

# ASSISTED LIVING

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Oktoberfest Celebration**  
Monday, October 2, 3:30 pm

**Grease Lightning w/  
Craig and the Gang**  
Monday, October 16, 3:30 pm

**Halloween Extravaganza &  
Costume Contest**  
Tuesday, October 31, 3:00 pm

*Atria*  
SENIOR LIVING

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# OCTOBER 2017

# ATRIA PARK OF LAKE FOREST assisted living

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

9:45 **IS** Grace Fellowship Church (B)  
10:30 **IS** Catholic Service (C)  
10:30 **IS** Central Baptist Church (B)  
1:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
1:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
1:30 **IS** Rosary Prayers (C)  
2:00 **CE** Sensible Snackin' w/ Thalia (AR) [ELI]  
3:30 Bingo (HR)  
6:00 No Sew Blankets (AR)  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:45 **IS** Grace Fellowship Church (B)  
10:30 **IS** Catholic Service (C)  
10:30 **IS** Central Baptist Church (B)  
1:00 **HF** Positive Stretching w/ Weights (HR) [ELI]  
1:30 **CV** Angel Snugs (GR)  
1:30 **IS** Rosary Prayers (C)  
1:30 **HF** Sunday Funday Exercise (Mini Golf) (HR) [ELI]  
2:00 **IS** St. Andrew's Church Service (HR)  
3:30 Bingo (HR)  
6:00 **HF** Engage Your Brain Trivia w/ Engage Life® (TH)  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:45 **IS** Grace Fellowship Church (B)  
10:30 **IS** Catholic Service (C)  
10:30 **IS** Central Baptist Church (B)  
1:00 **HF** Positive Stretching w/ Weights (HR) [ELI]  
1:30 **IS** Rosary Prayers (C)  
1:30 **HF** Sunday Funday Exercise (Music) (HR)  
2:00 **CE** Sensible Snackin' w/ Thalia (AR) [ELI]  
2:30 **CV** Angel Therapy Dogs (FL)  
3:30 Bingo (HR)  
6:00 No Sew Blankets (AR)  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:45 **IS** Grace Fellowship Church (B)  
10:30 **IS** Catholic Service (C)  
10:30 **IS** Central Baptist Church (B)  
1:00 **HF** Positive Stretching w/ Weights (HR) [ELI]  
1:30 **IS** Rosary Prayers (C)  
1:30 **HF** Sunday Funday Exercise (Horseshoes) (HR)  
2:00 **LL** Jeopardy!® (AR)  
3:30 Bingo (HR)  
6:00 **HF** Engage Your Brain Trivia w/ Engage Life® (TH)  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:45 **IS** Grace Fellowship Church (B)  
10:30 **IS** Catholic Service (C)  
10:30 **IS** Central Baptist Church (B)  
1:00 **HF** Positive Stretching w/ Weights (HR) [ELI]  
1:30 **IS** Rosary Prayers (C)  
1:30 **HF** Sunday Funday Exercise (Music) (HR) [ELI]  
2:00 **CE** Sensible Snackin' w/ Thalia (AR) [ELI]  
3:30 Bingo (HR)  
6:00 **LL** Late Night Trivia w/ Thalia (LR) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CE** Handmade Beads w/ Andrea (AR)  
11:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
12:30 **C** Lake Mary Senior Center (B)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **CE** Sing Along (LR) [ELD]  
2:00 **Wii**® Bowling (TH)  
3:30 **EF** Oktoberfest Celebration (HR) [ELD]  
6:00 **LL** Wheel of Fortune® w/ Arya (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
6:30 **PA** Let's Play Bridge! (Resident Run) (1EW)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CE** DIY w/ Leslie (AR) [ELI]  
11:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
12:30 **C** Cards at Lake Mary Senior Center (B)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **CE** Sing Along (LR) [ELD]  
2:00 **LL** Wii®: Who Wants to Be A Millionaire (TH)  
3:30 **EF** Columbus Day w/ Paul DeRitter (HR)  
6:00 **LL** Wheel of Fortune® w/ Arya (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
6:30 **PA** Let's Play Bridge! (Resident Run) (1EW)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CE** Jewelry Making w/ Arya (AR) [ELI]  
11:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
12:30 **C** Cards at Lake Mary Senior Center (B)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **CE** Musical Bingo (AR) [ELD]  
2:00 **Wii**® Bowling (TH)  
3:00 **UNO**® w/ Arya (AR)  
3:30 **EF** Grease Lightning w/ Craig and the Gang (HR)  
6:00 **LL** Wheel of Fortune® w/ Arya (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
6:30 **PA** Let's Play Bridge! (Resident Run) (1EW)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CE** Pampering Class w/ Thalia (AR)  
11:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
12:30 **C** Cards at Lake Mary Senior Center (B)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **CE** Sing Along (LR) [ELD]  
2:00 **LL** Wii®: Who Wants to Be A Millionaire (TH)  
3:00 **EF** The Classics w/ Charlie Russo (HR)  
6:00 **LL** Wheel of Fortune® w/ Arya (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
6:30 **PA** Let's Play Bridge! (Resident Run) (1EW)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Positive Stretching w/ Weights (HR)  
10:00 **CE** Jewelry Making w/ Arya (AR) [ELI]  
11:00 **HF** Leisurely Stroll (Meet in the Lobby) (O)  
12:30 **C** Cards at Lake Mary Senior Center (B)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **CE** SingFit (LR) [ELD]  
2:00 **Wii**® Bowling (TH)  
3:30 Bingo (HR)  
6:00 **LL** Wheel of Fortune® w/ Arya (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
6:30 **PA** Let's Play Bridge! (Resident Run) (1EW)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Yoga and Stretching (HR) [ELI]  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:00 **Publix** (B)  
10:30 **CE** Sing Along (LR)  
11:00 **LL** Coffee and Crosswords (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **EF** The Price is Right®! (iPad Programming) (TH)  
1:30 **LL** That's Debatable (Debate Club) (TH)  
2:00 **Atria Book Worms:** The Wisdom of Curiosity (VW)  
2:00 Bingo (HR)  
3:00 **PA** Resident Council Meeting (3-4pm) (HR)  
4:00 **IS** Bible Study (TH)

9:30 **HF** Yoga and Stretching (HR) [ELI]  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:30 **CE** Sharon's Picasso Studio (AR)  
10:30 **CE** Sing Along (LR)  
10:30 **C** Veteran's Discussion (VW)  
11:00 **LL** Coffee and Crosswords (TH)  
1:00 **EF** 4 Pics 1 Word (iPad Programming) (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **Publix** (B)  
1:30 **LL** Word Cookies (iPad Programming) (TH)  
2:00 **Atria Book Worms:** The Wisdom of Curiosity (HR)  
2:00 **HF** Learn to Dance w/ Joe Sullen (HR)

9:30 **HF** Yoga and Stretching (HR) [ELI]  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:00 **Publix** (B)  
10:30 **CE** Sharon's Picasso Studio (AR)  
10:30 **CE** Sing Along (LR)  
11:00 **LL** Coffee and Crosswords (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **EF** The Price is Right®! (iPad Programming) (TH)  
1:30 **LL** That's Debatable (Debate Club) (TH)  
2:00 **Atria Book Worms:** The Wisdom of Curiosity (VW)  
3:30 Bingo (HR)  
4:00 **IS** Bible Study (TH)

9:30 **HF** Yoga and Stretching (HR) [ELI]  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:30 **C** Men's Club (Veteran Discussion) (VW)  
10:30 **CE** Sharon's Picasso Studio (AR)  
10:30 **CE** Sing Along (LR)  
11:00 **LL** Coffee and Crosswords (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **Publix** (B)  
1:00 **LL** Word Cookies (iPad Programming) (TH)  
1:30 **LL** What's Saying? (iPad Programming) (TH)  
2:00 **Atria Book Worms:** The Wisdom of Curiosity (VW)  
2:00 **LL** FaceTime with Genesis (Q & A) Dementia (HR)

9:30 **HF** Yoga and Stretching (HR)  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:00 **Publix** (B)  
10:30 **CE** Sharon's Picasso Studio (AR)  
10:30 **CE** Sing Along (LR)  
11:00 **LL** Coffee and Crosswords (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **EF** The Price is Right®! (iPad Programming) (TH)  
1:30 **LL** That's Debatable (Debate Club) (TH)  
2:00 **Atria Book Worms:** The Wisdom of Curiosity (VW)  
3:00 **EF** Halloween Extravaganza & Costume Contest (HR) [ELD]  
4:00 **IS** Bible Study (TH)

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CV** Sunshine Club (AR) [ELD]  
10:30 **CV** Sunshine Club: Handbags 4 The Homeless (AR) [ELD]  
11:00 **HF** Downtown Leisurely Stroll w/ Engage Life® (B) [ELI]  
11:00 **PA** World Discussions w/ George (AR)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **PA** Beginners Billiards (Resident Run) (GR)  
1:30 **LL** Eat This Not That (iPad Trivia) (AR)  
2:00 **CE** What's Cooking? (AR) [ELI]  
3:00 **IS** Journey to Jesus w/ Lakeside Methodist (TH)  
3:00 **UNO**® w/ Arya (AR) [ELI]  
3:30 Rummikub® (AR)

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CV** Sunshine Club (AR) [ELD]  
10:30 **CV** Sunshine Club: Handbags 4 The Homeless (AR) [ELD]  
11:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
11:00 **PA** World Discussions w/ George (AR)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **PA** Beginners Billiards (Resident Run) (GR)  
1:30 **LL** Eat This Not That (iPad Trivia) (AR)  
2:00 **CE** What's Cooking? (AR) [ELI]  
3:00 **IS** Journey to Jesus w/ Lakeside Methodist (TH)  
3:00 **EF** Wild Card Games (AR)  
3:30 Canasta (AR) [ELI]

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CV** Sunshine Club (AR) [ELD]  
10:30 **CV** Sunshine Club: Handbags 4 The Homeless (AR) [ELD]  
11:00 **HF** Leisurely Stroll (Meet in Lobby) (O) [ELI]  
11:00 **PA** World Discussions w/ George (AR)  
1:00 **CV** Bake Sale for Cancer Research (1-3pm) (VW) [ELI]  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **PA** Beginners Billiards (Resident Run) (GR)  
1:30 **LL** Eat This Not That (iPad Trivia) (AR)  
3:00 **IS** Journey to Jesus w/ Lakeside Methodist (TH)  
3:30 Rummikub® (AR)  
4:00 Wine & Dine (LR)

9:30 **HF** Positive Stretching w/ Weights (HR) [ELI]  
10:00 **CV** Sunshine Club (AR) [ELD]  
10:30 **IS** Catholic Mass (C)  
10:30 **CV** Sunshine Club: Handbags 4 The Homeless (AR) [ELD]  
11:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
11:00 **PA** World Discussions w/ George (AR)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **PA** Beginners Billiards (Resident Run) (GR)  
1:30 **LL** Eat This Not That (iPad Trivia) (AR)  
2:00 **CE** What's Cooking? (AR) [ELI]  
3:00 **IS** Journey to Jesus w/ Lakeside Methodist (TH)  
3:30 Canasta (AR)



**PA** Personal Achievement  
**HF** Health & Fitness  
**EF** Entertainment & Fun  
**CV** Civic Engagement  
**LL** Lifelong Learning  
**CE** Creative Expression  
**IS** Inspiration & Spirituality  
**C** Connection  
**W** Wisdom of Curiosity  
**L** Legato

9:30 **HF** Yoga and Stretching (HR) [ELI]  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:30 **LL** Coffee and Crosswords (TH)  
11:00 **C** Lunch Outing: Emmy's Time Out Tavern (B)  
11:00 **LL** World Discussion (AR) [ELD]  
1:00 **IS** Good Things From the Earth (AR)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **Wild Card Games** (AR)  
2:00 Canasta (AR)  
3:30 Bingo (HR)  
6:00 **LL** Late Night Trivia w/ Engage Life® (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)

9:30 **HF** Yoga and Stretching (HR) [ELI]  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:30 **LL** Coffee and Crosswords (TH)  
11:00 **IS** Fellowship w/ Executive Director (TH)  
1:00 **LL** The Making of America w/ Monte (TH)  
2:00 **C** Activity Planning Meeting (AR) [ELD]  
2:30 Food For Thought (AR) [ELD]  
3:30 Bingo (HR)  
6:00 **LL** Late Night Trivia w/ Engage Life® (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Yoga & Stretching (HR) [ELI]  
10:00 **HF** AHT Hearing Aid Checks (DRS)  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:00 **C** Scenic Drive w/ Engage Life®: Sea Life (B)  
10:30 **LL** Coffee and Crosswords (TH)  
11:00 **PA** Ambassador Club Meeting (AR) [ELD]  
1:00 **CV** Bake Sale for Cancer Research (1-3pm) (VW)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **Skip-Bo™** (AR)  
2:30 **C** Hobby Lobby (B)  
3:30 Bingo (HR)  
6:00 **LL** Order in the Court w/ Engage Life® (TH) [ELI]

9:30 **HF** Yoga & Stretching (HR) [ELI]  
10:00 **HF** Balance in Action w/ Genesis (HR)  
10:30 **LL** Coffee & Crosswords (TH)  
11:00 **IS** Fellowship w/ Executive Director (TH)  
12:30 **C** Scenic Drive: Cassadaga (B)  
1:00 Canasta (AR)  
1:00 **PA** Poker (Resident Run) (GR)  
1:30 **IS** Aromatherapy (TH)  
2:00 **IS** Name that Hymn w/ Connie & Wayne (HR)  
2:30 **UNO**® w/ Arya (AR) [ELI]  
3:30 Bingo (HR)  
6:00 **LL** Late Night Trivia w/ Engage Life® (TH) [ELI]

9:30 **HF** Chair Exercises w/ Engage Life® (HR) [ELI]  
10:00 **PA** Learning Spanish w/ George Resident Led (VW)  
10:00 **LL** Scrabble® (AR)  
10:00 Walmart (B)  
10:30 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
11:00 **LL** Words in a Word (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **CE** Sing Along w/ Jim (HR)  
2:00 **LL** Jeopardy!® (AR)  
3:00 **EF** October Birthday Bash/Social Hour (HR) [ELD]  
6:00 **LL** Order in the Court w/ Engage Life® (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Led) (GR)

9:30 **HF** Chair Exercises w/ Engage Life® (HR) [ELI]  
10:00 **PA** Learning Spanish w/ George Resident Led (VW)  
10:00 **LL** Scrabble® (AR)  
10:30 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
11:00 **LL** Words in a Word (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **Walmart** (B)  
2:00 **LL** Jeopardy!® (AR)  
3:00 **EF** Atria Auction (HR)  
4:00 Wine & Dine (LR)  
6:00 **LL** Order in the Court w/ Engage Life® (TH) [ELI]

9:30 **HF** Chair Exercises w/ Engage Life® (HR) [ELI]  
10:00 **CE** Beautiful Creations (AR)  
10:00 **PA** Learning Spanish w/ George Resident Led (VW)  
10:00 Walmart (B)  
10:30 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
11:00 **LL** Words in a Word (TH)  
1:00 **LL** Jeopardy!® (AR)  
1:00 **PA** Poker (Resident Run) (GR)  
2:30 **CV** Pet Parade & Costume Contest (AR)  
4:00 Wine & Dine (LR)  
6:00 **LL** Order in the Court w/ Engage Life® (TH) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)

9:30 **HF** Chair Exercises w/ Engage Life® (HR) [ELI]  
10:00 **PA** Learning Spanish w/ George Resident Led (VW)  
10:00 **LL** Scrabble® (AR)  
10:30 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
11:00 **LL** Words in a Word (TH)  
1:00 **PA** Poker (Resident Run) (GR)  
1:00 **Walmart** (B)  
1:00 **Wild Card Games** (AR)  
1:30 **Dominoes** (AR)  
2:00 **LL** Jeopardy!® (AR)  
2:30 **EF** Mahjong w/ Jewish Pavilion (VW)  
4:00 **IS** Shabbat & Sukkot w/ The Jewish Pavilion (AR)

9:30 **HF** Positive Stretching (HR) [ELI]  
10:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
10:30 **LL** Wii®: Jeopardy!® (TH)  
11:00 **LL** Coffee and Crosswords/Trivia (TH) [ELI]  
1:30 **HF** Weekend SingFit - Music & Movement (LR) [ELI]  
2:00 **Wii**® Bowling (TH)  
3:30 Bingo (HR)  
6:00 **UNO**® w/ Engage Life® (AR) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Positive Stretching (HR) [ELI]  
10:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
10:30 **LL** Wii®: Jeopardy!® (TH)  
11:00 **LL** 1001 World Wonders (See the World) (TH)  
1:00 **EF** Atria Park Concession (1:00-1:15pm) (TH)  
1:30 **CE** Craft Corner w/ Engage Life® (AR)  
1:30 **EF** Weekend Matinee Movie (TH)  
3:30 Bingo (HR)  
6:00 **LL** Late Night Trivia w/ Engage Life® (TH)  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Positive Stretching (HR) [ELI]  
10:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
10:30 **LL** Wii®: Jeopardy!® (TH)  
11:00 **LL** Coffee and Crosswords/Trivia (TH) [ELI]  
1:00 **LL** Afternoon Trivia (AR) [ELI]  
2:00 **EF** Weekend Melodies of Olivia Stone  
3:30 Bingo (HR)  
6:00 **Dominoes** w/ Engage Life® (FL)  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

9:30 **HF** Balance in Action (HR) [ELI]  
10:00 **HF** Leisurely Stroll (Meet in the Lobby) (O) [ELI]  
10:30 **LL** Wii®: Jeopardy!® (TH)  
11:00 **LL** 1001 World Wonders (TH)  
1:00 **LL** Tech Class Tablets/Phones/Laptops (AR)  
1:30 **EF** Toss Four (Hit the Target) (LR)  
2:00 **LL** 1001 World Wonders (See the World) (TH)  
3:30 Bingo (HR)  
6:00 **Wild Card Game** Night w/ Engage Life® (AR) [ELI]  
6:30 **PA** Billiards Club (Resident Run) (GR)  
7:30 **EF** Movie (In-House Channel 81 Also) (TH)

**ROOM LOCATION KEY:**

Bus	B	Front Lobby	FL
Chapel	C	Doctors Office	DRS
Outdoors	O		
Heritage Room	HR		
Activity Room	AR		
Great Room	GR		
Theater	TH		
Living Room	LR		
1st Floor East Wing	1EW		
The View	VW		

**STAFF KEY:**

Leslie Montanez	ELI
Thalia Cruz	ELI
Angelica Esquerdo	ELD
Arya Siggers	ELI
Jim Weeks	ELI

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# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Meet & Greet Social Hour Party**

Sunday, October 15, 3:00 pm

**LEGATO "Flashback Music"  
w/ Midge**

Thursday, October 19, 3:00 pm

**Alice In Wonderland  
Halloween Party**

Tuesday, October 31, 3:00 pm

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# OCTOBER 2017

# ATRIA PARK OF LAKE FOREST Harbor / Haven

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**LEGATO The 80's Style & Music** **1**  
 10:00 **HF** Fun Fitness  
 10:30 **CE** Sunday Funday Baking Hour  
 12:30 **C** Let's Get Together  
 1:00 **CE** Gardening with Friends  
 2:00 **LL** LEGATO The 80's Style & Music  
 3:00 **HF** Toss & Talk Ball  
 3:30 **EF** LEGATO Learning Music w/ LEN M.C. (Man)  
 4:00 **IS** Holding Your Hand  
 6:00 Board Games w/ RSA

**HAPPY B'DAY JEANNE ROBINSON OKTOBERFEST CELEBRATION** **2**  
 10:00 **HF** LEGATO Dance to Hip Hop, R&B & Soul  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **IS** LEGATO "Inspirational Music"  
 10:30 **EF** Out Trip "THE HARBOUR"  
 12:30 **C** Reunify Our Group  
 1:00 **IS** Manicures & Hand Massage  
 2:30 **PA** Oktoberfest Trivia w/ iPad  
 3:30 **EF** Oktoberfest Celebration (AL) (HR)  
 4:00 **HF** Balloon Ball Toss  
 6:00 Puzzles/Word Games w/ RSA

**HAPPY B'DAY JUANITA PAPINO** **3**  
 10:00 **HF** LEGATO "Exercise To Patriotic Music"  
 10:30 **CE** Collages/Puzzles  
 10:30 **EF** Out Trip "THE HAVEN"  
 1:00 LEGATO Instrument Play Along "Rick Nelson"  
 1:00 **LL** Men's Club w/ George  
 2:00 **IS** Showing Compassion One on One w/ You  
 3:00 **EF** Joe The Ballroom Dancer (Man)  
 4:00 Fun With Words  
 6:00 **HF** Stretch & Flex w/ RSA  
 6:30 **ALZHEIMER'S SUPPORT GROUP** (A.L.) (AR)

**4**  
 10:00 **HF** Flex & Stretch  
 11:00 **CE** Watering Our Garden  
 12:30 **C** Let's Meet Again  
 1:00 **CE** Games, Arts or Crafts  
 2:00 **EF** Welcome To The Neighborhood Party (Man)  
 2:30 **EF** LEGATO "Bob Dylan" w/ Bernard Clement (Man)  
 3:30 **IS** One On One With You  
 4:00 **HF** Daily Intentional Walking  
 6:00 Card Games w/ RSA

**5**  
 10:00 **HF** Movin' & Groovin'  
 10:30 Musical Bingo  
 12:30 **C** Let's Get Together  
 1:00 **LL** LEGATO "Musical Art"  
 2:30 **PA** Who Is It Trivia & Popcorn  
 3:00 **IS** Spa Time: Manicures  
 4:00 **HF** Happy Feet  
 6:00 **LL** Atria's Alphabets w/ RSA

**6**  
 10:00 **HF** LEGATO Strength & Balance  
 10:30 **CE** SINGFIT  
 12:30 **C** We Meet Again  
 1:00 **CE** Painting w/ Music  
 2:30 **LL** Talking About Art  
 3:00 **EF** LEGATO Gladys Knight & The Pips (CA)  
 4:00 **HF** Balloon Volleyball  
 6:00 Sing Along w/ RSA

**7**  
 10:00 **HF** Morning Exercise  
 10:30 **CE** Poetry N' Nature  
 12:30 **C** Let's Meet Again  
 1:00 **CV** Making Dog Biscuits for Animal Shelter  
 2:30 **PA** I Cast My Vote For...  
 3:00 **EF** LEGATO "AMERICAN BAND STAND" (CA)  
 4:00 **HF** LEGATO "Walking To Music"  
 6:00 **LL** Today In History w/ RSA

**HAPPY B'DAY IRMA J. KIES** **8**  
 10:00 **HF** LEGATO: Fun Fitness  
 10:30 **CE** Sunday Funday Baking  
 12:30 **C** Let's Get Together  
 1:00 **CE** Gardening with Friends  
 2:00 **PA** Affirmative Adjectives  
 2:30 **HF** Noodles & Balloons  
 3:00 **EF** LEGATO "Sunday Inspirations"  
 4:00 **PA** Travel The World IPAD  
 6:00 Puzzles w/ RSA

**COLUMBUS DAY** **9**  
 10:00 **HF** Movin' & Groovin'  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **IS** LEGATO "Inspirational Music"  
 10:30 **EF** Out Trip "THE HARBOUR"  
 12:30 **C** Reunify Our Group  
 1:00 **IS** Manicures & Hand Massage  
 2:30 **LL** Fun With Words  
 3:00 **EF** Columbus Day w/ Paul DeRitter (AL) (HR)  
 4:00 **HF** Pizza Toss Game  
 6:00 Karaoke Sing Along w/ RSA

**10**  
 10:00 **HF** LEGATO: Musical Exercise  
 10:30 **EF** Out Trip "THE HAVEN"  
 10:30 **CE** Painting With Bubbles  
 12:30 **C** We Meet Again  
 1:00 Scrapbooking  
 2:00 **LL** Men's Club w/ George  
 2:30 **LL** Give Me Five  
 3:00 **HF** Pizza Toss Game  
 3:30 **C** One On One With You  
 4:00 **C** Ask My Opinion  
 6:00 Word Games w/ RSA

**11**  
 10:00 **HF** Flex & Stretch  
 10:30 **EF** LEGATO Sing Along w/ Georgina Rae  
 11:00 **CE** Watering Our Garden  
 12:30 **C** Let's Meet Again  
 1:00 **CE** Expressive Arts & Crafts The Price is Right®  
 3:00 **IS** Journey to Jesus - Lakeside Methodist-AL (GR)  
 3:00 **EF** LEGATO The Waltz w/ Joe Dance Inst (Man)  
 4:00 **HF** Daily Intentional Walking  
 6:00 Name That Tune w/ RSA

**HAPPY B'DAY ELIZABETH PHILLIPS** **12**  
 10:00 **HF** Movin' & Groovin'  
 10:30 **EF** Musical Bingo  
 12:30 **C** Reunify Our Group  
 1:00 Painting w/ Music  
 2:30 **LL** Spelling Bee & Popcorn  
 3:00 **EF** LEGATO "Gospel Favorites"  
 4:00 **HF** LEGATO "Happy Feet"  
 6:00 **LL** Atria's Alphabets w/ RSA

**13**  
 10:00 **HF** Strength & Balance  
 10:30 **CE** Creating Jewelry  
 12:30 **C** We Meet Again  
 1:00 **LL** LEGATO "A Tribute To Patsy Cline"  
 2:30 **PA** All Around The World w/ iPad  
 3:00 **EF** Ent. Guitar Melodies of "Kevin Kress" (Man)  
 4:00 **HF** Afternoon Walk  
 6:00 Trivia w/ RSA

**14**  
 10:00 **HF** Musical Exercise  
 10:30 **CE** Poetry N' Nature  
 12:30 **C** Let's Meet Again  
 1:00 **CV** Making Blankets For The Homeless  
 2:30 **C** Affirming Adjectives  
 3:00 **C** LEGATO "Today's Country Music"  
 4:00 **HF** Afternoon Exercise "Bowling"  
 6:00 **LL** Atria's Alphabets w/ RSA

**MEET & GREET SOCIAL PARTY** **15**  
 10:00 **HF** LEGATO: Fun Fitness  
 10:30 **CE** Sunday Funday Baking  
 12:30 **C** Let's Get Together  
 1:00 **CE** Gardening with Friends  
 2:00 **PA** Today In History  
 2:30 **CV** Angel Therapy Dogs  
 3:00 **EF** Entertainment Jazz Singer "Eric Hall"  
 3:00 **EF** Meet & Greet Social Hour Party (Man)  
 4:00 **HF** Walking Club  
 6:00 Board Games w/ RSA

**16**  
 10:00 **HF** Movin' & Groovin'  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **IS** LEGATO "Inspirational Music"  
 10:30 **EF** Out Trip "THE HARBOUR"  
 12:30 **C** Reunify Our Group  
 1:00 **IS** Manicures & Hand Massage  
 2:30 **LL** Time Pieces  
 3:30 **EF** Grease Lightning w/ Craig & the Gang (AL) (HR)  
 4:00 **HF** Toss & Turn  
 6:00 Puzzles/Word Games w/ RSA

**17**  
 10:00 **HF** LEGATO - Musical Exercise  
 10:30 **CE** Art Hour "Sponge Painting"  
 10:30 **EF** Out Trip "THE HAVEN"  
 12:30 **C** We Meet Again  
 1:00 Scrapbooking  
 2:00 **LL** Men's Group w/ George  
 2:30 **IS** Showing Compassion One on One w/ You  
 3:00 **HF** Toss N' Talk Ball Game  
 3:30 **LL** LEGATO "HAIR" The Musical Trivia & Facts  
 4:00 **PA** Did You Ever?  
 6:00 What's In a Word with RSAs

**18**  
 10:00 **HF** Stretch & Flex  
 10:30 **EF** Sing Along w/ Georgina Rae  
 11:00 **CE** Watering Our Garden  
 12:30 **C** Let's Meet Again  
 1:00 **CE** Games, Arts or Crafts  
 2:00 **C** Cooking w/ Atria's Chef's (Har)  
 3:00 **IS** Journey to Jesus - Lakeside Methodist-AL (TH)  
 3:00 **EF** LEGATO "Celine Dion's" Favorite Hits  
 4:00 **HF** LEGATO: Balance & Strength  
 6:00 Sing Along w/ RSA

**HAPPY B'DAY LYNNE PRUITT** **19**  
 10:00 **HF** Movin' & Groovin'  
 10:30 **EF** Musical Bingo  
 12:30 **C** Let's Get Together  
 1:00 **CE** Expressive Arts "Sock Monkeys"  
 3:00 **EF** LEGATO "Flashback Music" w/ Midge (Man)  
 3:30 **C** I Am Grateful for ...  
 4:00 **HF** LEGATO "Dancing To My Favorite Song"  
 6:00 **LL** Atria's Alphabets w/ RSA

**20**  
 10:00 **HF** Strength & Balance  
 10:30 **CE** SINGFIT  
 12:30 **C** We Meet Again  
 1:00 **CE** LEGATO "B.B. King's #1 Hits"  
 2:00 **PA** Tell Me A Story  
 2:30 **CV** Pet's By Judy  
 3:00 **EF** LEGATO "Stevie Wonders #1 Hits"  
 4:00 **HF** Afternoon Walk  
 6:00 Trivia w/ RSA

**21**  
 10:00 **HF** LEGATO "Musical Exercise"  
 10:30 **CE** Poetry N' Nature  
 12:30 **C** Let's Meet Again  
 1:00 **CV** Making Blankets For The Homeless  
 2:00 **EF** What Saying? w/ iPad  
 2:30 **CE** Watering Our Garden  
 3:00 **EF** Playing Instruments w/ LEN M. (Man)  
 4:00 **HF** Ring Toss/Bowling Ball  
 6:00 Atria's Alphabets w/ RSA

**22**  
 10:00 **HF** LEGATO: Fun Fitness  
 10:30 **CE** Sunday Funday Baking  
 12:30 **C** Let's Get Together  
 1:00 **CE** Gardening with Friends  
 2:00 **IS** Fellowship w/ St. Andrews Church (Man)  
 3:00 **LL** Sharing Lifelong Memories  
 3:30 **PA** Discovering The World IPAD  
 4:00 **HF** Walking Club  
 6:00 Trivia w/ RSA

**23**  
 10:00 **HF** Movin' & Groovin'  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **IS** LEGATO "Inspirational Music"  
 10:30 **EF** Out Trip "THE HARBOUR"  
 12:30 **C** Reunify Our Group  
 1:00 **IS** Manicures & Hand Massage  
 2:00 **LL** If The Shoe Fits  
 3:00 **EF** The Classics w/ Charlie Russo (AL) (HR)  
 4:00 **HF** Toss & Turn  
 6:00 Puzzles/Word Games w/ RSA

**HAPPY B'DAY ADRIANNE BAYTOP UNITED NATIONS DAY** **24**  
 10:00 **HF** LEGATO: Musical Exercise  
 10:30 **CE** Creative Art "Painting Canvases"  
 10:30 **EF** Out Trip "THE HAVEN"  
 12:30 **C** We Meet Again  
 1:00 Scrapbooking  
 2:00 **LL** Men's Group w/ George  
 3:00 **EF** LEGATO "Tony Bennett Tribute"  
 4:00 **HF** Pizza Toss Game  
 6:00 Word Games with RSAs

**25**  
 10:00 **HF** Flex & Stretch  
 10:30 **EF** Sing Along w/ Georgina Rae  
 11:00 **CE** Watering Our Garden  
 12:30 **C** Let's Meet Again  
 1:00 **CE** Expressive Arts and Crafts  
 2:30 **LL** True Or False  
 3:00 **EF** Ent. Tom Evans (Har), Craig T. (Hav.)  
 3:00 **IS** Journey to Jesus - Lakeside Methodist-AL (TH)  
 4:00 **HF** LEGATO: Balance & Strength  
 6:00 Table/Board Games w/ RSA

**26**  
 10:00 **HF** Movin' & Groovin'  
 10:30 **EF** Musical Bingo  
 12:30 **C** Reunify Our Group  
 1:00 **CE** Crafts Hour "Velvet Art Posters"  
 2:30 **EF** LEGATO "Bill Hailley & The Comets"  
 3:00 **IS** Spa Time: Manicures  
 4:00 **HF** Tap Dance/Happy Feet  
 6:00 **LL** Atria's Alphabets w/ RSA

**HAPPY B'DAY STANLEY MISUNAS** **27**  
 10:00 **HF** Balance & Strength  
 10:30 **CE** LEGATO Andrea Bocelli's Songs of Love  
 12:30 **C** We Meet Again  
 1:00 **CE** Painting With Music  
 2:00 **PA** What Do We Have In Common?  
 3:00 **EF** Resident B'Day Party w/ Tina Stefanos (Man)  
 4:00 **HF** Afternoon Walk  
 4:00 **IS** Rosh Hashanah w/ Jewish Pavilion (A.L.) (AR)  
 6:00 Trivia w/ RSA

**28**  
 10:00 **HF** LEGATO Musical Exercise  
 10:30 **CE** Poetry N' Nature  
 12:30 **C** Let's Meet Again  
 1:00 **CV** Making Blankets For The Homeless  
 2:30 **CE** Watering Our Garden  
 3:00 **EF** LEGATO "Lawrence Welk"  
 4:00 **HF** Walking Outdoors  
 6:00 Sing Along w/ RSA

**HAPPY B'DAY RICHARD DIDAS** **29**  
 10:00 **HF** LEGATO Fun Fitness  
 10:30 **CE** Sunday Funday Baking Hour  
 12:30 **C** Let's Get Together  
 1:00 **CE** Gardening With Friends  
 2:00 **HF** Pizza Toss Game  
 3:00 **EF** Entertainment "Len The M.C. (Man)  
 4:00 **LL** Travel The World w/ IPAD  
 6:00 Board Games w/ RSA

**30**  
 10:00 **HF** Movin' & Groovin'  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **IS** LEGATO "Inspirational Music"  
 10:30 **EF** Out Trip "THE HARBOUR"  
 12:30 **C** Reunify Our Group  
 1:00 **IS** Manicures & Hand Massage  
 2:00 **PA** Occupations  
 3:00 **EF** Afternoon Sing Along w/ Friends  
 4:00 **HF** Toss & Turn  
 6:00 Puzzle/Word Games w/ RSA

**HALLOWEEN** **31**  
 10:00 **HF** LEGATO "Musical Exercise"  
 10:30 **CE** Art Time "Marble Painting"  
 10:30 **EF** Out Trip "THE HAVEN"  
 12:30 **C** We Meet Again  
 1:00 Scrapbooking  
 2:00 **LL** Men's Group w/ George  
 2:00 **EF** Travel The World w/ IPAD  
 3:00 **EF** Alice In Wonderland Halloween Party (Man)  
 4:00 **HF** Pizza/Ring Toss Games  
 6:00 Word Games w/ RSA



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- W** Wisdom of Curiosity
- L** Legato

- ROOM LOCATION KEY:**
- The Manor Man
  - Bus B
  - Heritage Room HR
  - Activity Room AR
  - Common Area CA
  - Great Room GR
  - The Harbor Har
  - Theater TH

# LIFE GUIDANCE<sup>®</sup>

## Monthly Calendar of Events and Programming



Featured Events  
this Month:

**Meet & Greet Social Party**

Sunday, October 15, 2:30 pm

**LEGATO "Flash Back Music"  
w/ Midge**

Thursday, October 19, 3:00 pm

**Alice In Wonderland  
Halloween Party**

Tuesday, October 31, 3:00 pm

*Atria*  
SENIOR LIVING

*Atria*  
SENIOR LIVING

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## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

**LEGATO The 80's Style & Music**  
 10:00 **HF** LEGATO Musical Exercise (CAW)  
 10:30 **CE** Gardening With Friends (O)  
 12:30 **C** Let's Meet Again (CAW)  
 1:00 **CE** Cooking/Baking Time (CAE)  
 2:30 **LL** LEGATO The 80's Style & Music (CA)  
 3:30 **EF** LEGATO "Learning Music" w/ Len T.M.C. (Man)  
 4:00 **HF** A Walk through Our Garden (O)  
 6:00 Games w/ RSA (CAE)

**Happy B'Day Jeanne Robinson OKTOBERFEST CELEBRATION**  
 10:00 **HF** LEGATO Dance to Hip Hop, R&B & Soul (CA)  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **CE** Scrapbooking (CAW)  
 12:30 **C** As We Reconvene (CA)  
 1:00 **IS** Monday Manicures (CA)  
 2:30 **PA** Ask My Opinion (CA)  
 3:30 **EF** Oktoberfest Celebration (AL) (HR)  
 4:00 **HF** Ring Toss (CA)  
 6:00 Fun word Games w/ RSA

**Happy B'Day Juanita Papino**  
 10:00 **HF** Movin' & Groovin' (CA)  
 10:30 **IS** LEGATO "Uplifting Songs w/ Ruth" (CA)  
 12:30 **C** Let's Get Together (CA)  
 1:00 **CE** Arts & Craft Hour (CAW)  
 2:00 **C** The Men's Club w/ George (CAW)  
 2:30 **PA** LEGATO Instrument. Play Along "Rick Nelson" (CA)  
 3:00 **EF** Joe The Ballroom Dancer (Man)  
 4:00 **HF** Daily Intentional Walking (O)  
 5:30 **PA** Atria's Alphabet (CA)  
 6:00 **LL** Alzheimer's Support Group (AL) (AR)

10:00 **HF** Energize w/ Genesis (CA)  
 10:30 **CE** Expressive Arts w/ Amber & Friends (CAW)  
 12:30 **C** Reunify Our Group (CA)  
 1:00 **BINGO** (CAW)  
 2:00 **CE** Atria's Chef  
 2:30 **EF** Welcome To The Neighborhood Party (CA)  
 3:00 **EF** LEGATO "Bob Dylan" w/ Bernard Clement (Man)  
 4:00 **HF** Move To The Beat (CA)  
 6:00 Puzzles w/ RSA (CA)

10:00 **HF** Commit To Be Fit (CAW)  
 10:30 **EF** Restaurant Out Trip: "The Outback" (B)  
 12:30 **C** Bring it Together (CAW)  
 1:00 **W** Wisdom Of Curiosity (CA)  
 2:00 **EF** Afternoon Matinee & Popcorn  
 3:00 **LL** LEGATO "Spanish Guitar Music" (CA)  
 4:00 **HF** Laughter Is The Best Medicine (CAW)  
 4:30 **HF** Musical Chair Dancing (CAW)  
 6:00 **LL** Sharing the Way Life Stories w/ RSA (CAW)

10:00 **HF** LEGATO Musical Morning Stretch (CA)  
 10:30 **CE** Artwork & Music (CAE)  
 12:30 **C** As We Reconvene (CAW)  
 1:00 Puzzles & Table Games w/ Friends (CAW)  
 2:30 **LL** Old Sayings (CA)  
 3:00 **P** Pictionary"/Word Games (CA)  
 4:00 **HF** Walk Outdoors (O)  
 6:00 Games, Arts or Crafts w/ RSA (CAW)

10:00 **HF** Happy Feet (CAW)  
 10:30 **CV** Making Blankets For The Homeless (CAE)  
 12:30 **C** Reunify Our Group (CAW)  
 1:00 **CE** Arts & Craft "Painting with Marbles" (CAE)  
 2:30 **HF** Pizza Toss Game (CA)  
 3:00 **EF** LEGATO "AMERICAN BAND STAND" (CA)  
 4:00 **IS** Aromatherapy (CAW)  
 6:00 Sing Along w/ RSA (CAW)

10:00 **HF** LEGATO "Twisting Exercise Program" (CA)  
 10:30 **CE** Gardening With Friends (O)  
 12:30 **C** Let's Meet Again (CAW)  
 1:00 **CE** Cooking/Baking Time (CAW)  
 2:00 **PA** Autumn Days (CA)  
 3:00 **EF** Sunday Inspirations Sing Along (CA)  
 4:00 **HF** Walking Club (O)  
 6:00 Puzzles With RSA (CAE)

**COLUMBUS DAY**  
 10:00 **HF** Stretch & Flex (CAW)  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 Scrapbooking (CAE)  
 12:30 **C** As We Reconvene (CAW)  
 1:00 **IS** Monday Manicures (CAW)  
 2:30 **LL** Encourage Me (CA)  
 3:30 **EF** Columbus Day w/ Paul DeRitter (AL) (HR)  
 4:00 **HF** LEGATO: Chair Dancing (CAW)  
 6:00 Fun Word Games w/ RSA (CAW)

10:00 **HF** Movin' & Groovin' (CAW)  
 10:30 **IS** LEGATO "Uplifting Songs w/ Ruth" (CAW)  
 12:30 **C** Let's Get Together (CAW)  
 1:00 **CE** Arts & Crafts Hour (CAW)  
 2:00 **C** The Men's Club w/ George (Man)  
 2:30 **EF** Wheel of Fortune® w/ iPad (CA)  
 3:30 **HF** Pizza Toss Game (CA)  
 4:00 Tell Me A Story (TB)  
 6:00 **LL** Atria's Alphabet w/ RSA

10:00 **HF** LEGATO: Energize w/ Genesis  
 10:30 **CE** Expressive Arts w/ Amber & Friends (CAW)  
 12:30 **C** Reunify Our Group (CAW)  
 1:00 **BINGO** (CA)  
 2:30 **LL** Give Me A Hug (CA)  
 3:00 **IS** Journey to Jesus - Lakeside Methodist-AL (TH)  
 3:00 **EF** LEGATO The Waltz w/ Joe Dance Inst (Man)  
 4:00 **HF** Walking Club (CA)  
 6:00 **EF** Board Games w/ RSA (CAW)

**Happy B'Day Elizabeth Phillips**  
 10:00 **HF** Commit to Be Fit (CAW)  
 10:30 **EF** Out Trip "St. John's River" (B)  
 1:00 **LL** LEGATO "Residents Favorite Love Song" (CA)  
 2:00 **EF** Afternoon Matinee & Popcorn (CA)  
 3:00 **PA** Famous Pairs (CA)  
 4:00 **HF** The Ball & Parachute (CA)  
 6:00 **CE** Poetry Hour w/ RSA (CA)

10:00 **HF** Morning Stretch (CAW)  
 10:30 **CE** LEGATO "Artwork & Music" (CAE)  
 12:30 **C** As We Reconvene (CAW)  
 1:00 Puzzles & Table Games w/ Friends (CAW)  
 2:30 **PA** Let Me Show You (CA)  
 3:00 **EF** Entertainment. Guitar Melodies of "Kevin Kress" (CA)  
 4:00 **HF** Walking Club (O)  
 6:00 **LL** Today In History & Trivia w/ RSA (CA)

10:00 **HF** Chair Dancing (CAW)  
 10:30 **CV** Making Dog Biscuits for Animal Shelter (CAE)  
 12:30 **C** Reunify Our Group (CAW)  
 1:00 **CE** Creative Art "Jewelry Making" (CAW)  
 2:00 **HF** Kick The Ball (CAW)  
 3:00 **EF** LEGATO "Bette Midler Songs" (CA)  
 4:00 **IS** Aromatherapy (CAW)  
 6:00 Sing Along w/ RSA (CAW)

10:00 **HF** Move & Stretch (CAW)  
 10:30 **EF** LEGATO: Sunday Sing Along (CAW)  
 12:30 **C** Let's Meet Again (CAW)  
 1:00 **PA** Decorate With Me (CA)  
 2:00 **CV** Angel Dog Therapy  
 2:30 **EF** Entertainment "Eric Hall" (CA)  
 2:30 **EF** Meet & Greet Social Party (Man)  
 4:00 Afternoon Chat (TB)  
 6:00 **HF** A Walk Through Our Garden (O)

10:00 **HF** Stretch & Flex (CAW)  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **CE** Funday Baking Hour (CAE)  
 12:30 **C** As We Reconvene (CAW)  
 1:00 **IS** Monday Manicures (CAW)  
 2:30 **LL** Name 5 (CA)  
 3:30 **EF** Grease Lightning w/ Craig & the Gang (AL) (HR)  
 4:00 **HF** LEGATO: Chair Dancing (CAW)  
 6:00 Fun Word Games w/ RSA (CAW)

10:00 **HF** Movin' & Groovin' (CAW)  
 10:30 **IS** LEGATO "Uplifting Songs w/ RUTH" (CA)  
 12:30 **C** Let's Get Together (CAW)  
 1:00 **CE** Creative Corner w/ Sharon Art Instr. (CAE)  
 2:00 **C** Men's Club w/ George  
 3:00 **EF** LEGATO "HAIR" The Musical Trivia & Facts (CA)  
 4:00 **PA** Flashback Fashions (CA)  
 6:00 **HF** Move To The Beat w/ RSA (CAW)

10:00 **HF** LEGATO: Energize w/ Genesis (CAW)  
 10:30 **CE** Expressive Arts w/ Amber & Friends (CAW)  
 12:30 **C** Reunify Our Group (Hav)  
 1:00 **BINGO** (CAE)  
 2:00 **W** Wisdom of Curiosity Book (CA)  
 3:00 **EF** 4 Pics In A Word w/ iPad (CA)  
 3:00 **IS** Journey to Jesus - Lakeside Methodist- AL (TH)  
 4:00 **HF** Move To The Beat (CAW)  
 6:00 Board Games w/ RSA (CAW)

**Happy B'Day Lynne Pruitt**  
 10:00 **HF** LEGATO: Commit To Be Fit (CAW)  
 10:30 **EF** Out Trip "Sanford River Walk" (O)  
 12:30 **C** Let's Meet Again (CAW)  
 1:00 **LL** Timepieces (CA)  
 2:00 **EF** Afternoon Matinee & Popcorn (CA)  
 3:00 **EF** LEGATO "Flash Back Music" w/ Midge (Man)  
 4:00 **HF** Movin' & Groovin' (CAW)  
 6:00 Puzzles/Word Games w/ RSA (CAW)

10:00 **HF** Morning Stretch (CAW)  
 10:30 **CE** LEGATO "Artwork & Music" (CAE)  
 12:30 **C** As We Reconvene (CAW)  
 1:00 Puzzles & Table Games w/ Friends (CAE)  
 2:00 **CV** Pet's By Judy  
 3:00 **EF** LEGATO "Famous Duets Songs" (CA)  
 4:00 **HF** Walking Club  
 6:00 Arts & Crafts w/ RSA (CAE)

10:00 **HF** Happy Feet (CAW)  
 10:30 **CV** Making Blankets For The Homeless (CAE)  
 12:30 **C** Reunify Our Group (CAW)  
 1:00 **CE** Mosaic Art & Craft Hour (CAW)  
 2:00 **W** Wisdom Of Curiosity (CA)  
 3:00 **EF** LEGATO "Learning Music" w/ Len T.M.C. (Man)  
 4:00 **IS** Aromatherapy (CA)  
 6:00 **HF** Balance & Strength w/ RSA (CAW)

10:00 **HF** Move & Stretch (CAW)  
 10:30 **CE** Gardening With Friends (O)  
 12:30 **C** Let's Get Together (CAW)  
 1:00 **CE** Cooking/Baking Time (CAE)  
 2:00 **IS** St. Andrews Fellowship (Man)  
 2:00 **HF** Walking Club (O)  
 2:30 **EF** LEGATO "Name That Tune" (CA)  
 3:00 **EF** Wheel of Fortune® w/ iPad (CA)  
 4:00 **C** At The Close Of The Day (CAW)  
 6:00 Puzzle Time w/ RSA (CAE)

10:00 **HF** Stretch & Flex (CAW)  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **CE** Scrapbooking (CAE)  
 12:30 **C** As We Reconvene (CAW)  
 1:00 **IS** Monday Manicures (CAW)  
 3:00 **EF** The Classics w/ Charlie Russo (A.L.) (HR)  
 4:00 **PA** Travel The World w/ iPad (CA)  
 6:00 **HF** LEGATO Flex & Stretch w/ RSA (CAW)

**Happy B'Day Adrienne Baytop UNITED NATIONS DAY**  
 10:00 **HF** Movin' & Groovin' (CAW)  
 10:30 **IS** LEGATO: Uplifting Songs w/ RUTH (CAW)  
 12:30 **C** Let's Get Together (CAW)  
 1:00 **CE** Creative Corner w/ Sharon Art Instr. (CAW)  
 2:00 **C** Men's Club w/ George (TB)  
 3:00 **EF** LEGATO "Tony Bennett Tribute" (CA)  
 4:00 Fun With Words (CA)  
 6:00 **HF** Move to the Beat w/ RSA (CAW)

10:00 **HF** LEGATO: Energize w/ Genesis (CAW)  
 10:30 **CE** Expressive Arts w/ Amber & Friends (CAW)  
 12:30 **C** Reunify Our Group (CAW)  
 1:00 **BINGO** (CAE)  
 2:30 **W** Wisdom of Curiosity Book (CA)  
 3:00 **EF** Ent. Smooth Sounds of Eric Hall (CA)  
 3:00 **IS** Journey to Jesus - Lakeside Methodist-AL (TH)  
 4:00 **HF** Pizza Toss Game (CAW)  
 6:00 **EF** Board Games w/ RSA (CAW)

10:00 **HF** Commit To Be Fit (CAW)  
 10:30 **EF** Out Trip "Black Bear Wilderness Area" (O)  
 12:30 **C** Let's Meet Again (CAW)  
 1:00 Working With Letters (CA)  
 2:00 **EF** Afternoon Matinee and Popcorn (CA)  
 3:30 **LL** LEGATO "Bill Hailey & The Comets" (CA)  
 4:00 **HF** The Walking Club (O)  
 6:00 **PA** Sharing the Way Life Stories w/ RSA (CA)

**Happy B'Day Stanley Misunas**  
 10:00 **HF** Morning Stretch (CAW)  
 10:30 **CE** Artwork & Music (CAE)  
 12:30 **C** As We Reconvene (CAW)  
 1:00 LEGATO Andrea Bocelli Songs of Love (CAW)  
 2:00 **PA** Decorate With Me (CA)  
 3:00 **EF** Residents B'Day Party w/ Tina Stefanos (CA)  
 4:00 **HF** Daily Intentional Walking (O)  
 4:00 **IS** Shabbat & Sukkot w/ The Jewish Pavilion (AR)  
 6:00 **LL** Today In History & Trivia w/ RSA

10:00 **HF** LEGATO: Happy Feet (CAW)  
 10:30 **CV** Making Dog Biscuits for Animal Shelter (CAE)  
 12:30 **C** Reunify Our Group (CAW)  
 1:00 **CE** Scratch Art Hour (CAW)  
 2:30 **HF** Pizza Toss Game (CA)  
 3:00 **EF** LEGATO "Love Songs of The 50's" (CA)  
 4:00 **IS** Aromatherapy (CA)  
 6:00 Sing Along w/ RSA (CAW)

**Happy B'Day Richard Didas**  
 7:00 **CE** Cooking/Baking (CAW)  
 10:00 **HF** Move & Stretch (CA)  
 10:30 **CE** Gardening With Friends (O)  
 12:30 **C** Let's Get Together (CAW)  
 1:00 **CE** Cooking/Baking Time (CAW)  
 2:30 **LL** Give Me A compliment (CA)  
 3:00 **EF** Entertainment "Len The M.C." (Man)  
 4:00 **HF** A Walk Through Our Garden (O)  
 6:00 Table Games w/ RSA (CAW)

10:00 **HF** Stretch & Flex (CA)  
 10:15 **CV** Signature Program "The Reading Corner" (B)  
 10:30 **CE** Scrapbooking (CAW)  
 12:30 **C** As We Reconvene (CA)  
 1:00 **IS** Monday Manicures (CAW)  
 3:00 **EF** LEGATO "Popular Halloween Songs" (CA)  
 4:00 **HF** Pizza/Ring Toss Game (CA)  
 6:00 Fun Word Games w/ RSA (CA)

**HALLOWEEN**  
 10:00 **HF** Movin' & Groovin' (CA)  
 10:30 **IS** LEGATO: Uplifting Songs w/ RUTH (CAW)  
 12:30 **C** Let's Get Together (CAW)  
 1:00 **CE** Arts & Crafts Hour (CAW)  
 2:00 **PA** Decorate With Me (CA)  
 2:00 **C** Men's Club w/ George (TB)  
 3:00 **EF** Alice In Wonderland Halloween Party (CA)  
 4:00 Best Spooky Stories (CA)  
 6:00 **HF** Move To The Beat (CA)



- PA** Personal Achievement
- HF** Health & Fitness
- EF** Entertainment & Fun
- CV** Civic Engagement
- LL** Lifelong Learning
- CE** Creative Expression
- IS** Inspiration & Spirituality
- C** Connection
- W** Wisdom of Curiosity
- L** Legato

### ROOM LOCATION KEY:

- Common Area West CAW
- Outdoors O
- Common Area East CAE
- Common Area CA
- The Manor Man
- Bus B
- Heritage Room HR
- Activity Room AR
- The Balcony TB
- Theater TH
- The Haven Hav