, 3:00 pm

**LEGATO Chinese Music  
& Culture Celeb.**  
Friday, February 16, 3:00 pm

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SENIOR LIVING



# FEBRUARY 2018

# ATRIA PARK OF LAKE FOREST Harbor / Haven

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE™

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AW** Atria StoryWise

<p><b>4</b></p> <p><b>Super Bowl® SUNDAY</b></p> <p>10:00 <b>HF</b> Fun Fitness</p> <p>10:30 <b>CE</b> Sunday Baking Funday</p> <p>12:30 <b>C</b> Let's Get Together</p> <p>1:00 <b>CE</b> Gardening with Friends</p> <p>1:15 <b>EF</b> Word Game/Pictionary™</p> <p>2:00 <b>J</b> LEGATO "Name That Tune, Patriotic Songs"</p> <p>3:00 <b>HF</b> Toss &amp; Talk Ball</p> <p>3:30 <b>EF</b> Learning Music w/ LEN M. C. Instructor (Man)</p> <p>4:00 <b>IS</b> Holding Your Hand, One on One Program</p> <p>6:00 Board Games w/ RSA</p>	<p><b>5</b></p> <p>10:00 <b>HF</b> Exercise to Hip Hop, R&amp;B Music</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 <b>J</b> LEGATO "Inspirational Music"</p> <p>10:30 <b>EF</b> Out Trip "THE HARBOUR"</p> <p>12:30 <b>C</b> Reunify Our Group</p> <p>1:00 <b>IS</b> Manicures &amp; Hand Massage</p> <p>2:30 <b>LL</b> What We Have In Common</p> <p>3:00 <b>EF</b> Musical Oldies w/ The 45's (AL) (HR)</p> <p>4:00 <b>HF</b> Balloon Ball Toss</p> <p>6:00 Karaoke Sing Along w/ RSA</p>	<p><b>6</b></p> <p>10:00 <b>HF</b> Musical Exercise</p> <p>10:30 <b>J</b> LEGATO Residents favorite Songs &amp; Artist</p> <p>10:30 <b>EF</b> Out Trip "THE HAVEN"</p> <p>1:00 Scrapbooking &amp; Collages</p> <p>2:00 <b>IS</b> Showing Compassion One on One w/ You</p> <p>3:00 <b>EF</b> Joe The Ballroom Dancer (Man)</p> <p>4:00 Fun With Words</p> <p>6:00 <b>HF</b> Stretch &amp; Flex w/ RSA</p> <p>6:30 ALZHEIMER'S SUPPORT GROUP (A.L.) (AR)</p>	<p><b>7</b></p> <p>10:00 <b>HF</b> Flex &amp; Stretch</p> <p>10:30 Arts &amp; Crafts w/ Activities</p> <p>11:00 <b>CE</b> Watering Our Garden</p> <p>12:30 <b>C</b> Let's Meet Again</p> <p>1:00 <b>J</b> LEGATO "Earth Wind &amp; Fire Songs"</p> <p>2:30 <b>EF</b> Entertainment "Bernard Clement" (Man)</p> <p>2:30 <b>EF</b> Welcome To The Neighborhood Party (Man)</p> <p>3:30 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL</p> <p>4:00 <b>HF</b> Balance &amp; Strength</p> <p>6:00 Card Games w/ RSA</p>	<p><b>8</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin'</p> <p>10:30 <b>EF</b> Musical Bingo</p> <p>12:30 <b>C</b> Reunify Our Group</p> <p>1:00 <b>LL</b> Baking &amp; Cooking Favorites</p> <p>2:30 <b>J</b> LEGATO "Bette Midler"</p> <p>3:00 <b>EF</b> Midge The One Band Girl (Man)</p> <p>4:00 <b>HF</b> Happy Feet</p> <p>6:00 <b>LL</b> Atria's Alphabets w/ RSA</p>	<p><b>9</b></p> <p><b>Groundhog DAY</b></p> <p>10:00 <b>HF</b> Strength &amp; Balance</p> <p>10:30 <b>CE</b> Creative Art w/ Music</p> <p>12:30 <b>C</b> We Meet Again</p> <p>1:00 Residents Storywise w/ IPAD</p> <p>2:00 <b>J</b> LEGATO Frank Sinatra Trivia &amp; Music</p> <p>3:00 <b>EF</b> Wheel of Fortune® w/ IPAD</p> <p>4:00 <b>HF</b> Balloon Volleyball</p> <p>6:00 Sing Along w/ RSA</p>	<p><b>10</b></p> <p>10:00 <b>HF</b> Morning Exercise</p> <p>10:30 <b>EF</b> Sing Alongs w/ Activities</p> <p>12:30 <b>C</b> Let's Meet Again</p> <p>1:00 <b>CV</b> Making Dog Biscuits for Animal Shelter</p> <p>2:30 <b>J</b> LEGATO "Famous Weddings"</p> <p>3:00 <b>EF</b> 4 Pic's In A Word (CA)</p> <p>4:00 <b>HF</b> Walking To Music</p> <p>6:00 <b>LL</b> Today In History w/ RSA</p>																
<p><b>11</b></p> <p>10:00 <b>HF</b> LEGATO Fun Fitness w/ R &amp; B Music</p> <p>10:30 <b>CE</b> Sunday Baking Funday</p> <p>12:30 <b>C</b> Let's Get Together</p> <p>1:00 <b>CE</b> Gardening with Friends</p> <p>1:15 Word Game/Pictionary™</p> <p>2:00 <b>PA</b> Affirmative Adjectives</p> <p>2:30 <b>EF</b> Meet &amp; Greet Social w/ Eric H. (Man)</p> <p>3:30 <b>HF</b> Noodles &amp; Balloons</p> <p>4:00 <b>PA</b> Travel The World IPAD</p> <p>6:00 Puzzles w/ RSA</p>	<p><b>12</b></p> <p><b>Happy B'Day Robert Clarke</b></p> <p><b>PRESIDENT LINCOLN'S BIRTHDAY</b></p> <p>10:00 <b>HF</b> Exercise to Hip Hop, R&amp;B Music</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 <b>J</b> LEGATO "Inspirational Music"</p> <p>10:30 <b>EF</b> Out Trip "THE HARBOUR"</p> <p>12:30 <b>C</b> Reunify Our Group</p> <p>1:00 <b>IS</b> Manicures &amp; Hand Massage</p> <p>2:00 <b>CE</b> Name 5</p> <p>3:00 <b>EF</b> Sing Along w/ Friends (CA)</p> <p>4:00 <b>HF</b> Pizza Toss Game</p> <p>6:00 Puzzles/Word Games w/ RSA</p>	<p><b>13</b></p> <p><b>MARDI GRAS</b></p> <p>10:00 <b>HF</b> Musical Exercise</p> <p>10:30 <b>J</b> LEGATO Mardi Gras Music History &amp; Facts</p> <p>10:30 <b>EF</b> Out Trip "THE HAVEN"</p> <p>12:30 <b>C</b> We Meet Again</p> <p>1:00 Scrapbooking &amp; Collages</p> <p>2:30 <b>IS</b> Showing Compassion One on One w/ You</p> <p>3:00 <b>EF</b> MARDI GRAS PARTY w/ Creig &amp; Band (AL) (HR)</p> <p>3:00 <b>HF</b> Pizza Toss Game</p> <p>4:00 <b>C</b> Ask My Opinion</p> <p>6:00 Word Games w/ RSA</p>	<p><b>14</b></p> <p><b>VALENTINE'S DAY</b></p> <p>10:00 <b>HF</b> Flex &amp; Stretch</p> <p>10:30 Arts &amp; Crafts w/ Activities (CA)</p> <p>11:00 <b>CE</b> Watering Our Garden</p> <p>12:30 <b>C</b> Let's Meet Again</p> <p>1:00 <b>CE</b> Word Games, Trivia &amp; Popcorn</p> <p>2:00 <b>J</b> LEGATO "Famous Duos"</p> <p>3:00 <b>EF</b> Disco &amp; Boogie Valentines Dance w/ Joe (Man)</p> <p>3:00 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL (GR)</p> <p>4:00 <b>HF</b> Daily Intentional Walking Table/Board Games w/ RSA</p> <p>6:00</p>	<p><b>15</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin'</p> <p>10:30 <b>EF</b> Musical Bingo</p> <p>12:30 <b>C</b> Let's Get Together</p> <p>1:00 <b>CE</b> Residents Cooking Favorites</p> <p>2:30 <b>IS</b> Holding Your Hand, One On One With you</p> <p>3:00 <b>EF</b> Entertainment "Carol Roberts" (Man)</p> <p>4:00 <b>HF</b> LEGATO "Happy Feet"</p> <p>6:00 <b>EF</b> Atria's Alphabets w/ RSA</p>	<p><b>16</b></p> <p><b>CHINESE NEW YEAR</b></p> <p>10:00 <b>HF</b> Strength &amp; Balance</p> <p>10:30 <b>CE</b> Creative Art "Chinese Lantern"</p> <p>12:30 <b>C</b> We Meet Again</p> <p>1:00 Residents Storywise w/ IPAD</p> <p>2:00 <b>J</b> LEGATO Chinese Music, Artist &amp; Facts</p> <p>2:30 <b>CV</b> Pet's By Judy</p> <p>3:00 <b>EF</b> LEGATO Chinese Music &amp; Culture Celeb. (Man)</p> <p>4:00 <b>HF</b> Afternoon Walk</p> <p>6:00 Sing Along w/ RSA</p>	<p><b>17</b></p> <p>10:00 <b>HF</b> LEGATO "Musical Exercise"</p> <p>10:30 <b>EF</b> Sing Alongs w/ Activities</p> <p>12:30 <b>C</b> Let's Meet Again</p> <p>1:00 <b>CV</b> Dog Biscuits for Animal Shelter</p> <p>2:00 <b>J</b> LEGATO "Opera Music"</p> <p>2:30 <b>CE</b> Watering Our Garden</p> <p>3:00 <b>EF</b> Learning Music w/ LEN M. C. Instructor (Man)</p> <p>4:00 <b>HF</b> Ring Toss/Bowling Ball</p> <p>6:00 <b>LL</b> Today In History w/ RSA</p>																
<p><b>18</b></p> <p>10:00 <b>HF</b> Fun Fitness</p> <p>10:30 <b>CE</b> Sunday Baking Funday</p> <p>12:30 <b>C</b> Let's Get Together</p> <p>1:00 <b>CE</b> Gardening with Friends</p> <p>1:15 <b>J</b> LEGATO "The BEE GEES"</p> <p>2:00 <b>PA</b> Today In History</p> <p>2:30 <b>CV</b> Angel Therapy Dogs</p> <p>3:00 <b>EF</b> Sunday Musical Bingo</p> <p>4:00 <b>HF</b> The Walking Club</p> <p>6:00 Board Games w/ RSA</p>	<p><b>19</b></p> <p><b>PRESIDENTS' DAY</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin'</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 <b>J</b> LEGATO "Inspirational Music"</p> <p>10:30 <b>EF</b> Out Trip "THE HARBOUR"</p> <p>12:30 <b>C</b> Reunify Our Group</p> <p>1:00 <b>IS</b> Manicures &amp; Hand Massage</p> <p>2:30 <b>LL</b> Time Pieces</p> <p>3:00 <b>EF</b> Presidents Day Celebration (AL) (HR)</p> <p>4:00 <b>HF</b> Toss &amp; Turn</p> <p>6:00 Karaoke Sing Along w/ RSA</p>	<p><b>20</b></p> <p>10:00 <b>HF</b> Musical Exercise</p> <p>10:30 <b>J</b> LEGATO "James Brown #1 Hits"</p> <p>10:30 <b>EF</b> Out Trip "THE HAVEN"</p> <p>12:30 <b>C</b> We Meet Again</p> <p>1:00 Scrapbooking &amp; Collages</p> <p>2:00 <b>IS</b> Showing Compassion One on One w/ You</p> <p>3:00 <b>EF</b> 4 Pic's In A Word w/ IPAD</p> <p>4:00 <b>HF</b> Toss N' Talk Ball Game</p> <p>6:00 What's In Word with RSAs</p>	<p><b>21</b></p> <p>10:00 <b>HF</b> Stretch &amp; Flex</p> <p>10:30 Arts &amp; Crafts w/ Activities</p> <p>11:00 <b>CE</b> Watering Our Garden</p> <p>12:30 <b>C</b> Let's Meet Again</p> <p>1:00 <b>CE</b> Word Games, Trivia &amp; Popcorn</p> <p>2:00 <b>C</b> Cooking w/ Atria's Chef's (Har)</p> <p>3:00 <b>EF</b> A Touch Of Class Music w/ Mike Mckelvey (Man)</p> <p>3:00 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL (TH)</p> <p>4:00 <b>HF</b> LEGATO: Balance &amp; Strength</p> <p>6:00 Card Games w/ RSA</p>	<p><b>22</b></p> <p><b>PRESIDENT WASHINGTON'S BIRTHDAY</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin'</p> <p>10:30 <b>EF</b> Musical Bingo</p> <p>12:30 <b>C</b> Reunify Our Group</p> <p>1:00 <b>CE</b> Baking &amp; Cooking Favorites</p> <p>2:30 <b>PA</b> Old Sayings</p> <p>3:00 <b>LL</b> Word Games/Pictionary™/Trivia</p> <p>3:00 <b>EF</b> LEGATO Tap Dance/Happy Feet</p> <p>6:00 <b>LL</b> Atria's Alphabets w/ RSA</p>	<p><b>23</b></p> <p><b>RESIDENT'S BIRTHDAY PARTY</b></p> <p>10:00 <b>HF</b> Balance &amp; Strength</p> <p>10:30 <b>CE</b> Creative Art w/ Music</p> <p>12:30 <b>C</b> We Meet Again</p> <p>1:00 Residents Storywise w/ IPAD</p> <p>2:00 <b>J</b> LEGATO "Cool &amp; The Gang favorite Hits"</p> <p>3:00 <b>EF</b> Residents B'Day Party w/ Tina Stefanos (Man)</p> <p>4:00 <b>HF</b> Afternoon Walk</p> <p>4:00 <b>IS</b> SHABBAT w/ Jewish Pavilion(A.L.) (AR)</p> <p>6:00 Fun Trivia w/ RSA</p>	<p><b>24</b></p> <p>10:00 <b>HF</b> Musical Exercise</p> <p>10:30 <b>J</b> LEGATO "Classical Music &amp; Facts"</p> <p>12:30 <b>C</b> Let's Meet Again</p> <p>1:00 <b>CV</b> Making Blankets For The Homeless</p> <p>2:30 <b>CE</b> Watering Our Garden</p> <p>3:00 <b>EF</b> Pictionary™/Word Game</p> <p>4:00 <b>HF</b> Walking Outdoors</p> <p>6:00 <b>LL</b> Today In History w/ RSA</p>																
<p><b>25</b></p> <p>10:00 <b>HF</b> Fun Fitness</p> <p>10:30 <b>CE</b> Sunday Baking Funday</p> <p>12:30 <b>C</b> Let's Get Together</p> <p>1:00 <b>CE</b> Gardening with Friends</p> <p>1:00 <b>J</b> LEGATO "Residents Favorite Songs"</p> <p>2:00 <b>IS</b> Fellowship w/ St. Andrews Church (Man)</p> <p>3:00 <b>LL</b> Sharing Lifelong Memories</p> <p>3:30 <b>PA</b> Discovering The World IPAD</p> <p>4:00 <b>HF</b> Noodles &amp; Balloons</p> <p>6:00 Trivia w/ RSA</p>	<p><b>26</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin'</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 <b>J</b> LEGATO "Nancy Sinatra's #1 Hits"</p> <p>10:30 <b>EF</b> Out Trip "THE HARBOUR"</p> <p>12:30 <b>C</b> Reunify Our Group</p> <p>1:00 <b>IS</b> Manicures &amp; Hand Massage</p> <p>2:00 <b>LL</b> If The Shoe Fits</p> <p>3:00 <b>EF</b> Celebrate w/ The Krooner's (AL) (HR)</p> <p>4:00 <b>HF</b> Toss &amp; Turn</p> <p>6:00 Puzzles/Word Games w/ RSA</p>	<p><b>27</b></p> <p><b>Happy B'Day Andrew Braytenbah</b></p> <p>10:00 <b>HF</b> Musical Exercise</p> <p>10:30 <b>CE</b> Dear Abby, Trivia, Today In History</p> <p>10:30 <b>EF</b> Out Trip "THE HAVEN"</p> <p>12:30 <b>C</b> We Meet Again</p> <p>1:00 Scrapbooking &amp; Collages</p> <p>2:00 <b>J</b> LEGATO "Johnny Cash Favorite Hits"</p> <p>3:00 <b>EF</b> Wheel of Fortune® w/ IPAD</p> <p>4:00 <b>HF</b> Pizza Toss Game</p> <p>6:00 Word Games with RSAs</p>	<p><b>28</b></p> <p><b>Happy B'Day J. Bourg &amp; B. Shiffman</b></p> <p><b>PURIM BEGINS</b></p> <p>10:00 <b>HF</b> Flex &amp; Stretch</p> <p>10:30 <b>J</b> LEGATO "Favorite Morning Songs"</p> <p>11:00 <b>CE</b> Watering Our Garden</p> <p>12:30 <b>C</b> Let's Meet Again</p> <p>1:00 <b>CE</b> Word Games, Trivia &amp; Popcorn</p> <p>2:30 <b>LL</b> Poem Of The Day/Famous Quotes</p> <p>3:00 <b>EF</b> Entertainment "Eric Hall" (Man)</p> <p>3:00 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL (TH)</p> <p>4:00 <b>HF</b> Daily Intentional Walking Table/Board Games w/ RSA</p> <p>6:00</p>	<p><b>ROOM LOCATION KEY:</b></p> <table style="width: 100%; border: none;"> <tr> <td>The Manor</td> <td>Man</td> </tr> <tr> <td>Common Area</td> <td>CA</td> </tr> <tr> <td>Bus</td> <td>B</td> </tr> <tr> <td>Heritage Room</td> <td>HR</td> </tr> <tr> <td>Activity Room</td> <td>AR</td> </tr> <tr> <td>Great Room</td> <td>GR</td> </tr> <tr> <td>The Harbor</td> <td>Har</td> </tr> <tr> <td>Theater</td> <td>TH</td> </tr> </table>			The Manor	Man	Common Area	CA	Bus	B	Heritage Room	HR	Activity Room	AR	Great Room	GR	The Harbor	Har	Theater	TH
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Subject to Change. See Daily Schedule for up-to-date itinerary.

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**MARDI GRAS PARTY  
w/ Creig & Band (AL)**  
Tuesday, February 13, 3:00 pm

**Disco & Boogie  
Valentine's Dance w/ Joe**  
Wednesday, February 14, 3:00 pm

**LEGATO Chinese Music  
& Culture Celeb.**  
Friday, February 16, 3:00 pm

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Atria ENGAGE LIFE

- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- AW** Atria StoryWise

<p><b>4</b></p> <p><b>Super Bowl® SUNDAY</b></p> <p>10:00 <b>HF</b> Fun Fitness (CAW)</p> <p>10:30 <b>CE</b> Gardening With Friends (O)</p> <p>10:45 <b>J</b> LEGATO "Name That Tune, Patriotic Songs" (CA)</p> <p>12:30 <b>C</b> Let's Meet Again (CAW)</p> <p>1:00 <b>CE</b> Quick N' Easy Cooking Favorites (CAE)</p> <p>2:30 <b>LL</b> Best Super Bowl® Games Trivia &amp; Facts (CA)</p> <p>3:00 <b>EF</b> Learning Music w/ Len T.M.C. (Man)</p> <p>4:00 <b>HF</b> A Walk through Our Garden (O)</p> <p>6:00 Super Bowl® Game On T.V. w/ RSA (CA)</p>	<p><b>5</b></p> <p>10:00 <b>HF</b> Stretch &amp; Flex (CA)</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 <b>CE</b> Scrapbooking "Our New Memento Book" (CAW)</p> <p>12:30 <b>C</b> As We Reconvene (CA)</p> <p>1:00 <b>IS</b> Monday Manicures (CA)</p> <p>2:00 <b>J</b> LEGATO "State Songs" (CA)</p> <p>3:00 <b>EF</b> Musical Oldies w/ The 45's(AL) (HR)</p> <p>4:00 <b>HF</b> Ring Toss (CA)</p> <p>6:00 Fun Word Games w/ RSA</p>	<p><b>6</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin' (CA)</p> <p>10:30 <b>J</b> LEGATO "Uplifting Songs w/ Ruth" (CA)</p> <p>12:30 <b>C</b> Let's Get Together (CA)</p> <p>1:00 <b>CE</b> Arts, Games &amp; Craft Hour (CAW)</p> <p>2:00 <b>AW</b> Residents Storywise w/ IPAD (CAW)</p> <p>2:30 <b>PA</b> What We Have In Common (CA)</p> <p>3:00 <b>EF</b> Joe The Dance Instructor (Man)</p> <p>4:00 <b>HF</b> Daily Intentional Walking (O)</p> <p>5:30 <b>AW</b> Wisdom Of Curiosity (CA)</p> <p>6:00 <b>LL</b> Alzheimer's Support Group (AL) (AR)</p>	<p><b>7</b></p> <p>10:00 <b>HF</b> Energize w/ Genesis (CA)</p> <p>10:30 <b>CE</b> Imagination Creations w/ Amber &amp; Friends (CAW)</p> <p>12:30 <b>C</b> Reunify Our Group (CA)</p> <p>1:00 <b>BINGO</b> (CAW)</p> <p>2:00 <b>CE</b> Atria's Chef (Man)</p> <p>2:30 <b>EF</b> Welcome To The Neighborhood Party (CA)</p> <p>3:00 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL (TH)</p> <p>3:00 <b>J</b> LEGATO Welcoming Songs w/ Bernard (Man)</p> <p>4:00 <b>HF</b> Move To The Beat (CA)</p> <p>6:00 <b>EF</b> Puzzles w/ RSA (CA)</p>	<p><b>8</b></p> <p>10:00 <b>HF</b> LEGATO Commit To Be Fit (CAW)</p> <p>10:30 <b>EF</b> Out Trip "St. John's River" (B)</p> <p>1:00 <b>CE</b> Cookin' &amp; Bakin' Hour (CA)</p> <p>2:00 <b>HF</b> The Ball &amp; Parachute (CA)</p> <p>2:30 <b>4</b> Pics In A Word w/ Ipad (CA)</p> <p>3:00 <b>EF</b> Midge The One Band Girl (Man)</p> <p>4:00 <b>PA</b> Hobbies (CA)</p> <p>6:00 <b>CE</b> Poetry Hour w/ RSA (CA)</p>	<p><b>9</b></p> <p><b>Groundhog DAY</b></p> <p>10:00 <b>HF</b> Musical Morning Stretch (CA)</p> <p>10:30 <b>CE</b> Creative Art &amp; Music (CAE)</p> <p>12:30 <b>C</b> As We Reconvene (CAW)</p> <p>1:00 <b>J</b> LEGATO Frank Sinatra Trivia &amp; Music (CAW)</p> <p>2:30 <b>LL</b> Old Sayings (CA)</p> <p>3:00 <b>EF</b> Eat This Not That w/ Ipad (CA)</p> <p>4:00 <b>HF</b> Walk Outdoors (O)</p> <p>6:00 Games, Arts or Crafts w/ RSA (CAW)</p>	<p><b>10</b></p> <p>10:00 <b>HF</b> Happy Feet (CAW)</p> <p>10:30 <b>CV</b> Making Blankets For The Homeless (CAE)</p> <p>12:30 <b>C</b> Reunify Our Group (CAW)</p> <p>1:00 <b>CE</b> Creative Hour w/ Family &amp; Friends (CAE)</p> <p>2:30 <b>HF</b> Pizza Toss Game (CA)</p> <p>3:00 <b>J</b> LEGATO "Famous Weddings" (CA)</p> <p>4:00 <b>IS</b> Aromatherapy &amp; Smooth Jazz Music (CAW)</p> <p>6:00 Sing Along w/ RSA (CAW)</p>
<p><b>11</b></p> <p>10:00 <b>HF</b> Fun Fitness (CA)</p> <p>10:30 <b>CE</b> Gardening With Friends (O)</p> <p>10:45 <b>J</b> LEGATO "Polish Music, Artist &amp; Songs" (CA)</p> <p>12:30 <b>C</b> Let's Meet Again (CAW)</p> <p>1:00 <b>CE</b> Quick N' Easy Cooking Favorites (CAW)</p> <p>2:00 <b>PA</b> Occupations (CA)</p> <p>2:30 <b>EF</b> Meet &amp; Greet Social Party w/ Eric H. (Man)</p> <p>4:00 <b>HF</b> Walking Club (O)</p> <p>6:00 Puzzles With RSA (CAE)</p>	<p><b>12</b></p> <p><b>Happy B'Day Robert Clarke PRESIDENT LINCOLN'S BIRTHDAY</b></p> <p>10:00 <b>HF</b> Stretch &amp; Flex (CAW)</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 Scrapbooking "Our New Memento Book" (CAE)</p> <p>12:30 <b>C</b> As We Reconvene (CAW)</p> <p>1:00 <b>IS</b> Monday Manicures (CAW)</p> <p>2:30 <b>LL</b> Encourage Me (CA)</p> <p>3:00 <b>EF</b> 4 Pic's In A Word w/ Ipad (CA)</p> <p>4:00 <b>HF</b> LEGATO Dancing to Our Favorite Tunes (CAW)</p> <p>6:00 Fun Word Games w/ RSA (CAW)</p>	<p><b>13</b></p> <p><b>MARDI GRAS</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin' (CAW)</p> <p>10:30 <b>J</b> LEGATO "Uplifting Songs w/ Ruth" (CAW)</p> <p>12:30 <b>C</b> Let's Get Together (CAW)</p> <p>1:00 <b>CE</b> A New World of Art w/ Sharon (CAW)</p> <p>2:00 <b>AW</b> Residents Storywise w/ IPAD (Man)</p> <p>3:00 <b>EF</b> MARDI GRAS PARTY w/ Creig &amp; Band (AL) (HR)</p> <p>3:30 <b>HF</b> Pizza Toss Game (CA)</p> <p>4:00 Trivia &amp; Facts (CA)</p> <p>6:00 <b>LL</b> Atria's Alphabet w/ RSA</p>	<p><b>14</b></p> <p><b>VALENTINE'S DAY</b></p> <p>10:00 <b>HF</b> LEGATO "Energize w/ Genesis"</p> <p>10:30 <b>CE</b> Imagination Creations w/ Amber &amp; Friends (CAE)</p> <p>12:30 <b>C</b> Reunify Our Group (CAW)</p> <p>1:00 <b>BINGO</b> (CA)</p> <p>2:30 <b>PA</b> Decorate For Valentines (CA)</p> <p>3:00 <b>EF</b> Disco &amp; Boogie Valentines Dance w/ Joe (Man)</p> <p>3:00 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL (TH)</p> <p>4:00 <b>HF</b> Walking Club (CA)</p> <p>6:00 <b>EF</b> Board Games w/ RSA (CAW)</p>	<p><b>15</b></p> <p>10:00 <b>HF</b> Commit To Be Fit (CA)</p> <p>10:30 <b>EF</b> Out Trip "Sanford River Walk" (O)</p> <p>12:30 <b>C</b> Let's Meet Again (CAW)</p> <p>1:00 <b>CE</b> Cookin' &amp; Bakin' Hour (CA)</p> <p>2:30 <b>J</b> LEGATO "Let's Make Music" (CA)</p> <p>3:00 <b>EF</b> Entertainment "Carol Roberts" (CA)</p> <p>4:00 <b>HF</b> Movin' &amp; Groovin' (CAW)</p> <p>6:00 <b>CE</b> Poetry Hour w/ RSA (CA)</p>	<p><b>16</b></p> <p><b>CHINESE NEW YEAR</b></p> <p>10:00 <b>HF</b> Morning Stretch (CAW)</p> <p>10:30 Chinese New Year Facts &amp; Crafts (CAE)</p> <p>12:30 <b>C</b> As We Reconvene (CAW)</p> <p>1:00 Puzzles &amp; Table Games w/ Friends (CAE)</p> <p>2:00 <b>CV</b> Pet's By Judy (CA)</p> <p>3:00 <b>J</b> LEGATO Chinese Music &amp; Culture Celeb. (Man)</p> <p>4:00 <b>HF</b> Walking Club (O)</p> <p>6:00 Arts &amp; Crafts w/ RSA (CAE)</p>	<p><b>17</b></p> <p>10:00 <b>HF</b> Happy Feet (CAW)</p> <p>10:30 <b>CV</b> Making Blankets For The Homeless (CAE)</p> <p>12:30 <b>C</b> Reunify Our Group (CAW)</p> <p>1:00 <b>CE</b> Creative Hour w/ Family &amp; Friends (CAW)</p> <p>2:00 <b>J</b> LEGATO "Opera Music" (CA)</p> <p>3:30 <b>EF</b> Len The Music Instr. (Man)</p> <p>4:00 <b>IS</b> Aromatherapy &amp; Instrumental Music (CA)</p> <p>6:00 <b>HF</b> Balance &amp; Strength w/ RSA (CAW)</p>
<p><b>18</b></p> <p>10:00 <b>HF</b> Fun Fitness (CAW)</p> <p>10:30 <b>CE</b> Gardening With Friends (O)</p> <p>10:45 <b>J</b> LEGATO Irish Music, Artist &amp; Songs" (CA)</p> <p>12:30 <b>C</b> Let's Meet Again (CAW)</p> <p>1:00 <b>CE</b> Quick N' Easy Cooking Favorites (CA)</p> <p>2:00 <b>CV</b> Angel Dog Therapy</p> <p>3:00 <b>EF</b> Children Of The World w/ Ipad (CA)</p> <p>4:00 Afternoon Chat (TB)</p> <p>6:00 <b>HF</b> A Walk Through Our Garden (O)</p>	<p><b>19</b></p> <p><b>PRESIDENTS' DAY</b></p> <p>10:00 <b>HF</b> Stretch &amp; Flex (CAW)</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 <b>CE</b> Scrapbooking "Our New Memento Book" (CAE)</p> <p>12:30 <b>C</b> As We Reconvene (CAW)</p> <p>1:00 <b>IS</b> Monday Manicures (CAW)</p> <p>2:30 <b>LL</b> Name 5 (CA)</p> <p>3:00 <b>EF</b> Presidents Day Celebration (AL) (HR)</p> <p>4:00 <b>HF</b> LEGATO: Chair Dancing (CAW)</p> <p>6:00 Fun Word Games w/ RSA (CAW)</p>	<p><b>20</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin' (CAW)</p> <p>10:30 <b>IS</b> Uplifting Songs w/ RUTH (CA)</p> <p>12:30 <b>C</b> Let's Get Together (CAW)</p> <p>1:00 <b>CE</b> Arts, Games &amp; Craft Hour (CAE)</p> <p>2:00 <b>AW</b> Residents Storywise w/ IPAD</p> <p>3:00 <b>J</b> LEGATO "Say It With A Song" (CA)</p> <p>4:00 <b>HF</b> Pizza Toss Game (CA)</p> <p>6:00 <b>PA</b> Flashback Fashions w/ RSA (CA)</p>	<p><b>21</b></p> <p>10:00 <b>HF</b> LEGATO: Energize w/ Genesis (CAW)</p> <p>10:30 <b>CE</b> Imagination Creations w/ Amber &amp; Friends (CAW)</p> <p>12:30 <b>C</b> Reunify Our Group (Hav)</p> <p>1:00 <b>BINGO</b> (CAE)</p> <p>2:30 <b>AW</b> Wisdom of Curiosity Book (CA)</p> <p>3:00 <b>EF</b> A Touch of Class w/ Mike Mckelvey (Man)</p> <p>3:00 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL (TH)</p> <p>4:00 <b>HF</b> Move To The Beat (CAW)</p> <p>6:00 <b>EF</b> Board Games w/ RSA (CAW)</p>	<p><b>22</b></p> <p><b>PRESIDENT WASHINGTON'S BIRTHDAY</b></p> <p>10:00 <b>HF</b> Commit To Be Fit (CAW)</p> <p>10:30 <b>EF</b> Out Trip "Black Bear Wilderness Area" (O)</p> <p>12:30 <b>C</b> Let's Meet Again (CAW)</p> <p>1:00 <b>CE</b> Cookin' &amp; Bakin' Hour (CA)</p> <p>2:00 <b>EF</b> Afternoon Movie Matinee &amp; Popcorn (CA)</p> <p>3:30 <b>J</b> LEGATO "Residents' Favorite Love Songs" (CA)</p> <p>4:00 <b>HF</b> The Walking Club (O)</p> <p>6:00 <b>PA</b> Sharing the Way Life Stories w/ RSA (CA)</p>	<p><b>23</b></p> <p><b>RESIDENTS' BIRTHDAY PARTY</b></p> <p>10:00 <b>HF</b> Morning Stretch (CAW)</p> <p>10:30 <b>CE</b> Artwork &amp; Music (CAE)</p> <p>12:30 <b>C</b> As We Reconvene (CAW)</p> <p>1:00 LEGATO "Best Birthday Music &amp; Song" (CA)</p> <p>2:00 <b>PA</b> Decorate With Me (CA)</p> <p>3:00 <b>EF</b> Residents B'Day Party w/ Tina Stefanos (CA)</p> <p>4:00 <b>HF</b> Daily Intentional Walking (O)</p> <p>4:00 <b>IS</b> Shabbat w/ The Jewish Pavilion (AR)</p> <p>6:00 <b>LL</b> Today In History &amp; Trivia w/ RSA</p>	<p><b>24</b></p> <p>10:00 <b>HF</b> Chair Dancing (CAW)</p> <p>10:30 <b>CV</b> Making Dog Biscuits for Animal Shelter (CAE)</p> <p>12:30 <b>C</b> Reunify Our Group (CAW)</p> <p>1:00 <b>CE</b> Creative Hour w/ Family &amp; Friends (CAW)</p> <p>2:30 <b>HF</b> Pizza Toss Game (CA)</p> <p>3:00 <b>EF</b> Wheel of Fortune® w/ Ipad (CA)</p> <p>4:00 <b>J</b> LEGATO Aromatherapy &amp; Beethoven Classics (CA)</p> <p>6:00 Residents Choice Sing Along w/ RSA (CAW)</p>
<p><b>25</b></p> <p>10:00 <b>HF</b> Fun Fitness (CAW)</p> <p>10:30 <b>CE</b> Gardening With Friends (O)</p> <p>10:45 <b>J</b> Legato Japanese Music, Artist &amp; Songs (CA)</p> <p>12:30 <b>C</b> Let's Get Together (CAW)</p> <p>1:00 <b>CE</b> Quick N' Easy Cooking Favorites (CAE)</p> <p>2:00 <b>IS</b> St. Andrews Fellowship (Man)</p> <p>2:30 <b>HF</b> Walking Club (O)</p> <p>3:00 <b>EF</b> Wheel of Fortune® w/ I Pad (CA)</p> <p>4:00 <b>C</b> At The Close Of The Day (CAW)</p> <p>6:00 Puzzle Time w/ RSA (CAE)</p>	<p><b>26</b></p> <p>10:00 <b>HF</b> Stretch &amp; Flex (CAW)</p> <p>10:15 <b>CV</b> Signature Program "The Reading Corner" (B)</p> <p>10:30 <b>CE</b> Scrapbooking "Our New Memento Book" (CAE)</p> <p>12:30 <b>C</b> As We Reconvene (CAW)</p> <p>1:00 <b>IS</b> Monday Manicures (CAW)</p> <p>2:00 <b>J</b> LEGATO "Nancy Sinatra's #1 Hits" (CA)</p> <p>3:00 <b>EF</b> Celebrate w/ The Krooner's (A.L.) (HR)</p> <p>4:00 <b>PA</b> Exploring Different Cultures w/ Ipad (CA)</p> <p>6:00 <b>HF</b> Flex &amp; Stretch w/ RSA (CAW)</p>	<p><b>27</b></p> <p><b>Happy B'Day Andrew Braytenbah</b></p> <p>10:00 <b>HF</b> Movin' &amp; Groovin' (CAW)</p> <p>10:30 <b>IS</b> Uplifting Songs w/ RUTH (CAW)</p> <p>12:30 <b>C</b> Let's Get Together (CAW)</p> <p>1:00 <b>CE</b> A New World of Art w/ Sharon (CAE)</p> <p>2:00 <b>AW</b> Residents Storywise w/ IPAD (TB)</p> <p>3:00 <b>J</b> LEGATO "Johnny Cash Favorite Hits" (CA)</p> <p>4:00 Fun With Words (CA)</p> <p>6:00 <b>HF</b> Move to the Beat w/ RSA (CAW)</p>	<p><b>28</b></p> <p><b>Happy B'Day J. Bourg &amp; B. Shiffman PURIM BEGINS</b></p> <p>10:00 <b>HF</b> Energize w/ Genesis (CAW)</p> <p>10:30 <b>CE</b> Imagination Creations w/ Amber &amp; Friends (CAW)</p> <p>12:30 <b>C</b> Reunify Our Group (CAW)</p> <p>1:00 <b>BINGO</b> (CAE)</p> <p>2:00 <b>J</b> LEGATO "Let's Make Music" (CAE)</p> <p>3:00 <b>EF</b> Entertainment "Eric Hall" (Man)</p> <p>3:00 <b>IS</b> Journey to Jesus - Lakeside Methodist-AL (TH)</p> <p>4:00 <b>HF</b> Pizza Toss Game (CAW)</p> <p>6:00 <b>EF</b> Board Games w/ RSA (CAW)</p>	<p><b>ROOM LOCATION KEY:</b></p> <p>Common Area West CAW</p> <p>Bus B</p> <p>Common Area CA</p> <p>The Manor Man</p> <p>Common Area East CAE</p> <p>Outdoors O</p> <p>Heritage Room HR</p> <p>Activity Room AR</p> <p>Theater TH</p> <p>The Balcony TB</p> <p>The Haven Hav</p>		