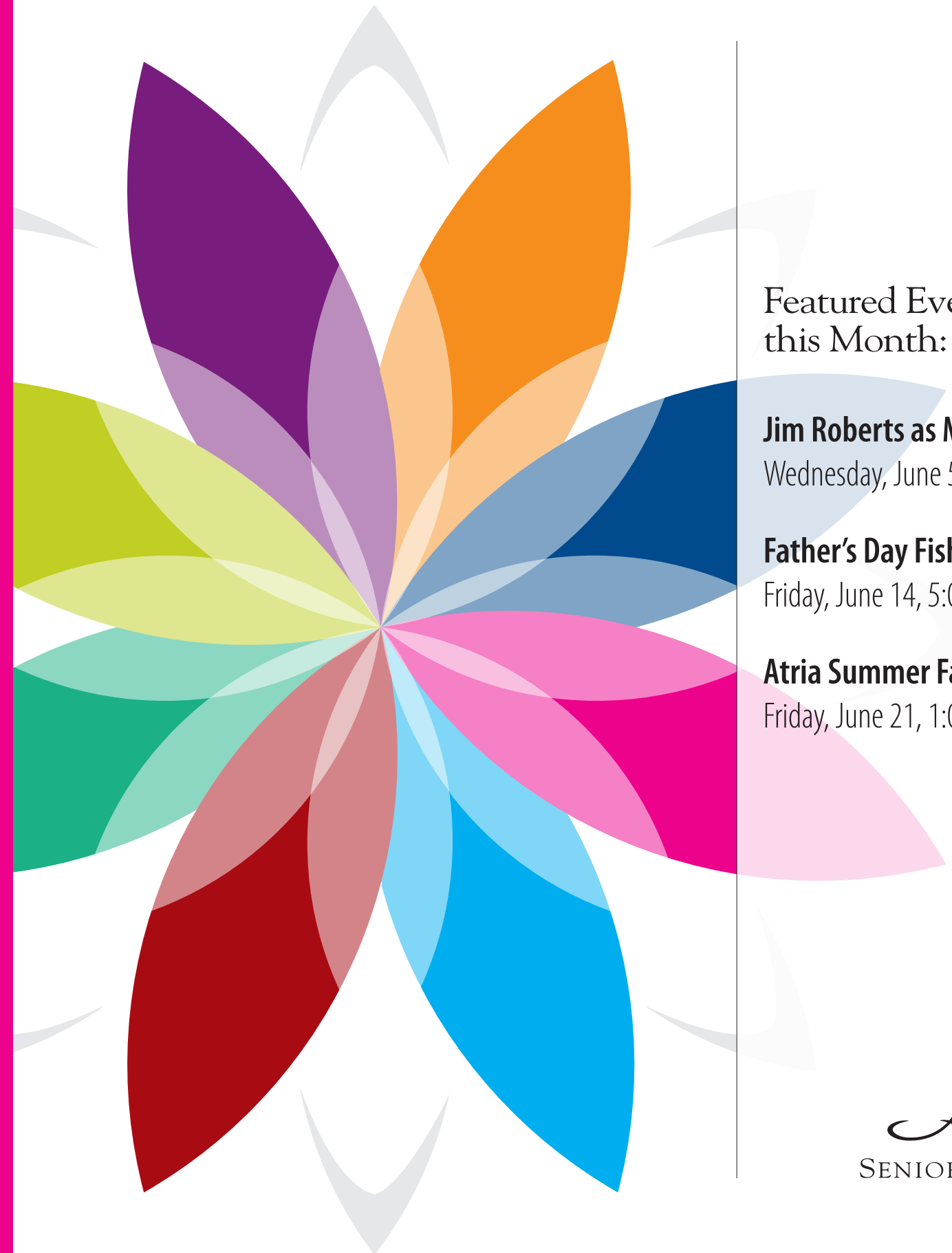


ENGAGE LIFE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Jim Roberts as Mark Twain

Wednesday, June 5, 2:30 PM

Father's Day Fish Fry

Friday, June 14, 5:00 PM

Atria Summer Fair

Friday, June 21, 1:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

9:00 **IS** Severns Valley Church (Lb)
 10:00 **HF** Walking Club (FD) (AD)
 10:30 **C** Coffee Chat and Current Events (Lb) (Co)
 2:00 **HF** Strength and Balance Program (Lb) (Co)
 3:30 **EF** Ring Toss (Lb) (Co)
 6:00 **IS** Bible Challenge with Concierge (Lb) (Co)



ROOM LOCATION KEY:

Life Guidance	LG
Living Room	LR
Front Desk	FD
Activity Room	AR
Back Patio	BP
Dining Room	DR
Fitness Room	FR
Library	LB
Meet In Lobby	MIL

STAFF KEY:

Penny Rochfort	PR
Jamie Neaderhiser	JN
Concierge	Co
Amanda Dunn	AD
Director	DIR
Volunteer	VOL

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 Phase 10® is a registered trademark of Fadden Games, Ltd.
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PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
Atria StoryWise

1

10:00 **HF** Fit in the Weekend (FR)
 10:30 20 Questions (Lb)
 2:00 **EF** Bowling (Lb) (Co)
 4:00 **HF** Saturday Strength (FR)
 6:00 **LL** Who Am I (Lb) (Co)

2

9:00 **IS** Severns Valley Church
 10:00 **HF** Walking the Hall (FR)
 10:30 **C** Coffee Chat/Current Events (Lb)
 2:00 **HF** Sunday Fitness (FR)
 3:30 **EF** Ring Toss (Lb) (Co)
 6:00 **IS** Bible Challenge with Concierge (Lb) (Co)

3

8:30 Shopping at Walmart (MIL) (JN)
 10:00 **HF** Conductorcise® (FR)
 10:30 **HF** Blood Pressure Clinic with Life Line (AR) (JN)
 12:45 Book Mobile
 2:00 **HF** Low-Impact Aerobic (FR)
 2:30 **IS** Religious Study Group (FR) (VOL)
 6:30 Bingo (DR) (Co)

4

9:00 **IS** Catholic Communion (LG)
 10:00 **HF** Morning Workout (FR)
 10:30 **EF** Cheeses of the World (AR) (JN)
 2:00 **HF** Rock and Roll Fitness (FR) (PR)
 2:30 Wellness Spa (AR)
 6:00 Movie Night (Lb) (Co)

5

10:00 **HF** Strength and Balance Program (FR)
 10:30 **HF** Blood Pressure Clinic with Caretenders (AR)
 12:30 One stop shopping with Charis (AR)
 1:15 **CV** Feeding America (MIL) (PR)
 2:30 **CE** Jim Roberts as Mark Twain (DR) (JN)
 4:00 **HF** Walking Club (FR)
 6:00 **LL** A Trip to The Good Ole Days (Lb) (Co)

6

9:30 **IS** Religious Study Group (AR) (VOL)
 10:00 **HF** Legato Conductorcise® (FR)
 10:30 **PA** Engage Life® Planning Meeting (AR)
 11:00 Resident Council / Food for Thought Mtg. (AR)
 4:00 **HF** Strength and Balance Program (FR)
 6:00 **EF** Left Center Right (Lb) (Co)

7

10:00 **HF** Morning Workout (FR)
 10:30 **CE** Bracelet Making with Penny (AR) (PR)
 1:15 **EF** A Trip to the Movies (MIL) (PR)
 4:00 **HF** Legato Rock'n'Roll Fitness (FR)
 6:30 Friday Night Bingo (DR)

8

10:00 **HF** Fit in the Weekend (FR)
 10:30 20 Questions (Lb)
 3:30 **HF** Afternoon Stretches (Lb) (Co)
 4:00 **EF** Bowling in the Afternoon (Lb) (Co)
 6:00 **LL** What Am I (Lb) (Co)

9

9:00 **IS** Severns Valley Church
 10:00 **HF** Walking the Hall (FD) (Co)
 10:30 **C** Coffee Chat/Current Events (Lb)
 2:00 **HF** Sunday Fitness (Lb)
 3:30 **EF** Ring Toss (Lb) (Co)
 6:00 **IS** Bible Challenge with Concierge (Lb)

10

8:30 Shopping Trip to Walmart (MIL)
 10:00 **HF** Conductorcise® (FR)
 10:30 **LL** World Culture Club w/ VFW (AR)
 12:00 **PA** Residents' Birthday Wishes (DR) (JN)
 2:00 **HF** Strength and Balance Program (FR)
 2:30 **IS** Religious Study Group (FR) (VOL)
 3:30 **EF** Bunco Club (AR) (JN)
 6:30 Monday Night Bingo (DR) (JN)

11

9:00 **IS** Catholic Communion (LG)
 10:00 **HF** Low-Impact Aerobic with Tracy (FR)
 10:30 **EF** iPad® Wheel of Fortune® (AR) (JN)
 12:00 **PA** Ambassador Luncheon (AR)
 1:15 **IS** Music and Movement (LG)
 2:00 **IS** Music Memories with Lorinda (LR) (JN)
 3:00 Wellness Spa (AR)
 4:00 **HF** Fit in the Day (FR)
 6:00 Movie Night (LR) (Co)

12

10:00 **HF** Cardio Blast (FR)
 10:30 **HF** Jeopardy!®/w Kaitlyn (AR)
 12:30 One Stop Shopping with Charis (AR)
 1:15 **CV** Feeding America (MIL)
 3:00 **EF** Dancing with Mr. Walters (AR)
 4:00 **HF** Low-Impact Aerobic (FR)
 6:00 **LL** A Trip to the Good Ole Days (Lb) (Co)

13

9:30 **IS** Religious Study Group (AR) (VOL)
 10:00 **HF** Legato Conductorcise® (FR)
 3:00 **EF** Music With Harvey (DR) (JN)
 4:00 **HF** Walking Club (FR)
 6:00 **LL** A Trip to The Good Ole Days (Lb) (Co)

14

10:00 **HF** Morning Workout (FR)
 10:30 **EF** iPad® Trip to the Smithsonian (AR) (JN)
 2:00 Scenic Drive and Milk Shakes (MIL) (JN)
 3:30 **EF** A Game of Phase 10® (AR) (JN)
 4:00 **HF** Legato Rock'n'Roll Fitness (FR)
 5:00 **IS** Father's Day Fish Fry (BP) (PR)
 6:30 Bingo (DR) (Co)

15

10:00 **HF** Fit in the Weekend (Lb)
 10:30 20 Questions (AR)
 3:00 **EF** Bowling (LR) (Co)
 4:00 **HF** Saturday Strength (Lb)
 6:00 **LL** Who Am I (Lb) (Co)

16

9:00 **IS** Severns Valley Church
 10:00 **HF** Walking the Hall (FD) (Co)
 10:30 **C** Coffee Chat- Current Events (Lb)
 2:00 **HF** Strength and Balance (Lb)
 3:30 **EF** Ring Toss (Lb) (Co)
 6:00 **IS** Bible Challenge with Concierge (Lb)

17

8:30 Shopping at Walmart (MIL) (JN)
 10:00 **HF** Conductorcise® (FR)
 10:30 **EF** iPad® Words with Friends (AR)
 12:15 **PA** New Resident Welcome at Lunch (DR)
 2:00 **HF** Strength and Balance Program (FR)
 2:30 **IS** Religious Study Group (FR) (VOL)
 3:30 **EF** A Wild Game of UNO® (AR) (JN)
 6:30 Bingo Blast (DR) (Co)

18

9:00 **IS** Catholic Communion (LG)
 10:00 **HF** Fit in the Day (FR)
 10:30 **CE** Reading Theater Meeting (AR)
 2:00 Wellness Spa (AR)
 3:00 **IS** Music with Doug (DR) (JN)
 4:00 **HF** Aerobic (FR)
 6:00 Movie Night (Lb) (Co)

19

10:00 **HF** Strength and Balance Program (FR)
 11:30 **EF** Kissing Booth with Cindy (MIL) (DIR)
 12:30 One Stop Shopping with Charis (AR)
 1:15 **CV** Feeding America (MIL) (JN)
 4:00 **HF** Walking Club (FR)
 6:00 **LL** A Trip to The Good Ole Days (Lb) (Co)

20

9:30 **IS** Religious Study Group (AR) (VOL)
 10:00 **HF** Legato Conductorcise® (FR)
 10:30 **LL** Senior Home Health with Encompass (DR)
 2:00 **PA** Ambassador Meeting (AR)
 2:30 **EF** Ice Cream Soda Floats Party (AR) (JN)
 4:15 **HF** Let's Go Walking (FR)
 6:00 **EF** Bowling Dice Game (Lb) (Co)

21

10:00 **HF** Morning Workout (FD)
 10:30 **EF** A Game of UNO® (AR) (JN)
 1:00 **EF** Atria Summer Fair (BP) (JN)
 4:00 **HF** Pilates (FR)
 6:30 Bingo (DR) (Co)

22

10:00 **HF** Fit in the Weekend (FR)
 10:30 20 Questions (Lb)
 2:00 **HF** Low-Impact Aerobic (Lb)
 2:30 **EF** Bowling (AR)
 4:00 **EF** What's In a Word (Lb) (Co)
 6:00 **LL** Who Am I (Lb) (Co)

23

9:00 **IS** Severns Valley Church
 10:00 **HF** Walking the Hall (FD) (Co)
 10:30 **C** Coffee Chat- Current Events (Lb)
 2:00 **HF** Sunday Fitness (FR) (Co)
 3:30 **EF** Ring Toss (Lb) (Co)
 6:00 **IS** Bible Challenge with Concierge (Lb)

24

10:00 **HF** Conductorcise (AR)
 10:30 **EF** iPad®/What am I (AR) (PR)
 2:00 **HF** Strength and Balance Program (FR)
 2:30 **IS** Religious Study Group (FR) (VOL)
 3:30 **EF** BUNCO Club (AR) (PR)
 6:30 Bingo Blast (DR) (Co)

25

9:00 **IS** Catholic Communion (LG)
 11:00 **CE** Reading Theater Practice (AR) (JN)
 1:15 **IS** Music and Movement (LG)
 2:00 **IS** Music Memories with Lorinda (LR) (JN)
 3:00 Wellness Spa (AR) (JN)
 4:00 **HF** Low-Impact Aerobic (FR) (PR)
 6:00 Movie Night (Lb) (Co)

26

10:00 **HF** Cardio Blast (FR)
 10:30 **EF** What's In a Word (AR) (JN)
 12:30 One Stop Shopping with Charis (AR)
 1:15 **CV** Feeding America (MIL) (JN)
 3:00 **CE** Cooking with Jamie (AR) (JN)
 4:00 **HF** Walking Club (AR)
 6:00 **LL** A Trip To The Good Ole Days (Lb) (Co)

27

9:30 **IS** Religious Study Group (AR) (VOL)
 10:00 **HF** Legato Conductorcise® (FR)
 10:30 **CE** Finding Common Ground (AR) (JN)
 4:00 **HF** Walking Club (FR)
 6:00 **EF** Piano Music with Mr. McKinley (Lb)

28

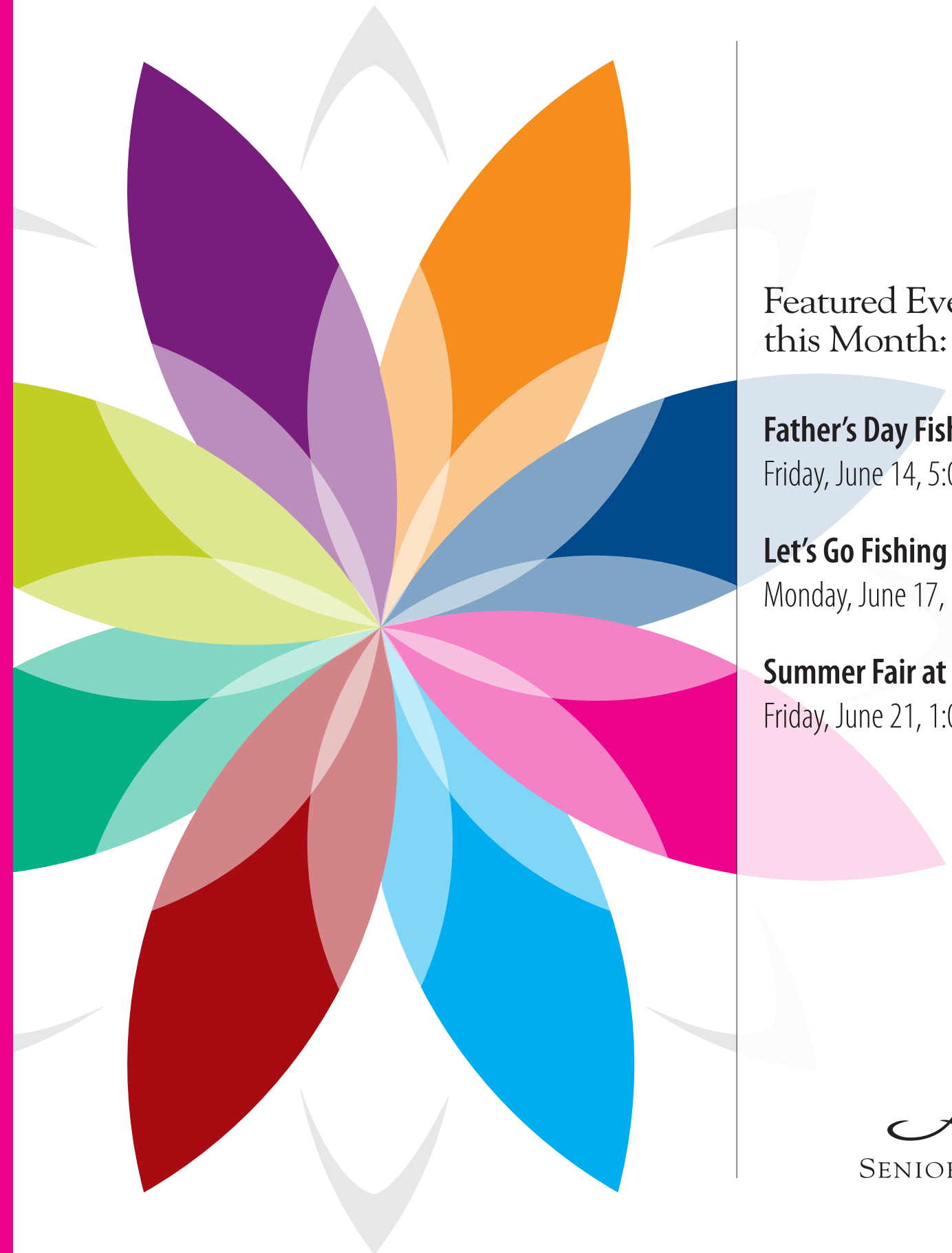
10:00 **HF** Morning Workout (MIL)
 10:30 **LL** Baking with Penny (AR) (PR)
 11:30 **EF** Out For Lunch at Cattleman's (MIL) (JN)
 3:30 **HF** Strength and Balance (FR)
 4:00 **EF** Afternoon Games (AR) (JN)
 6:30 Bingo (DR) (Co)

29

10:00 **HF** Fit in The Weekend (FR) (AD)
 10:30 20 Question (Lb) (Co)
 2:00 **HF** Strength and Balance Program (Lb) (Co)
 2:30 **EF** Bowling (Lb) (Co)
 6:00 **LL** Who Am I (Lb) (Co)

LIFE GUIDANCE[®]

Monthly Calendar of Events and Programming



Featured Events this Month:

Father's Day Fish and Fry

Friday, June 14, 5:00 PM

Let's Go Fishing and Picnic

Monday, June 17, 11:00 AM

Summer Fair at Atria

Friday, June 21, 1:00 PM

Atria
SENIOR LIVING

Atria
SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30

10:00 **HF** Sunday Morning Workout (FR) (RSA)

10:30 **IS** Bible Study (DR) (Co)

11:00 **LL** Reading the Newspaper (SP) (Co)

2:00 **SW** StoryWise™ (DR) (Co)

2:30 **HF** Conductorcise® (FR) (Co)

3:00 **C** Legato Sunday Social (DR) (Co)

6:00 **C** Night Owls (LR) (RSA)



ROOM LOCATION KEY:

Assisted Living AL
Dining Room DR
Fitness Room FR
Meet In Lobby MIL
Activity Room AR
Back Patio BP
Side Patio SP
Life Guidance LG
Living Room LR

STAFF KEY:

RSA
Sabine Poff Director
Amanda Dunn Concierge
Jamie Neaderhiser
Penny Rochfort

RSA
SP
DIR
AD
Co
JN
PR

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PA Personal Achievement
HF Health & Fitness
EF Entertainment & Fun
CV Civic Engagement
LL Lifelong Learning
CE Creative Expression
IS Inspiration & Spirituality
C Connection
SW Atria StoryWise

1

10:00 **HF** Strength Training (DR) (RSA)

10:30 **PA** Name 10 (DR) (RSA)

11:00 **EF** Memory Jar (DR) (Co)

2:30 **HF** Afternoon Walk (DR) (RSA)

3:00 **EF** Card Games (DR) (RSA)

4:00 **EF** Happy Days (DR) (RSA)

6:00 **EF** Legato Lawrence Welk Concert (DR) (RSA)

2

10:00 **HF** Sunday Morning Workout (DR) (RSA)

10:30 **IS** Bible Trivia (DR) (RSA)

11:00 **C** Reading The Newspaper (DR) (RSA)

2:00 **HF** Afternoon Workout (DR) (RSA)

2:30 **EF** Sunday Bowling (DR) (RSA)

4:00 **LL** Good Ole Days Stories (DR) (RSA)

6:00 **EF** Night Owls (DR) (RSA)

3

10:00 **HF** Golden Sneakers (DR) (RSA)

10:30 **EF** Name 10 (DR) (SP)

11:00 **EF** Getting ready to Go (DR) (SP)

11:15 **EF** Sonora Brooks Café (DR) (SP)

2:00 **HF** Afternoon Workout (DR) (JN)

4:00 **SW** StoryWise™ (DR) (RSA)

6:00 **EF** Monday Night BINGO (DR) (RSA)

4 National Cheese Day

9:00 **IS** Catholic Communion

10:00 **HF** Exercise (FR) (RSA)

10:30 **EF** Singing with Loretta Lynn (DR) (RSA)

12:00 **C** Welcome to Neighborhood Party (DR) (SP)

2:00 **HF** Afternoon Walk (DR) (RSA)

2:30 Spa Day (AR) (RSA)

3:45 What's in a Word? (LG) (SP)

6:00 **C** Call It A Day (DR) (RSA)

5

10:00 **HF** Strength and Balance (DR) (RSA)

10:30 **CE** Cooking/Baking with Penny (DR) (PR)

1:15 **CV** Feeding America (DR) (SP)

2:30 **HF** Legato Afternoon Workout (DR) (RSA)

3:00 **EF** Name 10

3:30 **SW** StoryWise™ (DR) (SP)

4:00 **LL** A Trip Back to Good Ole Days (DR) (RSA)

6:00 **J** Calming Legato Music (LR) (RSA)

6 D-Day

10:00 **HF** Legato Conductorcise® (DR) (RSA)

10:30 **IS** Bible Study (DR) (RSA)

2:00 **HF** Walking Club (DR) (SP)

2:30 **EF** Singing with Loretta Lynn (DR) (RSA)

3:30 **EF** Card Game (DR) (RSA)

6:00 **LL** Good Ole Days Stories (DR) (RSA)

7 Chocolate Ice Cream Day

10:00 **HF** Legato Morning Workout (FR) (PR)

10:30 What's in a Word? (LG) (SP)

11:00 **SW** StoryWise™ (DR) (SP)

2:00 **HF** Afternoon Walk (DR) (RSA)

4:00 **LL** Book Club (DR) (RSA)

6:00 **EF** Legato Evening Trivia

8

10:00 **HF** Strength and Balance (FR) (AD)

10:30 **EF** Memory Jar (DR) (RSA)

11:00 **EF** Name 10 (DR) (RSA)

2:30 **J** Name That Tune (DR) (AD)

3:00 **HF** Afternoon Walk (DR) (RSA)

3:30 **EF** Card Games (DR) (RSA)

6:00 **LL** Lawrence Welk (LR) (RSA)

9

10:00 **HF** Sunday Morning Workout (DR) (RSA)

10:30 **IS** Bible Trivia (DR) (RSA)

11:00 **C** Reading The Newspaper (DR) (RSA)

2:00 **HF** Afternoon Workout (DR) (RSA)

2:30 **EF** Let's Have Fun with Bingo (DR) (RSA)

3:30 **EF** Legato Sunday Social with Cake (DR) (RSA)

4:00 **LL** Good Ole Days Stories (DR) (RSA)

6:00 **EF** Night Owls (DR) (RSA)

10 National Ice Tee Day

10:00 **HF** Golden Sneakers (DR) (RSA)

10:30 Name Ten (DR) (SP)

10:45 **EF** Getting Ready to Go (DR) (SP)

11:00 **EF** Bub's Cafe (DR) (SP)

2:00 **HF** Afternoon Workout (DR) (RSA)

2:30 What's in a Word (DR) (SP)

3:30 **PA** Legato Name 10 (DR) (JN)

4:00 **SW** StoryWise™ (DR) (SP)

6:00 **EF** Monday Night BINGO (DR) (RSA)

11

9:00 **IS** Catholic Communion

10:00 **HF** Get Up And Get Moving (DR) (RSA)

10:30 Arts and Crafts (DR) (SP)

12:00 **C** Having Lunch with ED (Cindy) (DR) (DIR)

1:15 **CE** Legato Music and Movement with Lorinda (DR) (RSA)

2:00 **HF** Afternoon Stretches

2:30 Spa Day (DR) (RSA)

3:45 **C** Name 10 (DR) (SP)

6:00 **LL** Call It A Day (DR) (RSA)

12 Peanut Butter and Cookie Day

10:00 **HF** Morning Stretch (DR) (RSA)

10:30 **CE** Cooking/Baking with Penny (DR) (PR)

1:15 **CV** Feeding America (DR) (SP)

3:00 **HF** Exercise (AR) (SP)

3:30 **EF** Board Games (DR) (RSA)

4:00 **CE** Legato Music Memories (DR) (RSA)

6:00 **J** Calming Music (LR) (RSA)

13

10:00 **HF** Conductorcise® (DR) (RSA)

10:30 **IS** Bible Study (DR) (RSA)

2:00 **HF** Afternoon Walk

2:30 Name 10 (DR) (SP)

3:15 **LL** Legato Karaoke with Jamie (LR) (JN)

4:00 **LL** Picture Memories (DR) (RSA)

6:00 What's in a Word? (DR) (SP)

14 Father's Day Fish Fry

10:00 **HF** Zumba® (DR) (RSA)

10:30 What's in a Word? (DR) (SP)

11:00 **SW** StoryWise™ (DR) (SP)

2:00 **HF** Rock and Roll Fitness (DR) (RSA)

2:45 Arts and Crafts (DR) (SP)

4:00 **LL** Pictures Can Tell A Story (DR) (RSA)

5:00 **C** Fathers day Fish and Fry (SP) (JN)

6:00 **EF** Movie Night (LR) (RSA)

15

10:00 **HF** Strength Training (DR) (RSA)

10:30 **EF** Memory Jar (DR) (Co)

11:00 **C** Name 10 (DR) (RSA)

2:00 **EF** Saturday Bowling (DR) (RSA)

2:30 **HF** Afternoon Walk (DR) (RSA)

3:00 **EF** Card Games (DR) (RSA)

6:00 **LL** Legato Lawrence Welk (DR) (RSA)

16 Father's Day

10:00 **HF** Sunday Morning Workout (DR) (RSA)

10:30 **IS** Bible Trivia (DR) (RSA)

11:00 **C** Reading The Newspaper (DR) (RSA)

2:00 **HF** Legato Afternoon Workout (DR) (RSA)

2:30 **HF** Legato Sunday Social (DR) (Co)

3:00 **C** Legato Sunday Social (DR) (Co)

4:00 **LL** Good Ole Days Stories (DR) (RSA)

6:00 **C** Night Owls (DR) (RSA)

17

10:00 **HF** Golden Sneakers (DR) (RSA)

10:30 **EF** Name 10 (DR) (SP)

11:00 **EF** Let's Go Fishing and Picnic (DR) (SP)

2:00 **HF** Afternoon Workout (DR) (JN)

3:30 **SW** StoryWise™ (DR) (RSA)

4:00 **IS** Legato Singing Old Songs (DR) (RSA)

6:00 Monday Night Bingo (DR) (RSA)

18 National Cat Fish Day

9:00 **IS** Catholic Communion

10:00 **HF** Get Up and Get Moving (AR) (SP)

10:30 Let's Play Bingo (LG) (SP)

2:00 **HF** Walking Club (LR) (PR)

2:30 Spa Day (AR) (SP)

3:30 **EF** Name 10 (DR) (RSA)

6:00 **J** Calming Music (DR) (RSA)

19 National Kissing Day

10:00 **HF** Conductorcise® (DR) (RSA)

10:30 **CE** Cooking/Baking with Penny (DR) (PR)

11:30 **EF** Kissing Booth with Cindy (MIL) (DIR)

1:15 **CV** Feeding America (DR) (JN)

2:30 **HF** Afternoon Walk

3:00 **EF** Puzzle (DR) (RSA)

4:00 **SW** StoryWise™ (DR) (RSA)

6:00 **IS** Call It A Day (LR) (RSA)

20 Ice Cream Soda Day

10:00 **HF** Conductorcise® (DR) (RSA)

10:30 **IS** Bible Study (DR) (RSA)

2:00 **HF** Exercise (DR) (RSA)

2:30 Make Different Kinds of Floats (DR) (SP)

3:30 **C** Memory Jar (DR) (SP)

4:00 **EF** Games (DR) (RSA)

6:00 **PA** Good Ole Days Stories (DR) (RSA)

21 First Day of Summer

10:00 **HF** Legato Morning Workout (DR) (RSA)

10:30 What's in a Word? (DR) (RSA)

11:00 **SW** StoryWise™ (DR) (SP)

1:00 **EF** Summer Fair at Atria (SP) (JN)

3:00 **LL** Book Club (RSA)

4:00 **HF** Pilates (AL) (PR)

6:00 **EF** Movie Night (LR) (RSA)

22

10:00 **HF** Conductorcise® (DR) (RSA)

10:30 **C** Memory Jar (DR) (RSA)

11:00 **PA** Name 10 (DR) (RSA)

2:00 **C** Over A Cup Of Coffee (DR) (RSA)

2:30 **HF** Afternoon Walk (DR) (RSA)

3:00 **EF** Card Games (DR) (RSA)

4:00 **C** Happy Days (DR) (RSA)

6:00 **EF** Legato Lawrence Welk (DR) (RSA)

23

10:00 **HF** Sunday Morning Workout (DR) (RSA)

10:30 **IS** Bible Trivia (DR) (RSA)

11:00 **SW** StoryWise™ (DR) (RSA)

2:00 **EF** Sunday Bowling (DR) (RSA)

2:30 **HF** Afternoon Workout (DR) (RSA)

3:00 **EF** Legato Sunday Social (DR) (RSA)

4:00 **LL** Good Ole Days Stories (DR) (RSA)

6:00 **C** Night Owls (DR) (RSA)

24

10:00 **HF** Golden Sneakers (DR) (RSA)

10:30 **LL** Name 10 (DR) (SP)

11:00 **EF** Make Our Own Subs - Drive to the Park (DR) (SP)

1:00 **SW** StoryWise™ (DR) (SP)

2:00 **HF** Afternoon Walk

2:30 **J** Name that Tune (LR) (RSA)

3:30 **C** Legato Singing (BP) (RSA)

4:00 **PA** Memory Jar (DR) (RSA)

6:00 Monday Night Bingo (DR) (Co)

25 National Cat Fish Day

9:00 **IS** Catholic Communion

10:00 **HF** Get Up And Get To Moving (DR) (RSA)

12:00 **C** Having Lunch with ED (Cindy) (DR) (DIR)

1:15 **CE** Legato Music and Movement - Ireland (DR) (RSA)

2:00 **HF** Rock and Roll Fitness (DR) (RSA)

2:30 Spa Day (AR) (SP)

4:00 **LL** Picture Memories (DR) (RSA)

6:00 **J** Legato Calming Music (DR) (RSA)

26

10:00 **HF** Morning Stretch (DR) (RSA)

10:30 **CE** Cooking/Baking with Penny (DR) (PR)

1:15 **CV** Feeding America (DR) (JN)

2:30 **HF** Afternoon Workout (DR) (RSA)

3:30 **LL** Name Ten

4:00 **EF** Legato Music Memories (DR) (RSA)

6:00 **EF** Legato Evening Trivia (DR) (RSA)

27 National Sun Glass Day

9:00 **PA** Legato Memory Jar (DR) (RSA)

10:00 **HF** Conductorcise® (DR) (RSA)

10:30 **IS** Bible Study (DR) (JN)

2:00 **HF** Legato Rock and Roll Fitness

2:30 **CE** Art Cart (DR) (RSA)

4:00 **LL** Legato Singing Old Songs (DR) (RSA)

6:00 **PA** Good Ole Days Stories (DR) (RSA)

28

10:00 **HF** Zumba® (FR) (Co)

10:30 **LL** Legato Music Trivia

11:00 Board Games (DR) (SP)

2:30 **HF** Walking Club

3:00 **LL** Book Club

3:30 What's in a Word? (DR) (RSA)

4:00 **LL** Pictures Can Tell A Story (DR) (RSA)

6:00 **EF** Friday Night Movie (LR) (RSA)

29

10:00 **HF** Walking Club (DR) (Co)

10:30 **PA** Memory Jar (DR) (Co)

11:00 **LL** Name Ten (DR) (Co)

2:00 **EF** Over Some Ice Cream (SP) (Co)

2:30 **HF** Afternoon Walk (FR) (Co)

3:00 **EF** Game of Bingo (DR) (Co)

6:00 **EF** Lawrence Welk (LR) (RSA)